

Things

are

LOOK UP

FROM



Ames High Alumni Association
1921 Ames High Drive
Ames, Iowa 50010-5100

TO

POSTMASTER: This parcel may be opened for postal inspection. Return Service Requested.

**Keeping
Up**

**lasses and
Clubs 6-57**

Look Out

**ports
58-113**

**Looks
Like Fun**

**tudent Life
114-167**

A decorative graphic at the bottom of the page features stylized letters 'M' and 'I' in black. The 'M' is on the left, and the 'I' is on the right. Between and around these letters are green circles and pink wavy shapes. Three yellow rectangular boxes are placed over the green circles, each containing text. The first box is on the left, the second is in the middle, and the third is on the right.

**Lookin'
Good**

**eople
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**It All
Adds Up**

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Look It Up

**ndex
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Things Are Looking Up



Up, up and away! At the annual senior picnic held at the country club, Travis Senne launches himself off the diving board into a graceful belly flop. (Photo by Samantha Shearer)

Ames Senior High School
20th and Ridgewood
Ames, Iowa 50010
Spirit, Volume 79

Continual statewide recognition both academically & athletically led many to see that...

Any time of the day you read this, any day of the week, any day of the year of your life, the theme for this yearbook may strike you as ironic. With events in the Persian Gulf overshadowing the school year, it may not have seemed very bright and cheerful. But before the year began, and each of the 180 days until the end, the students and faculty made something good happen at Ames High; that made coping with the war a little bit easier.

A revamped, "efficient" parking lot design greeted students as they pulled into the parking lot on August 29, the first day of school. Walking into the building, a host of decorating changes greeted the incoming crowd. Carpet covered half of the lobby floor creating a place to sit that had lots of decorating potential; the Math IMC and adjoining rooms were also carpeted, providing a new distraction for bored math minds; the chemistry classes both got new stools that spun around and reclined—perfect for not paying attention.

The administration kept adding little improvements throughout the year, keeping everyone guessing as to what would change next. Furniture soon graced the potential-filled carpet and the space became the first official student lounge at Ames High in 20 years; the computer lab, home of 17 technologically archaic Apple computers was 'chopped down' and 're-planted' with 16 new Macintoshes whose color graphics kept even non-computer lovers entertained for hours (when the media ladies let them); Student Council got inspired and refurbished the home side of the football stadium with neon orange paint for Homecoming.

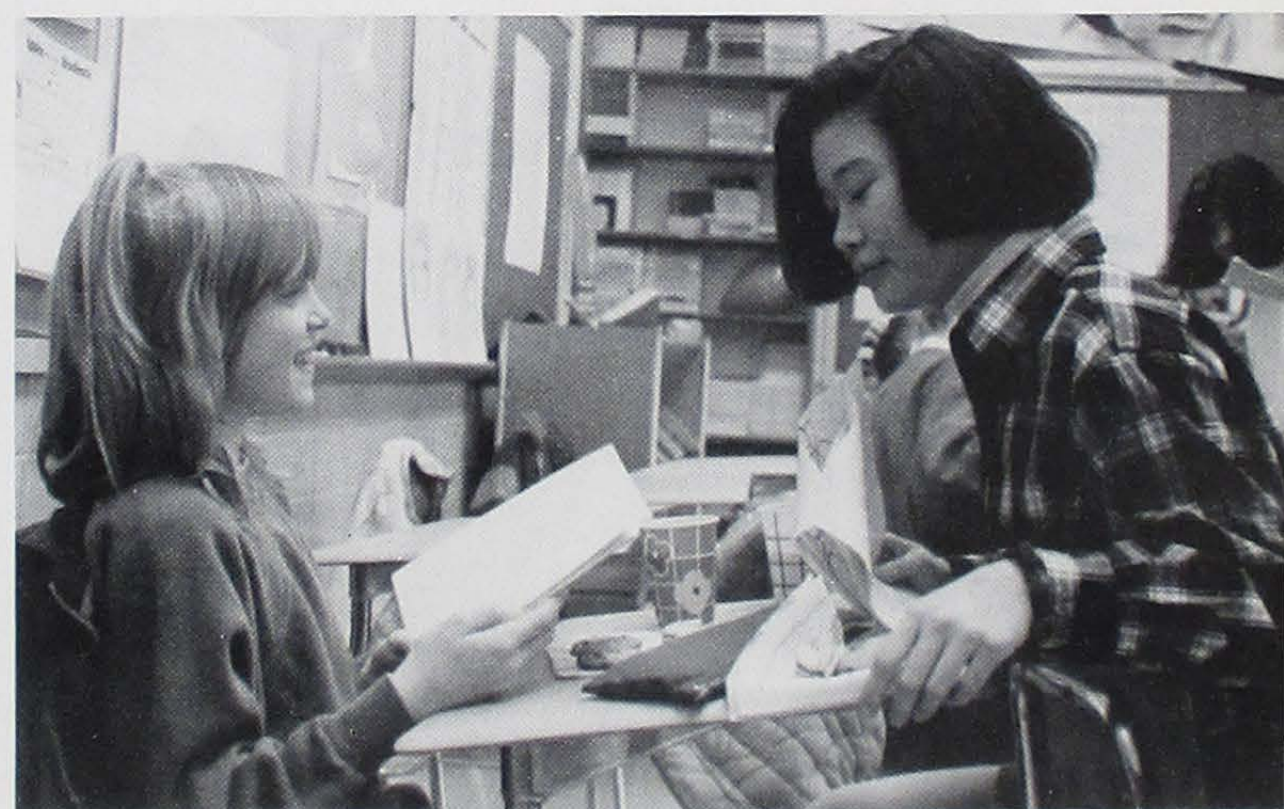
But it wasn't just the building improvements which brightened up the weeks. It was you, your friends and everybody. A group of warm-blooded seniors braved the cold night of Homecoming and showed their school spirit by emblazoning AMES on their chests in bright orange body paint—after they attended the tailgate that the boys' swim team organized in the parking lot before that, and

continued on page 4





Tears of happiness stream down her face as senior Kristina Smith hugs senior Dax Slaughter moments after he was crowned Homecoming king. The ceremony was held in an all-school assembly. (Photo by Samantha Shearer)



Over pop and cookies, senior Christine Chen and her fourth grade friend from Meeker Elementary share poems they wrote for each other. The get-together was a project for Keith Carlson's AP Senior English class. (Photo by Ted Deli)

With steady strokes, sophomore Nathan Horn paints "cobwebs" on freshman Maggie Noland's face for her part as a witch in the fall play "Dark of the Moon". (Photo by Aaron Jones)

Things Are Looking Up

each, home football game. The cheerleaders rose to new heights with the help of three male yell-leaders whom they leaped off of, built pyramids on, and relied on for strong vocal support. Even though Powderpuff was cancelled, airbands and a jail and bail made Homecoming week a spiritual success. Several times throughout the year, unknown tee-peers blanketed the school with Charmin and Northern, provoking smiles on otherwise dreary mornings. 'Unexpected' fire drills punctuated the early spring, annoying the administration while giving students a surprise break from classes.

Academically, students shined as well. The senior class produced 14 National Merit Scholars; the Academic Decathlon team placed first in state competition and went on to the national competition in Los Angeles where they earned 10th place and soaked up some sun and sights; five singers were chosen for All-State and senior Margaret Lloyd was one of the finalists in the soloist competition. Senior Rob Hentzel won the Drake Physics competition and was invited to try out for the national Physics Olympic team; senior Nupur Ghoshal met President Bush after being chosen as a finalist in the Westinghouse Science Talent Search; seniors Connie Hsu and Hentzel earned NCTE writing awards, and senior Heather Schafroth was named to the DM Register's All-State Academic team.

And who could forget about sports? The boys' golf team placed eighth at State, and the boys' and girls' cross country teams also competed at State, running to seventh and fifth places respectively.

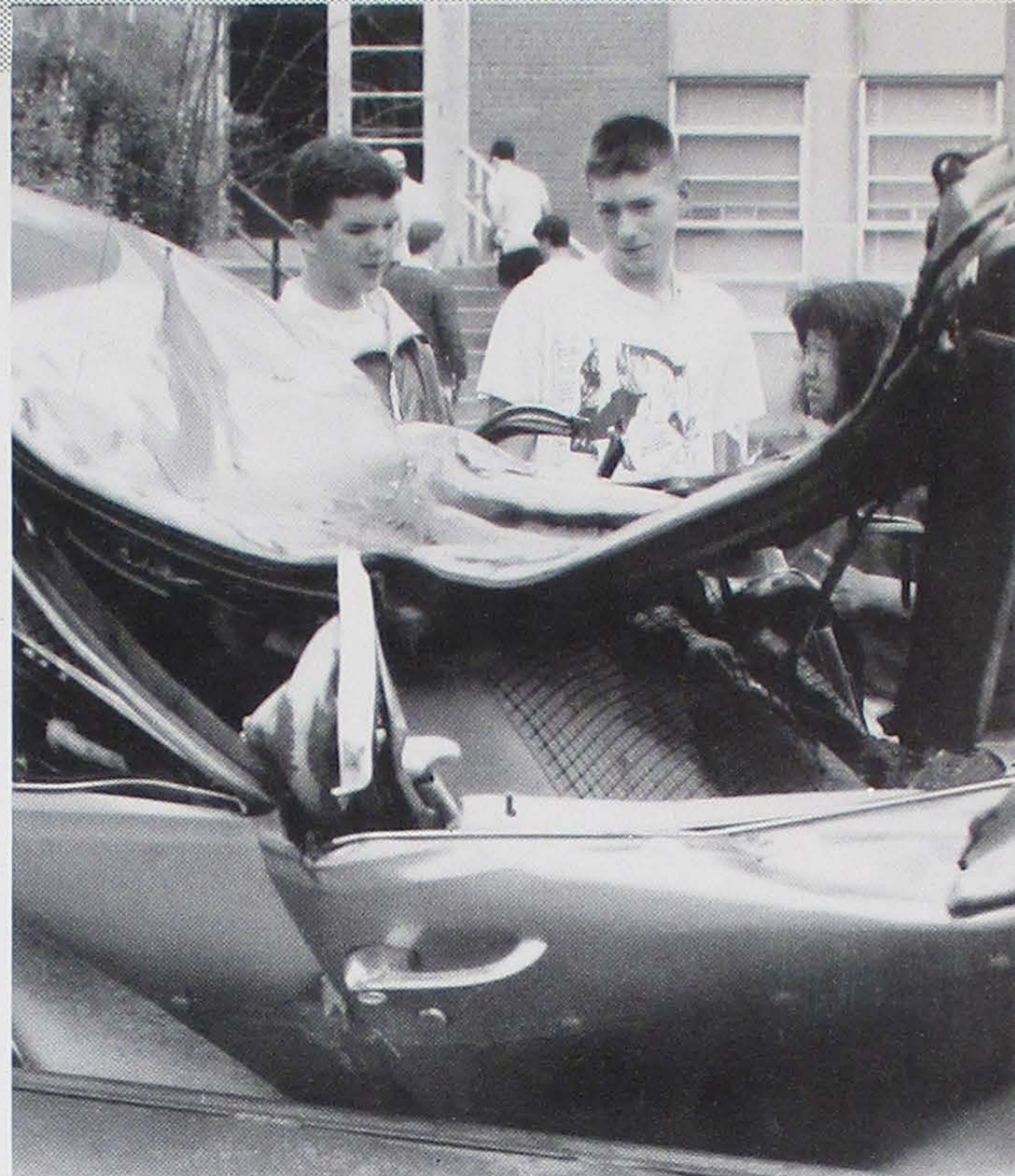
Then there was that week in March when it seemed there were more Ames residents in Des Moines than in Ames. But people found the 60-mile round trips worthwhile as the boys' basketball team slam-dunked its way to becoming State Champs, something that hadn't happened since 1976. In addition, senior Fred Hoiberg and junior Seth Anderson were selected for the all-tournament team, and Hoiberg was named Iowa's "Mr. Basketball."

Despite the tragedy of the war against Iraq, students worked hard and played hard. As a result, every day, things were looking up.





A smashed-up car isn't a pretty sight to sophomores Ben Douglas, Ty Cobb and Sarah Frette, but this car wasn't meant to be eye-pleasing. The car belonged to two AHS grads who were killed in it while driving drunk. S.A.D.D. sponsored the display before prom. (Photo by Kendi Neff-Parvin)



Conducting the choir, director Gary Schwartzhoff leads the singers through "Missa Brevis in 'F'", a piece chosen for the winter concert held February 19 in the Ames High auditorium. (Photo by Colin Brennan)

Balancing in the palms of an ISU cheerleader, junior Megan Slaughter pumps up the crowd at the Roaring 20's pep assembly before the February 15 basketball game against top-ranked Mason City. (Photo by Ted Deli)

Keepin' Up

ingers audition-
ing for All-

State Choir drag into the school building to practice at 6:47 a. m.

At 11:45 a.m., while much of the school enjoys lunch, the marching band serenades the building as they practice on the football field.

The clock's hands read 11:36 p.m. and members of the "Web" staff type furiously on the computers in the MC as they race to meet a deadline.

From 7:30 a.m. to 4:45 p.m. on a Saturday speech clubbers practice their lines as they strive towards vocal performance perfection.

With classes following a rigid 8 a.m. to 3 p.m. schedule, extra-curriculars were squished in when advisors and participants found time. But when five choir members made it to All-State, and the band marched and played in harmony at half-time, when the newspaper was hot off the press and when the qualifying speech club groups received "1" ratings at Districts and most earned a "1" at State, the sacrifices were worth it.

While the activities provided fun for the extra hours, students man-

aged to make the mandatory hours from 8 to 3 tolerable at the least. Field trips to the Chicago Art Institute and the local rock quarry gave scholars first-hand experience with the objects they studied. Extra credit projects like making trips to the cemetery to take pictures of graves gave 'brownies' the chance to shine their haloes. Sometimes class projects were entered in competitions like History Day or the Scholastic Art Contest, providing students an extra incentive to do well. With global awareness an increasingly sought after trait, many curriculums were internationalized by the presence of foreign guests or the sharing of ethnic foods. Many elective classes consisted of enjoyable topics (the Mafia) and little homework (none).

Between all their activities and all their classes, students led busy lives, but with careful management, luck and a little 'brown-nosing,' they had no trouble keeping up.

Warming up the pep band for the basketball game against WDM Valley, junior band leader Sandra DeLuca directs the musicians through the song "Tequila". The pep band's playing helped fire-up the crowd and the players as the Little Cyclones beat the Tigers. (Photo by Jason Swift)



Classes: Some we wanted to take, some we had to, just as long as we

Filled The Requirement

-Krista Heinzig

The infamous one-minute span of elevator music stopped abruptly. Students left sauntering through the hallways and dangling near doorways lunged into their classrooms in pursuit of "higher education," or maybe only to avoid another tardy. With the ending of the music, classes began for those who either chose to fill schedules with required courses in preparation for college or with as many electives as possible.

"I took Honors Biology and now I'm taking Physics B. Looking ahead I plan to major in biology and go to medical or veterinary school. I'm not

very good at art or anything like that so it's more practical for me not to take those classes. It seems like art classes get away with having more

fun, though," junior Aaron Lehmkuhl said.

For students who accepted the challenge of an elective such as art class, some discovered the stimulation of creating something released built-up tension.

"Art isn't an objective class.

Regardless of what I do or make it's never wrong. Drawing class and printmaking reduce my stress and give me a break during the day. My counselor makes me take college prep courses when I'd rather be taking art, but I know I need them," junior Lisa Millen said.

If picking up a paintbrush, pounding on clay, or sculpting jewelry created more aggravation than it seemed to relieve, students turned to a variety of other electives that were offered.

"Peer Helping is a relaxing class because we can talk about anything. We learn about helping others but at the same time learn about ourselves. Even though it's an elective that's graded pass-fail, I put a lot of effort into it because I'm thinking of studying psychology in college," freshman Laura David said.

With increased college enrollment requirements, some students felt locked into taking certain electives.

"I'm pretty much obligated to take a foreign language class for an elective in order to get into college, but I don't mind it too much," sophomore Shawn Kliebenstein said.

Required classes for high school graduation stirred up mixed emotions among students. Some looked upon them as unnecessary burdens

while others viewed certain classes as extraordinary learning experiences.

"I don't think physical education should be required because being in good physical shape is a student's prerogative. Swimming especially shouldn't be required because some people have a fear of water or just don't like it. Although, health and CPR are good classes because someday I might come across somebody choking," freshman Matthew Peter said.

Occasionally students left the classroom with their thirst for knowledge unquenched.

"Government is a good required class because it is essential to know how the government works, about the voting process, and political figures. I wish an advanced placement class was offered so the ones who are interested have the opportunity to study the subject more in-depth," senior Angie Kim said.

As teachers wrapped up class, students grabbed their belongings and sat anxiously waiting for the bell to ring. While scrambling through the doors and down the halls, many students' thoughts drifted toward the reality that it was one day closer to the end of the semester and the beginning of summer vacation—regardless of whether the class was required or an elective.

The nighttime sky is brought to life inside the 'astronomy balloon' for Earth Science students. Within the garbage bag and tape dome the constellations are recreated to scale so amateur astronomers know what they're looking at when they go star-gazing. (Photo by Sam Shearer)





Keeping her fingers out of the way, senior Julie Wengert pounds a nail into the frame she's constructing. Wengert then stretched a new canvas over the wood before beginning painting. (Photo by Bob Parr)

Taking turns trying it out, junior Tony Mitchell rides on the electric car he and other members of the Auto Mechanics class built as a project as class members look on. The car was powered by a battery under the seat. (Photo by Ted Deli)



Since sophomore Ruth Wilson likes art she enjoys doing homework for her Advanced Printmaking class. At her kitchen table Wilson finalizes a design for silk screening. (Photo by Bob Parr)

By studying literature, history and foreign language, students gained a

Broader Cultural Awareness

-Giselle Magat

The unification of Germany, the independence of Lithuania, the influx of students from foreign countries, the war in the Persian Gulf. The world changed and so did the ties between countries. Students became aware of these changes and realized that, in order to understand them, it was important to learn about other countries' culture, language and history. They learned this through various literature, history and foreign language classes which widened their international knowledge.

Literature classes gave students a taste of the culture of an era or country. British Literature introduced students to British writers such as Chaucer and Shakespeare.

"I'm going to England in the spring with the English department and I

wanted to know more about where I was going," senior Suzi Hunger said. "I wanted to learn about good writing, which none of my other English classes taught me, so I took British Lit. to learn about the real classics."

World Literature expanded students' knowledge of Greek and Roman culture.

"Right now we're studying mythology and I like it; it's really exciting. I think what I'm learning now will help me a lot in college," junior Sonya Fox said.

History classes enlightened students on past events in different countries. Western Civilization covered history from the beginning of time.

"The class was really interesting not only because of the teacher, but because of the material, and I'm glad I took it because I learned a lot," senior Dave Jurgens said.

Knowledge of a foreign language prepared some students for future travel.

"I'm taking Japanese because I'll probably go to Japan the summer after next summer through the Kobe College Homestay Program," freshman Josh Huntington said.

Some believed foreign language skills were necessary for traveling to other countries.

"I'm planning to go to Germany in the future and I think it's better to be able to communicate to Germans in their own language. Foreigners

come to the United States and we expect them to speak English. I think it's only fair that I speak German in Germany," senior Alicia Gilley said.

Communication between nationalities was another important factor.

"I'm taking Spanish all four years because I want to go to college in the south and it will be useful since there are more Mexicans moving into the United States there," freshman Kelly Berg said. "And anyway, Spanish is a universal language."

Foreign language classes taught English speaking students about other countries and their cultures, but they did not accommodate everyone's needs. English as a Second Language was offered to students from foreign countries to assist them in learning English. "Most international students come here because a family member is working or attending Iowa State or the National Animal Disease Center," teacher Mary Van Marel said. "They're all going through the same frustrations and feelings of isolation. We work to foster a sense that this is a support group, too."

"It was very hard when I came here," senior Pramilla Chahal said. "I was scared and alone. I wanted to cry. My parents said this would be a better life." Chahal moved to the United States from India.

Many changes took place outside the classroom, while inside the classroom, students were learning about those changes through literature, history and foreign language classes.

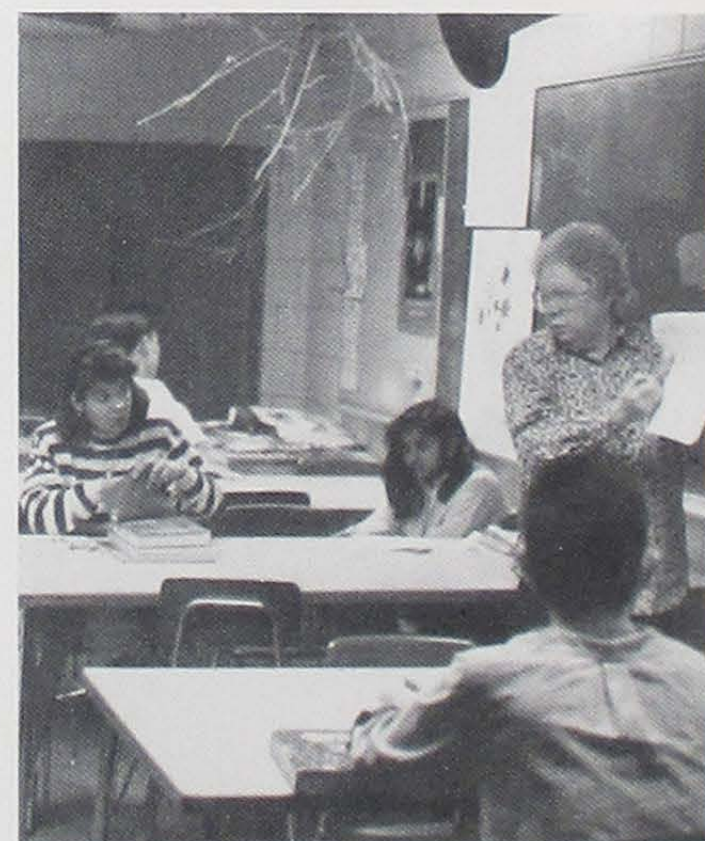
In Korean, senior Angie Kim demonstrates the act of respect that young Koreans do to their elders on New Year's Day. Kim's presentation was one of many given by the French IV Class for its celebration in December. (Photo by Sam Shearer)





The Japanese class sponsored a two-day celebration second semester to acquaint students and staff with Japanese culture. Sophomores Kelly Remsburg and Sara Williams sample some Japanese cuisine. (Photo by Sam Shearer)

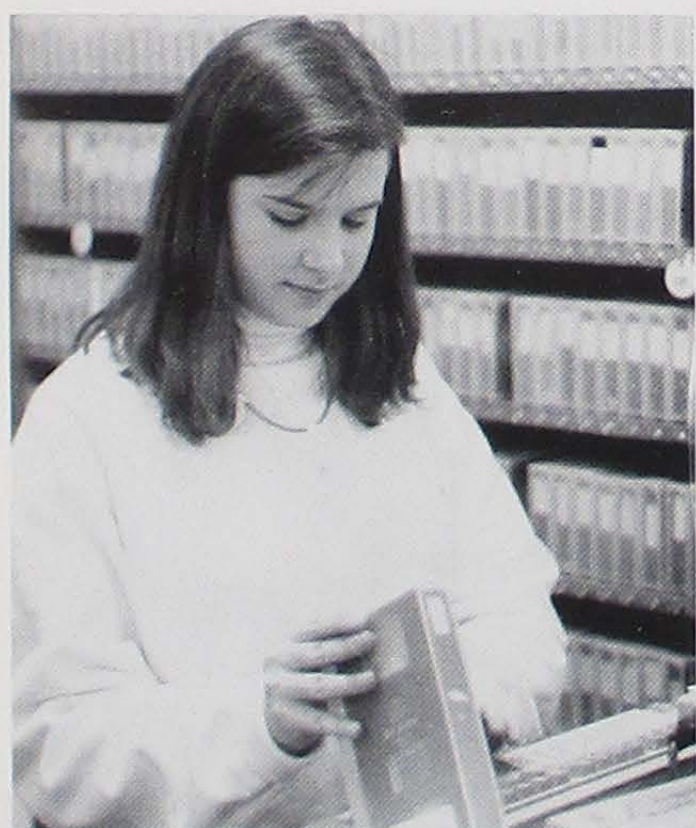
During a presentation about his Nigerian background, junior Jerry Abogunrin describes the ceremonial dress he is wearing to his Anthropology class. The Ofi was made out of a heavy hand-woven material and used only for special occasions. (Photo by Julia Ford)



Not all foreign language classes taught a foreign language. Teacher Mary Van Marel tries to familiarize her English as a Second Language students with a language foreign to some of them, English.

Waiting anxiously for her cue, senior Sonya Bibilos watches the dress rehearsal of the winter play "The Taming of the Shrew." Bibilos was interested in acting professionally as a future career. (Photo by Jason Swift)

During Jerry Swenson's sixth period wood working class, senior Chris Wilson sands down a piece of wood. This class offered students experience in carpentry. (Photo by Jason Swift)



Working at the Video Warehouse was senior Andee Moore's part-time job. One of her responsibilities there was checking out videos to customers. (Photo by Jason Swift)



Training programs helped students prepare for life

On The Job

-Scott Whiteford

"Well, I looked over your application, and you seem right for the job. The only thing you seem to be lacking is prior experience. Do you have any?" Mrs. Blacksmith asks Bob.

He'd heard this before. "Ah. . .no, no...I don't. But how do I get job experience if I can't get a job?" Sam replied as he realized that he was not going to get this job either.

"You can get the experience you need through a training program or class offered at Ames High," Mrs. Blacksmith said.

Sam went in to see his guidance counselor the next day about Ames

High classes that would help him gain experience for the job he wanted. And the counselor told him about DECA, VICA, classes in industrial education and business, as well as lots of other electives.

"At DECA you learn to relate to people better and learn to deal with a job while keeping up with your school work," said senior Lisa Moore,

who worked part time at Cub Foods.

DECA and other programs such as VICA helped guide some students toward their future careers.

"They (Ames Winnelson) are planning on opening some more stores across the state of Iowa; I hope to manage one of them. Right now I sell and deliver plumbing goods and do office work," said senior Bart Fowles who had been employed by Ames Winnelson, a plumbing wholesaler, since he was a sophomore.

For those people who were more interested in a technical or industrial vocation rather than a business or marketing career, VICA fit some students' needs.

"VICA has helped a heck of a lot in teaching me how to apply and interview for jobs. I've found something I really like to do," said senior Mathew Hill, who worked on engines at Ditch Witch in Slater. He worked over 40 hours a week while attending Ames High.

But job training at Ames High was not limited to DECA and VICA. ABEC was a job training program for special needs students, headed by Reggie Greenlaw. Greenlaw found the students jobs which they kept approximately a month. They then moved on to another job. The program was designed so students could experience many different jobs and

see which they preferred.

"ABEC has helped me make new friends, gain experience with the job and to see if I would like to work there," junior Jamie Neimeyer said.

Job training didn't mean the class and had to be boring either. With so many classes like accounting, computer programming, metals, auto mechanics and art classes, the tough part was picking the class, the easy part was enjoying it.

"I liked Auto Mechanics; they teach you all of the systems of the car, and how to maintain it. It teaches enough so that I could apply for a job as an entry level mechanic," junior Greg Nikkel said.

Not all classes prepared students to enter the work place right after graduation, but they often affected post-high school plans.

"I had heard of graphic design so I just decided to take it. I liked it so much I've decided to major in graphic design at Iowa State," senior Bill Kannel said.

Bob was in a bind. So many great courses to choose from and he knew he couldn't do them all. But after choosing one and months of training he had the job experience he needed. And when he went back to Mrs. Blacksmith he got the job he'd wanted so badly before.

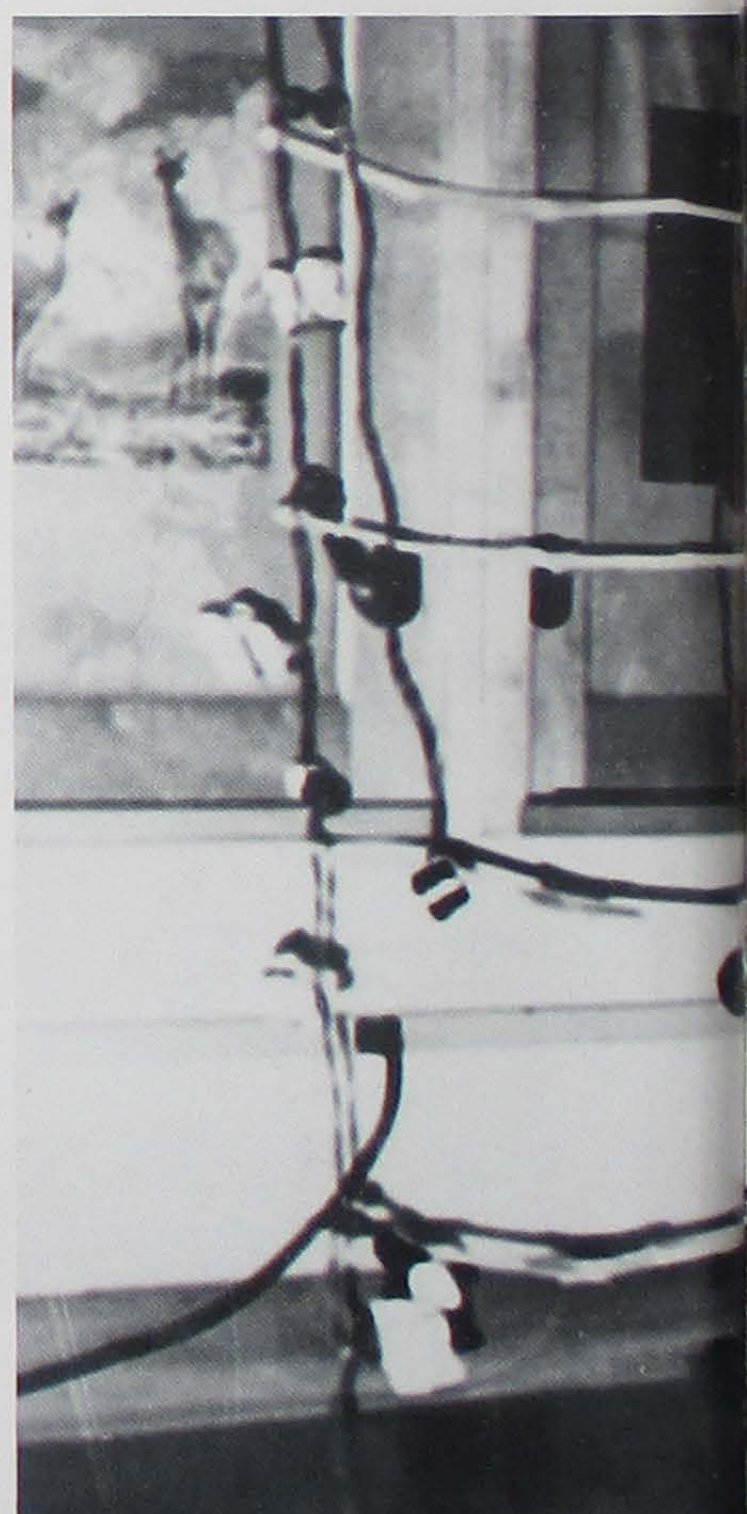


By working at the seed research building at Iowa State, senior Tammy Horness was able to learn the responsibility of having a job. Such training helped prepare Horness for independent living. (Photo by Jason Swift)



Finals drove some people over the edge—literally. Sophomores Josh Slaughter and Jon Sloan took advantage of the high water during their free period and went bridge jumping to “relax”. (Photo by Aaron Jones)

The stress of finals took its toll on everyone and junior Farshid Khosravi found escape in the Media Center. Many students spent their half hour between tests in the MC or cafeteria, either cramming or trying to relax. (Photo by Aaron Jones)



Striving for success, students dealt with extra credit

Tests and Grading

-Adrienne van der Valk

Tests! The very word struck fear into the hearts of a school full of innocent students. The stress and strain of pop quizzes, exams, and finals caused tooth gnashing and hair-pulling for students who were looking for a decent grade.

Tests came in many lengths and styles. Essay, oral, and identification questions were favorites of some teachers.

"For our 2-Dart final we were given slides of paintings and we had to write down the names of the paintings and the artists and the rest

was identifying styles of writing and drawing," freshman Josh Nemitz said.

Whether you were taking art or physics, most classes had finals and students were usually required

to recall an entire semester's worth of material.

"I got really worried. There's a lot of pressure to remember all the information," freshman Annagreta Birch said.

"I don't think we should have finals. It's at the end of school and you have more to think about than studying. Or right after winter break, I don't want to study during vacation," sophomore Kristi Heiberger said.

OK, your tests were over, but you still had a D. Your only hope was extra credit, but taking pictures of grave-

stones? "My students can photograph gravesites and make a picture essay for our Spoon River Anthology unit," American Lit teacher LoAnn Campbell said.

"I think extra credit can be useful depending on the course. It should be available only to those who really need it, not to people who are getting all A's and just want a better A," junior Julie Kelso said.

Students who were trying to pull up that less than perfect grade often had to use their imaginations. "In Driver's Ed we wrote stories for extra credit and I wrote this one about an alien

who drove around in a sponge. It was really bizarre," sophomore Serra Sermet said. Sermet was an example of the extremes a student would go to for a good grade. But once the extra credit was completed and the studying was over, the final judgement was passed-SEMESTER GRADES. Depending on the class, your grade could be determined by any number of factors.

"In textiles and clothing, we weren't graded on our sewing. She would look at what we had done and tell us how to improve, but we were graded on our attitude when we came into class every day," sophomore Angela Smith said.

"The grading system in drafting was very reasonable. It was based on assignments and tests once in a while," junior Marcus Ryan said.

Grades were a life or death situation for many, but one student felt that effort was the most important thing.

"As long as you do your best, it doesn't matter what the grade is," sophomore Morris Liao said.

Whether rewards or referrals were reaped, after grades were out, it was all over. However their semester turned out, students agreed on one thing. There was nothing more confusing or terrifying than the world of tests, extra credit, and grading.



Mr. Gibbons' biology class gave students a creative outlet during their unit on DNA. Sophomore Bryce Hill displays his model during lab. Candy, Legos, and styrofoam balls were only a few of the mediums students worked with. (Photo by Adrienne van der Valk)

Computers helped, but they couldn't replace brainwork. Sophomore Terrill Johnston types her history paper for Honors American History. These critical thinking papers made up a big part of students' grades. (Photo by Adrienne van der Valk)

During his free period, junior Bona Lueth stops in to visit and joke around with Toni Woodman. Woodman was his French teacher during his freshman year. (Photo by Colin Brennan)

Sports were often an interest shared by students and teachers. Sophomore Shannon Dau stops in between periods to talk to Kirk Schmaltz about the upcoming track season. Schmaltz was Dau's cross country coach and Health teacher. (Photo by Colin Brennan)



Between his high school classes and college classes, senior Rob Hentzel talks with Academic Decathlon advisor Kirk Daddow about everything from books to social events. (Photo by Colin Brennan)

Through common interests and activities teachers and students formed a

Very Unique Bond

-Karen Hsu

"I hate Mrs. Parks," a student says after the teacher piles on homework before winter break. Although students heard that phrase often from friends, many students established a good rapport with the faculty, talking and doing things together outside of class. One such student was sophomore Eric Hippen.

"I have helped (English teacher) Mr. (Keith) Carlson put up things in his room, but we mainly just talk every day," Hippen said.

Other students knew teachers not through classes, but activities.

"I only knew (math teacher) Mr. (Ron) Bredeson from what other students said about him last year. Then I went on the summer geology trip, and I got to know him more as a person than a teacher," sophomore Kim Windom said. "If I would take a class from Mr. Bredeson now, I would probably get more out of it than the other students because I'm on the same wavelength with him."

Some students also got to know teachers through jobs, such as babysitting.

"I got to know (orchestra director) Mrs. (Mary Kay) Polashek by helping her out with organizational stuff because I'm not a strong violinist. I've also babysat for her kids since she moved to Ames. Mrs. Polashek and I get along well because we have a lot in common," junior Kristi McGinness said.

Having parents as teachers also created special relationships.

"My mom's my teacher for Typing I, and sometimes it feels weird

that she's my teacher. But I also have the same respect for her as a teacher as well as a parent. During study halls, I hang out at her office and help her out, do my homework, or bug my friends who are in her class," freshman

Jenny Wilcox said.

Working side by side to meet publication and other activity deadlines, students learned to get along and work well with their advisers, sometimes past the stroke of midnight.

"I've had Kendi Neff-Parvin for a teacher and adviser for three years straight for classes such as Introduction to Journalism, 'Web' and 'Spirit.' In that time, we have developed a close working relationship," senior Jennie Jones said.

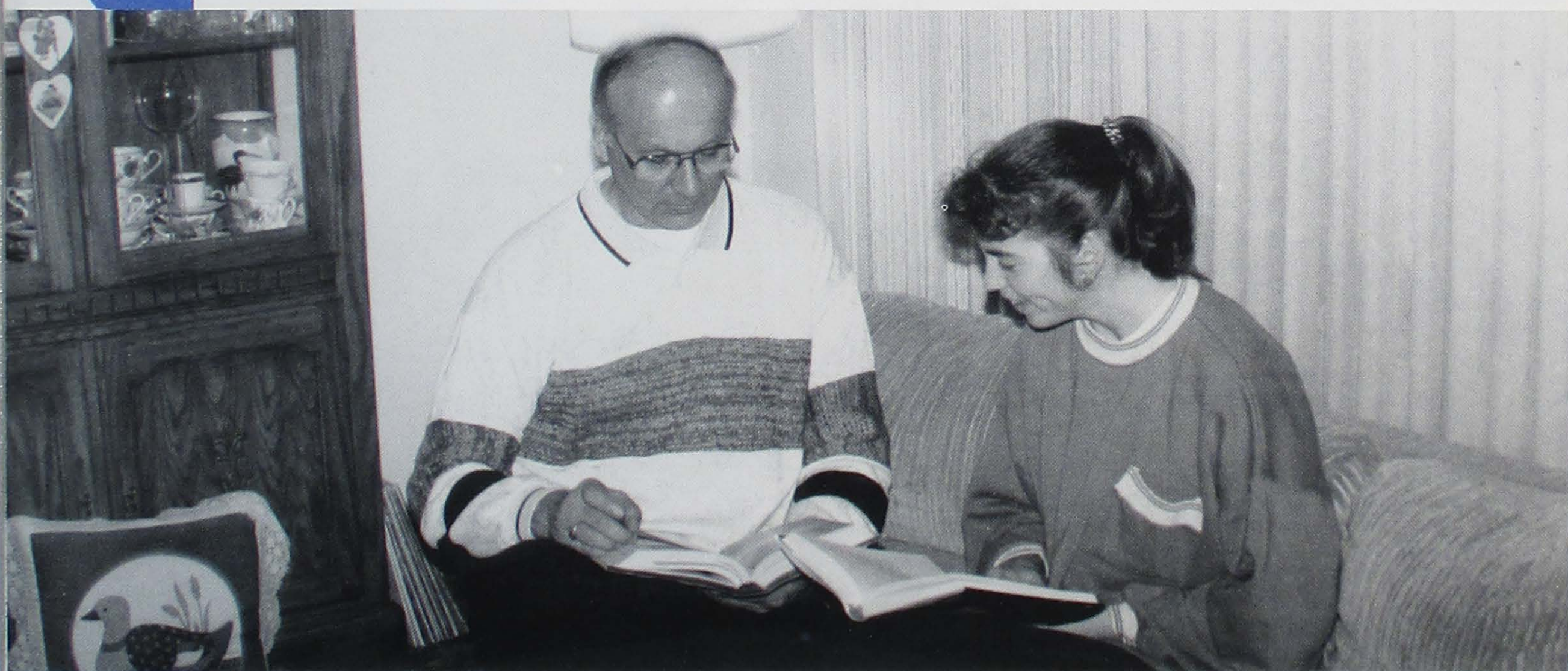
Most students appreciated it when they could relate to teachers about something other than schoolwork.

"I was having some problems with German, friends, and other stuff last year, and (German teacher) Mrs. (Betty) Furr took the time to talk to me about it," senior Devon Alexander said. "Then I got sick during the German trip and she took time from our trip to look after me and make sure I was OK."

"I think it's cool that a teacher will take time out of his or her schedule to help students in a way that's not related to school," Alexander added.

The students that "hated Mrs. Parks" may not have realized it, but some teachers and students were able to go beyond the classroom and develop unique bonds.

Taking advantage of some quality time together, English teacher John Forssman and his daughter, junior Holly Forssman, spend a Sunday afternoon discussing literature. As a sophomore, Holly had her father for Honors English. (Photo by Colin Brennan)





Overlooking the Avon River, senior Karen Heggen stops to gaze at the shops on the bridge in Bath, England. (Photo by Jennie Jones)

Seniors Carey Adams, Jodi Skaff, Spanish teacher Terri Mickelson, and senior Anya Whigham eat cream-filled cones in Madrid, Spain. (Photo by Connie Hsu)



Exposed to
new cultures
students
enriched their
spring break
with

A Tour Abroad

-Karen Hsu

Travel. The word makes us think of exotic trips to the Bahamas, casual dining in a Paris cafe, or a quiet stroll in the English countryside. While students were off for Spring Break, some decided to experience a different culture with school-sponsored trips to Spain and England. Usually a small group goes each year because of the high expense; but because of the war in the Persian Gulf, even fewer people chose to go on the trips.

Due to the war, the French trip was cancelled after two other participating schools cancelled and two Ames students dropped out.

"My mom was so worried about the bombings and the terrorism that she didn't want me to go. I figured I could go on an exchange program next year in college, so I dropped out of the trip. Now I really regret that we didn't get to go," senior Christine Chen said.

While French students had to settle

for somewhere closer to home, the students going on the Spain and England trips were still able to see the sights.

"The trip to Spain was awesome. I think I can say that the whole group enjoyed the city of Toledo; the entire city was a national monument. We got a chance to see historical monuments and do things like shopping while Mrs. Mickelson was out with her friends," senior Anya Whigham said.

Trying to understand their Spanish speaking friends took a lot of out of the students.

"They had a naptime between 1-4 in the afternoon, and I always took advantage of it because trying to understand Spanish and then speak back to them really made you tired. Plus, they do things at night when it's cool, so we would be up all night," senior Sarah Van Deusen said.

While the students in Spain sometimes had difficulties in communicating, the students on the England trip had no problem at all.

"There was no language barrier, but it seemed that the English had a better understanding of us. My favorite part was overlooking the ocean and feeling it spray on us," junior Adam Readhead said.

Along with the French trip, the German trip was also can-

celled due to low interest. Students did get a chance to host German students through a three-week exchange program.

"It's so much fun hosting a German student because I've learned about differences between our cultures, and I have someone to help me with my German homework," junior Katie Barnhart said.

Although the French and German trips were cancelled, there was a new opportunity to travel to Europe. The English trip was a pilot program and deemed a success.

"I've always wanted to see England and I thought that what better way to go than with a group of students along? This year's trip was a great success; there will be an annual trip to England," trip sponsor Carolyn Bolinger said.

The students seemed to be impressed with landmarks and the landscape of the country.

"One of the most interesting things was the Warwick Castle. It was a huge, elaborate structure; it was amazing that it was built by hand right after the medieval times. Some of the tourist attractions were a little built up, but it was really neat to see the landscape," sophomore Greg Gwiasda said.

But probably the best thing about the trips was that you got to see what you had learned and have a good time too, according to the students.

"I had a great time on the trip; it was really neat to see all the things that you learned in your history and English classes," Gwiasda concluded.



When one thinks of England, one often thinks of William Shakespeare. Seniors Tami Burnham and Solveig Johnson take pictures as they tour Shakespeare's birthplace at Stratford-Upon-Avon. (Photo by Jennie Jones)

Although the German trip was cancelled, students hosted German exchange students, March 29-April 18. At a party in the cafeteria for the German students, sophomore Carol Kilmer chats with two of the exchange students. (Photo by Jason Swift)

Field trips enabled students to both learn and have fun

Out Of The Classroom

-Jennie Jones

The ominous neon green numbers flash out their dreaded message as music suddenly blares forth: it's time to get up and face yet another day at Ames High filled with lectures, films and presentations. You're so excited you can barely keep your eyes open. Suddenly, you remember something. There is reason to be excited! Your home ec class is going on a tour of the Anderson-Erickson Dairy in Des Moines. You're also going to miss giving a speech in your English class. With a bounce, you're out of bed and in the shower, whistling a cheerful tune.

For the average student, field trips were a great excuse to get away from the dullness of everyday classes. But they also helped to bring alive otherwise dry, lifeless classroom lessons.

"Studying

rock layers and fossils can get really boring, really fast. And it wasn't always easy for me to imagine all the different sedimentary layers that have built up over the centuries. To me, dirt was dirt. But when our Earth Science class went on the annual spring field trip to study those things up close, I finally had an understanding of what my teacher had been trying to teach us for so long. Now I know that dirt is something more; it's like a recorded history of the earth," freshman Maggie Noland said.

Learning about the earth was important, but not everyone who took Earth Science had futures in geology. There were some classes, like Peer Helping, that dealt with topics everyone must experience. As a result, they visited a place that most everyone goes to at some point: a funeral home.

"We were doing a unit on death, so the class took a trip to Steven's Memorial Chapel to see the process bodies go through when they are there. It's against the law for non-employees to go into the embalming room, but they showed us the pink embalming fluid that they use, as well as a few other things they do to prep the bodies for funerals. I still don't like funerals, who does though? But I do know more about the whole process," junior Dawn

Dean said.

Most field trips were directly related to a unit a class had been studying. But sometimes trips offered eager minds a chance to learn and experience things beyond what had been taught in the classroom.

"In the fall, the drama department offered students the opportunity to go to the play 'Caucasian Chalk Circle,' so my friends and I decided to go. It was about a semi-crazy judge who handed down all these weird decisions. I went away with a bizarre feeling because the play had been so strange and kind of hard to follow. The acting was good though, and it was neat to see something like that because it was so different from anything I'd ever seen before," freshman Amy Jo Brown said.

Drama and art students weren't the only ones who had exposure to cultural events. A.P. Western Civilization classes annually took a trip to Chicago to visit the Art Institute and the other sights of the city.

"It was cool to finally see all these things we'd been studying. 'American Gothic' was there and there was a room of modern art by artists like Andy Warhol and Roy Lichtenstein and things that we'd been studying for Academic Decathlon. You really get a better feel for the piece if you're looking at the real thing; it makes a bigger impression," junior Aaron Jones said.

In addition to brightening up a dreary school day, students really did learn things from the trips they took away from the classroom.



Bridging the age gap, senior Kim Oldehoeft shares a collection of poems she wrote for a Meeker Elementary fourth grader. The poetry exchange was a part of the AP Senior English class's poetry unit. (Photo by Ted Deli)



As part of the "Ornery Orchestra Outing" at Camp Hantesa in February, sophomore Sophie Ellmaker and orchestra director Mary Kay Polashek's daughter tie dye shirts. (Photo courtesy of Mary Kay Polashek)

Down on their hands and knees, students in Jack Troeger's Earth Science class scramble around looking for fossils to add to their collections. The class took the trip during their unit on fossils. (Photo courtesy of Jack Troeger)



During a stop at Hardee's on the way home from the band's Chicago tour, juniors Sandra DeLuca and Holly Anderson tackle the playground equipment. The band traveled to Chicago May 4-7. (Photo courtesy of Kari Rosenbusch)

Trying to balance work and school, many money-earners had

A Full Schedule

Julia Ford

"Hey Larry, are you going to the game tonight?"

"Nope, I've got a big physics test tomorrow. What about you?"

"No, I only wish! I have to work until 10:00 tonight. Then I have to study for the test."

Working and studying were two typical excuses given for missing social events. Often times schoolwork was enough of a hindrance on social lives, but part-time jobs added a whole new burden to students who wanted to do well in school and have friends.

"Work definitely interferes with my homework; I come home late and I'm just not in a productive mood, especially to do homework. By that time all I want to do is sleep," sophomore Scott Gabrielson said.

Fatigue was often a side-effect of after-school jobs, but it wasn't the only one. Lack of free time was another

complaint often voiced by both workers and non-workers.

"I do too much as it is to have a job as well, especially with sports. There's no way I'd give up what little spare time I have to work," freshman Susie McGee said.

A few organizational wizards managed to wangle some of that precious free-time to spend the money they had worked so hard and long to acquire.

"I don't mind working at Valentino's because I only ever work until 8:00 so I still have time to do everything I want, like go out on the weekends with my friends. When I have to, I can even find time for homework. With all the people who stop in and see me I don't ever feel like a social recluse," sophomore Anne Moutray said.

With all the different hours that various businesses operated, students found themselves working at all hours. Sometimes the time schedule worked out to benefit the students whether they realized it or not.

"When I get home from work it's too late to go out, but it's too early to go to bed, so I study. I don't think I would study as much if I didn't work because then I'd be so tempted to go out and have fun instead of staying home," senior Staci Kepley said.

Some fortunate students had flexible work schedules or understanding bosses which allowed them to accomplish the things they needed to get done while they were also able to make

enough money to get

them by.

"I only work two hours a day right after school, so I usually have plenty of time to do my homework. I don't think I've ever had a problem getting everything done because of my job," senior Jason Hanks said.

It was only a few students who didn't have some interference between work and homework, but many found the conflicts were the exception rather than the rule.

"The only time work interferes with school is when teachers load up on the homework or around finals; usually though it balances out," junior Megan Miller said. "Besides, I usually don't work enough hours for it to effect me that much."

So balancing the amount of work wasn't a problem for many, but the days some students worked wiped out weekend studying.

"I work up to 15 hours a week and that's mostly on Friday and Saturday nights and all day on Sundays, so I don't get too much studying done, especially if I ever want to go out with my friends," junior Curtis Hawkins said.

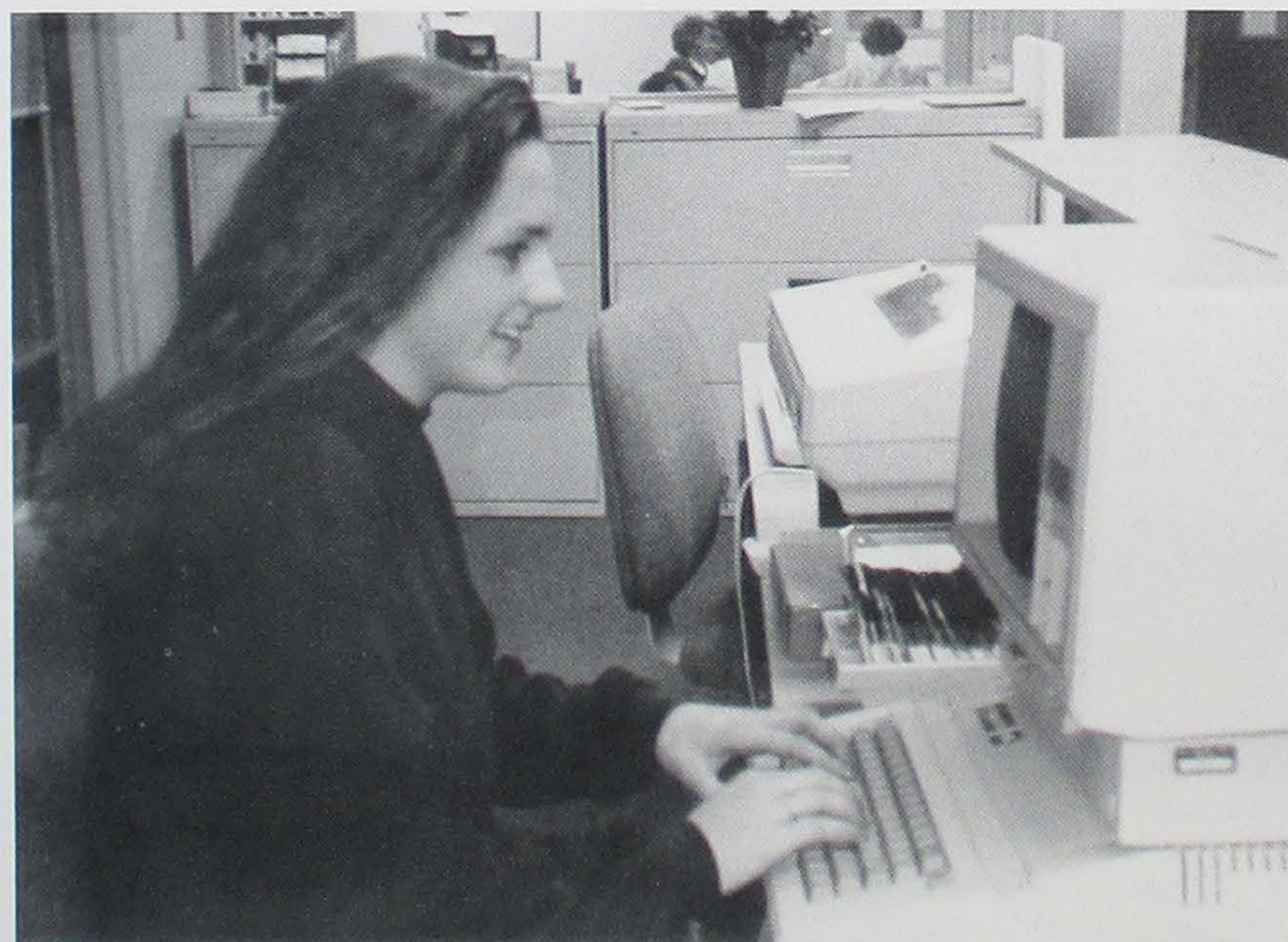
Whether it was working on weekends or weekdays, most students found that the extra spending money was usually worth a late homework assignment or a little less sleep.

Being able to help out a friend was an added benefit to senior Missy Thomas' job of tutoring junior Amy Carey in French. In Carey's dining room, the two go over the conjugation of verbs as Carey prepares for a test. (Photo by Jason Swift)



Pushing carts, junior Mark Maehner worked as a maintenance man at Cub Foods. Maehner was scheduled to work two or three times a week along with many other Ames High students employed at Cub. (Photo by Bob Parr.)





Working for Youngers during the holidays, senior Rachel Faltonson wraps clothes and other items purchased at the store. Working during the holidays allowed more free time the rest of the year. (Photo by Julia Ford)

Having a job in the school allowed junior Tara Carmean to both work and study in the same building. Carmean typed, answered phones and ran errands for the office. (Photo by Dan Sailsbury)

Sorting through her portfolio of photographs, junior Lisa Millen is aided by junior Renee Ripp. Art and photography competitions like Scholastics were ways of expressing creativity. (Photo by Colin Brennan)

Getting a good start is essential for success. Freshman Corey Armstrong practices before completing his long jump. Track, volleyball and swimming were all part of Special Olympics. (Photo courtesy of Hilary Ziebold)



Spanish Competition: Front Row: LeAnne Ford, Matthew Welch, Stephanie Coon, Christine Willard. Back Row: Jennifer Mochlmann, Steve Litchfield, Carey Adams, Nicci Satori, Jennie Jones.



Special Olympics: Front Row: Dayna VanBogart, Travis Dakin, Melissa Wierson, Wendy Thompson, Tammy Horness, Mary Mohler, Jamie Niemeyer, Lisa McDorman, Coach Hilary Ziebold, Mary Hawkins, Carrie Hill, Jason Pickema. Back Row: Christian Wineinger, Rob Eich, Gary Heaton, Jennifer Sharr, Sherri Massey, Maurice Wilson, Corey Armstrong, Bill Carney, Rhonda Taylor, David Wagner, Bill Yerkes, Mike Good.

Using their competitive streaks students spent the year

Working Toward Success

-Adrienne van der Valk

Everyone has a little competitive streak in them. Some use it to succeed in track or basketball; some choose to compete in other ways—academic, individual, or special competitions.

Language bowls gave Spanish and German students extra incentive to study their irregular verbs.

"I liked the German competition because there were lots of different people there from different schools, plus you got out of school for a day. It's a chance to apply your knowledge, even though it's frustrating if you don't win," sophomore Terrill Johnston said.

"I liked being able to use the

Spanish I'd learned in class in some useful way because you don't get much of an opportunity outside of school," senior Jennie Jones said.

Going beyond the basics of a subject was also the purpose of History Day, where students could compete at the district level with their individual or group project, and advance if they won. Some even earned class credit for their participation.

"History Day is better than getting a grade for a report and it's really fun. We won at the district level. We were really surprised we won because it was a nine through twelve category and we had a lot of competition. Competitions like this make you strive to do

better," freshman Steven Bern said.

Students who were tired of the same old thing had a chance to learn about history with a new twist in Black History Quiz Bowl. It emphasized study of the African-American culture.

"You learn a lot more than you do in school because of the prejudice in the school system. It's a

lot of fun, but a lot of work," freshman Josh Huntington said.

School-related events included a large number of people, but some chose to enter contests on an individual basis.

"You win money and it looks good on resumes. It makes you feel better about yourself and your work," freshman Ashley Hagen said about art competitions. Hagen entered several competitions a year and was accepted to the Governor's Institute twice.

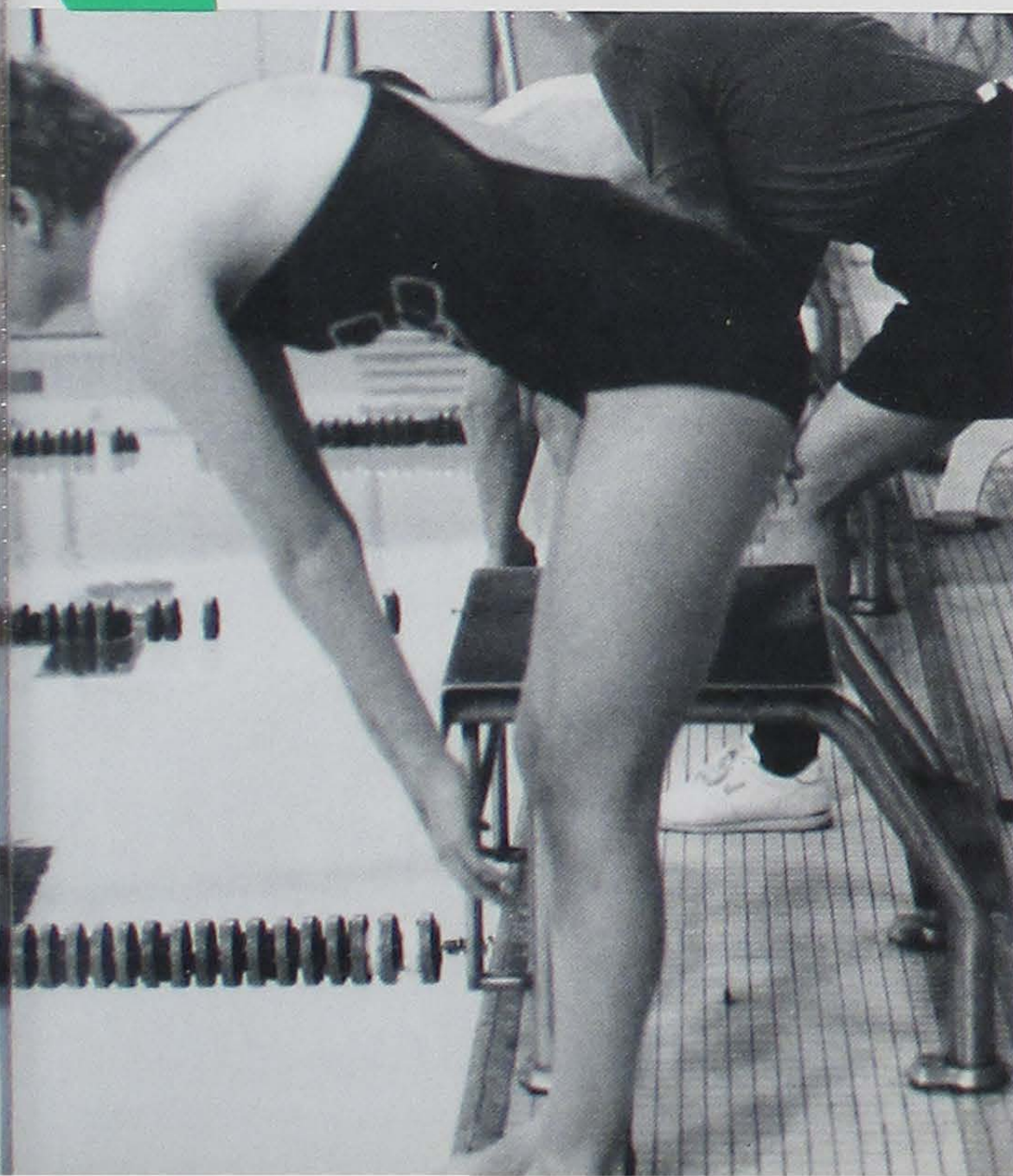
Special Olympics provided an opportunity for special education students to get into the competitive spirit.

"It's fun to compete against different levels. I started out at the lowest level (in swimming) and moved up. I got second place and cheered on my friends who won and went to State," junior Jennifer Sharr said.

For students looking for a challenging test, the school offered a chance to compete on a larger scale by taking the National Math or Physics exam.

"It's a chance to compete against the best of Iowa and the nation at a high level and see how you stack up," said senior Rob Hentzel who won the Drake Physics Bowl.

So, instead of the roar of the crowd as they crossed the finish line or hit homeruns, these students found fun and fulfillment by putting their brains, their talents, and their competitive streaks to the test.



Preparing to begin her swimming race at the Special Olympics is junior Wendy Thompson. Special Olympics gave students who might not ordinarily compete the chance to shine in sports. (Photo courtesy of Hilary Ziebold)

Meeting the president is something very few of us ever experience, but senior Nupur Ghoshal earned her wings to Washington D.C. by winning the Westinghouse science competition. (Photo courtesy of Nupur Ghoshal)

For victory
Model U.N.,
Debate, and
Mock Trial,
members
found
themselves

Giving Their All

-Julia Ford

After hours of long practices and tedious memorization, the Debate, Mock Trial and Model U.N. teams all came through successfully. Although it was lots of hard work, many of them felt that the experience they gained was worth any sacrifice.

"I sacrificed a lot of time for both Debate and Model U.N. but I really think it was worth it because of the experiences I had and the new people I met from both Ames High and other high schools," junior Laura Vermeer said.

Gaining experience and meeting new people was something that all three teams did. And although they didn't get off to a

member of the Debate team. "We practiced a lot but it paid off in the end when we came home victorious from a competition."

Practicing was something that required a lot of time and patience, but members of each group made their work fun.

"Once we got organized and figured out what we were doing, practices were fun," sophomore Amy Gardner said. "They were definitely worth it though—we lettered this year for Debate."

But lettering wasn't the only rewarding aspect. Through their hard work team members found themselves learning new things that helped them in everyday life.

"Through the cases we try, we learn actual emotions and actions of real life situations," sophomore Karen Hsu said.

Actual emotions were something Model U.N. members had to fight with in order to be successful in their session.

"It was sometimes really hard to fight for a position that we didn't believe in, but that's what Model U.N. is all about," senior Nupur Ghoshal said. "We were representing the USSR this year and we had to fight for things that the country would want, not our own opinions."

Fighting for positions was something that a few underclassmen had to

do in order to compete, or at least keep up.

"We had a really young team and that really hurt us against the more experienced teams; they knew what they were doing and were used to the competition," junior Tom Bern said.

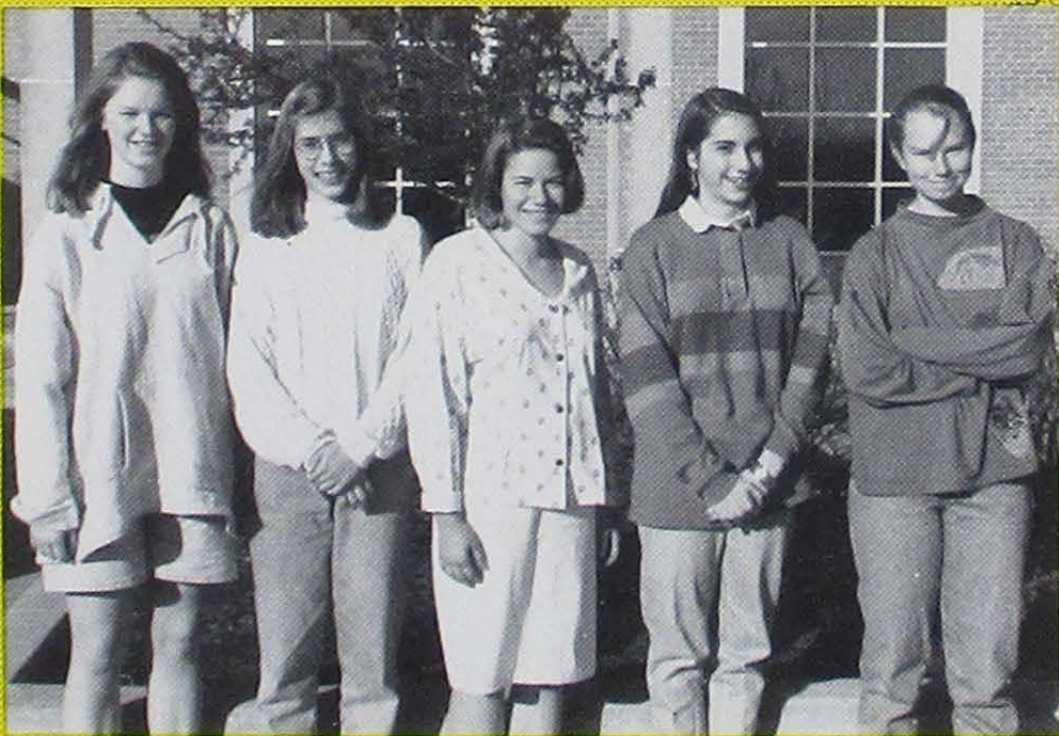
"Being a freshman on the Debate team was a really good experience; I learned a lot from the upperclassmen about preparation," freshman Lizz Welch said.

Preparation resulted in success and at the end of their seasons all three teams participated in competitions and fared well. Although participants don't compete for places in Model U.N., the group was successful in representing the Soviet Union with other Model Nations at the University of Northern Iowa. The debate teams finished fourth in the state in two divisions, and Mock Trial placed second at the state level.

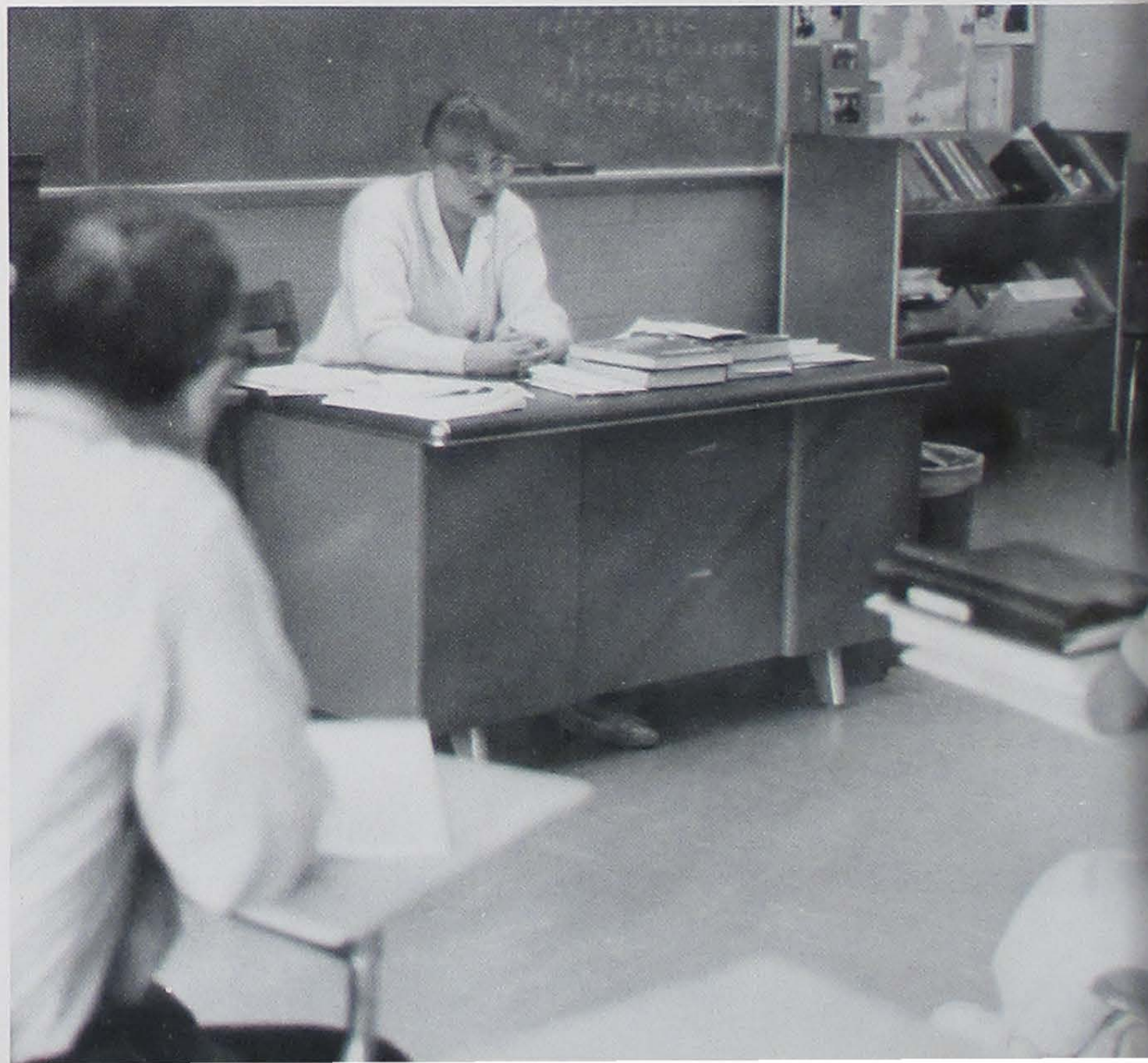
"We (the Debate team) were pleased with our finish at State," said senior Rachel Stansbery. "We practiced a lot to get that far and we felt good with our performance."

All three teams could relate to that feeling, and whether it was gaining experience or their hard work and determination, Model U.N., Debate and Mock Trial participants felt satisfied with a successful year.

For a whole season members of Model U.N. had to think like citizens of the Soviet Union. Guest speakers, like this one from Lithuania that advisor Marv Scott and senior Sumit Basu listen to, helped students do this. (Photo by Ted Deli)



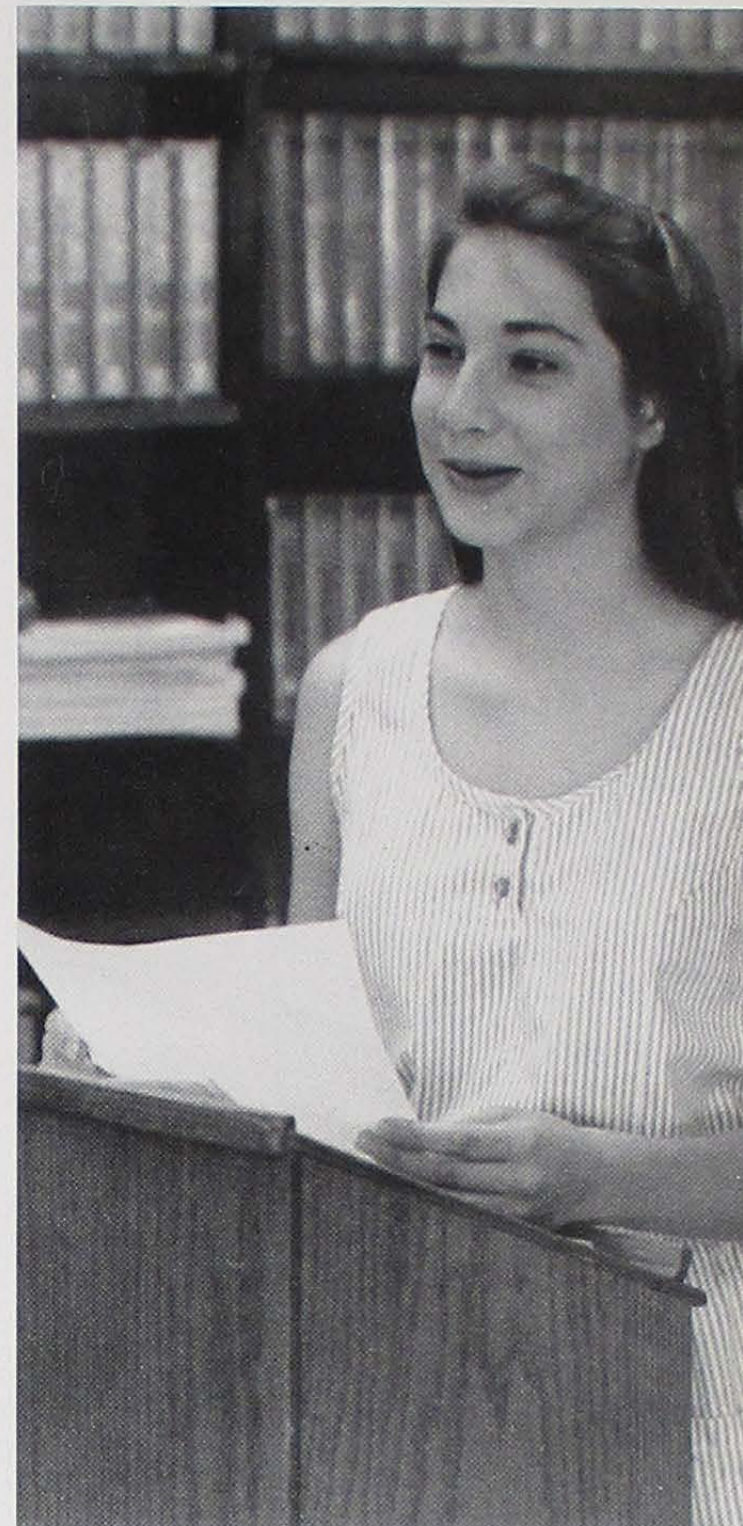
Debate: Corine Hegland, Tina Rutar, Laura Vermeer, Amy Gardner, Kirsten Lassila. Not Pictured: Kori Heuss, Tom Bern, Andy Glatz.





All decked out in her "courtroom attire" freshman Caitlin Fashbaugh presents her argument as her teammates freshmen Corine Hegland and Tina Rutar keep an eye on their notes. (Photo by Karen Hsu)

During an actual debate, the participants have to have well-prepared arguments and counter-arguments. That preparation comes from research and practice, something sophomore Amy Gardner was familiar with. (Photo by Jason Swift)



Mock Trial. Front Row: Tina Rutar, Karl Lundy, Angela Kao, Lizz Welch, Connie Hsu, Monika Jankowiak. Back Row: Jason Slater, Amy Gardner, Caitlin Fashbaugh, Christine Willard, Nupur Ghoshal, Rachel Stansbery, Corine Hegland, Barbara Smith, Karen Hsu, Matt Haubrich.



Model U.N. Front Row: Kirsten Lassila, Nupur Ghoshal, Lin Xia. Back Row: Connie Hsu, Amy Gardner, Rachel Stansbery, Laura Vermeer, Melissa Mundt, Sumit Basu.

Quiz Bowl,
Chess Club,
and Academic
Decathlon
put in hours
for extra
knowledge in

Over-Time Education

-Christy Scott

Hours upon hours of concentration, strategy and studying. Grueling, brain-racking sessions on a daily basis. To the average student this sounds like a nightmare. But for three groups at Ames High it was a reality, one they even enjoyed.

Members of Academic Decathlon, Chess Club and Quiz Bowl made use of any free time possible to prepare themselves for competitions. And all the extra hours paid off.

"We studied every morning for an hour before school, and then spent lots of time on the weekend studying," senior Academic Decathlon team member Andrew Liao said.

Academic Decathlon was a competition that consisted of 10 different sections, or tests. The broad

range of test topics and

styles forced team members to be as well-

rounded as possible.

"It's really interesting to be learning stuff about modern art. If it

weren't for Academic Decathlon, I

probably wouldn't be studying it," senior Matt Willard said.

All the team's studying earned them first place at the State competition. Senior Rob Hentzel was the overall winner with a record-breaking score of 8,503 points, and senior Heather Schafroth captured third place. That victory earned them a spot in national competition in Los Angeles.

"Half the time before we went we were so excited just to be going we didn't even want to study, the other half we felt like studying all the time so we would win. But after all the studying it was great to get there and have fun," senior Brian Allen said.

The team finished 10th at Nationals with Hentzel earning 11th overall in individual scoring.

Academic Decathlon wasn't the only devoted group. Chess Club demanded sacrifices of free time for hours of intense chess playing.

"I've been playing a long time, and I've never seen a game that makes you think so hard," said junior Nick Nakadate. "Some single games last a couple of hours, and there's a sense of satisfaction when you win."

The sense of satisfaction spread across the team, into a camaraderie and a sense of humor. Chess Club members could be spotted sporting their team t-shirts reading 'We know all the mating positions.' Such cleverness came from the con-

stant calculating that chess requires.

"There are about 64 million types of moves in chess. The great thing about chess is that you'll never see the same game twice. Like in Monopoly, you may get the same properties or whatever, but in chess, there's always something new and challenging," junior Bret Larwick said.

Quiz Bowl was another way students found to challenge their minds. During the year there are two Quiz Bowl competitions: Knowledgemaster and Stars 2000.

Ames had three teams of four people in the Knowledgemaster competition. Two of those teams advanced to the finals in Johnston and captured first and third place in competition against other teams in the state.

"You get to find out that you really don't know that much. But there were quite a few questions I did know, so it wasn't totally humiliating. I liked seeing how I compared against others," freshman Alex Schafroth said.

Whether preparing for an Academic Decathlon speech, studying a chess board for an attempted checkmate or mastering trivia, all the hours of cramming and patience paid off.

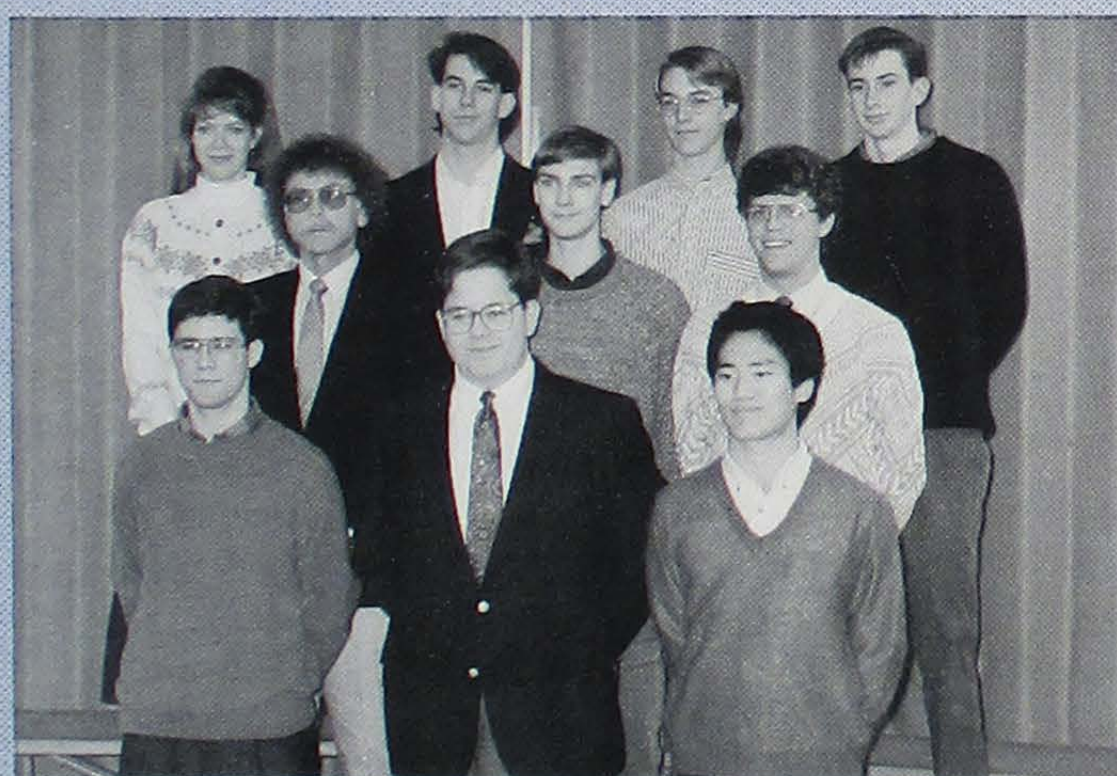
During their trip to Nationals in Los Angeles, the Academic Decathlon team visited the Aerospace Museum. There, seniors Matt Willard and Heather Schafroth met shuttle astronaut David Leestma. (Photo courtesy of Kirk Daddow)

During one of the chess club's weekly sessions, freshman Mike Shimkus and junior Bret Larwick concentrate on their respective games as they race to beat their opponent and the clock. (Photo by Ted Deli)

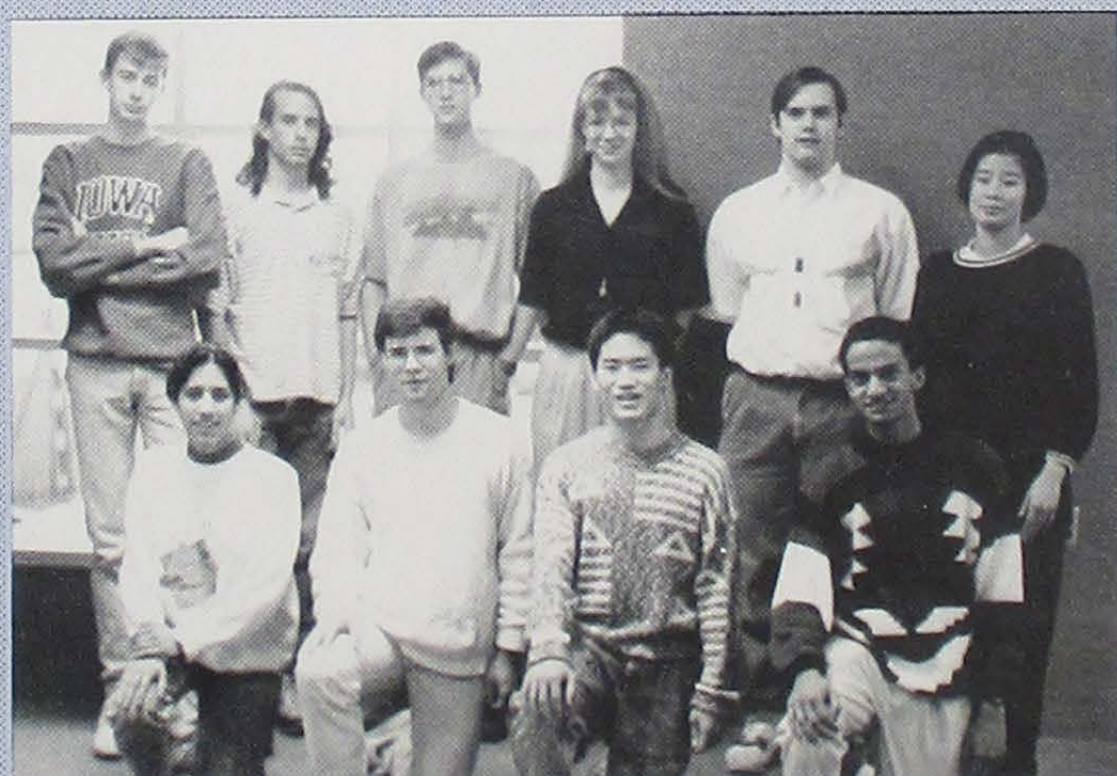


Chess Club. Front Row: Nick Lloyd, Bret Larwick, Damon Byg, Chris Kadolph, Chris Rehbein, Jacob Wacker, Nick Nakadate, Judd Bowman, Bob Goodfriend, Mike Shimkus, Advisor Roger Gotschall.





Academic Decathlon. Front Row: Matt Willard, Karl Lundy, Andrew Liao. Second Row: Advisor Kirk Daddow, Rob Hentzel, Ben Jackson. Back Row: Heather Schafroth, Brian Allen, Jeff Kaczmarek, Aaron Jones.



Quiz Bowl. Front Row: Nupur Ghoshal, Matt Willard, Andrew Liao, Sumit Basu. Back Row: Aaron Jones, Matt Thomas, Alex Schafroth, Heather Schafroth, Frank Greer, Christine Chen.

Amnesty International, Project Success, and Peer Helping were organizations that

Help Build Esteem

-Anjeanette Levings

Throughout our lives we have needed help. Help in eating and dressing when we were young; help with expressing ourselves and being understood as we got older. Everyone needs help and everyone has given help to someone else at some time.

There were many organizations at Ames High that dealt with that aspect of our lives. There was Amnesty International, Peer Helping, and Project Success.

"Peer Helping helps people belong to a group and helps them with their problems. I worked with behavioral disordered children at Fel-

I enjoyed it," sophomore Shannon El Hout said.

Helping others get by made freshman Tory Reimann feel a little more humble about himself.

"Peer Helping gives encouragement and support to students that really need it. It was kind of hard to help people out at first, but it got easier, and it made me feel a little more honest," Reimann said.

Project Success helped to give some students the little extra nudge they needed to succeed at school.

"Project Success helps you study and prepare for tests. It helped me do better on my tests, and my parents are happy. I even changed my Ds to As and Bs," freshman Dawn Peterson said.

Others enjoyed the special attention teachers gave them while working with Project Success.

"It gives me the chance to study with teachers' help. The help that they give you increases your grade point because you tend to study more. I think that it is a great opportunity to be in Project Success, because it's a lot more fun to come to school knowing that you are doing well," junior Nova Williams said.

Amnesty International gave many a feeling of involvement in what is happening in the outside world.

oners of conscience—whether for political beliefs, religious beliefs, or race or creed. It feels good helping people, not just talking about it, but doing something. Plus, having an organization like Amnesty in the school doesn't allow students to give that tired excuse, 'I don't know how to get involved'," junior Matt Welch said.

Other students were simply glad to help those who drastically needed their attention.

"It's a really good way to help people that really need it. I feel better knowing that my time has been spent doing something that will help others. If I wasn't in Amnesty, I'd probably spend that time at home watching television or talking on the phone, and that wouldn't benefit anyone," sophomore Rachel Wilke said.

Amnesty International gave some a feeling of accomplishment.

"I have the responsibility to write the letters, but it's a good type of chore; I feel really good after doing it," senior Rachel Stansbery said.

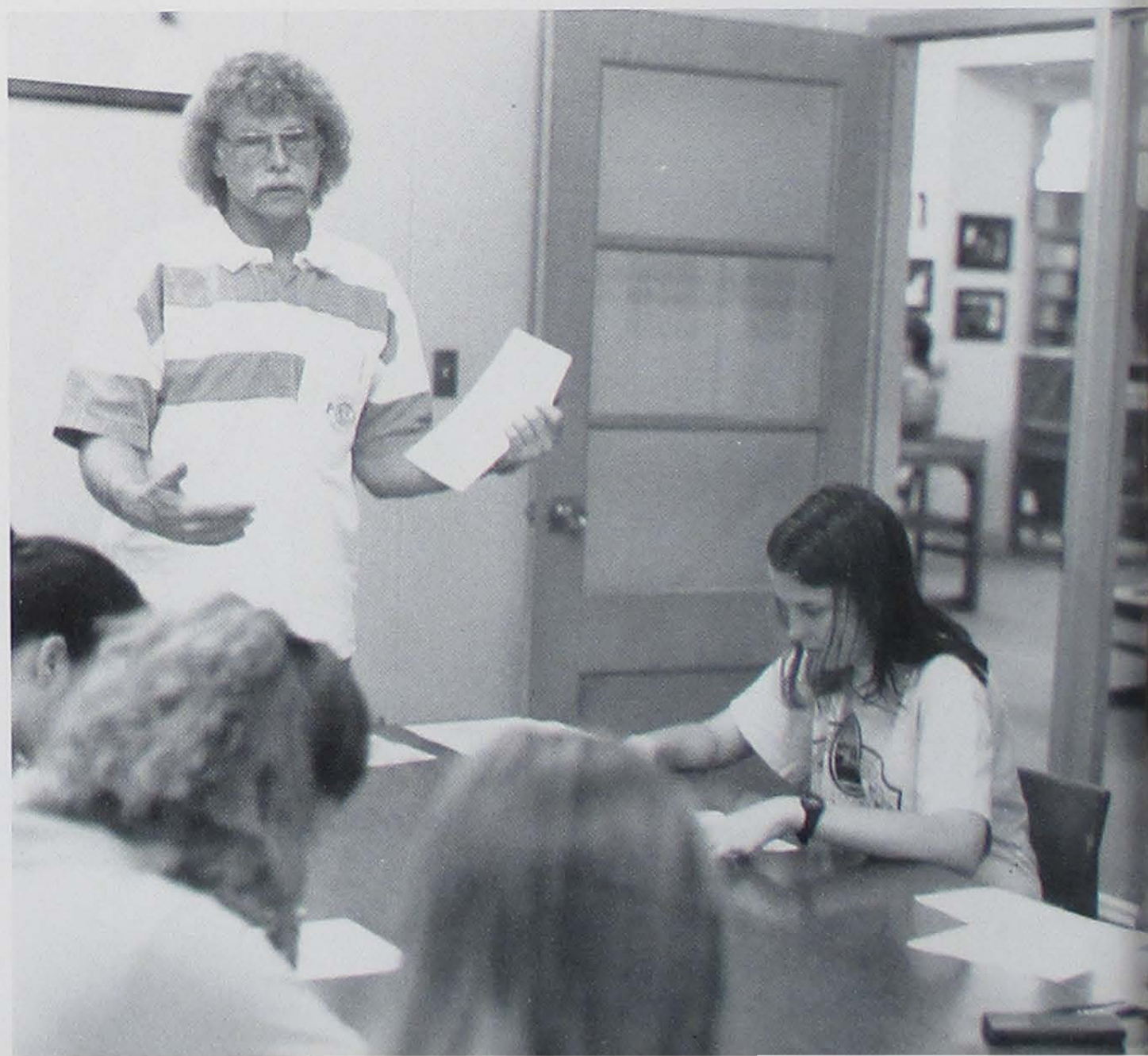
Helping others and being helped always improved our self concept. Students found it fulfilling to use this skill to benefit others and themselves. As we came to the high school we experienced new problems and it was always great to have, or give a helping hand.

"We work for the release of pris-

Letter writing was never quite finished for the members of Amnesty International. Students listen to their adviser, Kirk Daddow talk about the next case that the group will write in support of. (Photo by Bob Parr)



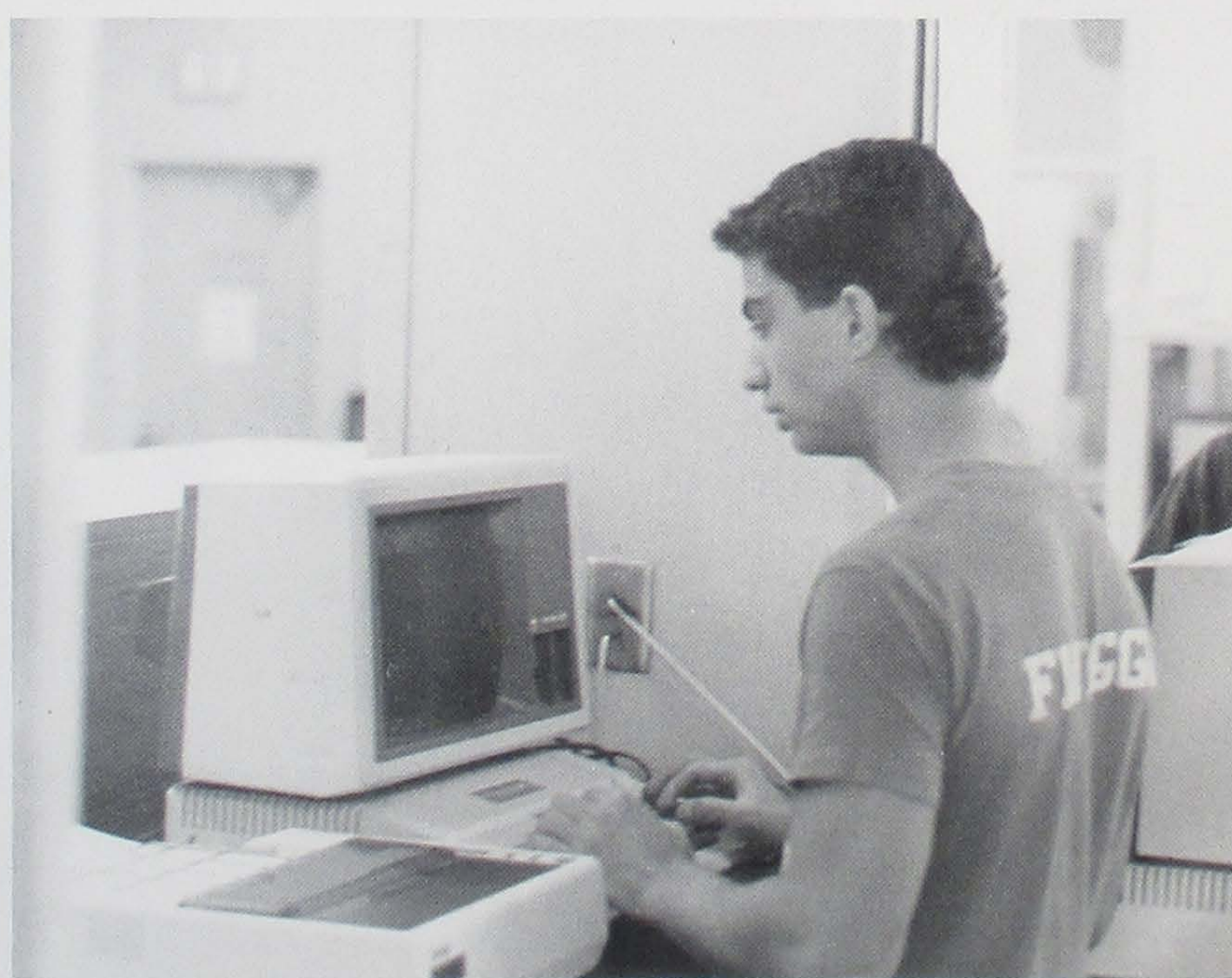
Amnesty International. Front Row: Rachel Wilke, Kathleen Yang, Sandra DeLuca, Nupur Ghoshal, Lin Xia, Tina Rutar. Second Row: Rachel Stansbery, Amy Poague, Keri Daddow, Becci Peterson, Terrill Johnston, Valerie Reed, Amy Gardner. Back Row: Sponsor Kirk Daddow, Heather Martin, Vicki Tsai, Suzy Dietz, Caitlin Fashbaugh, Andy Stevenson, Cassandra Biggerstaff, Avanti Athreya, Teresa Henderson.





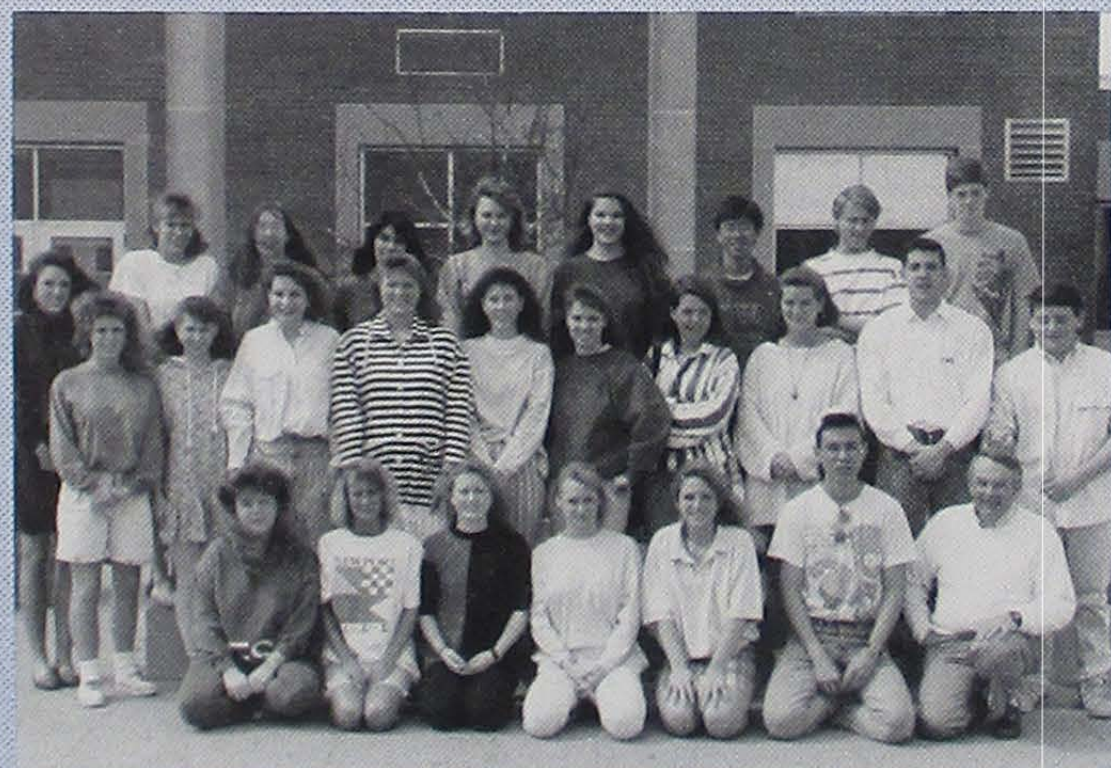
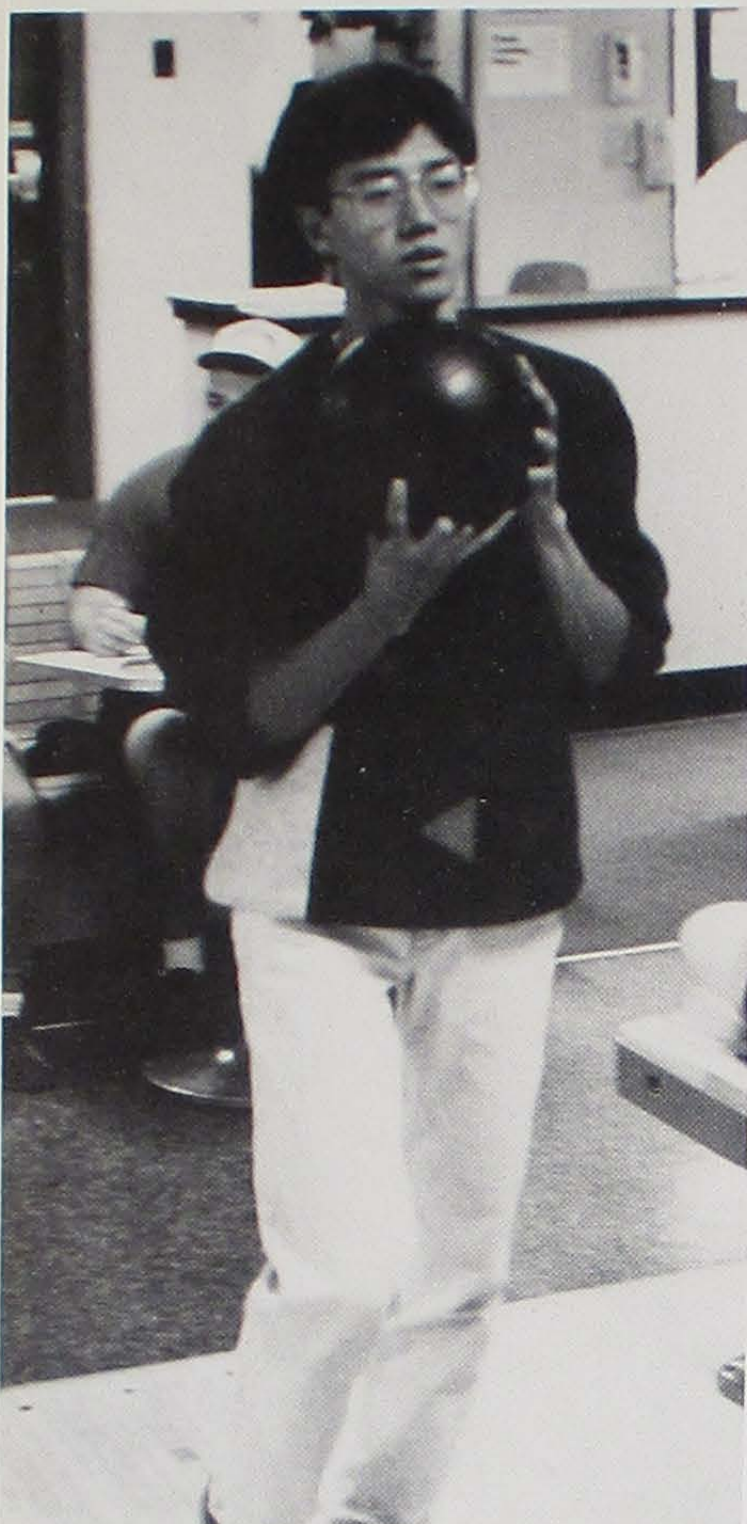
Every Monday, members of Peer Helping made their way to 20th Century Bowling to help some disabled friends enjoy the game. Senior Kim Allen watches with anticipation as the ball rolls down the lane. (Photo by Bob Parr)

Project Success gave students a structured learning opportunity. Junior Scott Belzer used the computerized card catalog to help him locate a book to help him write his history report during class. (Photo by Bob Parr)



With and steady hand, senior VICA member Jason Schaufenbuel works on a broken television. Performing such tasks at his job at Meyer's T.V. taught Schaufenbuel about electronics, an interest to him. (Photo by Colin Brennan)

Just before letting loose senior Kevin Frette eyes the bowling lane for the perfect path while at the DECA party at the Memorial Union. Frette worked at JC Penney through DECA. (Photo by Colin Brennan)



DECA. Front Row: Nicole Stocks, Lisa Madson, JaTam Godwin, Holly Thorson, Lisa Moore, Jay Carpenter, Advisor Darrill Abel. **Second Row:** Stacey Seiling, Dawn Newhouse, Cindy Hawley, Angela Rickert, Melanie Clapp, Kristina Smith, Heather Callison, Tia Nemitz, Pete Egeland, Andy Forbes. **Back Row:** Brandee Griffin, Angela Bridges, Peg Hrabak, Mira Trivedi, Donna Tweet, Tammy Gibb, Kevin Frette, Mike Johnson, Dave Flippo.



VICA: Jason Schaufenbuel, Jamie Nicholson, Matt Hill, Brody Linder, Lenny Keltner, John Denning, Dwaine Purdy, Sean El-Hout, Jess Smith, Don Huber, Jeremy Stone, Trenton Dakin, Advisor Don Faas. **Not Pictured:** Margo Wolfe, Tim Buchwald, Brian Petrus.

From their
DECA and
VICA jobs,
future
workers
earned

The Basic Skills

-Scott Whiteford

For lots of students being able to work during school, getting paid for it and also earning credits would be a dream come true. But for students in Distributive Educational Clubs of America (DECA) and Vocational Industrial Clubs of America (VICA) this dream was reality.

Through these groups, students learn job skills such as managing money, dealing with customers and taking inventory. Students are required to work at least 15 hours a week, and they receive three grades—one from their teacher and two from their employer.

"Employers grade you on things

like how careful you are at work, your overall appearance, whether you're presentable or not, knowledge of products that the business is selling. We receive two grades for everything including how hard we work and our marketing and sales skills," senior Bart Fowles said. Fowles was employed by Ames Winnelson.

Because of the benefits, the decision to join DECA or VICA was an easy choice for some.

"I decided to be in DECA when I first heard about it in eighth grade; I thought it sounded like fun. I've learned to put more towards my work because I'm being graded," said senior Angela Rickert, who worked at JC Penney.

DECA and VICA offered the chance to gain job experience as well learning time management. It also gave students the chance to take different jobs, and learn more skills than just one job would have to offer.

"I took DECA to get job experience. It didn't work out so I spent class learning more marketing skills, so I could get a job I liked," senior Sarah Spear said.

Dealing with customers was one of the most vital parts of job training, ac-

cording to senior Nicole Stocks

"DECA gives me a good experience in working with the public. I plan to major in marketing and sales, and I think my job at Drug Town gives me the experience and know-how to do it," Stocks said.

"VICA helped me gain experience in the job fields that I want to go into. I think it has also really helped me in learning how to deal with people on the job. I strongly recommend it," senior Dwaine Purdy said.

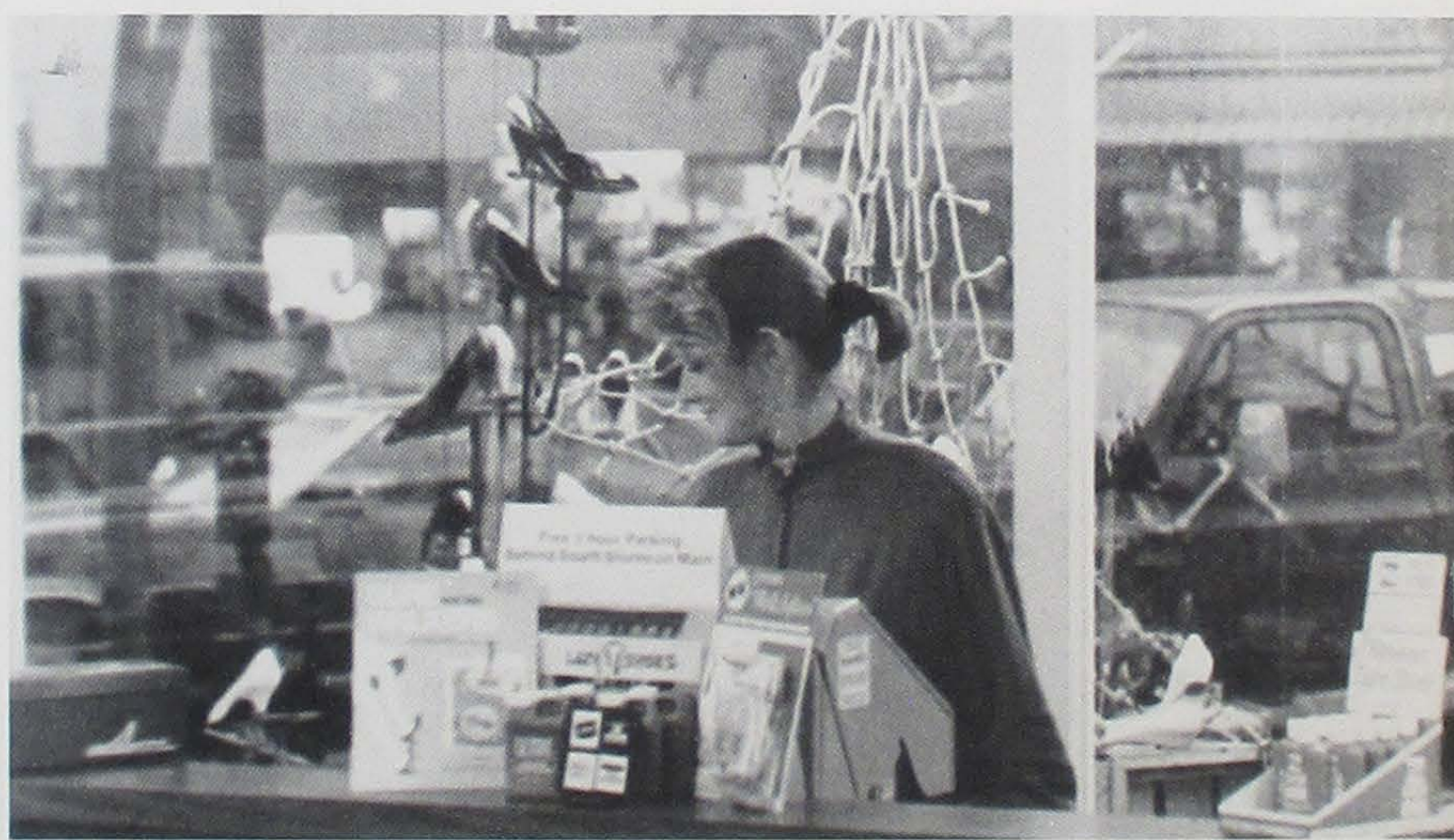
Working was not the only thing DECA and VICA students did. They also took part in activities around the community and competed against other schools in such things as interviewing and testing job management skills.

VICA annually took part in the community by participating the United Way fund drive.

DECA competed in regional and national tests on job skills. Regionals were held in Detroit with 600 people in attendance. From Regionals, seniors Lisa Moore and Donna Tweet advanced to Nationals which were held April 19-26 in Denver.

"It was a very different experience for me. We got to learn about other people's job experiences in other parts of the country. It's amazing how different they are from ours," Tweet said.

Jobs lay somewhere in the future for all students, and while some were still learning basic math skills, there were others, like DECA and VICA students who were learning basic living skills.



In a quiet corner of Cub Foods, senior Lisa Moore takes inventory during a slow moment. Moore's other responsibilities included working at the customer service desk and checking out groceries. (Photo by Colin Brennan)

Behind the counter at Lazy M Shoes, senior Tia Nemitz writes up a sales ticket while the customer puts on her shoes. Nemitz had worked there since the beginning of her junior year. (Photo by Colin Brennan)

Students found making friends through "Scratch Pad" Speech Club, and Thespians

Jennie Jones

Smile at everyone you see, open doors for strangers, join an extra-curricular activity; teen magazines across the country often offer up these suggestions to adolescents yearning to make friends. Most of the suggestions would just get queer looks from classmates, but members of Thespians, Speech Club and "Scratch Pad" found that their activities introduced them to new groups of people and new experiences.

"The 'Scratch Pad' board is very unique. We meet every Tuesday night to meet and discuss entries and we always get into arguing matches over what to put in; it's

hardly
ever
unani-

mous. It can get pretty wild at times," freshman Laura David said.

Speech Clubbers found being wild (with their imaginations) helped, not harmed, their performances. That uninhibited behavior brought members together.

"When you travel half-way across the state in some bus late at night the humor gets a little disgusting and the people go a little crazy. It's a great bonding time," senior Scott Sundstrom said.

Although closeness within an organization was usually good, it sometimes unintentionally intimidated non-members.

"Thespians can be exclusive and it makes some people afraid to try out for plays because they have a fear of being left out of the group," senior Mary Trahanovsky said.

While putting on a performance or choosing writings for a literary magazine made soul-mates out of strangers, members discovered other equally important things from their hard work.

"From being on 'Scratch Pad' I've developed a new appreciation for the amount of talent in Ames High. A lot of people just don't realize it because the people with the talent

are too afraid to show it," junior Mark Sutch said.

Actors aren't usually shy with their talent, but they have to use it well before they are considered for admittance into Thespians.

"Thespians makes you feel like you belong. Other people are in plays but aren't dedicated to it, but in Thespians you are because you have to work so much to get in," sophomore Jeff Moore said.

Thespians weren't the only ones putting in lots of hours outside of performances. Members of Speech Club had to spend hours practicing and preparing for three competitions a year.

"Going from practice to performance was hard, but we played up to the audience and tried to make them have fun. It worked because we all got 'I's'," senior Scott Gunnerson said.

With the friendships formed and the accomplishments made by the Thespians, the Speech Club members and the "Scratch Pad" board, it could be said that the teen magazines might actually be right. Scary.

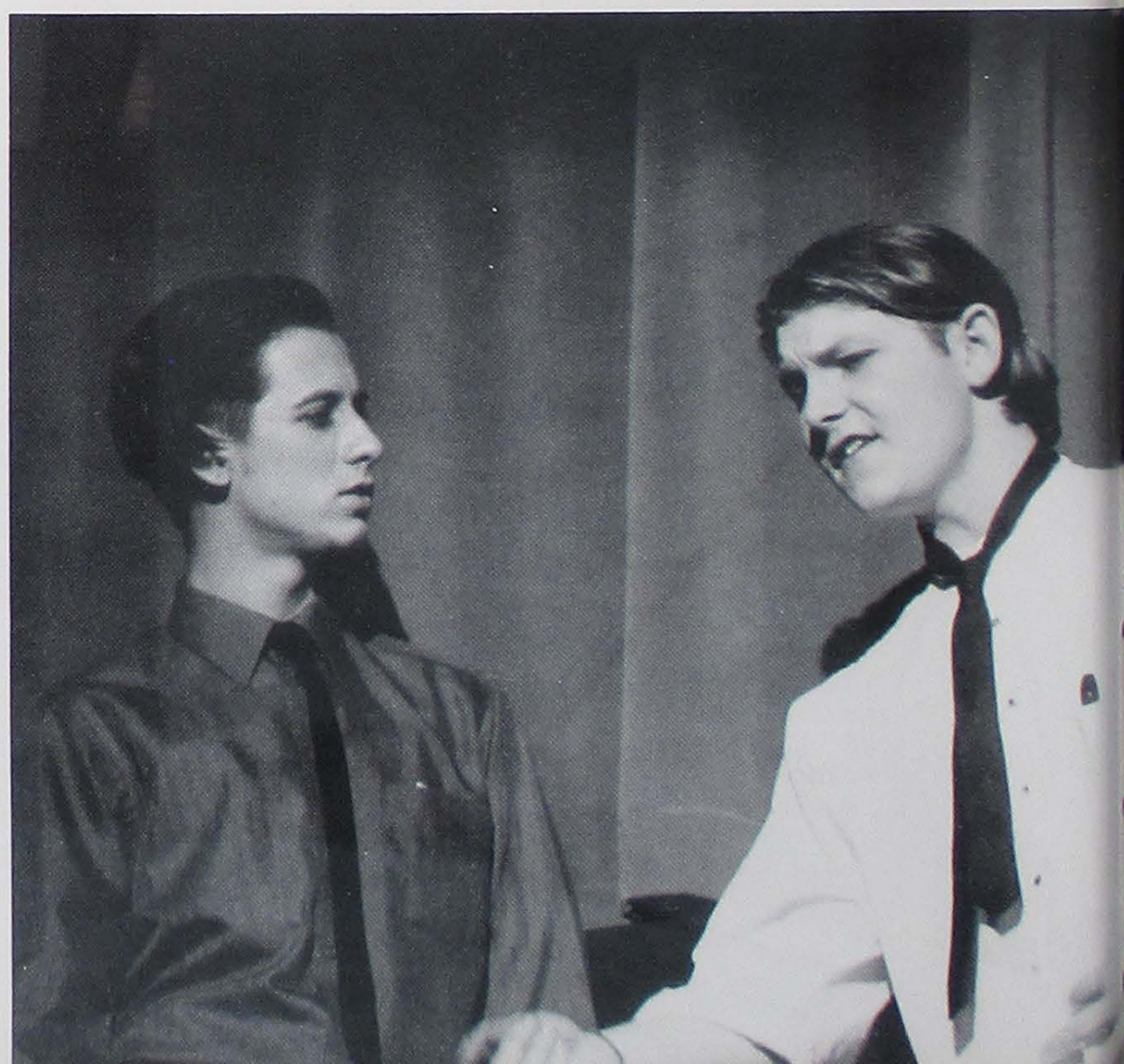
Mountain Dew helped energize "Scratch Pad" member junior Matt Welch during meetings. Board members often heatedly debated whether or not a piece of writing should be placed in the book. (Photo by Jason Swift)

With a pained look on his face, junior Thespian Bob Parr contemplates suicide as senior Bert DuChene coaches him in how to do it as they perform in Mary Trahanovsky's senior-directed one act. (Photo by Ted Deli)

Fool-Proof Formula



"Scratch Pad" Board. Front Row: Connie Hsu, Catherine Hodges, Valerie Reed, Rob Hentzel, Mark Sutch, Heather Schafroth. Back Row: Matt Welch, Erin Hoffman, Laura David, Lisa Millen, Advisor Kirk Daddow, Keri Daddow, Alex Schafroth, Ron Shinar.





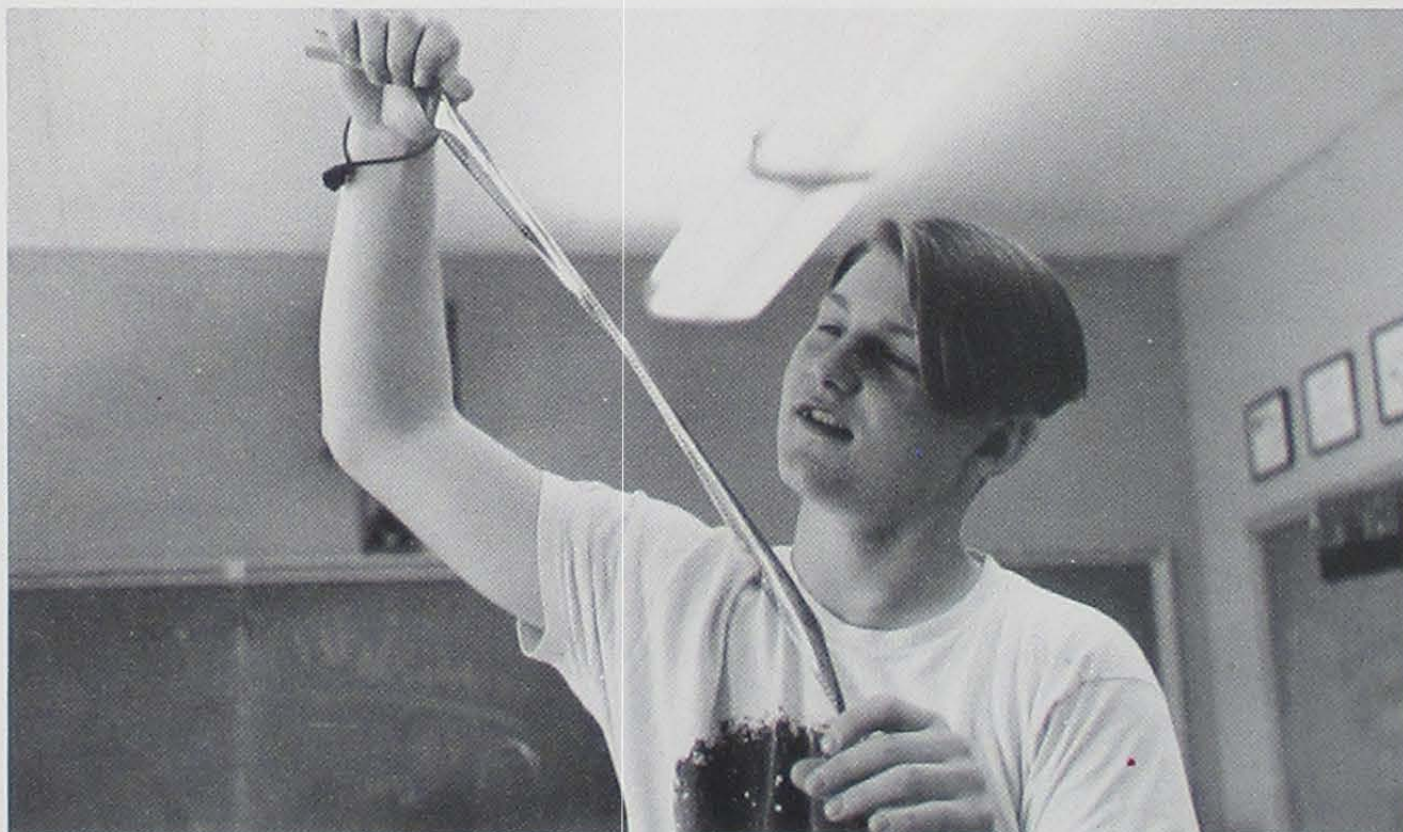
Speech Club. Front Row: Laura Vermeer, Sarah Uhlenhopp, Margaret Lloyd, Heather Alexander, Laura David, Amy Leeman, Eva Hernandez. Second Row: Brett Schilling, Mark Sutch, Adrienne van der Valk, Terrill Johnston, Melissa Mundi, Amy Gardner, Tina Rutar, Alison Campbell. Back Row: Mike Coronas, Rob Hentzel, Scott Gunnerson, Aaron Jones, Scott Sundstrom, Kim Allen.



Thespians. Front Row: Terrill Johnston, Ben Jackson, Matt Willard, Dave Jurgens, Aimee Dutton. Second Row: Kjersten Johnson, Mary Trahanovsky, Bob Parr, Amanda Lloyd, Christine Chen, Heather Alexander, Sandra DeLuca, Catherine Woodman. Back Row: Travis Senne, Dave Abelson, Jim Krogmeier, Joy Siebert, Matt Haubrich, Aaron Jones, Chris Burnham, Mark Sutch, Jason Moore, Andy Stevenson.



Trying to choose, sophomore Anjeanette Levings carefully selects the negative she'd like printed for her layout. Looking through negatives was one of the many responsibilities involved in completing a spread. (Photo by Ted Deli)



Checking out some negatives he had developed, junior Bob Parr chooses which photo to print for the spring play/One Acts layout. Parr was one of five photographers who covered the year. (Photo by Ted Deli)

Annoyed, senior Sam Shearer attempts to find information for someone else's layout. Being the design editor, Shearer constantly had everyone wanting something from her. (Photo by Ted Deli)



Deadlines,
money woes,
and new
computers
nearly drove
"SPIRIT"
staffers

Over The Edge

-Jenni LaVille

"And for final Jeopardy today the answer is: 'They're a group of socially deprived, stressed-out, caffeine-addicted students who can be found in Room 202 ready to drop dead at 12:30 on a Friday night.'" The question? Who is the Ames High yearbook staff?

Faced with having to compile an entire school year into 256 pages while raising money to finance the several thousand dollar project, it's no wonder "Spirit" staffers looked half-crazed most of the time. But during the year there was a major development in the media center that further threatened the staff's sanity.

"In January the old Apple Computers that had been there for years

were replaced with new Macintoshes. While I'm all for technological advancement, the fact that we had to change into a desktop yearbook midway through the year threw all our deadlines off and caused us a major inconvenience," senior Julia Ford said.

Despite the havoc the computer change-over wreaked on the book's schedule, there were advantages. A desktop yearbook requires the staff to do more of the actual construction of each page so everybody got to learn new skills.

"I learned how to put a layout on a computer and make a story fit exactly into the allotted space. I also picked up some handy tricks that made a short story longer and vice versa," sophomore Kristy Lakin said.

Writers weren't the only ones who had to cope with differences. Due to fluctuating numbers of photographers and the lack of a photo editor, the photographers had to take on extra responsibilities.

"With no one person in charge we all had to take responsibility in making sure pictures got taken and that we had enough supplies," sophomore Ted Deli said.

Despite the problems, "Spirit" staffers were still able to come together and have a good time, even if it was at some wee hour in the

morning.

"'Spirit' is full of demented people hanging out in the computer lab. They're a bunch of people you can really talk to because we're all going through the same hell every day," sophomore Anjeanette Levings said.

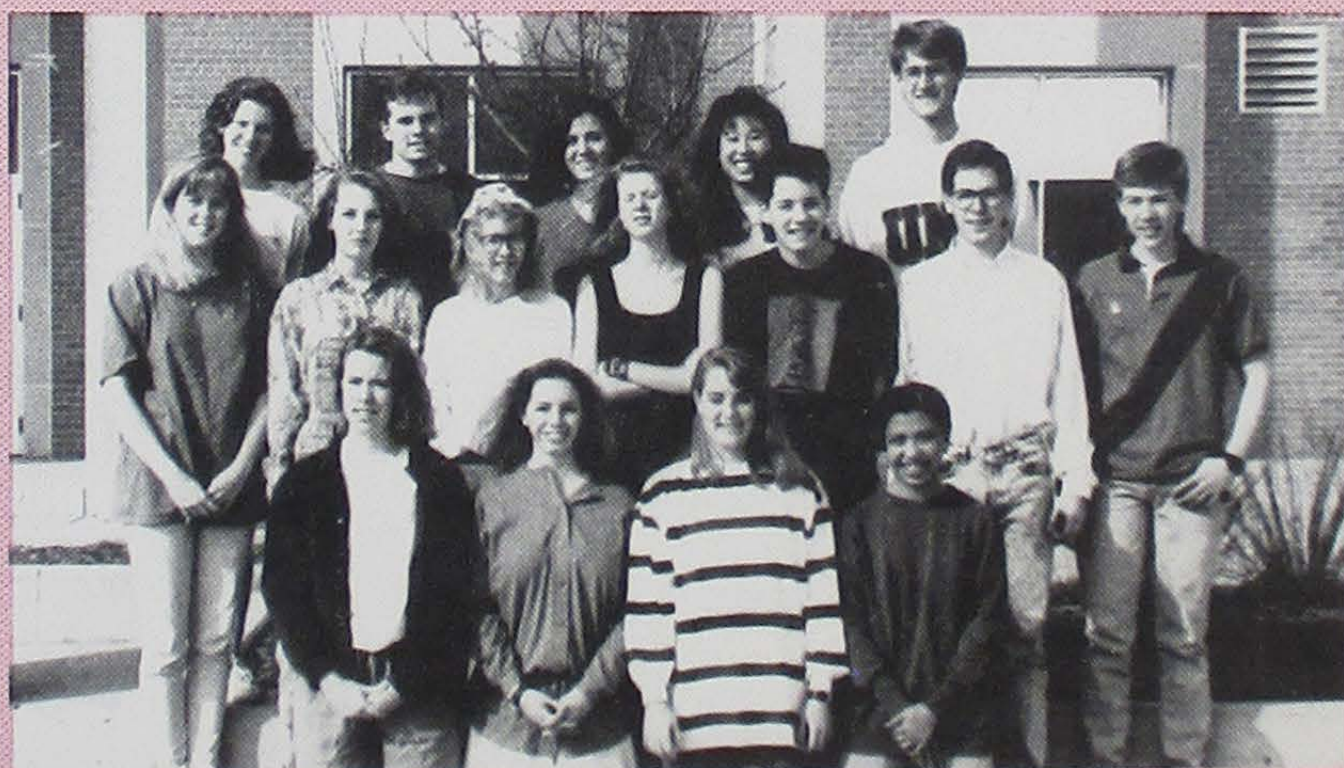
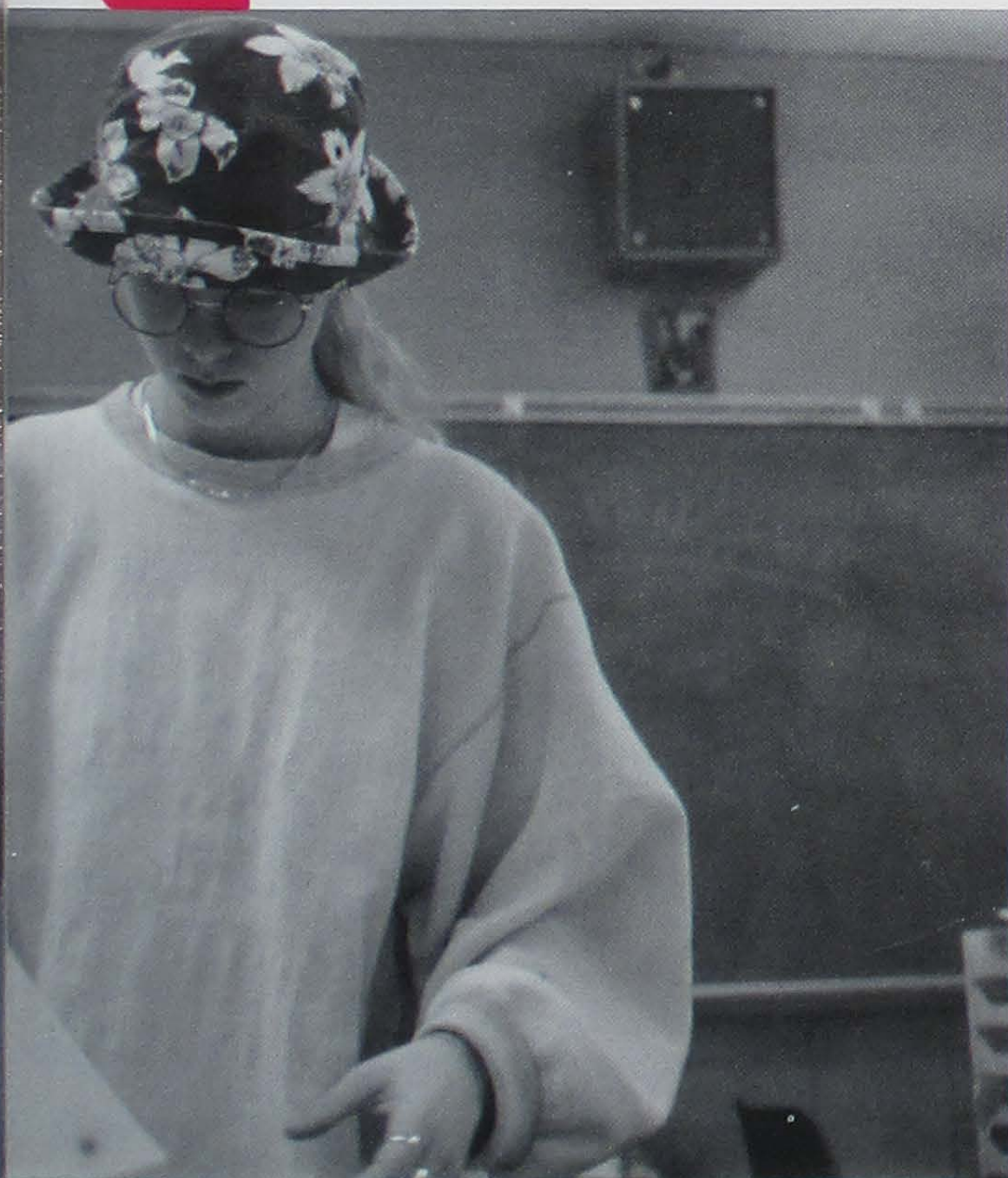
But no weeks could compare to the exhausting and dreaded deadline weeks, which were insane. It wasn't as if the staff wasn't given enough time, but procrastination was almost always a factor.

"Because Spirit is just one deadline after another, the whole staff is in a constant state of stress. We aren't constantly badgered to do things before the big deadline though, so everyone, especially me, procrastinates like there are 48 hours in a day," senior Jennie Jones said.

But it wasn't all stressful. If someone were to pass by the room, it sometimes sounded more like the National Enquirer headquarters. Since 'Spirit' met first period, Monday mornings were a prime time to swap stories.

"Spirit's like a gossip hour. We go in thinking we're going to be talking about deadlines, instead we end up talking about everything from people's love lives, to 'who did what to whom' last weekend," senior Nicole Stocks said.

So hundreds of cans of Mountain Dew and diet Coke later, the staff struggled through yet another deadline. As the editors turned off their Macs for the final time and headed off into the August night, they agreed on one thing: things were *finally* looking up.



"Spirit" Staff. Front Row: Krista Heinzig, Jennie Jones, Julia Ford, Giselle Magat. Second Row: Holly Anderson, Kristy Lakin, Dawn Dean, Samantha Shearer, Ted Deli, Colin Brennan, Jamie Lang. Back Row: Adrienne van der Valk, Scott Whiteford, Anjeanette Levings, Karen Hsu, Jason Swift.

New friends
and the
experience
of learning
made "Web"
and "Paisley"

Worth The Strain

-Nicole Stocks

Deadlines, worknights, and working in the late hours of the night to get things done. These are just a few of the numerous things members of the "Web" staff and workers on "Paisley" faced. But students on the "Web" staff agreed that "Web" taught them a lot.

"Getting quotes from people I didn't know has made me more outgoing. It's also helped me learn to write more effectively, which will help me in college and professional life," senior Mike Coronas said.

Some students might have thought that "Web" was an easy way to make a grade and get experience but those that were a part of it felt there

was a lot more to it than that.

"A lot of people think 'Web' is a total blow-off but Kendi (Neff-Parvin) usually gives us about four days to come up with our stories, rewrite them and then work until midnight getting them pasted up," sophomore Karen Hsu said.

But "Web" also seemed to bring students together during hectic times.

"I think I've learned a lot about deadlines and getting things done on time. It seemed like we worked especially well together this year," senior Jennie Jones said.

A few members agreed that even though "Web" could be stressful it could also be fun.

"'Web' was quite a bit of work but it was so much fun that you overlooked the fact that you might not get sleep on a worknight," sophomore Alison Doyle said.

"Paisley" aired every Tuesday at 4 p.m. Hosts Katie Mayfield and Suzi Hunger interviewed students about their achievements in sports, academics, or performing arts.

"'Paisley' is a really good experience if you want to go into the field of communications. It's a nice group of people and we have a lot of fun," senior Mayfield said.

Fun was not all they had though. Deadlines were an unpleasant aspect the "Paisley" crew had to face.

"The deadlines weren't too bad but we had to have everything done that day and know all of our lines exactly. I understand what television people have to go through," senior Hunger said.

An important part of "Paisley" was making it interesting and fun for the viewers.

"I did the graphics and I had to be really creative and come up with new things for each show. I had to be really careful because I didn't want the images to look the same from show to show," junior Troy Rutter said.

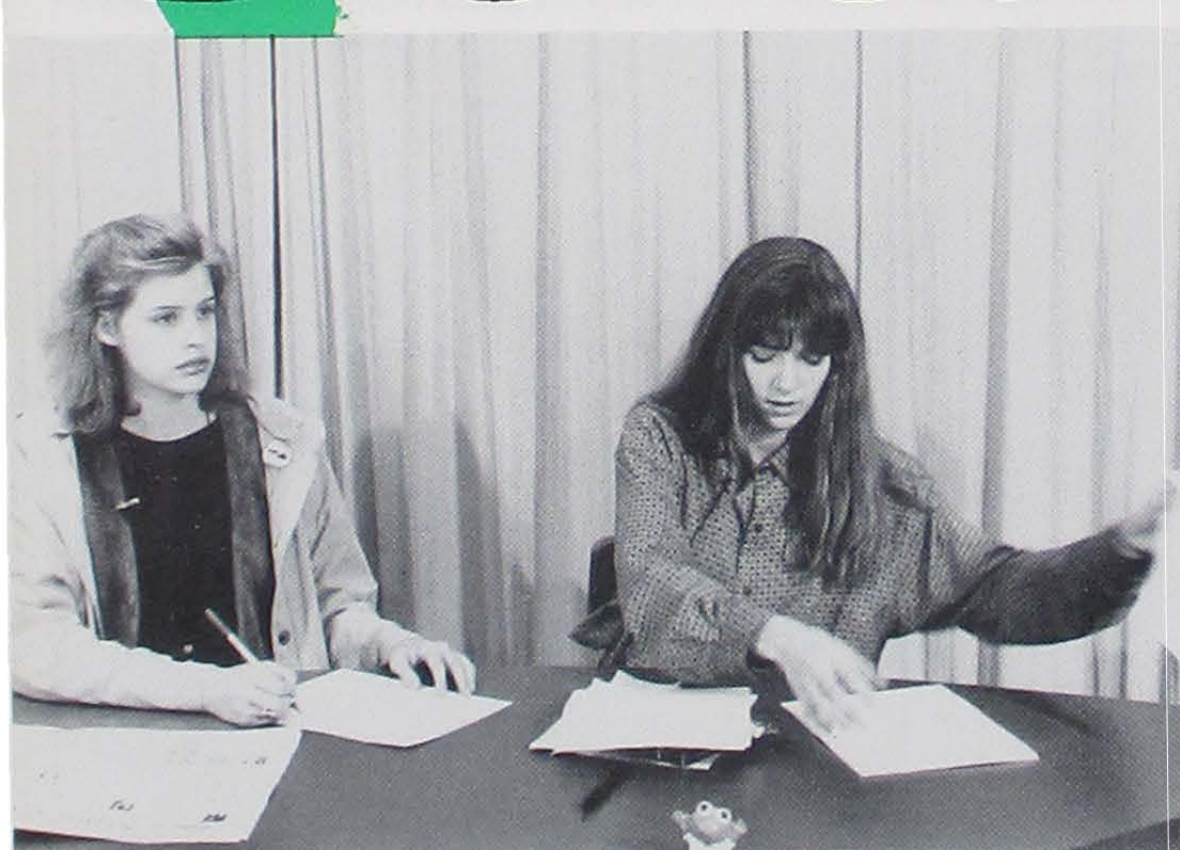
It was agreed that "Paisley" wasn't all work but also could be a good time.

"'Paisley' gives me a chance to meet people I never knew before. I also got to work with my close friends which makes the job a lot funner and easier," freshman Jennifer Scott said.

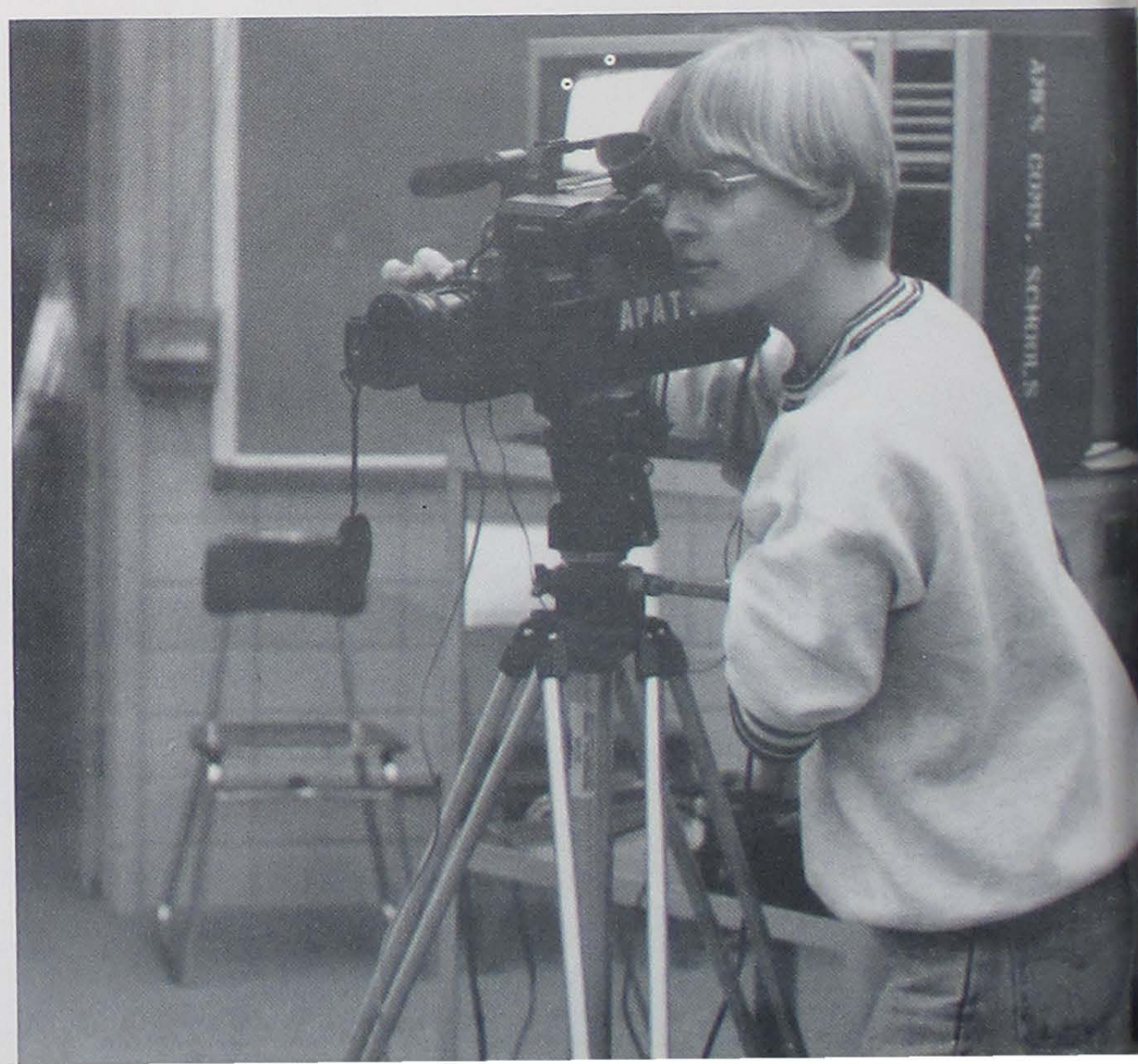
Even though the strain of deadlines and late nights at the school tested the sanity of "Web" staffers and "Paisley" members, the benefits of making friends while striving for their publication's production made the effort, if not worthwhile, at least bearable.

With a practiced hand, senior Christy Scott carefully places copy for the "Web" on layout sheets in preparation for its printing. The "Web" was put out every three weeks by the nine-member staff. (Photo by Colin Brennan)

Focusing in on the news desk, senior Tim Hoekstra adjusts his camera as the rest of the "Paisley" crew rushes around readying everything for the show. "Paisley" was on each Tuesday at 4 p.m. (Photo by Ted Deli)



The show's main anchors, seniors Katie Mayfield and Suzi Hunger provided the audience with updates on past, present and future Ames High happenings. "Paisley" aired on Cable Channel 35. (Photo by Samantha Shearer)





"Web" Staff. Front Row: Alison Doyle, Claire Haws, Christy Scott, Nathan Koch. Back Row: Karen Hsu, Mike Corones, Julia Ford, Jennie Jones.



"Paisley." Front Row: Jessica DeJong, Jason Moore, Mary Trahanovsky, Nick Gowdy. Back Row: Roland Anderson, Troy Rutter, Mark Harms, Tim Hoekstra.

Students gain friends and confidence through performing on stage

Behind The Scenes

-Holly Anderson

Dedication, talent and time; all three of these play a part in theater. The casts and crews of the fall and winter plays, "Dark of the Moon" and "Taming of the Shrew", felt challenged but found out how much success these three can bring.

"I thought that Hank (drama coordinator Wayne Hansen) took a big risk in some of the plays he has done so far this year. He has cast a lot of freshmen and chosen to do more difficult productions. They have all gone really well though," junior Kjersten Johnson said.

The content and mood the plays conveyed provided a change from past productions.

"This year's plays were a little bit different. 'Dark of the Moon' was a folk play, and we've never done

anything like that before. It has also been a long time since we've done a Shakespeare play like 'Taming of the Shrew'. This year's was especially fun because it was a comedy. We ordered really extravagant costumes. Because it was a difficult play, people came early and worked a lot harder than we usually do. It brought the cast a lot closer together," senior Sonya Bibilos said.

Working together helped develop important relationships behind-the-scenes.

"My favorite part about the plays is that you meet a lot of new people. They become your family," junior Sandra DeLuca said.

"I've developed a lot of friendships there," freshman Caitlin Fashbaugh said. "Most of my time is devoted to plays. Performance week takes a lot of extra time because we have to be there every night of the week."

Most students involved in drama productions felt expending their time was a big factor in producing a high quality play. Some had to make sacrifices but felt it was worth it.

"My life would be a lot less exciting without plays; my grades would be better though. If I'm not in a play I have to be involved somehow—with crews or make-up, something. It's like an addiction," senior Catherine Woodman said. "The attention has always appealed to me. I've always been loud. If I'm going to make a fool of myself, why not do it

on stage?"

Others may not have been "addicted" but found that acting taught them something about themselves.

"Without plays my life would be dull. I've met a lot of interesting people there. Acting is helping me discover who I am by discovering who I'm not," sophomore Heather Alexander said.

For other actors, being in the spotlight was just as important as individual gains.

"I love the excitement of trying out, the anticipation of wondering whether or not you'll get a part. But being seen by all those people is the best part. I like the attention and I love doing a good job entertaining my audience," freshman Aaron Holz said.

For some students tryouts were nervewracking, but others found that even they could be a good time.

"Tryouts are a lot of fun. I like to go watch everyone just do whatever they want. Also, you don't have to work very hard during tryouts," senior Ben Jackson said.

While this year's fall and winter plays were challenging and time consuming, cast and crew members found the time they spent in the auditorium was well spent. From folk plays to Shakespeare, the extra work made being a part of the productions rewarding.

Playing Petruchio, senior Travis Senne looks on as senior Catherine Woodman gives him a big smile, unlike her character Kate's personality in "Taming of the Shrew". (Photo by Ted Deli)



The "Dark of the Moon" cast rehearses an emotional scene. It was a folk play put on by the drama department Nov. 8-10 for something a little different. (Photo by Samantha Shearer)





Freshman Tyler Uetz gets into character in a "Taming of the Shrew" dress rehearsal. This was one of the more difficult plays done during first semester. (Photo by Ted Deli)

Freshman Brian Muchinsky holds steady as sophomore Terrill Johnston applies his make-up in preparation for "Taming of the Shrew". (Photo by Ted Deli)

Students found choir more rewarding after

Making The Commitment

-Kristy Lakin

Emotion, articulation, feeling, projection, and togetherness were synonymous with chorus. Whether they were in Freshman Choir, Concert Chorale, Treble Choir, Chamber Artists, or Concert Choir students combined teamwork and comradery in class. That led to new ideas, new techniques, and new friendships.

Some students, who hadn't cared for chorus in previous years, found the choir department at Ames High a suprising change.

"The songs we sung were harder than in the past. I learned a lot more this year than I thought I would. Dr. Schwartzhoff taught me about sight reading and improving my general vocal technique," said fresh-

m a n
L a u r a
D a v i d.
S o p h o m o r e
K e l l i
O s h e l

felt the same way.

"We were taught that sheet music is more than just notes and lyrics. We learned specific vocal techniques that will enhance our

performance in years to come," Oshel said.

Students learned not only what to do, but were also taught what not to do.

"When we first began practicing this year our posture was atrocious. We soon learned not to lean back in our chairs and not to sit cross legged, because that drastically affects our tone. The most important thing is a straight back for a good quality sound," freshman Josh Huntington said.

Most students agreed that along with discipline, cooperation was a large aspect of choir.

"You have to work with others as a group, you can't just try to be the best and shine as an individual star. If we didn't work together we would come out sounding choppy and not together," senior Cara Peterson said.

Chorus had various meanings for students. For some it meant a way to relax and enjoy a break from academic classes.

"Some of my closest friendships began in chorus. Now, choir is a break where I can be laid back and be myself. Although we get a lot done, it wouldn't be the same without them," junior Krista Olson said.

Friends weren't only made between the students. Choir members felt a great kinship with their instructor, Dr. Gary Schwartzhoff. During an all-school assembly, the Freshman Choir presented Schwartzhoff with a bouquet of roses, showing gratitude and remorse for his resignation.

For others, emotion and expression contributed a significant part to their singing.

Singing had been a lifetime commitment for some, and continued to be a major part of their lives.

"I was singing before I could even say my first word. If I wasn't singing, I would be overwhelmingly bored. I don't think my life would be the same without chorus; it makes an immense difference in each day," senior Tim Hoekstra said.

No matter what their reasoning behind being in chorus, to improve technique, make new friends, or just have fun, students agreed that choir was worth their valuable time and effort.

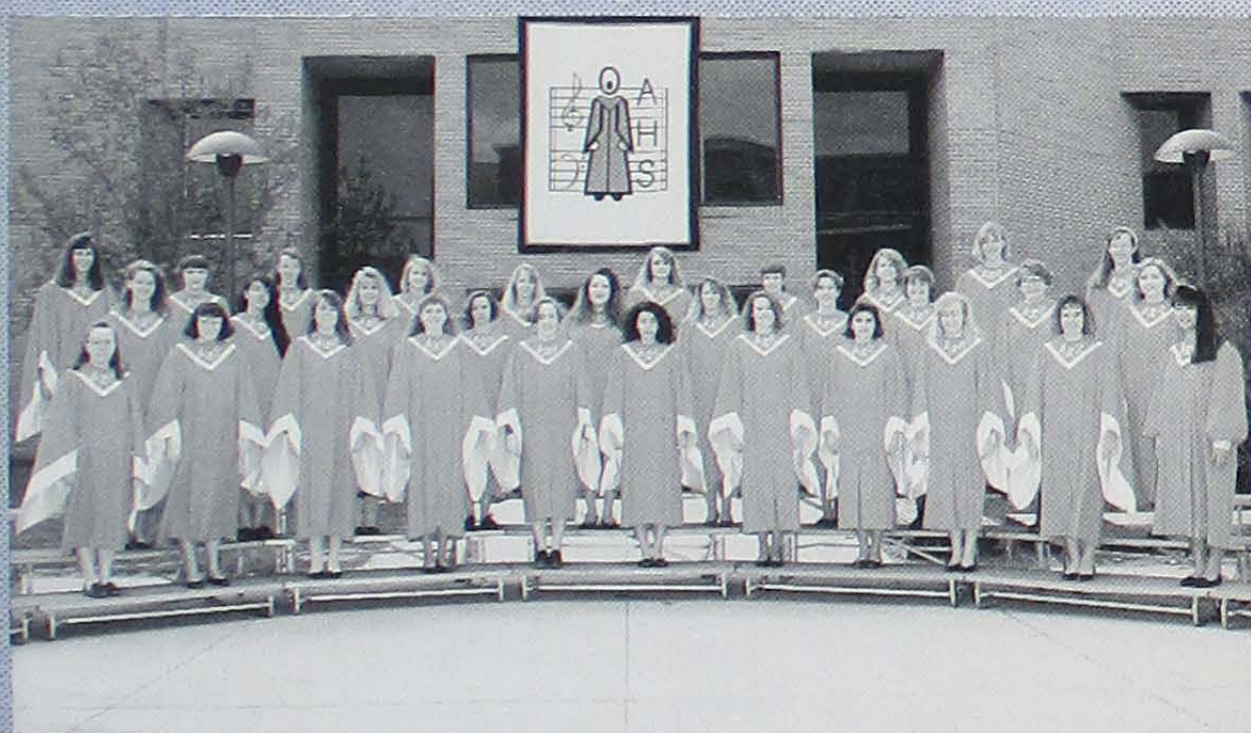
Singing was not the only task students had to master, Dr. Schwartzhoff's directing was also a crucial part of each performance. Concerts were the reward for the Freshman Choir's daily efforts. (Photo by Jason Swift)

No performance would be complete without a piano accompaniment. Senior Angie Kim, who has won many awards for her playing, often accompanied Concert Chorale. (Photo by Aaron Jones)



Chamber Choir. Front Row: Robert Gooch-Peterson, Devon Alexander. Second Row: Chrissy Spike, Solveig Johnson, Latifah Faisal, Neena Paul, Chrisie Pfeifle. Third Row: Kjersten Johnson, Nupur Ghoshal, Rebecca Shimkus, Margaret Lloyd, Holly Anderson, LeAnne Ford, Katie Mayfield, Angela Smith. Fourth Row: Tim Hoekstra, Jason Moore, Bob Goodfriend, George Morden, Andy Stevenson, Mark Robinson, Marcus Ryan. Back Row: Jonathan Good, Mark Skluzacek.





Treble Choir. Front Row: Bliss Newton, Gwen Horton, Solveig Johnson, Becky Allen, Mandy Lloyd, Sophie Ellmaker, LeAnne Ford, Courtney Huiatt, Amy Swyer, Teresa Andrews, Sabrina Bakken. Second Row: Corine Hegland, Latifah Faisal, Kjersten Johnson, Sara LeBrun, Cara Peterson, Laura Young, Aimee Dutton, Amy Bartine, Amanda Hetzel, Sarah Buchwald. Back Row: Jessica Hugdahl, Jessica DeJong, Martha Whitaker, Erin Hoffman, Lisa Moore, Katherine Vaughan, Heather Alexander, Sherri Massey, Amy Henderson, Katherine Whitaker.



Chamber Singers. Front Row: Tom Pepper. Second Row: George Morden, Solveig Johnson, Tim Hoekstra, Nupur Ghoshal, Devon Alexander, Margaret Lloyd, Monty Faidley, Katie Mayfield, Marcus Ryan, LeAnn Ford, Bob Goodfriend, Neena Paul. Back Row: Mark Skluzacek, Kjersten Johnson, Mark Robinson, Latifah Faisal, Andy Stevenson, Rebecca Shimkus, Johnathan Good, Holly Anderson, Robert Gooch-Peterson, Chrissy Spike, Jason Moore, Christie Pfeifle.

After choir practiced for hours at a time, audiences enjoyed their

-Krista Heinzig

Conversations and whispers rippling through the audience came to a rolling stop. A blanket of silence enveloped the atmosphere in the few minutes remaining before show time. Tension hung in the air as clammy palms and queasy stomachs impatiently waited for time to tick by and for Dr. Gary Schwartzhoff to assume his stance. The lights dimmed. Voices blended and harmonized as the performance began.

Chorus provided an opportunity for students to express their vocal talents. Whether harmonizing in a quartet for small group contest or mixing with a mass of over 50 students, performing demanded endurance and enthusiasm.

Sound of Music

"I like performing in front of a receptive audience. A standing ovation after singing your best is the greatest feeling. Being part of a large choir is fun because of the accomplishments

we achieve when we work together and practice hard," sophomore Jonathan Good said.

Concerts, contests, the annual Madrigal Dinner, and various public performances in the Ames area meant extra hours of practice to prepare and reach the state of perfection expected.

"When the Chamber Singers were practicing and preparing for our performance at the Madrigal Dinner, we were supposed to be ready to sing by 7 a.m. Most people didn't show up until 7:30, though. It's not that we weren't dedicated, it was just hard for everyone to get up that early," senior Margaret Lloyd said.

Some ambitious students who looked for more singing experience than what the standard school concerts offered opted to involve themselves in extra choral activities.

"Participating in a quartet for small group contest requires a tremendous amount of responsibility on the part of each person in the group. We meet outside of class. If somebody decides to skip rehearsal or to not show up it affects the entire group, and it also reflects in our ability to perform in front of the judge at contest," junior Paul Boyd said.

Junior Rebecca Allen also found that participating in small group contests was demanding.

"I sang a solo in a sex-

tet. I felt nervous at first, but my friends gave me a lot of support. We ended up receiving a division I rating," Allen said.

At the large group contest in the spring, Concert Chorale and Treble Choir's dedication was evident as the choirs each received a division I rating.

A sense of confidence and feeling comfortable in front of an audience pushed the vocalists to peak performances while still allowing them to have fun.

"I like concerts because I've spent so much time and effort working on a song. At a concert I know I'm performing it the best I can," freshman Brian Parrish said.

The climatic thrill at a live performance for some students existed not only in self-satisfaction, but in the notion that they were with some of their best friends.

"Most of my good friends are in chorus with me. Accomplishing something with friends is much more meaningful than just accomplishing something with strangers or acquaintances," senior Kimberly Allen said.

Between the hush of the audience and the roar of applause, chorus members found a niche for their talents. With the combination of effort and dependability, the thrill of performing proved worthy.

Concert Chorale members, including graduating seniors, perform at Commencement in May. The Chorale performed two selections, one featuring a solo by senior Margaret Lloyd. (Photo by Aaron Jones)



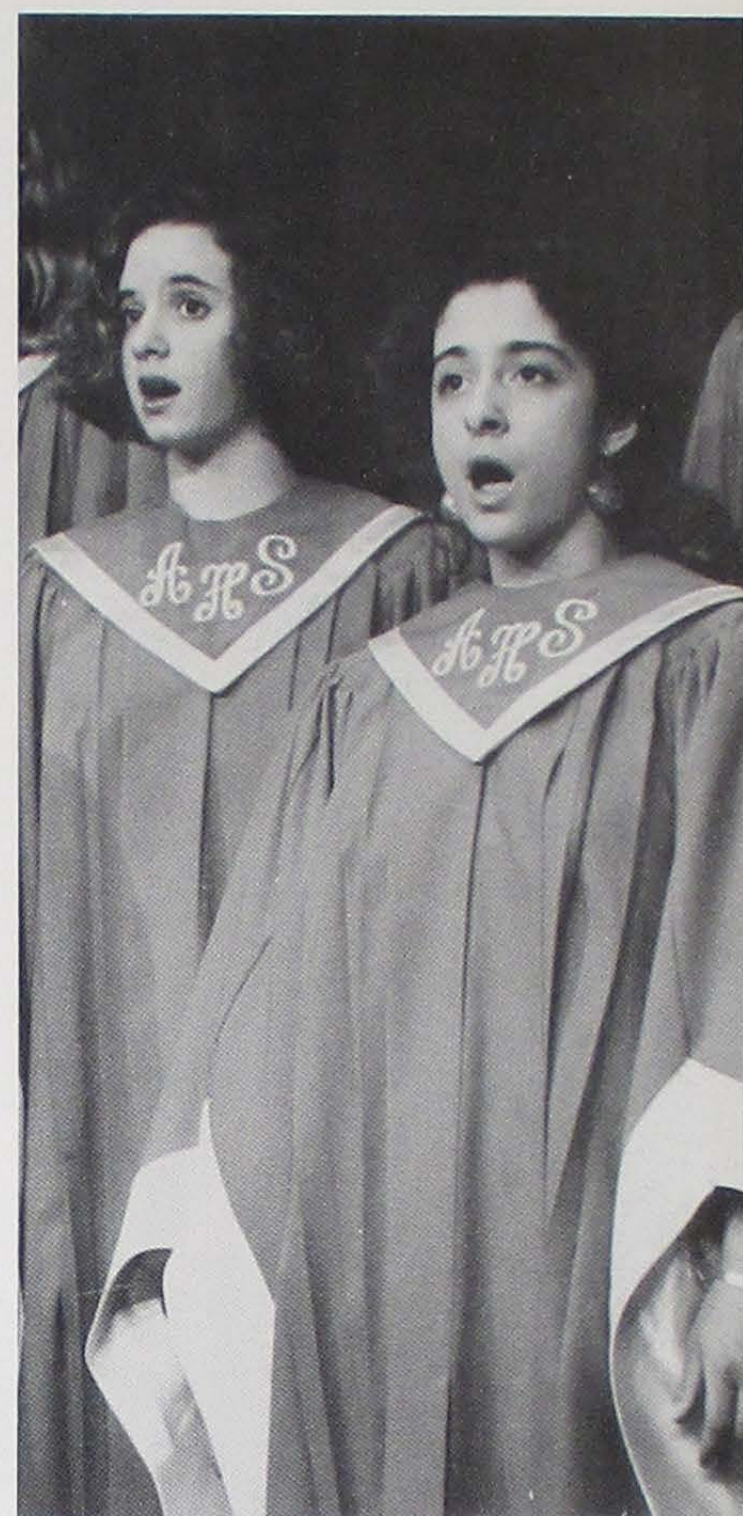
Freshman Choir. Front Row: A. Olson, D. Anderson, D. Katz, B. Holger, M. LaGrange, C. Hegland, D. Shonrock, A. Giri, R. Anderson, A. Hetzel, J. Scott, E. Barta, A. Henderson, J. Allard, A. Mullica, K. Ellingson. Second Row: L. Hefley, B. Pang, R. Paulson, A. Reed, J. Leek, L. David, T. Pepper, E. Krafur, C. Zeimet, M. Harms, J. Lynott, C. Kindred, G. Goodfriend, M. Knutsen, J. Phillips, T. Higgins, D. Pantenburg. Third Row: A. DeHoet, K. Lutz, J. Troeger, M. Noland, S. Keller, R. Geiger, J. Storck, B. Baetz, N. Hanna, A. Vogel, M. Mayfield, H. McDorman, N. Giddens, S. Gibb, S. Bakken, S. Snyder, J. Jansen, A. Ellmaker. Back Row: M. Kell, B. Titus, L. Foote, K. Purdy, J. Hugdahl, J. Aslesen, B. Lewis, B. Parrish, D. Faux, S. Allen, E. Prochaska, N. Osborn, B. Jones, A. Brown, D. Brinkman, C. Salvo, B. Stott, E. Hernandez.





Members of the Concert Choir add a little rhythm to a piece at the Winter Choral Concert. This was one of the four seasonal concerts for which the choral department prepared. (Photo by Colin Brennan)

At the Fall Choral Concert held in the auditorium, sophomore Sara LeBrun and senior Sonya Bibilos concentrate on maintaining their vocal pitches. LeBrun and Bibilos sang mezzo in Treble Choir. (Photo by Colin Brennan)



Concert Chorale. Front Row: W. Huntington, A. Whigham, R. Gooch-Peterson, J. Berger, N. Nakadate, L. Faisal, G. Morden, R. Shimkus, L. Ford, M. Anderson, L. Vermeer, J. Moore, C. Pfeifle, M. Ryan, K. Goudy, K. Daddow. Second Row: K. Langert, B. Ford, J. DeJong, M. Sutch, C. Bortz, A. Stevenson, J. Moehlman, H. Anderson, C. Spike, B. Dinsmore, A. Kim, B. Goodfriend, C. Bianchi, C. Scott. Third Row: C. Biggerstaff, M. Robinson, R. Allen, E. Martin, K. Johnson, T. Hoekstra, M. Lloyd, N. Goshal, D. Alexander, N. Paul, P. Boyd, M. Patterson, S. Taylor, C. Chen. Back Row: J. Ballantine, S. Bakken, S. Johnson, C. Puffer, M. Skluzacek, K. Mayfield, M. Prochaska, J. Siebert, J. Meadows, J. Good, K. Allen.



Concert Choir. Front Row: I. Boston, J. Johnson, J. Hertz, E. Hoffman, K. Oshel, M. Ryan, D. Boehlje, A. Burrier, H. Alexander, L. Curtis, A. Shirk, S. Hawana, T. Henderson. Second Row: L. Trede, L. Larson, C. Houge, A. Terpstra, T. Reger, T. O'Berry, B. Wuhs, S. Reger, K. Abendroth, S. Taylor, R. Wilke, C. Wagner. Third Row: E. Merkley, T. Hulsey, T. Johnson, M. Larson, M. Anderson, C. Puffer, S. Shapiro, C. Berrett, D. Patterson, A. Athreya, V. Heinze. Back Row: A. Smith, L. Uhlenhopp, J. West, M. Randall, B. Parrish, C. Paige, T. Rutter, J. Bunde, M. McDowell, M. McCracken.

The rental of tuxedos put the already formal-looking orchestra in Full Dress

-Jennie Jones

One brisk fall evening you stroll down the auditorium steps, your eyes slowly scanning the rows of seats for a prime spot. As you make your way to your seat, the squeak of violin strings and the twongs of a cello reach your ears as you try to pick your friend out in the viola section as the orchestra warms up for a concert. Then the blast of a trumpet and a pounding drum grab your attention.

"Is this an orchestra *and* band concert?" you ask a neighbor.

"No, it's a full orchestra concert," she replies.

The addition of wind and percussion instruments make a string orchestra a "full" orchestra. In other years it had been difficult for the wind and percussion instrument players to practice with the orchestra because of scheduling conflicts. But this year it was possible for band students to practice with the orchestra and to play in

concerts with them. This helped the orchestra in many ways.

"We were able to get a fuller sound with the band instruments. Most orchestras that you hear are full orchestras. It adds to the whole group because it is more challenging," junior Christine Willard said.

Part of the challenge came from having to work with more instruments than ever. And more instruments meant more difficult music was available for the orchestra to play.

"The music we played was challenging, good quality music, usually classical works by composers like Mozart. It wasn't any easy stuff that we could learn in two days. We had good exposure to a lot of literature," senior Tim Hoekstra said.

Being able to play more difficult pieces, the orchestra decided it was time to show off their talent and compare their playing to that of other orchestras around Iowa.

"This was the first year in the history of Ames High that a full orchestra had the opportunity to go to contest. We earned three 'ones', which is the highest score you can get," conductor Mary Kay Polashek said.

At contests playing isn't everything—appearances count, too. So, as an experiment, all of the male members rented tuxedos for their concerts and contests.

us look better, more together," junior Jamie Lang said.

But as it does in everyday situations, looking good costs money. The girls had to wear white blouses and black skirts. Guys had to rent their tuxes at \$65 for the year. To help combat clothing expense, as well as other orchestra costs, members participated in a number of fundraisers.

"We had a car wash at Target, sold chocolate bunnies and other candy around Easter and had several pop and Do-Biz cookie days. If guys worked at these fundraisers they were able to earn money for their tux rental," junior Andy Stevenson said.

The fundraisers, the concerts and the contests wouldn't have been possible or even necessary if there weren't students who wanted to play in the orchestra. But due to efforts by Polashek, the orchestra quintupled its numbers in four years.

"When I was a freshman there were only seven people in orchestra and this year there were 36. Mrs. Polashek has made the orchestra grow by going out and promoting its image," senior Elizabeth Holder said.

Polashek's efforts, students' hard work and a scheduling miracle made a full orchestra—full of people, fun times and talent.

"It needed to be done for conformity throughout the orchestra; it made

With quick but diligent moves, members of the orchestra wash a car in the Target parking lot. The group held the car wash to raise money for tuxedo rental and other expenses they incurred during the school year. (Photo by Joe Schafer)



Orchestra. Front Row: N. Lloyd, J. Dieter, A. Draper, M. Liao, R. Gooch-Peterson, T. Hoekstra, J. Sturges, D. Kuhl, A. Liao, A. Thomas, A. Stevenson, C. Dieter, A. Murdock. Second Row: A. Cooper, A. Moore, B. Yeung, K. Hsu, A. Ellmaker, J. Hugdahl, M. Willard, R. Su, J. Ng. Third Row: Conductor M.K. Polashek, S. Johnson, K. Oshel, C. Willard, A. McJimsey, B. Peterson, D. Sibbel, A. Poague, K. McGinness, A. Wagner, V. Reed. Fourth Row: E. Holder, B. Dinsmore, N. Chowdhery, V. Tsai, A. Gilley, J. Skaff, B. Schilling, K. James. Fifth Row: B. Rieck, E. Helmuth, D. Slaughter, A. Nelson, J. Swift, J. Lang, C. Biggerstaff, K. Yang, S. DeLuca. Back Row: B. Lanxon, G. McConnell, S. Litchfield, J. Berger, J. Lynott, T. Fadeyi, K. Lassila, M. Haubrich.





Eyes on the page and bows in position, juniors Alan Murdock and Nick Lloyd patiently wait for their cue to begin playing their basses. The orchestra was practicing for its first-ever contest appearance. (Photo by Aaron Jones)

Running through a warm-up, sophomore Alastair Draper prepares for practice. Orchestra members each had one period a week of solo practice in addition to their group practices. (Photo by Aaron Jones)



Caught up in performing the song, members of the orchestra concentrate on the notes as they flow from the paper, off the bow and into their ears. This orchestra was the largest ever at Ames High. (Photo by Aaron Jones)

Band's pounding rhythm and infectious tunes brought listeners

Off Their Seats

-Nicole Stocks

Go AHS! Go AHS! Yeah! This chant will always be heard from the crowd at Ames High sporting events. The crowd's spirit helps the teams, but something that helps them in addition are the bands. This held true with the 1990-91 bands. Students played their hearts out to demonstrate their school spirit in competitions and performances.

"It's really fun to play the drums at the pep rallies and games, because the crowd can hear me over everyone else," senior Ben Goodwin said.

A lot of time and effort went into preparing songs for performances at athletic events.

"The band spent the two weeks before school started preparing march-

ing routines for the fall season," junior Matt Welch said.

Instruments weren't necessary for all band members. Alternatives existed that were just as fun for spectators to watch that students could choose.

"Marching band gives students who don't play an instrument a chance to participate. The auxiliaries like color guard and baton twirling add a nice, visual aspect to the fall marching season with their color and flash," junior Stephanie Coon said.

Pep Band may not have been quite as visual, but members agreed that getting the crowd involved was just as important as playing well. There were certain songs they played that brought crowds of football and basketball fans to their feet in a clapping, gyrating mass.

"There are a lot of great songs to play to rouse the crowd and get them jumping around. 'Tequila' and 'Land of a Thousand Lakes' (the Hamm's song) seem to be the favorites," senior Kari Rosenbusch said.

Their enthusiasm wasn't just reserved for Ames High. Once the Pep Band performed for an ISU basketball game as well.

"It was really exciting because we were a replacement for the Iowa State Pep Band. I think we were just as good too," senior Jodi

Skaff said.

There was also a competition held at Waterloo West. Over 75 percent of the members received a Division I rating from judges which was Ames' all-time best.

"The judges already have criteria they judge you on. Your tone, articulation, musicianship, and how well you play," senior Gerald McConnell said.

But band wasn't just about performing and competing.

"The songs are really fun to play in the Freshman Jazz band. It makes it fun because everybody is really close and a lot of my friends are in there with me," freshman Angie McConnell said.

The Freshman Jazz Band held one performance which took place at the Ames Public Library in May.

"We didn't get to perform a lot but when we did it was a good experience. There was a pretty good size crowd and they seemed to enjoy it," freshman Robina Chowdhery said.

With great participation members were able to show their school spirit through their musical talent in competitions and performances.

"It's been a successful year in the Ames High band program with many fine performances, excellent contest results, and high enrollments," director Homer Gartz said.

Band members often put in time outside of class. During their weekly practice session, senior Noreen Chowdhery and sophomore Jana Hertz play a duet together as their instructor listens for areas to critique. (Photo by Bob Parr)



Marching Band. Front Row: B. Shilling, A. Terpatra, S. DeLuca. Second Row: G. Horton, D. Patrick, B. Bruton, M. Shimkus, L. Welch, K. Hodges, H. Christensen, R. Nichols, S. Rogers, K. Yang, J. Schrad, A. Wagner, D. Peterson, C. Huiatt, A. Gilley, T. O'Berry, D. Pantenburg, T. Faden. Third Row: J. McKee, J. Skaff, B. Butin, J. Skaff, A. Leeman, A. Buttermore, V. Heeren, E. Kim, K. Hui, N. Lewis, D. Sibbel, J. Berger, K. Rosenbusch, R. Ratashak, K. Windom, D. Vanderschaaf, B. Peterson, T. Rutter, L. Nakadaiz, B. Stott. Fourth Row: S. Ellmaker, K. James, S. Snyder, S. Dietz, R. Chowdhery, E. Helmut, J. Pugh, A. Sheets, K. Hues, V. Brace, C. Pfeifle, C. Skrdla, B. Titus, A. Nelson, K. Naas, J. Goehring, N. Brcka, N. Bertelson. Fifth Row: M. Welch, C. Biggerstaff, S. Coats, S. Curran, M. Mundt, K. Whitaker, N. Martin, C. Hawley, B. Dinamore, V. Tsai, A. Drake, N. Chowdhery, R. Lutz, Y. Chang, A. Smith, J. Bowman, M. Harris, J. Hugdahl, R. Farnham, S. Hyde. Sixth Row: C. Houge, C. Burnham, J. Lynott, J. Hertz, A. McJinney, A. Henderson, C. Hegland, J. Leek, M. Jankowiak, B. Rick, A. Miller, R. Stansbery, K. Coons, J. Troeger, A. Gardner, A. DeHoet, R. Harris, J. Morain, C. Klocke. Seventh Row: J. Rhyen, B. Jackson, S. Bailey, E. Peterson, P. Boyd, S. Fox, M. Sweet, J. Krogmeier, J. Coats, K. Lundy, J. Lang, M. Amfahr, M. Haubrich, E. Pavlik. Eighth Row: G. McConnell, D. Byg, J. Moore, H. Anderson, S. Litchfield, S. Litchfield, J. Brubaker, B. Lanson, J. Nelson, S. Kliebenstein, B. Hill, A. McConnell, E. Tosten, B. Douglas, M. Abbot, B. Takle, C. Elwick, K. Wilson. Ninth Row: A. Schafroth, B. Parrish, J. Millemann, M. Olson, F. Greer, V. Hellkaas, Director T. Nehls, Director H. Gartz, Director R. Anderson, Wilson, E. Fretz, S. Pech, B. Smith, J. Coats, J. Good, M. Thomas, J. Swift. Back Row: G. Goodfriend, A. Olson, L. Elbert, L. Young, T. Higgins, A. Levings, C. Kindred, K. Allen, E. Prochaska, S. Taylor, E. Andrews, M. Whitaker, A. Ellmaker, S. Coon, D. Katz, J. Flieler, L. Moore.



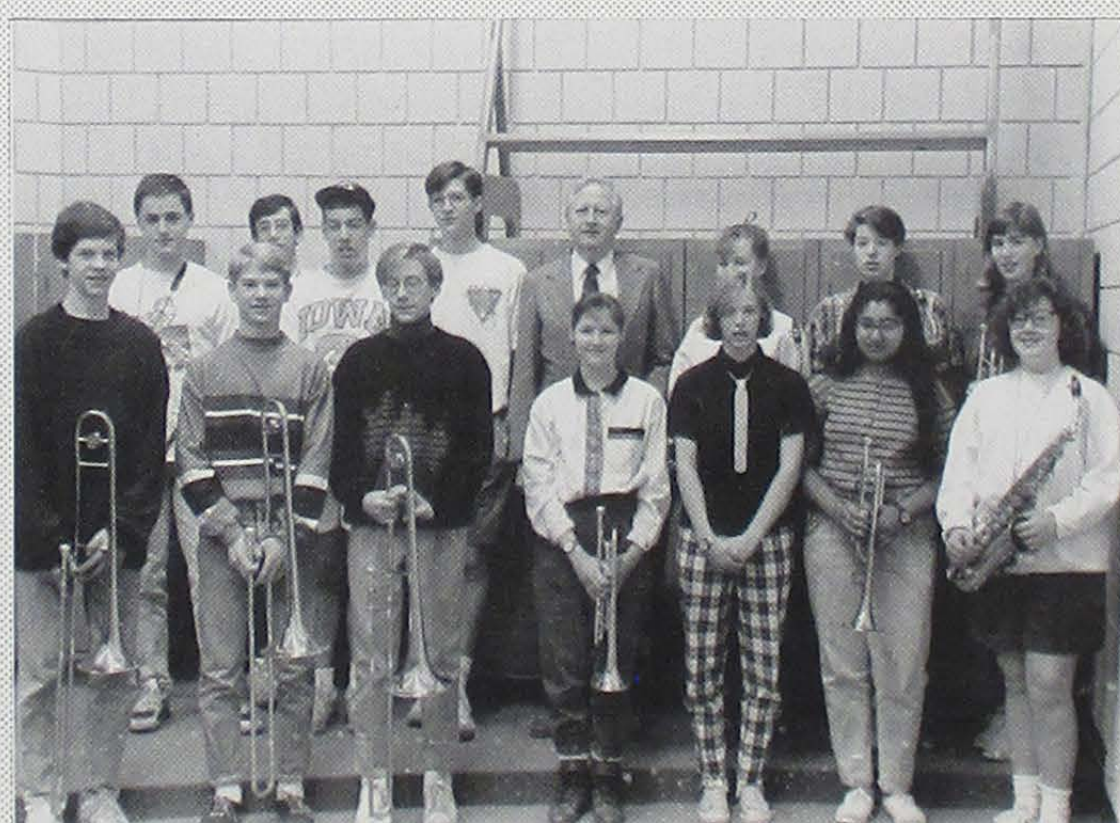


Even though there is a football game going on, drum majors junior Sandra DeLuca and senior Brett Schilling entertain their fellow band members with a puppet show. (Photo by Joe Schafer)

Tooting one's horn was usually not something others enjoyed, but when it was a baritone, like the one played by senior Karl Lundy, its playing was encouraged—especially during band practice. (Photo by Aaron Jones)



Jazz Band. Front Row: Steve Litchfield, Shawn Kliebenstein, Kari Rosenbusch, Nan Brcka, Sarah Coats, Ben Jackson, Cassandra Biggerstaff. Second Row: Director Homer Gartz, Nick Lloyd, Alicia Gilley, Jennifer Goehring, Gerald McConnell, Brad Erickson, Matt Thomas. Back Row: Jody Berger, Brad Lanxon, Joe Newman, Jason Brubaker, Mike Amfahr.



Freshman Jazz Band. Front Row: Jesse Coats, Judd Bowman, Mark Harms, Katherine Hodges, Suzy Dietz, Robina Chowdhery, Andrea Olson. Back Row: Zac Frederick, Jeff Halliburton, Scott Litchfield, Alex Schafroth, Director Roger Anderson, Jean Lynott, Bernadette Hartman, Angie McConnell.

The band's trip to Chicago had them all heading out

On The Highway

-Jennie Jones

Between the numerous varsity football and basketball games and all the pep assemblies, "Loyalty" was the one song almost any band member could play. But for four days in May, "Chicago" was ringing in their ears.

On May 4-7 Ames High's instrumentalists invaded the Windy City to see the sights and sounds of Chicago and, of course, to play their instruments.

"Once every three years the band takes a trip. We had a choice between Chicago and Orlando, Florida, but Chicago was cheaper so we went there," sophomore Toby O'Berry said.

Cheaper, however, did not mean free. While some opted to pay the whole \$125, others found a way to reduce the trip's cost.

"By selling band candy you could bring down the cost of the trip. A few sold a whole seven boxes, which allowed them to go free, but most got it under \$100," junior Mike Amfahr said.

It was a good

thing the students saved money before going because there was plenty for them to spend it on once they got there.

"It was so fun because we did so many things. We went shopping at places like Bloomingdale's and Water Tower Place; we went to the Art Institute—I loved being able to finally see the originals to all the paintings I'd seen in books. Then we went to Six Flags for a day," senior Becky Rieck said.

In a place like Chicago where there was so much to see and do and buy, there were lots of people there to enjoy it all. As a result, band members got to meet people whom they never would have encountered in Ames.

"A friend and I were standing on a street corner and this guy came up and tried to sell us ball-point pens. Then he started telling us we were pretty girls. We left as soon as we could. Now I can laugh at the whole thing," junior Amy Wagner said.

While running around doing all those things, one might wonder if the band ever played. They did—once. But it wasn't as if they didn't want to.

"Our major performance was scheduled in this place that couldn't hold all 180 of us, and it was raining

outside so we couldn't play there either. I was disappointed that everyone had to drag their instruments so far and hardly got to play," sophomore Joel Morain said.

The band's one performance was for the DePaul University band, who in turn played for Ames High.

"After we played for the college band, their director gave us tips on what to do and critiqued our performance. It was good to get an opinion from a different director," freshman Laurel Nakadate said.

The critique helped the band members' actual playing of their instruments, but being together for four whole days changed members' attitudes about each other.

"I got to know a lot of people I didn't really know that well before. I think it helped the whole band get to know each other better and to like playing together," senior Aaron Nelson said.

Even though being set free in the Windy City blew all thoughts of Ames High out of the band members' minds, there was one kind of loyalty they learned—loyalty to each other.

Music is something senior Brad Lanxon can't seem to get enough of. En route to Chicago he and senior Steve Litchfield (in a coonskin cap) try to make the best of the seven hour trip. (Photo by Kari Rosenbusch)

On the bus home from the band's whirlwind tour of Chicago seniors Joe Newman and Alicia Gilley catch up on lost sleep. With all the sights they saw and the things they did it was no wonder they were tired. (Photo by Kari Rosenbusch)



Concert Band. Front Row: A. Wagner, D. Sibbel, J. McKee, C. Biggerstaff, J. Skaff, C. Pfeifle, J. Hertz, V. Brace, E. Kim, D. Vander Schaaf, B. Smith, S. Curran, E. Andrews, K. Tollefson. Second Row: V. Tsai, E. Helmuth, B. Rieck, N. Chowdhery, C. Houge, C. Huiatt, H. Christensen, M. Whitaker, J. C. Thomas, S. DeLuca, K. Yang, K. James, B. Schilling, A. Buttermore, J. Fisher, B. Peterson. Third Row: R. Stansberry, A. Miller, J. Pugh, R. Rataahak, C. Hawley, B. Dinmore, A. Leeman, J. Emmerson, J. Rhyon, R. Lutz, G. Horton, F. Greer, K. Nam, A. Smith, J. Good, D. Slaughter, B. Bruton, J. Krogmeier, M. Amfahr, J. Brubaker, B. Lanxon, J. Newman, J. Berger. Fourth Row: S. Rogers, K. Hui, A. Drake, K. Whitaker, A. Gardner, K. Windom, M. Mundt, A. Levings, J. Moore, L. Young, K. Rosenbusch, M. Welch, P. Boyd, M. Haubrich, J. Nelson, B. Freeman, E. Hippen, G. Elwick, D. Patrick, B. Douglas, V. Hatz, H. Anderson, M. Millemann, J. Gochring, A. Nelson, A. Gilley, G. McConnell. Fifth Row: S. Coats, N. Brcka, K. Heuse, A. Sheets, S. Fox, M. Smith, B. Hill, S. Kliebenstein, R. Harris, S. Sloan-Howe, E. Tosten, C. Forsling, C. Burnham. Back Row: Director T. Nehls, Director H. Cartz, S. Litchfield, J. Lang, J. Swift, M. Strahan, B. Goodwin, R. Hartman, M. Abbott, T. O'Berry, B. Takle, D. Stinchart, S. Ellmaker, N. Bertelson.





Symphonic Band. Front Row: A. Wagner, D. Sibbel, J. McKee, C. Biggerstaff, J. Skaff, C. Pfeifle, J. Hertz, B. Peterson. Second Row: V. Tsai, E. Helmuth, B. Rieck, N. Chowdhery, L. Young, K. Rosenbusch, M. Welch, M. Sweet, J. C. Thomas, S. DeLuca, K. Yang, K. James, B. Schilling. Third Row: R. Stansbery, A. Miller, J. Pugh, R. Ratashak, C. Hawley, J. Good, D. Slaughter, B. Bruton, J. Krogmeier, M. Amfahr, J. Brubaker, B. Lanxon, J. Newman, J. Berger, B. Freeman, H. Anderson, M. Milleman, J. Goehring, A. Nelson, A. Gilley, G. McConnell. Fourth Row: S. Coats, N. Brcka, K. Heuss, A. Sheets, C. Forsling, P. Boyd, M. Haubrich. Back Row: Director Homer Gartz, J. Swift, J. Lang, S. Litchfield, M. Strahan, B. Goodwin, M. Abbott, R. Hartman.



Freshman Band. Front Row: T. Rutar, V. Heeren, B. Butin, D. Cantonwine, J. Fiehler, J. Skaff, J. Leek, J. Schrad, A. DeHeot, T. Higgins. Second Row: B. Stott, S. Dietz, C. Skrdla, A. Henderson, B. Titus, D. Pantenburg, D. Williams, S. Snyder, T. Fadey, A. Ellmaker, L. Nakadate, C. Hegland, J. Hugdahl, J. Troeger. Third Row: A. Nelson, A. Olson, B. Hartman, R. Farnham, J. Lynott, R. Nichols, Z. Frederick, K. Fretz, M. Jankowiak, L. Welch, N. Martin, M. Shimkus, R. Chowdhery, D. Sivesind, C. Klocke, K. Hodges, A. McConnell. Back Row: Director R. Anderson, J. Halliburton, S. Litchfield, D. Byg, N. Lewis, D. Peterson, S. Pech, B. Parrish, B. Dunmire, S. Bailey, L. Freeman, J. Bowman, J. Milleman, J. Coats, J. Huehn, M. Harms.

Standing on a ledge, freshman Clint Zeimet tries to persuade someone to commit suicide with his firm in "The Ledge, the Ledger, and the Legend," which was directed by senior Mary Trahanovsky. (Photo by Ted Deli)

In the spring play "You Can't Take It with You", Mr. Sycamore's servant, played by junior Aaron Jones, poses to have his portrait painted by Mrs. Sycamore, played by sophomore Angie Shirk. (Photo by Bob Parr)



Alice, freshman Caitlin Fashbaugh, tells her father, sophomore Chris Burnham, and her grandfather, senior Travis Senne, that she is going to go out with Tony Sycamore in "You Can't Take It With You." (Photo by Bob Parr)

Hard work
and a
passion
for drama
brought

The Act Together

-Karen Hsu

"Wow, what an explosive show!" senior Travis Senne said after the spring production "You Can't Take It With You" closed its curtains after its final performance. One could have taken that statement figuratively, but it could have also been taken literally, since the play included real fireworks exploding during the show.

Not only was the spring play explosive, so were the senior directors for the annual One Acts. With years of experience in Ames High drama productions and a chance to be in charge, the senior Thespians were fired up at the challenge and brought a dynamic beginning to the second half of the year.

"It felt really good to be a director after being in so many productions. You get a chance to see what you do yourself when you're on stage," senior Sonya Bibilos said. Bibilos was one of the seven One Act

directors.

Working under their friends, the actors found being in One Acts had its good and bad points.

"Since we were friends with most of the senior directors, you knew what they were looking for when they were directing. But then, since we did know them, it was a lot harder to get right down to work. It was harder to think of them as an authority than Hank," freshman Laurel Nakadate said.

Seven One-Act productions proved too much for one evening, so the drama department pulled the curtains for two opening nights. Four shows were performed on Wednesday and three on Thursday, the usual opening night.

"Since three of the One Acts went one night and the other four went on the other, we only performed twice, instead of three times. That made it easier because then I got a night to rest between the show I was in and I could also watch the other shows," freshman Tom Pepper said.

While actors worked hard memorizing lines and actions to shine in the spotlight in both One Acts and the spring play, the scenery, make-up, and lighting crews worked hard behind the scenes to make ev-

everything else go right.

"I usually spend around 100 hours working on crews per production. It consumes a lot of your time but you feel fulfilled when it's all done. You can tell the people who are really dedicated and have the passion for drama because they are the ones who come back again and again to help on crews even though they may not be acting," sophomore Aimee Dutton said. Dutton was the make-up crewhead for the spring production.

On May 16-18, the drama department presented "You Can't Take It With You," a comedy that focused on a family of unusual people with one normal member, Alice, and her love for a boy from a conservative family.

"I think the spring play was the best because it was pure comedy and the audience really enjoyed it. 'Dark of the Moon' (the fall production) was a serious drama and 'Taming of the Shrew' (winter play) had physical comedy, but the audience reacted best to 'You Can't Take It With You' because it was so real," junior Mark Sutch said.

Even though the script was filled with knee-slapping jokes and humorous lines, it was the cast that made this production so special, according to junior Andy Stevenson.

"Personally, it was my favorite of the year. It basically had mostly to do with the cast. Everything worked out and the production was a nice memory of the seniors. It was the perfect way to end the year," Stevenson said.

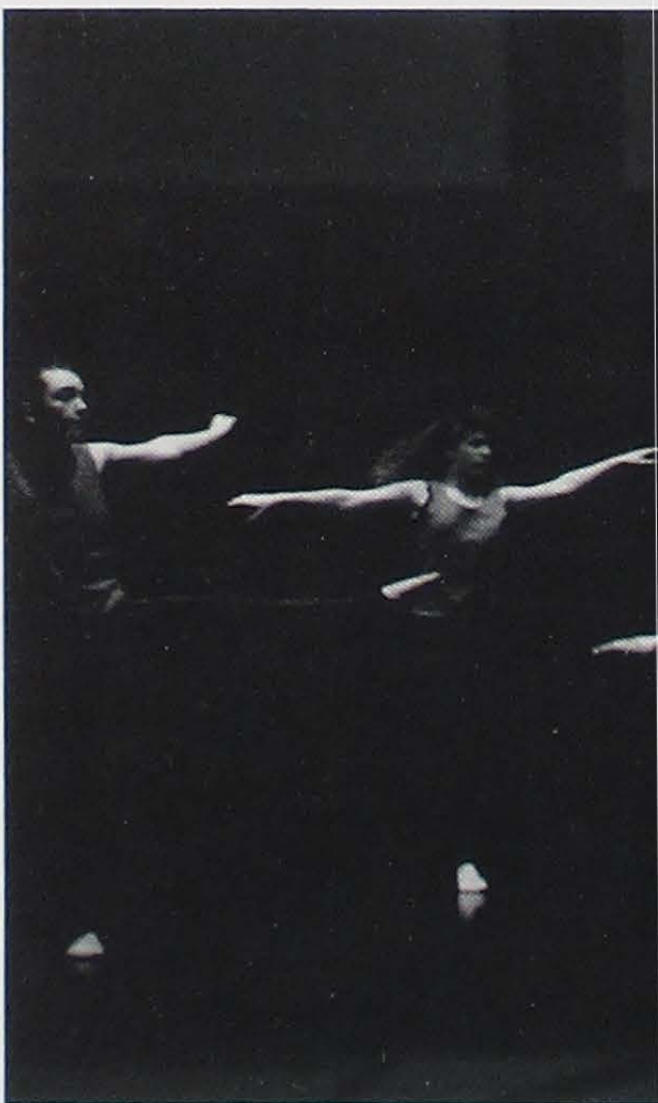


In Travis Senne's "Werewolf", the werewolf, freshman Brian Parrish, attacks the psychiatrist played by freshman Ben Lewis. The drama department performed the One Acts February 20-23. (Photo by Bob Farr)



Reaching towards the sky, freshman Shaly Seecharan and sophomore Ruth Wilson dance to "The Challenge of the Love Warriors," by The Tom-Tom Club. (Photo by Bob Parr)

Floating around the stage, senior Sarah VanDeusen, freshman Emily Barta, senior Kara James and sophomore Anne McJimsey perform a dance. (Photo by Kendi Neff-Parvin)



Meaningful
music and
intricate
dance
steps gave
students a

New Modern Message

-Jennie Jones

Different, unique, bizarre; these three adjectives kept popping up whenever anyone, performer or audience member, described one of Ames High's traditional events, Terpsichore.

"There was a wider variety of dance styles than ever—everything from jazz, ballet, modern to hip-hop. And all of the music choices were unique because the choreographers all had totally different personalities," senior Staci Kepley said.

Despite the fact that many of the performers had taken dance lessons, some found Terpsichore dancing a whole new way to move.

"It was definitely different from normal dancing; it wasn't like ballet or jazz—it was emotional. It was

a new experience for me and it taught me to appreciate that kind of dance," freshman Anna Reed said.

'That kind of dancing' came from trial and error on the choreographers' part as they interpreted their song, so the end result was likely to be a new variation on traditional dance steps. One style was truly modern, just becoming popular in the last few years: hip-hop.

"Hip-hop is the type of dancing people do at parties so I was nervous to do a whole routine of it. But it did teach me a lot about the difference in the dances because I was in another dance in which more traditional steps were used," sophomore Suzanne Vogel said.

New moves weren't the only things with which the dance designers used their innovation. The mix of personalities chose a wide array of music that reflected the messages the individual choreographers wanted to send out.

"Beth Dinsmore and I chose 'Istanbul, Not Constantinople'

by They Might Be Giants because it was silly. When making up the dance steps we just goofed around until the right thing popped out. We just wanted a dance that made people laugh," senior Suzi Hunger said.

"Under the Sea" from the Little Mermaid and "Morning on the Ranch," by Aaron Copeland also punctuated the show with lively beats. Many of the choreographers had no more reason for choosing their song other than the fact that they enjoyed the choreographic challenge their song presented.

"I chose the overture from 'Jesus Christ Superstar' because the tempo changes constantly because it's a mixture of all the play's songs. The only thing I could do was take it one piece at a time," senior Jessica DeJong said.

The show's uniqueness, from the different dance types to variety of songs, made it special for both performers and the audience.

"There was something that reached out to everyone in the audience at some point. The show wasn't really moving—no one brought out kleenex or anything—but it was fun to watch," senior Kim Oldehoeft said.

The show was named for the muse of choral song and dance. With the variety of dance types, lyrics and rhythms, hopefully at least one audience member walked away from one of the "bizarre" performances as inspired by Terpsichore as the Greeks were.



During a still life between dances, senior choreographers Staci Kepley and Anya Whigham wave to onlookers as they "waterski" in their bikinis. (Photo by Bob Parr)

In Staci Kepley's choreographed interpretation of the song "Under the Sea" from the Disney movie "The Little Mermaid," dancers try to imitate a mermaid's moves. (Photo by Bob Parr)

Student Council and Student Senate gave students a chance to

Voice Their Opinions

-Anjeanette Levings

The votes were finally in, and the candidates waited impatiently for the results. As the minutes slowly ticked away, the anticipation grew. Finally the results were given, and the homeroom was notified of their new Student Senate representative.

"(Student Senate) accomplished a lot and our representatives tried hard to get a little recognition for the freshmen," freshman Betty Pang said.

Freshman Senate organized a toy drive during the holiday season and planned a ski trip. The sophomore class had similar projects. There was the sophomore ski trip and the Little Cyclone boxer short sales.

"We did not sell many

boxers; in fact we had to use our entire profit from the ski trip just to buy them. In a way it's kind of funny, but in a bigger way, it's pitiful," sophomore Scott Gabrielson said.

The junior class' main concern was Prom. After magazine, tailgate sweatshirt, and Moose Brother pizza coupon sales to raise money for this special event, the representatives were physically and mentally wiped out.

"It's frustrating your junior year; we all just grin and go through it together. We didn't raise a lot of money, but we did the best that we could with what we had," junior Renee Ripp said.

Student Council also accomplished a lot for the school. During Homecoming, students were urged to help paint the stadium.

"We painted the rails in the stadium, and then later the back hallway. We were really in the painting spirit; we wanted to brighten the school," sophomore Leigh Ann Powell said.

Projects such as the leadership conference and student exchange with WDM Dowling were also carried out by these students.

"We were paired with students from Dowling and went to classes with them. I enjoyed visiting, but I wouldn't want to be a full time student there," senior Staci Kepley said.

Student Council planned everything for Welfare Week, with different activities each day.

The I Ball/faculty basketball game, Air Bands, studyhall and junior lunch buy-out, along with the Morp dance produced money for Welfare Week.

"I believe that we did a good job in raising the money, because virtually any money given to a needy cause is a success," junior Brian Greving said.

All together, students raised \$2,300 that was split between the Ronald McDonald House and the Ames Homeless Shelter. Raising the money was a big accomplishment, but some were prouder of the other projects.

"We have gotten a lot of things done this year that people don't notice, like the student lounge. The reward for our hard work would have to be a sense of pride since we have gotten a lot more done than people think," senior Dan Wilson said.

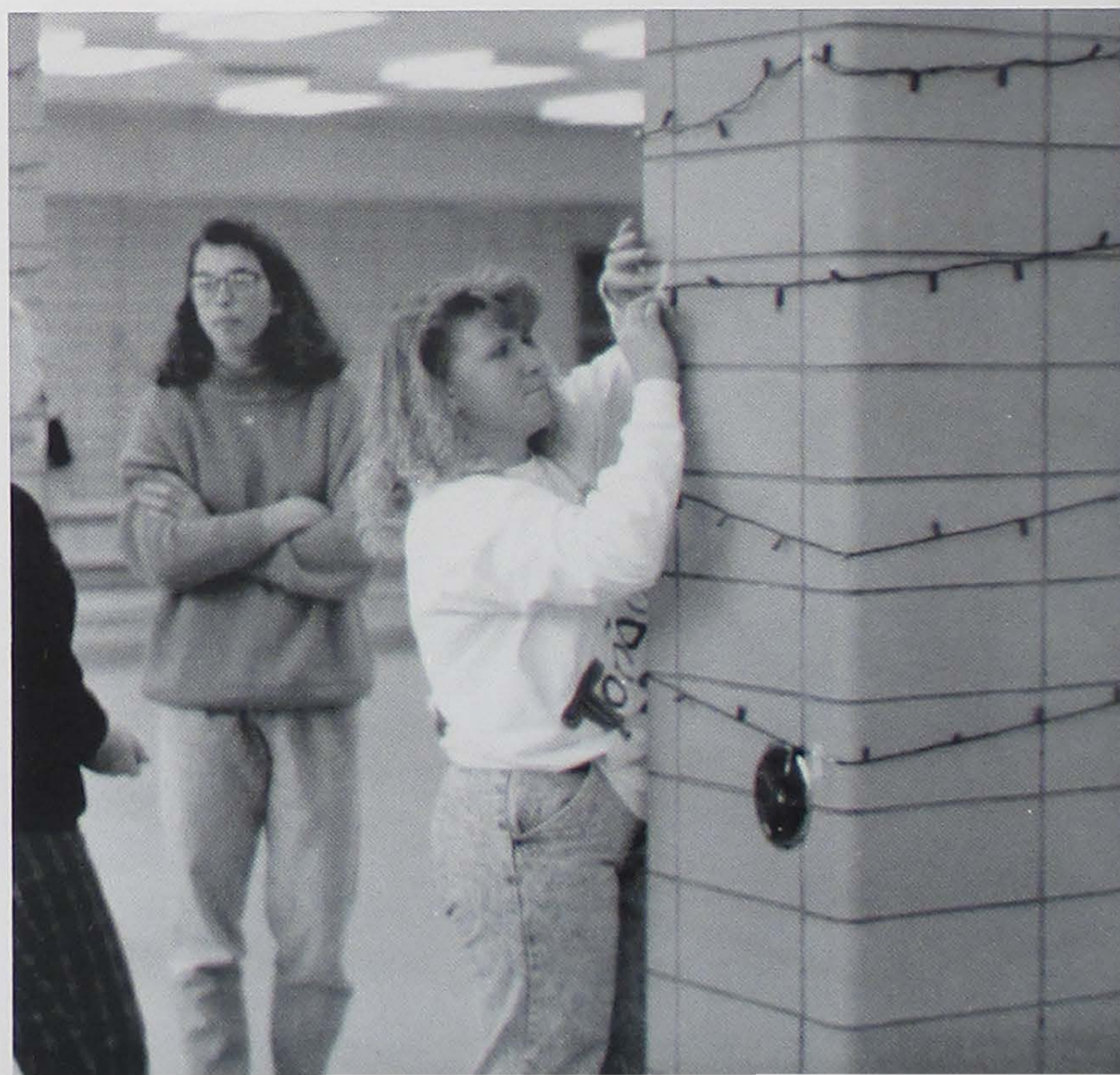
After the winner was selected and congratulations were given, he realized that there was going to be more work than just getting elected, much more.

Decked out as Sonny and Cher, seniors Devon Alexander and Margaret Lloyd lip-synch the song "I Got You Babe." Air Bands helped raise money for charity during Welfare Week. (Photo by Sam Shearer)

The Morp Dance raised money not only for Prom, but also for Welfare Week. Junior Mary Beth Patterson helps decorate the cafeteria for a night of dancing and fun. (Photo by Kendi Neff-Parvin)

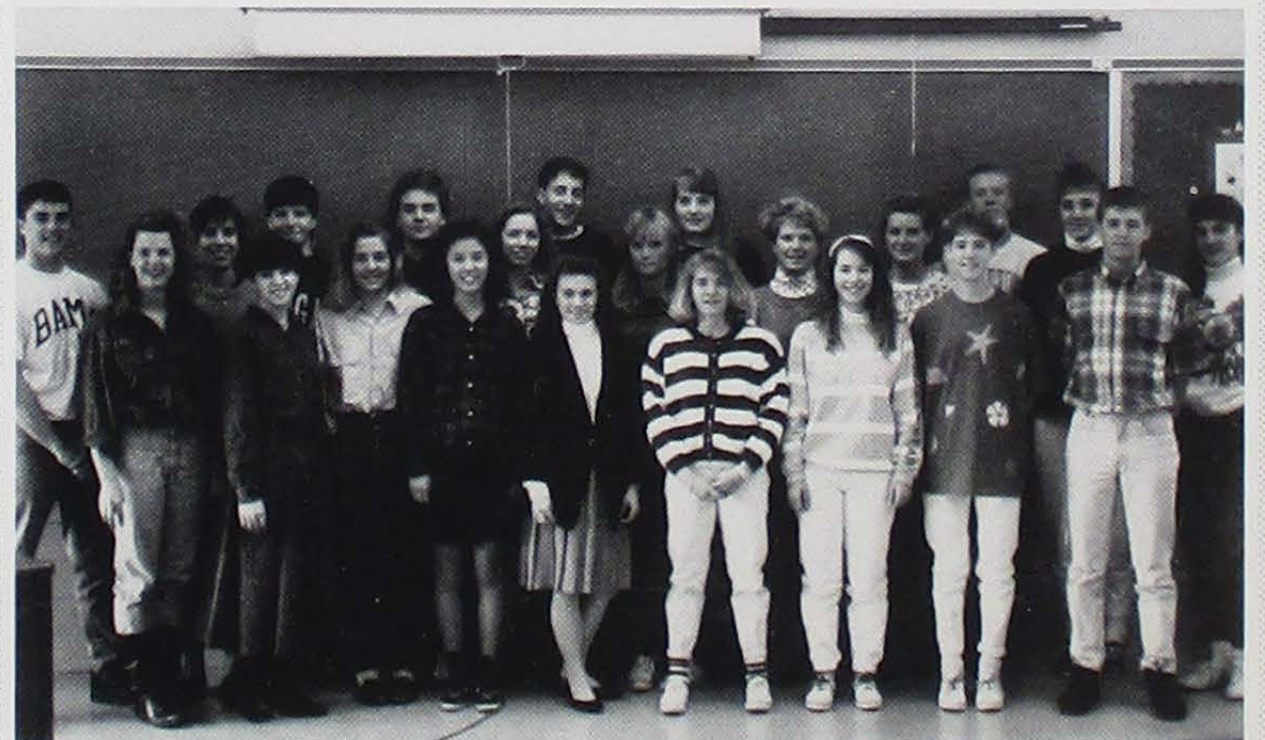


Freshman and Sophomore Senates. Front Row: Becca Jones, Jennifer Phillips, Betty Pang, Annagreta Birch, Emily Barta, Carlos Wesley. Second Row: Duke Knapp, Erin Block, Tom Pepper, Lon Freeman, Clint Zeimet, Laura David, Emily Kim, Corey Groepper. Third Row: Leah Uhlenhopp, Karen Hsu, Melissa Mundt, Scott Gabrielson. Back Row: David Cantonwine, Phil McWaters, Bryan Warme, John Milleman.



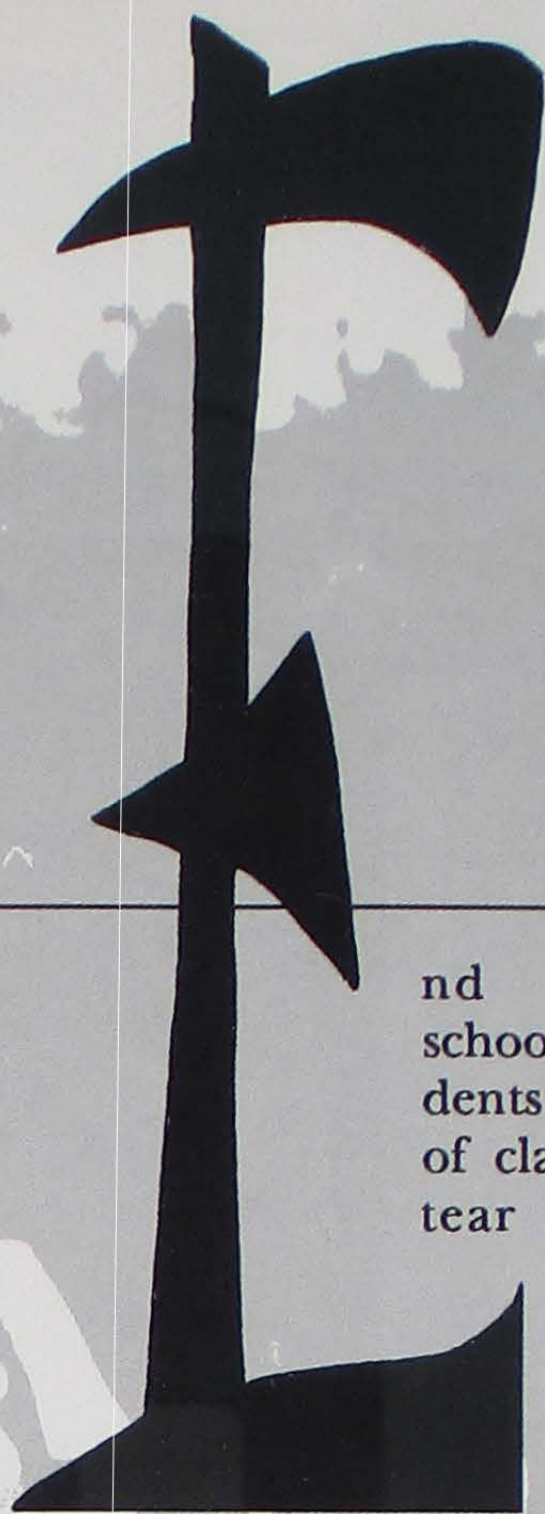


Junior and Senior Senate. Front Row: D. Cadwell, N. Ghoshal, S. Gunnerson, J. Nelson, D. Wilson, B. Greving, S. Whiteford, R. Carver. Second Row: J. Stiles, S. Uhlenhopp, K. Heggen, C. Hunt, M. Thomas, S. DeLuca, V. Brace, M. Patterson. Third Row: J. Ford, J. Jones, A. Kim, A. Gilley, H. Callison, H. Forssman, S. Olberding, C. Foote. Back Row: E. Olson, K. Olson, N. Paul, C. Spike, C. Canow, N. Williams.



Student Council. Front Row: Krista Olson, Sandra DeLuca, Betty Pang, Jennifer Phillips, Leigh Ann Powell, Becca Jones, Erin Block, Earl Dowling. Second Row: Duke Knapp, Neena Paul, Renee Ripp, Jennie Jones, Sarah Uhlenhopp, Jami Stiles, Tia Nemitz, Staci Kepley, Laura David. Back Row: Lon Freeman, Matt Haubrich, Dan Wilson, Julia Ford, Scott Gabrielson.

Look Out!



nd of the school day—students pour out of classrooms, tear to their lockers and empty out of Ames High as if it were on fire. But you stroll to your locker, yank out an overstuffed gym bag and head towards to the gym along with all the other athletes. Even before you round the last corner the low hum of dribbling balls, squeaking shoes and the odor of sweaty socks assails your senses. The coach then spies you as you head to the locker room.

“Ready for a hard practice?”

“No,” you truthfully answer. “Let’s go light tonight, please!”

“Do you expect to win with an attitude like that? Do you think the boys’ basketball team would have won State if Coach Clinton would have let them slack off? Would the boys’ golf team have placed eighth at State if they’d decided to spend their days sniffing wildflowers at the country club instead of shooting 18 holes? Would the boys’ and girls’ cross-country teams have placed eighth and seventh respectively at State if they’d just hidden in the bushes instead of running their full workouts?

Would the volleyball team have been District runners-up if they’d sat around the gym worrying about how they looked in bun-huggers? Would the boys’ track team have won an unprecedented sixth straight track title if they were more concerned with getting a tan than dropping seconds off their race times? I think you’ll agree the answer to all those questions is ‘no.’ I’ll leave it to you to decide if you think we should have it light.”

Meekly you crawl to the locker room, dreading facing your coach in just five minutes. But as you change, your mind wanders back to Vets Auditorium on the evening of March 23. After the final buzzer sounded all of the AHS fans surged towards the victorious basketball team in an orange and black blob—only to be halted by a row of tables guarded by green-jacketed men. Then Fred dove into the crowd—and you touched him! That whole week was so exhilarating. You remember wishing you were good enough to lead your team to a state championship.

Now you’re pumped. You slam open the locker room door and shout “Hey Dowling, Valley, North: I’m ready to win—Look Out!”

With a powerful leap, freshman Serra Sermet flies through the air into the long jump pit during the District Meet at Ames High on April 30. Ames went on to win the meet. (Photo by Jason Swift)





A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Opening the season 28-6 against Marshalltown and ending the season with a 34-19 win over DM Roosevelt."

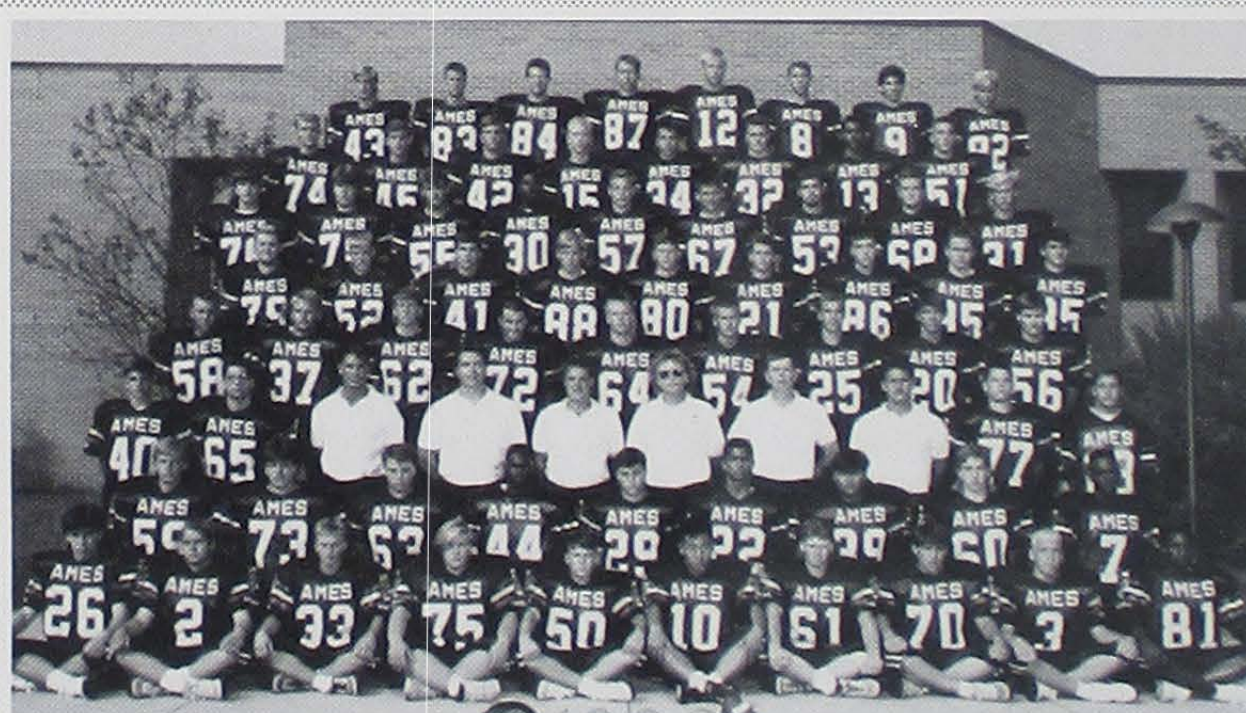
-senior John Seim

"Jesse Pease's 94-yard return and Matt Lippman's 55-yard reception."

-senior Tate Womack

"Poker night and taking everybody's money, (lights on or off)... Singing the school fight song was cool too."

-senior Matt Lippman



Varsity Football. Front Row: N. Uemera, D. Alexander, A. Hagen, C. Wilson, M. Kubera, J. Bernard, M. Hill, J. Weiss, L. Keltner, F. Mueyngwa. Second Row: P. Greenfield, J. Langebach, S. Rope, D. Lawson, T. Randles, S. Belter, O. Somsanith, T. Arp, C. Hawkins. Third Row: B. Freeman, P. Bernard, Coach C. Vondra, Coach T. Holmes, N. Pelkey, D. Wilson. Fourth Row: B. Fowler, C. Steenhok, R. Windsor, B. Goodwin, J. Johnson, N. Grebasch, M. Milleman, C. Moats, J. VanderGaast. Fifth Row: M. Elbert, B. Linder, T. Womack, J. Greenfield, S. Ottoson, T. Legg, M. Heintz, T. Gage, M. Robinson. Sixth Row: T. McDorman, E. Clatt, J. Meadows, T. Mueyngwa, M. Maehner, E. Nesset, S. Keane, M. Converse, J. Barnett, M. Lippman, C. Forsling. Back Row: J. Jansen, C. Ollila, B. Coffey, B. Geise, F. Hoiberg, A. Garn, P. Loutzenhiser, M. Anderson.

Varsity Football

4 wins, 5 losses

AHS		Opp
28	Marshalltown	6
18	Fort Dodge	34
14	DM Lincoln	21
45	DM North	15
14	DM Hoover	20
31	DM East	14
28	WDM Valley	42
7	WDM Dowling	40
34	DM Roosevelt	19



A New Look

Cyclones adopt new offense

-Julia Ford

When a team makes changes, there is always an adaptation period and a chance that those changes might not work. The varsity football team was willing to take that chance. And although the Little Cyclones didn't have a winning season, they still came out ahead.

"We made changes this year and they all helped us improve; we had dedication and determination. That, plus a new offense, really boosted our playing," senior John Seim said.

The Cyclones' new offense was a "run and shoot," which was primarily a passing game. This allowed a lot more ball movement, but wasn't as effective as hoped.

Strong offense is one of the keys to ball movement. Senior Sean Kenealy blocks a DM North player for senior John Barnett as he runs for the first down. (Photo courtesy of The Daily Tribune)

"Throughout the year we moved the ball consistently; we didn't score as much as we should have, but we would have been ineffective without it," Coach Kirk Daddow said.

Not scoring as much left Ames with a 4-5 varsity record and a 1-2-1 JV record, but this didn't seem to dampen spirits.

"Throughout the season, no matter what the outcome, we learned to go 100 percent at all times. We were pumped up for every game," junior Mark Milleman said.

Positive attitudes came from the determination, dedication and spirit of the team.

"The leadership was really good this year. There were people in each position that showed enthusiasm. We quickly learned that we had to play emotionally or we'd get stomped," senior Matt Converse said.

But enthusiasm created high expectations, which were sometimes vulnerable to defeat.

"Our expectations were really high," senior Tate Womack said. "We didn't meet our goal to win Metro and that made every defeat hard to take."

Trying to meet goals and dealing with defeat was something everyone did together.

"The whole team got along really well. Every Thursday night we would play poker and every Friday morning we had breakfast somewhere; that really strengthened the team," junior Seth Anderson said.

Although the season wasn't a successful one in terms of the record, the JV and varsity football teams toughed it out and never gave up, proving to themselves, as well as others, that they were worthy to stand up to change.



After their 28-6 victory over Marshalltown, varsity football players Brian Parks, Eric Nessel, Bart Fowles, Matt Lippman and Jesse Pease celebrate the season-opening win. (Photo by Joe Schafer)

Forcing their way through the opposing DM Roosevelt's line, varsity players go for the quarterback sneak. The game rounded out the season with a 34-19 Little Cyclone victory. (Photo by Dan Sailsbury)

Field Goals

Gridders combine for 17-3 record

-Kari Rosenbusch

When two teams lose a combined total of three of 17 games, there is one word that describes their seasons—successful.

The sophomore and freshman teams were on a 6-0 winning streak until they faced Metro Conference rival WDM Valley. And even though the sophomores finished second in the Metro with an 8-1 record, that loss was a disappointing one.

"We felt bad; we didn't hit hard enough, and we weren't aggressive, so we lost," sophomore Jeff Weiss said.

"We didn't go out there and play up to our potential in the game against Valley," sophomore Mike Wilson said.

The freshman team was also denied a victory over the Valley Tigers.

"Valley is an excellent team. They have great coaches, great

players, and are strong in all aspects of the game," freshman Lon Freeman said.

That proved true as Valley went on to win the Metro without a single defeat marked in their record books.

Despite losing to Valley though, the season was filled with positive aspects for both teams, including positive attitudes from the players.

"I think the guys dealt with the losses pretty well. They were pretty upbeat on the ride home on the bus. It (the loss to Valley) stuck with me for a day then went away, but it wasn't tragic," freshman John Milleman said.

Positive attitudes also helped the freshmen adjust to the transition they faced between playing football on an abandoned field at the Middle School and playing in the zealously fertilized and watered field in the Ames High stadium.

"Coming in and playing for Ames High is different. Here there's a tradition and you have something to play for where Middle School doesn't," freshman Thad Grebasch said.

Pep talks from team members promoted a spirited attitude that helped motivate the sophomores for success.

"Jud Horras would always give us big speeches before a game. He would remind us of last year when we didn't do well to inspire us," sophomore Corey Groepper said.

While both teams may not have come out at the top of the Metro, their records and the players' attitudes made their seasons fit the definition of success.

In the Marshalltown-Ames game, sophomore Nick Benson carries and tries to advance the ball past two Marshalltown Bobcat defenders. Ames went on to win the game 36-13. (Photo by Aaron Jones)



During the DM Lincoln game at home, the freshman football team scores a touchdown. In a big win over the Railsplitters, the Little Cyclones outscored Lincoln 27-0. (Photo by Aaron Jones)

During a time out in the WDM Dowling game, senior trainer Karen Heggen and sophomore trainer Andy Elbert take water out to the sophomore team. The sophomores won the game 34-22. (Photo by Aaron Jones)





A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Hanging eight jocks out of the bus windows and having the cheerleaders respond with a pair of cheaters."

-freshman Chad Fowles

"On the first day of practice when we were all hot and sweaty, Coach Riddle told us that there was a drinking fountain behind these bushes. We walked a really long way and when we got there, there wasn't anything there."

-sophomore Bryan Warne

Freshman Football

7 wins, 2 losses

AHS	Opponent	Opp
14	Marshalltown	0
21	DM Lincoln	0
39	DM North	0
55	DM Hoover	0
44	DM East	0
50	Fort Dodge	0
21	WDM Valley	36
7	WDM Dowling	12
55	DM Roosevelt	0



Freshman Football. Front Row: Lon Freeman, Kent Spillers, Somphet Thongsouk, Beau Morton, Mikayo Samineth, Shane Buck, Zach Thompson. Second Row: Dave Rope, Joe Sweeney, David Smalling, Chad Fowles, Trevor Mendonca, Matt Ashburn, Dave Sivesind, Mark Hill. Third Row: Brian Terry, Thad Grebasch, Asst. Coach Mark Stokka, Asst. Coach Mike Riddle, Coach Bruce Vertanen, David Faux, Jon Huehn. Fourth Row: Duke Knapp, Bryan Warne, Dan Kamm, Jeff Booms, Shane Wirth, Chris Wycoff. Back Row: John Milleman, Micah Abel, Jeremy Mize, Jeff Alt, Jared Dieter.

Sophomore Football

8 wins, 1 loss

AHS	Opponent	Opp
16	Marshalltown	13
4	Fort Dodge	7
18	DM Lincoln	7
4	DM North	0
13	DM Hoover	0
10	DM East	28
6	WDM Valley	24
4	WDM Dowling	22
1	DM Roosevelt	14



Sophomore Football. Front Row: Steve Howe, Travis Dakin, Kelly Dellagardelle, Eric Burlingame, Kyle Hanson, Derek Kepley. Second Row: Dave Pollard, Ben Ford, Mike Clark, Scott Gabrielson, Aaron Burrier, Mike Greene, Kevin Burkheimer. Third Row: Jeff Weiss, Todd Flemmer, Asst. Coach Virgil Fowles, Coach Dale Tramp, Coach Jim Duce, Asst. Coach Ed Schweiger, Mgr. Jamie Niemeyer, Jeff Gardner. Fourth Row: Greg Anderson, Dan Ricketts, Bryan Rademacher, Jason Tice, Jud Horras, Corey Groepper, Chad Salisbury. Back Row: Brian Linder, Matt Rahfeldt, Josh Bryant, Nick Benson, Kevin Lawler, Jason Miller.



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Brian Linder's infamous imitations of the coaches during practices and games."

-sophomore Aaron Burrier

"The call-back touchdown against Valley that made us lose when we wanted to beat them so badly."

-sophomore Scott Gabrielson

"Poker nights, making fun of 'Scrawny' and eating breakfast as a team."

-sophomore Brian Linder

Good Times

Swimmers cheered to victory

-Jennie Jones

"Gogorilla, gogogorilla. You lean to the left, then you lean to the right, peel your banana and umph take a bite!" The cheer echoed off the dome above the Ames High pool and added itself to the din of screams and splashes as the Little Cyclones swam to a victory over DM Hoover.

"We always use that cheer against Hoover because there is a banana on the wall above their pool," senior Kari Rosenbusch said. "We really wanted to beat them this year because they were ahead of us in the power ratings all season."

Even though the swimmers beat Hoover, they didn't fare as well as they'd hoped against all of their competitors. While most teams didn't have perfect records, they also weren't plagued by illness and injury as the girls' swim

team was.

"We were hurt two ways by health problems this season. For one, we had to hold girls out and swim ones who weren't ready. Then, the varsity swimmers who were hurt couldn't be in the water and it took them that much longer to get going again," Coach Dave Joensen said.

But, toward the end of the season, the team did get going and it won its last three regular season meets. Part of the team's perseverance came from a dedication to accomplishing their goals.


"Mainly what we wanted to do was have a winning season in terms of our record, our personal times and getting along with each other. By the end of the season we managed to accomplish all of those things," sophomore Angie Wittmer said.

The fun came after practices,

meets, on weekends—any time the team was together. According to Dinsmore it was the seniors' job to get things going, and they lived up to that responsibility.

"After meets we always pigged out, either at a restaurant or someone's house. We also went to movies, the Haunted House and the circus. We just tried to find cheap ways to have fun," sophomore Anne Moore said.

In trying to meet their goals of victory, fun and improvement, the team lapped up third place in the Metro, their best finish in five years according to Joensen, and placed 23rd at the state meet. Pretty good for a bunch of gorillas.

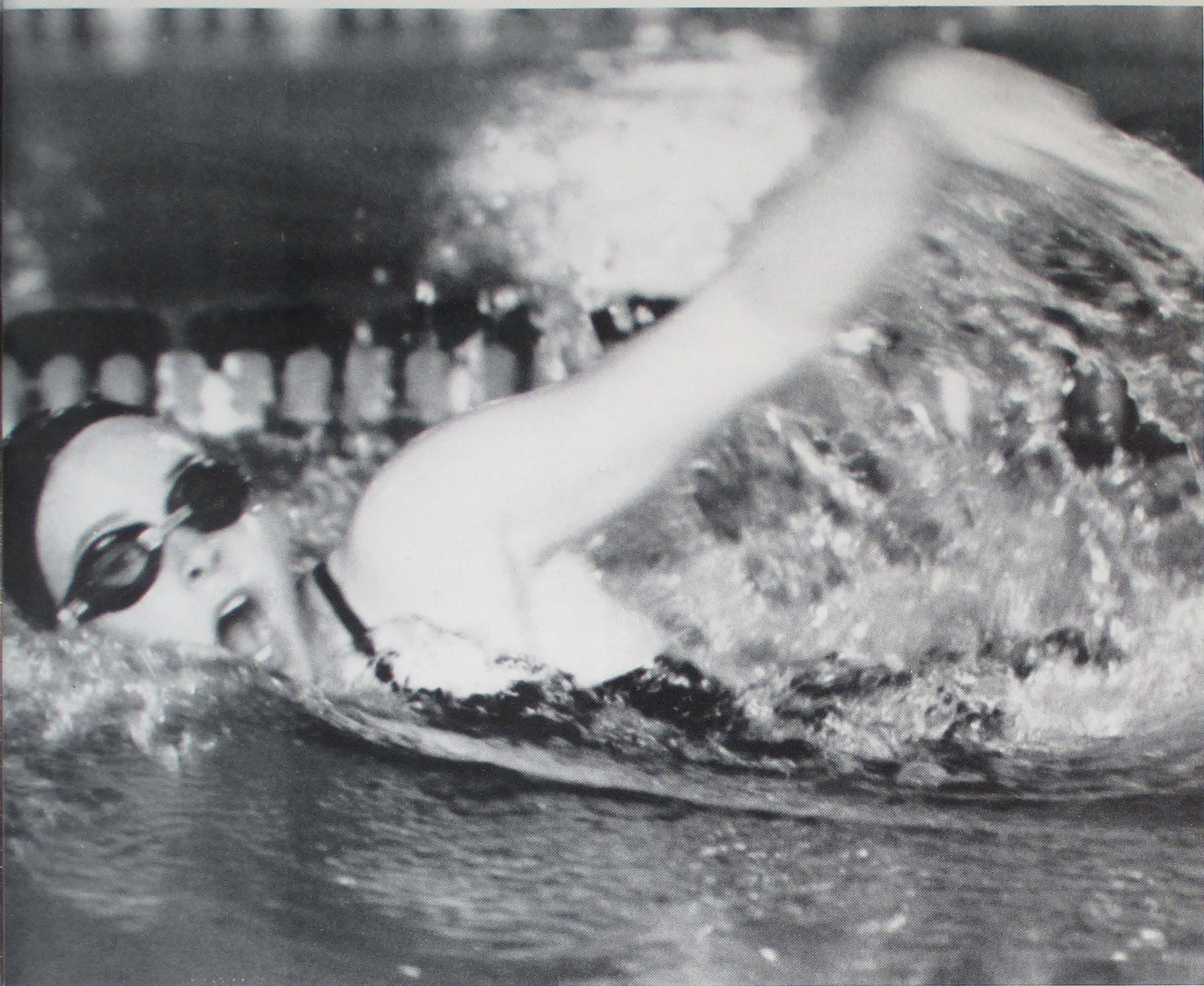
 pening her mouth, senior Beth Dinsmore breathes deeply while swimming the 400 meter freestyle at a meet against DM Hoover. The Little Cyclones won the meet 98-88. (Photo by Aaron Jones)



With her 'wings' straight, senior Julie Wengert butterflies toward the pool's edge before turning around and swimming to the finish. The Little Cyclones lost the meet to Fort Dodge 80-103. (Photo by Dan Sailsbury)

In long races, a cheer from a teammate like sophomore Anne Moore helped distance swimmers find the strength to keep going. Her efforts helped the team on to a 128-51 victory over DM North. (Photo by Aaron Jones)





lose

A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"While demonstrating a stretch, Mrs. Forkildson 'reached' into the pool fully clothed."

- junior Beth Recker

"Mrs. Dinsmore's gooey brownies before every meet."

- senior Kari Rosenbusch

"Teepeeing Coach Joensen's house with 53 rolls of toilet paper on the night of the State meet."

- senior Heather Martin



Girls' Swimming. Front Row: Erin Hoffman, Rebekah Hartman, Eva Andrew, Margie Mayfield, Bronwen Benbow, Amy Henderson, Andrea Olson. Second Row: Jenny Fisher, Carrie Ellingson, Monica Wilke, Dana Patterson, Julie Wengert, Bea Dekker, Sara Rogers, Elizabeth Welch. Third Row: Marie Stover, Danielle Thompson, Sara Francis, Anna VanDeusen, Nan Brecka, Andrea Cartwright, Adria Nelson, Jill West, Kari Nasa. Back Row: Beth Recker, Amy Leeman, Beth Dinsmore, Anne Moore, Kari Rosenbusch, Heather Martin, Jessi Donnell, Angie Wittmer, Manager Chris Recker, Coach Nancy Forkildson, Coach Dave Joensen.

Girls' Swimming

5 wins, 4 losses

AHS		Opp
2nd	Ames Invitational	
126	Boone	55
68	WDM Valley	118
123	DM Lincoln	62
80	Fort Dodge	103
65	WDM Dowling	121
76	DM Roosevelt	110
98	DM Hoover	88
125	DM East	54
128	DM North	51
4th	Districts	
23rd	State	

Running Low

Boys win 8 before loss at State

-Adrienne van der Valk

Stretching, straining, aching, and sweating aren't everybody's idea of a good time, but combine them with friendship, personal accomplishment and victory and it was easier to understand the dedication of the 31 boys who composed the cross country squad.

Commitment and a close atmosphere seemed to be the equation for success for the varsity team, which panted and puffed from August to November to capture the District and Metro Conference titles. The JV worked equally hard and came out with an undefeated record.

"We had a very successful season and it's all credit to the kids," Coach John Sletten said.

But cross country wasn't only running. From tailgating to tee-peeing, the guys spent time together outside of regular practice.

Being a team on and off the course developed a good relationship among the runners.

"There is a family atmosphere you don't find in other sports. We stick up for each other," freshman Andy Vogel said.

"The best thing about cross country is the members of the team. They're a cool group of guys. You really get to know people better than if you are just in school with them," junior Jason Burris said.

The team members needed each other's support most during their nerve-racking meets. AHS came out on top until State, but the runners had to compete before they celebrated. They found there was a lot of pressure involved with competing for Ames, because their own school and the other teams expected them to be the best.

The squad placed first all year and after their Metro championship, the varsity jogged on to State, backed by the JV who showed their spirit by tee-peeing the varsity runners' houses.

A cold, rainy meet awaited the team at Veenker Golf Course. Despite the talent of runners like freshman Jeff Stiles who ran most of his race with only one shoe, it was a losing effort for the guys, who took eighth place overall. Despite the disappointment, however, runners like senior Matt Willard looked on the bright side.

"Even if we didn't end up very well, it was a great season," Willard said.

Freshmen Ryan Yoder, David Cantonwine, Jon Durlam, sophomores Ryan Carey and Mark Gyllstrom, and freshman Darren LaGrange start off their JV race against Marshalltown. (Photo by Aaron Jones)





Boys' Cross Country

8 1st places, 1 8th place

Meet	AHS
Ames Invite	1st
Cedar Rapids Invite	1st
Tom Karpan Invite	1st
Indianola Invite	1st
Ankeny Invite	1st
Marshalltown Dual Meet	1st
Metro Conference	1st
District 3A	1st
State 3A	8th



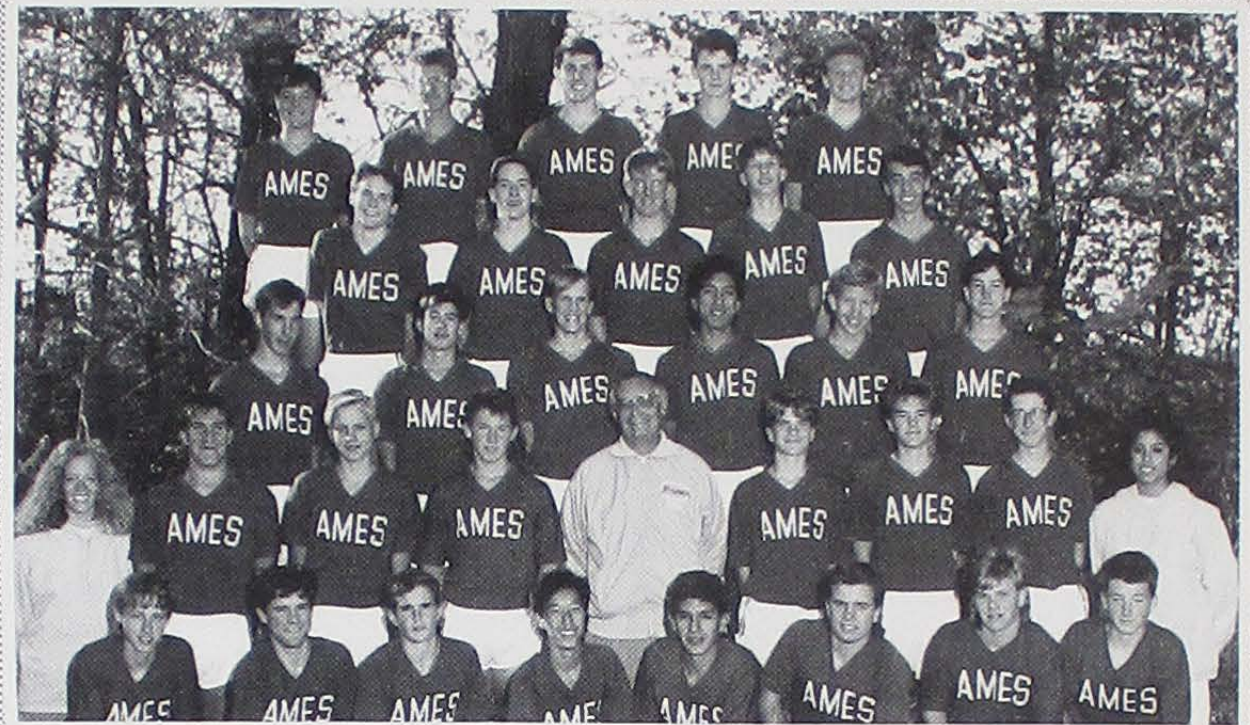
A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Going to different people's houses each Sunday for breakfast...It was a great way for all of us to get together and eat unhealthy."

-freshman Jeff Stiles

"Beating Cedar Rapids was excellent; we were ranked second and they were ranked first so the victory was even sweeter."

-junior Jason Swift



Boys' Cross Country. Front Row: Mike Johnson, Matt Willard, Ryan Carey, Andy Vogel, Aaron Nelson, Scott Whiteford, Eric Bibler, Jon Dale. Second Row: Manager Alicia Gilley, Brian Greving, Darren LaGrange, Joel Biggs, Coach John Stetten, Clint Ziemet, Jon Durlam, David Cantonwine, Manager Flora Ramsey. Third Row: Chad Kinart, Matt Abbott, Cade Remsburg, John Ramsey, George Applequist, Jason Burris. Fourth Row: Guy Willey, Colin Brennan, Ryan Yoder, Jeff Stiles, Steve Litchfield. Back Row: Aaron Lehmkuhl, Jason Swift, Matt Stevermer, Mark Gyllstrom, Damon Hawn. Not Pictured: Chris Dieter.



Marshalltown was one of Ames' biggest competitors. During the varsity meet against the Bobcats at River Valley Park, junior Guy Willey and senior Damon Hawn strain to reach the finish line. (Photo by Aaron Jones)

After his 5 kilometer race against their Marshalltown opponent, junior Scott Whiteford is supported by his teammate, junior Brian Greving. The runners often leaned on each other after races. (Photo by Joe Schafer)

Aiming High

Students ran to 8 first places

-Nicole Stocks

"Stick to it," the motto of the girls' cross country team, emphasized the importance of sticking together and working to achieve goals.

"We were very family-oriented, we stuck together. We even talked out our problems every day before practice while we stretched. Doing that made us more of a team and less individual," freshman Erin Ross said.

One example of togetherness was the spaghetti club the girls shared. It was just one way they prepared for a race, both physically and mentally.

"Every Wednesday night one of the girls would have all of us over to her house to load up on carbohydrates like spaghetti and pasta. It was great. We'd chow down until we felt like we were going to explode. It helped us to

get to know each other better," senior Tami Burnham said.

Team unity was an important factor for many runners. Without it, they felt it would have been harder to function.

"We really had a supportive team. If someone didn't do well, then we were all there to comfort them. The JV team always came to watch the varsity run and vice versa. We were there for each other in many ways," junior Jennifer Remsburg said.

The girls also agreed that one of their many goals was to do well at the district meet in Ankeny, a goal they accomplished.

"I thought one of the main high points of our season was at Districts. We ran about four to five miles a day to prepare for it. Our times were especially strong and everyone seemed to try their hardest," sophomore Erin Block said.

Even though there were lots of high points to the season, including eight first place finishes, many runners agreed that they didn't perform nearly as well as they'd hoped to at the state meet November 3. The girls dealt with cold wind and rain and placed seventh, a very different finish than that of Districts.

"We worked out really hard for State and I was disappointed at the turnout, but the weather was really gross and we did the best we could. I guess that's really all that matters," senior Janel Brakke said.

Through many high points and a few letdowns, the girls' cross country team proved that they really knew how to stick to it.

Cheering their teammates on at the Metro Conference meet, the JV cross country team members watch intently as the varsity runners race toward the finish. (Photo by Dan Sailsbury)





Girls' Cross Country

8 first places, 1 second place

Meet	AHS
Ames Invitational	1st
Cedar Rapids Invitational	1st
Tom Karpen Invitational	1st
Indianola Invitational	1st
Urbandale Invitational	2nd
Ankeny Invitational	1st
Metro Meet	1st
JV Invitational	1st
District Meet	1st
State Meet	7th



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Erin Block eating dirt at the end of the year banquet thinking that it was crushed oreos."

-sophomore Kim Biechler

"Spaghetti club on the day before meets and totally pigging out on spaghetti and garlic bread while loading up on the carbohydrates."

-senior Shay Grundmann

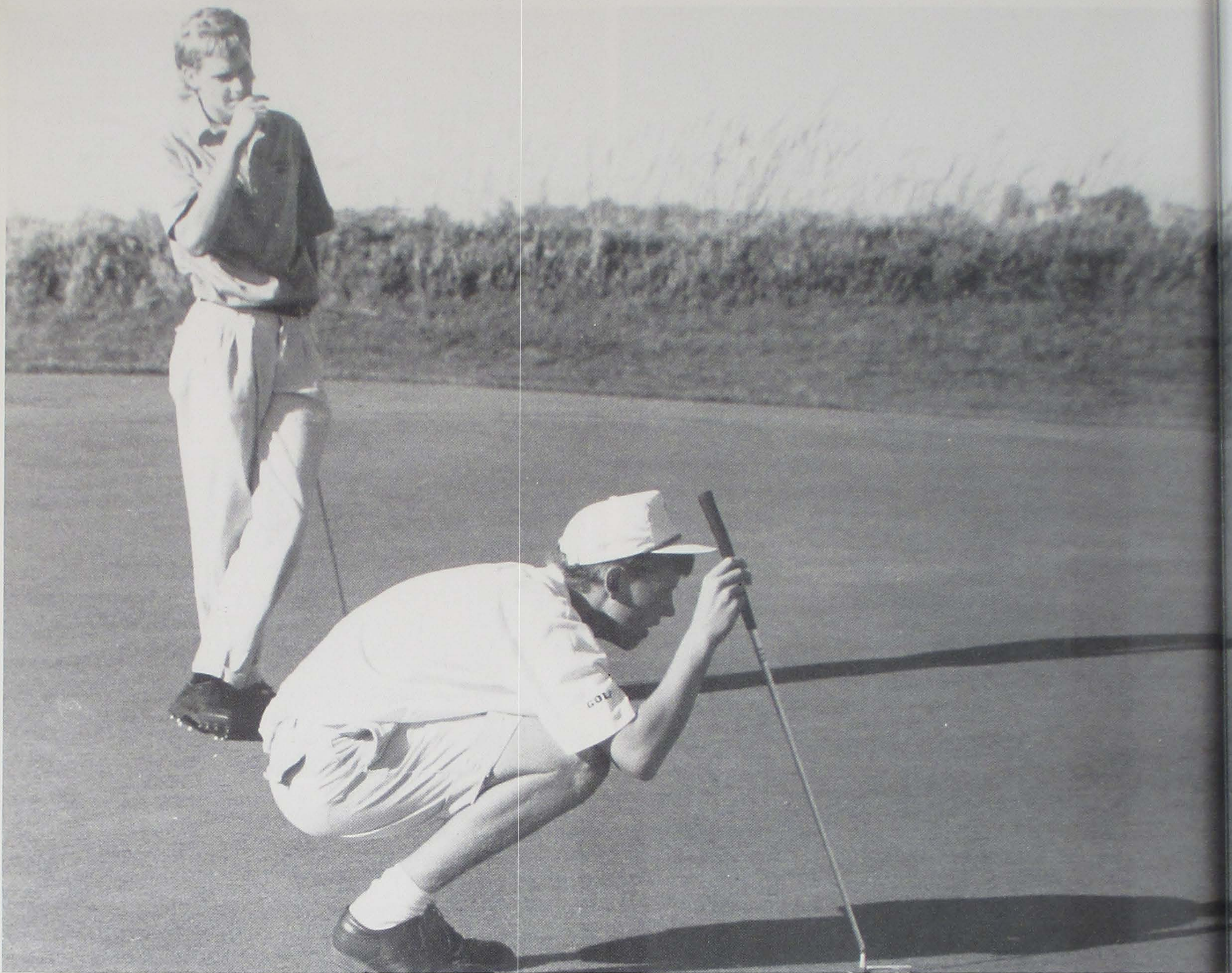


Girls' Cross Country. Front Row: Kristi Heiberger, Laurel Nakadate, Laura Hefley, Susie McGee, Kelly Koppes, Leigh Ann Powell, Amy Bergan, Liz Trede, Carrie Salvo, Becca Stott, Erin Block. Second Row: Chris Clau, Jenny Bernard, Stacy Salvo, Tami Burnham, Erin Ross, Teresa Andrews, Sara Smith, Jessica McKee, Michelle Trankaer, Janel Brakke, Chris Briley, Noreen Chowdhery. Third Row: Steph Alt, Keara Langston, Jennifer Shierholz, Ammi Loutzenhizer, Beth Titus, Coach Kirk Schmaltz, Anne Moutray, Julie Simonds, Ruth Carpenter, Kim Biechler, Alison Campbell. Back Row: Heather Callison, Katie Barnhart, Cathy Melvin, Jennifer Remsburg, Karl Marty, Shay Grundmann, Shannon Dau, Missy Yungclas, Hope Amos, Anne McJimsey, Jami Stiles.



Running in a pack during a JV race, members of the JV team work toward the finish line at the Metro Conference meet. (Photo by Dan Sailsbury)

After their victory at the Indianola Invitational, freshman Ashley Hagen gives freshman Susie McGee a hug and congratulates her on her run. (Photo by Dan Sailsbury)



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Mike Ketelsen hitting a hole in one with Mrs. Bartlett as a witness."

-sophomore Brad Wuhs

"Rusty Crawford, Chris Bundy and Andy Homan all shooting 73 at the State meet."

-junior Bryce Hill

"Beating WDM Dowling at our country club at the beginning of the season."

-junior Mike Pollmann



Boys' Golf. Front Row: Rusty Crawford, Dave Smith, Brad Wuhs, Mike Pollmann, Chris Bundy, Ben Drake, Rob Swanson, Coach Kay Bartlett. Back Row: Mike Olson, Kevin Frette, Bryce Hill, Mike Ketelsen, Brandon Hinderaker, Andy Homan, Jonathon Good.

Boys' Golf

1 first place

Meet	AHS
DM East/DM North Invite	3rd
DM Hoover/DM Roosevelt Invite	4th
WDM Dowling/CR Kennedy	4th
DM Hoover/DM Roosevelt	2nd
Ames Invite	2nd
DM Lincoln Invite	4th
WDM Valley/DM North	1st
WDM Valley Classic	3rd
WDM Dowling Invite	2nd
Metro Conference	2nd
District	2nd
State	8th

On Course

Golfers take their best shot

Jennie Jones

A hush slips through the crowd as the golfer adjusts his stance, trying to judge the accurate path to the cup. With a rippling of biceps the club strokes back and then forward to contact with the ball. Without hesitation, the white, dimpled sphere rolls towards its intended destination and drops in with a muted rattle.

While many golfers envisioned that scenario each time they hit the green, as the Ames High golfers attested, there were plenty of factors that sent the ball off course.

"We have to play in foursomes and you end up golfing with guys from other teams. Sometimes they'd talk while I was putting or

Carefully studying the slope of the green, junior Andy Homan tries to figure out the best path to aim his ball so that it will roll into the cup. (Photo by Joe Schafer)

say things in between shots to distract me," freshman Dave Smith said.

At least the golfers were used to being around other golfers when playing. For some, the spectators, who weren't there during practices, threw off their games.

"When any people are watching me I get nervous as heck because I don't want to make a bad shot in front of everyone," senior Mike Ketelsen said.

However, people could be controlled, the weather could not. Playing and practicing out on wide open courses made the elements a factor in the game.

"If it's raining, it's really hard to play. Your grips get wet, and then the whole game is slowed down," senior Brandon Hinderaker said.

Rain wasn't the only way Mother Nature could bother the

golf team. In the fall, both temperatures and winds went up and down without notice.

"I feel we should play in the summer. I don't like wearing hats and gloves when playing; we look like geeks," junior Chris Bundy said.

With practice and skill the golf team overcame both the weather and the crowd and captured second in the Metro behind WDM Dowling and made it to State.

"Our main goal was to make it to State and then win it. We did get there but we ended placing eighth," sophomore Bryce Hill said.

The distractions to the Ames High golf team were the same all golf teams faced. The difference in Ames High's success was their ability to play in spite of those distractions.



With a steady eye, junior Rob Swanson sums up his chances of making the putt. Swanson finished with a 78 in this meet against WDM Dowling and CR Kennedy. (Photo courtesy of The Daily Tribune)

Teeing off of the third hole at the Ames Golf and Country Club, senior Kevin Frette watches his ball's flight. Frette scored a 51 in the meet against WDM Valley and DM North. (Photo by Joe Schafer)

Custom-made

Traditions unite players

-Karen Hsu

"A-A-A-Ames Hi! O! Hi! O!" Unlike the usual "Hustle!" or "Team!", the varsity volleyball team began each game with that cheer, which originated in Japan.

"A foreign exchange student from Japan played varsity the first year Ames high had volleyball (in 1985). Coach Schloerke asked her what kind of cheers they had back at her school. We've used it ever since," senior Janea Carter said.

Traditions like that and others helped unify the team.

"At every tournament, we had a spaghetti lunch together. After we finished our portions, it was hilarious to watch the other teams' players stuff their faces with junk food," junior LeAnne Ford said.

The team also introduced a Big Sis/Lil' Sis program to help team unity.

"We would give each other little gifts and notes on game days. It was Coach Schloerke's idea—a great one too," senior Sarah Uhlenhopp said.

Despite team unity, the girls were unable to hold onto another tradition, the Metro title. But they did finish with a 19-14-6 record.

"We had a new group of people, so we had some wrinkles to iron out. We realized that we had a lot of potential, but we just had to gel as a team," senior Julia Ford said.

The Little Cyclones did just that. They started out with a win over Fort Dodge, but went on to lose a few games.

"It was rough at first, but this team has grown and matured the most over a season compared to my previous teams," Coach Karl Schloerke said.

They bounced back and won

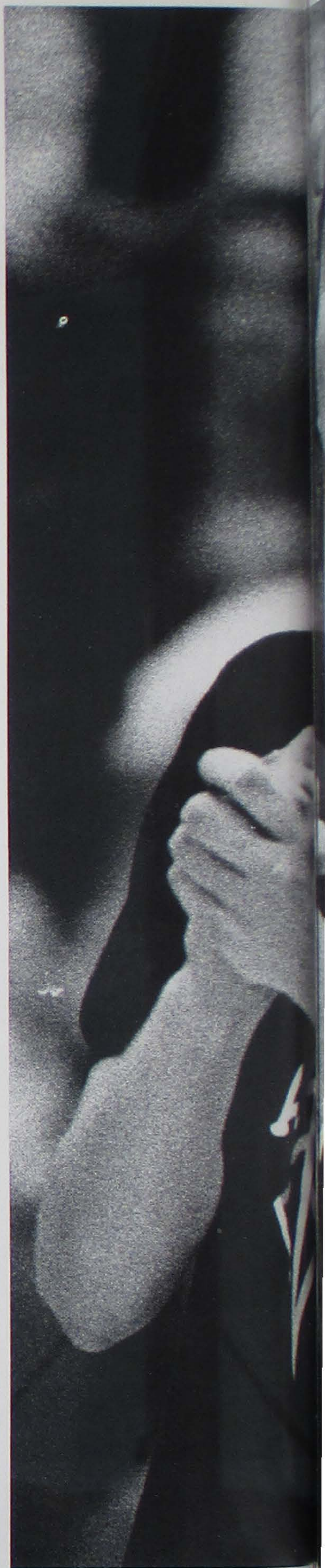
the next eight games, including one against rival WDM Dowling.

"One of our goals was to beat Dowling. It felt great to get the best of them," junior Holly Forssman said.

Their winning season ended when the team fell short of State, losing to sixth-ranked Cedar Falls. As a finale, Carter started a new tradition.

"Holly (Forssman) and I were passing buddies. My knee pads created so much attention because the stuffing was always falling out. I didn't want their legend to die, so at the banquet, I gave them to Holly. Hopefully she'll pass them on when she's a senior," Carter said.

At the start of the game, Coach Karl Schloerke fires up the Little Cyclones in front of a home crowd. They responded well and triumphed over DM Lincoln, 3-0. (Photo by Dan Sailsbury)





Varsity Volleyball

19 wins, 14 losses, 6 ties

AHS	Opponent	Opp
3	Fort Dodge	2
3rd	Ames Earlybird	
2	DM Roosevelt	3
2nd	Metro Invite (consolation)	
3	DM East	0
1	WDM Dowling	3
7th	Fort Dodge Tournament	
3	DM Lincoln	0
2	DM Hoover	3
3	DM North	0
3	WDM Valley	0
2nd	Urbandale McDonald Tournament	
2nd	Metro Conference	
2	Marshalltown	3
3	Johnston	1
3	Nevada	1
2	DM Roosevelt	3
0	Cedar Falls	3



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Wearing different colored socks when we played DM Roosevelt to promote a competitive game."

-sophomore Jeanne Sundstrom

"Playing second-ranked Western Christian Hull at the Urbandale tournament finals."

-senior Jennifer Kellen



Varsity Volleyball. Front Row: Sarah Uhlenhopp, Julia Ford, Jeanne Sundstrom, Beth Muller, Niki Nilsen, Jennifer Kellen. Second Row: LeAnne Ford, Janea Carter, Anya Whigham, Holly Forssman, Christie Hunt, Brandee Griffin. Back Row: Trainer Karen Hsu, Statistician Tina Rutar, Mary Buck, Assistant Coach Joni DeKok, Coach Karl Schloerke, Assistant Coach Heidi Clinton, Statistician Jennifer Leek, Trainer Christa Nelson.



Clapping in delight, junior Beth Muller watches senior Brandee Griffin serve an ace to win the game 15-3. Ames then lost the sectional final match to Roosevelt 2-3. (Photo courtesy of The Daily Tribune)

Set in their positions, junior LeAnne Ford, seniors Niki Nilsen and Julia Ford, and junior Holly Forssman get ready for the ball. DM Roosevelt ended up winning, 3-2. (Photo by Samantha Shearer)

Set's Up

Girls have winning season

Scott Whiteford

"We practice safe sets."

This was a good motto for both the JV and freshman girls' volleyball teams since both finished their seasons with winning records. But besides winning and achieving goals, learning to play together was also important.

"Our goal at the start of the season was to win all our matches and learn to play better together. I think toward the end of the season we did," sophomore Serra Sermet said.

One of the reasons the girls had to learn to play together was because there were not many juniors on the JV squad. So coaches moved freshmen Katie Krogmeier, Laura Kain and Sarah Brunscheon up from the freshman squad.

"It hurt our (freshman) team in some ways, but because of this, others got a chance to play that wouldn't have," freshman Jessica

Hugdahl said.

The JV team accepted the freshmen though, and set some high goals as a group. Playing as a team was a goal the girls accomplished; unfortunately some goals were not realized.

"Beating Dowling was one of our goals at the start of the season because they are a good team and a great rival," junior Tara Carmean said.

But the JV team could not beat the Maroons.

"We were really upset after they beat us the first time; it had been a close game. The second and third times they beat us it was really heartbreaking. Each time we played them we'd get so close," junior Wendy Nelson said.

Despite the losses to Dowling, the JV squad still finished second in the Metro Conference, ending the season with a 10-6-3 record. The freshmen rounded out their

season 8-7-4.

And on the way to that winning record the freshmen also had some memorable matches. Unlike the JV squad, they were able to defeat the Maroons.

"Beating Dowling was the high point of the season, because they were one of the best teams that we played," freshman Kristin Parks said.

"Beating Valley at the Lincoln tournament was great, because we had never beaten them before," freshman Sonee Griffin said.

So as the volleyball season came to a close, both the freshman and JV teams came out winners and learned the importance of "safe sets."

With an intense look on her face and a sense of readiness in her hands, freshman Katie Krogmeier waits for the opposing serve in a match against DM Lincoln October 8 at home. (Photo by Dan Sailsbury)



With time to catch a quick drink and a plan in a game against DM Lincoln, the freshmen gather around their coach, Heidi Clinton, during a time out. The freshmen went on to beat the Railsplitters. (Photo by Aaron Jones)

While waiting for a serve, sophomore Asheley Holscher and freshman Laura Kain give each other an emotional lift during a match with DM Roosevelt. The JV beat the Roughriders. (Photo by Dan Sailsbury)





A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"The Big Sis/Little Sis program was a great way for the team to be closer."

-freshman Tina Wiegand

"Kristin Parks served the whole game (15 points) in a tournament."

-freshman Jessica Jones

Freshman Volleyball

8 wins, 7 losses, 4 ties

AHS	Opponent	Opp
0	Fort Dodge	2
2	DM Roosevelt	0
2	DM East	0
1	WDM Dowling	2
2	DM Lincoln	1
2	DM Hoover	1
2	DM North	0
0	WDM Valley	2
3	DM Lincoln	0
4th	DM Lincoln Tournament	
0	Marshalltown	2



Freshman Volleyball. Front Row: Alicia Heffron, Jessica Jones, Sonae Griffin, Molly LaGrange, Jamie Adair. Second Row: Amanda Hetzel, Jessica Hugdahl, Carrie Skrdla, Kristin Parks, Tracy Larson, Sarah Little, Laura Kain, Tina Wiegand. Back Row: Trainer Karen Hsu, Manager Tina Rutar, Statistician Mary Buck, Coach Joni DeKok, Coach Karl Schloerke, Coach Heidi Clinton, Manager Jennifer Leek, Trainer Krista Nelson.

JV Volleyball

10 wins, 6 losses, 3 ties

AHS	Opponent	Opp
0	Fort Dodge	3
2	DM Roosevelt	1
2	DM East	1
1	WDM Dowling	2
4th	DM Lincoln Tournament	
2	DM Lincoln	0
2	DM Hoover	1
2nd	WDM Dowling Tournament	
2	DM North	0
2	WDM Valley	1
3	DM Lincoln	0
1	Marshalltown	2



JV Volleyball. Front Row: Leah Uhlenhopp, Jocelyn Ely, Tara Carmean, Asheley Holscher, Wendy Nelson. Second Row: Megan Miller, Katie Krogmeier, Sara Brunscheon, Trudi Weis, Jana Hertz, Serra Sermet, Kelly Randles. Back Row: Trainer Karen Hsu, Manager Tina Rutar, Statistician Mary Buck, Coach Joni DeKok, Coach Karl Schloerke, Coach Heidi Clinton, Manager Jennifer Leek, Trainer Krista Nelson.



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Winning a pop for hitting opponents with our spikes or serves."

-junior Jocelyn Ely

"Having everybody play about the same amount of time and working well as a team."

-sophomore Jana Hertz

Close

A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Winning the 1991 Class 3A State title and beating DM North badly to get to the championship finals was an unforgettable experience."

—senior Rob Kain

"Team outings in Mike Bergan's convertible and the pep rallies before and after winning State."

—junior Seth Anderson

"All the support we got from friends, family and the community. Knowing that many people were behind us helped us out a lot."

—junior Alex Garn

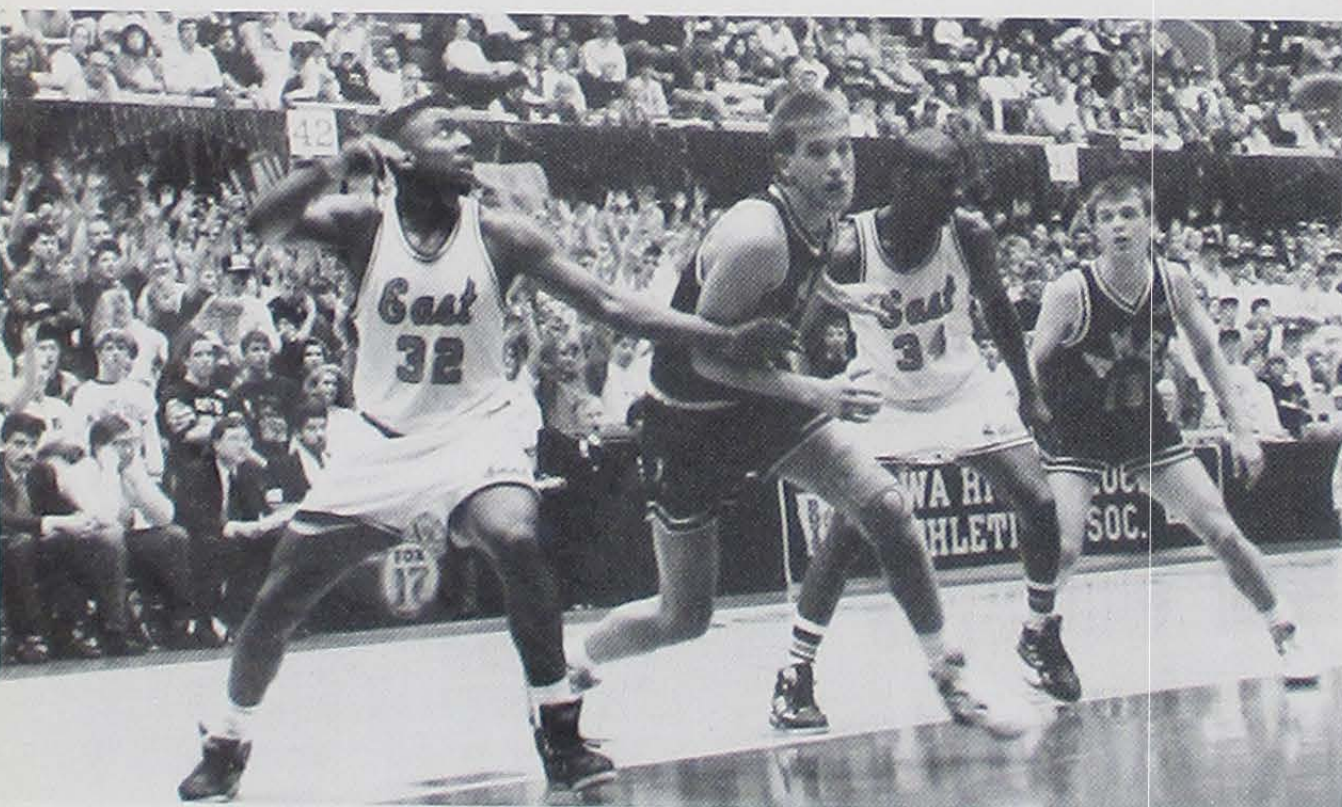
Varsity Basketball

21 wins, 3 losses

AHS	Opponent	Opp
72	Marshalltown	56
70	DM Roosevelt	59
102	Fort Dodge	69
58	WDM Dowling	65
85	Ankeny	72
75	DM North	65
84	DM East	54
80	DM Lincoln	65
88	DM Hoover	54
51	WDM Valley	54
85	DM Roosevelt	54
74	DM Hoover	58
78	DM North	82
59	WDM Dowling	51
91	DM East	64
79	Mason City	67
73	DM Lincoln	51
79	WDM Valley	50
74	Newton	54
98	Ankeny	78
108	Indianola	60
86	Davenport West	60
94	DM North	58
79	Waterloo East	63

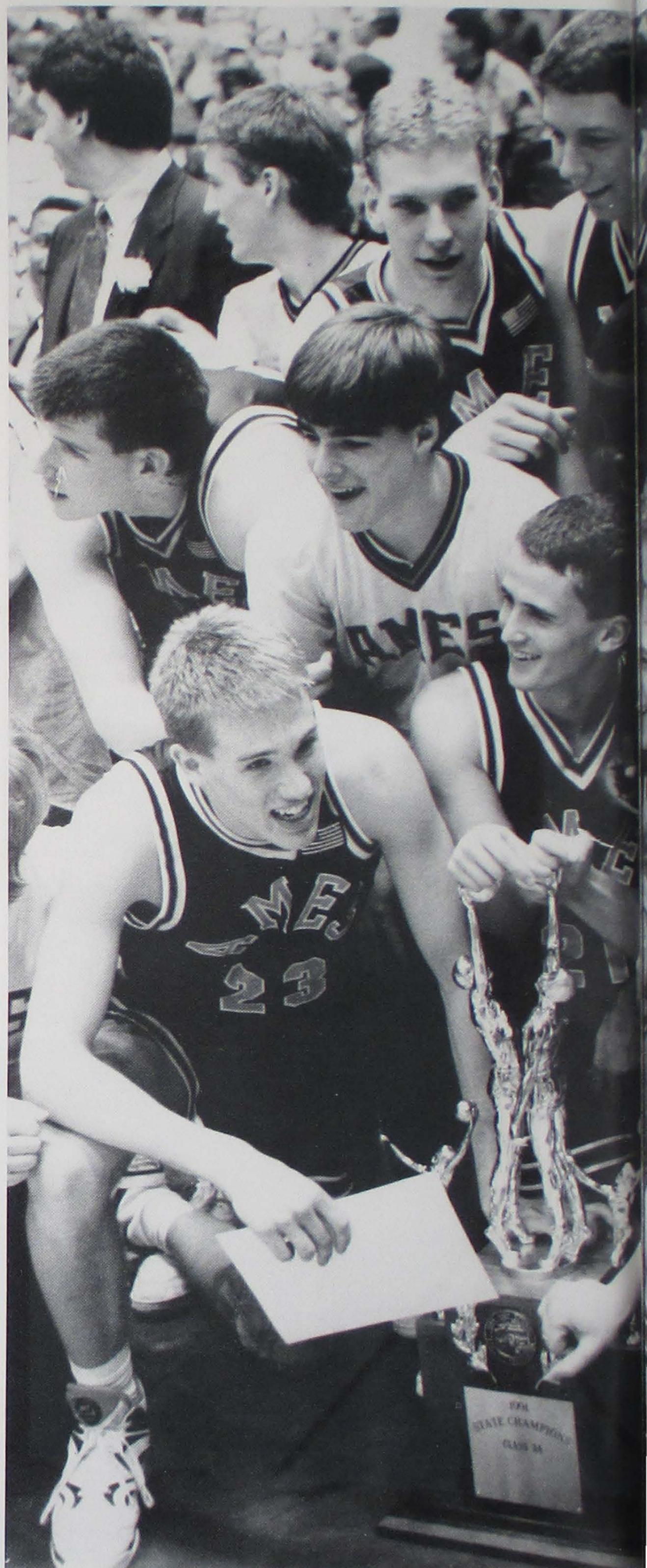


Varsity Boys' Basketball. Front Row: Asst. Coach John Walz, Ryan Carver, Mark Milleman, Seth Anderson, Brian Coffey, Bona Lueth, Eric Warne, Bryce Freeman, Asst. Coach Vance Downs. Second Row: Manager Andee Moore, Trainer Tim Harris, Nathan Koch, Tim Legg, Coach Wayne Clinton, Coach Bud Legg, Mike Bergan, Fred Hoiberg, Trainer Mark Wessman, Mary Buck. Back Row: Manager Matt Franco, Pete Fretz, Rob Kain, Alex Garn, Manager Mike Pollmann.



Driving toward the basket during the state championship game, senior Nathan Koch moves in to score. Koch was one of six seniors to finish their high school career with the state title. (Photo by Colin Brennan)

Celebrating after their 79-63 victory over Waterloo East, Ames players surround their 1991 Class 3A State Champion trophy. Ames won the state title for the first time since 1976. (Photo by Colin Brennan)





On Top

Boys win State crown

-Julia Ford

Even before the final seconds ticked off the clock, the realization set in; Ames had won the 1991 Boys' State 3A Basketball Championship. It was a dream come true for 14 players and a four-year goal achieved for six seniors.

"We made a goal as freshmen to win the state title as seniors," senior Nathan Koch said. "We watched sub-state games slip through the cracks for the past three years, making us more determined than ever to win this year."

Determination played a big part in the squad's success, but the players' closeness was another major aspect.

Gumbying at the State Championship game against Waterloo East, the Ames bench supports their team to victory. Ames won 79-63 and became the 1991 Class 3A champs. (Photo by Colin Brennan)

"We all got along really well and spent lots of time together on and off the court," senior Mike Bergan said. "Everything we did was for the team, not for individuals. Because of that closeness, we all came out on top."

Coming out on top is a nice way of putting it. The 21-3 Little Cyclones had a very successful showing at State, beating all three of their opponents by an average of 26 points. Ames also played its bench more than any other team, allowing everyone to get a taste of the action.

"Getting the chance to play in front of all those people is an experience I'll never forget," junior Bryce Freeman said. "We weren't expecting to play at all—we were happy with just 'gumbying,' but the opportunity was incredible and we were all more than happy to play."

Having an opportunity to take

the state title was something that many people outside of Ames were skeptical about.

"Nobody except our fans expected us to win; we were the underdogs the whole way," senior Rob Kain said. "Especially for the North-Ames semi-final game, a lot of people said we didn't have a chance to win, but we proved them wrong and thrashed them 94-58."

Being the best was something the Ames players had looked forward to for so long that when they finally had it, they didn't know what to think.

"It's a feeling that's totally indescribable; when we held that trophy in our hands, we knew that all the hard work we had done and all the time we had put into basketball was worth it," senior Fred Hoiberg said. "We came into this season with a goal and not only did we achieve it, we dominantly conquered it."



Young Talent

First time win for girls at Districts

-Adrienne van der Valk

Ten pairs of Nike basketball shoes hit the court and the girls' varsity team began its scrimmage. But unlike most years, the feet filling those shoes belonged primarily to juniors and sophomores. As a young team, playing together on and off the court, and coming out with a 9-13 record kept the 14 players hopping.

"I think it is important to have younger players on the team for experience so when they are juniors and seniors they have varsity experience," junior Amy Biechler said.

Some of the sophomores didn't experience varsity basketball the whole season. They were brought from their team as varsity coach Bruce Vertanen felt necessary.

"Leigh Ann (Powell) joined (the squad) for the last six games and Kelly Randles for Dis-

tricts. I think having younger players on the team worked out well," junior Holly Forssman said.

While the younger players helped the team out with their abilities, they were new to this level of basketball. While most adjusted to it, they found it a slightly different ball game.

"Being on varsity was a lot harder than sophomore year. The competition was harder and we had to improve a lot in defense and endurance," junior Neena Paul said.

While they spent practice time improving their physical ability, the team used non-court time to improve relationships amongst themselves. For instance, they ate pizza every night before games as a morale (and carbohydrate) booster.

"We got a lot closer as the year went on. We got to know each other, became friends, and played

more as a team," sophomore Keara Langston said.

The team had a successful season and went on to Districts where they made an exciting accomplishment.

"We played North at the first game of Districts and won. It's the first time an Ames (girls') team has gotten past the first game of Districts," junior Beth Muller said.

The Little Cyclones couldn't hold on to that momentum though, and ended their season with a district loss to Fort Dodge.

Putting away their Nikes was sad for some, but everyone agreed that, young as they were, the team had improved and grown through the season.

Looking on during the game against WDM Valley, the bench cheers for teammates on the court. Being such a close group was nice when players needed a little extra support. (Photo by Jason Swift)





Girls' Varsity Basketball

9 wins, 13 losses

AHS	Opponent	Opp
55	Fort Dodge	65
66	DM Roosevelt	48
50	Marshalltown	48
46	Mason City	66
49	DM East (at Urbandale)	40
44	WDM Dowling	67
48	DM North	27
36	DM East	48
32	DM Lincoln	57
34	DM Hoover	38
48	WDM Valley	56
58	DM Roosevelt	49
43	DM Lincoln	78
47	DM Hoover	42
43	Cedar Falls	67
54	WDM Valley	48
62	DM North	29
72	Fort Dodge	73
50	WDM Dowling	64
44	DM East	53
39	DM North (District)	36
47	Fort Dodge (District)	58



A win-lose record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Setting and tying a total of 10 school records including number of total wins, free throws, and rebounds."

-junior Amy Biechler

"Beth Muller being elected to the number one All Metro team."

-junior Jocelyn Ely



Varsity Girls' Basketball. Front Row: Serra Sermet, Jocelyn Ely, Beth Muller, Keara Langston, Ruth Carpenter, Meiko Naganuma. Second Row: Neena Paul, Amy Biechler, Megan Miller, Holly Forssman, Karin Klocke. Back Row: Megan Freeburg, Coach Lance Ringler, Coach Bruce Vertanen, Coach Todd Wilkenson, Coach Craig Odle, Shay Grundmann.



Reaching for a chance to rebound are senior Shay Grundmann and junior Holly Forssman. Both girls contributed to the record-setting number of rebounds made this year. (Photo by Jason Swift)

Blocking her opponent, sophomore Keara Langston attempts to intercept a pass. Langston was a top scorer in many games and was an important part of the young team. (Photo by Jason Swift)



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Beating Valley at least once during the season was great. They were so cocky after they beat us the first time that it felt so good."

-freshman Bryan Warme

"The bus rides on the way home after we won a game were great. We always had so much fun checking stats and joking around."

-freshman Scott Litchfield

Freshman Boys' Basketball

17 wins, 3 losses

AHS	Opponent	Opp
77	DM Hoover	73
55	WDM Dowling	49
55	DM East	39
60	DM Lincoln	51
66	Marshalltown	38
89	DM Roosevelt	44
56	DM Hoover	52
62	DM North	41
57	WDM Dowling	38
65	Ankeny	56
52	DM East	47
52	DM Lincoln	46
62	DM North	45
71	WDM Valley	86
73	DM Roosevelt	71
53	Urbandale	61
78	Marshalltown	56
48	Ankeny	43
82	WDM Valley	72
70	WDM Valley	79



Freshman Boys' Basketball. Front Row: Bryan Warme, Steven Bailey, Jim Polston, Somphet Thongsouk, Aaron Peck, Nokeo Somsanith, Jeremy Gardner, Jeremy Aslesen. Second Row: Shane Wirth, Michael Darkoh, Jon Huehn, Scott Litchfield, Coach Vance Downs, Jeff Stiles, Jeff Booms, Zac Frederick, Chris Wycoff. Back Row: John Millemann, Jeff Alt, Micah Abel, Steve Bern.



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Beating Valley at the end of the Urbandale tournament."

-sophomore Tendai Muyengwa

"Watching Kevin Lawler play in the State tournament."

-sophomore Scott Gabrielson

"Playing Marshalltown before varsity (with a crowd)."

-sophomore Dan Ricketts



Sophomore Boys' Basketball. Front Row: Carlos Wesley, Mike Eagan, Arthur Chen, Scott Gabrielson, John Tannehill, Aaron Burrier. Second Row: Jason Miller, Jonathan Good, Dan Ricketts, Ed Schweiger, Coach John Walz, Todd Roede, Jeff Bappe, Mark Skluzacek, Kevin Lawler. Back Row: Nick Benson, Collin Paige, Mark Gyllstrom, Tendai Muyengwa.

Sophomore Boys' Basketball

13 wins, 5 losses

AHS	Opponent	Opp
56	Marshalltown	54
61	DM Roosevelt	66
74	Fort Dodge	65
61	WDM Dowling	58
55	Ankeny	69
65	DM North	78
67	DM East	57
76	DM Lincoln	56
61	DM Hoover	42
57	WDM Valley	37
57	DM Roosevelt	65
48	DM Hoover	44
63	DM North	58
59	WDM Dowling	47
42	DM East	40
60	Mason City	55
71	DM Lincoln	54
44	WDM Valley	56





On The Line

Boys' teams held under pressure

Julia Ford

Determination, aggression, hard work and team unity all added together equalled the sophomore and freshman boys' basketball teams.

Both teams had successful seasons, the sophomores finishing 13-5 and the freshmen finishing 17-3 (A squad) and 15-4 (B squad). Both squads felt that they could have finished with a better record, but overall thought that their seasons went well.

"Our season went fairly well; we all know we could've won the games that we lost, but most of the time we played to our potential," sophomore Jeff Bappe said. "We really worked hard during practices and once we smoothed out

Driving in past his WDM Dowling competitors, sophomore Jeff Bappe concentrates on his layup. Ames beat the Maroons 55-49, helping them finish with a 17-3 record. (Photo by Jason Swift.)

the rough edges we worked well together."

Working well together was the result of many hours of practice and the busy schedules the squads had.

"We seemed to have a lot more games this year and that kept our momentum up a lot," freshman Bryan Warme said. "We had a lot of fun with our coaches and they made practices bearable and all the bus rides fun."

Having fun added to the teams' success and also provided a good way to get over the losses.

"We always took the good with the bad; if we won we celebrated and if we lost, we talked about it for awhile and then moved on," sophomore John Tannehill said. "We never let ourselves get down about the losses, if anything the losses just made us want to win even more."

Taking the bad with the good

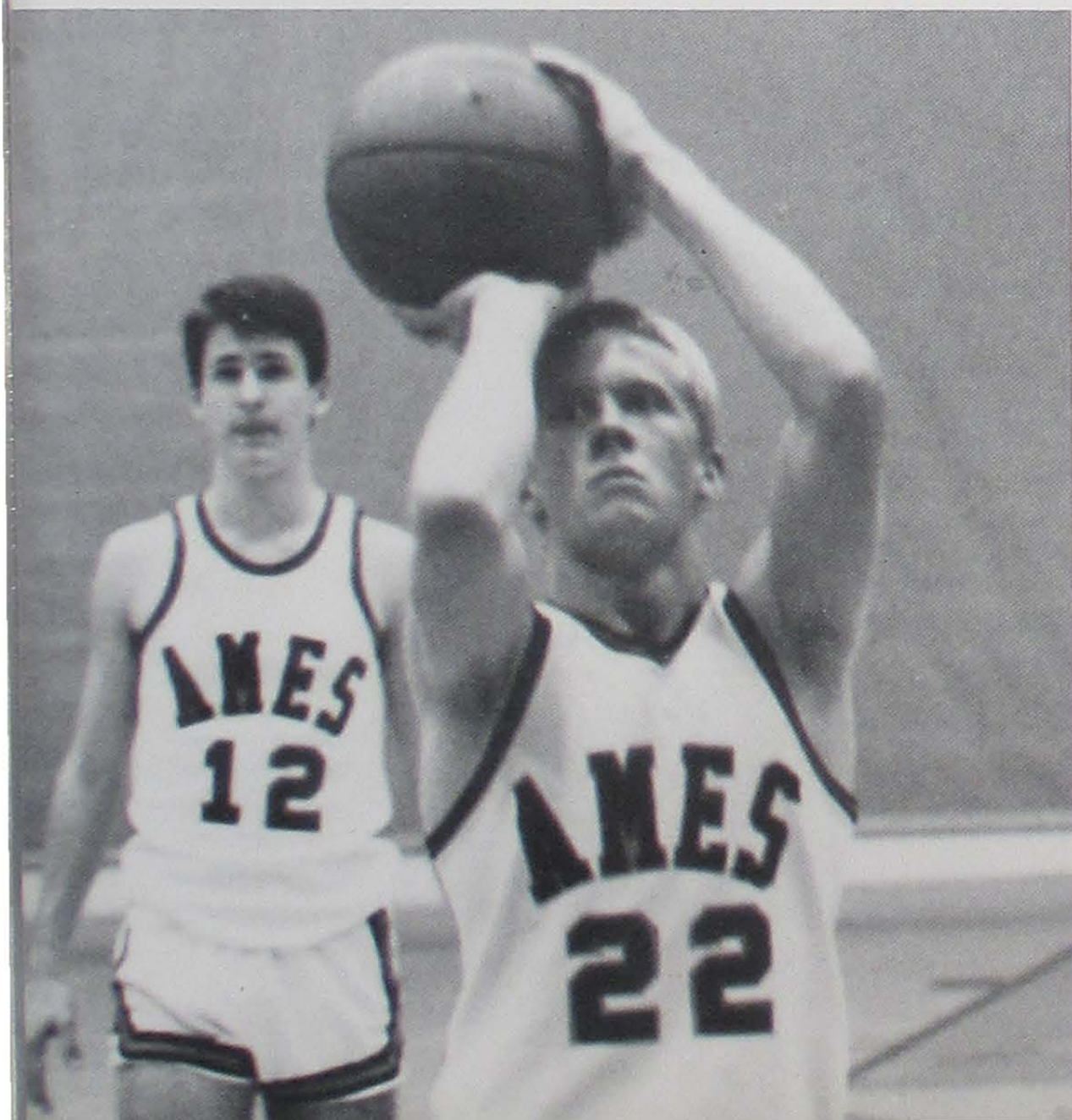
was a tough thing to do for both teams and sometimes their drive was little too much.

"We wanted to beat Valley so badly at the end of the season that we were trying too hard to win," freshman Jeff Stiles said. "We were all really disappointed with our loss, but we know we'll come back strong next year."

Coming back strong was something that the sophomore team wanted to do, but fell just short of their goal.

"We wanted to win every game this year; we were almost undefeated last year and we should have done it this year," sophomore Nick Benson said. "We only hope that our time will come in the next two years so we can be as successful as this year's varsity squad."

So with hard work and dedication, the sophomore and freshman basketball teams made their seasons successful.



With knees bent and eyes on the basket, sophomore Scott Gabrielson concentrates on making a free throw. Gabrielson's and his teammates' efforts earned the team a victory over DM East.

Launching into a lay-up, sophomore Tendai Muyengwa contends with a player from WDM Dowling who is trying to block the shot. Ames beat Dowling that night 59-47. (Photo by Aaron Jones)

Freshman Girls' Basketball

9 wins, 11 losses

AHS v. WDM Dowling.....	1 win, 1 loss
AHS v. DM North.....	2 wins
AHS v. DM Lincoln.....	2 losses
AHS v. WDM Valley.....	2 losses
AHS v. DM East.....	2 wins
AHS v. Fort Dodge.....	2 losses
AHS v. Omaha.....	1 loss
AHS v. Marshalltown.....	2 losses
AHS v. DM Roosevelt.....	2 wins
AHS v. Mason City.....	1 loss
AHS v. DM Hoover.....	2 wins



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Jean Lynott would wear these wretched orange socks to practice to be spirited but everyone hated them because they were so ugly."

-freshman Kris Fretz

"Beating WDM Dowling by two points there after they had beaten us at home."

-freshman Susie McGee



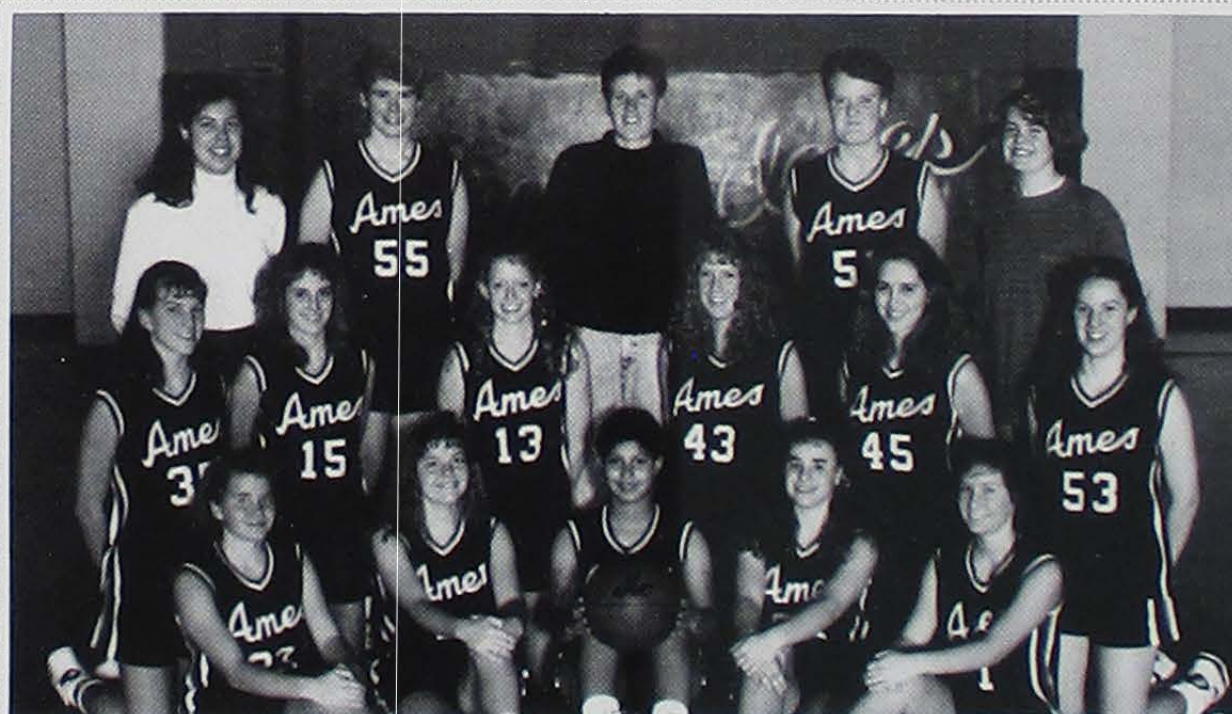
Freshman Girls' Basketball. Front Row: Susie McGee, Danelle Pantenburg, Jen Wilcox, Jennifer Schrad. Second Row: Sonae Griffin, Noelle Osborn, Lisa VanCannon, Megan Knutsen, Amy White. Back Row: Allison Hutchison, Kristin Parks, Kris Fretz, Coach Lance Ringler, Jean Lynott, Jamie Adair.



Sophomore Girls' Basketball

13 Wins, 6 Losses

AHS v. WDM Dowling.....	1 win, 1 loss
AHS v. WDM Valley.....	2 wins
AHS v. DM Roosevelt.....	2 wins
AHS v. DM East.....	2 wins
AHS v. DM North.....	2 wins
AHS v. DM Lincoln.....	3 losses
AHS v. DM Hoover.....	2 wins
AHS v. Fort Dodge.....	2 losses
AHS v. Marshalltown.....	1 win
AHS v. Mason City.....	1 win



Sophomore Girls' Basketball. Front Row: Leigh Ann Powell, Kristi Heiberger, Dawn Peterson, Kelly Randles, Kelly Koppes. Second Row: Kim Biechler, Asheley Holscher, Missy Yungclas, Kari Marty, Dawn Bilyeu, Anna Terpstra. Back Row: Trainer Karen Heggen, Laura Kain, Coach Laura Ballantine, Kris Walker, Manager Amy Bartine.



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"On the bench we gumbied, and Anna Terpstra made seat cushions for the bench warmers."

-sophomore Kelly Koppes

"We had a slumber party at Coach Ballantine's house after the season and we all just sat and talked-it was great."

-sophomore Missy Yungclas



Pulling Together

Experience aids success

-Kristy Lakin

What do families do? They take trips, eat out, play games, and just talk to each other. Families aren't just Mom, Dad, brother and sister; sometimes, as strange as it may sound, families can be a basketball team. This year it was just that. The freshman and sophomore girls' teams shared a kinship that put them in the family class.

Most of the team members had been friends and played together in the past.

"We were pretty comfortable together. Most of us had been playing together in AAU since sixth grade," freshman Allison Hutchison said.

Those who hadn't known each

Because of her basketball ability freshman Laura Kain played on the sophomore team. Kain makes a jump shot despite the Dowling player's attempted block as teammate Anna Terpstra looks on. (Photo by Jason Swift)

other previously quickly got to know their teammates.

"Everyone got acquainted with each other and we really started to work together," freshman Jamie Adair said.

Others already knew what to expect from their teammates.

"I liked playing with my own grade because we already knew each other's abilities and had learned to play around them," sophomore Kari Marty said.

Whether they had played together before or not, working together was crucial to success.

"To work together as a team you have to have a good attitude and play unselfishly," freshman Noelle Osborn said.

The team members' attitudes paid off when the freshman team placed third in the Metro.

"We started off enthusiastic and ready to go at the beginning of the year. We kept that frame of

mind until we finally burned out, but we got back on our feet and just pumped ourselves up again," freshman Jean Lynott said.

Enthusiasm and togetherness showed some team members just what they were capable of.

"We proved something to ourselves by doing as well as we did," freshman Kris Fretz said.

The teams would not have done as well as they did if it wasn't for team spirit.

"Whenever we needed a boost there was always someone there to cheer us on," sophomore Anna Terpstra said.

The team members were close enough that they felt they could trust and depend on one another. With this understanding they were able to work together like a family. And by the end of the season they had accomplished even more than the goals they had set for themselves.



Defense was an obvious key to winning each game. Sophomore Kristi Heiberger looks for an open teammate to throw the ball to because the Dowling player kept her from being able to shoot. (Photo by Jason Swift)

The freshman team felt defense was one of its strong points. Freshman Lisa VanCannon and teammate Sonoe Griffin work to retrieve the ball in a game against Mason City. (Photo by Jason Swift)

Cutting Weight

Wrestlers forced to make sacrifices

-Holly Anderson

Sweat, determination, and hunger; that's what wrestling is all about, or so it seems. Most of the wrestlers did miss their favorite foods such as ice cream, pizza and hamburgers, but the season's turnout made it worthwhile.

"I really missed eating at Burger King but it was worth it. Our season went amazingly well—we placed second in the Metro. That was great because we didn't really expect to win much," junior Chad Steenhoek said.

Many team members felt good about the season even though much wasn't expected of them because they had only two returning State competitors, seniors Tim Randles and Eric Peters.

"I thought we had a really good season. The thing I really didn't like was not being able to drink water after practice because then you gain back a lot of lost weight. But it was worth it because all the

practice just makes you better," sophomore Jeremy Rhyan said.

Even though most wrestlers were dedicated and the sacrifices seemed worthwhile, that wasn't always the case. But winning a meet could bring back the inspiration.

"I've been going to wrestling meets at Iowa State with my dad since I was little. I like it even though practices can be long at times, but when you win it makes it all fun again. Chocolate was really hard to give up, and ice cream and hamburgers, but I did it," senior Sean Kenealy said.

Younger members seemed to miss food more than older ones, but they stuck with their diets.

"I missed pizza, Mountain Dew and anything sweet or greasy. I liked wrestling better this year though because I got to wrestle a lot more," freshman Tory Reimann said.

Some guys wrestled hoping it would benefit them in other sports,

but they still had to make dietary adjustments.

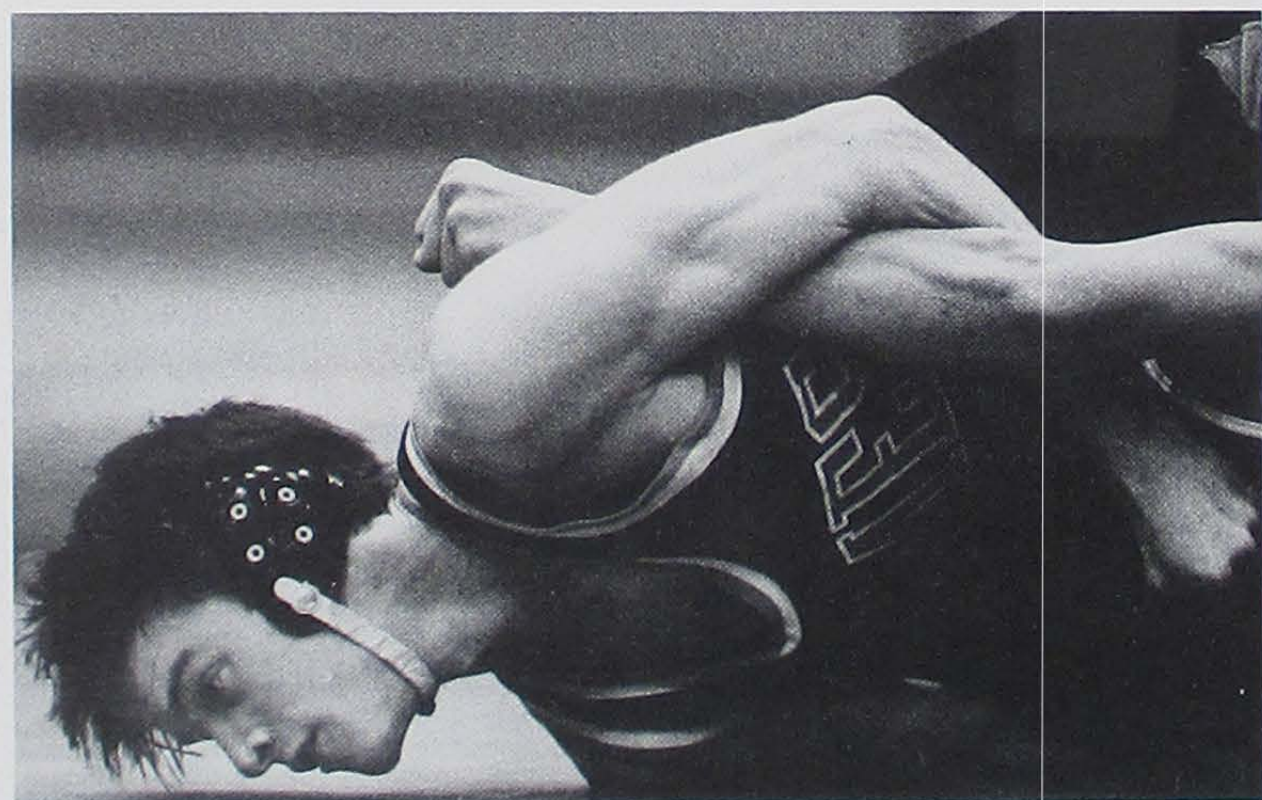
"I hope it will help strengthen me for football. I had to give up ice cream though, but I survived," junior Nathan Pelzer said.

Some just had to sacrifice time and energy, and they were fortunate enough to be able to eat whatever they wanted to.

"I'm a heavyweight and I'd have to gain about 100 pounds to go over my limit. I had fun eating in front of the other guys more than anything," junior Jim Meadows said.

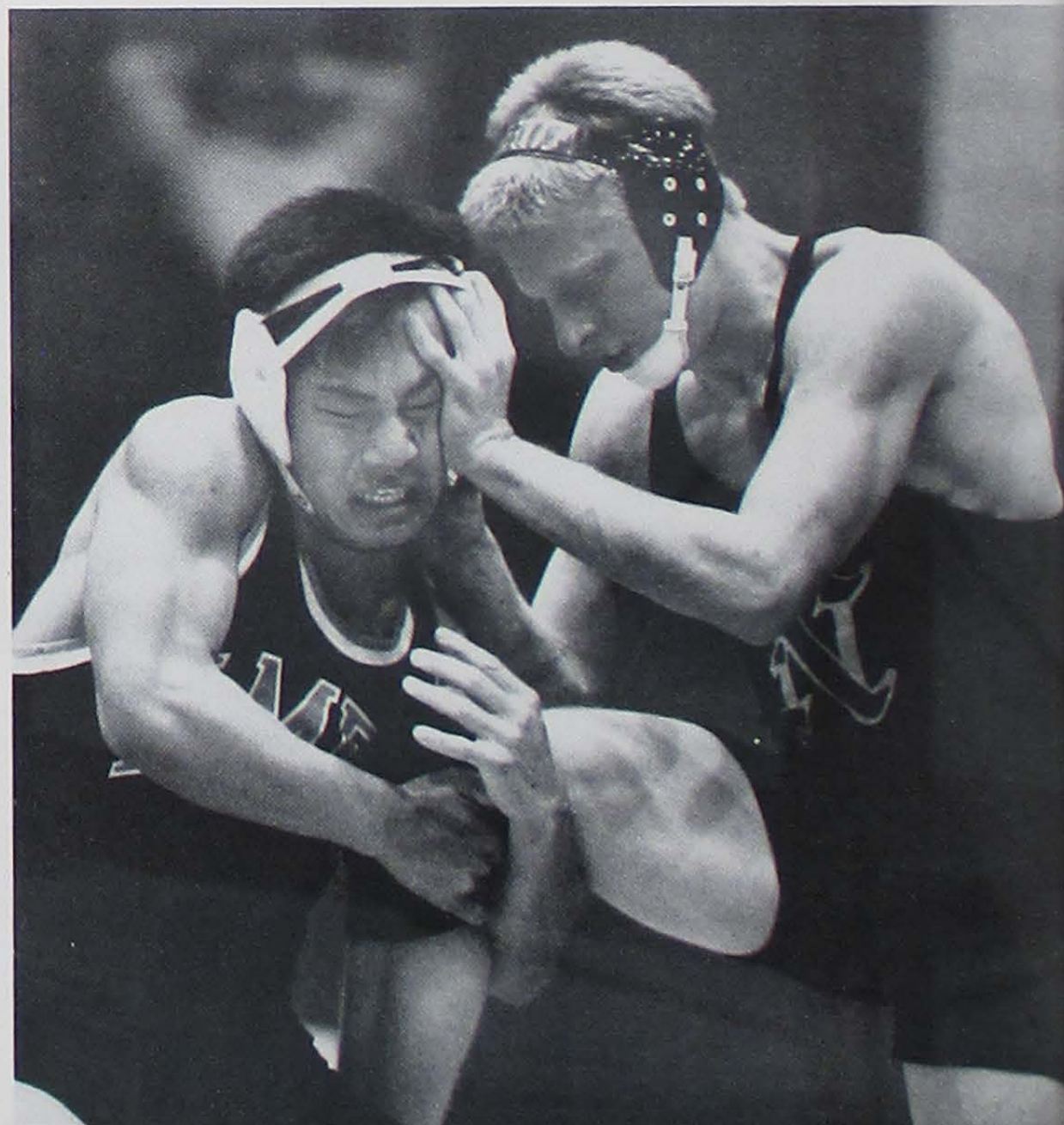
The sacrifices were worth the outcome. A second place finish in the Metro and Peters and Randles advancing to State once again made the season worthwhile.

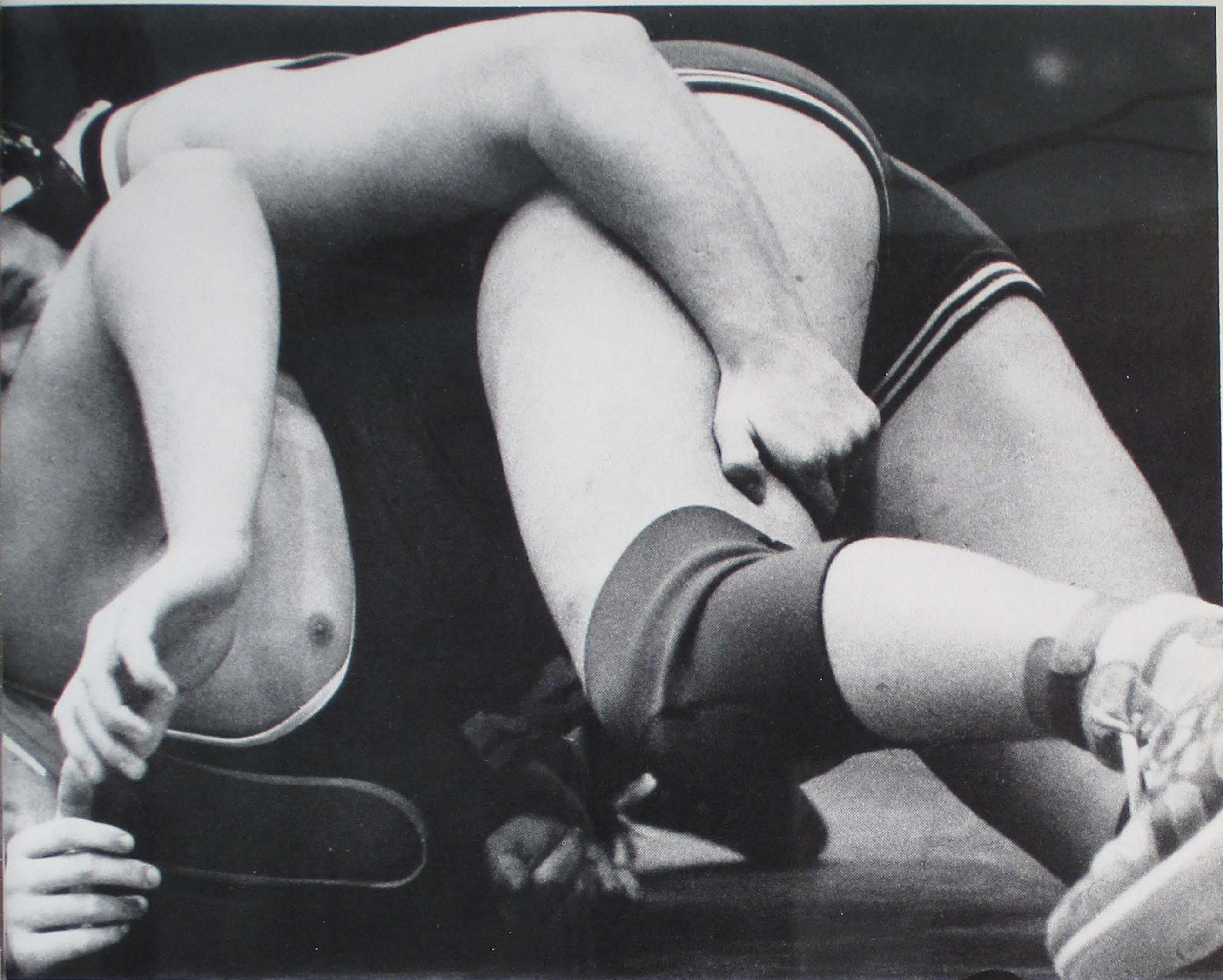
Using all of his strength, senior Bart Fowles tries to flip over Jason Vonnahue of Carroll Kuemper. Fowles won the match 3-0 and Ames won the meet 50-24. (Photo courtesy of The Daily Tribune)



With his face just inches from the mat, sophomore Jeremy Rhyan musters the strength to pin opponent Scott Wallace of DM North. Rhyan won 15-0 and Ames won the dual 65-19. (Photo courtesy of The Daily Tribune)

Muscles rippling everywhere, junior Jae Bernard pulls on his DM North adversary's leg while his face is being pushed in the opposite direction. Bernard was the victor in this battle. (Photo courtesy of The Daily Tribune)

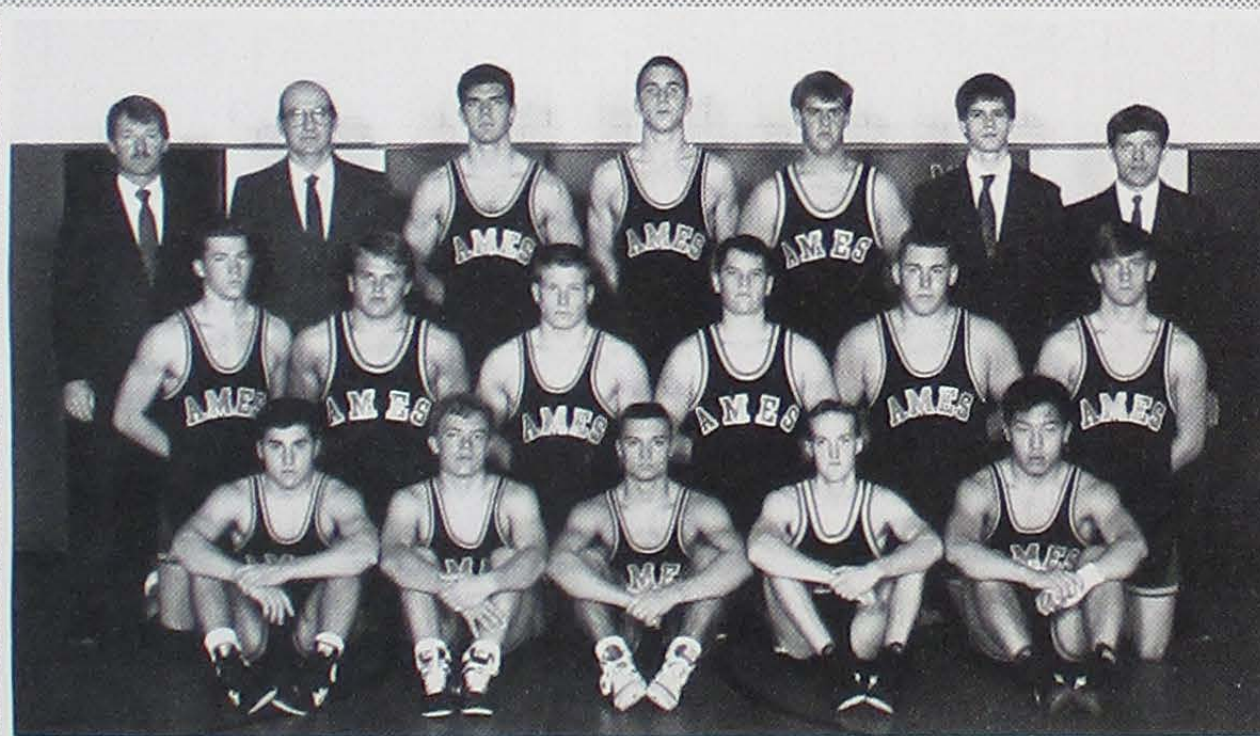




Varsity Wrestling

9 Wins, 9 Losses

AHS	Opponent	Opp
19	Newton	46
47	DM Roosevelt	19
21	Ankeny	48
12	Mason City	45
22	WDM Valley	40
65	DM North	19
37	DM Hoover	12
44	Carroll Kuemper	18
33	Boone	32
35	DM East	23
16	Marshalltown	44
38	DM Lincoln	26
5	WDM Dowling	61
20	Fort Dodge	46
6th	Districts	
45th	State	



Junior and Senior Wrestlers. Front Row: Tim Randles, Jeff Spencer, Dax Slaughter, Christian Wineinger, Jae Bernard. Second Row: Cory Toomsen, Chad Steenhoek, Eric Peters, Nathan Pelzer, Gus Carlson. Back Row: Coach Wes Worrell, Head Coach Jack Mendenhall, Sean Kenealy, Carl Forsling, Jim Meadows, Coach Troy Johnson, Coach Mike Riddle.



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Watching classmates Tim Randles and Eric Peters at State was great even though I didn't make it."

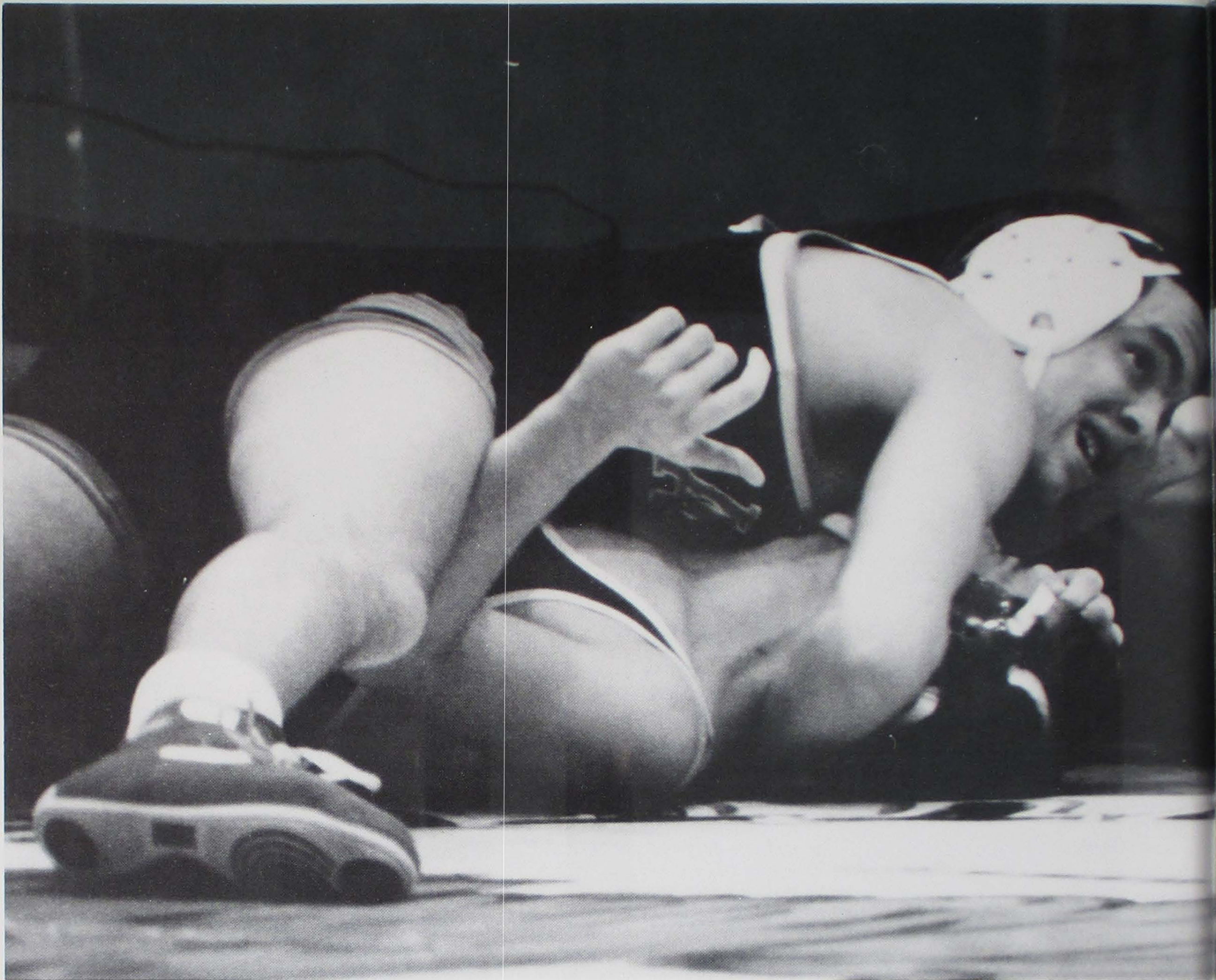
-senior Bart Fowles

"The Phantom Wrestler--the freshmen had to pretend they were wrestling a big, burly guy, the Phantom, and the Phantom always won."

-senior Dax Slaughter

"Playing dodgeball in the wrestling room eighth period, until we weren't allowed to anymore, was a blast."

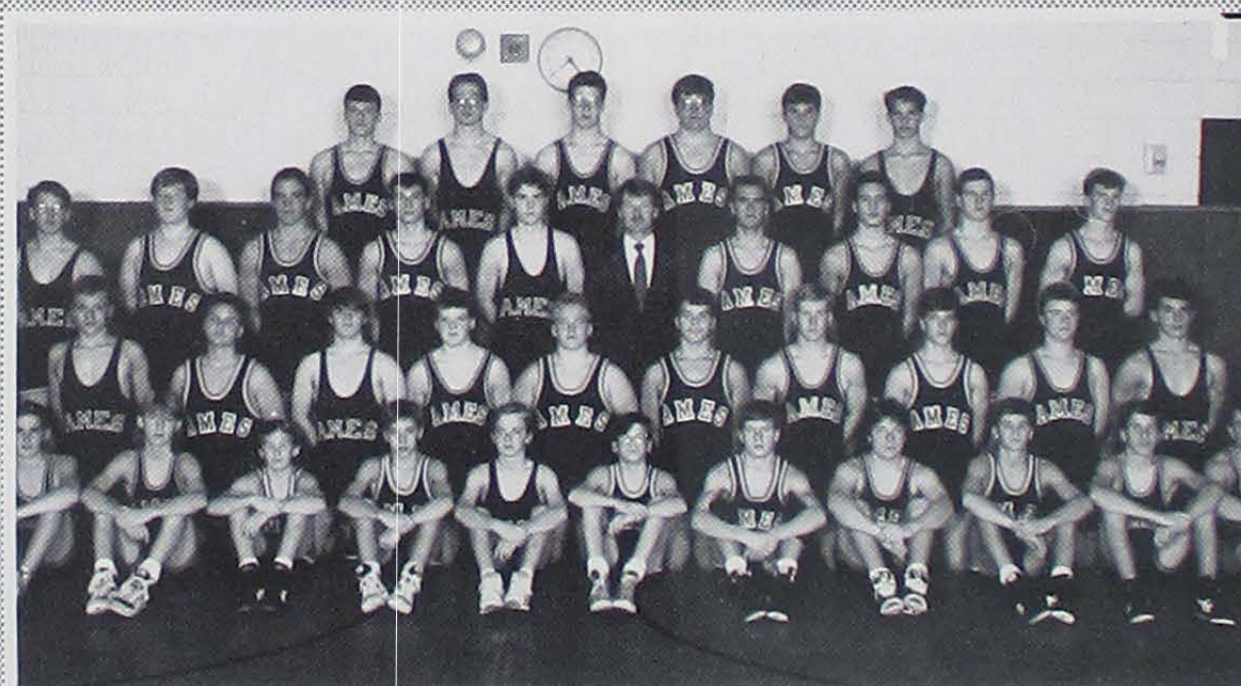
-senior Tim Randles



JV Wrestling

5 Wins, 6 Losses

AHS	Opponent	Opp
25	Newton	43
26	DM Roosevelt	12
18	Ankeny	52
13	Mason City	57
10	WDM Valley	28
66	Carroll Kuemper	6
52	Boone	27
36	DM East	21
7	Marshalltown	36
37	DM Lincoln	6
11	Fort Dodge	43



Freshman and Sophomore Wrestlers. Front Row: Ryan Carey, Hank Evans, Scott Reiger, Derek Schonrock, Beau Morton, Roy Nichols, Ryan Anderson, Kent Spillers, Earl Dowling, Derek Kopley, Zach Thompson. Second Row: Brian Pyle, Kyle Hanson, Courtney Padgett, Jess Bappe, Eric Burlingame, Steve Jones, Chad Fowles, Lon Freeman, Dave Rope, Tory Reimann. Third Row: Josh Boland, David Faux, Jud Hornas, Dave Pollard, Scott Allen, Coach Wes Worrell, Todd Flemmer, Ben Ford, Matt Thompson, Jeremy Rhyon. Back Row: Dan Kamm, Jered Dieter, Jeremy Mize, Josh Bryant, Josh Speck, Josh Nemitz.



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Making weight and then going out to eat and eating as much as we possibly could."
-freshman Earl Dowling

"Getting pumped up for the Dowling meet when they were ranked so high."
-sophomore Dave Pollard

On The Mat

Wrestlers gain useful experience

Jennifer Weiss

When most Ames High students thought of wrestling, they envisioned the padded orange room with its distinct odor and sweaty guys rolling around on top of each other.

But JV and freshmen wrestlers got more out of the season than that. Many obtained valuable information for improvement, not just from practices but meets and tournaments as well.

"Freshman tournaments were good experiences for me. I learned new wrestling fundamentals and how to wrestle better," freshman Jeremy Mize said.

Coach Jack Mendenhall

With the referee lying along-side to keep a good eye on the goings-on, sophomore Jud Horras pins his opponent during a meet against DM Roosevelt. Ames won the dual 26-12. (Photo by Ted Deli)

agreed that tournaments and meets had positive results.

"This year we had more dual meets and tournaments with other schools. This helped a lot with experience. We had a lot of kids with good experience at the freshman/sophomore and JV levels," Mendenhall said.

The JV season gave wrestlers more opportunities to wrestle competitively. There were three tournaments and 11 dual meets, and the JV rounded out its season 5-6. Even though it wasn't a winning record, the wrestlers pinned down some impressive meets, beating Carroll-Kuemper 66-6 and DM Lincoln 37-6.

As with any sport, the wrestlers faced obstacles as a team. One was commitment.

"Commitment in the past years has been a lot better than

what we had this year. We had more people quit this year than last year," junior Jim Meadows said.

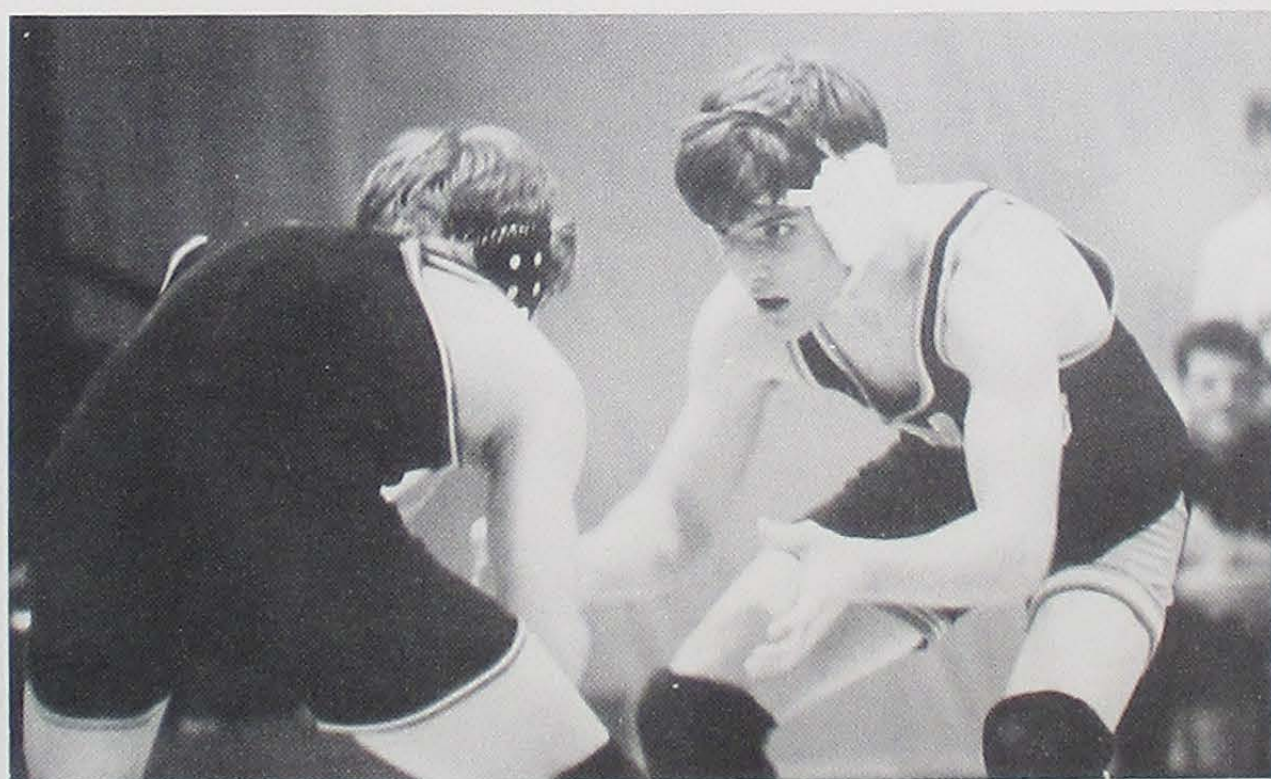
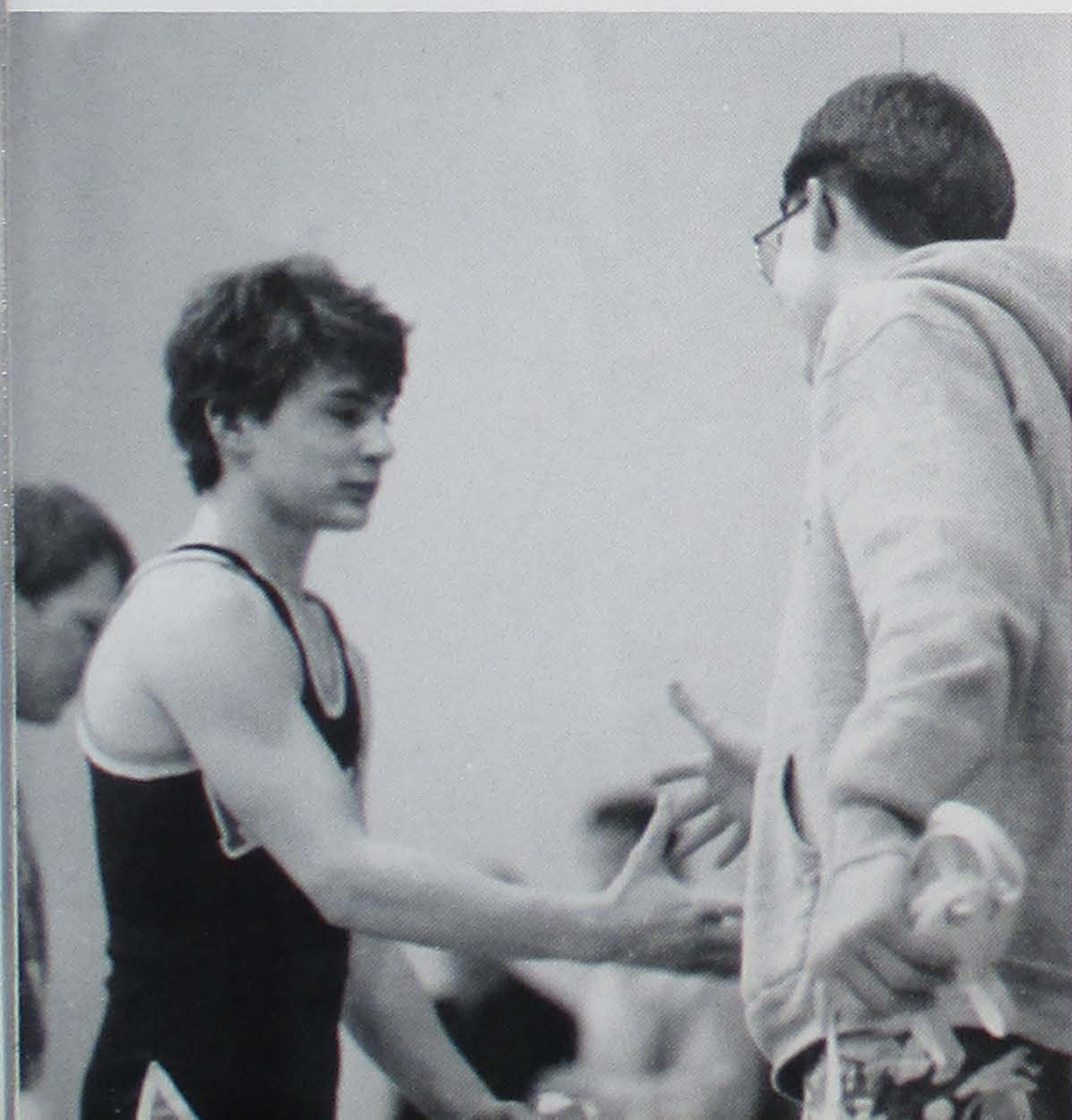
As the season continued, dedication to the team became stronger.

"We were very devoted towards the middle of the season. It was a team sport, and everyone supported each other," freshman Nick Schult said.

Coach Mendenhall expected the skills and knowledge the wrestlers mastered to be an asset later on.

"We have a good nucleus coming back. We'll have kids who have wrestled a lot and have experience," Mendenhall said.

With these kinds of wrestlers, one can see that the image of "guys rolling around on top of each other" does not hold true.



Walking off the mat, freshman Tory Reimann receives a congratulatory handshake from one of his teammates after winning a match against a Boone Toreador. Reimann's effort helped the team beat Boone 52-27. (Photo by Ted Deli)

Giving his opponent a menacing glare, freshman Lon Freeman circles before he lunges at him during a home meet. Freeman's tactics won him the match over his opponent from Boone. (Photo by Ted Deli)



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Every time we had a real hard workout the coach would start humming the school song, so whenever we heard it we'd get real nervous."

-senior Scott Sundstrom

"After all our meets we would go out to Great Plains because it had thick hearty slices to please a man-size appetite."

-senior Scott Gunnerson

"It felt great to beat Roosevelt because we hadn't beaten them for years and also because they had a really obnoxious coach whom we all disliked."

-senior Joe Nelson

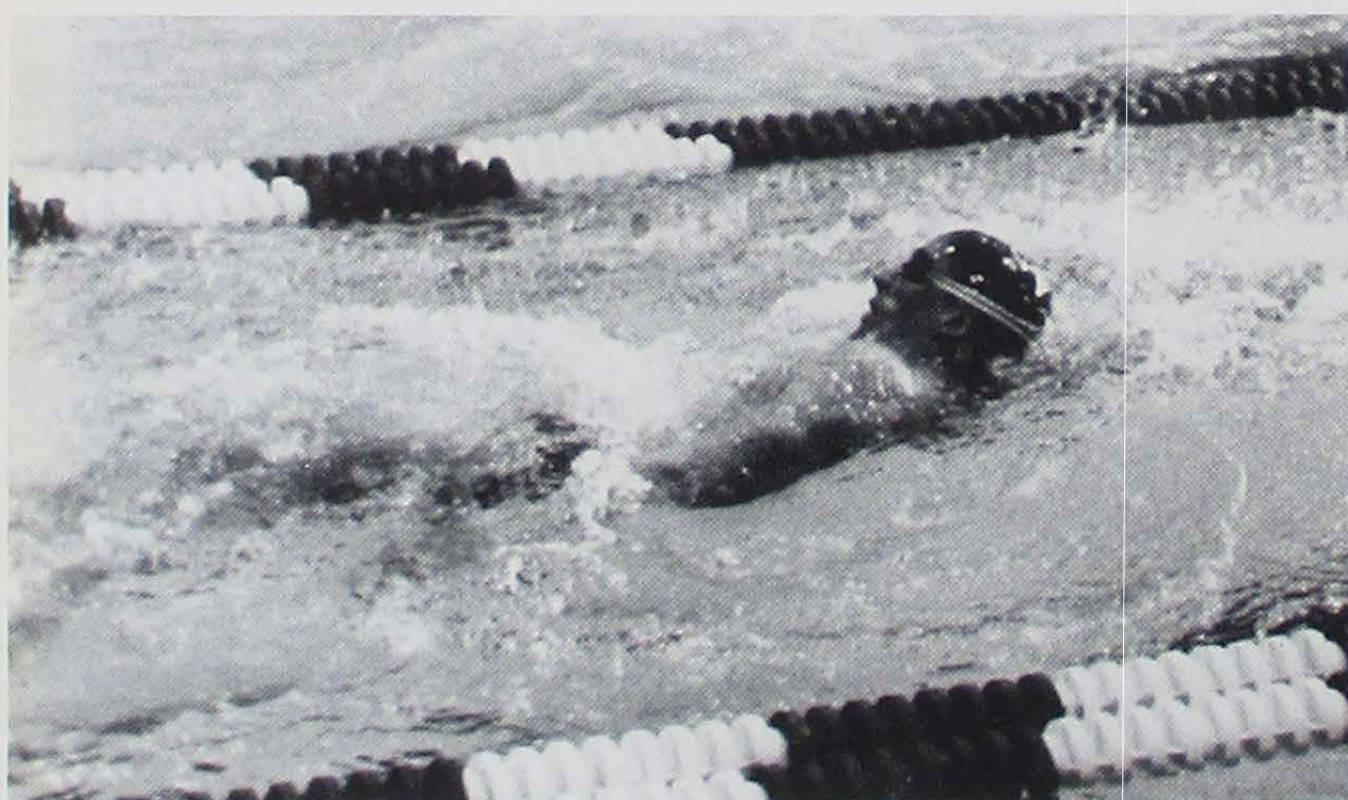
Boys' Swimming and Diving

5 wins, 3 losses

AHS	Opponent	Opp
95	Fort Dodge	91
4th	Little Cyclone Invitational	
98	DM Roosevelt	88
1st	Bobcat Relays	
46	DM North	39
10	DM Hoover	76
4th	Dodger Invitational	
69	WDM Valley	117
123	DM Lincoln	63
86	WDM Dowling	100
2nd	Ankeny Triangular	
2nd	Districts	
27th	State	



Boys' Swimming and Diving. Front Row: Scott Gunnerson, Matt Welch, Jan Krogmeier, Dan Salisbury, Wyman Benbow, Mark Button, Greg Sines. Second Row: Ryan Yoder, Joel Biggs, Brad Johnson, Jeff Brown, Brian Greving, Devon Alexander, Tim Hentzel, Joe Nelson. Third Row: Manager Bronwen Benbow, Manager Beth Dinsmore, Coach Mike Wittmer, Coach Phil Bishop, Coach Nancy Torkildson, Manager Ann Moore, Manager Angie Wittmer, Manager Chris Moeck. Back Row: Chris Hampson, Erik Potter, Brian Terry, Jay Clark, Dave Jurgens, Greg Ellis, Josh Huntington, Mike Bryant, Mark Robinson, Shawn Kliebenstein, Bryce Hill, Aaron Jones, Ben Sines, Scott Sundstrom.



At the Dodger Invitational, senior Joe Nelson swims the backstroke leg of the 200 meter individual medley. The Little Cyclones finished fourth in the invite. (Photo by Aaron Jones)

Swimming in the 100m breast stroke, sophomore Brad Johnson wins his heat and places second overall in the senior division of the Metro Conference meet at Ames. Swimmers competed by grade level. (Photo by Jason Swift)



Kersplash!

Swimmers lap up winning season

-Karen Hsu

"What the mind believes, the body achieves." Believe the boys' swim team did as they dove and plunged into one of their strongest seasons in recent years.

"We surprised a lot of other teams by coming back from fifth and finishing third in the Metro," junior Mark Robinson said. "A lot of the team improvements were due to off-season workouts, great coaching, and fantastic diving. We had a lot of team spirit; I think that really helped in the close dual meets."

Although skill and speed depended on the individual, everyone worked together to develop that positive team attitude.

Awaiting the shot to signal the race, junior Peter Mathews prepares to dive into the pool. Mathews was one of three students from Gilbert who was on the Ames swim team. (Photo by Jason Swift)

"We were like a family. After spending two and a half hours with someone under a dome every day, you become friends. Before the Saturday invites, we'd all get together, play poker; it was that sort of thing that brought us together," senior Scott Gunnerson said.

That family togetherness helped the new team members feel relaxed in a competitive atmosphere.

"There wasn't any pressure at first. All the practices started out easy so we could make the transition into the team," freshman Brian Terry said.

Another improvement was made outside of the pool. Increased school support helped boost the team's spirit.

"It's not like the stands were packed or anything, but when we had free food deals, a lot more people came. It was really nice to

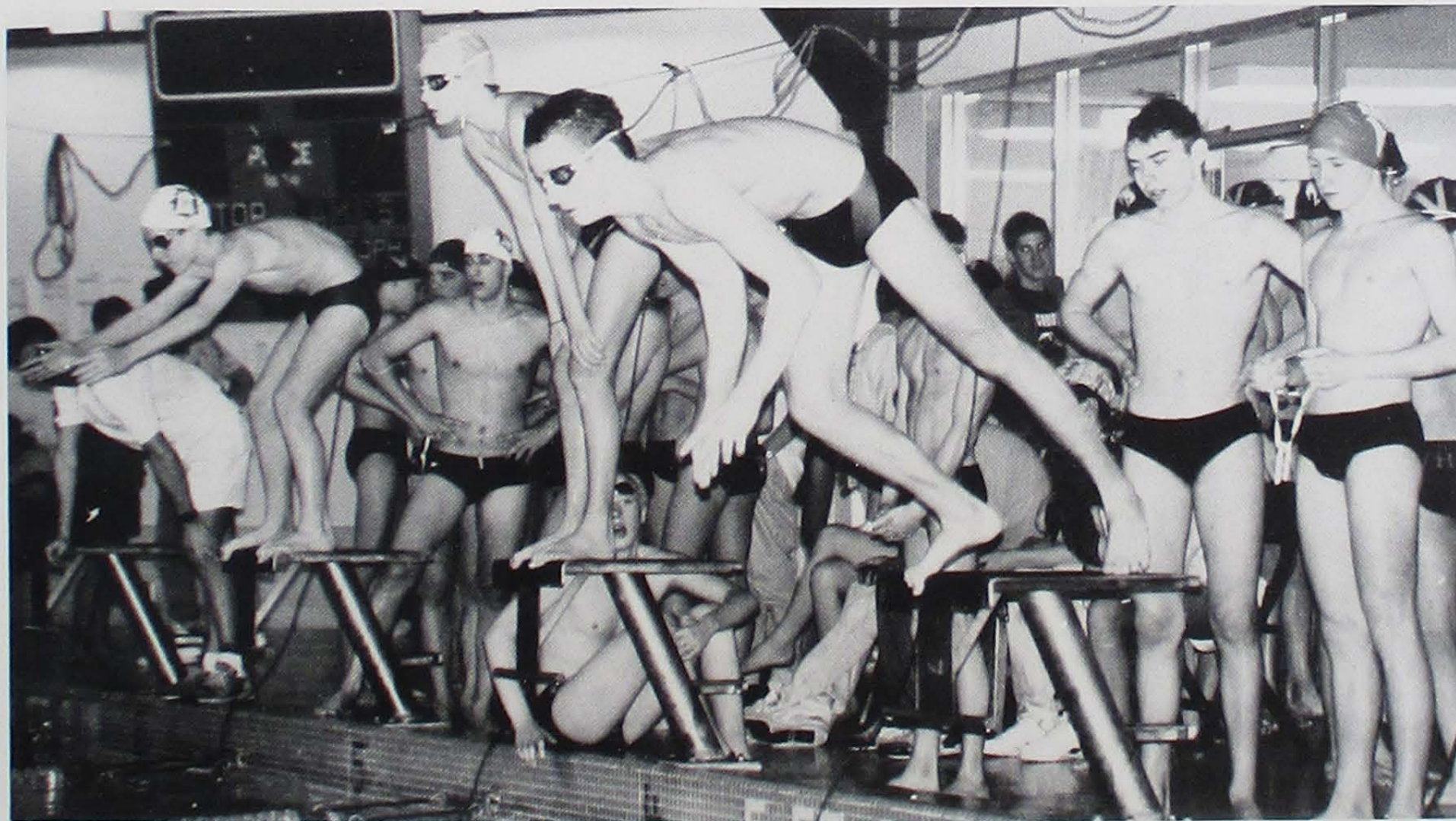
have people there besides just your teammates," senior Chris Hampson said.

Not only was there increased support for the swimmers, they helped boost support for other sports as well.

"To boost everyone's spirit during football season, we started holding tailgating parties right before the games. They really brought a festive mood. We also cheered at other sports," sophomore Tim Hentzel said.

Their spirit and closeness paid off when they finished behind WDM Valley and WDM Dowling in the Metro and placed 27th at State.

"We dropped times and many of us had our lifetime bests at State. We were hoping for a top 10 finish; we had the depth but nobody at the top. Overall, we had a tremendous year," sophomore Mike Bryant concluded.



Starting Up

Hockey team makes comeback

Scott Whiteford

He shoots! He scores!

The Ames High hockey team had difficulties scoring at the start of the season going 0-11, but came on strong at the end to finish the season 9-22.

But the hockey players didn't let their early season difficulties get them down.

"I think the season went well, especially at the end. Even though we lost, we played two good teams (Dubuque and the Omaha Gladiators) right down to the wire," senior Brody Linder said.

"I don't think we played as good as we should have; we played really well at the end of the season. Our coach said we were the 'talk of the tournament' because we played so well," junior Phil Greenfield said.

Part of the reason for that talk was because the Little Cyclones faced top-ranked Dubuque and

lost by just one goal in overtime, 5-4. And because the hockey team played so well in the tournament, it changed the players' attitudes and approach to the games.

"I know we can play with anyone. After losing to the Gladiators in overtime I felt like if we played them again we might be able to beat them because we played them so close and we weren't able to do that before," senior Matt Lippman said.

So, like most any athletic team, the hockey team had some high points during the season, they just were not the usual kind.

"I think just barely losing our last two games to good teams was good for us because it demonstrated that we could play with anybody. Even though we lost, we played up to our ability," junior Brian Wierson said.

The JV squad had its share of highlights as well, although they

were more traditional. Led by sophomores Chad Newhouse and Jon Sloan who also played varsity, the squad placed second in the JV state tournament at Sioux City. They, too, lost to the Omaha Gladiators, but in the championship game to their JV team.

"We played great in the tournament. In the semi-final round we killed a team that had beaten us twice during the regular season," Newhouse said.

After starting slow, and having a tough time scoring, the Ames hockey team was able to turn its season around and play up to its capability. The saying "he shoots! he scores!" then became common place for the Ames High hockey team.

In a game against Urbandale, junior Chuck Schweikert skates to the skidding puck. The Little Cyclones went on to beat Urbandale 7-3. (Photo by Bob Parr)



Senior Frank Klaus passes the puck to a teammate before an Urbandale defender has a chance to steal it. The Little Cyclones defeated the Jayhawks at home. (Photo by Bob Parr)

Going one-on-one in a break-away situation, junior Brian Parks skates toward the opposition's goal. (Photo by Bob Parr)





A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Brody Linder was named to the All-State team and Matt Lippman and Chris Winkler were All-State honorable mentions."

-senior Frank Klaus

"Almost beating two of the top teams in the league at the state tournament."

-senior Brody Linder

Hockey

9 wins, 22 losses

Ames	Opponent	Opp.
3	Valley-Dowling	9
0	Waterloo	6
0	St. Joseph, MO	5
3	Dubuque	5
2	Mason City	3
3	Waterloo	8
0	Sioux City	10
2	Valley-Dowling	5
2	Dubuque	3
2	Dubuque	6
2	Mason City	5
10	Omaha Lancers	1
5	Urbandale	4
2	Dubuque	3
9	Omaha Lancers	1
7	Mason City	6
7	Urbandale	6
3	Sioux City	8
3	Omaha Gladiators	8
6	Urbandale	3
3	Mason City	4
4	St. Joseph, MO	7
1	Waterloo	7
7	Urbandale	3
7	Omaha Gladiators	8 (O.T.)
1	Waterloo	5
6	Urbandale	1
3	Dubuque	4 (O.T.)
4	Omaha Gladiators	5 (O.T.)
1	St. Joseph, MO	8
5	Omaha Lancers	4



Hockey. Front Row: Brian Wiersen, Jon Sloan, Chad Newhouse, Chris Winkler, Phil Greenfield, Frank Klaus, Chuck Schweikert, Fred Van Bergen. Second Row: Manager Rob Hummel, Assistant Coach Ron Smith, Jay Greenfield, Coach Jim Van Bergen, Manager Chris Burkheimer. Back Row: Deron Hagberg, Toby Handley, Brody Linder, Derek Hagberg, Matt Lippman, A.J. Sanders, Todd Sterling, Brian Parks.



Hockey Cheerleaders. Front Row: Eva Andrew, Kirstin Brooks. Back Row: Katie Purdy, Lisa Wharton, Jill West, Marie Stover, Angie Reis.



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Traveling to all of the away games on the bus with all of the guys."

-freshman Angie Reis

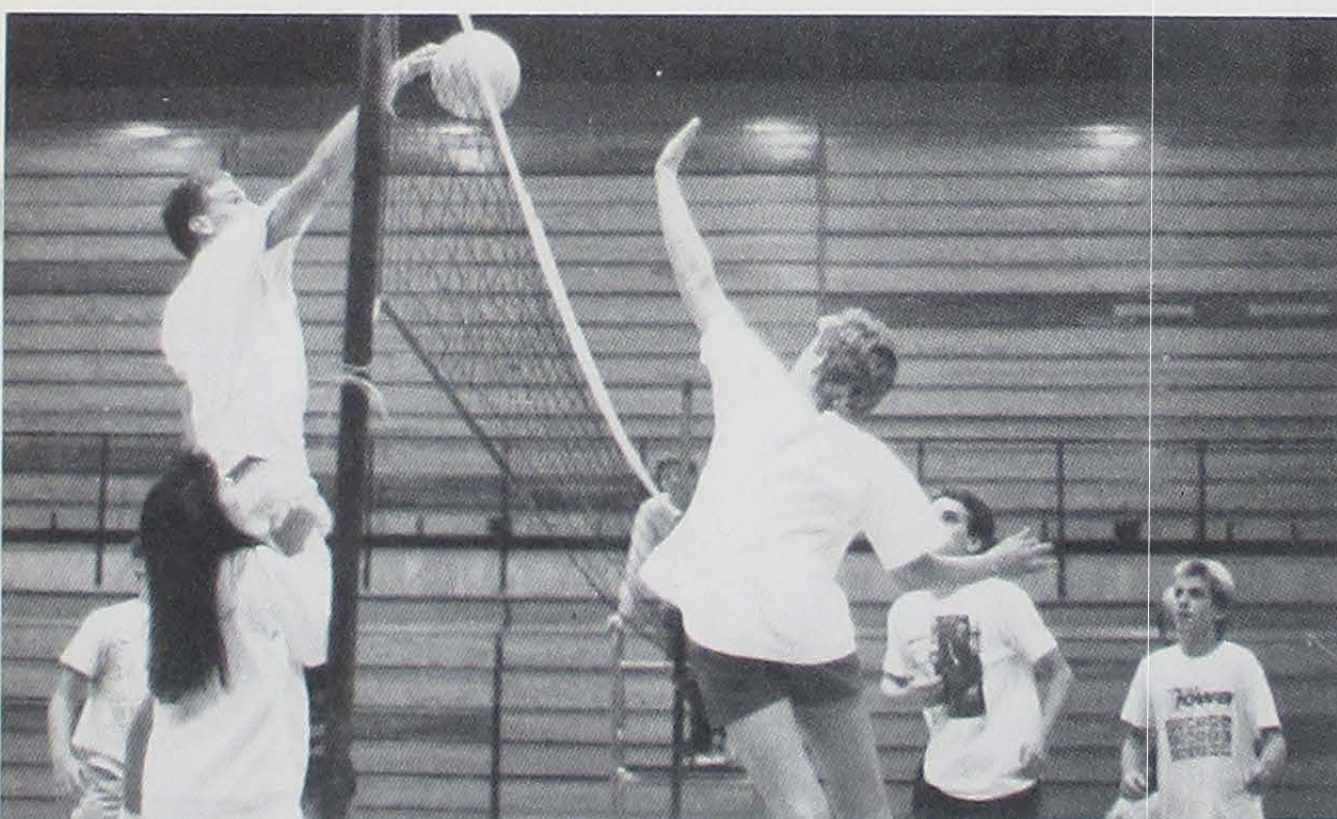
"Sleeping over in Dubuque to cheer for the early morning game."

-junior Lisa Wharton

"Tee-peeing all of the hockey players' houses before the State tournament was fun."

-freshman Katie Purdy

Going up for the shot, senior Brody Linder skies over senior Erik Smedal as their teammates try to anticipate the ball's destination. Linder's team won the contest. (Photo by Aaron Jones)



Intramurals were friendly competitions but they weren't for the weak-spirited, because, like junior Jamie Lang, you might have to block a spike from 6' 5" senior Pete Fretz. (Photo by Aaron Jones)

training for the lay-up, senior Chad West scores two for the I Ball All Stars as teachers Mike Petersen and Homer Gartz watch. The annual game was a fundraiser for Welfare Week. (Photo by Ted Deli)



Just for Fun

Players caught up in the action

-Krista Heinzig

Wednesdays weren't merely synonymous with five-minute homerooms and shortened class periods. To students who searched for outlets for their athletic ability, competition, or simple fun, Wednesdays meant intramural volleyball and basketball action.

"I like intramural volleyball because you don't have to wear bunhuggers and it's fun to goof-off with friends while not considering it to be fierce competition. It also gave me an excuse to get away from my brother and sister," junior Megan Freeburg said.

Having a good time wasn't the only thought running through peoples' minds. Some students looked upon intramurals as an opportunity to keep in shape during off-season sports.

For high-flying fun, students, like the two who are jumping to reject senior Nathan Koch's set, found intramural volleyball a perfect outlet for extra energy. (Photo by Aaron Jones)

"I get bored just sitting at home and watching television. I feel like I need to be out exercising at least one night a week otherwise I feel like a coach potato. Volleyball gave me a chance to stay active while I waited for tennis season to begin," sophomore Jody McKee said.

While volleyball had its spectators and enthusiasts, intramural basketball appeared more popular. With the girls' teams making the transition to playing at the high school instead of the Ames Middle School, the gym was a hot spot on Wednesday nights.

"Overall, it was a pretty good season. The teams were all really competitive and that made it more fun to play against other people. The greatest thing about I Ball is getting away with the obvious fouls like hacking and tripping," senior Fungai Muyengwa said.

While some were out for blood and revenge, a few were only looking for exercise and casual compe-

tition without too much hassle.

"Some people need to realize that it's just I Ball. I only played for fun but winning the championship and defeating a previously undefeated team was an awesome note to end the season on," senior Angela Rickert said.

Occasionally underclassmen had a disadvantage against the dominating seniors.

"I Ball is a lot of fun but the seniors controlled who played and the juniors sat out. Since it was their last year, though, they deserved the time," junior Jae Bernard said.

"Freshmen were last on the food chain. If there was time left in the game after the juniors and sophomores played, we finally got a chance to shoot the ball," freshman Duke Knapp said.

Laced with items from team t-shirts to matching shorts, students found themselves eagerly making their way toward the gym for Wednesday night intramurals.





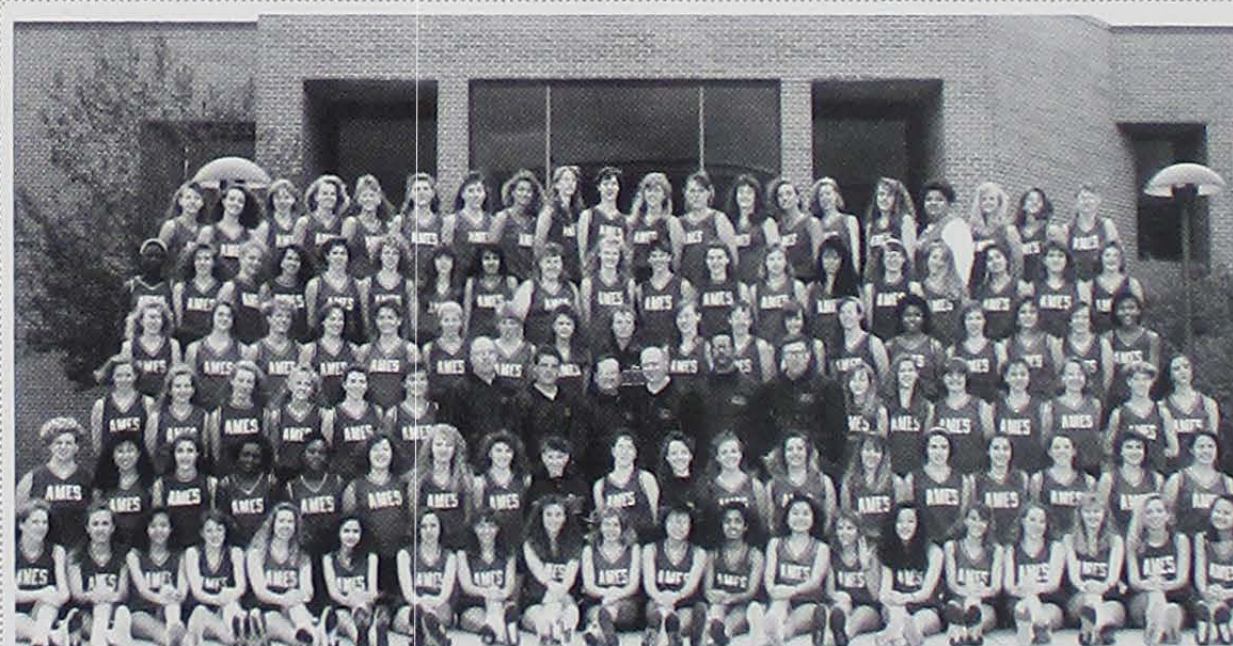
A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"The 4x800 team setting the school record with a 9:30.05."

-senior Jami Stiles

"The shuttle hurdle relay team qualifying as the top seed going into the state meet."

-senior Suzi Hunger



Girls' Track

10 first places

Meet	Place
State Indoor	3rd
Ames Indoor	1st
Federation Meet	1st
Dickinson Relays	not scored
Mason City	not scored
Cedar Rapids Invitational	1st
Little Cyclone Invitational	1st
Indianola Invite	1st
Drake Relays	not scored
Ames Invitational	1st
Dodger Invite	1st
District Meet	1st
Metro Conference Meet	1st
State Meet	3rd

Girls' Track. Front Row: S. Melnhart, A. Davis, A. Kao, B. Stott, L. Trede, H. Christensen, S. LeBrun, A. Bergan, K. Randles, L. Powell, J. Weiss, N. Panigrahy, A. Wagner, C. Salvo, J. Kim, S. McGee, L. Welch, M. Trankær, A. Hagen, L. Hefley. **Second Row:** M. Knutsen, K. Hau, E. Roas, T. Fadryi, S. Shelton, A. Olson, D. Thompson, J. Fleiler, D. Newhouse, C. Willard, M. Kell, S. Carmichael, R. Ripp, B. Titus, S. Smith, A. Gardener, E. Oldehoeft, C. Huitt, L. Nakarlate. **Third Row:** M. Yungel, S. Bruncheon, K. Heuss, C. Spike, I. Boston, A. Moutray, Asst. Coach L. Middleton, Asst. Coach R. Ballantine, Asst. Coach K. Schmalz, Head Coach J. Duea, Asst. Coach W. Clinton, Asst. Coach D. Wilson, V. Heeren, A. Nelson, A. Barine, A. Levings, S. Sermet, E. Block, A. McJinsey. **Fourth Row:** D. Dean, A. Campbell, J. Stiles, S. Alt, J. Ely, Jolyn Brakke, Janel Brakke, W. Ward, R. Faltonson, T. Henderson, K. Whitaker, S. Curran, M. Whitaker, J. Pugh, A. Terpstra, T. Carmean, K. Barnhart, H. Amos. **Fifth Row:** H. Lueth, C. Melvin, A. Birch, A. White, J. Hertz, B. Rieck, S. Hunger, N. Chowdhery, E. Holder, R. Geiger, J. Hugdahl, M. Mayfield, E. Meyers, R. Carpenter, A. Huichison, J. Simonds, E. Hernandez, T. Huisey, C. Briley. **Back Row:** C. Canow, A. Whigham, A. Henderson, N. Nilsen, K. Marty, J. Pelz, S. Taylor, S. Grundmann, K. Fretz, R. Hartman, H. Anderson, S. Cook, A. Doyle, V. Mayers, S. Dau, T. Weis, N. Williams, L. Uhlenhopp, J. Remsberg, E. Espeland.

Near Perfect

Girls take third at State

Scott Whiteford

Everybody has heard that it's not whether you win or lose, it's how you play the game. And even though they didn't lose very often, the girls' track team knew how to play the game well.

For the second consecutive year, the Little Cyclones finished third in the state meet, and failed to place first only twice: at the state meet and the state indoor meet.

While winning was nice, it wasn't the only positive aspect of the season for members of the team.

"I had a lot of fun this track season. It taught me how to make new friends and helped me improve not only physically but mentally," freshman Hope Amos said.

Gasping for air, senior Janel Brakke is supported by her sister Jolyn and junior Kristi McGinness. Brakke had just finished running her leg of the 4 x 800 meter relay. (Photo by Jason Swift)

"Running every day with the same people taught me to get along with my peers better."

Another thing that made the girls a strong team was not found strictly on the track, but in the team unity.

"I was on the shuttle hurdle relay team. After running with the same people all year you become very close. You begin to depend on them. I think it helped our relay teams a lot," junior Chrissy Spike said.

By getting along and working hard, the girls were able to prove they were the dominant team in this part of Iowa. And a team didn't just become one of the most feared by sitting on its laurels.

"We practice hard, harder than most teams," sophomore Sara LeBrun said. "I think it's the little things that made the difference. We practice batons every night; it was a very important part of each practice."

That practice paid off when the Little Cyclones won their district and several advanced to State, including the Ames High girls' 4 x 100 meter shuttle hurdle relay team. They were one of the top seeds going into the state meet and they felt that desire to break the tape.

"We felt really confident that we could win the event. We ended up getting third, but we knew we had tried our best," sophomore Karen Hsu said. "There is some satisfaction in knowing that we had done our best but losing was hard too. It's something to learn from and maybe it will make us better."

Although others were disappointed by their third place State finish, the Little Cyclones closed out another successful season as one of the top teams in the state. They may not have won it all, but they proved that old adage, "It's not whether you win or lose..."



Flying over a hurdle, senior Niki Nilsen leaps over the last hurdle in her leg of the shuttle hurdle relay. The Ames team captured first place in the event. (Photo by Jason Swift)

Receiving the baton in one of the sprint relays at the Ames Invitational is senior Suzi Hunger. Freshman Helen Lueth handed off the baton after finishing her leg of the race. (Photo by Jason Swift)

Still the Best

Boys win sixth straight title

-Karen Hsu

A heavy downpour at the State Boys' Track Meet may have interrupted the meet and distracted other teams, but it didn't stop Ames from breaking their own record of consecutive state titles. The Little Cyclones ran to an unprecedented sixth straight state championship and 20th title overall.

Some teams were accustomed to winning two or three titles in a row, but six?

"Ames High is athletically motivated. We push and love to thrive on the challenge of beating everybody else," sophomore Tendai Muyengwa said.

Along with the discipline and motivation, there was pressure for the team to remain undefeated for a sixth straight year.

"As the season came nearer and nearer to State, the pressure started to build; I had this fear of failure," freshman Jeff Stiles said.

But that pressure didn't seem

to bother the Little Cyclones as they qualified in 16 of 17 events for State.

"I don't think there's any more pressure than the years before. When they win one, they want to win two, and now it's the sixth," Head Coach John Sletten said.

Just as the pressure didn't bother some of the athletes, the weather could do no harm either.

"The snow and rain just made us run even better because while we practiced in that weather, I know a lot of teams didn't. One of our meets was shortened because of poor conditions and we had a tornado warning for another," junior Scott Whiteford said.

En route to the state title, the Little Cyclones amassed 139 points at the Metro Conference meet and ended their eight-year affiliation with the conference winning their eighth straight championship.

"It's cool that we have dominated the conference the entire

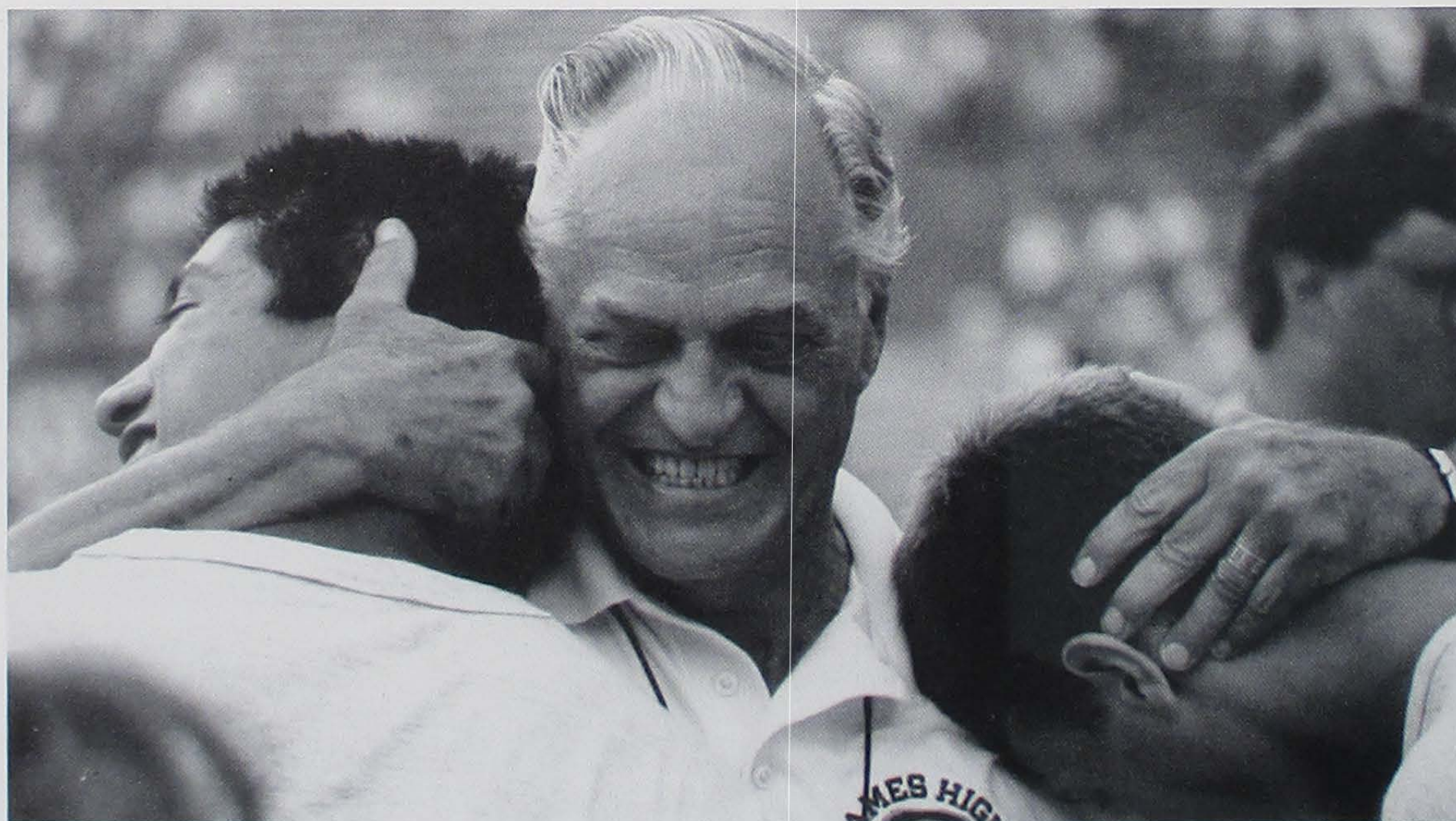
eight years we've been in it. It may have been the last Metro meet, but it felt like any other meet," sophomore Greg Anderson said.

And as the original squad of almost 100 was whittled down to only a mere 20 athletes at State, the intensity of the workouts increased to the maximum the tracksters could put out.

"Our workouts started out hard and intense, but they evened out over the season. Then, a week before Metro, we got killer workouts for Metro and State," senior Mike Bergan said.

But through the wind and rain, the only tornado that touched down at Drake Stadium was the Little Cyclones as they swept away with another state championship.

Winning their sixth straight title brought smiles to everyone as Assistant Coach Wally Schloerke hugs seniors John Ramsey and Mike Bergan after the Boys' State Track Meet. (Photo by Jason Swift)





Boys' Track

11 First place finishes

Meet	Place
Warrior Indoor	not scored
Ames Indoor	1st
Dickinson Relays	not scored
Ames-Ankeny Dual	1st
Wilkinson Relays	1st
Hi Covey Relays	1st
Bobcat Relays	1st
Drake Relays	not scored
Ames Invitational	1st
AMA Classic	1st
Hawk Relays	1st
Valley Relays	1st
Metro Conference	1st
State 4A	1st



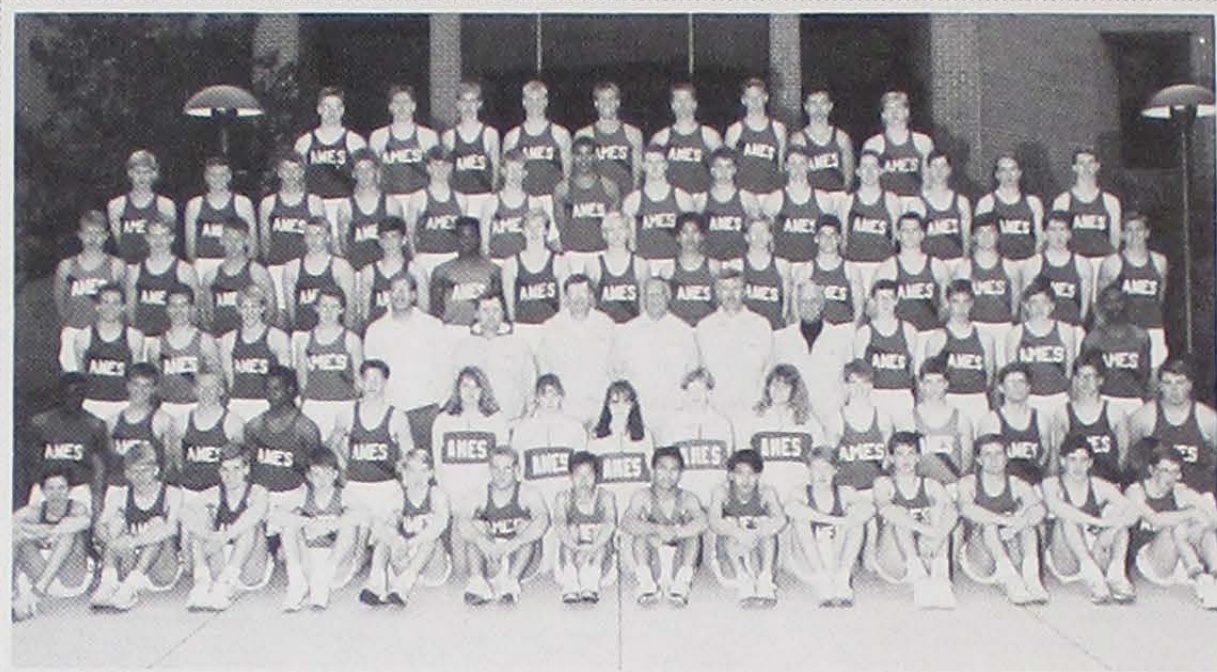
A win-loss record is often the only thing spectators remember after the season, but the teams have memories of the stories behind the numbers.

"Coach John Sletten became the second coach in Iowa prep history to win nine team championships."

—senior Jesse Pease

"The 4x800 team of seniors Jesse Pease, John Barnett, junior Guy Willey and sophomore Scott Gabrielson set the state meet record of 3:18.39."

—senior Fungal Muyengwa



Boys' Track. Front Row: T. Masmar, J. Nelson, B. Douglas, J. Dale, J. Bowman, K. Delagardette, A. Vogel, S. Kiojai, N. Somsanith, M. Johnson, D. Smalling, S. Whiteford, S. Shapiro, T. Troxel. Second Row: D. Lawson, M. Bergan, S. Gabrielson, C. Hawkins, M. Ashburn, Mgr. N. Martin, Mgr. D. Pantenburg, Mgr. M. Willard, Mgr. A. DeHoet, Mgr. M. Sweet, C. Zeimet, L. Freeman, M. Willard, M. Abbott, S. Rope. Third Row: G. Willey, B. Ford, C. Remsburg, J. Biggs, Intern L. Martin, Coach B. Logston, Coach C. Pelzer, Coach J. Sletten, Coach J. Amfahr, Coach W. Schloerke, D. Cantonwine, C. Kinart, D. Sivesind, F. Muyengwa. Fourth Row: B. Warne, D. Ricketts, C. Groepper, A. Burrier, C. Wesley, F. Gilbert, J. Astlesen, D. LaGrange, J. Ramsey, G. Applequist, B. Freeman, N. Pelzer, A. Lehmkuhl, C. Dieter, M. Milleman. Fifth Row: M. Anderson, D. Hawn, C. Wycoff, K. Lawler, J. Stiles, R. Yoder, M. Lippman, J. Barnett, J. Pease, G. Anderson, C. Brennan, J. Burris, M. Thomas, J. Good. Sixth Row: J. Mize, J. Alt, J. Milleman, F. Hoiberg, N. Koch, B. Geise, A. Carn, J. Carpenter, E. Warne. Not Pictured: D. Faux, P. Fuertes, S. Gould, B. Linder, G. Lund, M. Rahfeldt, C. Salsbury, J. Swift.



Running the second leg of the 4x400, the last race of the state meet, sophomore Scott Gabrielson fights to overcome his opponents. The 4x400 team ran to a state meet record of 3:18.39. (Photo by Jason Swift)

Fending off Ankeny's Johnny Fuller, junior Guy Willey goes on to win the 800 meter run in the Ames-Ankeny Dual April 1. Ames won their first outdoor meet 102-31. (Photo by Aaron Jones)

Close

A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"After we beat Red Oak for third place at State we all dumped our watercoolers out on Coach Thiede's head."

-senior Jessica McKee.

"At our banquet some of the players put on a skit mocking things the players and the fans did, like Brandee Griffin's mom always said 'Oh, Brandee!' if she did anything wrong."

-sophomore Kelley Hawley

"To improve team unity, Mr. Thiede had us play elementary school P.E. games to get us to work together."

-sophomore Lexa Curtis

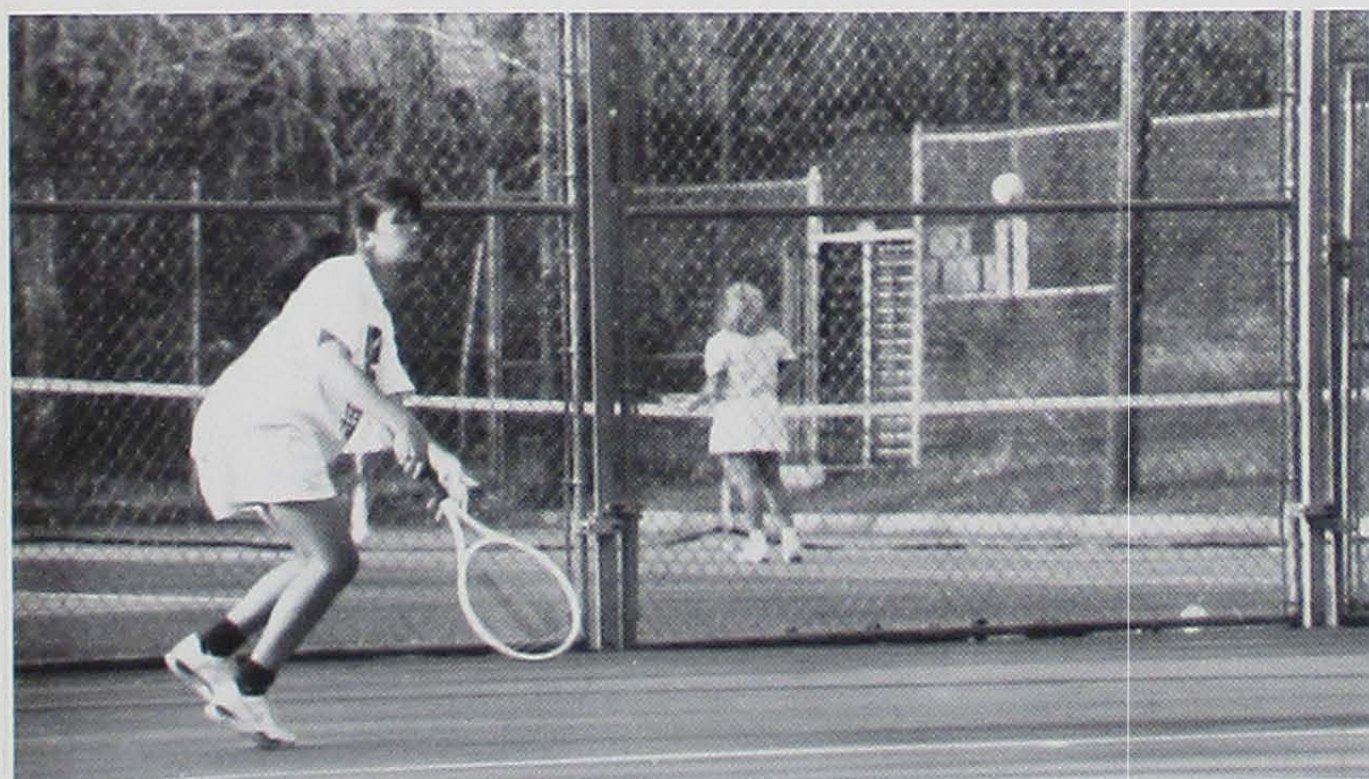
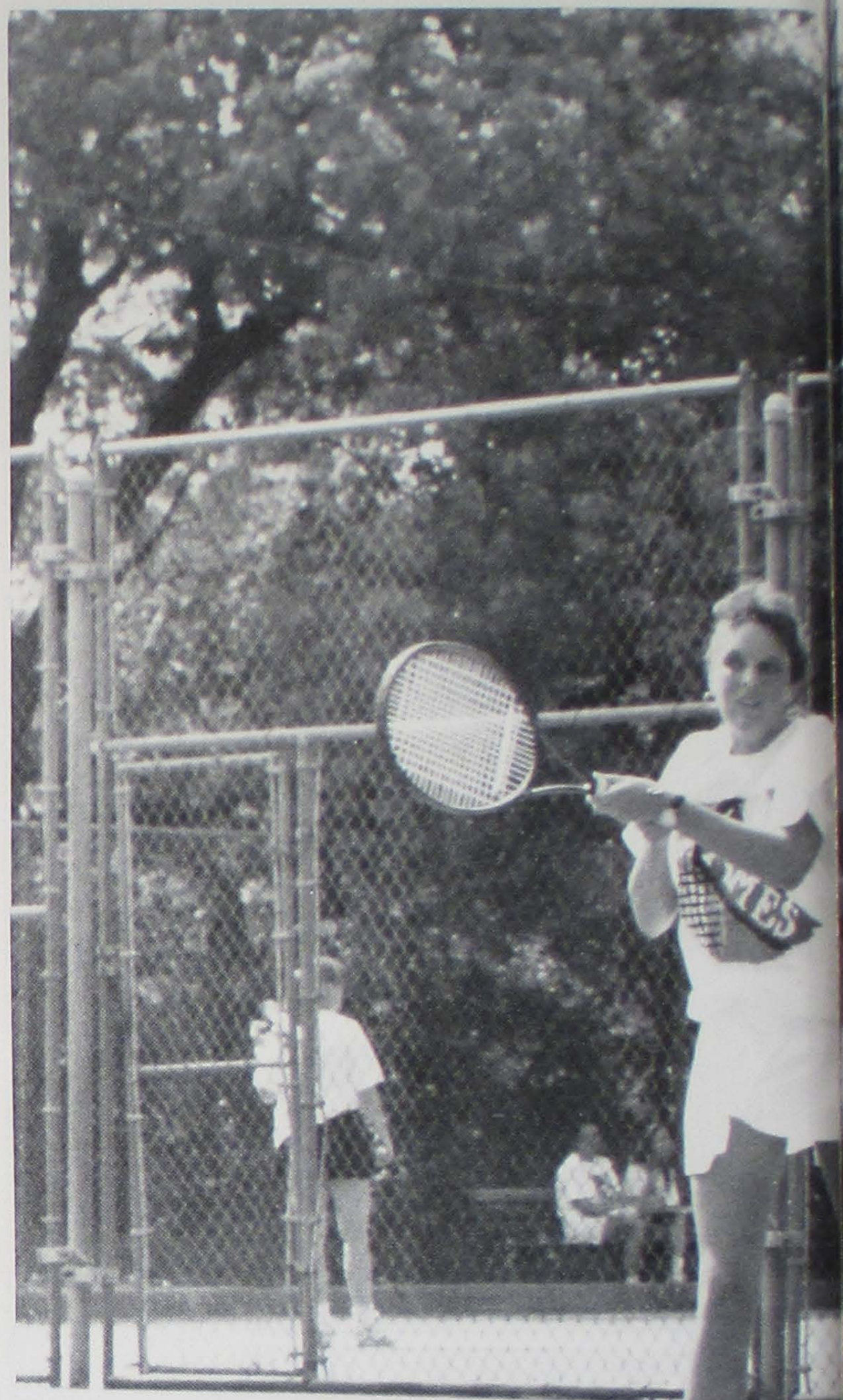
Girls' Tennis

11 wins, 1 loss

AHS	Opponent	Opp
11	Boone	0
11	DM East	0
11	Marshalltown	0
9	Fort Dodge	0
9	Sioux City Heelan	0
9	Ankeny	0
4	WDM Valley	7
10	DM Hoover	1
11	Marshalltown	0
11	DM North	0
8	DM Lincoln	2
11	DM Roosevelt	0
1st	Sectionals	
1st	Districts	
1st	Regionals	
3rd	State	



Girls' Tennis. Front Row: Anna VanDeusen, Anne Moore, Jessica McKee, Brandee Griffin, Anjali Gupta, Krista Olson, Meiko Naganuma, Christine Chen, Molly LaGrange, Dana Patterson. **Back Row:** Coach Len Thiede, Christina Langert, Jodi McKee, Chelsea Walton, Katie Krogmeier, Tracy Larson, Kim Lutz, Jennifer Shierholz, Jeanne Sundstrom, Laura Larson, Kelly Hawley, Lexa Curtis, Adrienne van der Valk, Melanie McCracken.



Backhanding the ball, freshman Tracy Larson returns a serve while practicing at Brookside Park. Larson was one of the two freshmen who helped the team to a third place finish in the state tournament. (Photo by Ted Deli)

With a strong forehand, senior Brandee Griffin lobs the ball over the net. Griffin and her doubles partner, senior Jessica McKee, placed seventh in individual competition at the state meet. (Photo by Ted Deli)

Add Them In

Girls make first trip to State

-Jennie Jones

Over the years, going to State was not an uncommon practice for many of Ames High's sports teams, whether they won or not. But there was one team that, for one reason or another, had never extended its season that far: girls' tennis. Finally, after years of trying, they made it all the way.

"We were really surprised when we made it. We had to beat Valley to get there, and since they'd beaten us earlier we didn't think we could do it. But we pulled together and won," sophomore Jennifer Shierholz said.

Just as there wasn't one person who single-handedly led the team to State, there wasn't just

With a look of deep concentration, sophomore Jennifer Shierholz prepares to hit the ball. Shierholz helped psyche up the team for big games by making everyone signs and candy. (Photo by Ted Deli)

one factor behind the team's success. Team spirit and unity were two things the tennis team had in abundance.

"Everyone got along really well this year. We did more team things than ever, like eating spaghetti at Valentino's before games and watching movies together. We were also enthusiastic; we'd all cheer for each other during meets," senior Christine Chen said.

The Little Cyclones had good reason to cheer. The team returned most of their top players from the previous season and they acquired some talented freshmen.

"Several of our underclassmen are strong. They make up four of our top six players. They improve all our games when we play them because of their ability. Coach (Len) Thiede always told us our best competition was within our team," junior Anjali Gupta said.

The team worked on improv-

ing their game in the off-season as well.

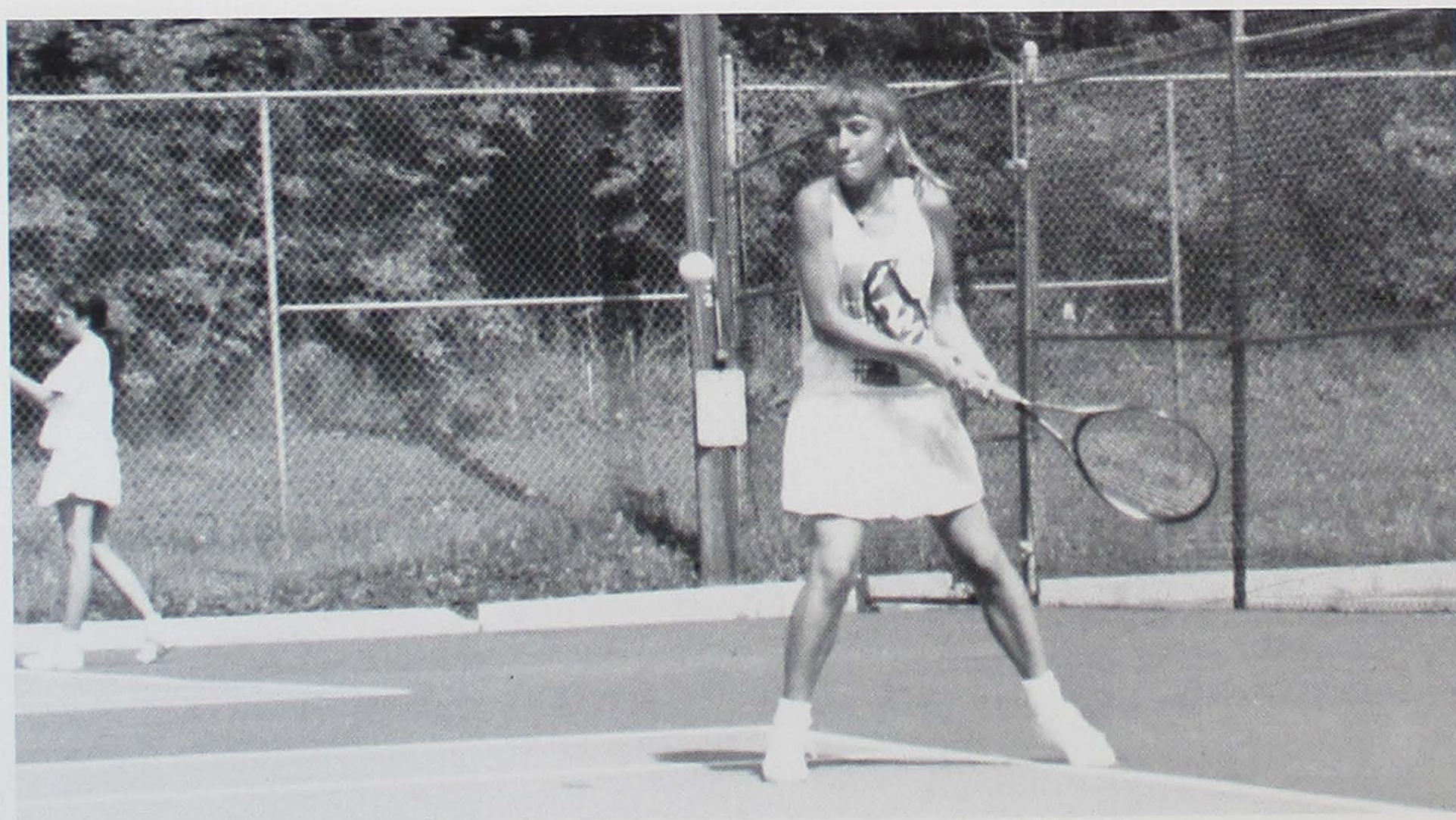
"Tracy Larson's dad organized a doubles league in January so we all played together before the season even began," sophomore Dana Patterson said.

Those factors proved a powerful combination. WDM Valley was their only regular season loss, and they had their revenge by beating Valley during regionals. That victory paved the way to their state tournament berth.

The tennis team lost its first round game at State to Dubuque Wahlert. But they came back in the consolation round and beat Red Oak to place third.

"Everyone was so excited that we'd gone so far and Coach Thiede was really proud," freshman Tracy Larson said.

By making it to State, the tennis team found that working together meant winning together.



A Cut Above

Boys go undefeated

-Julia Ford

At the beginning of the 1991 season members of the Ames boys' tennis team set some high goals for themselves: to win the Metro title, to go undefeated, and to win State. With these goals in mind, they dominated their competitors, going undefeated in regular season play. For the first time ever they won the Metro title without having to share the honor with another team, and all of the doubles teams went undefeated in conference action.

"The success of our team was great; we beat a lot of teams by large margins and the team should have gone to State," senior Jason Hansen said.

Ames lost to Waterloo West during their sub-state final 5-4. Having beaten them by half a point at Districts, the loss was even tougher to accept. Waterloo and

Ames were two teams predicted to do well at State, but because they were put in the same district only one of the top two teams could advance.

"We were really upset with the district and sub-state groupings, more than likely we would have faced Waterloo in the State final but instead we played them early," sophomore John Tannehill said. "The worst part about the whole thing is that Dowling, who we beat 10-1, made it to State and we didn't."

Making it to State was something they didn't accomplish as a team, but senior Tod Berkey advanced to State in singles and seniors Bob Black and Vaseem Baig went as doubles partners. All three players were beaten at quarter finals but ended up in the top eight positions.

"We feel good about our fin-

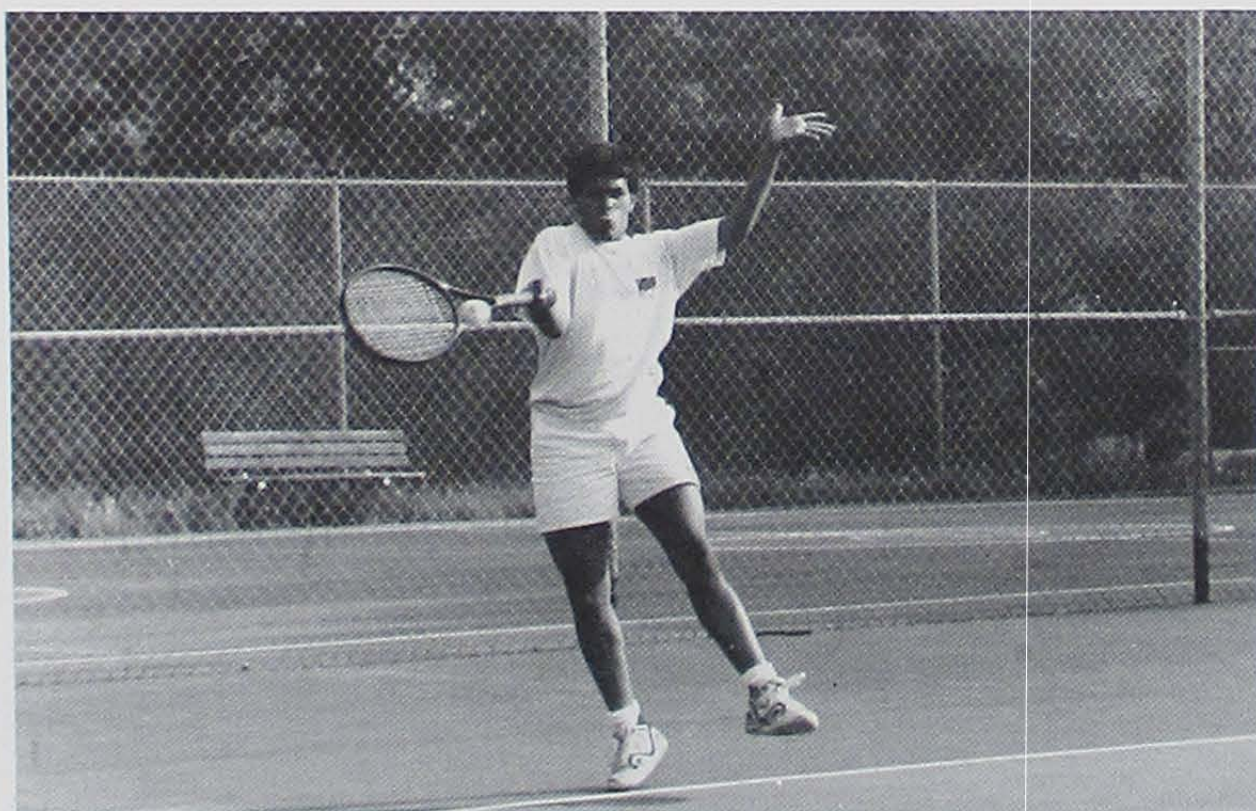
ish at State; obviously we would have liked to have done better, but ending up the top eight we feel is successful," Baig said.

Success was something that the whole squad shared—the JV team also went undefeated and had a good time along the way.

"We had a lot of fun this season; we didn't have much competition, but it was great," junior Jamie Lang said.

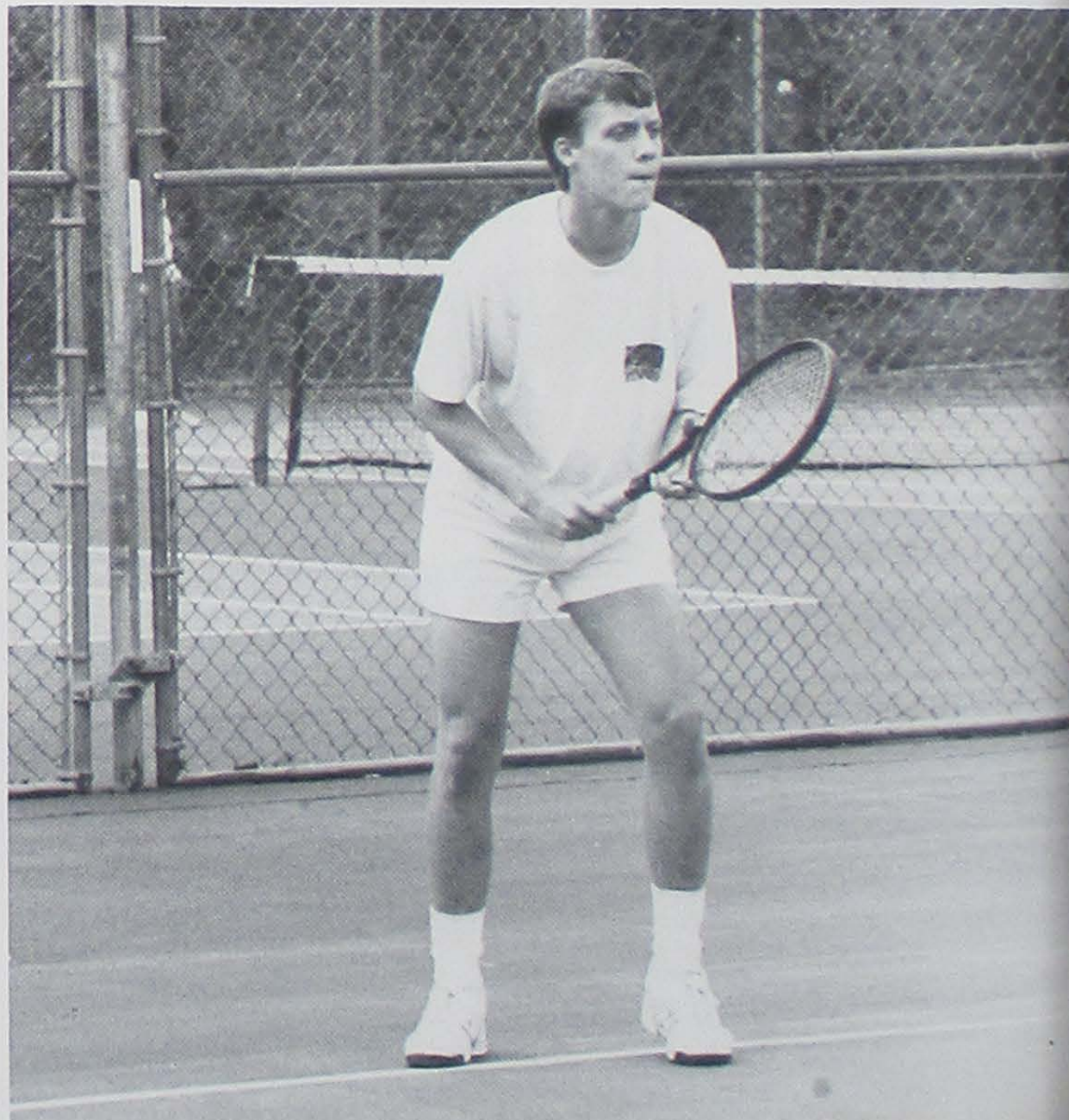
Although they didn't win the state championship, the boys' tennis team definitely made its mark. Sweeping the Metro and going undefeated was an excellent showing for the 1991 Little Cyclones and one they won't forget.

Smashing the ball back across the net, senior Tod Berkey wins the match point. Berkey was the only individual to advance to the state tournament from Ames. (Photo by Samantha Shearer)



JV player Niles Narotam jumps back to return the ball across the net. The JV team was undefeated, as well as the varsity, proving the success of the Ames tennis team. (Photo by Samantha Shearer)

Waiting for his opponent's serve, senior Erik Smedal concentrates on his return. Ames won the meet and went on to win the Metro Title. (Photo courtesy of Bob Gibbons)





Boys' Varsity Tennis

11 wins, 1 loss

AHS	Opponent	Opp
9	Fort Dodge	0
11	DM East	0
10	Marshalltown	1
9	WDM Valley	2
11	DM Hoover	0
10	Ankeny	1
11	DM North	0
10	DM Lincoln	1
9	DM Roosevelt	2
10	WDM Dowling	1
5	WDM Valley (Sub-State)	1
4	Waterloo West (Sub-State final)	5



Boys' Tennis. Front Row: Steve Edelson, Brian Hostetter, John Tannehill, Tod Berkey, Vaseem Baig, Ryan Carver, Clay McEvoy, Nilesh Narotam, Morris Liao. Back Row: Assistant Coach Tony Cook, Assistant Coach Carlos Hawley, Jamie Lang, Dan Wilson, Jason Hansen, Bob Black, Erik Smedal, Steve Bailey, Jim Polston, Manager Tracy Johnson, Coach Bob Gibbons.



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Winning the Metro title without sharing it with another team and intersquad matches."

-junior Ryan Carver

"Never losing more than two matches to anybody throughout the season."

-senior Bob Black

"Tod (Berkey), Vaseem (Baig) and Bob (Black) all doing well at State and starring people during practice."

-senior Dan Wilson



A win-loss record is often the only thing spectators remember after the season, but the teams remember the stories behind the numbers.

"Sarah (Uhlenhopp) shooting a 69 in the first meet and Julia (Ford's) pink flying lady golf balls."

sophomore Keara Langston
"Keara (Langston) hitting someone else's ball and claiming, 'Well, it looked like mine,' and Janca (Carter) passing Larry the lucky ball down to Lisa."
sophomore Lonna Rensink



Girls Golf. Front Row: Lisa Horton, Libby VanHouten, Coach Bob Heiberger, Sarah Frette, Lonna Rensink. Back Row: Keara Langston, Sarah Uhlenhopp, Janca Carter, Heather Callison, Crystal Houge.

Girls' Golf

6 first places

AHS	Opponent	Opp
3rd	Valley Classic	
212	WDM Valley	207
1st	DM East/Lincoln Triangular	
210	WDM Dowling	220
200	Marshalltown	233
4th	Occumwa Invite	
2nd	DM Hoover/Roosevelt Triang.	
209	Ankeny	217
191	Boone	210
4th	Metro Conference Meet	
2nd	Sectionals	
1st	Regionals	
5th	State Meet	

Teeling Up

Golfers surpassed expectations

Anjeanette Levings

Finally, after pulling yourself up hill after endless hill, you reach the tee-off to the 18th hole. Reaching for your driver, you envision your first hole-in-one. As you eye the ball and position yourself just so, you pull back and swing. It was a good solid swing, but there was just one problem- you completely missed the ball.

Luckily, this scenario did not present itself regularly to members of the girls' golf team. They quickly surpassed what most believed they were capable of.

"From the beginning I felt that we would have a fairly young team and would have to improve as the year went on. We ended up better than most thought we would," Coach Bob Heiberger said.

Preparing to hit the ball in a meet against Boone, senior Janea Carter takes a full backswing. Carter was the team's number one golfer and placed second at State. (Photo courtesy of The Daily Tribune)

The varsity team was very young, since it consisted of one senior, four sophomores, and a freshman, but they were not lacking talent. At Regionals, the team placed first, and they finished fifth at State, one stroke behind DM North.

"State went well and we always knew that we had Janea (Carter) for the low score. We were all consistent, but Janea really helped pull the team's score down," sophomore Lisa Horton said.

But not everyone was satisfied with their performance at State. Even after becoming the second place medalist and missing first by just one stroke, senior Janea Carter was not pleased with her score.

"I didn't play as well as I thought I could have. I ended up having to change my putting technique after State," Carter said.

Carter wasn't the only one who had troubles with her game. Freshman Libby Van Houten didn't even get the chance to golf

at State. She dislocated her arm, which prohibited her from playing for two weeks and at the state meet.

"This was my first year, and I had really improved. I just wanted to show them what I could do, but I didn't get the chance," Van Houten said.

For others, competition and golf didn't really belong in the same sentence. Three seniors decided to join the golf team for their first and last year.

"We went out because they needed people to make up a JV team. We ended up playing a lot and had a great time laughing at each other," senior Julia Ford said.

After your partners laugh at you for whiffing the ball, you shake off your setback and line up once again. Envisioning the perfect shot in your mind, you pull back and smack. The ball flies up and lands only a few feet from the hole. Not quite a hole-in-one, but this is reality.



ining up a putt was essential. Senior Janea Carter tries to figure out how the ball will break while sophomore Lisa Horton looks on. Ames lost the meet to WDM Valley by five strokes. (Photo courtesy of The Daily Tribune)

Putting was a frustration for many, but it played a crucial part in every game. Sophomore Sarah Frette completes a putt at the Ames Golf and Country Club. (Photo by Samantha Shearer)



Batter Up

Coach's fresh ideas led to wins

-Karen Hsu

"If we hang in there, good things will happen. You've just got to keep your head and keep battling," new baseball coach Bret Posegate said early in the 1991 season.

The Little Cyclones kept their heads during their losing streaks, battled to a third place finish in the Metro conference and went on to the sub-state championship against Council Bluffs Lewis Central. But it was Lewis Central's turn to battle; they rallied from a 5-2 deficit to beat Ames and earn a state tournament berth.

"It was a really tough loss. There were a few questionable decisions, but we deserved to have won that game and should have made it to State. It was great just to make it to the sub-state finals, because we didn't even think we would make it that far into the

state tourney," senior Scott Latterell said.

Although Ames did not make it to State, battling down to the post-season was exciting with a new, young coach.

"Posegate was always positive and hyper; he made the season a lot of fun. He was close to our age so we got along with him really well. He tried to please everybody," junior Chris Winkler said.

Even though Posegate was upbeat and well-liked, he was also strict and ready to get down to serious work in practices, according to sophomore Kevin Lawler.

"Coach would go crazy when we did well; he'd be more pumped up than we were. But he always kept us in line and prepared us to do well. He could be strict and fun at the same time," Lawler said.

Baseball wasn't all strict practices and tough games, climbing

light towers became a secondary summer pastime for some.

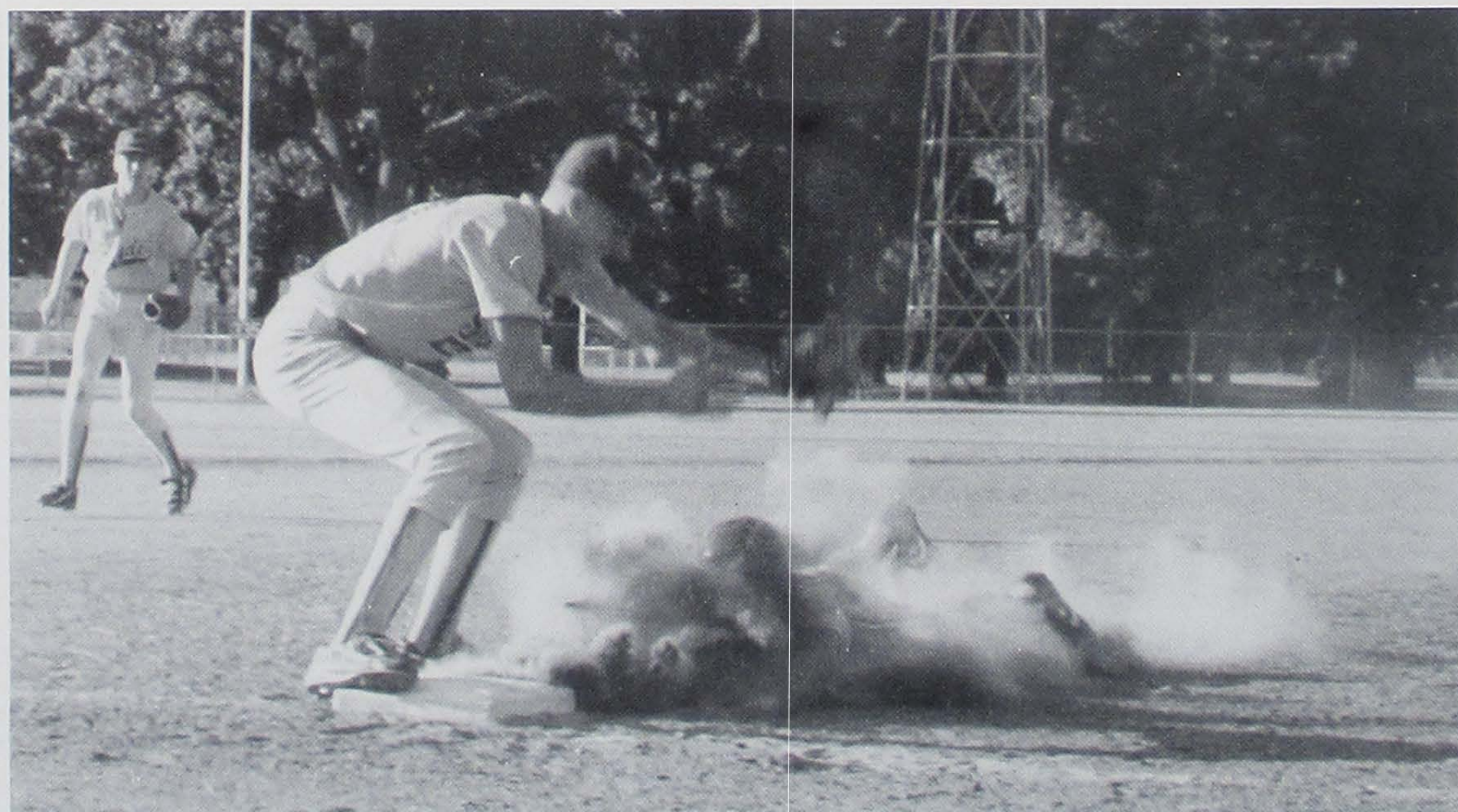
"Chad West started climbing the light towers to see how high he could go. He got to the top and then a bunch of us started to do it too," senior Brian Burkheimer said.

While some climbed light towers, others claimed the spotlight by relieving the starters.

"I really loved relief pitching. I loved coming into the game when the starters needed a rest and the bases were all loaded," junior Bryce Freeman said.

A good thing the Little Cyclones listened to Coach Posegate because good things did happen whether they were pitching, partying, or practicing.

Sliding sometimes made baseball a dirty sport. Junior Gus Carlson creates a small dust storm as he slides into third base at the season opener against Saydel. (Photo by Ted Deli)





Varsity Baseball

25 wins, 12 losses

AHS	Opponent	Opp
11	Saydel	10
1st	Little Cyclone Tourney	
10, 10	DM Hoover (dbl)	5, 0
4	WDM Valley	9
5, 3	DM Roosevelt (dbl)	2, 15
15	DM North	3
7	Ankeny	14
3rd	Little Cyclone Tourney	
5	WDM Dowling	6
4, 6	WDM Valley (dbl)	3, 2
11	Boone	1
8	Johnston	0
15	DM Roosevelt	14
12, 8	DM North	9, 13
6	DM East	4
7, 10	DM Lincoln	6, 11
8	WDM Dowling	7
7	Ankeny	4
6	Carroll Kuemper	4
6	Fort Dodge	2
9	Le Mars	3
7	CB Lewis Central	8



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"During an American Legion game against East Story County on July 7, we were tied with two outs on the bottom of the ninth inning, and I scored Jay Johnson from second base to win that game."

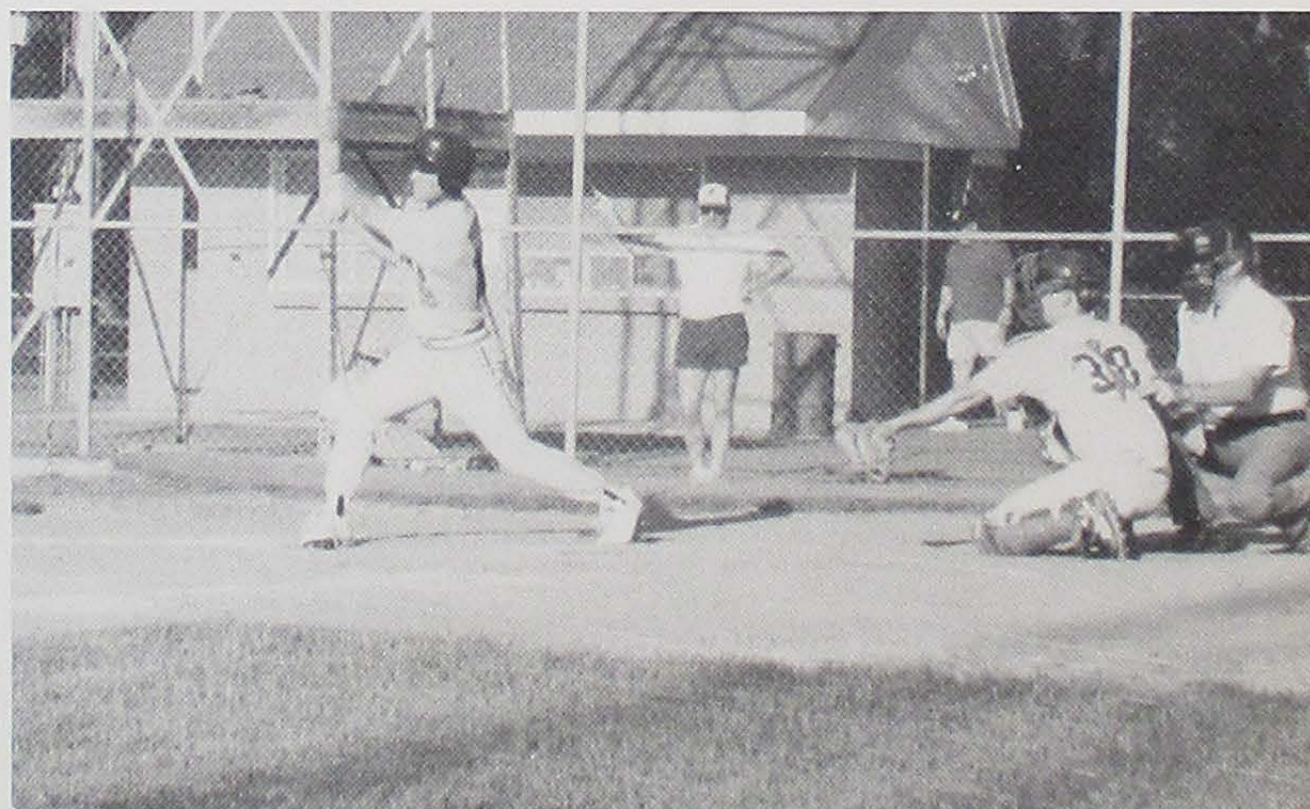
-junior Jeremy Moore

"We had lost to Dowling 5-6 the last time we played them and I was nervous from our loss. But I was ready for them and pitched pretty well that night. It was a tremendous feeling to beat No. 2 Dowling 8-7 for the last Metro conference game."

-sophomore Kevin Lawler



Baseball. Front Row: Trainer Kristi McGinness, Bart Fowles, Brian Burkheimer, Mike Pollmann, John Murphy, Eric Strong, Bryce Freeman, Chris Winkler, Tim Randles, Coach Bret Posegate. Back Row: Coach John Walz, Coach Russ Jones, Scott Latterell, John Kelly, Kevin Lawler, Scott Ottoson, Mike Coronas, Jason Hansen, Gus Carlson, Chad West, Spencer Villwock, Brody Linder, Jeremy Moore, Tim Legg, Jay Greenfield, Pete Egeland, Jay Johnson, Trainer Joy Seibert.



Senior Tim Legg crosses home plate as Coach Bret Posegate waits to give congratulations. Coaching wasn't a new thing for Posegate, he was the sophomore coach until Coach Phil Johnson's resignation. (Photo by Ted Deli)

Helping the Little Cyclones to a come-from-behind win against Saydel, junior John Murphy swings at the season opener at Brookside Park. The Little Cyclones squeaked by their first game with a 11-10 win. (Photo by Ted Deli)



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"We had rituals before each game, like different warm-ups for different schools or diamonds."

-junior Marie Engelhorn

"The camping trip was really exciting. It's a tradition; every year we go just for one night during the weekend. On that night we were sitting around and we saw these guys hiding behind a tree. We freaked out and hid in cars until the coaches got us to calm down."

-sophomore Amy Bartine

Varsity Girls' Softball

18 wins, 16 losses

AHS	Opponent	Opp
0, 1	WDM Valley	1, 2
8	Boone	6
10, 4	Fort Dodge	0, 2
0	DM East	5
0	DM Lincoln	6
7	DM North	0
3	DM Roosevelt	1
6th	Roland Kiwanis Tournament	
0, 2	DM Hoover (dbl)	3, 4
1-3	Ames Pinch Hitters' Classic	
4	Newton	0
2-1	Roland/Story Classic	
0	DM Lincoln	3
0, 0	WDM Dowling (dbl)	10, 3
2	Ballard	6
12	Iowa Falls	0
5	Boone	3
13	Humboldt	0
2	Boone	6



Girls' Varsity Softball. Front Row: Kristi Heiberger, Kelly Randles, Audra Woodin, Leigh Ann Powell, Susie McGee, Jenny Wilcox, Melissa Vennard. Second Row: Kelly Hawley, Amy Bartine, Nicole Wendt, Kim Biechler, Chris Clatt, Marie Engelhorn. Back Row: Amy Blechler, Laura Kain, Coach Mike Riddle, Alison Doyle, Coach Wes Worrell, Trudi Weis, Keara Langston.



Freshman Girls' Softball

15 wins, 11 losses

AHS	Opponent	Opp
5, 14	DM North (dbl)	2, 3
14, 11	Ankeny (dbl)	0, 5
1, 4	DM East (dbl)	4, 6
0, 1	DM Lincoln (dbl)	7, 5
8, 7	Ankeny (dbl)	6, 3
10, 6	DM Roosevelt (dbl)	6, 4
11, 9	WDM Dowling (dbl)	7, 5
6	Roland/Story	4
1, 5	DM East (dbl)	6, 4
5	DM North	4
1, 0	DM Lincoln (dbl)	4, 10
6	DM Roosevelt	4
5, 1	WDM Dowling (dbl)	7, 0
4	Roland/Story	5
0, 5	DM Hoover (dbl)	13, 6



Freshman Girls' Softball. Front Row: Lisa Van Cannon, Jaimie Berg, Tina Wiegand. Second Row: Maria Lutz, Sommer Eckard, Nicole Frasier, Becky Hostetter, Michelle Green, Buffy Quintaro. Back Row: Danelle Pantenburg, Amy Kilmer, Sherry Schwarzenbach, Coach Wayne Clinton, Charli Engelhorn, Kim Lutz, Shantel Brower.



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"We had eighth graders on the team and we got along really well; we didn't hold any grudges. It was a good experience having younger players on the team."

-freshman Lisa VanCannon

"One game in Dowling we were really down because we lost the first game after being ahead, but we came back in the second game and won. It really helped our team spirit a lot."

-eighth grader Charli Engelhorn



Team Spirit

Comraderie helped softball success

-Adrienne van der Valk

Crack! A ball soars through the air as a member of the girls' softball team rounds the bases, clinching another success for the squad. The three softball teams got used to success, improving their individual and team skills as well as their overall records.

The softball diamond heated up all season, but not only during games. Practicing through June and into July gave the girls more than scoring to sweat about.

"Sometimes we practiced in the morning and had a game that night. We had cheers we did when it was hot and they made us run more," sophomore Alison Doyle said.

Protecting the base from Iowa Falls are sophomore Leigh Anne Powell and senior Melissa Vennard. Ames won sectionals and advanced to regionals. (Photo courtesy of The Daily Tribune)

Despite the heat, the freshmen made their mark with a 15-11 record and supplied talent for both the JV and varsity teams later in the season.

"We were really close and got lots of experience. I improved on my hitting and throwing and the whole team in general is improving a lot," freshman Kim Lutz said.

Girls who played on the JV team experienced improvement throughout the season as well. Hard work and a close rapport among players made the season a learning experience as well as a fun time.

"It was hard for us, but he (the coach) made us work more as a team, and we did a lot better than we did last year," junior Nicole Wendt said.

"The people on the team were closer than most teams I've been on. They made the game more

fun. We also got fundamentals down that will help us build in the future," sophomore Kelly Hawley said.

The varsity team got all the way through Districts and ended the season at Regionals after a losing battle against Boone. Although they didn't advance, the girls felt it had been a full season. Playing a total of 34 games kept them very busy, but it wasn't enough for some players.

"We had tournaments on weekends and might play four or five games each day, but we were all hoping we'd play more games next year," junior Marie Engelhorn said.

The softball players overcame heat and hectic schedules to play their best and improve their skills. Working as a team and making new friends made the season a success in every respect.



Three Ames girls scramble for the ball as one of their opponents rounds the bases. Team playing was a skill that all three squads improved over the season. (Photo by Samantha Shearer)

Kingsley-Pierson couldn't get by sophomore Trudi Weis or the Little Cyclones during the Roland-Kiwanis tournament. Ames won the game 7-6. (Photo courtesy of The Daily Tribune)

Bittersweet

Soccer team 2nd despite injuries

-Kristy Lakin

The scoreboard read 3-3; the Little Cyclones had just taken possession of the ball. From player to player the ball bounced, narrowly escaping the opponents. Finally, a player directed the flying ball past the goalie breaking the tie.

It was vital to the soccer team's success that its members worked together.

"As a result of working as a team rather than as individuals, our plays were smooth, which helped us win our games," junior Steve Baccam said.

The team was especially proud of their success against WDM Dowling.

"Beating Dowling was the definite highlight of the season. We've been close in the past few years, but this is the first time we've ever actually won," senior David Bovee said.

Freshmen played a major part

in the team's defense against Dowling and other competitors.

"The younger player's inexperience was tough to work with, but because they got to play varsity as freshmen, they'll do better in the future," junior Andy Glatz said.

One of the main reasons for the freshmen getting varsity playing time was the number of injuries to upperclassmen.

"Injuries affected the team quite a bit since we started the season off with one starting freshman, and ended the season with approximately five starters," freshman David Cantonwine said.

The season ended with the team placing second in the Metro.

"It was a major accomplishment to get second in the Metro since the average age of our players was a sophomore," sophomore Toby O'Berry said. "We beat Dowling, which was a big accomplishment—they were supposed to

get second, but we pulled it away from them. We've never beaten Valley. I thought that we had a chance in beating them if we kept our starting line-up, but we lost all three of our defensive players."

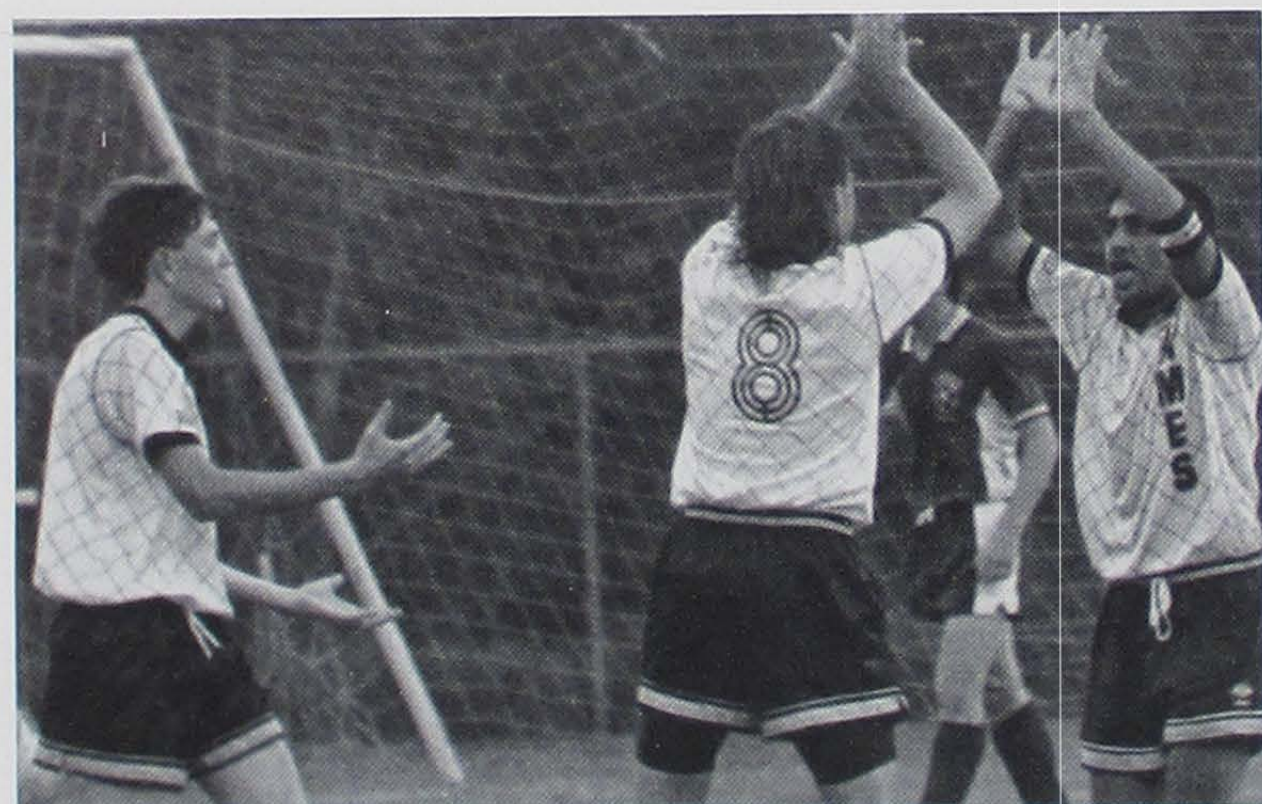
But not all team members felt that they performed as well as they could have.

"We just couldn't get psyched. Especially in our two games against Valley, the whole team rested. So we got second instead of first," senior Chris Ollila said.

Other players sided with O'Berry and felt their efforts were rewarded, including junior Jae Bernard.

"After a season of supporting each other, I think our hard work paid off," Bernard said.

Senior Alejandro Cervantes kicks the ball towards the goal and teammate senior Jason Madison gives him room. The Little Cyclones won the match at home. (Photo by Bob Parr)



Congratulating each other in their victory over DMLincoln, junior Farshid Khosravi gives senior Jason Madison a high five while junior Andy Glatz jogs over to join their celebration. (Photo by Bob Parr)

Hitting the ball off of his head, sophomore Toby O'Berry fends off his DMLincoln opponents. The Little Cyclones beat the Railsplitters 6-1. (Photo by Bob Parr)





lose

A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"Dowling was our toughest competitor. Beating them and stealing their second place Metro standing definitely made the season."

-freshman Dan Redmond

"Since we had never placed higher than fourth in the Metro, second felt good, especially since our team was so young."

-junior Scott Whiteford



Soccer. Front Row: Nick Nakadate, Chris Ollila. Second Row: Dave Kuhl, Toby O'Berry, Nathan Uemura, Jae Bernard, Miguel Barandiaran, Daniel Redmond, Steve Baccam, Trainer Tom Maystadt. Back Row: Head Coach Ghazi Halloum, Farshid Khosravi, Dave Bovee, Derrik O'Riley, David Cantonwine, Brad Lanxon, Andy Glatz, John Kannel.

Soccer

11 wins, 5 losses, 2 ties

AHS	Opponent	Opp
6	DM Lincoln	1
1	Urbandale	1
1	DM Roosevelt	0
1	WDM Valley	2
12	DM East	2
7	DM North	1
2	WDM Dowling	2
1	Nevada	2
3	DM Hoover	1
2	DM Lincoln	1
9	DM North	2
2	Ankeny	3
4	DM Roosevelt	2
1	WDM Valley	3
12	DM East	0
2	WDM Dowling	1
2	Nevada	3
6	DM Hoover	1

Building Up

Cheerquads try new stunts

-Dawn Dean

Just for a moment imagine that you are being lifted into the air. You must look straight at the crowd but you want to look down to see how high you are. You can't, so you must trust your bases to hold you still for the stunt.

Bases are cheerleaders that do the lifting and supporting in stunts.

"Being a base is hard work. From lifting so much I have popped blood vessels, and sometimes in the mornings I can't pick up a gallon of milk," senior Kristina Smith said.

To impress the fans, the cheersquads incorporated stunts into their spirit boosting repertoire.

"We wanted to prove that we could do more than just make posters, and that we practice," junior Lisa Millen said.

Cheerleading stunts took

many hours of practice. The cheersquad started out learning the routines on mats with spotters surrounding them.

"We practice from 3:15 to about 5:00, and when it comes closer to performing we also practice in the mornings," senior Tami Burnham said.

That was during the season though. The cheerleaders also worked hard before the season started. When the cheersquad went to cheerleading camp at Iowa State they received both the Award of Excellence and the Staff Award.

But the hard work paid off, especially for the varsity cheerleaders who cheered at the State Basketball Tournament.

"They (the fans) wanted to be there and wanted to make as much noise as possible," junior Renee Ripp said.

Another example of their hard

work happened January 26 when the squads held a cheer clinic in which 250 girls in kindergarten through eighth grade participated. The girls, with the cheerleaders as guides, performed what they had learned during halftime of a varsity basketball game.

"The girls looked up to us and it (cheer clinic) was a different experience," freshman Lisa Foote said.

"Different" experiences were almost the standard for the winter cheersquads. That was illustrated when members scanned the crowd balanced atop their bases and felt that their hard work and practice had paid off.

At a pep assembly with a 1920's theme, sophomore cheerleaders perform a stunt. Audra Woodin and Tami Johnson are lifted up and Woodin is supported by Suzanne Vogel and Diana Vander Schaaf. In front is Susie Rogers. (Photo by Ted Deli)



Varsity Winter Cheersquad: Lisa Millen, Stephanie Seiler, Stefani Carmichael, Renee Ripp, Marcy DeJoode, Kristina Smith, Sheri Goshorn, Tami Burnham, Keri Daddow, Lisa Moore, Sara Olberding, Cari Foote.



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

"We performed during half time of the Mason City game with Mark, an ISU cheerleader who had been helping us for two months."

-senior Stacy Salvo

"State tournament was the best part of the season, and it was exciting to cheer in front of hundreds of fans."

-junior Stefani Carmichael





Varsity Winter Cheersquad. Front Row: Andrea Powell. Second Row: Stacy Salvo, Valerie Wilcox. Back Row: Megan Slaughter, Staci Kepley, Alison Sams.



Sophomore Winter Cheersquad: Irish Boston, Diana Vander Schaaf, Kim Windom, Suzanne Vogel, Audra Woodin, Tami Johnson, Susie Rogers.



Freshman Winter Cheersquad: Carrie Miller, Lisa Foote, Libby Van Houten, Anna Reed, Molly LaGrange, Katie Helland, Betta Jones.



Varsity Volleyball Cheersquad. Front Row: Cari Foote, Sarah Olberding, Valerie Wilcox. Second Row: Keri Daddow, Alison Sams. Back Row: Dawn Newhouse.



Sophomore Fall Cheersquad. Sheryl Smith, Tami Johnson, Kim Windom, Molly Neal, Lexa Curtis, Audra Woodin, Susie Rogers, Irish Boston.



Freshman Fall Cheersquad. Amy White, Lisa Van Cannon, Melissa Kell, Moira Murphy, Sarah Meinhard, Emily Barta, Jenny Wilcox, Laura David.



Fire Up

Cheersquad lifts spirits

-Julia Ford

Many teams went through changes and the fall cheersquads were no exception. Three male cheerleaders were added to the team, a volleyball squad was incorporated and more jumps and lifts were done.

"I think the different moves we had made us more fun to watch; it also pumped up the crowd a lot more," sophomore Tami Johnson said.

The lifts and pyramids wouldn't have been possible without the help of seniors Scott Sundstrom, Scott Gunnerson and Dax Slaughter, who did the stunts as well as using their megaphones.

"Diane Wilson asked us if

Performing a shoulder stand, senior Scott Gunnerson and junior Krista Olson cheer at a football game. Gunnerson was just one of three male cheerleaders who joined the fall squad. (Photo by Joe Schafer)

we'd cheer and we decided together that it would be a great way to show our school spirit," Gunnerson said.

Showing and helping school spirit was also done through the new volleyball squad.

"We added the volleyball squad because more people were going to the games and the crowds were there to yell," junior Alison Sams said.

Getting the crowd pumped up didn't appear to be a problem for any of the fall cheersquads.

"Our main interest is the crowd; we worked really hard on our dances and to perfect our cheers in hopes that they would get everybody rowdy for the games," junior Megan Slaughter said.

Perfecting cheers didn't come easily, the varsity cheersquad went to a National Cheerleading Association camp at Iowa

State and finished with top honors.

"The girls did an excellent job at camp; they were one of five teams to make it to finals and they won blue ribbons for everyday competition throughout the week," coach Diane Wilson said.

"The camps were a lot of fun, we met a bunch of new people and started working as team sooner than in years past," senior Missy Thomas said. "We also got a lot of new cheers.

Working as a team meant including people of all ages.

"I felt like part of the team right away, the upperclassmen made the hard work fun," freshman Jenny Wilcox said.

The effort and time put into cheerleading by the fall squads helped crowds get rowdy and school spirit run high.



A win-loss record is often the only thing spectators remember after the season; but the teams have memories of the stories behind the numbers.

Receiving top honors at the NCA camp during the summer

• Getting new uniforms

• Dancing and doing lifts

• Guy cheerleaders

• An improved squad



Varsity Football Cheersquad. Front Row: Kim Oldehoeft, Krista Olson, Andee Moore, Staci Kepley, Kristina Smith, Megan Slaughter. **Second Row:** Kelly Craig, Amy Carey, Missy Thomas, Becky Yeung, Elaine Powell, Steph Seiler. **Back Row:** Scott Sundstrom, Dax Slaughter, Scott Gunnerson.

Looks like fun



At 7:56 a. m. on Thursday, October 10, you peel into the parking lot, zip into an empty space and sprint to the building. Suddenly, you stop and shake your head to clear your vision. Then you realize the school wasn't hit by an isolated blizzard — it was teeped! "Hey, homecoming week is turning out fun, even without powderpuff," you say to yourself.

Later, while trapped in the crowded breezeway, you scan the people passing by. A sophomore, with five-inch high bangs (courtesy one whole can of hairspray) skips by. Then comes a guy who is complaining about his seats at the Billy Joel concert. The clumping of combat boots catches your attention as their wearer shuffles by, decked out all in black. Suddenly, your friend Mike grabs you.

"Are you tailgating tomorrow night?" he asks.

"Yeah," you reply, "I've been out in the parking lot grilling hot-dogs with the guys' swim team before every home football game!"

"Well, what are you doing Saturday night?" Mike inquires.

"I'm going out with my girlfriend — if I can scrounge up some funds. What are you doing?"

"I have to work at the video rental. I need the money, but I hate work on Saturday nights!"

When the familiar strains of 104 FM reaches your ears, you take off for class, only to be intercepted by another friend as you walk in the door.

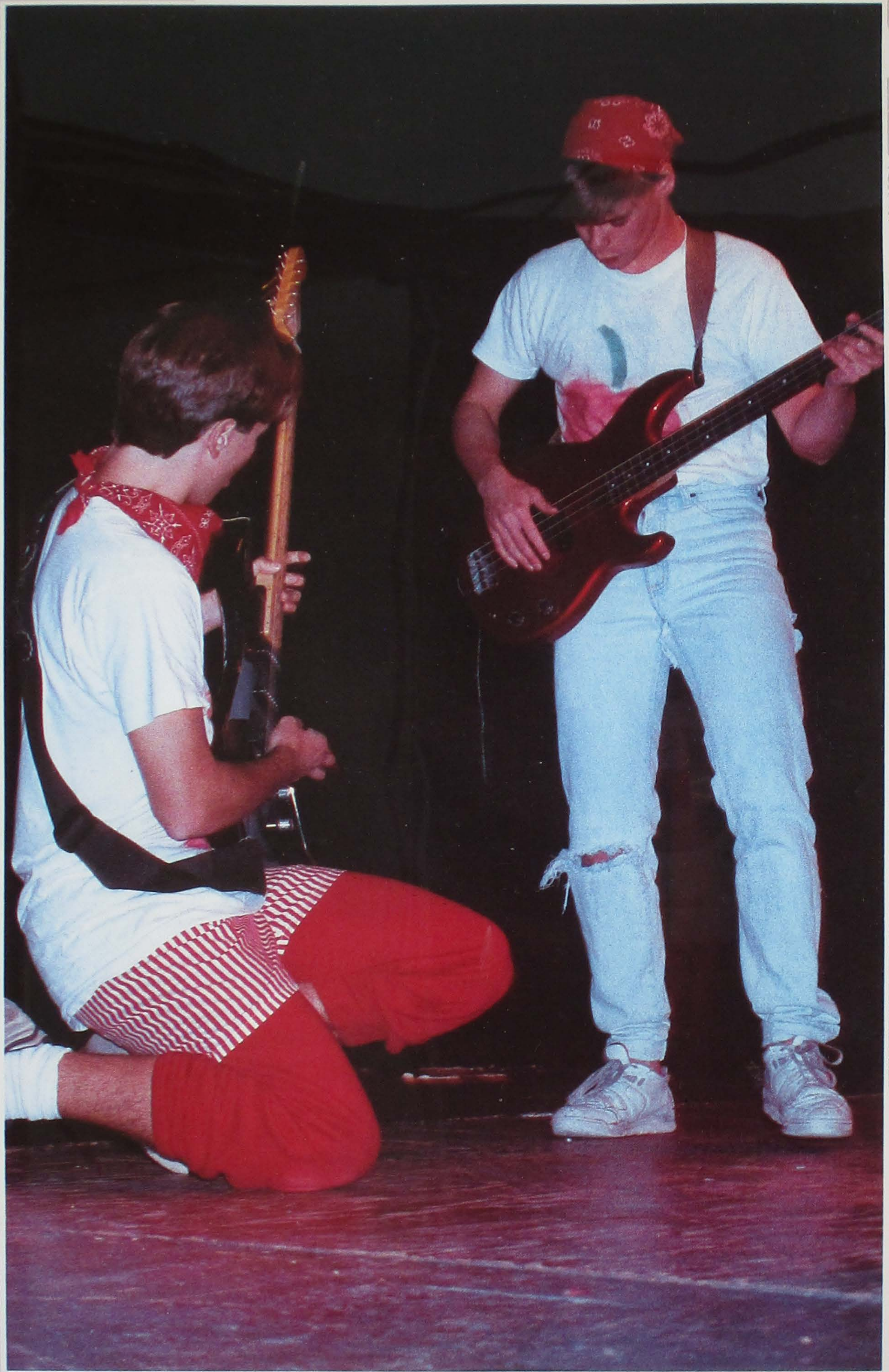
"Are you going skiing with everyone in Colorado over winter break?" Anne inquires.

"I don't know yet. My parents haven't decided if I can go or not. They're into that family togetherness for holidays," you say.

The teacher's summons breaks up your conversation. As you slide into your seat she announces that the class will be reviewing for tomorrow's test — by playing "jeopardy" with prizes.

"You know," you say to your neighbor, "this looks like fun!"

An October 8, during the first-ever Homecoming week airbands, seniors Erik Potter and Jeff Brown rock out to "Cherry Pie" by the group Warrant. The airbands replaced the annual powder puff games in the week's activities. (Photo by Jennie Jones)



-Krista Heinzig



"People think 4-H is all cows and chickens, but for me it's more."

-senior
Dave Jurgens

Images of free pizza on Friday nights at the Boys' Club, Girl Scout thin mint cookies and blue ribbons and trophies from the Iowa State Fair lingered in the minds of students as they looked for an activity to devote quality time toward, or at least a couple of hours of recreational fun. Local youth-oriented organizations such as the Boys' Club, Girl Scouts and 4-H were just a few of the options to select from.

The spectators who shied away from participation didn't realize there was more behind the free pizza, cookie sales and blue ribbons, though.

"The place that beats the streets" rang out as the motto of the Boys' Club. The relaxed atmo-

sphere and variety of entertainment drew in crowds of students.

"I like playing pool with my friends and hanging out at the Boys' Club because everyone goes and feels comfortable being there," freshman Chris Whitehead said.

Girl Scouts didn't provide free pizza as an incentive, but interest projects included cooking a balanced meal over an open campfire to developing a monthly exercise plan.

"I'm working for the highest award possible this year — the gold award. I have to do volunteer hours and complete a project to benefit the community," said senior Cindy Hawley, who was a member since second grade.

Girl Scouts also offered the experience of traveling.

"I went to Canada over the summer and met people involved in Girl Guides, which is similar to Girl Scouts. It was different, though, because they wore their uniforms even to school," sophomore Gwen Horton said.

For those intrigued by projects

ranging from aerospace to wood-working, 4-H accommodated almost any interest.

"One year I received a blue ribbon at the Iowa State Fair for a night photo of someone fishing while the sun was setting," freshman Bryan Warme said.

Tangible projects and results weren't the only benefits of 4-H.

"I have made a lot of friends through 4-H. People think 4-H is all cows and chickens, but for me it's more of a social thing," senior Dave Jurgens said.

Lock-ins, scavenger hunts and skits attracted others to Prime Time.

"At our meetings everything we do takes us to a central theme or idea, but basically it's just 'food, folks and fun'," junior Sarah Olberding said.

Socializing, exploring talents and the satisfaction of achieving goals were the magic rewards behind the popularity of youth groups. Whether learning a new skill or forming a new friendship, most hard work and dedication paid off.

Youth groups captivate students



In preparation for a sheep show during the Story County Fair, sophomores Adrienne van der Valk and Rebekah Hartman wash one of van der Valk's ewes. 4-H'ers exhibited projects the first week of August. (Photo courtesy of Adrienne van der Valk)

While at the Boys' Club Halloween costume party, junior Lisa Moore dances with her stuffed, twin clown. The Halloween party was held Friday, October 26 and prizes for costumes were awarded. (Photo by Dawn Dean)





At the Prime Time sponsored Sport-About, senior Rob Kain and junior Seth Anderson look on as senior Pete Fretz strains to grab a loose ball. The all-night lock-in was hosted in the Ames High gym. (Photo by Sam Shearer)

While working on constructing a retaining wall in his backyard, junior Eric Warne spends another summer afternoon on his 4-H project. 4-H offered awards to members who excelled in their project areas. (Photo courtesy of Eric Warne)



While showing models of small animals, senior Matt Willard describes the habitats and eating habits for a few prairie species during the winter months. Willard was a member of Boy Scouts for six years. (Photo courtesy of Matt Willard)

-Tia Nemitz



"The student body as a whole participated to make the week great."

-sophomore Anne Moutray

Welcome to the jungle, we got fun and games ... "This is exactly what was planned for Homecoming week. Monday morning the school looked much like a jungle, and throughout the week planned activities led up to the game.

"The school looked great; there were posters and streamers everywhere. The theme 'Welcome to the Jungle' really worked out well," freshman Jamie Adair said.

To make the week unforgettable, the planning began early — six months early. Committees were set up and plans were put into motion.

"We did spend a lot of time, but the end results were good. People

had a good time and this Homecoming will be remembered," senior Shay Grundmann said.

Creative minds went to work to plan new activities to fill the week. These included the "tiger lock-up", a pop and cookie sale and a tailgate party.

"In the beginning I didn't think the lock-up would go over well, but after a while it really took off," sophomore Leah Uhlenhopp said.

Along with the new features, old ones remained like window painting and chalking-the-walk. And on Friday Dax Slaughter and Sarah Uhlenhopp were crowned Homecoming king and queen.

"The assembly was the best there has ever been; the crowd really got into it," Slaughter said.

Not only did the decorations planned by the cheerleaders boost school spirit, so did privately organized ones. On Thursday morning students entered the front doors with toilet paper blowing behind them. Wednesday night a group of students used a total 98 rolls to help add to the Homecoming ambiance.

"The school looked great. I lost it when I drove into the parking lot. I have never seen so much toilet paper in one place," junior Spenser Villwock said.

Spirit from the week's activities still couldn't produce a win for the football team. Despite the players' attitudes, Ames High lost to WDM Valley 42-28.

"The results of the game are disappointing but the support we received was great; it's nice to look up and see the stands packed," senior Erik Smedal said.

The final touch came Saturday night with the dance. The gym was decorated, refreshments were available and according to Dr. Ralph Farrar, attendance was high.

"I was surprised to see such a large turnout, but it added to the spirit of it all," junior Amy Carey said.

"The student body as a whole participated to make the week great. There were activities planned and everybody took part and had a good time," sophomore Anne Moutray said.

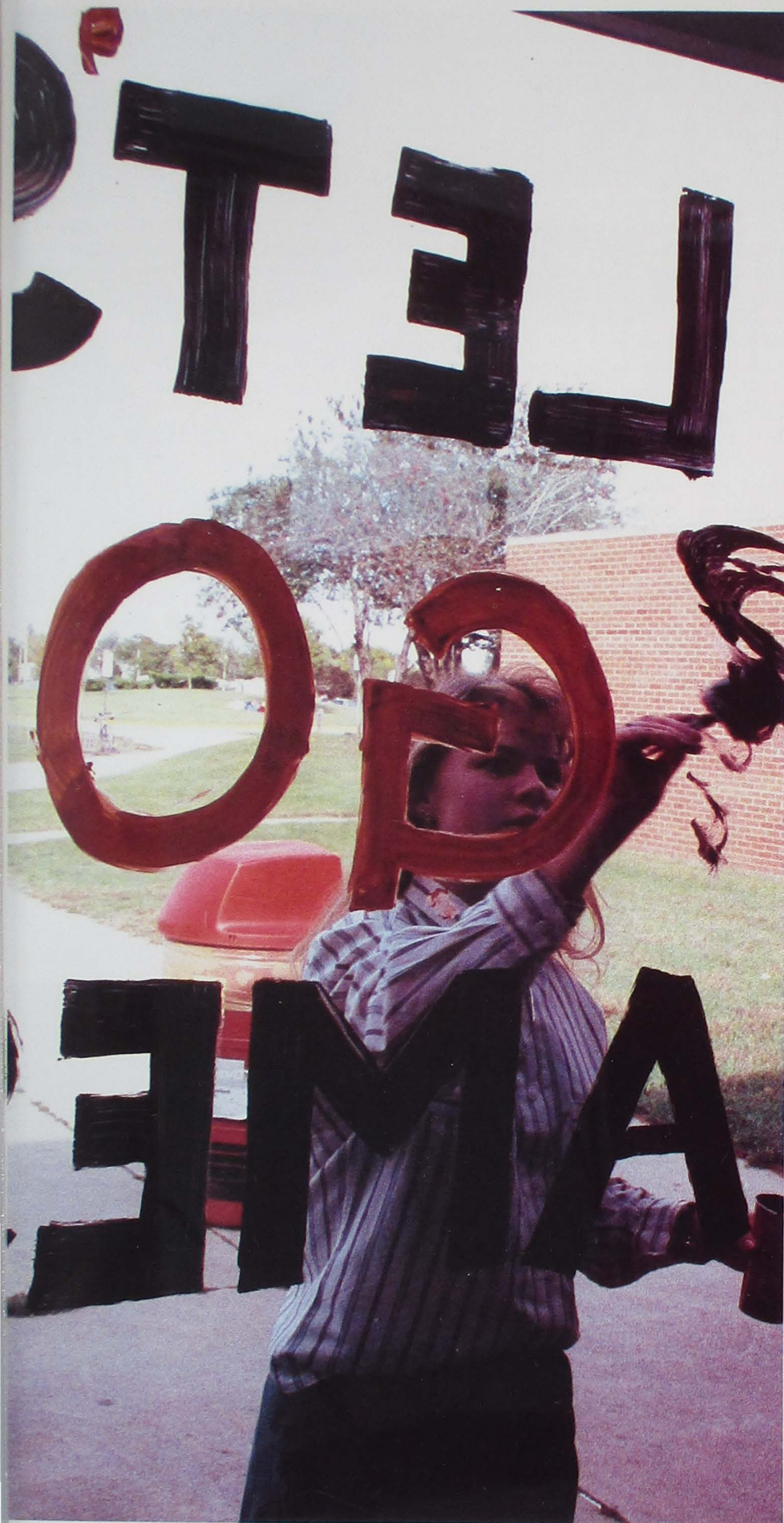
Homecoming week was full of activity



Displaying their school spirit, seniors Dan Wilson and Jonathan Ticku stand out by wearing pumpkins to the Homecoming game. Despite the crowd's enthusiasm, Ames lost 42-28 against WDM Valley. (Photo by Aaron Jones)

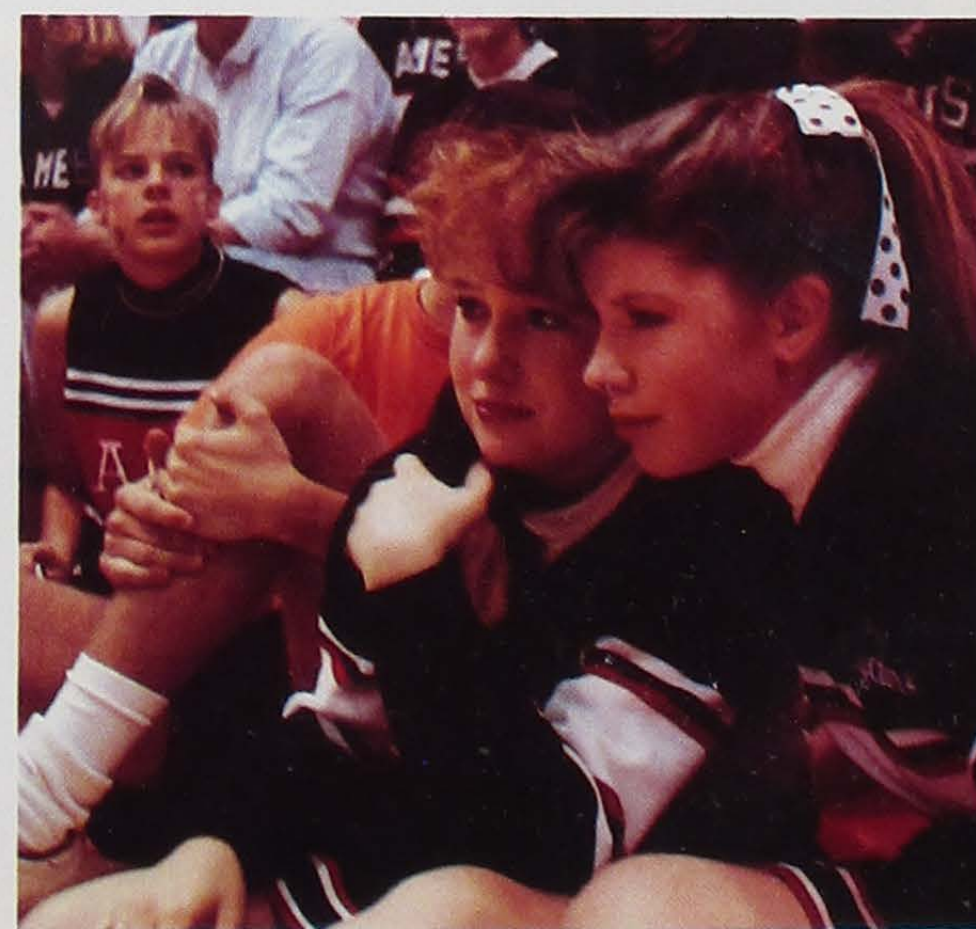


Homecoming Court. Front Row: King Dax Slaughter, Janel Brakke, Kim Oldehoeft, Queen Sarah Uhlenhopp, Jennifer Kellen, Jennie Jones, Christie Hunt, Mike Bergan. **Back Row:** Jesse Pease, Bob Black, Fred Hoiberg, Dave Jurgens.



Helping with the Homecoming festivities, senior Rachel Faltonson finishes a window. Window painting, chalking-the-walk and coronation were the traditional activities planned for Homecoming week. (Photo by Sam Shearer)

Rather than having a Powderpuff game to kick off the week, Senior Girls' Club staged airbands in an effort to raise money for winter formal. Senior Brian Gouran performs "Rock and Roll all Night" by Kiss. (Photo by Jenni Laville)



As part of the coronation pep assembly, freshman Jennifer Phillips performed "Wind Beneath My Wings" which caused mixed emotions with the crowd. Sophomore cheerleaders Sheryl Smith and Tami Johnson are moved to tears. (Photo by Sam Shearer)

-Nicole Stocks



I

im heaved a sigh of relief as the sound of the bell signaled the last period of the day. Finally his grueling school day had come to an end and he could go do something he enjoyed, his job. He was not alone. Many students worked for numerous reasons besides money.

"I love working at K-Mart. It is giving me a lot of experience in public relations and running a business. I plan to open up a business of my own some day," junior Jolene Hatfield said.

Some jobs helped prepare students for college and the field of study they wanted to pursue.

"Working at Dr. Consamus' Den-

tal Office has taught me a lot about what I want to be. I'll be studying Dental Hygiene when I go to college and this job is giving me great preparation," senior Tami Ford said.

Other students who wanted to work in the business world someday liked to make contact with the pros.

"One of my friends and I set up rooms for important meetings held at the Starlite Hotel. We like it because we get to meet a lot of important business people," sophomore Corey Groepper said.

Some students didn't think that far ahead. For them, working was a time to get away from pressures of school and family.

"My job at Sigler Printing is great. Everyone there is like family and I really feel like I can be at ease when I go to work. There's hardly any pressure," senior Lisa Madson said.

Other people liked their jobs because of benefits they received. This made the job a little more desirable.

"I like working at Coach House because of the environment. The lo-

cation is great because it's in the mall and I always see people I know. I also get big discounts so I buy all my presents there," junior Kjersten Johnson said.

In addition to added benefits, many chose jobs that related to special interests and hobbies.

"I really like working at Sports Page because of the relaxing atmosphere. I'm a sports fanatic and it makes the job so easy. I know the whole background of the store and working there ties in with my interests," senior Jay Johnson said.

Quite a few people found that in order to get the job they really wanted they needed some backup experience.

"The Dahl House was my first job and I hated it because I was always in back. The experience was good for me though, because now I have a great job at JCPenney," senior Angela Rickert said.

Many students like Jim found that work didn't have to be a place of agonizing torture, but that it could actually be enjoyable to punch the time clock.

"I like working at Coach House because of the environment."

-junior
Kjersten Johnson

Students found jobs enjoyable



While working part time at Younkers after school, senior Stacey Seiling discusses the possibility of opening a Younkers charge account with a customer. Seiling worked in the Customer Service Department. (Photo by Julia Ford)

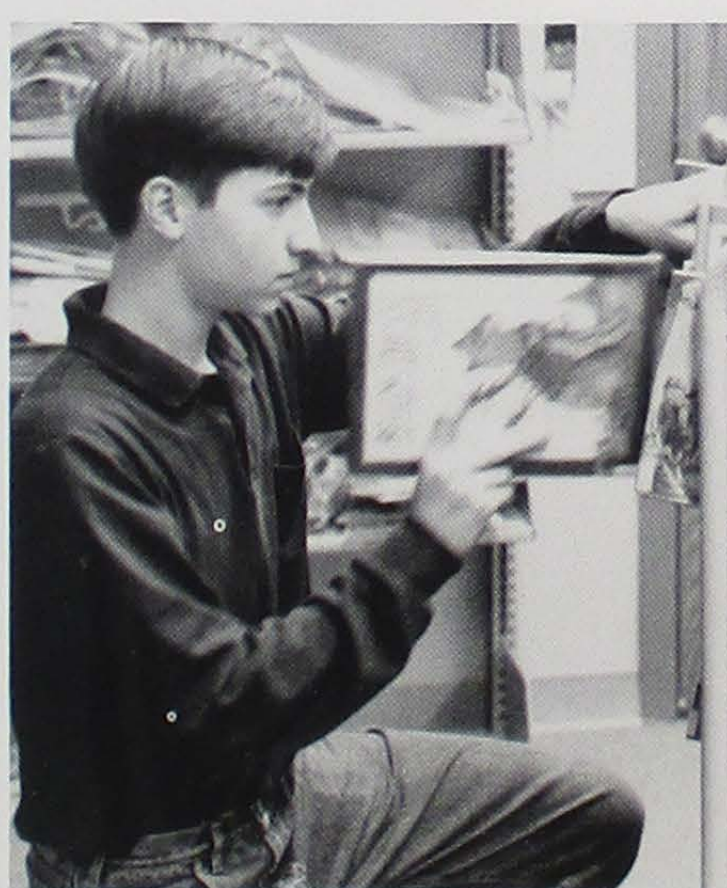
Getting ready for the holiday season, senior Angela Bridges arranges a Christmas tree display after school at Mary Kay's Flowers. Bridges also delivered flowers to various businesses and special events. (Photo by Nicole Stocks)





While getting a socket wrench down for a customer, senior Andy Forbes shows his knowledge of tools at his job at Carr Hardware on Main Street. Forbes was one of many high school students that worked there. (Photo by Nick Lloyd)

After school freshman Evan Serfass filed books at the Ames Public Library to earn extra spending money and get some work experience. Many students worked at the library which taught them organizational skills. (Photo by Bob Parr)



While working for her DECA job at Maurices at North Grand Mall, senior Dawn Newhouse sorts through many of the winter sweaters. Like many DECA students, Newhouse found her job enjoyable. (Photo by Nicole Stocks)

By donning bright, splashy colors, sophomore Kris Coons found a way to make a statement. In contrast, students like freshman Laurel Nakadate blended in by wearing jeans and a sweatshirt. (Photo by Nick Lloyd)

Heritage did not dictate the way most students dressed, but sophomore Ashia Whittington chose to wear native dress because she found it an easy way of expressing herself as well as her ancestry. (Photo by Sam Shearer)



Unique ensembles weren't always worn to express individuality, rather, as sophomore Aimee Dutton found, they were quite comfortable for both school and for lounging around in while studying at home. (Photo by Dan Sailsbury)

-Jennie Jones

om, I don't have anything to wear!" you moan one morning before school. Hangers full of clothes greet your eyes as you scan your closet, but nothing seems 'right.' Suddenly you spy a tie-dye you made in eighth grade and then a pair of neon pink leggings! And what about those combat boots you found at the Army Surplus — now there's an outfit!

On any given day almost any type of dress, from sweats to black leather to lacy dresses, could be spotted in Ames High's hallways. Jeans and sweatshirts were usually the norm, but some people used a little more creativity when pulling on their clothes for the day.

"It's a way of expressing myself, but it's also comfortable. It's fun to see people's reactions when you don't dress just like everybody else," senior Devon Alexander said.

Most unique dressers didn't start out that way. They began dressing "just like everybody else", but they discovered that type of conformity was not for them.

"In seventh grade I dressed exactly like my friends. But in eighth grade I realized some people would never like me no matter how I dressed, so I decided to be myself," sophomore Jake Stanton said.

But, being yourself at a time when the average student was just trying to fit in was not always met with approval. As a result, creative ensembles weren't always well-received.

"I used to dress trendily, but I found people didn't respect me for my clothes. When I dressed so people would look at me instead of my clothes I was called a dirtball. Now if I get a lot of strange stares one day, I'll dress normally the next

day," freshman Aaron Holz said.

While little comments from classmates hurt, they were also revealing. Some non-conformists discovered much from people's acceptance of their outfits.

"It's disappointing when people comment on how you dress instead of your personality. But then you find people who don't care about what you wear, they care about you, and they're the ones that count," junior Sandra DeLuca said.

In addition to helping discover true friends, not wearing Guess? and Esprit every day had another advantage: it was cheaper.

"I get a lot of clothes for less money because I don't have to worry about a label costing me more," sophomore Ruth Wilson said.

Choosing an alternative outfit was not for everyone, but there was always one definite result of dressing uniquely: yellow harem pants topped with a black sports bra were much more memorable than a Vuar-net t-shirt and Levi's.



"I used to dress trendily but I found people didn't respect me for my clothes."

-freshman
Aaron Holz

Clothes were unique instead of urbane



Tie-dyes and bandanas, like the ones worn by sophomore Nathan Horn, were reminiscent of the sixties when radical clothing was in style. The torn shirt worn by senior Matt Brogmus was also unique to Ames High's hallways. (Photo by Sam Shearer)

om's closet was a treasure trove of cheap and unique clothing for students who wanted to add a little spice to their wardrobe. Senior Jessica DeJong holds up an old lace shawl of her mother's while working on a new outfit. (Photo by Dan Sailsbury)

-Giselle Magat



"I think it's funny that the T-shirts cost almost as much as the tickets."

-junior
Meghan Sweet

U can't touch this!" rapped M.C Hammer in his concert at Hilton Coliseum in September. If he had been referring to the price of concert tickets, he may have been right.

Many concerts hit the stage in Ames and some students just couldn't touch the ticket price. For instance, tickets to the M.C. Hammer cost \$22.

"They were pretty expensive, but we had really good seats, front row, and it was really a good concert," freshman Zac Frederick said.

Tickets to the Paul McCartney concert in July cost \$35.

"They were expensive, but

when we were camping out, these people paid us \$200 to budge in front of us in line, so that paid for our tickets and everything," senior Niki Nilsen said.

"I would've gone to the Paul McCartney concert if it wasn't for the expensive tickets," junior Meghan Sweet said. "And I think it's funny that the T-shirts cost almost as much as the tickets."

The price of T-shirts was an added burden.

"You want a T-shirt to remember the concert, but I think they could make them more affordable because they're too expensive. But I still buy them anyway," sophomore Ann Aldrich said.

Students also wanted to get their money's worth and tried to get the best tickets through many ways. Some ways took a little physical work.

"It was a hassle standing in line. We went at 3:00 in the morning and had to fight to get in line; there was a big mob," freshman Erin Ackerman said of her ordeal to get tickets for the New Kids on the Block con-

cert November 9, "but we were first in line and got front row center."

Other ways to the best seats were easier.

"I had a friend in the Stagedoor Club and if you're in it, you get to buy concert tickets before everyone else, and you get a parking permit to park close to Hilton," sophomore Mark Skluzacek said.

The performance itself was the best test of worth. Students had various opinions about whether their money was spent well.

"Even though the M.C. Hammer tickets were reasonably priced to me the concert was not as good as I thought it would be for the price," freshman Laurel Nakadate said.

"M.C. Hammer was awesome, and I thought the tickets were a fair price for his performance," junior Dan Sailsbury said.

Concert tickets seemed out of reach for some students. But for those who managed to scrape up enough money for a ticket, "U can't touch this" was more than just a song on the radio.

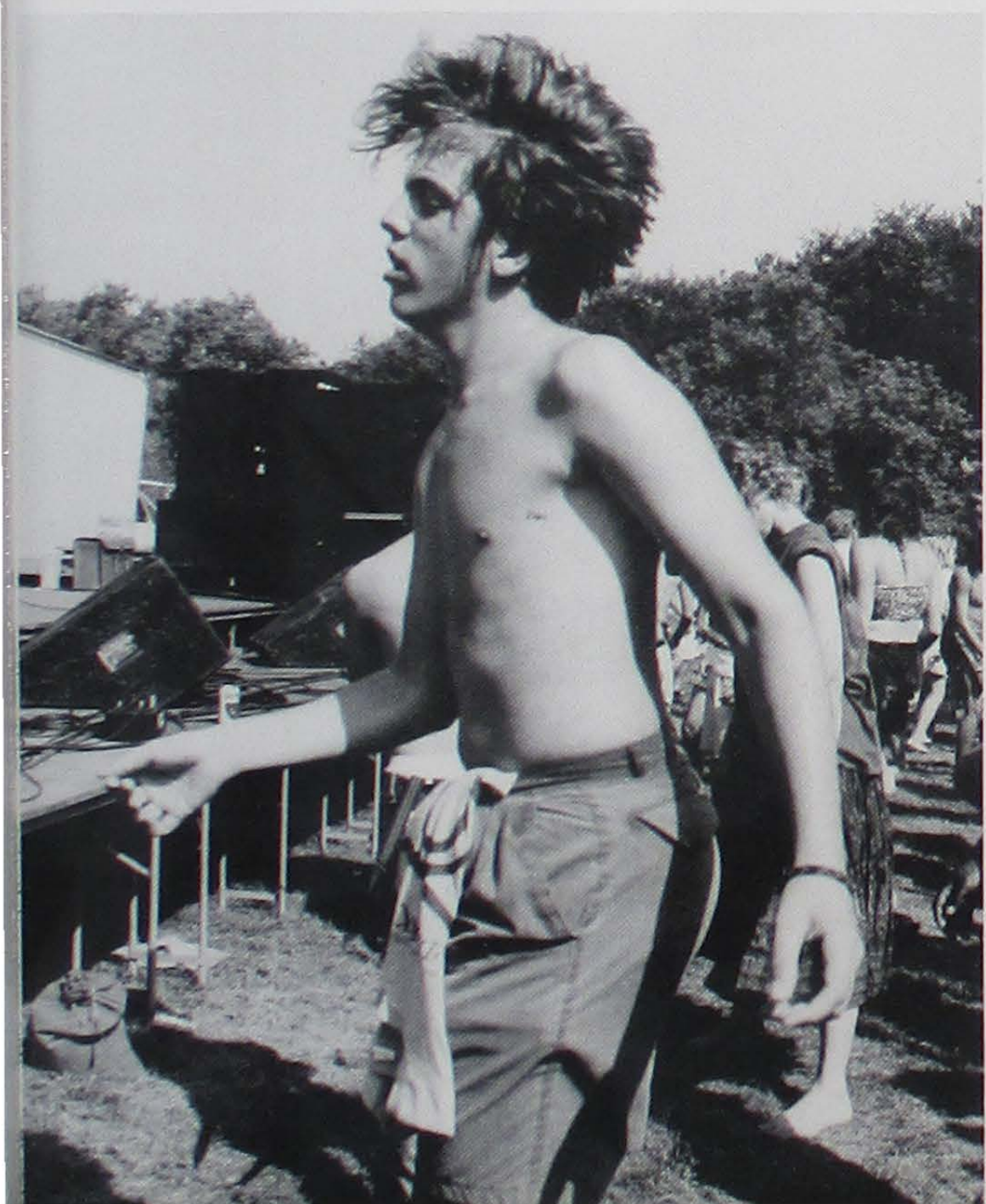
Concert prices seemed out of reach



With the service of Younkers' Ticketmaster, junior Dawn Dean purchases two tickets to the Nelson concert in February. Buying tickets this way was a convenient alternative to camping out and faster than calling by phone. (Photo by Giselle Magat)

Supporting a concert t-shirt from The Church's "Gold Afternoon Fix" tour, sophomore Ted Deli takes a break from classwork. Concert t-shirts were staple clothing for many students and a way to show off their favorite artists. (Photo by Dan Sailsbury)





Chilling out a worked up audience, Vanilla Ice raps his hit "Ice Ice Baby" which froze at the number one spot on pop charts for weeks. Vanilla Ice brought his moves to Ames with M.C. Hammer. (Photo by Andy Scott/The Daily Tribune)

The Dancing Machine, M.C. Hammer, arouses the crowd at Hilton Coliseum with his funky moves and rapping. The Hammer was one of many performances in Ames during the month of September. (Photo by Andy Scott/The Daily Tribune)

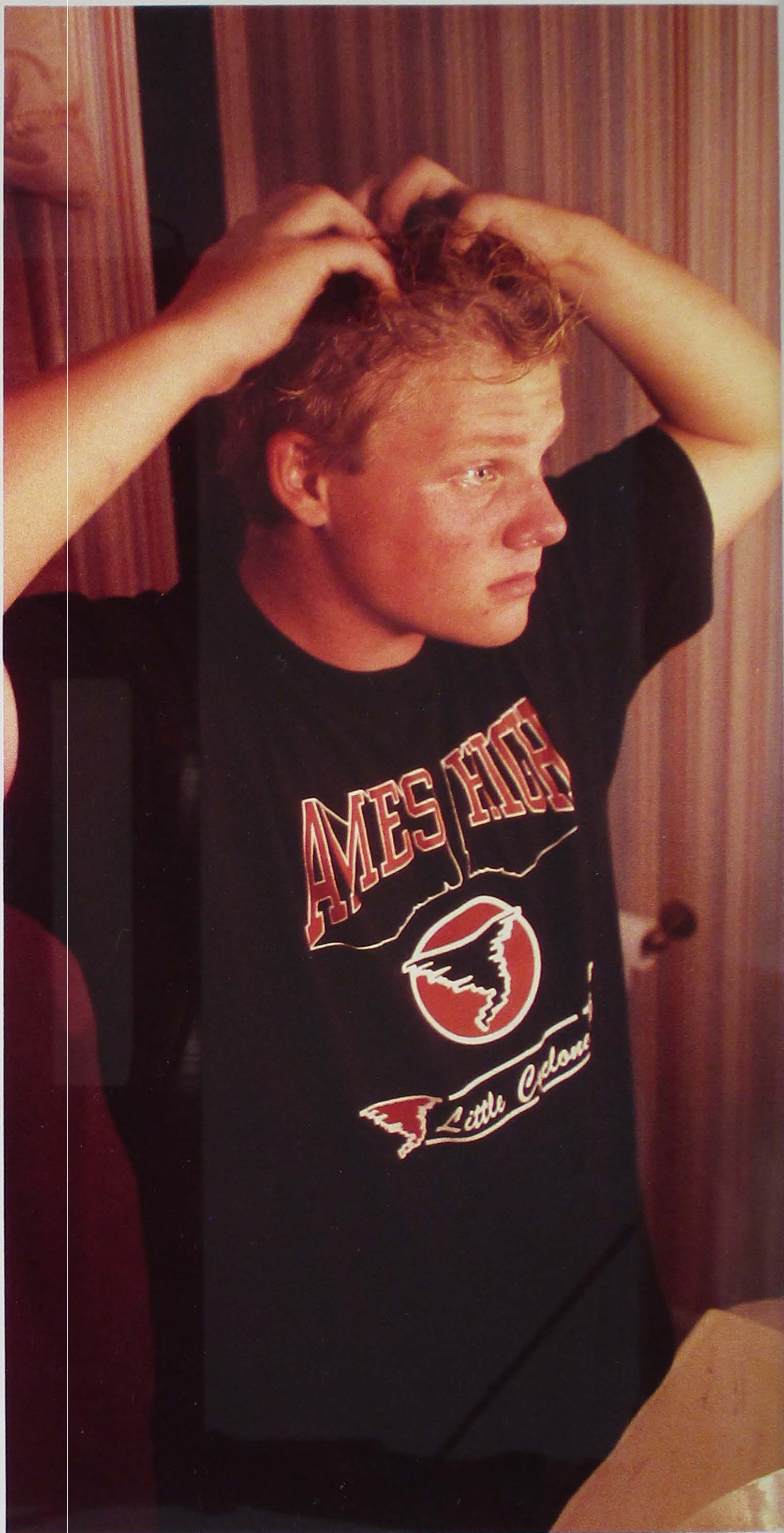
In the hot fall sun, sophomore Nick Lloyd jams to a band during Iowa State's annual "Freak Week." (Photo by Sam Shearer)

As senior Dave Jurgens gets ready for school in the morning, he massages styling mousse into his hair and concentrates on applying it evenly. Jurgens typically spent at least five minutes fixing and perfecting his hair. (Photo by Nick Lloyd)

Looking into a mirror, sophomore Alison Doyle strains to put in contacts that not only corrected her vision but also brightened her green eyes. Students turned to colored contacts to change their natural eye color enhance it. (Photo by Joe Schafer)



Smothering her legs with self-tanning lotion in her bedroom, senior Tami Burnham chooses an alternative to tanning beds. Although a less permanent tan, students avoided hours of lying out or expensive tanning sessions. (Photo by Joe Schafer)



-Krista Heinzig

The countdown begins as the clock ticks away. Less than 15 minutes remain until the date of a lifetime. Jane scrambles to her full-length mirror. Running her fingers through her blond hair, she flashes a smile. A switch from boring brown to beautiful blond after hours of hair painting, foil strips, and heat lamps. A mere five hours of intense sweating during tanning sessions is only a memory. She wonders — was it really worth it?

"There were pools of sweat everywhere. It was so hot! I felt like a meat patty between two buns," senior Tod Berkey said about tanning.

When the heat index climbed

too high, a few students leaped out of the rays. However, some frantically scheduled tanning appointments for special nights like Winter Formal or Prom. Being in the public eye also encouraged re-capturing that summer glow.

"About one-half of the girls on the volleyball team tan. If you're out on the volleyball court in bunhuggers, you don't want to be white," junior Beth Muller said.

Daring attitudes and whimsical decisions sometimes provided incentive for change.

"It's (hair coloring) so expensive to have it done professionally that I decided to color it myself. I wanted my hair to be dark auburn, but it turned purple," sophomore Ann Aldrich said.

Coming up with the right results or desired color seemed difficult and sometimes led to problems.

"I used Sun-In and it really damaged my hair. I will never color my hair again — except maybe when it turns gray," freshman Anna Reed said.

As some flocked to tan and change their hair color, many

worked with what they had. Various products helped defy the laws of gravity or tame uncontrollable manes.

"I use gel to spike my flat top. It's kind of wild, but my parents like it because my dad wore his hair like this when he was young," sophomore Todd Flemmer said.

Eccentric styles expressed personalities bold enough to be different. Looking natural didn't fade into the background, though. To some the natural look was always in.

"Naturally curly hair can be a pain. But my boyfriend says it's so neat because it 'keeps coming in curly at the roots and never goes straight — even in the rain'," junior Juli Nordyke said.

Natural make-up made its mark as students looked for a change.

"I feel like my skin is coated with peanut butter when I wear base," senior Kim Allen said.

Whatever the motive, students pursued their ideas of the perfect "look." As everybody discovered their individual look, in the end it was usually worth it.

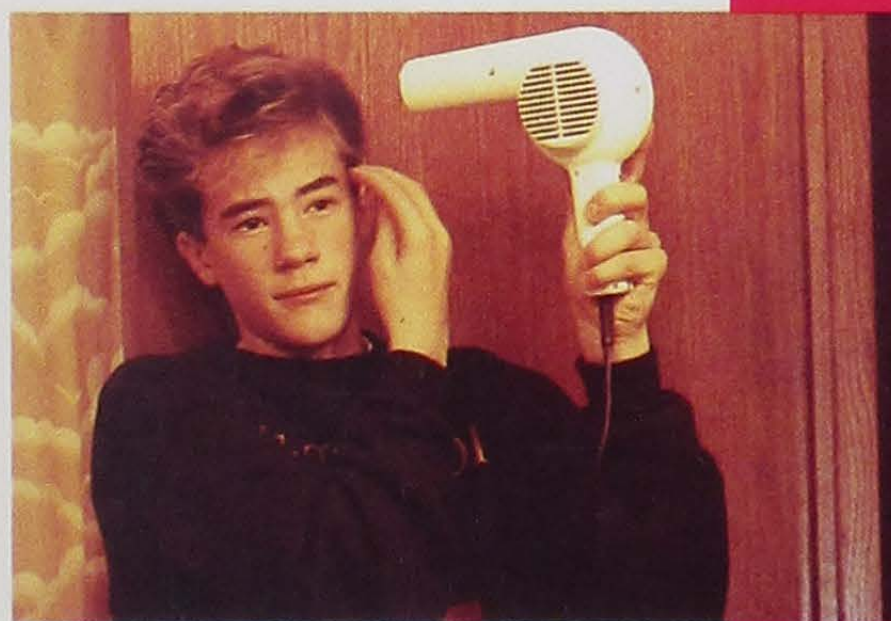


"If you're out on the volleyball court in bunhuggers, you don't want to be white."

-junior Beth Muller

Looks count

Students capture their best



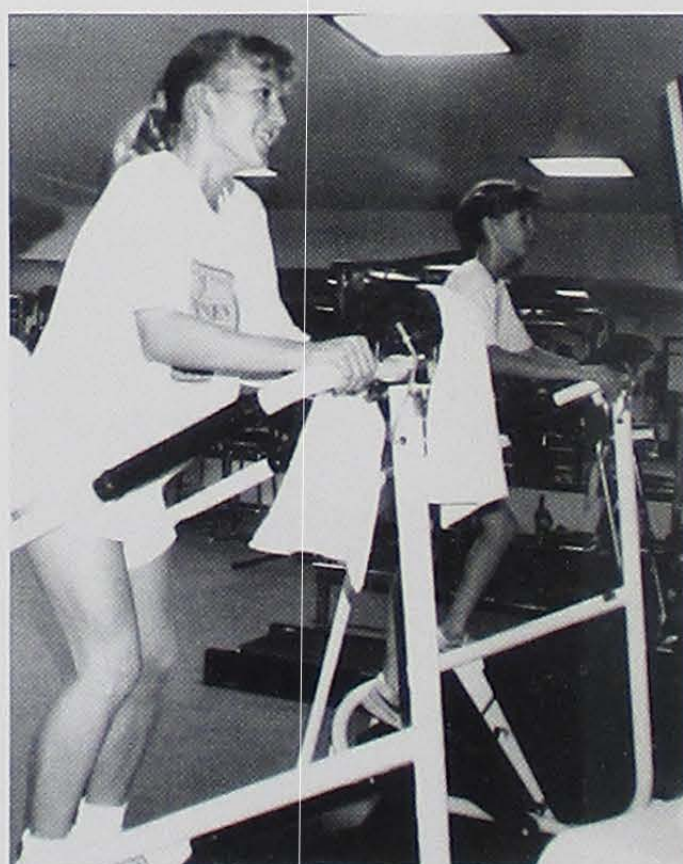
After sleeking his hair back with styling gel and spraying it liberally with hair-spray, freshman Jon Durlam blow dries his hair and styles it for school. Hair care and precise styling was an important daily ritual. (Photo by Joe Schafer)

While checking out the latest cosmetic products at Younkers, senior Tami Cruse tests a new color of foundation. She used the Clinique line of skin care and make-up under the recommendation of her dermatologist. (Photo by Joe Schafer)

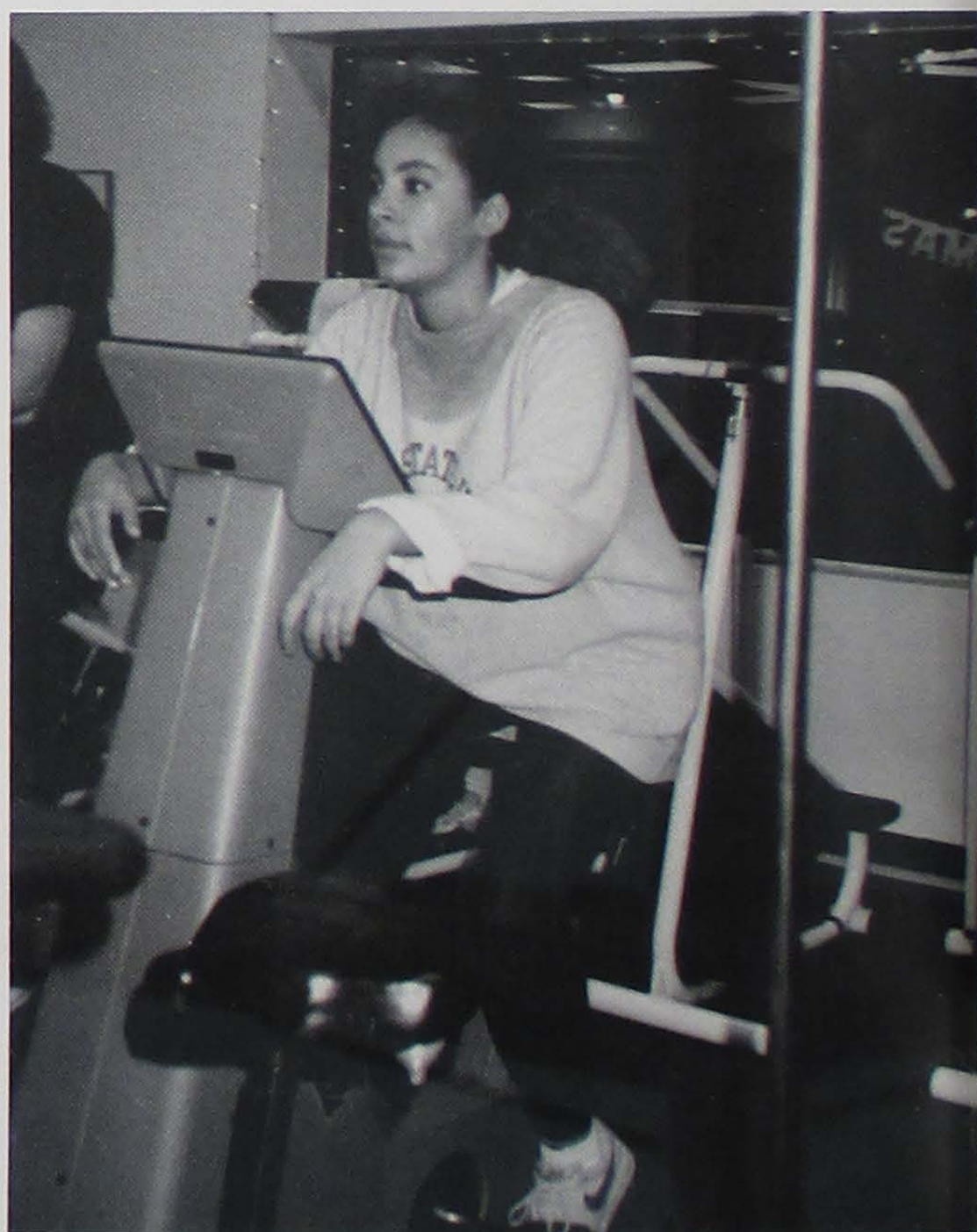


Taking advantage of a friend's weight lifting set, freshman Zach Thompson does his daily workout. Thompson, like other students, works out during the off season to prepare for a sport. (Photo by Tia Nemitz)

Together Jennifer Shierholz and Erin Block work out at the Ames Racquet and Fitness Center. Students found it easier to exercise with friends because there was someone there for encouragement and conversation. (Photo by Tia Nemitz)



Riding the bicycle at Ames Total Fitness Center, senior Christie Hunt works up a sweat. Fitness Centers were popular among students because of the large facilities which offered a wide range of activities. (Photo by Tia Nemitz)



-Tia Nemitz

Stairmasters, treadmills, bicycles and rowing machines may have sounded hazardous to some, yet to others they were a way of life. Getting or staying physically fit included desire and determination, a healthy diet and working out long hours.

While some students were satisfied with the exercise they got in P. E., others didn't think 45 minutes a day, five days a week was enough.

"I spend two to three hours a day seven days a week working out. I've built up a tolerance and I don't feel I've worked out

enough in one hour," senior Janel Brakke said.

Others worked out long hours to be more successful at a sport. During the off-season students lifted, ran or played their particular sport.

"Running and lifting during the off-season has helped me in sports; I am quicker, more aggressive and have a greater endurance," junior Chad Steenhoek said.

"I'm not sure whether I'll play (football) in college, but if I do, I want to be ready for it. I've been lifting steadily for two years now in order to be physically fit for football. I guess it is a matter of dedication," senior Nathan Grebasch said.

Having a good time also played a part in students' dedication to working out.

"I have fun; others may not think running is fun, but I like it. I have the time to think of things other than school, college and scholarships," senior Kim Oldehoeft said.

"I work out on my own. I like to run when it's nice outside and lift when it's not; either way I have a good time and remain in shape,"

freshman Josh Nemitz said.

Feeling better about themselves was another reason students exercised. Whether losing weight was their objective or just remaining in shape, working out made them feel good.

"Working out makes me feel good about myself; it's a natural high. I like pushing my body to the max and working up a sweat," freshman Julie Simonds said.

Besides working up a sweat, eating right was important when exercising. Maintaining a good diet made efforts to get into shape a little easier.

"I watch what I eat because it makes a difference in how I perform. I make sure I eat enough of every food group so I have enough energy after I work out to do other things," sophomore Erin Block said.

The thought of walking into a fitness center and working out may have been horrifying to some, but for those who wanted to build up their endurance, lose weight or just get in shape, it was an everyday part of their lives.



"Working out makes me feel good about myself; it's a natural high."

-senior Julie Simonds

Students believed 'no pain, no gain'



The school facilities, such as the weight room, were made available at different times for students' use. During a free period, senior Tate Womack and junior Phil Greenfield lift to stay in shape. (Photo by Aaron Jones)

At Ames Total Fitness Center, seniors Janel Brakke and Jolyn Brakke do aerobics together. They worked out during many of their free periods and after school to prepare for cross country and track. (Photo by Tia Nemitz)

When a slow song was heard over the sound system, the dance floor filled up quickly. Seniors Bill Kannel and Breann Bruton sway to "Something to Believe In" by Poison. (Photo by Bob Parr)

Even though most couples exit the floor during fast songs, juniors Andy Stevenson and Cassandra Biggerstaff chose to 'get down' in all the open space. Winter Formal was held December 29 in the Sun Room of the Memorial Union. (Photo by Samantha Shearer)



Playing with her earrings, freshman Angela Ellmaker listens intently to her friend, sophomore Kristy Lakin. Discussing other peoples' outfits was a major pastime for attendees of Winter Formal. (Photo by Bob Parr)



-Holly Anderson

As the holiday season arrived at Ames High, students had visions dancing in their heads. Unlike the holiday classic "The Night Before Christmas" however, most of those visions weren't of sugar plums. Instead, Mistletoe and Winter Formal, held December 7 and 29 were on many students' minds.

Mistletoe was one of the most popular dances not only during the holiday season, but the entire year. Students that went found it an experience since inhibitions are generally checked at the door, and they are able to move from pucker to pucker.

"At first I thought it was kind of sick but after you get into it, it's a lot of fun," sophomore Trudi Weis said.

Other students saw Mistletoe not only as fun, but a very worthwhile experience.

"I will definitely go again. I only kiss upperclassmen though," freshman Lynn Converse said.

But with all the advantages, Mistletoe also had its pitfalls. Kissing in public sometimes meant chaperone intervention.

"I didn't like the fact that teachers were pulling you apart even if you weren't doing anything wrong. That is embarrassing," junior Meghan Sweet said.

In contrast to the non-committal attitudes displayed at Mistletoe, Winter Formal was a little more reserved. It provided a romantic evening for some students, and for others, it was just a lot of fun.

Dinner plans made a big difference in whether the evening turned out romantic or fun for some formal goers.

"We went to my house for dinner by ourselves. I liked that a lot because I got to choose what to make and it was more romantic to be alone," junior Kristi McGinness said.

Others preferred to go out with

groups of people so they could share the evening with lots of friends.

"We went to Aunt Maude's with a bunch of people. I liked that a lot of people were there because I got to talk to all of them," senior Nathan Grebasch said.

It has been a long standing tradition for the girls to pay for their dates, and that also contributed to the evening's fun, at least for some.

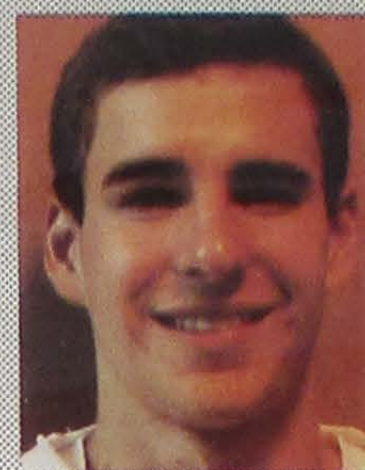
"I think it's awesome that the girls get to pay. My bank account needed a break," senior Brandon Geise said.

"I like having a chance to treat him once in a while because a lot of guys never let you pay. It gives them a break and me a chance to choose what to do," junior Katie Barnhart said.

Once everything was paid for, the dance left many impressions.

"It wasn't as big as I thought it'd be. I expected it to be different, like the 'Under the Sea' dance in Back to the Future," junior Mark Milleman said. "I had a really good time though."

Even though the end of December meant different things to different people, Mistletoe and Winter Formal left the majority of those that attended feeling festive.



"I expected it to be different, like the 'Under the Sea' dance in *Back to the Future*."

-junior Mark Milleman

Girls give guys a night out at Formal



Cuddling next to a table covered with Hershey's Kisses and angel hair are sophomore Kim Windom and junior Marc Maehner. Decorations like those helped carry out the theme of "A Winter Night's Dream."

(Photo by Bob Parr)

A group of seniors anxiously await the announcement of the first-ever Snow Court. The Snow Prince and Princess were Scott Gunnerson and Jami Stiles; the Snow King and Queen were Mike Bergan and Kristina Smith. (Photo by Samantha Shearer)

-Holly Anderson



"My favorite thing to do on a date is just talk."

-freshman Tory Reimann

Money was a problem for almost every student. That, in turn, made dating a problem because it could get very expensive, unless of course students happened to be creative.

"One date that I went on ended up costing me \$70. I took her to Aunt Maude's, a movie, bowling, and I also bought her a rose," junior Bryce Freeman said.

But it didn't always cost big bucks to find a fun alternative to watching "Halloween VII". By employing some creativity, students made a little count for a lot.

"I went on my very first date when I was 9 years old. We went to my house and played Lite-Bright. Dating was a lot less expensive then," senior Eric

Peters said.

Although Lite-Bright wasn't popular among high school couples, there were some inexpensive options.

"My favorite thing to do on a date is just talk. If you go to a movie you can't really get to know each other," freshman Tory Reimann said.

If talking wasn't enough though, students found watching movies at home minimized the cost of dating. Renting movies cost \$3 or less, which was a drastic difference from the \$4 admission at theatres.

"When we go out, we usually do the same things. We rent movies and order pizza. It is my favorite thing to do," junior Wendy Nelson said.

Others preferred to leave the house, so for them, a common activity was not renting, but going to a movie.

"My favorite thing to do on a date is go to a movie and go out to eat," freshman Beth Titus said.

Even going to movies and grabbing a bite afterwards cost money, though. So some couples found ways to have a good time without breaking open their wallets.

"We just went window-shopping

and tried stuff on for each other. We didn't buy anything and we talked about people in the mall. There was always something to talk about," senior Brandy Walker said.

"The least expensive date I've been on is when we go to my girlfriend's house and watch TV," senior Dragus Lawson said.

Whether it was a special occasion like prom, or just a Saturday night in the mall, frequently the guy ended up with the bill.

"I like to go out and eat with a small group of people. I never go dutch; if I ask a girl out I feel obligated to pay," freshman Chad Fowles said.

Since it was the 90's however, it wasn't always up to the male to fork out the money, because it wasn't always the male who asked.

"I talked to him on the phone and asked him out. It's no big deal. I don't see the difference between guys asking out girls and girls asking out guys," Nelson said.

Regardless of who asked whom, students' dates cost money. But with creativity, they often found ways to cut the cost and have just as much fun.

Innovation

Dates didn't have to be costly to be fun



With Open Campus privileges, lunch was a time for many senior couples to get together. Claire Haws and Joe Nelson enjoy eating their fries together over the noon hour at Hardee's in the Mall. (Photo by Colin Brennan)

Shopping in American Eagle, senior Alicia Gilley helps her boyfriend Mike Tallmon choose a shirt. Many people chose to rely on the opinion of their significant other when buying clothes, plus it was an inexpensive way to spend time together. (Photo by Colin Brennan)





When daters' creative juices were running low, many rented movies for entertainment. At the Mall Movie Mart senior Staci Kepley and sophomore Dave Pollard choose a movie to take back to Kepley's house. (Photo by Colin Brennan)

Perusing the selections in front of them, sophomores Kevin Flemmer and Sarah Frette decide what to buy at the concession stand during a basketball game. Students found games a cheap date. (Photo by Colin Brennan)

Money was something high schoolers didn't have much of, so freshman Becca Jones and sophomore Toby O'Berry check out Jones' movie collection as an alternative to renting one. (Photo by Colin Brennan)

Krista Heinzig



Boredom plastered a lifeless glaze on the face of somber students. Although the minutes ticked by on the clock at their usual rate, it seemed like an eternity until the teacher's droning, monotone voice came to a halt. Ringing bells were the only stimulation that jarred students from their desks.

On the flip side, however, some teachers and students attempted to make the classroom atmosphere and learning more exciting.

"Sometimes I get the feeling teachers are afraid to think up little games to aid in learning because they might be too juvenile or students might not pay attention. Personally, I think games are fun and help me remember what I'm learning. Games also break the

monotony after a day of lectures," senior Wyn Huntington said.

Teachers didn't limit themselves only to games when getting lessons across to students. A more personal and dramatic approach sometimes left a deeper impression.

"In Business Organization and Management Mr. Garman doesn't teach straight out of the book. One time he laid down on the table and flopped around like a fish to demonstrate that we need to take risks (of looking like a fool) to get ahead in life," sophomore Kelly Hawley said.

Student participation in class discussions and lectures also sparked incentive to pay attention. Heated debates between opposing viewpoints added a new dimension to beat boredom.

"Most people assume economics is a dull class but we go off on tangents. One day we started talking about the economy and Mr. Scott made some jokes on how it was better when women only worked in the kitchen. All of the girls in the class jumped in and started yelling about women's contributions to society. It was intense," junior

Mischa Prochaska said.

Classroom parties almost always caught the attention of students and seemed to revive dying interest. Each teacher seemed to have a unique approach to planning or special requirements set aside in order for a class to have a party.

"We have pizza parties in Mr. Johnson's geometry class. Students arrange the whole thing. It's kind of a reward for working hard. At the same time it motivates us to keep on working hard so we can keep the privilege," freshman Mark Sibbel said.

Holidays provided another excuse for taking a curve off of the normal path of education.

"Before winter vacation in Pre-algebra we had an awesome party. People brought chips, popcorn, pop, and cookies. It was great taking a break and not having to work," freshman Amy White said.

Entering the boredom zone was a dreaded fear. With a variety of tactics and a hat full of tricks, however, most teachers managed to fend off the classroom blues and liven up learning in general.

"People assume economics is dull but we go off on tangents."

-junior Mischa Prochaska

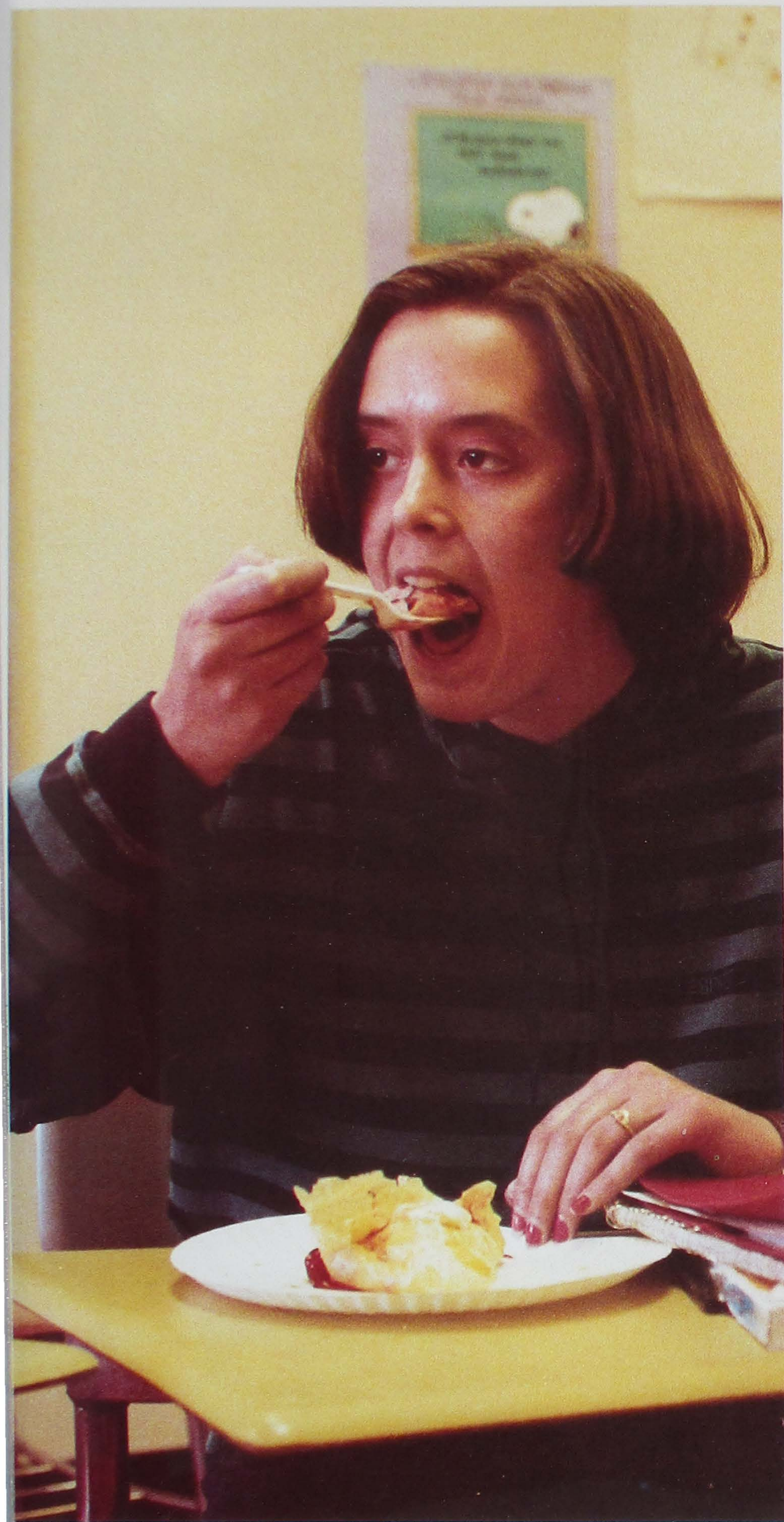
Teachers found ways to make class fun



In Ken Hartman's Survey of Chemistry class, senior Rob Kain models make-up for a presentation. The talk centered on the different chemicals and compounds used in make-up. (Photo by Sam Shearer)

Advanced Placement Senior English receives a special visit from the Greek philosopher Socrates. Teacher Keith Carlson dressed in a full length toga and spoke during the class period of Plato and Aristotle. (Photo by Jennie Jones)





Enjoying a crepe complete with whipping cream and strawberry topping, junior Carrie Booms chows down during a third year French party. French bread, lemon cookies, and pop rounded off the menu. (Photo by Ted Deli)

During a "Spirit" staff Halloween party, junior Dan Sailsbury sits and relaxes while eating some Halloween candy. Dressing up in costumes helped relieve stress and deadline tension. (Photo by Sam Shearer)



Desperately trying to bite into an elusive apple, senior Angie Kim bobs her head around. Classroom activities for celebrating holidays gave students a break from normal class routine. (Photo by Sam Shearer)



Dressed in native Israeli costume, senior Ron Shinar sings in Hebrew. Shinar's performance was part of International Day put on by the French IV class for the Spanish IV class and other invited guests. (Photo by Samantha Shearer)

Dressed up in her native dress from India, senior Nupur Ghoshal describes a souvenir purchased in India. As she had several relatives in India, Ghoshal traveled there several times during her life. (Photo by Dan Sailsbury)



Japanese Days was a celebration put on by the Japanese class. Seniors Connie Hsu and Connie Yi serve native Japanese food that class members prepared for the occasion. (Photo by Samantha Shearer)



Giselle Magat

America. Home of the free, the brave and the millions of nationalities which make it a melting pot of diversity. Ames High students contributed to that diversity as many cultures mixed within the school.

Some of those students were foreign exchange students who came to experience the much-talked-about American lifestyle. In the "states," they found many differences from their native land. Senior Christina Langert discovered that Ames High had an intense school spirit unlike her school in Gothenburg, Sweden.

"We have no sports or drama in

our school, so we have to be in activities outside of school. Here, everything revolves around the school," Langert said.

Another difference for the exchange students was the size of Ames. Senior Sara Francis from Adelaide, Australia, found social limitations.

"In Australia, on the weekends, we'd go to nightclubs until about 4:00 or 5:00 in the morning. Here there's really not much to do except for movies and sometimes parties. Living here, I also really miss the beach," Francis said.

Americans' routines for everyday events were much different for sophomore Pablo Fuertes from Seville, Spain.

"In Spain, we have a big lunch mid-day rather than a big supper. Also, we go to bed later because of all the studying we do," Fuertes said.

Also contributing to the diversity at Ames High were students of various ethnic backgrounds. Many of those students spoke their native language because their parents or other relatives often used it.

"I've known how to speak

Bengalese since I was born, but the reading and writing of it was taught to me in the summers by my mother," senior Sumit Basu said.

"I was born in Taiwan and I've been speaking Chinese ever since. I took classes to improve my language when I first came, but after a few years I quit," sophomore Morris Liao said.

Other students participated in activities to strengthen ties with people of their race.

"I go to Korean church retreats; I feel closer with other Korean/American families because they understand me more," freshman Joyce Kim said.

The diversity of Ames High benefitted some students in many ways.

"I feel fortunate to have grown up in a multi-cultural environment. It has helped me to increase my awareness of international affairs and my interest in all different cultures of the world," senior Connie Hsu said.

Whether it was foreign exchange students or Americans of different races, the halls of Ames High were filled with many nationalities, and culture was just a locker away.



"I feel fortunate to have grown up in a multi-cultural environment."

-senior Connie Hsu

Backgrounds increased global awareness

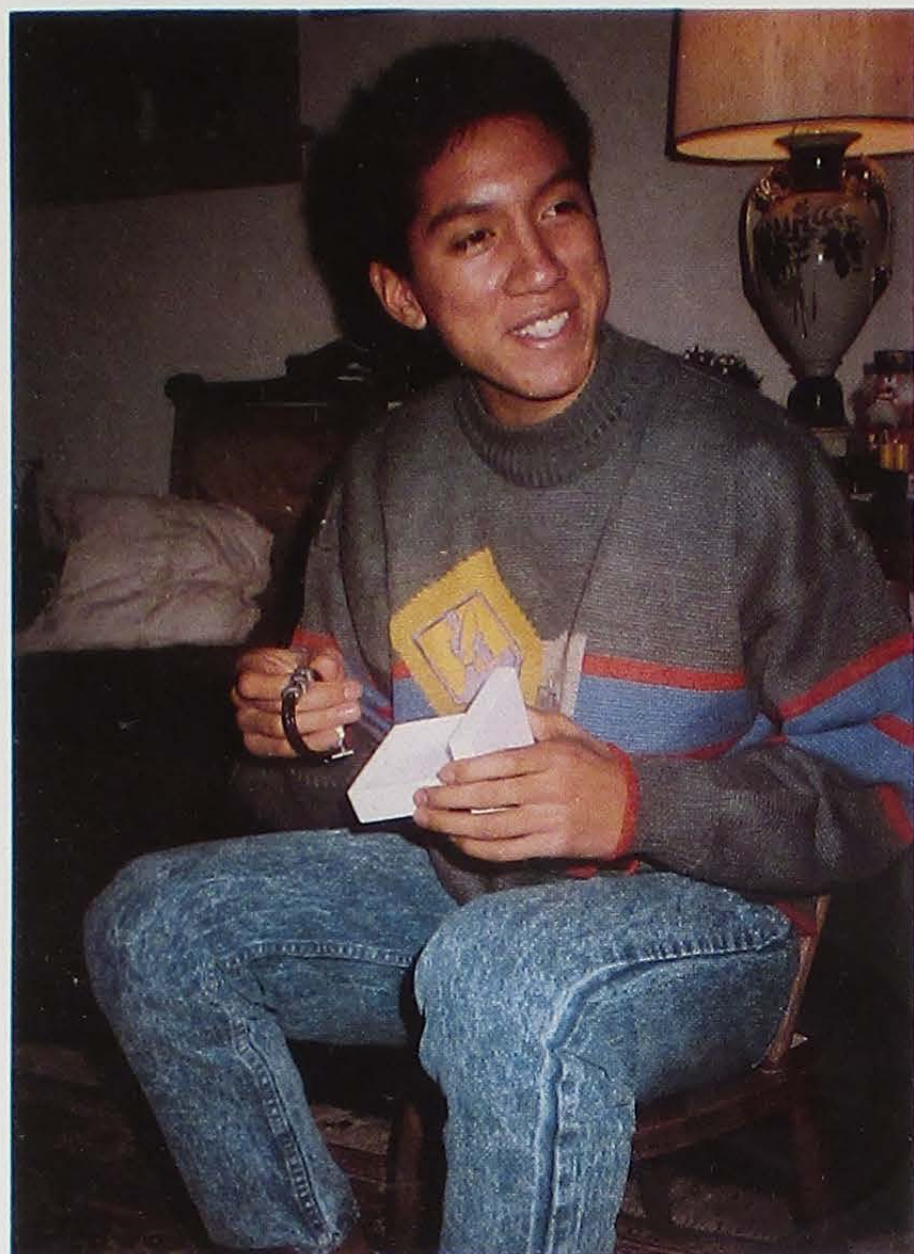


Stirring a pan of water, junior Becci Yeung waits for it to boil before she adds a package of shrimp flavored rice. Yeung's mother grew up in Hong Kong so she often ate Oriental cuisine. (Photo by Jason Swift)

After school, junior Kamla Devrajani, freshman Noha Abdalla and seniors Martha Cervantes and Radha Dahiya discuss the day's events. The four shared an Indian heritage. (Photo by Giselle Magat)

Ames High Volunteers went to several different retirement homes to cheer up residents and share Valentine's Day with them. Junior Joleen Hatfield gets acquainted with one of the gentlemen. (Photo by Bob Parr)

Senior John Ramsey is all smiles as he receives a bracelet as a present for Christmas. (Photo courtesy of Flora Ramsey)



Leaving school October 31, seniors Susie Taylor, Kate Vaughan and Latifah Faisal show their Halloween spirit. They were three of a handful of students who marked the occasion by wearing costumes. (Photo by Colin Brennan)

Jennie Jones

hestnuts roasting on an open fire, Jack Frost nippin' at your nose, tiny tots with their eyes all aglow will find it hard to sleep tonight."

Back when we were tiny tots, Christmas, and all holidays for that matter, had a magical appeal. Weeks before the holiday we hung up cardboard decorations, baked cookies, and spent our school days making gifts for Mom and Dad. As we matured, the mystical appeal faded and our perception of holidays changed, but we kept on celebrating. Although the Christmas/Hannukah season was mired in hype, there was also a lot of tradition attached to the holidays.

"My family always goes to visit my

grandparents in Adair (Iowa) and we open presents there. My favorite thing about Christmas, though, is the lights. I love getting off work at night and driving around and seeing who has the best light displays," senior Mike Johnson said.

"On the first night of Hannukah my mother always makes potato pancakes and we all open one present. Then we finish the celebrations during Winter Break at my grandmother's because school is still going on when Hannukah is actually celebrated," junior Robyn Schwartz said.

The "holiday season," which begins with Thanksgiving, ends for most on January 1 with a kiss and a verse or two of "Auld Lang Syne." Other countries welcome the new year differently.

"I'm from Mexico and we celebrate the holidays there. On New Year's Eve we are all given a cup with 12 grapes and at midnight everyone eats their grapes, making a wish after swallowing each one," senior Martha Cervantes said.

As holiday season ends, a new year full of reasons to celebrate begins.

Many of the more well-known "special days" are a tribute to love of things such as parents and our country and of course, each other.

"Valentine's is enjoyable for me. It's happiness; it's time to show people how much they're loved by giving them a card, a flower or a little candy heart. At the same time I, too, feel loved," freshman Anna Reed said.

While most festive spirits wouldn't turn down an excuse to party, there are some days even they would be hard-pressed to get excited for. Sometimes the less-celebrated holidays provide people with a reason to spread some good cheer.

"I like Groundhog's Day because it is a unique holiday. I basically just go around and say 'Happy Groundhog's Day' to everyone and watch the news to see whether spring is around the corner," junior Matt Haubrich said.

Even though the anticipation of holidays didn't keep most teenagers up at night, those special days were usually looked forward to events—especially if it meant a vacation from school.



"It's happiness; it's time to show people how much they're loved by giving them a card, a flower or a little candy heart."

—freshman Anna Reed

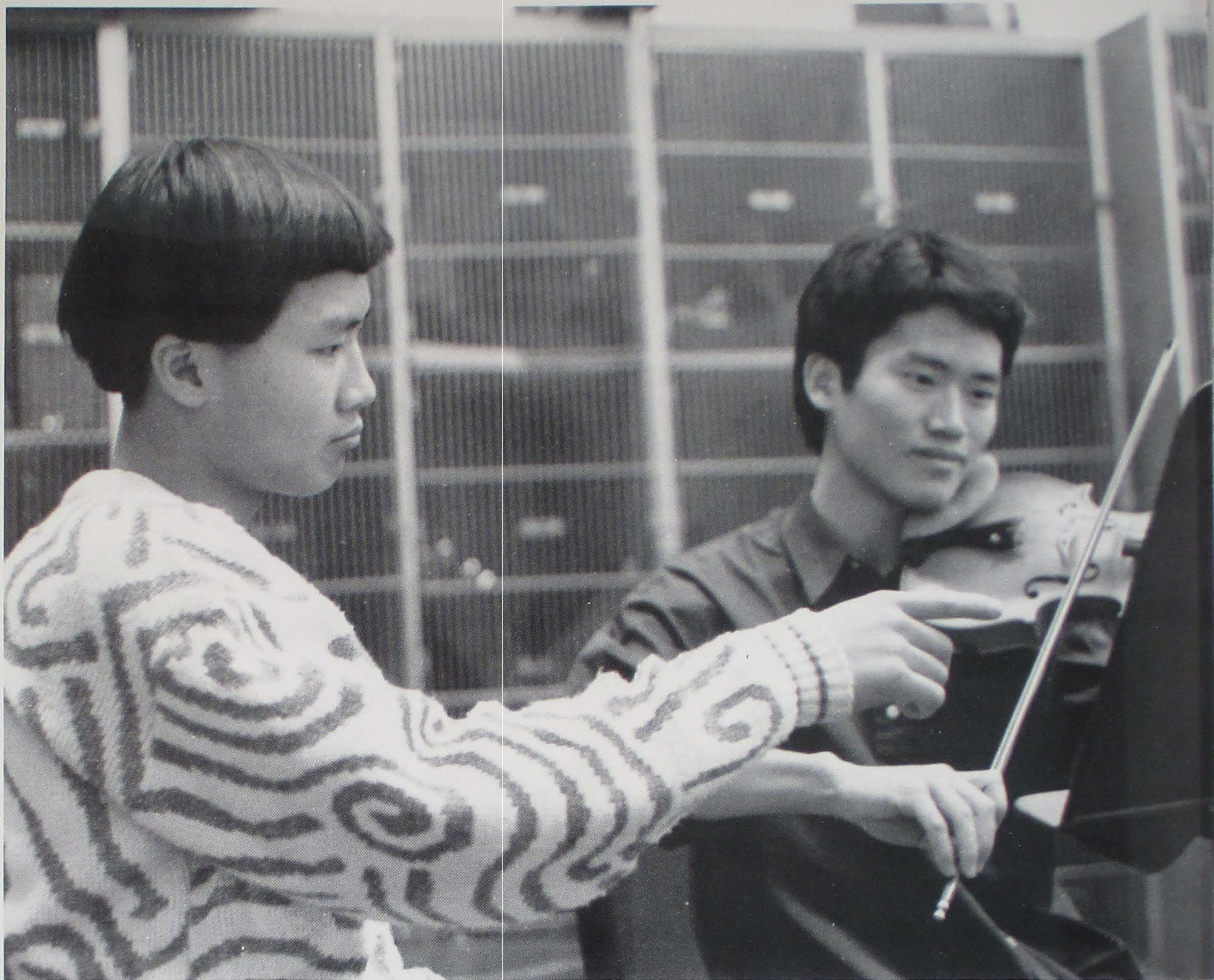
Celebrations

Holidays still hold magical appeal



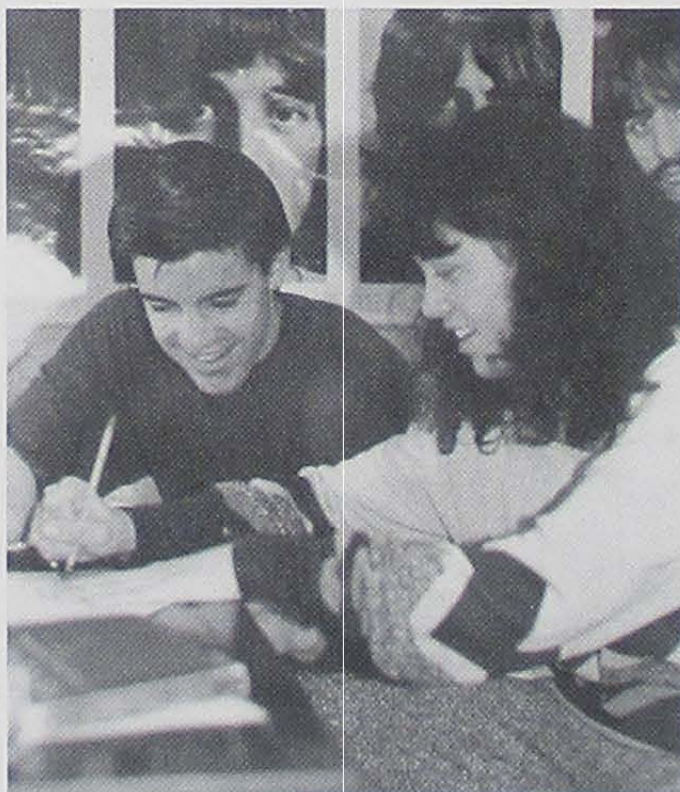
Decked out in comfortable clothes, sophomore Jeanne Sundstrom admires a pair of gloves she just opened while her family celebrates Christmas in their home on the morning of December 25. (Photo courtesy of Jeanne Sundstrom)

With wolfish reflexes, freshman Chris Whitehead enjoys playing foosball while celebrating Halloween at the Boys' Club. Music, food, and a variety of costumes abounded in the building along Kellogg Avenue. (Photo by Dawn Dean)



Making use of his musical education, freshman Morris Liao helps his brother, senior Andrew as he practices a piece on the violin. Both brothers were members of the Ames High orchestra. (Photo by Jason Swift)

Usually one could find senior Scott Sundstrom and his sophomore sister Jeanne engaged in sibling combat over the use of the car, but when Jeanne needed homework help she readily turned to Scott for help. (Photo by Jason Swift)



Sharing bubbly personalities, junior Cari Foote and freshman sister Lisa were both natural cheerleaders. Before tryouts Cari gives Lisa pointers on jumping and cheering. (Photo by Ted Deli)



-Adrienne van der Valk

G

et off the phone! I have to use it!" "Take that off, stop stealing my clothes!" "Moooooooooom!" Aah, siblings. They could be our best friends or our worst enemies. Well, OK, most of the time our enemies.

But even though fighting and tattling were big parts of being brothers and sisters, so were sports and clubs for siblings who shared activities and hobbies after school.

"We have a lot of similar interests like swimming and the environment," said sophomore Rachel Wilke about her freshman sister Monica. Despite their age difference, the Wilkes even

had some of the same friends. Many sibling students discovered that their personalities brought them together at school as well as at home. "It's more fun to do activities with people you really know," said sophomore Martha Whitaker about her twin, Katherine. Others found themselves following in the steps of older family members who were already in high school. "I probably wouldn't have been in Speech Club this year, but (senior) Sarah had a good time last year and she encouraged me to go out. I really enjoy it now," sophomore Leah Uhlenhopp said about her sister. The Uhlenhopp sisters also participated in Student Senate, volleyball and intramural basketball together. For some, sharing activities was easy and enjoyable, but other, less harmonious family duos made an effort to stay off each other's turf. The Mayfields were one example. "We do 'Paisley' together, but I do a lot with drama and she's not interested in that. She tries to avoid singing

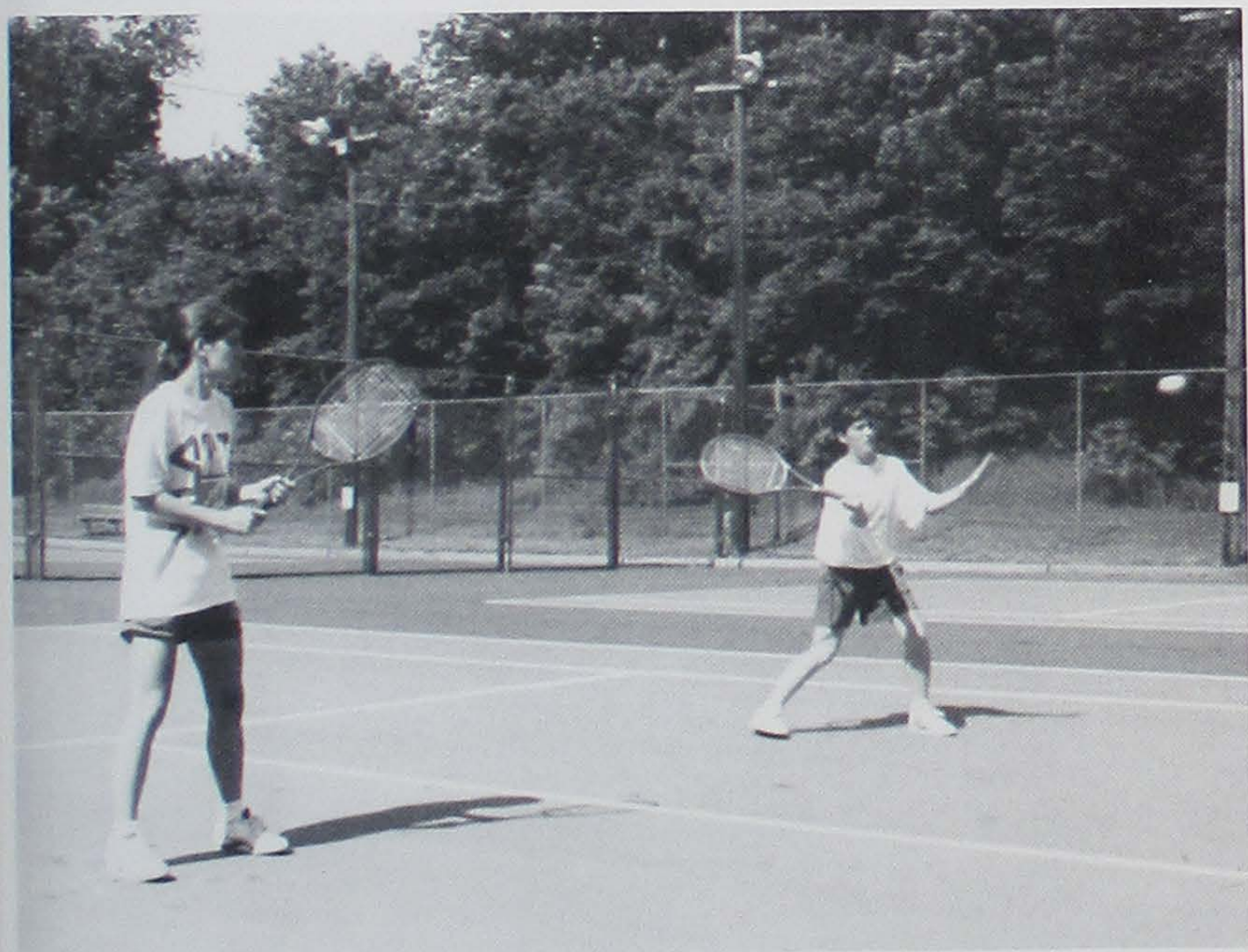
and acting and I avoid art," senior Katie Mayfield said about freshman sister Margie. "We get along at home but at school we try to avoid each other as much as possible. If we were walking down an empty hall together we wouldn't acknowledge that we knew each other," junior Theresa Franco said about her brother Matt. Some brothers and sisters were just too different to be involved in the same activities. "I'm more interested in sports and she's interested in clubs," said freshman Derek Shonrock about his sophomore sister Kelley. "(Sophomore) Jared and I get along fairly well but we're different types of people," freshman Debbie Katz said. Even though to some it seemed impossible, and for others like they could never escape each other, many students did find better understanding and closer relationships with their sisters and brothers in after-school activities.



"I wouldn't have been in Speech Club but Sarah had a good time."

-sophomore Leah Uhlenhopp

Siblings shared interests outside home



Even though both sophomore Sophie Ellmaker and her freshman sister Angela are in similar activities at school such as chorus, they still enjoy spending time together after school playing a game of Scrabble. (Photo by Jason Swift)

One benefit senior Jessica McKee and sophomore Jody found from both playing tennis was that they always had an opponent. Apparently they practiced often as both played on the varsity tennis team. (Photo by Ted Deli)

-Karen Hsu



"I love the exercise, the performing, and the people. Dancing is my life."

-junior Eric Martin



any of us enjoy ourselves at concerts, theatre productions, and the ballet. But where do these musicians, actors, and dancers come from? They come from the very halls you traverse.

Like many athletes, these students spent many years perfecting

their talents.

"I have been dancing since I was 5. I love the exercise, the performing, and the people. Dancing is my life," junior Eric Martin said. Martin danced in many productions with the Ballet Iowa junior company.

These outside talents took just as much time, or more, than the school's extracurricular activities.

"Modeling's a lot harder than what the books say. In addition to my Saturday lessons, I have to go to Des Moines four to five times a week to rehearse for

fashion shows, which are attended by judges from Paris, Tokyo, and New York," said freshman Angela Ellmaker, who hoped to model internationally.

Although numerous students had expressed their talents since they were toddlers, others did not realize them until later.

"When I was little, I always thought that I couldn't sing. I finally realized I could sing in sixth grade after my music teacher told me I had great potential," senior Margaret Lloyd said. Lloyd made All-State choir three years and soloed her junior year.

Many students hoped to turn their talents into a profession.

"I decided the summer after my sophomore year that I wanted to make singing and acting my career, after winning some important competitions and when my vocal teacher told me I had the talent to do whatever I wanted to vocally," Lloyd said.

Although the school provided artistic and athletic activities, professional clubs became an option when

the school did not offer a certain activity.

"I've been in gymnastics for many years and was looking forward to the high school program. I was very upset when it was cut three years ago. Because of the nonexistent gymnastics program, I work with the Cardinal Gymnastics Club, run by the United States Gymnastics Federation," sophomore Diana Vander Schaaf said. Vander Schaaf began gymnastics when she was three, and planned to teach her own gymnastics class.

Students' dreams brought some out of the regular school system into a specialized institution.

"If I really enjoy dancing with the Houston Ballet this summer, I may stay there for my senior year. But I would really like to graduate from Ames," Martin said.

Talents demanded sacrifices such as these, but it was the love for that talent that kept them going.

"I will always sing and act because it's the only thing I truly love to do," Lloyd said.

Students put their 'gifts' to work



Expressing her artistic talent in her art room, freshman Ashley Hagen finishes an assignment for art class. "I was tested at the University of Iowa when I was 2, and my parents were told to send me to an art school in California," Hagen said. (Photo by Jason Swift)

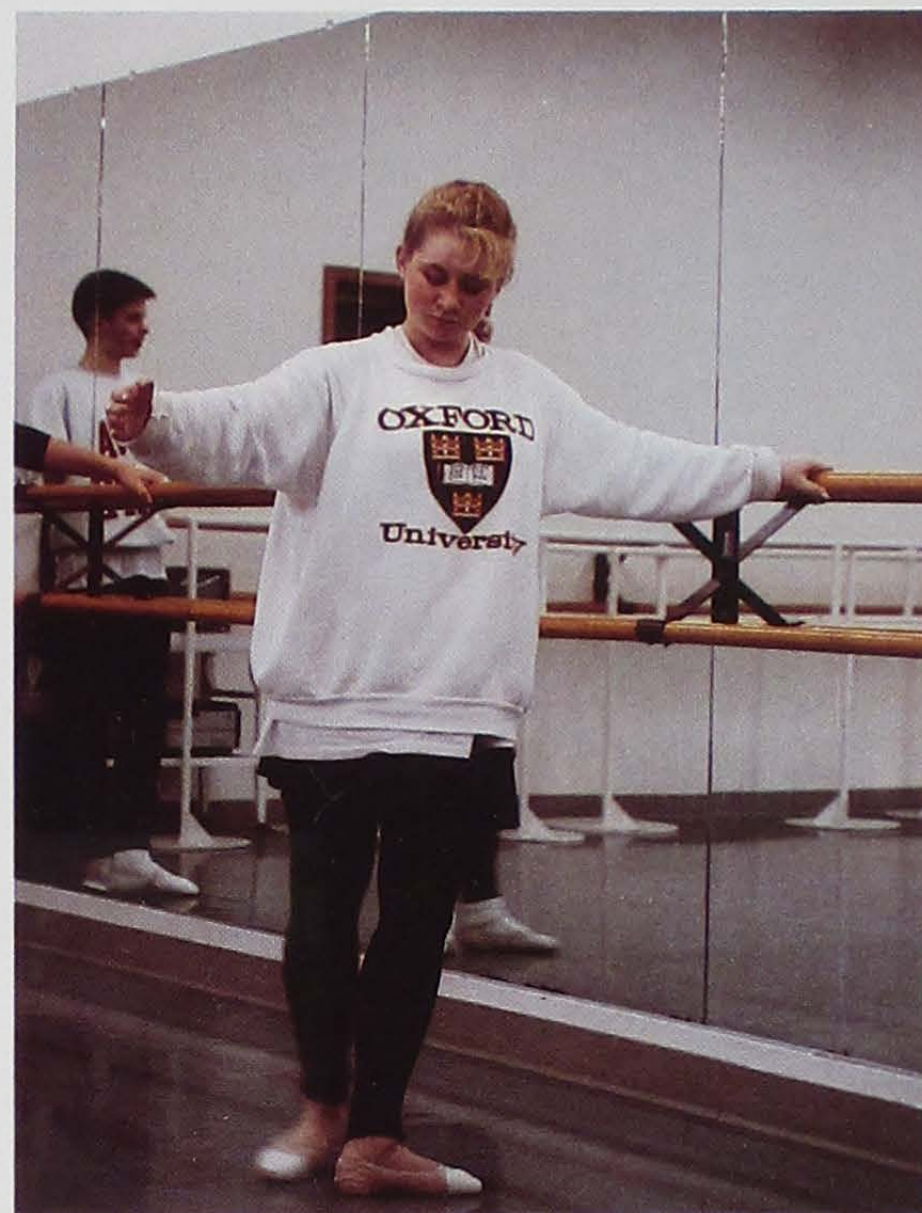
Taking advantage of some free time, sophomore Nick Lloyd practices his electric bass. "I have a fascination that music can change someone's attitude," Lloyd said. He played in the orchestra and jazz band, and took lessons from a local bassist. (Photo by Jason Swift)





Preparing for upcoming competitions, senior Angie Kim practices on the grand piano in the auditorium. Kim had played piano for 14 years, and won many contests, such as the Mozart Festival Competition. (Photo by Jason Swift)

Concentrating at the barre, senior Melyssa Thomas does tondué during dance class at Robert Thomas Dancenter. Thomas had danced for 13 years, and was in Ballet VI, the highest class at the Dancenter. (Photo by Jason Swift)



Competing in Minnesota, senior Breann Bruton shows her horse Shelby at the Tanbark Horse Show. Bruton began competing seriously in eighth grade, and made the National Finals in Kansas City. (Photo by Jason Swift)



"I didn't want to go to Ames High when I first saw it--it seemed huge."

-freshman Layli Springer

-Scott Whiteford

The big day is finally here; Dan has known about it for weeks, but he is still nervous as hell. Today is moving day. Dan will be moving from Dogweed, Missouri to Ames, Iowa, a small city in the center of corn country.

When Dan arrives, he doesn't know anyone; he doesn't know what the school is like or how hard his classes will be, or how long it will take him to fit in. It's a nerve-racking situation.

Some of the anxiety went away, though, because making friends at Ames High seemed easy. New students approached making friends in different ways. Senior Crissy Meiers moved to Ames from Pollman, Washington at the beginning of the year.

"The first week I didn't talk to

anyone. Then I met (senior) Michelle Dietz and she introduced me to her friends. The people were outgoing and nice; they all accepted me really fast," Meiers said.

"Making friends was really easy. On the first day (junior) Juli Nordyke introduced me to her friends, so I felt comfortable here from the start," said junior Megan Slaughter from Texas.

The long, grueling practices of many teams made all members, both new and old, fast friends from their shared pain and victories.

"I made a lot of friends in football; it seems easier that way because you get to know everyone a lot better," said freshman David Rope who was originally from Munich, Germany.

"I was from United Community but I knew a lot of people from swimming because United Community and Gilbert are part of the Ames swimming program," junior Bea Dekker said.

For most students, making friends was easier than adjusting to the Ames High curriculum.

"They (the teachers) grade harder;

where I come from the teachers graded on a 5.0 g.p.a.. I don't understand why Physics B and Home Economics are graded on the same scale," said junior Neena Panigrahy from Texas.

Not only did the curriculum intimidate some people, so did the size of the building and the number of students.

"I didn't want to go to Ames High when I first saw it—it seemed huge. I came from a school that had 350 people in kindergarten through 12th grade," said freshman Layli Springer who came from a private school on an American base in Liberia.

"Coming from Boone, Ames High seemed big; there are so many more people here and so many different groups of people," junior Judd Donelson said.

But most people agreed that once they adjusted, they liked Ames High. So maybe that worrying the night before moving was all for naught. Or at least until Dan has to pack up and move to a new school. And then he can start to worry again.

Fitting In

Newcomers adjusted by making friends



Listening to drama teacher Wayne Hansen, sophomores Kris Coons and Mandy Lloyd learn about various acting techniques. New to Ames High, Coons found that getting involved in drama activities was a good way to meet people. (Photo by Aaron Jones)

Taking a break, junior Judd Donelson and senior Kevin Greisch cool-off before resuming their mountain bike ride. Donelson, who moved here from Boone, found it easy to make friends who enjoyed the same things he did. (Photo by Ted Deli)





Just some plain old friendliness was what junior Alisa Hughes used to make friends when she moved to Ames. Hughes and junior Lisa Millen talk as they sit on the swings at Inis Grove Park on a gorgeous May afternoon. (Photo by Ted Deli)

For some new students, like senior exchange student Kristina Langert, coming to Ames meant a new culture. Langert found the transition easier with friends like seniors Kim Allen and Cara Peterson who stand on each side of her at a football game. (Photo by Joe Schafer)



School dances brought students together in a twisting mass, so meeting people wasn't hard. Junior Heather Swanson, a newcomer to the school, didn't have trouble getting down with the help of new found friends. (Photo by Aaron Jones)

Taking advantage of the good weather, junior Aaron Lehmkuhl hit the trails at a nearby park. Mountain biking was popular among students because it was adventurous as well as a good form of exercise. (Photo by Jason Swift)

Getting ready to bowl, freshman Brian Parrish picks out a suitable ball. Parrish was on a league that bowled every Saturday and had tournaments several times during the year. (Photo by Jason Swift)



Shooting some hoops outside a friend's house, junior Aaron Jones takes on freshman Jon Durlam. Whether it was inside or out, basketball was popular among students. (Photo by Josh Nemitz)

-Tia Nemitz

Whoever said athletic competition was fun, or worthwhile? Many students found the emphasis of winning discouraging and took another route. They found opportunities to relax, exercise, have fun and make friends outside of school through tae kwon do instruction, Ames Park and Recreation programs and other individual activities.

Clubs and private organizations provided martial arts lessons and sponsored tournaments for a growing number of students.

"I have been taking tae kwon do lessons and participating in competitions for six years now. I like the discipline, exercise and personal sat-

isfaction I get out of it. There is sometimes a rivalry between clubs, but overall it is not competitive like most sports," junior Dawn Sibbel said.

Ames Parks and Recreation Association made available many athletic programs for students, including softball, swimming and ice skating.

"I play softball during the summer with the Ames Park and Rec league. It is a lot more laid back. On the school team there is too much pressure to play your best and win all the time," freshman Joelle Ely said.

"I started playing with Parks and Rec when I was in fourth grade. Since then I have made a lot of friends and had a good time. I didn't go out for the school team because they seemed to take things too seriously when it came to practicing and winning," senior Shay Grundmann said.

Bowling was also an interest among students. Junior leagues were established through Twentieth Century Bowling lanes and tournaments were held throughout the year.

"I've been bowling all my life; I love it. It's a lot more fun; everybody

talks and friendships are established. The only competition is that within you, you're always trying to get a better score," freshman Brian Parrish said.

Other students got involved without league organization. Many got together to play basketball or volleyball at fitness centers and gyms.

"Sometimes on Sundays the guys and I go to the State gym and play ball. It's a good stress reliever and time killer," freshman Jon Durlam said.

"A group of us get together to play volleyball at the Racquet Center once in a while to relax. It's all in good fun; nothing is ever taken seriously," sophomore Corey Groepper said.

Racquetball was also popular among students.

"I taught a friend to play and now we play all the time. We don't play by the rules, therefore it's a lot of fun and a good replacement for aerobics," senior Julia Ford said.

Exercise, relaxation and making friends proved important as students took a different approach to athletics. Students got involved in less competitive activities for fun.



"On the school team there is too much pressure to play your best and win."

-freshman Joelle Ely

Students chose alternative sports



Practicing at the Ames Raquet and Fitness Center, sophomore Danny Ricketts prepares for an upcoming tournament. Ricketts competed during the summer and occasionally throughout the year. (Photo by Jason Swift)

Competing in the black belt division at a tournament, senior Nicki Praty stares down her opponent. Praty had achieved the highest rank possible in tae kwon do. (Photo courtesy of Nicki Praty)

-Jenni LaVille



"I snow-

boarded

before most

people even

knew what it

was...it's like

skateboarding

on ice."

-senior Kevin Greisch

W hoosh! There was nothing like the sound of skis hitting the slopes. During the winter, students found snow an entertaining setting for activities such as sledding, down-hill skiing, snowboarding, and just for building their own snow creations.

"My boyfriend made me go out in the freezing cold so we could build snowmen. But once I got outside, I got smacked in the face with a snowball and that started 'the snow war from hell'," junior Angie Bochmann said.

Below zero temperatures didn't get everyone down; in fact it was a blessing to the skiers who thrived on the slopes, whether it was the bunny hill or a black diamond.

"Last time I went skiing I tried to do this helicopter and I was by a chairlift, and I wiped it. So my skis were on the top of the hill and I was laying at the bottom. It was so humiliating," sophomore Jeff Weiss said.

For the more serious skier, Colorado stood as a healthy alternative to Iowa slopes. The mountains provided challenges that an Iowa hill could not compete with.

"I have competed in NASTAR. In this course you are rated on your time, your age, and your handicaps. A few years ago, I was rated number six," senior Chris Hampson said.

Another winter sport, a fairly recent innovation, was snowboarding. Because it was new, a lot of students decided to give it a shot.

"I snowboarded before most people even knew what it was. I like it, because it's like skateboarding on ice," senior Kevin Greisch said.

Skiing and snowboarding took talent, but another option for students seeking the thrill of cruising a hill at 75 miles an hour was sledding. Whether

they had a high tech maneuverable sled or a plastic saucer, students were able to experience the fun.

"Since Sundays are boring, me and my friends decided to go sledding at the Arboretum. It turned out to be a blast," freshman Angie Reis said.

Frostbitten toes and fingers weren't for everyone, though.

"Iowa winters are awful! The snow is gray and slushy and it's no fun at all. There's nothing to do except wait for spring break and then get away to Florida or something," freshman Cassee Dunham said.

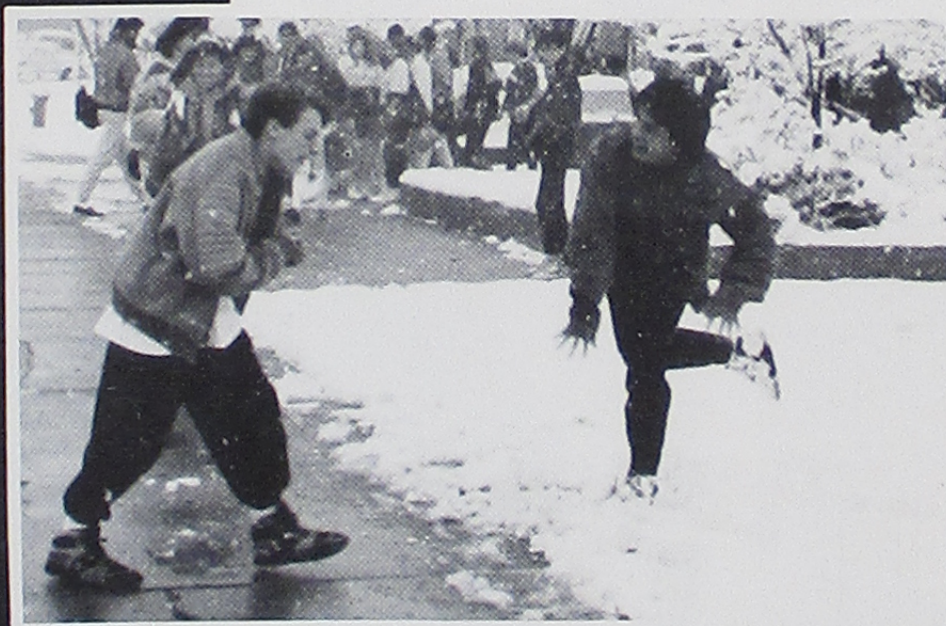
When spring came sneaking around the corner, many students let out a sigh of relief. However, there were those who didn't know what season they preferred until it was gone.

"During the winter I often get bogged down because of the cold. But then when summer hits I kind of miss winter activities such as sledding and skiing," junior Aaron Jones said.

When the weather outside was frightful, for the more adventurous there was a wealth of frozen fun.

Let It Snow

Snow lovers cheered when flakes fell



Engaged in a snowball fight, freshman Andy Runner attempts to recover after freshman Chad Keahna hurls snow on him. Since this was the first major snowfall of the season, this was one of the first snowball fights of the year. (Photo by Samantha Shearer)

In the parking lot after school, junior Ryan Windsor and friends use snow to decorate junior Lisa Wharton's car with a free-form snow creation. (Photo by Jennie Jones)





During a free period, seniors Devon Alexander, Joe Nelson and Chris Ollila spend their time in the courtyard. The courtyard served as a battleground for snowball fights during school hours. (Photo by Aaron Jones)

After a long day of sledding, senior Tod Berkey heads home, dragging his sled behind him. Berkey went sledding at the 13th Street hill, which was probably the most popular and steepest hill in town. (Photo by Samantha Shearer)

Preparing for a day of skiing, freshman Becca Jones locates her skis in the rack by the lodge. Jones hit the slopes of Afton Alps, Minnesota, dressed for coping with the cold winds. (Photo by Jennie Jones)

-Adrienne van der Valk



Aaw, Mom, do I have to go to church?" This plea was made by many high school students who were tired of weekly services, whether they were at a church, a temple, or a synagogue. Religion was a part of their lives, and while some enjoyed that presence, others rebelled or questioned it.

"I think church is kind of boring. It's just standing and sitting. They should do something to make it more exciting," freshman Bernadette Hartman said.

Others were happy to participate. They enjoyed religion and belonging to a community.

"I was born and brought up with

the values Hindus believe in and I find that it helps me deal with the big questions in life. In recent years it (Hinduism) has become more important, and slowly but surely I've started to understand it better," senior Nupur Ghoshal said.

There were many reasons for going to some type of religious service, but students who never attended had their reasons as well. Some were brought up in non-religious families and some just lost faith.

"I think there is no God—we're here by mere evolution. There's no higher being or purpose. I respect people's rights to believe whatever they want, but I was raised an atheist and it seems preposterous to me that I'm serving a higher being," sophomore Nick Lloyd said.

"For me, it (leaving the church) was very personal. I don't like the church's issues on abortion—trying to control people and saying they were bad if they had one. The whole church program is upsetting to me. I would go to church and see people there who

were mean to each other every other day of the week outside of church. I'd rather not go at all and be a nice person," sophomore Jacinda Stanton said.

Students had many different feelings about faith, and they had to make decisions for themselves.

"I think religion really depends on the person. People are very susceptible to influence of their religion and you need to be careful and put things in perspective," freshman Caitlin Fashbaugh said.

"I like concrete things I can see and feel...and I haven't seen anything concrete so I'm not ready to make a judgement about God. My family's religion is fairly liberal, but I don't agree with a lot of the more conservative views," junior Mark Sutch said.

Religion was something some students picked up from their parents, a conscious choice made by others, and something some chose not to accept at all, but something most had to come to terms with at some point. Often that point was during high school.

"I'm not ready to make a judgement about God..."

-junior Mark Sutch

Maturity caused some to question faith



The Collegiate Methodist youth group provided students with a place to get together and talk about religion, or to have fun as juniors Kelly Schram, Sonja Fox and freshman Jeff Stiles discover. (Photo by Ted Deli)

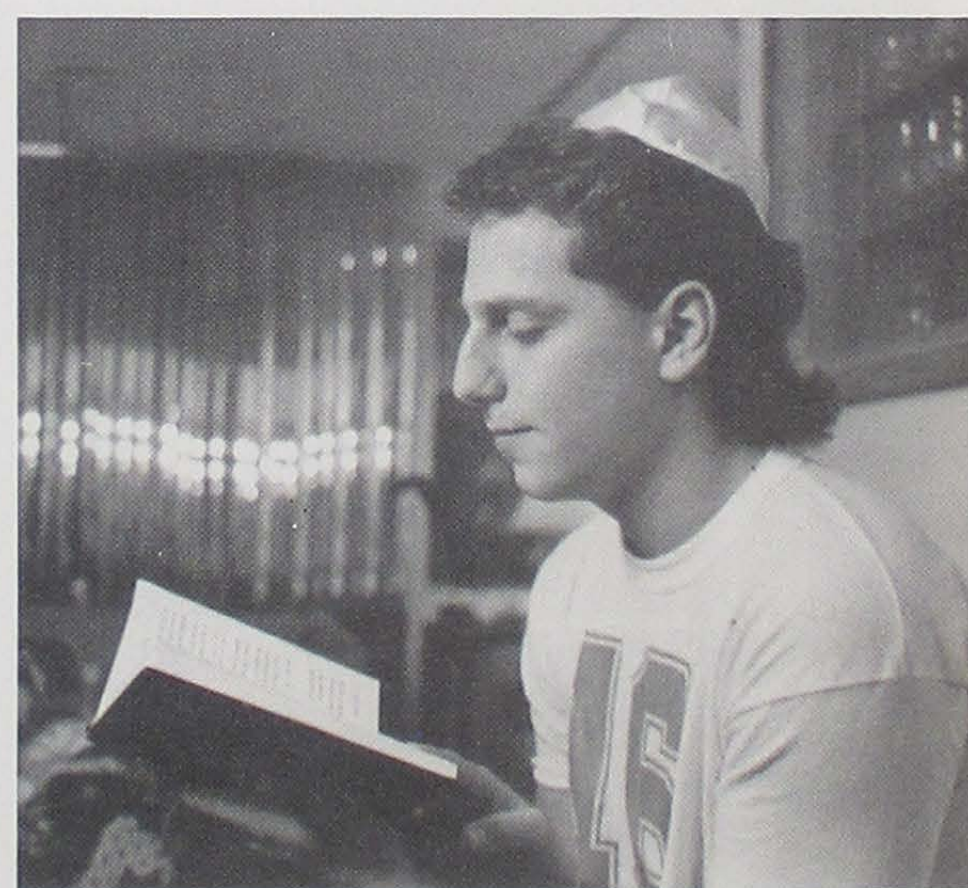
Blowing out candles, carrying missiles and helping the priest were all duties freshman John Kannel had as an altar boy in his church. (Photo by Adrienne van der Valk)





Offering some of her summer vacation time, freshman Suzy Dietz helps out by working with younger children in Vacation Bible School at Bethesda Lutheran Church. (Photo by Ted Deli)

Spending time alone, freshman Jennifer Phillips concentrates on a passage from the Bible. Meditation, praying, or just thinking helped some students understand their beliefs better. (Photo by Ted Deli)



Reading a Jewish manuscript, senior Dave Abelson stays in touch with his religious heritage. Observing certain holidays was a way his family participated in their Jewish community. (Photo by Ted Deli)

Anjeanette Levings



trolling into your fourth period history class, you notice your fellow students seated firmly at their desks staring at their open textbooks. Facts are said aloud as a whirlwind of data bombards you. Still, your mind goes blank, "What are they doing?" you ask

yourself dumbly as the answer springs to mind—cramming for today's unit test.

Whether it was dealing with your forgotten test, relationship problems or parents; we all had stress, yet we each had our own way of dealing with it.

When pressured by a stressful situation, some tried formal methods of

relieving anxiety.

"I envision a red box with my favorite things in it. That way you are focusing on positive things and relax. I was taught to do this and don't do it very often, but once in awhile I try it," freshman Clint Ziemet said.

Some of us just got away from it all.

"When I've had a really bad day I end up speeding off in my car, usually down long and winding roads, or to wherever it takes me," senior Brad Lanxon said.

Freshman Tyler Uetz got away from it all mentally instead of physically.

"Sometimes I take off my shoes and socks and make fists with my toes in the carpet. It works. It feels really weird, you forget about everything. You can't really concentrate on anything else," Uetz said.

A few tried simple relaxation to forget about their stress.

"I take a hot, foamy Calgon bath and then I go to sleep," senior Mira Trivedi said.

Others put their aggressions into their music.

"I relieve my stress by banging on my trapset," sophomore Donna Stinehart said.

Senior Sarah Van Deusen panned out her stress through dancing.

"Usually I send my stress through the ends of my toe shoes, but for heavy stress I scream and cry," Van Deusen said.

A good workout helped many deal with their hectic day.

"When I'm bummed, I like to exercise. That way, I am not taking my hostilities out on anyone but myself," junior Brian Greving said.

Nature helped a few relax.

"A little fresh air will do a lot of good," junior Rebecca Lueth said.

Sophomore Tendai Muyengwa also appreciated the great outdoors, in a slightly different way.

"I go hot tubbing, I exercise, and I go visit my girlfriend when I'm down," Muyengwa said.

So, after completing and handing in the six-page exam, you breathe easier and your stress fades as the term "extra credit" springs to mind.

"I take off my shoes and socks and make fists with my toes in the carpet."

-freshman Tyler Uetz

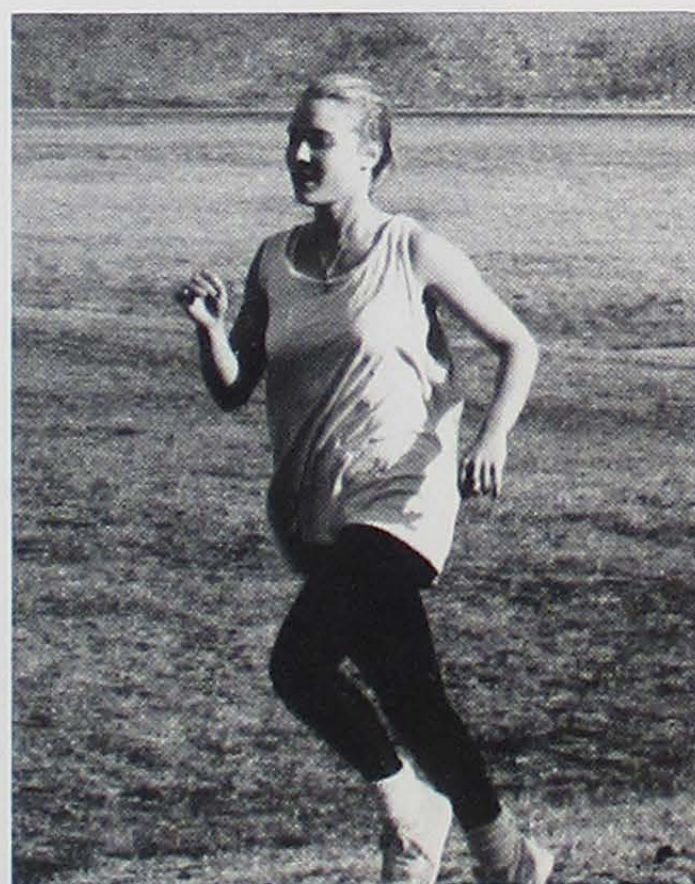
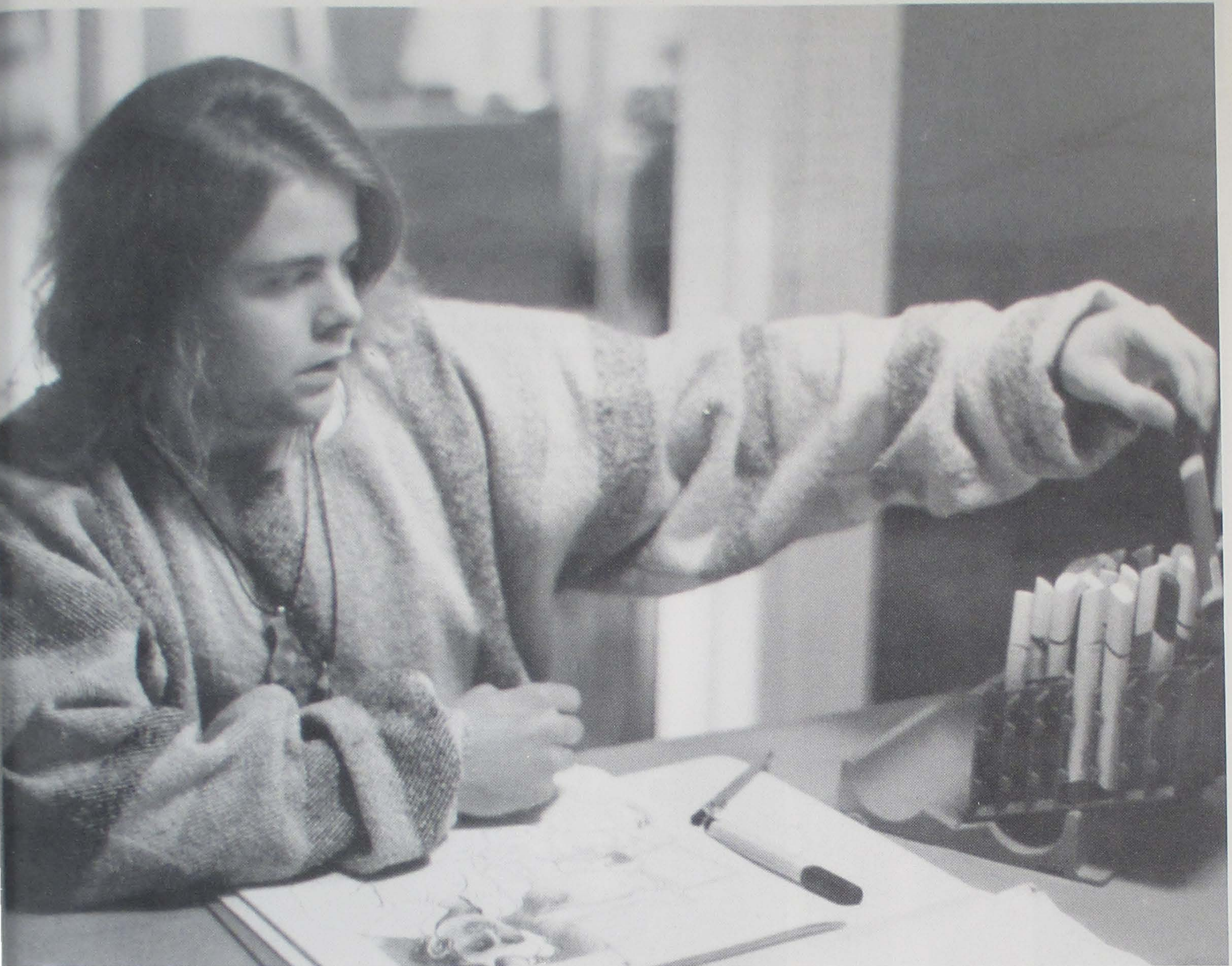
Stressed individuals learned to relax



Rented movies provided entertainment after school for students like junior Chris Burkheimer. Many forgot about their problems by pigging out on junk food and watching endless hours of television. (Photo by Bob Parr)

Relaxing at home while strumming his guitar gave senior Hubert DuChene a way to put his worries out of mind. Many students sent their day's stress through their musical instruments. (Photo by Bob Parr)





Drawing was a major stress reliever for senior Devon Alexander. After an activity-filled day, numerous students felt that expressing their creativity helped them deal with their problems. (Photo by Bob Parr)

Students like senior Catherine Woodman enjoyed taking a brisk jog after a tough day at school. Exercising worked its way into many students' schedules to help them relieve stress. (Photo by Bob Parr)

To many students, the simple pleasures in life were the most relaxing. Sophomore Ruth Wilson kicked back while skimming through her favorite magazine. (Photo by Bob Parr)

-Kristy Lakin



"I have a little troll with purple hair and a picture of the Chippendales."

-sophomore Heather Alexander

Hobbies are something most of us had all of our lives. When we were younger, it was collecting rocks, playing with dolls and finger painting. But once we matured a little, our hobbies changed to fit our personalities.

For many that meant collections. Sophomore Heather Alexander got her first two key chains in middle school, and worked up to 11.

"My favorite are my obnoxious ones; I have a little troll with purple hair and a picture of the Chippendales," Alexander said.

Not everyone had collections though. Hobbies were also a way to spend free time doing something interesting and enjoyable.

Freshman Judd Bowman was interested in photography and started taking pictures of the moon and stars through his telescope.

"It's nothing I plan to pursue; it's just casual, to relax," Bowman said.

Freshman Jered Dieter relaxed by painting models.

"When I moved to Ames three years ago, I saw the Hobby Shop; it looked so great, I had to go in. I've been making bigger and bigger models ever since," Dieter said.

Others preferred music over models, including senior Steve Litchfield, who took guitar lessons to pursue his interest.

"I've been playing drums so long. I just wanted something more musical, something to do with notes and scales," Litchfield said.

Sports-related hobbies were also pursued outside of school.

"Last summer a friend got me interested in racquetball. I like it because it's a challenge," sophomore Steven Edelson said.

Senior Connie Hsu traveled. She'd been to Taiwan, Malaysia, Thailand,

Hong Kong, Singapore, Spain, and Canada.

"I've learned a lot about different cultures, customs, and societies through traveling. I plan to have a career in international relations; traveling is more than just a hobby for me," Hsu said.

Though many students had somewhat "standard" hobbies, others had more unique interests, like reading Tarot cards.

"I had several friends already involved. I read a couple of books and went out and bought a deck," junior Alan Murdock said.

Sophomore Jacinda Stanton wasn't into cards, but had another unusual hobby. She slam-danced.

"You just kind of throw yourself everywhere. I do it whenever I can, but never alone; that would look slightly strange," Stanton said.

Whether we were into collections, slam-dancing or tarot card reading, our hobbies had changed a lot from those days of collecting Happy Meal prizes and the free surprises from our boxes or Cap'n Crunch.

Bored bodies found unique hobbies



Outdoor sports were a popular hobby for many. Junior Tim McDorman often rode his three-wheeler for enjoyment. (Photo by Aaron Jones)

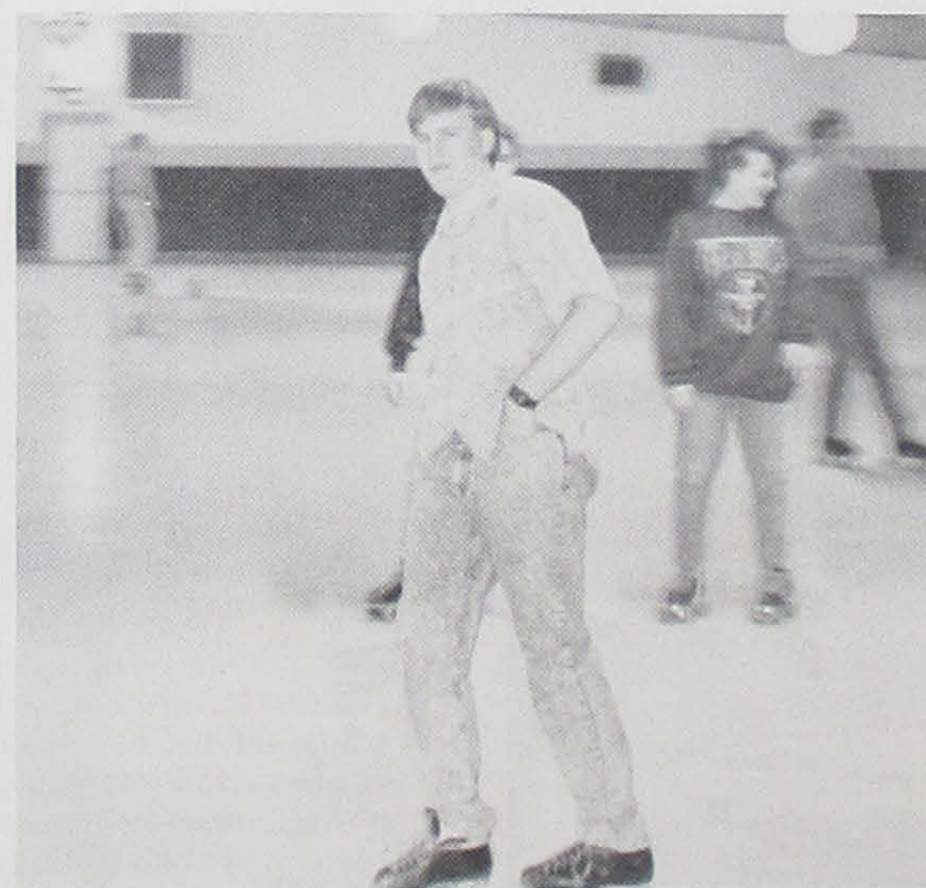
Junior Amy Sheets paints a piece of pottery during her free time. Art was a way many people expressed themselves. (Photo by Aaron Jones)





Freshman Josh Nemitz shows off his moves on his front yard skateboard ramp. Skateboarding allowed students to practice and perfect something they really enjoyed. (Photo by Aaron Jones)

Exercising was a popular hobby among many students. Sophomore Dana Patterson lifts weights after school. (Photo by Aaron Jones)



Junior Scott Harris takes a casual cruise around the skating rink. Harris invested his time working at J-4 Rollaway, and as a result, was able to skate whenever he wanted. (Photo by Aaron Jones)



"We tailgated before the football games; eating and dancing definitely got us ready for the game."

-sophomore Tim Hentzel

-Julia Ford



core board, scoreboard," this was the message that echoed through Veterans Auditorium when Waterloo East cheered for any of their points in the State basketball championship. AHS fans may not

have won the sportsmanship award, but when it came to school spirit; they came out on top.

"The fans were absolutely phenomenal, they supported us throughout the whole season and were the loudest fans at the state tournament," senior Nathan Koch said. "The roar that AHS gave compared to DM North in the semi-final game was untouchable! Our fans may have gotten lectures from some people about sports-

manship, but we weren't complaining at all."

Supporting the teams was something that AHS students did the whole year, with painted faces and a sea of orange and black clothing, the crowd stood proudly behind their teams.

"It's so easy to get caught up in the school spirit, there's always assemblies or decorations to get people to the events and everybody there seems to be wearing orange and black; it's great," freshman Jenny Wilcox said.

The assemblies and decorations were the work of the cheerleaders who danced and painted signs to pump people up for the games. Along with cheerleaders were the pep and marching bands that played before games.

"Playing in the pep band was a great way to get people pumped up for the games. I think when people heard any kind of music, and especially the school song, they got into school spirit more," senior Ben Goodwin said.

Getting into the school spirit was easy with help from pre-game activities like pep rallies, face painting, button and spirit hanky sales and, of course,

tailgating.

"We tailgated before the football games and it was really fun; eating and dancing definitely got us ready for the games," sophomore Tim Hentzel said. "We, the swimming team, started tailgating with just a few of us; by the end of the year we had a ton of people there with us. It was great."

The development of a Homecoming committee helped build spirit too. Because of its specific organization, a lot more was done for Homecoming.

"The Homecoming committee allowed us to do a lot more activities to get people in the spirit of Homecoming, like the jail that we did this year," senior Rachel Faltonson said. "We split up into committees of three or four people and we worked in those groups to get everything done."

Because of things like the work of the Homecoming committee and cheerleaders, many students found themselves caught up in school activities and spirit. No matter what the outcome, fans stood proudly behind the Little Cyclones and faithfully donned their orange and black.

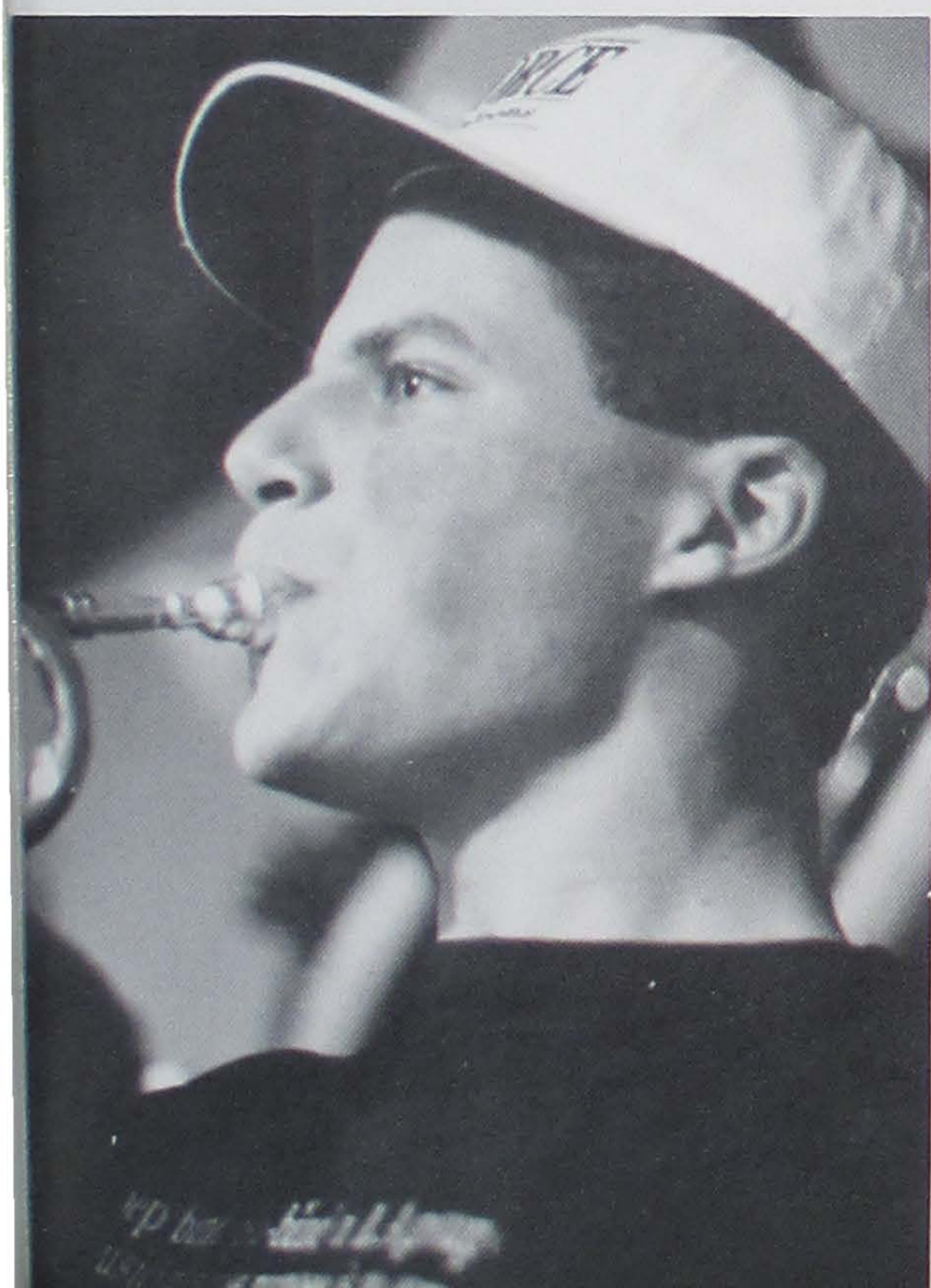
Fans went all out to support the teams



At the roaring twenties pep assembly on February 15, cheerleaders rile up the whole school for the basketball game against number one ranked Mason City. Their efforts paid off as Ames upset the Mohawks the following night. (Photo by Colin Brennan)

For the Homecoming game against WDM Valley, seniors Rob Kain, Jeff Brown and Joe Nelson get into the spirit by painting their faces orange and black and cheering vigorously for their team. (Photo by Jason Swift)





Band member Mike Amfahr plays his trumpet before an AHS football game. The band played lots of funky music that encouraged fans to get out of their seats at many Ames High athletic events and assemblies. (Photo by Colin Brennan)

At the State Championship basketball game, seniors Mike Johnson, Rhonda Ratashak and Steph Alt chant "Scoreboard" across the court to the Waterloo East fans. AHS won the game, thus capturing the state title. (Photo by Ted Deli)

During an early season football game, seniors Chris Van Auken, Matt Stevermer and Brian Burkheimer show off their school spirit by emblazoning "AHS" across their chests in bright orange paint. (Photo by Colin Brennan)



"I was getting increasingly depressed when we were headed for war ourselves,"

-sophomore Erin Hoffmann

-Adrienne van der Valk

The January 16, the night before finals. While Ames students would normally be cramming and taking notes, most were huddled around televisions and radios listening to the news. With the January 15 deadline one day behind it, the government had imposed military action on Iraq. Regardless of whether students had been following the development of the Middle East conflict since August when Saddam Hussein invaded Kuwait or not, to all, that meant war.

"It was very hard for me to get through finals. I know a lot of people had trouble. My mind was elsewhere. We were studying World War I in his-

tory and I was getting increasingly depressed, reading about how terrible it was when we were headed for it ourselves," sophomore Erin Hoffmann said.

School was affected in more ways than one. A group of conscientious students made peace-symbol armbands before the war began and distributed them to students to protest U.S. involvement in the Middle East. For much of the nation, though, it was a popular war.

"The way it (the war) was organized, it had a lot of publicity. 'God Bless America' was always playing on the radio. A majority of the population felt a rise in patriotism. But even those who didn't support the war supported the troops as people," senior Sumit Basu said.

The troops weren't the only ones America felt for. Sympathy for Kuwait made some students feel that we were justified in stopping the Iraqis.

"The war was worth fighting because the people of Kuwait are people

just like we are and we would want help in the same situation. Sanctions may have worked after a very long time, but not in the near future, and Saddam was very heartless towards his people," junior Andy Stevenson said.

Saddam Hussein became a national bad guy and symbol of cruelty and hatred to many students.

"Saddam was a really bad guy. If he would use chemical weapons on his own people then we were justified in stopping him. He was being cruel," freshman Chris Klocke said.

Many students, though, continued to believe in the theory 'Give Peace a Chance.'

"I don't think it (the war) was necessary. We didn't give sanctions enough time to work. Fighting over oil is a dumb reason," sophomore Anna VanDeusen said.

The war made some students angry, some frightened, and some patriotic, but everyone agreed when the war ended that it was an event they would never forget.

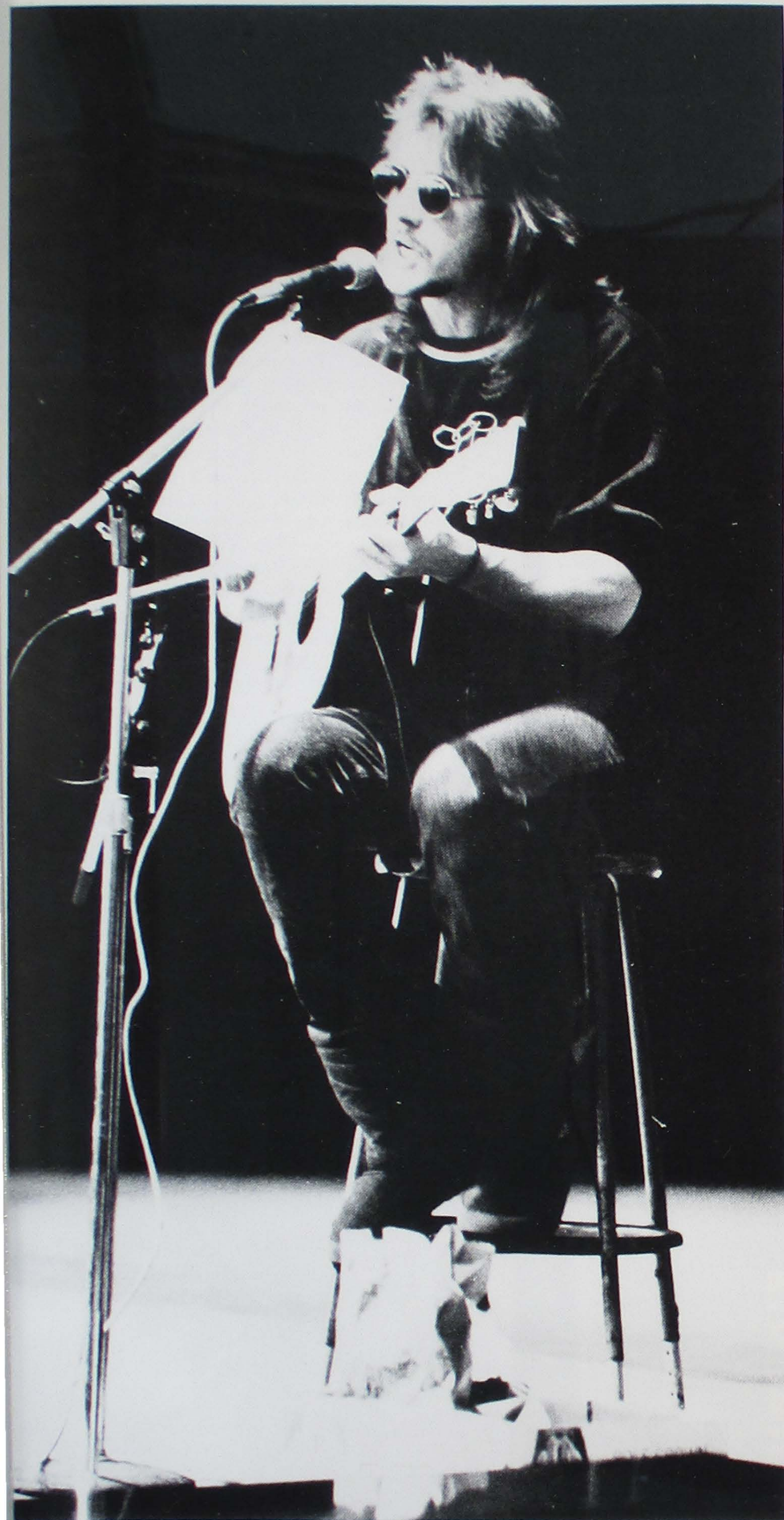
Student views differ on Gulf war



The January invasion caused bitter feelings for this group of war supporters. They showed their anger towards Iraq by risking the weather and burning the Iraqi flag outdoors. (Photo by Aaron Jones)

The war opened new opportunities for consumers. Sophomore Mike Cronin sported an anti-Saddam T-shirt during the conflict. (Photo by Ted Deli)





Political singer Calvin O'Reilly entertains a group of peace supporters at a protest. Attending such protests was a way concerned citizens could make their opinions known. (Photo by Samantha Shearer)

Many demonstrated their beliefs about the war both in and out of school. Here, a group of students clap in support of a speaker who has raised their hopes for peace. (Photo by Samantha Shearer)



Troops in Saudi Arabia received a lot of support from the home front. Here, a group of ready soldiers wait for their orders. (Photo courtesy of R.M. Photo Services)



-Anjeanette Levings



September- As we came back to school, homework was not the only thing on our minds. After invading Kuwait, Saddam Hussein offered developing countries oil in exchange

for support.

The Soviet Union had problems too. Liberia attempted to pull away from communist rule to form its own nation but their efforts were crushed.

October-Since the Berlin Wall tumbled in 1989, all eyes had been on the reunification of East and West Germany. For the first time since the Cold War, Germany once again became a single country, the largest in Europe.

Due to the national debt, Congress was forced to cut federal spending. The threat of government lay-offs was nationwide. But one day after the deadline, a budget was designed.

November-After three consecutive terms, starting in 1979, British Prime Minister Margaret Thatcher retired. She was England's first female Prime Minister, and had the record for consecutive terms in this century.

December-After being held captive since August, Iraqi hostages returned home. Des Moines celebrated native Charles Keagan's return.

England, in turn, celebrated the inauguration of newly elected Prime Minister, John Major.

January-As the January 15 deadline passed, the 16th marked the start of the war with Iraq. News coverage continued for a solid 48 hours, as we sat back and watched the massive air offensive light up Iraq's night sky.

February-The war ended; with that came turmoil in Iraq. A Kurdish revolt resulted in their brutal slaughter. It left thousands homeless, presenting a new problem, Kurdish refugees.

March-Los Angeles police officers beat black motorist Rodney King. The videotape of this beating became known nationwide, along with an officer's quote, "I haven't beaten anybody this bad in a long time." After further

investigation, the Chief of Police was asked to resign and four officers were indicted.

April-A major typhoon hit Bangladesh killing 135,000, and leaving millions homeless. This natural disaster resulted in nearly \$1 billion in damage the U.S. aided in relief.

May-Just a year after Nelson Mandela was freed from jail, his wife Winnie was sentenced to six years in prison for kidnapping, but released on bail.

Nearing election day, tragedy hit India. Prime Minister Rajiv Gandhi was killed by an unidentified suicide assassin, who had strapped explosives to her stomach. His wife, Sonia Gandhi was asked to run for election in her husband's place, but she declined.

The Supreme Court voted 5-4 that establishments accepting federal funding cannot suggest abortion as a way of family planning.

After a short stay in the hospital President Bush was diagnosed with Graves' disease. The cure rate for this disease is nearly 100 percent. Knowing that, Americans breathed a sigh of relief, since Dan Quayle was not going to become our 42nd president.

"A lot of things happened this year, but the newspapers made the juicy stories dull and repetitive."

-sophomore
Barb Smith

Global events brought us closer



Donnie Wahlberg, of New Kids on the Block got in a little trouble by setting a hotel rug on fire in Louisville Kentucky. He pleaded guilty and his only punishment was to make three public service commercials. (Photo by R.M. Photo Service)

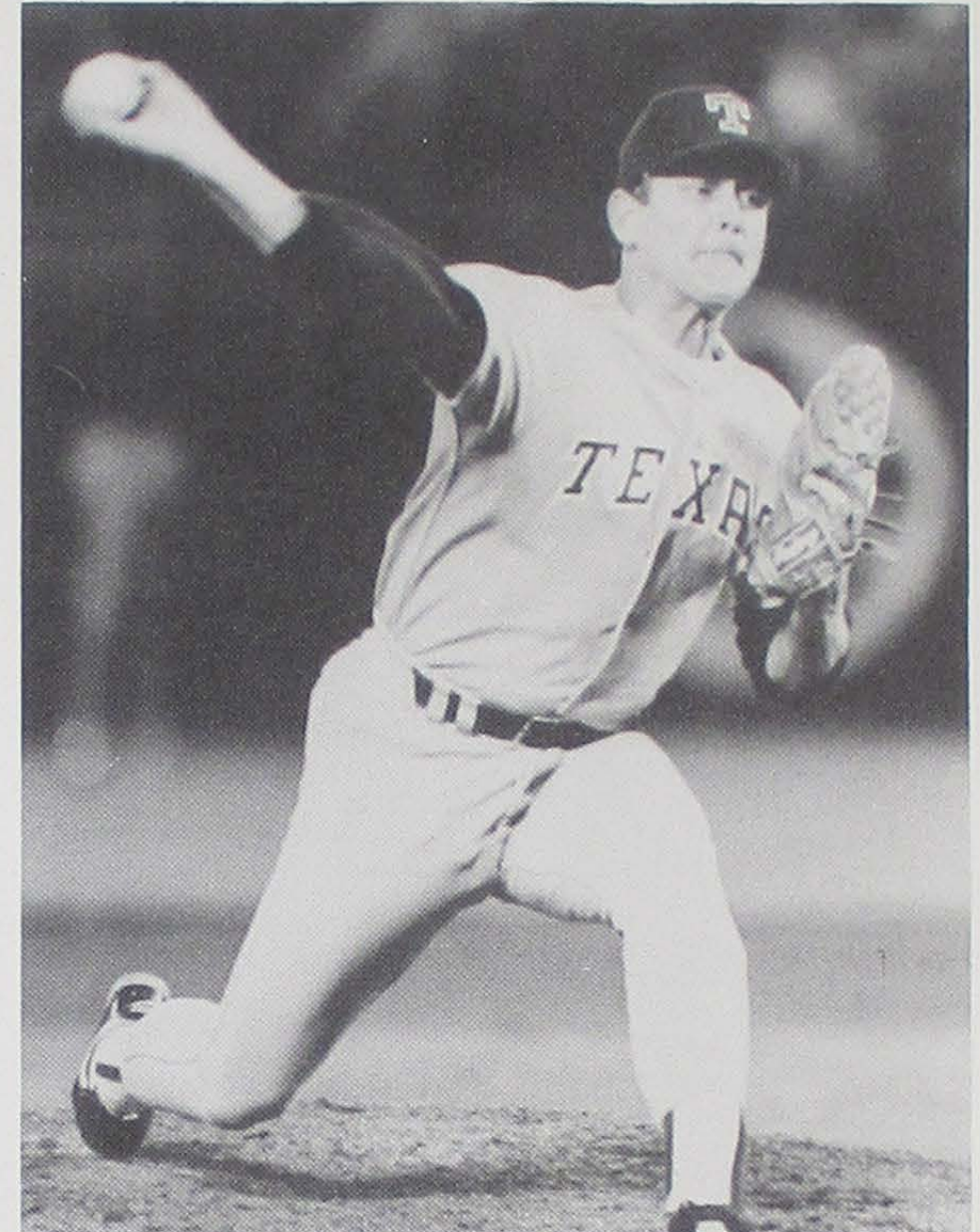
In August 2, Iraqi troops invaded Kuwait. Only hours after the invasion, Arabs around the world took to the streets in anti-Iraq demonstrations to show their anger at Saddam Hussein's action. (Photo by R.M. Photo Service)





Despite growing unpopularity in the U.S.S.R., Mikhail Gorbachev was still well received by the United States. In the crucial moments before the Persian Gulf war, Bush and other world leaders, such as Gorbachev, held conferences to decide how to reprimand Saddam. (Photo by R.M. Photo Service)

The Toronto Bluejays fell witness to a baseball record that they did not want to see. Texas Ranger Nolan Ryan pitched his seventh no-hitter to them, breaking the previous record of six. Ryan is a man of records. He also became the oldest pitcher to throw a no-hitter when he pitched against the Oakland A's in 1990. (Photo by R.M. Photo Service)



Eastern Europeans demanded democracy, as was the case in Prague, Czechoslovakia where protesters line the street with flowers and candles after an earlier violent confrontation with Communist troops. (Photo by R.M. Photo Services)

-Nicole Stocks



"The juniors did a good job of preparing and decorating... I give prom an 8.5."

-senior Devon Alexander

Hello, I'd like to rent a tux," you tell the woman behind the counter the week before prom.

"I'm sorry but you're too late," she tells you. "You'll have to try

somewhere else."

Knowing this was your last hope, you sigh as you realize the only thing you have to wear is your dad's baby blue tux with the ruffled peach shirt that he used to wear when he played in the polka band.

It took a lot of time and a little hassle for some students to get ready for prom.

"My date didn't ask me until about two weeks before prom. It was so hectic getting ready for it. I had to go

all over Iowa to find a dress. I finally found one in Webster City," junior Julie Kelso said.

In contrast, some students planned ahead and were ready many months before the dance.

"I bought my dress in Minneapolis back in November because I knew that I wouldn't find anything in Ames and I didn't want anyone to have the same dress as me," senior Giselle Magat said.

Prom was a new experience for many students. And once they were done preparing, some found that it wasn't what they expected.

"I'd never been to prom before but it was a blast. I've never seen so many students let loose at one time. The after-prom party was a lot of fun too," senior Jenni LaVille said.

Other students let loose and experienced prom in an atypical manner—without dates.

"I went with Alyson Rohden and Sam Shearer. We had a blast; we got our pictures taken and we looked like Charlie's Angels. I think it was defi-

nately more fun than going with a date," junior Jessica Purdy said.

Many students had dates from different towns. Some people even traveled from out of state to attend.

"Taking someone from out of town isn't really any different, a lot of people were there that didn't go to Ames High and it was cool to meet and be with different people, the diversity was great," senior Julia Ford said.

Once the dance was over, the post-prom party kicked off at 1 a.m. at the Memorial Union and lasted until 3:30 a.m. Students could bowl, play pool and video games, try their luck at the casino or stuff their faces with the many different foods donated by local businesses.

And after the festivities were over, students had some time to reflect on "Midnight Blues."

"The juniors did a good job of preparing and decorating. I really liked having prom at Scheman. The atmosphere was really nice. After-prom was great also; I give prom an 8.5," senior Devon Alexander said.

Midnight Blues

Juniors' efforts make prom a success



Holding her bouquet of roses senior Janae Carter is very happy having just been elected the 1991 prom queen. The dance was held at the Scheman Building. (Photo courtesy of Craig Carroll Photography)

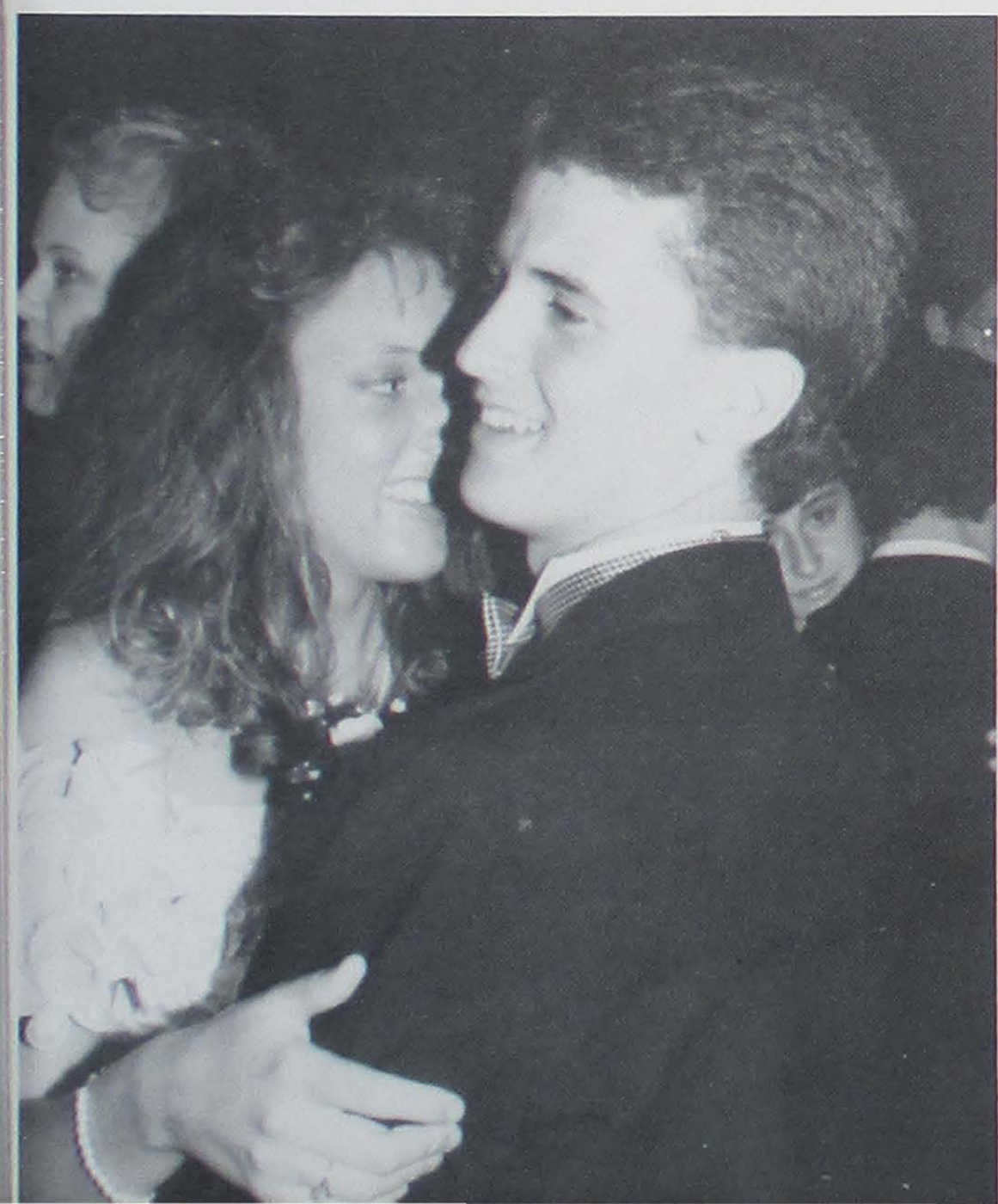
Boogeying to the music, senior Sarah VanDeusen and junior Amy Wagner and friends get down to the music provided by Movin' Music. The dance was at 8 p.m. on May 11. (Photo courtesy of Craig Carroll Photography)





With a steady hand, senior Christy Scott pins a boutonniere on senior Matt Franco's lapel as the couple prepares to take off for dinner in Des Moines. (Photo courtesy of Christy Scott)

Keeping up with the beat of the music, senior Lisa Petersohn and her date Joe Breon were one of the many couples showing off their dancing techniques out on the floor. (Photo courtesy of Craig Carroll Photography)



Snuggling close during a slow song, seniors Brandee Griffin and Tim Legg found that the atmosphere and the company dispelled their "Midnight Blues." (Photo courtesy of Craig Carroll Photography)

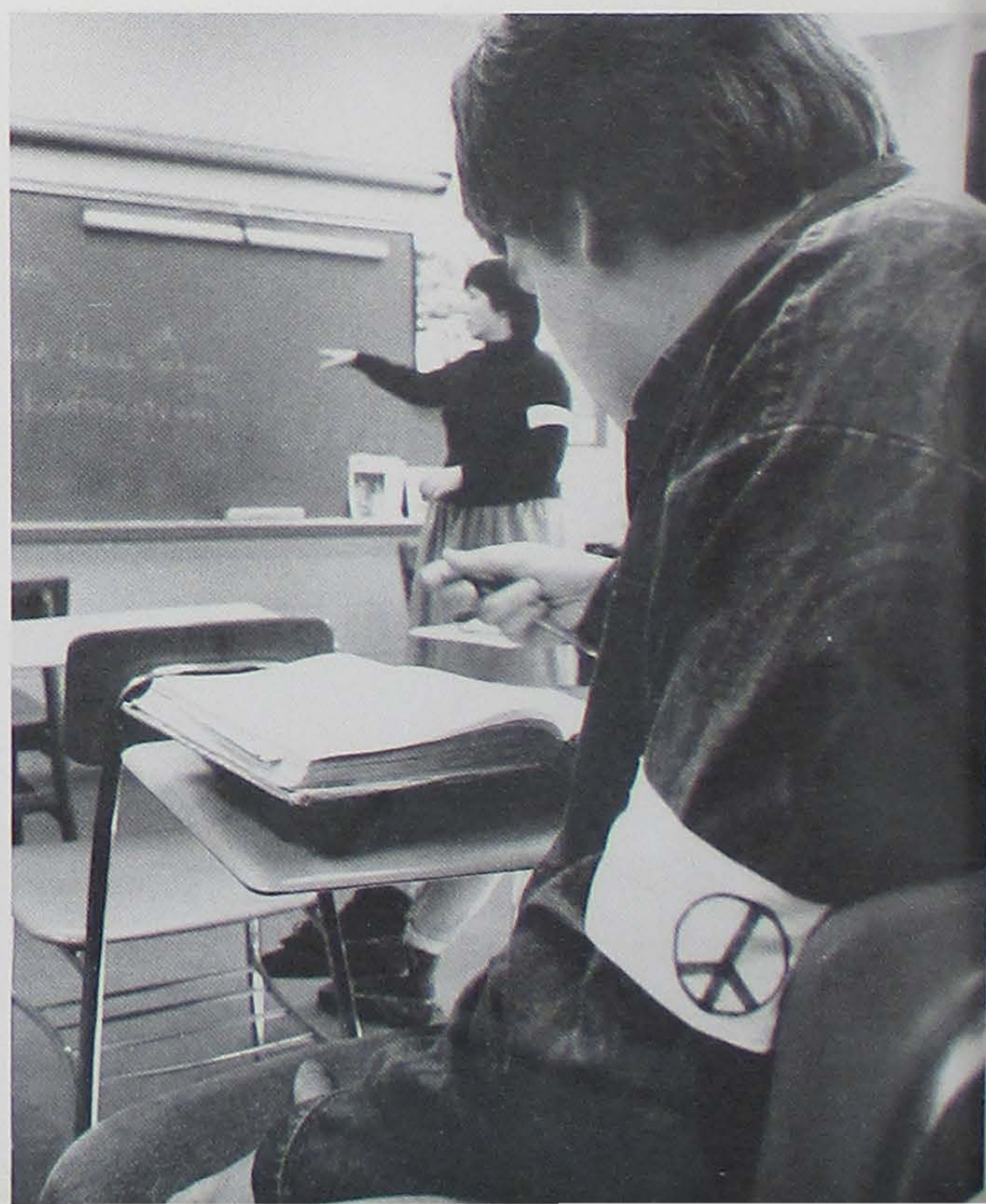


Giving blood was a way students could donate to Welfare Week without giving money. Junior Amy Carey chats with a nurse as her blood is being drawn. (Photo by Kendi Neff-Parvin)

During Midnight Madness July 13, sophomore Leigh Ann Powell runs in one of the many events offered. Over 2000 runners participated in the annual event. (Photo by Sam Shearer)



Ending American troops to the Persian Gulf to stop Saddam Hussein caused mixed reactions nationwide. Junior Jason Moore and teacher Betty Furr sport armbands with peace symbols declaring their opinions. (Photo courtesy of The Daily Tribune)



-Christy Scott

Tuly-Over 2000 runners, from the beginning jogger to those of Olympic caliber flocked to Ames for the 19th annual Midnight Madness Road Races. Events included 10K and 15K runs, a Masters race and a fun run, along with films, seminars, health clinics and displays.

Ex-Beatle Paul McCartney hit the stage for a full Cyclone Stadium. McCartney performed songs from the Beatles' era to tunes from his latest album, "Flowers in the Dirt," for an exuberant audience of all ages.

August-A record 12,092 Iowa residents participated in the fourth annual Iowa Games in Ames.

September-A rash of rapes were reported on the Iowa State campus. Many

involved men knocking of women's dormitory doors, pretending to be salesmen. Also included was the case of a visiting high school senior from Maryland who claimed she was raped by ISU fraternity member Kevin French. French was later acquitted.

November-After a four-way tie for the conference title and a loss to Minnesota, the University of Iowa's Hawkeye football team prepared to head to Pasadena for January's Rose Bowl.

December-Rocker Billy Joel boasted two sold-out concerts the first weekend in December at Hilton Coliseum. Joel thrilled audiences and received rave reviews.

January-After months of tension in the Middle East, Operation Desert Storm broke out, sending hundreds of Iowa reservists to the Saudi desert.

February-The legendary Paul Simon hit Ames to fill Hilton for his "Born at the Right Time" tour. The concert included old Simon & Garfunkel and more modern tunes with a twist of African rhythm and soul.

March-Ames High's varsity boys' basketball team, under the coaching of

Wayne Clinton, pounded the floor at Vets Auditorium en route to the state title. The Little Cyclones captured the crown for the first time since 1976 after whipping number one ranked DM North and 1990 champions Waterloo East.

Following Spring Break, Ames High students and faculty returned to school to find \$15,000 worth of Macintosh computer parts stolen from the computer lab. The Macintoshes were less than two months old.

April-Four students were charged with theft in connection to the computer part's theft.

Iowa was drenched with a more than normal share of April showers, flooding parts of the state.

May-The rain continued. Iowans wondered if it would ever stop, and farmers prayed for a dry spell as corn and soybean planting was far delayed. Over 28 drownings were reported across Iowa as a result of the flooding.

Ames hosted the Iowa Special Olympics, bringing over 3,000 special education students and adults to ISU to participate in various athletic events.

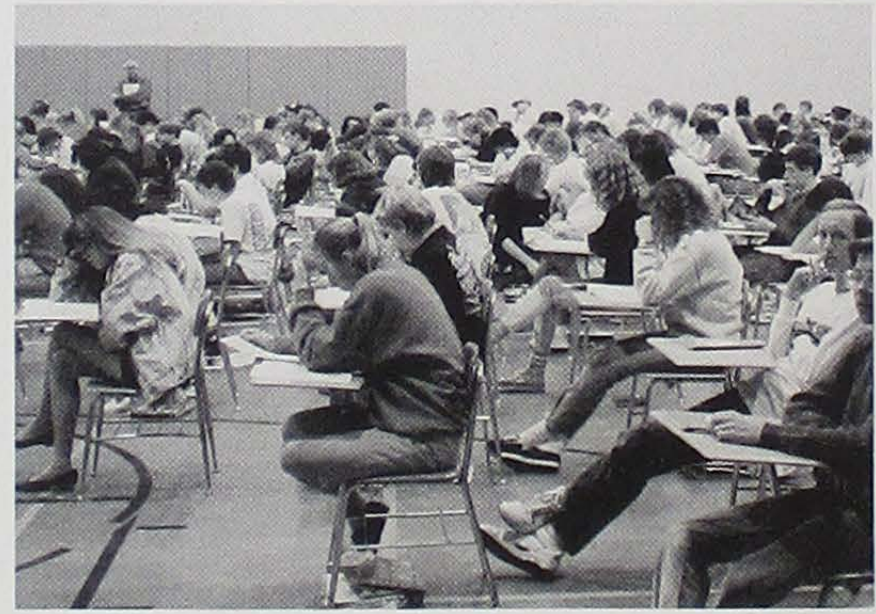


"Iowa Games is a fitting climax to a summer of training for cross country."

-junior Colin Brennan

In Iowa

Local concerts and sports highlight year



ITED tests were taken by all freshmen and juniors in the fall. Test statistics showed that Ames High students' average scores were among the nation's highest.

As the snow flutters down around them, senior Scott Sundstrom and his girlfriend Sarah Ford walk home after sledding. That snow closed schools Dec. 3. (Photo courtesy of The Daily Tribune)

-Krista Heinzig



"It was strange to sit there knowing that I would never talk to or maybe never see again the people whom I grew up with."

-senior Christy Scott

Posters decorating the hallways and messages chalked on blackboards for senior countdown days advertised the excitement and anticipation toward graduation. The end of a four-year quest drew to a close as seniors completed their last high school assignments, handed in text books, and prepared for their last semester tests.

"I was so burned out by the end of the year. I rushed through all of my work and tests in the end because I couldn't stop thinking about graduation. But when it came to getting to class on time, I took my time in the halls and walked in a little tardy just because I was a senior and I knew I was almost out of here," senior Anya Whigham said.

As students rushed to turn in term

papers and cram for chemistry and calculus exams, many still managed to find time in their busy schedules to plan or attend traditional pre-graduation parties. Each party had a unique theme varying from tie-dye attire to wild water slides. Popular spots for parties ranged from parks to fitness clubs.

"About eight of us got together and decided to have our party at the roller-skating rink with a Hawaiian luau theme. We ran into a lot of problems when it came to picking a date because there was either another party or somebody already had plans. In the end it was all worth it, though, because we had a great time and it will be something I'll remember forever," senior Nicci Sartori said.

Along with parties thrown by students, seniors had the opportunity to socialize one last time together at the senior picnic held at the Ames Golf and Country Club.

"It was fun to see everybody, hang out, and just relax. Playing volleyball and getting senior pictures from every-

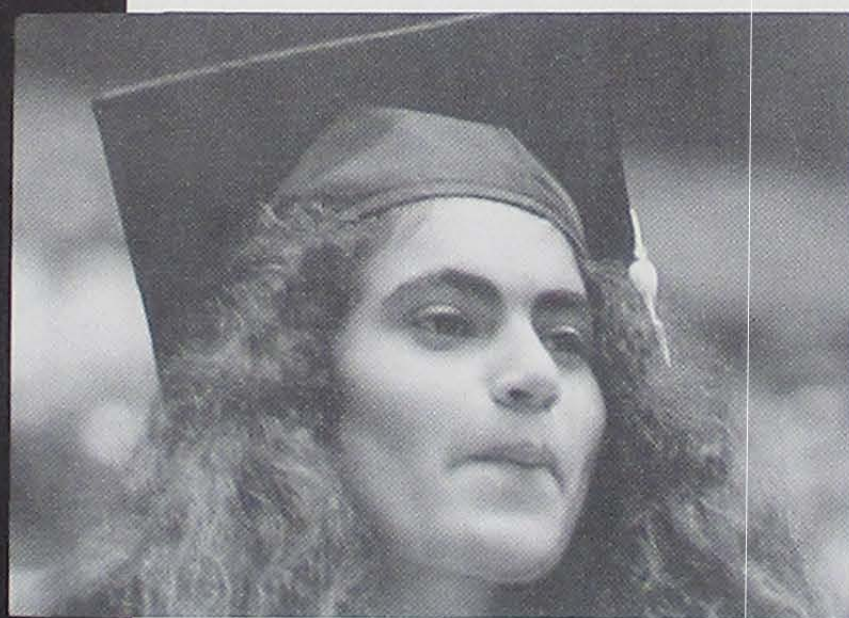
body beat spending the day before graduation at the school. It was a great feeling to finally be done with high school," senior Mike Ketelsen said.

The milestone of May 29 finally arrived. The dream of graduating became a reality as the class of 1991 entered Hilton Coliseum.

"I hated getting up early for commencement practice, but it was fun to just goof off with my friends. It also hit me that morning that it was one of the last times I would ever see some of the people in my class, so in a way it was kind of sad," senior Christopher Van Auken said.

"The whole ceremony went so fast. I recalled memories of my whole school career as I sat there watching the slide show; my fear of going alone into the kindergarten classes, the recesses in elementary school, the terror of being a freshman and the power of being a senior and of course, all the friends I'd made," senior Christy Scott said. "It was strange to sit there knowing that I would never talk to or maybe never see again the people whom I grew up with."

After 13 years, seniors earn diplomas



A joyful expression on her face, senior Radha Dahiya stands and whistles with the class of 1991 after the graduation ceremony was complete. The ceremony was held May 29 in Hilton Coliseum. (Photo by Ted Deli)

Although they're addressing graduating seniors, graduates Travis Senne and Devon Alexander give advice for future seniors to use to survive Ames High. The two completed their speech with a song written to the tune of "Hotel California." (Photo by Ted Deli)





With proof of his successful completion of high school in hand, senior Frank Klaus leaves the stage on which the graduates were presented their diplomas. Males received carnations and the females roses as they exited the stage. (Photo by Ted Deli)

Chaos reigns as the class of 1991 celebrates with confetti, silly string, a beach ball and a chorus of loud shouts of joy after sitting through several speeches, a slide show and the presentation of nearly 300 diplomas. (Photo by Ted Deli)



In a rare show of sisterly affection, freshman Becca Jones gives senior Jennie Jones a congratulatory hug. After the two hour long ceremony, family and friends were allowed on the floor to mingle with the graduates. (Photo by Ted Deli)

Lookin' Good



school-7-7:45 a.m.

Work out at gym-3-5 p.m.

Shopping at mall-7-9 p.m.

Hours of fake baking, miles on the treadmill, gallons of hairspray, thousands of dollars in clothes—the 1,301 students at AHS went to extraordinary lengths to keep themselves looking good at all costs. The 'touch-me-not' hairstyles, the Polo and Liz labels, the fake fingernails and bronzed bodies in January attested to that.

But drawing interested looks from the other gender was a tedious job. Some students sought solace away from the mirror by hiking in the park or road tripping to Minneapolis. Still others trudged off to summer camp, snuggled up to their pet Schnauzer or slipped their favorite CD into the stereo. When members of the faculty weren't busy preparing their lesson plans or grading tests, they played war games, collected hats or even had second jobs.

anning at salon-6:30 a.m.

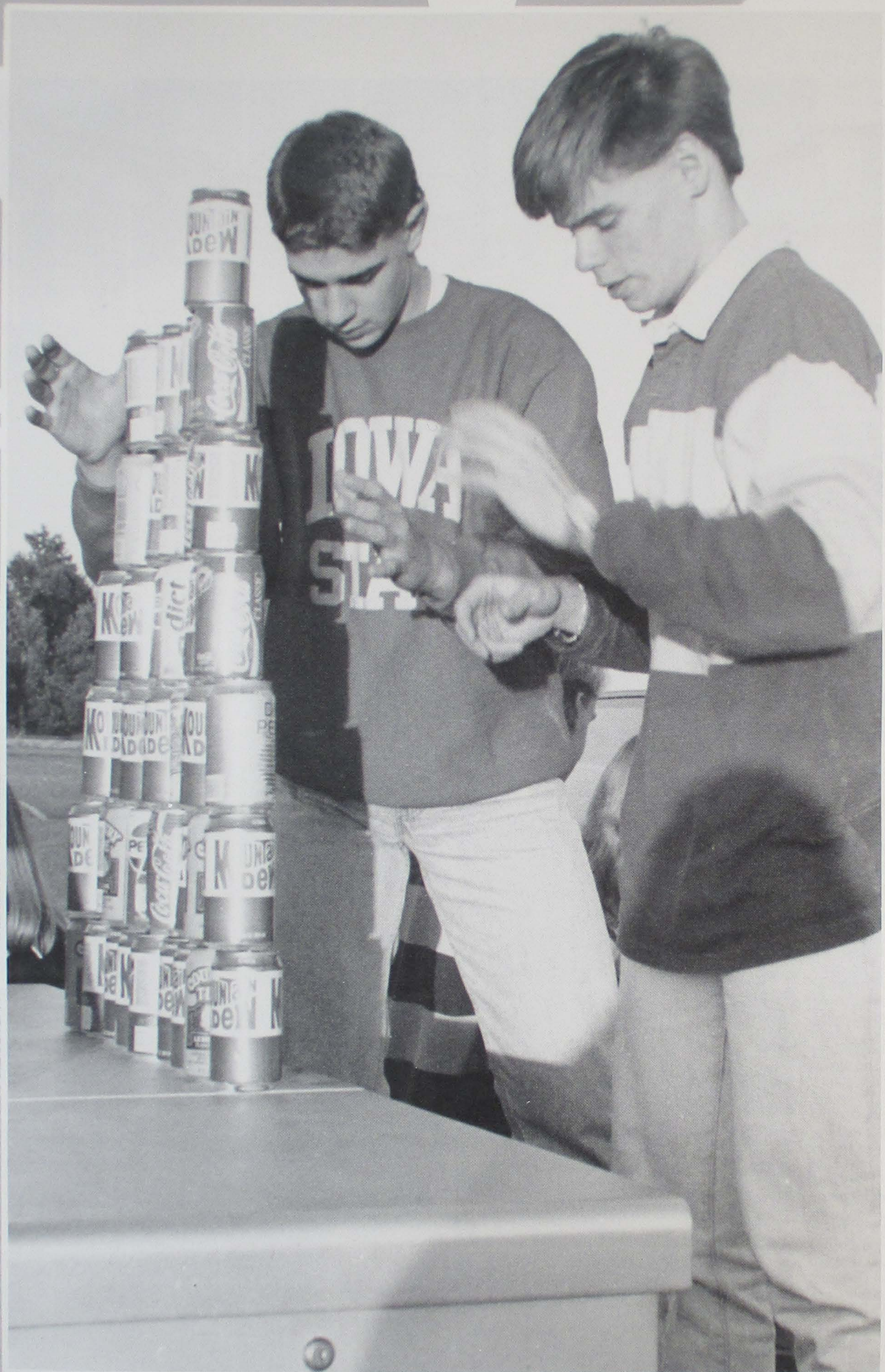
Get ready for

But life for the average Ames High-er wasn't all spent worrying about what outfit to wear the next day at school. Students also dealt with other issues such as deciding not to eat meat, coping with separated parents and living with the daily catastrophes of the war in the Persian Gulf.

Studies were also taken seriously. Even though the seniors went through lots of changes early on—many attended four different schools between sixth and ninth grades—they did manage to hit the books hard at Ames High. As a result, on May 21, the senior class raked in some \$250,000 in awards and scholarships.

Between primping in the mirror and preparing for classes, most of Ames High's 1,301 bodies kept up both physically and mentally. In all aspects of life the students at AHS were lookin' good.

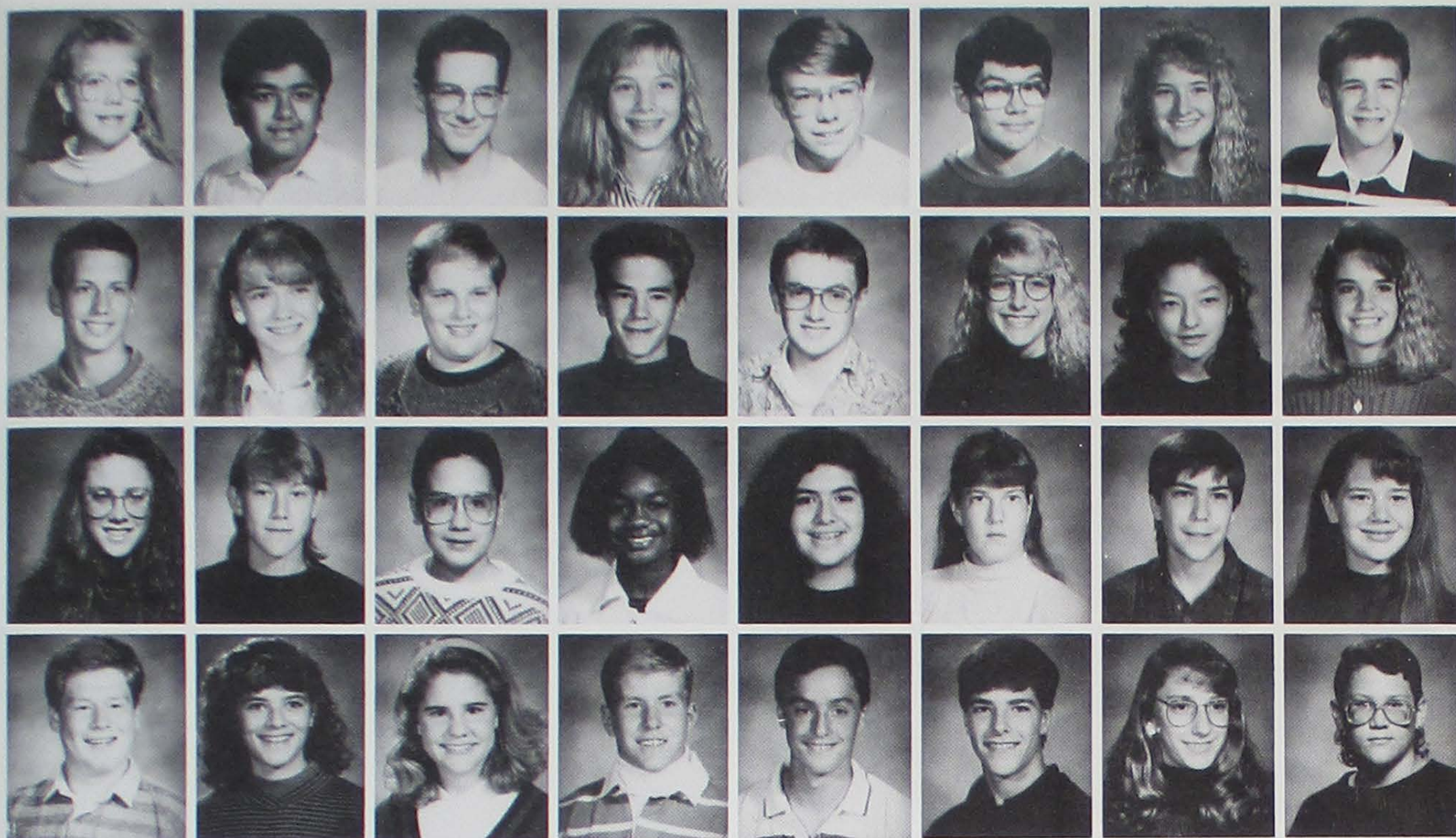
Tailgating in the Ames High parking lot became a popular pre-football game activity for students, especially the boys' swim team who organized it. Sophomore Tim Hentzel and senior Jeff Brown make a tower out of just-emptied pop cans. (Photo by Samantha Shearer)



Freshmen

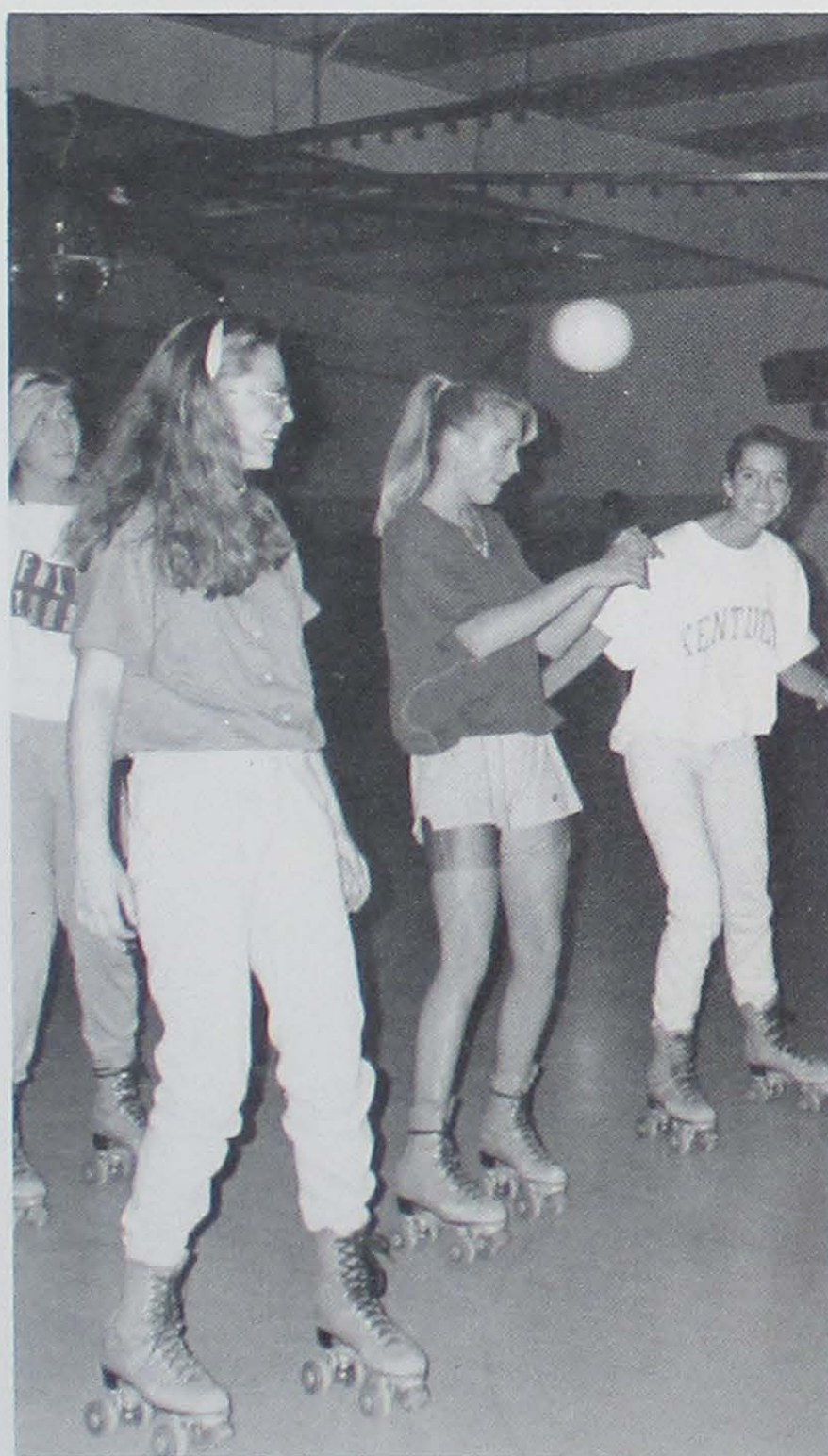
Iumemah Abbasi
 Noha Abdalla
 Micah Abel
 Erin Ackerman
 Jamie Adair
 Akin Akinc
 Jennifer Allard
 Casey Allen
 Denise Allen
 Scott Allen
 Jeff Alt
 Hope Amos
 Dana Andersen
 Rob Anderson
 Roland Anderson
 Ryan Anderson
 Matt Ashburn
 Jeremy Aslesen
 Mark Atchison
 Rozz Azamar
 Linda Baccam
 Brad Baetz
 Steve Bailey
 Sabrina Bakken
 Emily Barta
 Heather Beaman
 Kerri Beckman
 Trish Belzer
 Bronwen Benbow
 Steve Bern
 Kelly Berg
 Amy Bergan
 Brett Bianchi
 Annagreta Birch
 Peter Boekelman
 Josh Boland
 Jeff Booms
 Todd Borwick
 Judd Bowman
 Danae Brinkman
 Kirstin Brooks
 Shantel Brower
 Amy Jo Brown
 Debbie Brown
 Sara Brunscheon
 Shane Buck
 Beth Butin
 Aleece Buxton
 Damon Byg
 Leah Canon
 Scott Catron
 Robina Chowdhery
 Scott Christy
 Jesse Coats
 Heidi Conis
 Allison Cooper
 David Cantonwine
 Lynn Converse
 Stephenie Core
 Rusty Crawford
 Michael Darkoh
 Laura David
 Angie Davis
 Peggy Davis





Abby DeHoet
Gori Devrajani
Jered Dieter
Suzanne Dietz
Jim Divine
Joshua Dobbs
Jessi Donnell
Earl Dowling
Tom Drewes
Cassie Dunham
Bryan Dunmire
Jon Durlam
Robbie Eich
Kari Ellingson
Angela Ellmaker
Joelle Ely
Erin Espeland
Hank Evans
John Even
Tomi Fadeyi
Jehan Faisal
Rachel Farnham
Andy Farrington
Caitlin Fashbaugh
David Faux
Jennifer Fliehler
Lisa Foote
Chad Fowles
Zac Frederick
Lon Freeman
Kris Fretz
Matt Gallahan

Secret sisters



-Dawn Dean

Big sisters usually fight with their little sisters, order them around and take advantage of them. But the big sisses in the Big Sis/Little Sis program were far from cruel. In fact, it was their job to make the little sis comfortable at the high school.

"It makes them feel like someone's looking out for them. It makes the transition from the Middle School that much easier," senior Christy Scott said.

Open acknowledgement was a good way to welcome people. But the big sis was supposed to be secret, so they had to use other means to welcome their little sis.

"I gave my little sis a baby bottle, bubbles, a whistle, cupcakes—a little something each day," senior Dawn Newhouse said.

While gifts, especially infant ones, were popular, little sisses were just as happy to receive a note from their big sis.

"It was really fun getting notes from an upperclassmen. She

helped me out a lot with problems I had," freshman Tina Wiegand said.

After two weeks, the little sisses had settled into high school life and it was time for the big sisses to reveal their identities on a discovery night.

"They took us to a frat house and walked us up to the top and back down and then revealed their identities. After that we went to Dairy Queen. It was different but fun," freshman Becca Stott said.

Even after their discovery night some "sisters" found that they enjoyed each other so much that they kept up contact.

"We wrote each other for a while, and we still talk every once in a while to keep up on each others' lives. I think it's great to come to school knowing at least one upperclassman," freshman Jennifer Leek said.

"I still say 'hi' to my little sis when I see her and, since we're both in chorus, I always go see her after concerts and tell her how well she's done," senior Solveig Johnson said.

While the idea of sisters getting along was usually a dream, for two weeks at Ames High it was a reality.

Freshmen Libby Van Houten, Erin Espeland, Julie Simonds and Amy White roller skate at J-4 Rollerway. At Discovery Night, the little sisses found out who their big sisses were. (Photo by Nicole Stocks)

Jeremy Gardner
 Shonda Gibb
 Nakia Giddens
 Fred Gilbert
 Lee Girard
 Anand Giri
 Gina Goodfriend
 Thad Grebasch
 Sonnee Griffin
 Heather Hagedorn
 Ashley Hagen
 Jeff Halliburton
 Randy Halsrud
 Nathaniel Hanna
 Mark Harms
 Bernadette Hartman
 Valissitie Heeren
 Alicia Heffron
 Laura Hefley
 Corine Hegland
 Katie Helland
 Paul Helmers
 Amy Henderson
 Steve Henning
 Eva Hernandez
 Amanda Hetzel
 Kristina Higgins
 Jana Hilliard
 Brett Hodges
 Katherine Hodges
 Jeremiah Hoff
 Beth Holger
 Aaron Holz
 Becky Hostetter
 Yi-Chun Hou
 Jon Huehn
 Jessica Hugdahl
 Josh Huntington
 Allison Hutchison
 Sean Hyde
 Monika Jankowiak
 Julie Jansen
 Aschleigh Jensen-Eldridge
 Nea Johnson
 Jessica Jones
 Rebecca Jones
 Summer Jones
 Chris Kadolph
 Laura Kain
 Dan Kamm
 John Kannel
 Bittoo Kanwar
 Angela Kao
 Debbie Katz
 Chad Keahna
 Melissa Kell
 Shirley Keller
 Jenny Keltner
 Tom Kepley
 Kelly Killorn
 Joyce Kim
 Cori Kindred
 Sengiohn Kiojai
 Tonya Kitchel
 Chris Klocke
 Duke Knapp
 Megan Knutsen
 Ed Krafur
 Mike Krebs
 Katie Krogmeier
 David Kuhl
 Steve Kuper
 Darren LaGrange
 Molly LaGrange
 Tracy Larson
 Jennifer Leek
 Ben Lewis
 Nathan Lewis
 Ryan Lewis
 Cody Lindsey



ame 'boy'



-Jennie Jones

First it was Atari with Pac-Man and then Donkey Kong, and it evolved into Nintendo with Super Mario Brothers then Gameboy. The names have changed and the technology advanced, but a video game was still a video game, and it still attracted players of all ages.

"You can become a character with super-human powers, thus creating an escape world from everyday boredom," senior Tod Berkey said.

Escape wasn't the only reason students enjoyed Nintendo.

"Nintendo is great to have since there is action all the time and the graphics have such detail—much more than Atari ever did," senior John Ramsey said.

Video games were for a maximum of two players at a time. So, when in a social mood, players found boards weren't boring.

"I like 'Pictionary' because I like being loud. Since I live in a big family I have to be to play this game," freshman Bronwen Benbow said.

When with a group of friends,

Whether it was Nintendo or arcade games, many students spent some of their free time playing video games. Senior Mary Tranahovsky shows a little emotion while playing "Street Fighter II" at Kwik Shop. (Photo by Samantha Shearer)

some more creative game-players didn't need more than their own minds to have fun.

"My friends and I like to play 'Truth'. We sit in a circle and take turns asking each other questions. It's a way to really get to know your friends better," sophomore Jeanne Sundstrom said.

Dungeons and Dragons was another popular game that required friends, especially ones with out-of-this-world imaginations.

"D & D is mentally challenging. It takes creativity, great imagination and think-on-your-feelingness. There's also a lot of decision making. It's a good escapist stress-reliever," junior Stephanie Coon said.

Most game-players waited until after school to start their fun, but others couldn't wait that long.

"When things get boring during algebra I play dots with the person next to me. We just tell Mr. Ulvested that we're graphing coordinates and he lets us alone," junior Matt Welch said.

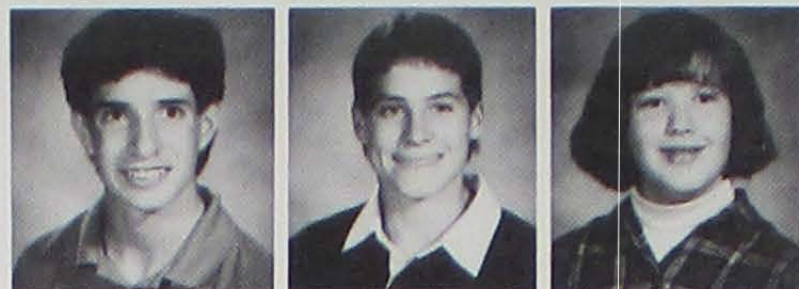
Advanced technology attracted many players who were bursting with competitive juices, but old-fashioned games held their own. Whichever type of entertainment game players chose, they managed to keep from being bored.

Scott Litchfield
Sarah Little
Brian Litzel
Helen Lueth
Kim Lutz
Jean Lynott
Rich Lyon
Nathan Makelbust
Niki Martin
Margie Mayfield
Angie McConnell
Heather McDorman
Susie McGee
Phillip McWaters
Sara Meinhard
Trevor Mendonca
Erich Menzel
Karin Messenger
John Milleman
Carrie Miller
Nathan Mitchell
Jeremy Mize
Chris Moen
Beau Morton
Brian Muchinsky
Amy Mullica
Moiria Murphy
Beth Myers
Laurel Nakadate
Adria Nelson
Josh Nemitz
Joe Nevshemal

Heather Newhouse
Roy Nichols
Maggie Noland



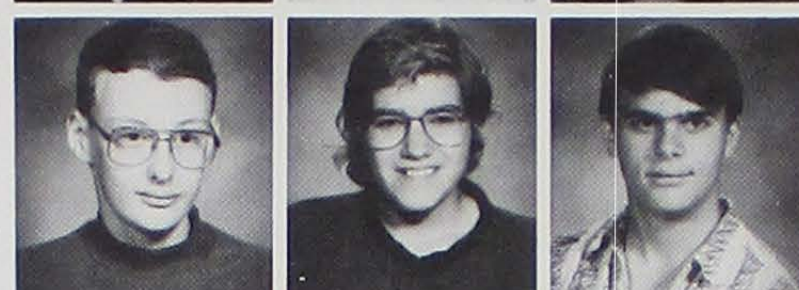
Jon Oakland
Mike Ogbourne
Andrea Olson



Matt Olson
Megan O'Neal
Brooke Orth



Martin Osam
Noelle Osborn
Courtney Padgitt



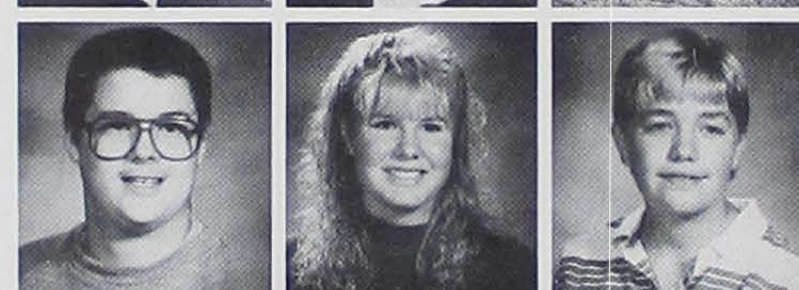
Dorothy Pagel
Susie Pak
Betty Pang



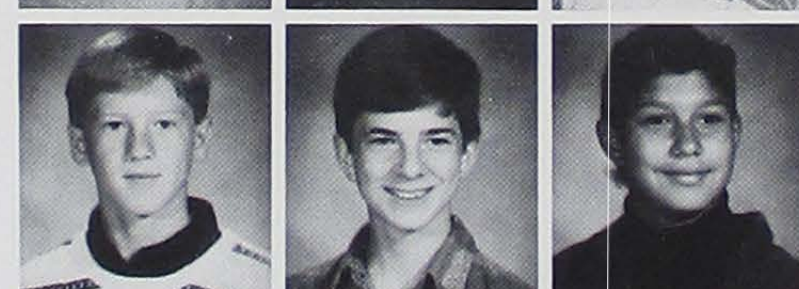
Danelle Pantenburg
Kristin Parks
Brian Parrish



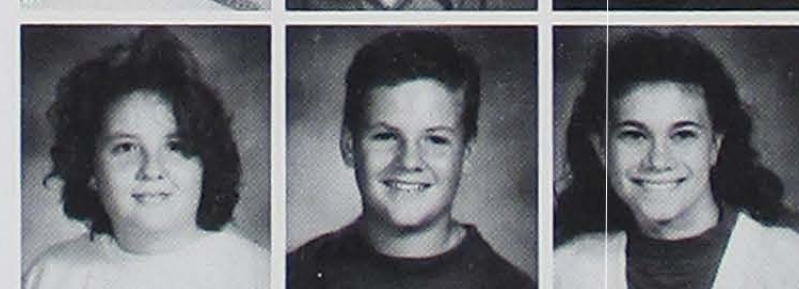
Richard Patterson
Rachel Paulson
Eric Pavlik



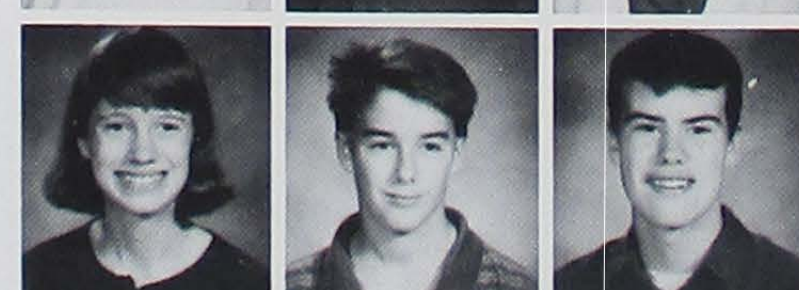
Aaron Peck
Tom Pepper
Dawn Petersen



Angela Peterson
Mike Peterson
Jennifer Phillips



Amy Poague
Jim Polston
Andrew Potter



-Laura David

What could be more comforting on a bad day than a slobbery kiss from your bright-eyed dog? No doubt about it, pets are great. Maybe it's because they love you unconditionally, or that they are just plain fun. For whatever reason, many Ames High students had pets.

"I love my cats because they are so friendly and funny. When I come home from school they're always chasing each other around the house and playing," senior Chris Dieter said.

Some pet owners grew very attached to their furry friends.

"Cheri, my Papillon puppy, is just like a little baby to me," junior Neena Paul said.

"I sleep every night with my schnauzer, Fritz, because he is so cuddly," freshman Duke Knapp said.

Although dogs and cats were most common, guinea pigs, birds and snakes also made good pets.

"My fish are relaxing and fascinating to watch," sophomore Anna Van Deusen said.

Pets were a very high priority to some animal lovers. They even took precedence over other de-

When he wants some friendly affection, or when he is just plain bored, freshman John Kannel teaches tricks to his half Pomeranian, half Poodle named Amber. John taught Amber how to "fetch" and "roll over." (Photo by Jennie Jones)

sired objects.

"My parents gave me a choice between owning a car and a horse. I chose the horse because riding is very important to me," senior Breann Bruton said.

Often pets were so important to their owners that they came to be considered a family member. That made acceptance of a pet's death hard to cope with.

"When I was in fifth grade we found out that our dog had leukemia and he had to be put to sleep. I cried my eyes out forever," senior Tammy Gibb said.

While pet owners didn't think they could live without their animals, not all students kept furry friends.

"I feel deprived because I don't have a pet. It's been a great loss in my childhood," freshman Jenn Scott said.

When rejected by the human world, many found a lick on the cheek or a contented purr could brighten a gray day.



Elaina Prochaska
 Dathan Purdy
 Kati Purdy
 Daniel Redmond
 Anna Reed
 Tory Reimann
 Angie Reis
 Becky Ridnour
 Angie Riley
 Michelle Roberts
 Matt Robinson
 Dave Rope
 Erin Ross
 Michelle Roth
 Andy Runner
 Tina Rutar
 Tracy Sailsbury
 Carrie Salvo
 Matt Sapp
 Alex Schafroth
 Jennifer Schrad
 Jennifer Scott
 Shaly Seecharan
 Evan Serfass
 Derek Shonrock
 John Sherman
 Mike Shimkus
 Mark Sibbel
 Julie Simonds
 David Sivesind
 Jana Skaff
 Carrie Skrdla
 Jason Slater
 David Smalling
 Chris Smith
 Dave Smith
 Ketra Smith
 Ryan Smith
 Shannon Snyder
 Nokeo Somsanith
 Ryan Soy
 Kent Spillers
 Layli Springer
 Shane Steinlicht
 Matthew Steven
 Jeff Stiles
 Jerod Storck
 Becca Stott
 Paul Strand
 Jason Sturges
 Rachel Su
 Joe Sweeney
 Brian Terry
 Clint Thompson
 Danielle Thompson
 Stuart Thompson
 Zach Thompson
 Somphet Thongsouk
 Beth Titus
 Joy Troeger
 Robert Uetz
 Ruben Valdez
 Lisa VanCannon
 Lee Vandewater
 Libby Van Houten
 Tim Veale
 Noah Vegge
 Aaron Vetter
 Andy Vogel
 Jay Wacker
 David Wagner
 Jennifer Wagner
 Bryan Warme
 Elizabeth Welch
 Brian Whitham
 Amy White
 Rachel White
 Chris Whitehead
 Tina Wiegand
 Janine Wiggins

ampin'



Jennie Jones

Every July, when Johnny was a little boy, his mom would gather up his old clothes, his toothbrush and a sleeping bag and drag him kicking and screaming off to Camp Minnewawa so he could have "fun." Barring an incurable case of homesickness, Johnny hiked, swam and made popsicle-stick houses for two showerless, bug-ridden weeks.

Once they reached high school, many students still went to camp, but not to give their parents a vacation. They went for a variety of reasons—to sharpen skills, learn new ideas and to have "fun."

"All but one year since seventh grade I've gone to MAD Camp at Lake Okoboji. It's a music, art and drama camp where you live and breath music for a week. I met new people who loved music too," senior Tim Hoekstra said.

When meeting new people, most campers made friends. Some lasted for only the camp's duration, but others endured even after the smell of Off! bug spray had vanished.

"I spent the second summer in a row at this camp in Minnesota

Packing her belongings, freshman Anna Reed prepares to leave the next morning for Bible Camp in. Reed has gone to the camp each summer for the past four years. (Photo by Jennie Jones)

because I'd had so much fun the year before. I still write to some of my friends there and we get together on vacations," junior Sara Olberding said.

But not all summer camps were fun and games. Some made the participants work, work, work.

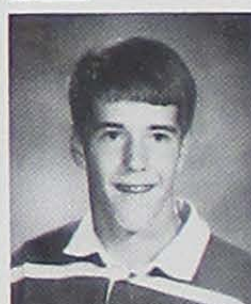
"We had cheer camp at Iowa State from 9 a.m. to 9 p.m. We did cheer aerobics in the morning; we learned cheers, dances and jumps throughout the day; in the afternoons our squad did cheers for evaluations. I was very sore and I lost my voice by the week's end," freshman Emily Barta said.

Just like all Ames High cheerleaders were expected to go to cheer camp, all the football players attended a pre-season football camp put on by Ames High football coaches.

"Everyone who wants to play on the Ames High team has to go, but there are eighth graders and people from smaller schools like Gilbert there too. It's not a hard camp, it's not to get us in shape. It's basically a technique camp," senior John Barnett said.

Now in high school, Johnny counts the days until he goes away to camp, eagerly packing a week early. And now it's his mom who cries as he heads off to the Minnesota woods.

Jenny Wilcox
Carrie Wilhite
Monica Wilke
Mary Willard
Kari Wille
Daniela Williams
Jeffrey Willson
Elaine Wipf
Shane Wirth
Chris Wycoff
Ryan Yoder
Eddie Yokiell
Clint Zeimet
Isaac Zimmerman



Cory Armstrong
Peter Boekelman
Carrie Devan
Robin Geiger
Malynda Hardgrove
Shawna Heggen
Carrie Hill
Darren Lewis
George Lien

Daniel Luo
Shane Miller
Beau Morton
Modena Noling
Solomon Pech
Nick Schult
Shannon Shelton

PICTURED

What is your idea of an ideal date?



"A week in Jamaica with Elle McPherson because Jamaica rocks and so does she."

-senior Josh McGrigg



"Morrissey and I alone for a romantic midnight picnic at the Arboretum, with not one bug in sight."

-sophomore Irish Boston

"Me and Johnny Depp snowed in for weeks at a secluded cabin with a fireplace and a bearskin rug."

-junior Sara Olberding



"Tom Cruise and me in the Bahamas with moonlight and dancing."

-sophomore Anne Moutray



"Christian Slater taking me out to see Janes Addiction and Perry Ferrill inviting us back stage to hang with the band."

-freshman Ashley Hagen



Sophomores

Katie Abendroth
 Ann Aldrich
 Heather Alexander
 Greg Anderson
 Eva Andrew
 Ryan Angus
 Avanti Athreya
 Jeff Bappe
 Jess Bappe
 Luis Barandiaran
 Amy Bartine
 Brett Barton
 Nick Benson
 Nick Bertelsen
 Jason Best
 Kim Biechler
 Joel Biggs
 Dawn Bilyeu
 Matt Biskner
 Erin Block
 Darren Boehlje
 Angela Bolewyn
 Chris Bond
 Irish Boston
 Christine Briley
 Christy Brown
 Steve Brown
 Sara Le Brun
 Josh Bryant
 Mike Bryant
 Shelly Bryant
 Gigi Bucklin
 Jacinda Bunde
 John Burgess
 Kevin Burkheimer
 Eric Burlingame
 Jeff Burlison
 Chris Burnham
 Aaron Burrier
 Ryan Carey
 Andrea Cartwright
 Cleiton Caruth
 Arthur Chen
 Heather Christensen
 Yung-En Chuang
 Jay Clark
 Mike Clark
 Christa Cline
 Ty Cobb
 Leda Cole
 Larry Cooney
 Kris Coons
 Matt Conley
 David Cram
 Michael Cronin
 James Cunningham
 Matt Cunningham
 Stephanie Curran
 Lexa Curtis
 Travis Dakin
 Shannon Dau
 Melinda Deal
 Melissa Dean
 Mike Deaton



Kelly Delagardelle
Bharat Devrajani
Aaron Dietz



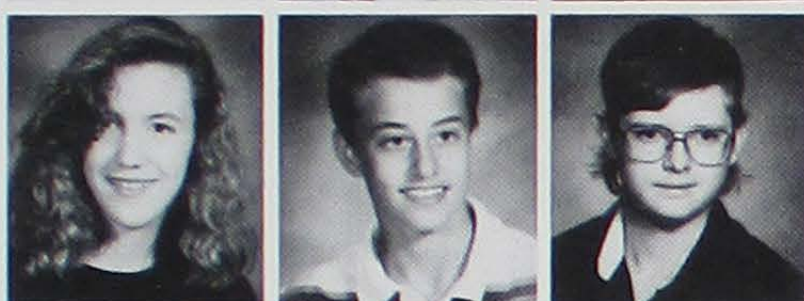
Yung Do
Ben Douglas
Alison Doyle



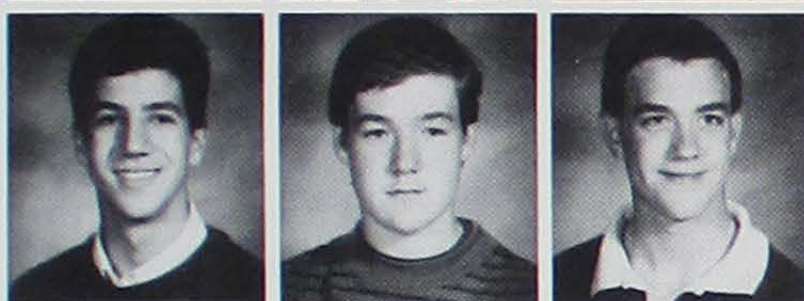
Anne Drake
Josh Drake
Alastair Draper



Aimee Dutton
Mike Eagan
Chris Eckroad



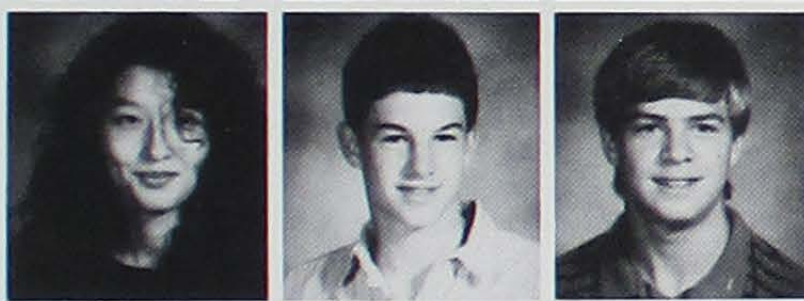
Steve Edelson
Mike Eggebrecht
Andy Elbert



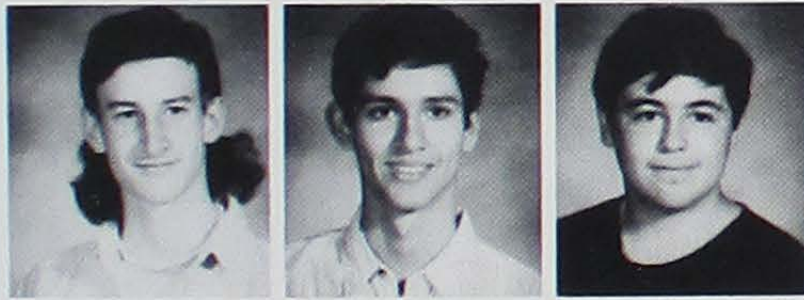
Shannon El-Hout
Steve Elliott
Tammy Elliott



Sophia Ellmaker
Greg Elwick
Brad Erickson



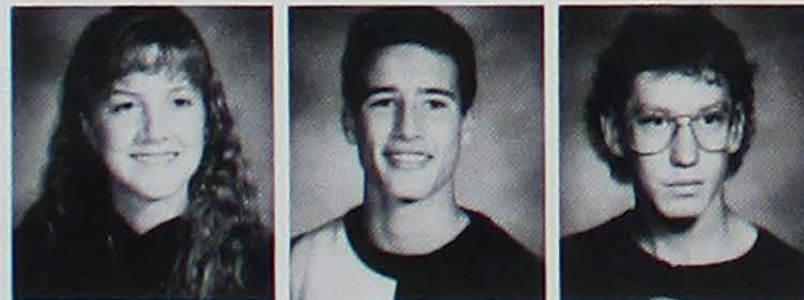
Matt Ewald
Alex Fagundes
Najeeb Faisal



David Fincham
Jennifer Fisher
Todd Flemmer



Amie Flippo
Ben Ford
Aaron Frank



-Kari Rosenbusch

Ah, the scent of fresh air...the walks with someone special... fishing at a nearby lake...Different people enjoyed different things, but many reflected the call of nature.

Nature hobbies were a way for students to get away from the probability of math and science class lectures and concentrate on another matter.

Walking through the park was a way to get exercise and to get some well deserved time with someone special.

"My boyfriend and I enjoy taking walks through Brookside; it gives us a chance to talk," senior Flora Ramsey said. "We sometimes also take my dogs with us to let them get some exercise."

Other activities that helped students get closer to nature included cross country skiing, hiking, and going to nearby parks.

"I enjoy going to the Ledges with my family. I like to hike all the way to the top and look over the landscapes," senior Dawn Newhouse said.

"I prefer hiking in places where there's cliffs, for instance the Ledges. I enjoy all the quiet

Taking advantage of the snow and hills at Veenker Golf Course, sophomore Kirsten Lassila cross country skis after school. Skiing wasn't just a hobby, but great exercise as well. (Photo by Tia Nemitz)

moments to myself," sophomore Aaron Dietz said.

The call of nature for some meant heading to a lake or river to cast their lines

"Our family goes to the East Coast every summer and we fish. The fun part of the fishing was that we went out on the ocean in a boat. It was a great experience," sophomore Erin Hoffman said.

If hooking a big one wasn't their idea of nature fun, some satisfied their taste for the wilderness by camping.

"I go camping with my cousins and their dad. I think that camping is challenging because you're without all the necessities you usually have. I also enjoy at night where you can sit by the lake and glance at the stars," freshman Daniela Williams said.

Enjoying their days under the stars or on a deck fishing, students shared their hobbies in the out of doors where the call of nature was nearby.

Sarah Frette
 Pablo Fuentes
 Scott Gabrielson
 Daniel Garcia
 Amy Gardner
 Jeff Gardner
 Danny George
 Jonathan Good
 Shawn Gould
 Nicholas Gowdy
 Jeremy Grady
 Jenny Greenawalt
 Mike Greene
 Frank Greer
 Kristi Gray
 Corey Groepper
 Greg Gwiasda
 Mark Gyllstrom
 David Haglund
 Judy Hamilton
 Kyle Hanson
 John Harp
 Ryan Harris
 Rebekah Hartman
 Christine Hausner
 Sarah Hawana
 Mary Hawkins
 Kelly Hawley
 Kristi Heiberger
 Vanessa Heinze
 Teresa Henderson
 Tim Hentzel
 Jana Hertz
 Vanessa Heymann
 Bryce Hill
 Eric Hippen
 Erin Hoffmann
 Asheley Holscher
 Nathan Horn
 Jud Horras
 Gwen Horton
 Lisa Horton
 Crystal Houge
 Brian Howard
 Steve Howe
 Karen Hsu
 Courtney Huiatt
 Tracy Hulsey
 Brett Johannes
 Tracy Johnsen
 Bradley Johnson
 Jennifer Johnson
 Richard Johnson
 Tami Johnson
 Terrill Johnston
 Clint Jones
 Steve Jones
 Jared Katz
 Damian Kelly
 Derek Kepley
 Carol Kilmer
 Emily Kim
 Chad Kinart
 Abby Klaas
 Shawn Kliebenstein
 Ben Koch
 Kelly Koppes
 Rachel Krause
 Kristy Lakin
 Bill Lamont
 Keara Langston
 Laura Larson
 Scott Larson
 Kirsten Lassila
 Kevin Lawler
 Sara LeBrun
 Anjeanette Levings
 Morris Liao
 Brian Linder
 Bonnie Link



Metal to mellow



Nicole Stocks

Whether it was "Stairway to Heaven" by Led Zeppelin, or "Ice, Ice, Baby" by Vanilla Ice, music provided a great opportunity to let loose and enjoy life.

"Metallica is my favorite group and I always want to hear it, so I usually have my Walkman when I'm at school. The teachers usually don't appreciate it, but I try to hide it," junior Andy Hagen said.

Rap music was also popular among many students.

"I love rap. It's got a good dance beat and it's fun to listen to. M.C. Hammer and Vanilla Ice are the best rappers," sophomore Matt Rahfaldt said.

Some students had no favorite, but instead preferred a variety of music, from hyper or headbanging to classical and jazz.

"I listen to whatever I'm in the mood for. At night I like something mellow like Pink Floyd and in the mornings something to wake me up like Tesla," senior Laura Loden said.

Some students didn't need anything to wake up to. They listened to music for a break from

During his spare time after school, senior Kevin Greisch checks out some of the new CDs and tapes at Peeples Music on Welch Avenue. Many students agreed that Peeples had one of the biggest selections in town. (Photo by Sam Shearer)

the day's hassles.

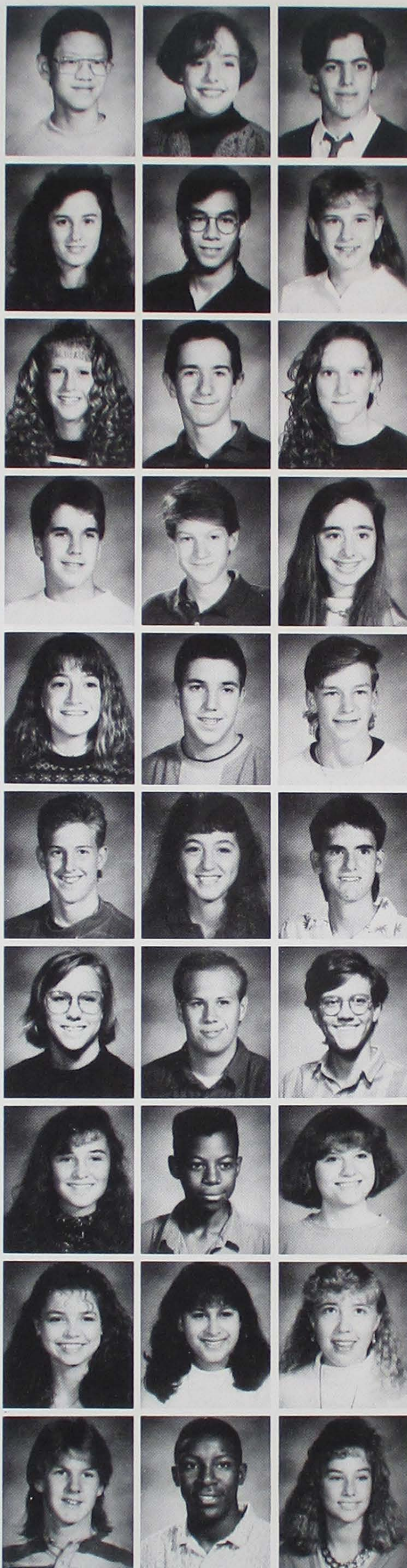
"I listen to music to get away from things. It calms me down after a long strenuous day. Sometimes I can sit in my room for hours listening to music," freshman Julie Simonds said. "My favorite stuff is dance music like Kyper and Snap."

Some students didn't really have favorite groups, but special songs which symbolized an important time in their lives.

"Everytime I hear 'The Flame' by Cheap Trick I remember a lot of good times during the summer it came out," junior Stacey Clouser said.

Whether music sparked memories or just helped students wake up or mellow out, most found it a prominent part of their lives.

"I think if music had never become a part of the world, our lives would have been a lot more dull," senior Scott Groat said.



Xiao Ming Liu
Amanda Lloyd
Nick Lloyd

Ammi Loutzenhiser
Gene Lund
Rachel Lutz

Kari Marty
Tim Masmar
Melani McCracken

Clay McEvoy
Brian McFarland
Anne McJimsey

Jody McKee
Adam McLaughlin
Brian McPeak

Jason Miller
Georgia Montgomery
Collin Moon

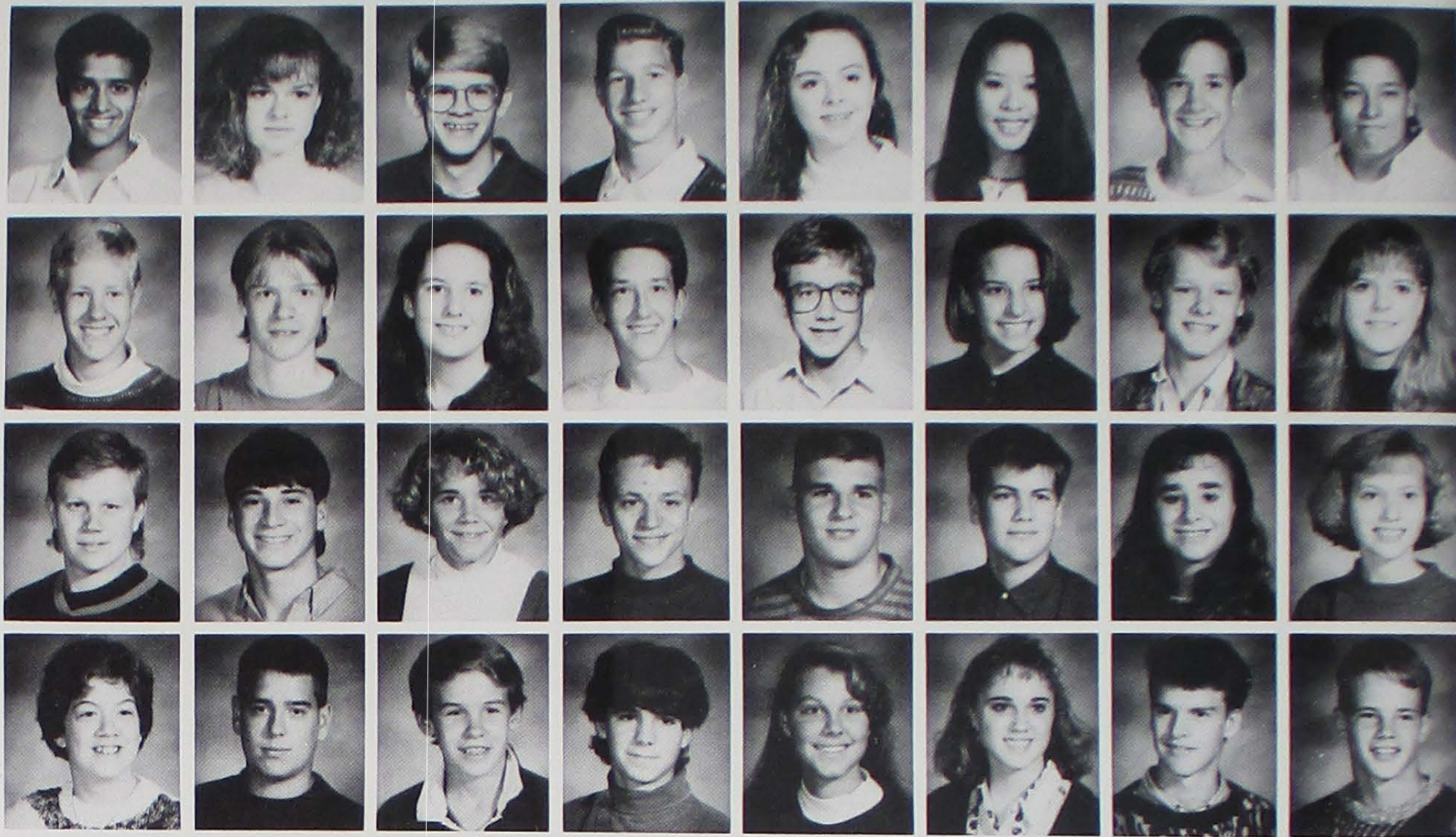
Ann Moore
Jeff Moore
Joel Morain

Anne Moutray
Shingai Muchena
Andrea Muchinsky

Nicole Muelhaupt
Rubina Mukerjea
Melissa Mundt

Brent Murphy
Tendai Muyengwa
Victoria Myers

Niles Narotam
 Molly Neal
 Joey Nelson
 Chad Newhouse
 Bliss Newton
 Jennifer Ng
 Toby O'Berry
 Mark Okiishi
 Mike Olson
 Steve Orning
 Kelli Oshel
 Collin Paige
 Dan Patrick
 Dana Patterson
 Scott Pecenka
 Sarah Pepper
 Jason Piekema
 David Pollard
 Leigh Ann Powell
 Brian Pyle
 Matthew Rahfaldt
 Matt Randall
 Kelly Randles
 Christine Recker
 Valerie Reed
 Ryan Reeder
 Scott Reger
 Cale Remsburg
 Kelly Remsburg
 Lonna Rensink
 Jeremy Rhyon
 Dan Ricketts



Law & order



Jenni LaVille

Strutting out the front door at 7:55 a.m. there's still plenty of time to make it to school without a tardy. Although it's a 10-mile drive, cruising at 75 miles an hour cuts the trip to a quick 4 1/2 minutes, leaving a good 30 seconds to jog into homeroom. But the dream is shattered by a flashing light in the rearview mirror and a wailing siren that interferes with the song blasting on the radio.

"I was late coming home from my boyfriend's house, so I was speeding to try and make up the time. Then this car came flying behind me and I thought they were trying to run me off the road. So I went faster until I got up to 90, and then he flicked his cherries on," senior JaTam Godwin said.

People with licenses were not the only people with "car trouble."

"While I was in driver's ed, I borrowed by boss's car and I made an illegal lane change and hit a car. When the police came, all I had to show them was my permit," junior Jessica Purdy said.

Borrowing other people's cars wasn't uncommon, especially for

the anxious, inexperienced driver.

"Before I turned 16, I stole my mom's car and I was pulling up to this stop light and the guy in front of me started reversing. So, to avoid being hit, I reversed and hit the car behind me. I took off, went home, and hid in the basement while these cops were surrounding the house and looking for me with flashlights," junior Tom Bern said.

Running from the police was usually ineffective, because it only led to more trouble.

"I was hanging out at the school at about 2:00 in the morning, and these cop cars started pulling up. I knew I wasn't supposed to be there, so I started running and got tackled," freshman Rich Lyon said.

But, some lucky students managed to escape the wrath of the law.

"Me and a friend were at the ISU stadium climbing the goalposts and tons of cops started pulling up, so we ran. The cops turned on flood lights, but we were already gone. We watched from across the street and laughed," senior Chad West said.

Whether or not students had run-ins with the law in cars or on foot, most dreaded the experience.

Standing in front of the new city hall, senior Margaret Lloyd places her ticket and fine in the convenient drop box. (Photo by Bob Parr)

Susie Rogers
 Andy Rozewski
 Jason Ruebel
 Chad Sailsbury
 Keith Sansgaard
 Kim Schropp
 Kim Schweikert
 Serra Sermet
 Steven Shapiro
 Jennifer Shierholz
 Angie Shirk
 Kelley Shonrock
 A.J. Skahill
 Nathan Skank
 Mark Skluzacek
 Josh Slaughter
 Jon Sloan
 Erich Slocum
 Angela Smith
 Barbara Smith
 Kimmy Smith
 Sarah Smith
 Sheryl Smith
 Josh Speck
 Donna Stinehart
 Tracy Stone
 Marie Stover
 Jason Strum
 Tony Sugiri
 Jeanne Sundstrum
 Randy Swett
 Bryn Takle
 Mike Tallman
 John Tannehill
 Anna Terpstra
 Andy Thomas
 Heather Thompson
 Matt Thompson
 See Thongsouk
 Jason Tice
 Erik Tosten
 Liz Trede
 Tyson Troxel
 Leah Uhlenhopp
 Jeff Uhrhammer
 Diana Vander Schaaf
 Adrienne van der Valk
 Anna Van Deusen
 Scott Vaughan
 Suzanne Vogel
 Cara Wagner
 Chelsea Walton
 Travis Webb
 Trudi Weiss
 Jeff Weiss
 Jennifer Weiss
 Aaron Wells
 Carlos Wesley
 Jill West
 Brett Wetter
 Katherine Whitaker
 Martha Whitaker
 Jamie White
 Trevor Wierson
 Rachel Wilke
 Sara Williams
 Tom Williams
 Kevin Wilson
 Mike Wilson
 Ruth Wilson
 Kim Windom
 Aaron Wombacher
 Audra Woodin
 Geoff Woodman
 Brad Wuhs
 Bill Yerkes
 Jason Young
 Missy Yungclas
 Aimee Zimmermann

Vasting looks



-Giselle Magat

Society has dictated how we should act, how we should dress and what we should do to our bodies. Yet there were students at Ames High who believed that "it's better to do as you wish than as you should." Some students just wished to fit in as much as possible; others found that going against the look of the common crowd better expressed their individual personality.

One way of expression was, though usually painful and permanent, tattoos. But junior Robert Smith enjoyed the pain when he tattooed a cross on himself with a pin and India ink.

"My body is a temple and I want to eloquently display it," Smith said. "Plus, this is a prime time in my life and I want to remember it by this tattoo."

But not all tattoos were permanent. Thanks to Tattoo Gum, a remarkable product that came with gum and a water-adhesive tattoo, people could slap a little color on their skin and wash it away the next day.

The cross on senior Brian Gouran's shoulder blade is not visible when he is wearing his usual school attire. Many students had tattoos in unnoticeable places. (Photo by Ted Deli)

"I just put one on because I thought it would be fun. Then people would ask me if it was real and when I told them no they would just look funny and go 'Why?' like it was crazy," sophomore Heather Alexander said.

Another way of standing out was through body piercing. When piercing their ears, some students felt more was better.

"I got tired of going out with guys who had more earrings than I did, and I got sick of even numbers, so I have seven now," said senior Carey Adams who had three earrings in one ear and four in another.

Body piercing wasn't just a fad to some students like senior Bert DuChene, who had six earrings in his ear, one in his nose and one in his nipple, all of which he pierced himself.

"I really like jewelry, I always have. I got my ear pierced back when it was uncool, but now all the jocks have them and it's cool. But since I have both my ears pierced people think I'm a fag," DuChene said.

By applying tattoos that declared their feelings, either personal or political, or by piercing different parts of their body, students found that self-expression was worth the pain and the stares.

Tanya Brown
Ted Deli
Chad Ebelsheiser
Jonathan Emmerson
April Fatka
Heather Franksain
Suzanne Gillespie
Shane Harkin
Vidar Hellkaas
Lance Holmes
Megan Huisman
Jennifer Jones
Christine Kauffman
Erica Merkley
Jeremy Moore

Susan Moore
David Opheim
Bryan Rademacher
Tim Reger
Patricia Roberts
Jacinda Stanton
Rattan Ticku
Timothy Veale
Kristin Walker
Ashia Whittington

PICTURED

What would you do if you won \$100,000 in the lottery and the day you got the money, aliens landed on the planet and said they were going to blow it up in two days?



"I'd buy me a Harley and go raise some hell, probably down south somewhere."

-junior Drew Maddux



"I'd jump out of an airplane because I've always wanted to do that, and then I would go to Europe and see and do as many things as possible."

-freshman Carrie Wilhite

"I'd buy up every piece of Elvis paraphernalia and give it to the aliens so they would have something to remember Earth by."

-sophomore Damian Kelly



"I would fly to Hawaii and drink champagne and eat peanut M&M's all day."

-freshman Rachel White

PICTURED



"I'd go to Germany and spend it all foolishly. I'd buy a very expensive car and expensive clothes and stay in the nicest hotels."

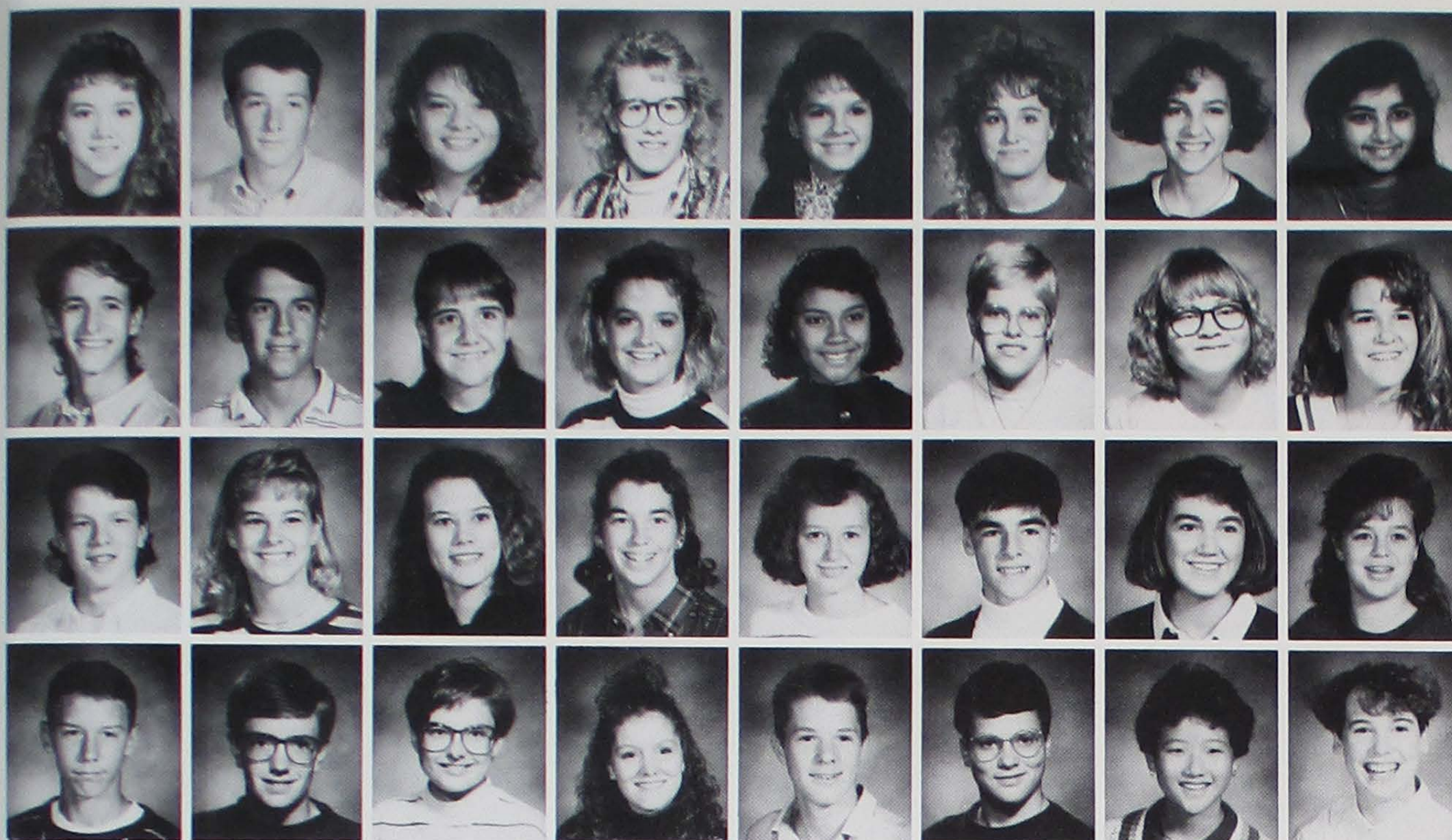
-junior Lisa Millen



Juniors

Sue Abbasi
 Matt Abbott
 Jerry Abogunrin
 Rebecca Allen
 Stefanie Allen
 Mike Amfahr
 Holly Anderson
 Matthew Anderson
 Seth Anderson
 Tami Andre
 Teresa Andrews
 Kimberly Applegate
 Timothy Arp
 Steve Baccam
 Kiran Baikerikar
 Jennifer Ballantine
 Levi Bappe
 Miguel Barandiaran
 Katie Barnhart
 Amy Bartsch
 Scott Belzer
 Wystan Benbow
 Tom Bern
 Jae Bernard
 Peter Bernard
 Chris Berrett
 Eric Bibler
 Amy Biechler
 Cassandra Biggerstaff
 Angela Bochmann
 Shannon Boever
 Carrie Booms
 Cheryl Bortz
 Paul Boyd
 Vesper Brace
 Nanette Brcka
 Colin Brennan
 Tina Brown
 Sarah Buchwald
 Chris Bundy
 Chris Burkheimer
 Jason Burris
 Ann Buttermore
 Mark Buxton
 Alison Campbell
 Carolyn Canow
 Jason Cantonwine
 Amy Carey
 Gus Carlson
 Pam Carlson
 Tara Carmean
 Rhonda Carmichael
 Stefani Carmichael
 Ruth Carpenter
 Ryan Carver
 Alicia Catron
 Chad Christensen
 Kamakani Clark
 Stacey Clouser
 Sarah Coats
 Brian Coffey
 Stephanie Coon
 Kelly Craig
 Janel Crow





Keri Daddow
Jon Dale
Lissa Daza
Dawn Dean
Marcy DeJooe
Bea Dekker
Sandra DeLuca
Kamla Devrajani
Judd Donelson
Ben Drake
Lisa Elbert
Jocelyn Ely
Marie Engelhorn
Debbie Fackler
Heidi Faust
Amy Ferguson
Darrin Fischer
Cari Foote
LeAnne Ford
Holly Forssman
Theresa Franco
Bryce Freeman
Megan Freeburg
Bobbi Freese
Alex Garn
Andy Glatz
Jenny Goehring
Christi Goeser
Robert Gooch-Peterson
James Goodfriend
Michele Goodwin
Kate Goudy

Helping out

-Dawn Dean

One of the greatest feelings is knowing you have helped someone with a problem.

To help out the community in a positive and rewarding way, some students volunteered at Open Line, a listening and information center. People with problems or questions could call and talk to someone confidentially.

"Some callers contact us every day to talk. Sometimes people get upset at you when you don't have all the answers, and that upsets me, but when I know I've helped someone I go home feeling good," junior Holly Anderson said.

Junior Christine Willard volunteered in a different way by play-

ing the piano at her church.

"It's fun; I got to know some new people when I started playing for the youth group," Willard said.

Sophomore Teresa Henderson volunteered as a sales clerk at Worldly Goods, a non-profit gift shop.

"We sell crafts made from Mexico, South America, and India at a low price. Customers like our unique inventory and we like helping impoverished people so everybody benefits," said Henderson.

Coaching summer sports was another way students got involved. Junior Troy Rutter helped coach a Little League baseball team.

"I really like working with little kids because they have so much enthusiasm and energy," Rutter said.

Because of their as yet undeveloped talents kids are often thought of as needing help. As a result, the elderly are sometimes forgotten, but they need just as much attention, if not more. Volunteers, an Ames High organization, recognized that fact, and on three holidays the group visited nursing homes to have parties with residents.

"My mom works in a nursing home and I know more about what it's like to live there. So when I go to these places I try to help them more by going to their rooms and coaxing out the more timid ones. I feel good about myself," senior Jeff Brown said.

Every day in so many ways, students found that by giving of themselves they got back more than they'd ever hoped for.



Volunteers. Front Row: C. Berg, B. Mueller, H. Forsmann, L. Uhlenhopp, A. West, A. Bridges, L. Petersohn, K. Rosenbusch, B. Dinsmore. Second Row: S. Grundmann, J. Ford, S. Uhlenhopp, D. Lawson, P. Egeland, J. Seim, S. Gunnerson, J. Nelson, J. Meadows, M. Patterson. Third Row: J. Kellen, T. Nemitz, M. Lippman, J. Nordyke, E. Powell, M. Thomas, J. Pease, E. Smedal, K. Frette, B. Allen, L. Vermeer, J. Harner. Fourth Row: A. Carey, S. Clouser, T. Andre, E. Jones, A. Kim, K. Oldehoeft, A. Gupta, T. Andrews, M. Prochaska, M. Sweet, N. Brcka. Fifth Row: C. Melvin, S. Allen, L. Schomaker, A. Smith, T. Johnston, T. Burnham, K. Allen, N. Moreland, K. Heinzig, V. Brace, K. Nass. Sixth Row: C. Clatt, S. Salvo, S. Kepley, A. Rickert, C. Scott, A. Doyle, J. Sundstrom, C. Hawley, A. Kline, D. Newhouse. Seventh Row: T. Elliot, S. Fox, S. Hunger, S. Bibilos, W. Huntington, K. Barnhart, H. Anderson, K. Olson, R. Ripp. Eighth Row: J. Moore, J. Pelz, J. Ely, A. Myers, A. Ferguson, K. Holder, C. Foote, S. Carmichael, B. Recker. Ninth Row: M. Miller, N. Paul, B. Yeung, L. Millen. Back Row: R. Carver, B. Freeman, A. Bartsch, J. Ballantine, C. Canow, C. Bundy.

Jay Greenfield
 Phil Greenfield
 Brian Greving
 Anjali Gupta
 Andy Hagen
 Tabby Halsrud
 Jennifer Harner
 Scott Harris
 Joleen Hatfield
 Matt Haubrich
 Maisaa Hawana
 Doug Heeren
 Erika Helmuth
 Kori Heuss
 Kendal Holder
 Andy Homan
 Rob Hummel
 Jeff Jansen
 Joel Johanns
 Jeff Johnson
 Kjersten Johnson
 Tommy Johnson
 Aaron Jones
 Mindy Jones
 Del Keigley
 John Kelly
 Julie Kelso
 Aaron Klatt
 Karin Klocke
 Farshid Khosravi
 James Krogmeier
 Mike Kubera
 Jamie Lang
 Tina Langston
 Mike Larson
 Bret Larwick
 Amy Leeman
 Aaron Lehmkuhl
 Allison Lindley
 Peter Loutzenhiser
 Bona Lueth
 Jay Lyon
 Marc Maehner
 Andrew Maddux
 Jennifer Madison
 Jeff Manzer
 Kim Marshall
 Eric Martin
 Andrew Masmar
 Jerry Mathews
 Jon McAndrews
 Phil McConnell
 Tim McDorman
 Maggie McDowell
 Kristi McGinness
 Jim Meadows
 Cathy Melvin
 Mark Millemann
 Lisa Millen
 Megan Miller
 Renee Millerbernd
 Tony Mitchell
 Larry Mitchels
 Jennifer Moehlmann
 Jason Moore
 Jeremy Moore
 Lisa Moore
 Jeremy Moritz
 Tammy Morrison
 Jason Moutray
 Bethany Muller
 Alan Murdock
 John Murphy
 Ashley Myers
 Meiko Naganuma
 Nick Nakadate
 Kari Nass
 Wendy Nelson
 Eric Nesset
 Jamie Niemeyer



allway dates



-Krista Heinzig

The Beatles rolled across America with their tune "I Want to Hold Your Hand" in the mid 1960's. But as time marched on, a generation of hand-holders scooted aside for a new era. George Michael's 1985 hit "I Want Your Sex" and Madonna's 1990 video for "Justify Your Love" captured this evolution of affection.

But regardless of the generation, the controversy of public displays of affection (PDA) was a sizzling topic of debate.

"I don't think there should be anything wrong with giving your boyfriend a good-morning kiss at school. It's perfectly natural," senior Tami Burnham said.

Lingering near colored lockers and in classroom doorways lacked a certain romantic atmosphere, though. For some people it was a decisive turn off.

"When I think of holding somebody's hand or kissing someone, I picture a full moon or stars in the sky—not the green lockers

In the media center during a free period, seniors Travis Senne and Solveig Johnson enjoy a quiet moment. If couples didn't have free periods together, some had to suffice with the five minutes between classes. (Photo by Jason Swift)

outside the chemistry room. Although, sometimes it makes me feel like a total loser because I don't have anybody to hold my hand," senior Christy Scott said.

People with conservative views toward mashing and dashing thought saving it for another time and place seemed appropriate.

"It drives me nuts when people are making out in front of my locker. I can't get to my books and I end up being tardy for class," junior Colin Brennan said.

Administration reactions to PDA also had an influence on students' actions.

"It doesn't really offend me when a couple holds hands. I just think it's disrespectful to kiss your boyfriend in front of a teacher," freshman Joyce Kim said.

If the affection didn't turn to extreme, nonchalant attitudes flourished among the majority.

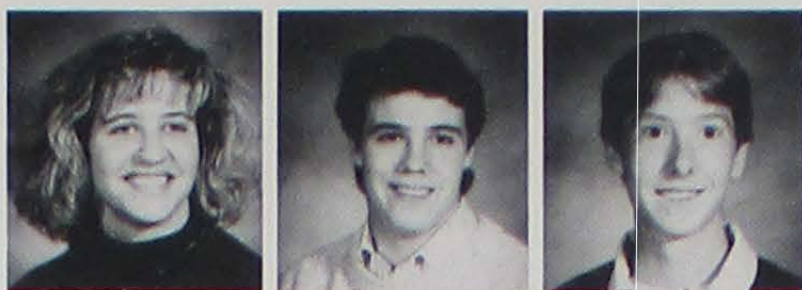
"I just ignore the people. Personally, I wouldn't kiss anybody in front of other people because I would feel too self-conscious," sophomore Chris Burnham said.

Despite mixed attitudes and varying opinions, people generally agreed to one aspect of PDA—please don't aggravate everybody by blocking the halls and doors.



Greg Nikkel
Juli Nordyke
Stacey Nutt
Sara Olberding
Emily Olson
Krista Olson
Derek O'Riley
Neena Panigrahy
Brian Parks
Stacey Parks
Bob Parr
Mary Beth Patterson
Neena Paul
Joanna Pelz
Nathan Pelzer
Becci Pennington
Becci Peterson
Dave Peterson
Christine Pfeifle
Mike Pollmann
Elaine Powell
Jon Pritchard
Mischa Prochaska
Jeanne Pugh
Jessica Purdy
Joachim Raabe
Dawn Range
Adam Readhead
Beth Recker
Chris Rehbein
Jennifer Remsburg
Joel Reynoldson

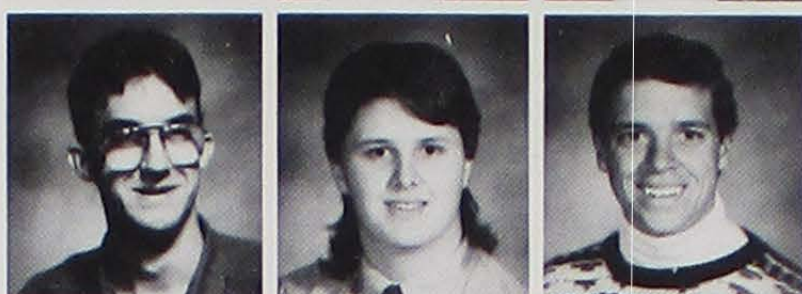
Renee' Ripp
Jim Robbins
Bill Robinson



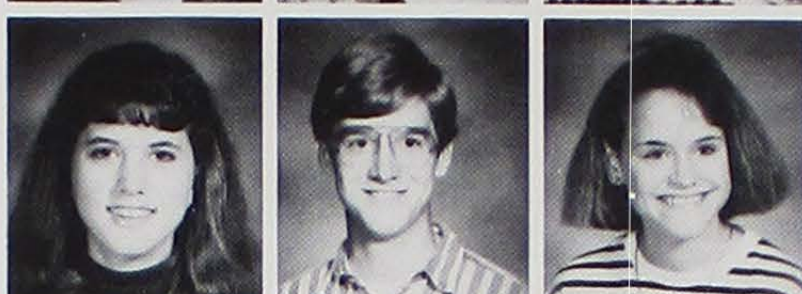
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Alison Rohden
Dayna Ross



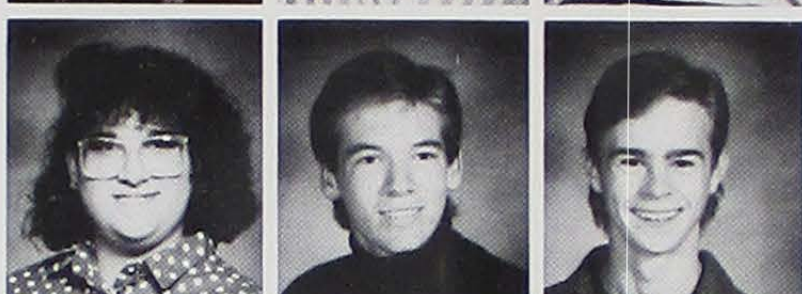
Troy Rutter
Marcus Ryan
Dan Sailsbury



Alison Sams
Joe Schafer
Lynn Schomaker



Robyn Schwartz
Robby Schwarzenbach
Chuck Schweikert



Steph Seiler
Jen Sharr
Amy Sheets



Rebecca Shimkus
Dawn Sibbel
Joy Siebert



Jason Skoland
Megan Slaughter
Michelle Smith



Jeff Spencer
Chrissy Spike
Chad Steenhoek



Andrew Stevenson
Mark Strahan
Eric Strong



-Adrienne van der Valk

Switching homes on weekends, splitting holidays, or missing one parent most of the year were facts of life for children of divorced parents. Students who came from split families faced situations that changed their home, school, and social lives.

"Being with a single parent has made me more independent. I'm more grown up than a lot of people my age because I've needed to take care of myself," sophomore Donna Stinehart said.

Divorce made many students mature quickly because independence became a part of life. So did coping with the hassles of vacations and holidays which posed discomfort for some because it meant leaving one parent behind or separating the family.

"My parents split up the holidays and alternate. My dad had Thanksgiving this year and my mom had Christmas. It'll be the opposite next year," junior Matt Welch said.

Other students enjoyed having two family holidays.

"I think it's fun because I have four parents so I get twice as much; two Christmases, two birthdays, and for vacation I get one summer with each family," senior Sarah VanDeusen said.

Switching weekends was a way many students arranged to see their divorced parents. Junior Lisa Wharton talks to her father about their upcoming plans. (Photo by Adrienne van der Valk)

This student agreed that having more than one family was a good thing.

"You get more of a variety at home. Different people bring you up with different values," senior Dave Flippo said.

Although divorce was not a joyful occurrence, some students didn't feel their lives were worsened by their parents' decision.

"It's probably made me happier because my parents were a bunch of raving maniacs when they were together and they'd fight constantly. Now they're apart and it's much better," sophomore Kirsten Lassila said.

Divorce enabled one student to learn a lot about her parents.

"When your parents get divorced, you grow up more. You find out they're not perfect, that they have faults," sophomore Valerie Reed said.

For better or for worse, students who were separated from family members found ways to cope with this unavoidable part of their lives and the problems that resulted.



Pita Stubben
 Heather Swanson
 Rob Swanson
 Meghan Sweet
 Jason Swift
 Amy Swyter
 Natalie Tennison
 Matt Thomas
 Wendy Thompson
 Mai Thongsouk
 Michele Trankaer
 Josh Twait
 Nathan Uemura
 Laura Vermeer
 Spenser Villwock
 Amy Wagner
 Wendy Ward
 Eric Warme
 Jamie Weiss
 Matthew Welch
 Jon Weltha
 Nicole Wendt
 Lisa Wharton
 Scott Whiteford
 Brian Wierson
 Valerie Wilcox
 Christine Willard
 Brian Wille
 Guy Willey
 Nova Williams
 Maurice Wilson
 Ryan Windsor
 Chris Wineinger
 Chris Winkler
 Angela Wittmer
 Danielle Wright
 Kathy Yang
 Becky Yeung
 Laura Young

PICTURED

Brian Anderson
 Sonya Fox
 Basem Gabal
 Todd Guge
 Curtis Hawkins
 Jeff Kaczmarek
 Istvan Lanczos

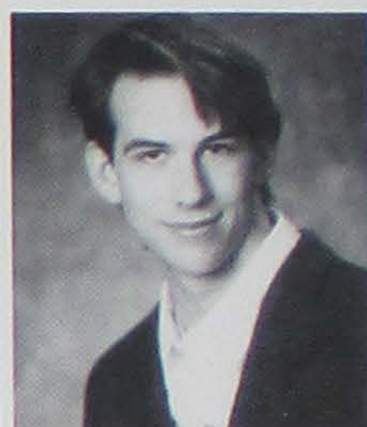
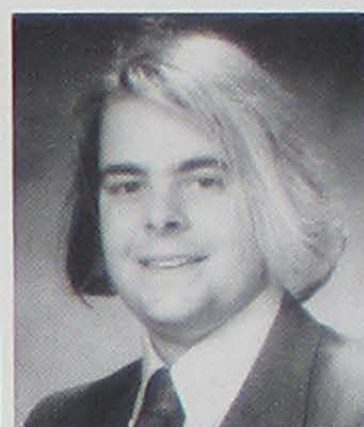
Dane Larson
 Brian Lewis
 Jamie Lingelbach
 Rebecca Lueth
 Jennifer Madison
 Jason Moore
 Ho Hai Nguyen

Chris Palmas
 Kelly Schram
 Steven Siegfried
 Oune Somsanith
 Geisu Springer
 Kassie Stier
 Mark Sutch

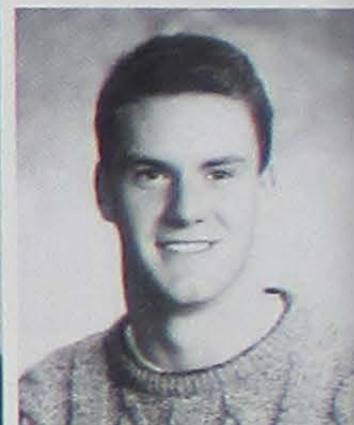
Long Vu
 Michael Wawers
 Matthew Wierson
 Kimberly Wirtz
 Tem Yom

Seniors

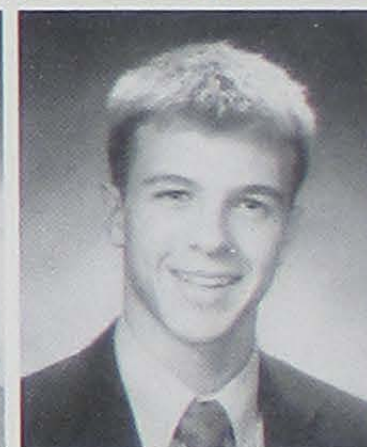
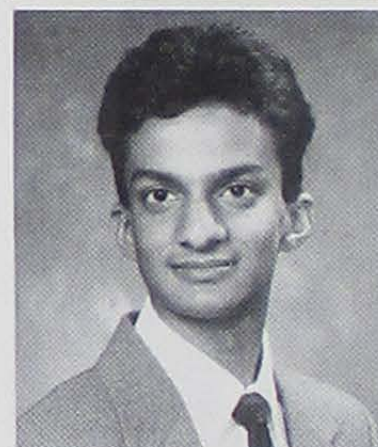
Carey Adams: Play Crews 9, 10, 11, 12; One Acts Cast 10; Play Cast 9; Volunteers 12; Spanish Competition 11. **Devon Alexander:** Swimming 9, 10, 11, 12; Freshman Chorus; Chamber Singers 11, 12; Concert Choir 10; Concert Chorale 11, 12; Madrigal 11, 12; Speech Club 10, 11, 12; Track 9; Football 9, 10, 11, 12; Play Cast 10. **Brian Allen.** **Kimberly Allen:** Concert Chorale 11, 12; Sophomore Choir; Speech Club 12; Student Advisory Committee 11, 12; Flag Corps 12; Small Group Vocal 10, 11, 12; Play Crew 11; Play Cast 10.



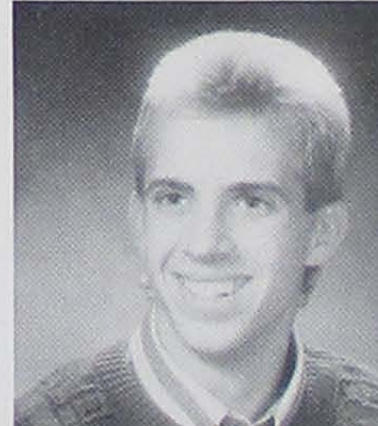
Stephanie Alt: Track 9, 10, 11, 12; Cross Country 10, 11, 12; Senior Class Senate 12; Homecoming Committee 12; Volunteers 11, 12. **George Applequist:** Track 9, 10, 11, 12; Cross Country 9, 10, 11, 12; Band 9, 10, 11; Pep Band 9, 10; All-State Band 9, 10, 11; Student Advisory Committee 11, 12. **Sean Jung Bakken:** Track 10, 11; Choir 9, 10, 11, 12; Cross Country 10, 11; Choir (Newsletter Editor) 11, 12. **John Barnett:** Football 9, 10, 11, 12; Track 9, 10, 11, 12; Basketball 9; I Ball 10, 11, 12.



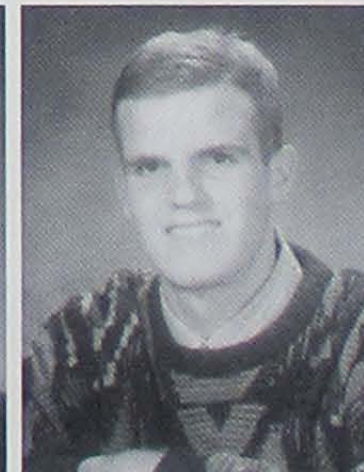
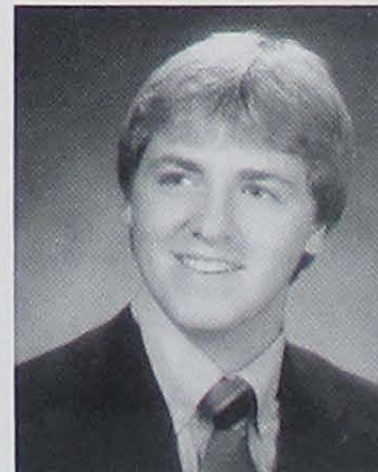
Sumit Basu: Mock Trial 10, 11, 12; Model U. N. 10, 11, 12; Key Club 11, 12; SADD 11, 12; Academic Decathlon 11, 12; Science Seminar 10; I Ball 9, 10, 11, 12; I V-ball 12; Amnesty International 11, 12. **Colleen Erin Berg:** Powderpuff 9, 10, 11; JV/Varsity Football Trainer 10, 11; Senior Girls' Club; Softball 9, 11; Basketball 9, 10. **Mike Bergan:** Volunteers 12; I V-ball 12; Basketball 9, 10, 11, 12; Track 9, 10, 11, 12; Baseball 9, 10; Football 9. **Jody Jay Berger:** Concert Band 10, 11, 12; Symphonic Band 11, 12; All-State Band 11; Concert Chorale 12; Madrigal 12; Senior Girls' Club; Cadet Teaching 12; Accompanist 10, 11, 12; Pep Band 9, 10, 11, 12; Jazz Band 9, 10, 11, 12; Freshman Band; Marching Band 9, 10, 11, 12; Orchestra 11, 12.



Tod Berkey: Tennis 9, 10, 11, 12; Speech Club 12; I Ball 12; I V-ball 12. **Jenny Bernard:** Track 9, 10, 11; Cross Country 9, 10, 11, 12; Homecoming Committee 12; Senior Girls' Club; Big Sis/Lil' Sis 9, 11, 12; I Ball 12. **Cara Bianchi:** Chamber Singers 10; Concert Chorale 10, 12; Concert Choir 11; Freshman Choir; Mat Maids 10, 11; Gymnastics 9. **Sonya Bibilos:** Play Crews 9, 10, 11, 12; Play Cast 9, 10, 11, 12; Thespians 9, 10, 11, 12; One Acts Cast 10, (Director) 12; Mock Trial 9; Terpsichore 12; "Scratch Pad" Board 10; Treble Choir 12; Governor's Page 11; Principal's Advisory Committee 9, 10, 11, 12.



Robert Black: Key Club 10, (Treasurer) 11, (President) 12; SADD 11, 12; Tennis 9, 10, 11, 12; Homecoming Court 12; Environmental Committee 11, 12; I Ball 10, 11, 12; I V-ball 10, 11, 12; Student Senate 10; Winter Formal Court 12; Soccer 9. **David Bovee:** Soccer 9, 10, 11, 12; I Ball 10, 11, 12; I V-ball 12. **Janel Brakke:** Cross Country 9, 10, 11, 12; Cheerleading 9; Track 9, 10, 11, 12; Volunteers 9, 10, 11; Powderpuff 10; Athletic Ambassador 11, 12; Student Senate 11; I Ball 11; Homecoming Court 12. **Jolyn Brakke:** Track 9, 10, 11, 12; Cross Country 9, 10, 11; Speech Club 11, 12; Powderpuff 10; Student Senate 11, 12; Athletic Ambassador 11; Gymnastics 9.





Angela Bridges: DECA 12. **Matthew Brogmus:** Play Crew 12. **Jeffery Brown:** Swimming 9, 10, 11, 12; Air Bands 12; Varsity Band 9, 10, 11, 12; Marching Band 9, 10, 11, 12; I Ball 9, 10. **Michael Brown.**

John Brunscheon: Concert Band 9, 10, 11; I Ball 10, 11, 12. **Jason Brubaker.** **Breann Bruton.** **Tim Buchwald:** IV-ball 10, 11, 12; VICA 12; Football 9, 10; I Ball 12.

Brian Burkheimer: Baseball 9, 10, 11, 12; I Ball 9, 10, 11, 12; I V-ball 12. **Tami Burnham:** Track 9, 10, 11; Cheersquad 10, 11, 12; Cross Country 11, 12; Ambassadors 10; Concert Choir 10, 11; Powderpuff 10, 11; Airbands 12; Terpsichore 12; Senior Girls' Club; Homecoming Committee 12. **Dawn Cadwell:** Track 9, 10, 12; Powderpuff 10; Drama Activities 10; Student Senate 12; Senior Girls' Club. **Heather Callison:** Cross Country 9, 10, 11, 12; Freshman Choir; Concert Choir 10; Small Group Vocal 10; Boys' Track Manager 10, 11; Student Senate 12; DECA 12; Homecoming Committee 12; Senior Girls' Club.

etting it all together

-Nicole Stocks

Upon walking into the Sun Room of the Memorial Union on December 29, members of the Senior Girls' Club realized the nightmare was over and the dream had begun, 'A Winter Night's Dream' to be exact. After the hard work during the six months leading up to that evening, everyone was ready to get down and party together.

"It was a relief to finally get Winter Formal over with. It was such hard work, but the work was worth it. It was a great success," senior Anya Whigham said.

The girls held many different fundraisers to finance the dance. During football games they sold T-shirts; during the school day they sold suckers; near the holiday season they sold wreaths door-to-door.

"It was frustrating thinking of different fundraisers for Winter Formal. Powderpuff was taken away so we had airbands instead. It worked out really well," senior Chris Clatt said.

Fundraisers turned out to be a great help though.

"We raised about \$6,500 this year, and that's more than any other year. The fundraisers were the greatest help of all," senior Janea Carter said.

Unity helped the members of the club in achieving their goals.

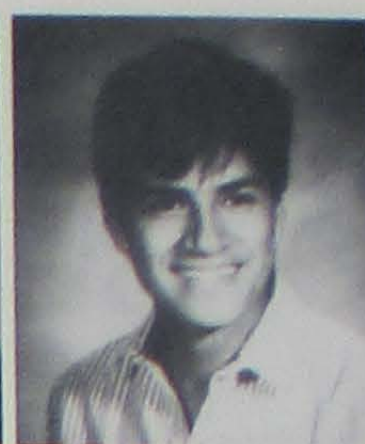
"I think the year went wonderful. We reached our goal and made even more (money) and stuck together in the process. That's the most important part," senior Nicci Sartori said.

So after the night was over, club members walked away with pleasant dreams and good friends.



Senior Girls' Club. Front Row: Anya Whigham, Jami Stiles, Julia Ford, Sarah Uhlenhopp. **Back Row:** Becky Rieck, Angie Kim, Elizabeth Holder, Jody Berger.

Janea Carter: Golf 9, 10, 11, 12; Volleyball 9, 10, 11, 12; Senior Girls' Club; Softball 9, 10. **Brian Ed Carver:** Football 9; Swimming 9, 10, 11; I Ball 12. **Alejandro Cervantes:** Soccer 12. **Martha Cervantes.**



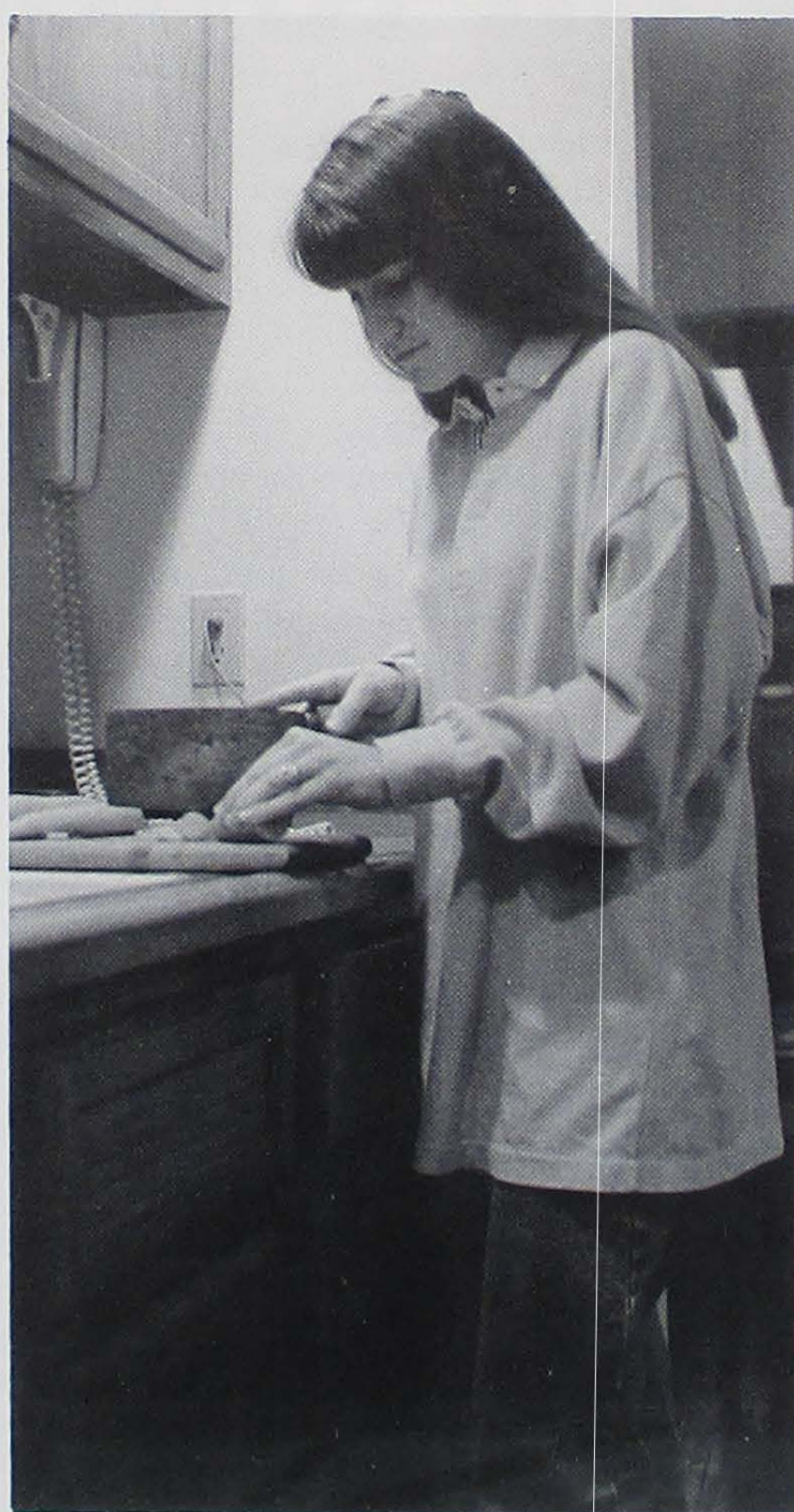
Pramilla Chahal. **Christine Chen:** Tennis 9, 10, 11, 12; Thespians 10, 11, 12; "Visions" 9, 10, 11; "Paisley" 12; Play Casts 10, 11, 12; Play Crews 10, 11, 12; Senior One Acts Cast 10, 11; Concert Chorale 11, 12; Concert Choir 9, 10; Terpsichore 12; Airbands 11, 12; Odyssey of the Mind 10, 11; Student Advisory Committee 9, 10, 11, 12. **Noreen Chowdhery:** Student Senate 11; Track 9, 10, 11, 12; Symphonic Band 11, 12; Varsity Band 10; Pep Band 9, 12; Orchestra 12; Key Club 12; Volunteers 10, 11, 12; Spanish Competition 11. **Melanie Clapp:** DECA 12; Basketball 9, 10; Softball 9; Freshman Choir; Sophomore Mixed Choir.



Christine Clatt: Softball 9, 10, 11, 12; Cross Country 10; Cross Country Manager 11, 12; Basketball 9, 10; Track 9; Powderpuff 9; Student Senate 11, 12; Senior Girls' Club. **Angie Cline:** Track Manager 11, 12. Volunteers 12. **Nick Cody.** **Matt Converse:** Key Club 10, 11; SADD 10, 11; Football 9, 10, 11, 12; Student Senate 10; Track 9, 10; Wrestling 9; Ambassadors 12; I Ball 10, 12;



eatless choice



-Laura David

A tender, juicy steak might have been the ideal dinner for some, but an increasing number of "real people" at Ames High would have passed on a Pizza Hut meatlover's pizza.

"For a long time I debated the ethical side of killing animals. About a year ago, I just lost interest in eating meat," freshman Caitlin Fashbaugh said.

The use of animal products for anything, including food, was a big turn-off for many animal rights supporters, like sophomore Nick Lloyd, who also chose to not wear wool or leather. The choice to live like that in this society wasn't always easy.

"My mom's really cool about making non-meat meals, but there aren't many restaurants in the middle of Iowa that serve vegetarian items so I get stuck eating salad a lot," Lloyd said.

Improvisation was often necessary in situations like that so that vegetarians weren't continually stuck eating lettuce and other

produce.

"Whenever I go to Burger King, I have a deal with (senior) Scott Sundstrom. We both get hamburgers; I give him my meat, and he gives me his pickles. One of my favorite meals is a bun with ketchup and lettuce on it," senior Claire Haws said.

Other reasons for becoming a vegetarian included health, cost of meat and environmental concerns.

"I was six when I saw a dead, bloated cow in a feed lot and decided I was never going to eat meat again. Now I'm not even tempted to eat meat. I can't really remember what it tastes like," Haws said.

Sometimes the choice to not eat meat evolved naturally. When parents didn't eat meat, quite often their children picked up and retained the habit.

"My whole family is vegetarian. We make up for protein in our diet with soy beans, tofu, nuts and dairy products. It's more nutritious," sophomore Jody McKee said.

Vegetarians had a variety of reasons for changing their diets, but all were devoted to their herbivore habits.

Chopping up a bunch of carrots, senior Jessica McKee prepares a salad for her family's meal. McKee had been a vegetarian her entire life. (Photo by Samantha Shearer)



Susan Cook: Cross Country 9, 10, 11; Basketball 9, 10; Track 9, 10, 11, 12; Chorus 9. **Mike Corones:** Basketball 9; Football 9, 10; Baseball 9, 10, 11, 12; I Ball 10, 11, 12; I V-ball 12; "Web" Staff 11, 12; Speech Club 11, 12. **Tamara Cruse:** Track 10; Track Manager 11; Cadet Teaching 12; I Ball 9; Gymnastics 9; Ambassadors 10, 11, 12; Volunteers 9, 10, 11, 12; Chorus 9, 10; Homecoming Committee 11, 12. **Trenton Dakin.**

Jennifer Dally: Powderpuff 9, 10; I Ball 9, 10; Ambassadors 10. **Jessica DeJong:** Play Cast 10, 11, 12; One Acts 12; Thespians 12; Terpsichore Choreographer 12; Concert Chorale 11, 12; Treble Choir 12; "Visions" 11; "Paisley" 12. **Dana DeMoss. John Denning.**

Chris Dieter: Cross Country 11, 12; Track 11, 12; Speech Club 10, 11, 12; Orchestra 9, 10, 11, 12; Chamber Orchestra 12; I Ball 9, 10, 11, 12; Soccer 9, 10. **Michelle Dietz:** Terpsichore 12; Key Club 10, 11, 12; Track 10; One Acts Cast 9; Play Cast 9; Powderpuff 10, 11; I Ball 9, 10. **Elizabeth Sarah Dinsmore:** Swimming 9, 10, 11, 12; Boys' Swimming Manager 10, 11, 12; Freshman Band; Symphonic Band 10, 11, 12; Marching Band 9, 10, 11, 12; Orchestra 11, 12; Concert Chorale 12; Madrigal 12; Terpsichore 9, 10, 11, (Choreographer) 12; Key Club 10, 11, (Vice President) 12; SADD 11, 12; Volunteers 10, 11, 12. **Hubert DuChene:** One Acts Cast 12.

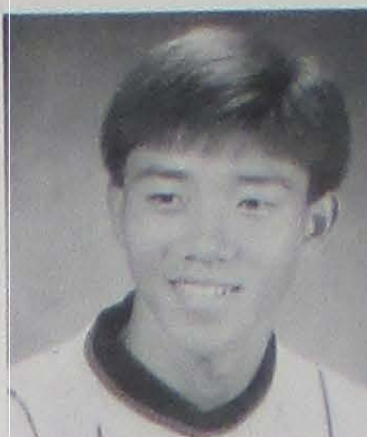
Adam Durlam. Pete Egeland: Student Senate 9, 10; Baseball 9, 10, 11, 12; Football 9, 10; Basketball 9; I Ball 10, 11, 12; Airbands 10, 11, 12; DECA 12; Volunteers 11, 12. **Matt Elbert:** Baseball 9, 10; Football 9, 10, 11, 12. **Sylvia Ethington:** Spanish Club 11; Drama Activities 9.

Monty Faidley: Small Group Vocal 9, 10, 11, 12; Concert Choir 10; Concert Chorale 11, 12; Freshman Choir; Madrigal 11, 12; Play Crew 9, 10, 11, 12; Drama Activities 9, 10, 11, 12; One Acts Cast 10, 11; Chess Club 9; Odyssey of the Mind 10, 11; I Ball 11, 12; Play Cast 9, 10, 11, 12. **Latifah Faisal:** Concert Chorale 12; Treble Choir 12; Madrigal 12. **Rachel Faltonson:** Track 9, 10, 11, 12; Volleyball 9, 11; Cross Country 10; Senior Girls' Club; Student Senate 9, 11, 12; Ambassadors 11, 12; Volunteers 10, 11, 12; Powderpuff 9, 10; Homecoming Committee 12. **Beth Fatland.**

David Flipppo. Laura Floden: Powderpuff 9, 10; Freshman Choir; I V-ball 9, 10. **Andy Forbes:** I Ball 9; Football 9; DECA 12. **Julia Ford:** Volleyball 9, 10, 11, 12; Basketball 9, 10, 11; Track 9, 10; Softball 9, 10; Speech Club 12; "Spirit" Staff (Section Editor) 12; "Web" Staff 12; Volunteers 11, 12; Student Council 12; Student Senate 11, 12. Airbands 12; I Ball 12; Ambassadors 10, 11; Homecoming Committee 12; Senior Girls' Club; HIP 12.

Carleton Forsling: Key Club 10, (Vice President) 11, (Lieutenant Governor) 12; Wrestling 9, 10, 11, 12; Football 9, 10, 11, 12; Band 9, 10, 11, 12; SADD 11, 12; Rules Committee 9; Student Review Board 9; Track 9. **Bart Fowles. Sara Francis. Matt Franco:** Football Manager 10, 11, 12; Basketball Manager 12; I Ball 10, 11, 12.

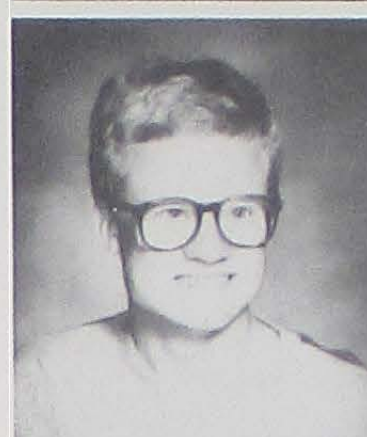
Kevin Michael Frette: Freshman Chorus; DECA 12; Speech Club 10; Student Senate 9; Basketball 9, 10; Track 10, 11; Golf 9, 12; I Ball 12; I V-ball 11, 12; Football 9; Volunteers 12. **Pete Fretz:** Basketball 9, 10, 11, 12; I V-ball 12. **Brandon Geise:** Football 9, 10, 11, 12; Track 9, 10, 11, 12; Basketball 9, 10; Baseball 12; SADD 11; I Ball 11, 12; Key Club 9, 10, 11; Student Senate 10. **Nupur Ghoshal:** Concert Chorale; Madrigal 11, 12; All-State Contest 10, 11, 12; "Scratch Pad" 9, 11; Mock Trial 9, 10, 11, 12; Speech Club 10, 11, 12; Amnesty International 11, 12; Quiz Bowl 11, 12; Model U.N. 10, 11, 12; Senate 9, 10, 11, 12; Track 9, 10.



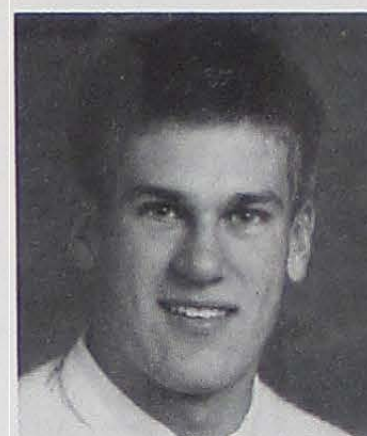
Tammy Gibb: DECA 12; Volunteers 12; Play Cast 11; Powderpuff 10, 11; Ambassadors 11. **Alicia D. Gilley:** Concert Band 10, 11, 12; Marching Band 10, 11, 12; Jazz Band 11, 12; Orchestra 12; Madrigal 11, 12; Piano Accompanist 10, 11, 12; Student Senate; I Ball 11, 12; I V-ball 12; Cross Country Manager 11, 12; Track Manager 10, 11. **Kristin Girard:** I Ball 9; I V-ball 10; Volunteers 12. **JaTam Godwin.**



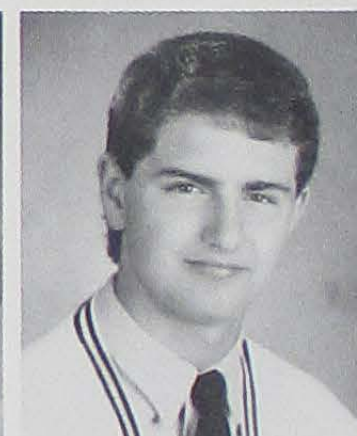
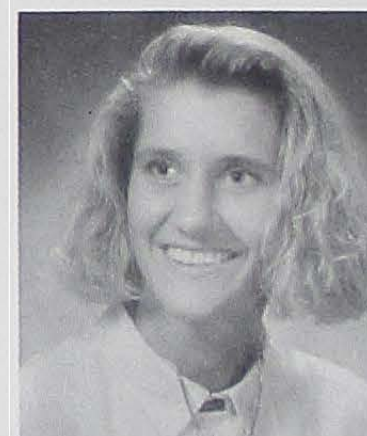
Michael Good. Ben Goodwin: Football 10, 11, 12; Pep Band 10, 11, 12; I Ball 10, 11, 12; Tennis 12; Airbands 12. **Sheri Goshorn:** Cheersquad 10, 11, 12; Terpsichore 12; Airbands 12. **Brian Gouran.**



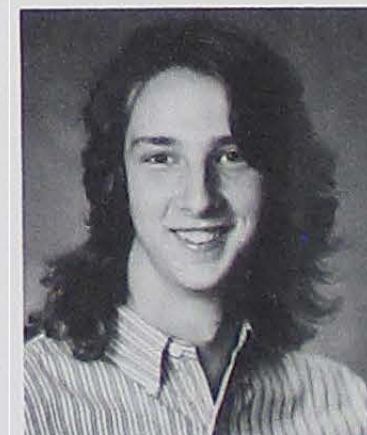
Nathan Grebush: Football 9, 10, 11, 12; I Ball 12. **Kevin Greisch:** I Ball 9, 10, 11, 12; Soccer 9, 10; Marching Band 9. **Brandee Griffin. Scott Groat:** Airbands 11, 12; Freshman Band; DECA 12.



Shay Grundmann: Basketball 9, 10, 11, 12; Track 9, 10, 11, 12; Cross Country 9, 10, 11, 12; Powderpuff 9, 10; Senior Girls' Club; Homecoming Committee 12; Ambassadors 10, 11, 12. **Scott Gunnerson:** Swimming 9, 10, 11, 12; Airbands 11, 12; Cheersquad 12; Football 10; Speech Club 12; Student Senate (Treasurer) 12; Volunteers 12. **Christine Hall:** Play Crew 10. **Chris Hampson:** Swimming 9, 10, 11, 12; Track 9, 10; Cross Country 9; I Ball 9; Student Senate 9, 10.



Jason Hanks: I Ball 12; One Acts Cast 12. **Jason Hansen:** Football 9, 10, 11; Basketball 9, 10; I Ball 11, 12; Tennis 11, 12; Baseball 9, 10, 11, 12. **Todd Hawbaker:** Play Cast 10; Play Crew 10; One Acts 10. **Cindy Rae Hawley:** Varsity Band 12; Concert Band 10, 11; Marching Band 9, 10, 11, 12; DECA 12; Key Club 11, 12; Volunteers 11, 12; Senior Girls' Club; Mock Trial 10, 11; SADD 11; Track 10; Play Cast 10; Powderpuff 11; Football, Boys' Basketball and Track Manager 9.



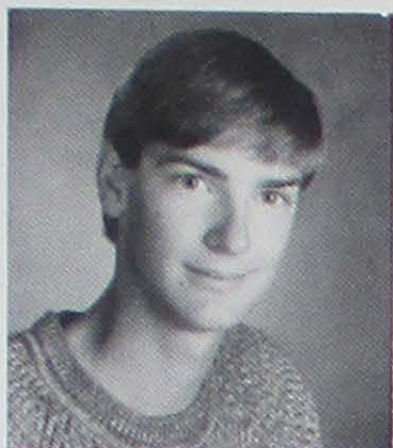
Damon Hawn: Track 11, 12; Cross Country 11, 12; I Ball 11, 12. **Claire Haws:** "Web" (Co-Editor) 12; Speech Club 11, 12; Volunteers 11, 12; HIP 11; Student Senate 10, 11; Track 9, 10; Big Sis/Lil' Sis 9, 12. **Garrett Heaton. Karen Heggen:** Student Senate 9, 10, 11, 12; "Spirit" Staff 11; Key Club 11; Ambassadors 10, 11; Girls' Basketball Manager 9; Football Trainer 12; Girls' Basketball Trainer 12; Homecoming Committee 12; Powderpuff 9, 10, 11.



Krista Heinzig.



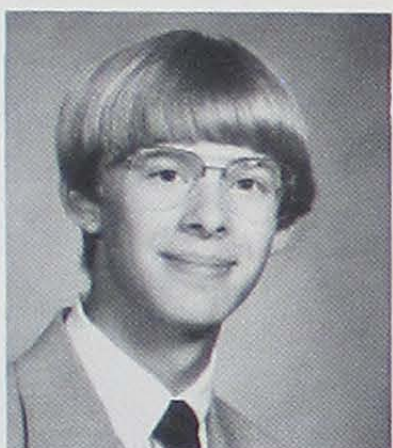
Robert Ray Hentzel: Computer Club 9, 10, 11, 12; Black History Quiz Bowl 12; "Scratch Pad" Staff 12; Student Senate 9, 11; Student Council 9; Chess Club 9; Knowledge Bowl 10, 11, 12; Academic Decathlon 12; Odyssey of the Mind 9, 10; Citizen's Bee 11, 12; Chorus 9; Debate 9.



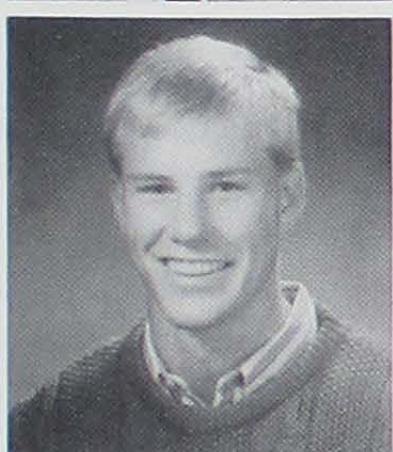
Brandon Hinderaker: I Ball 9, 10, 11, 12; Golf 12; Hockey 9; Airbands 12.



Tim Hoekstra: Orchestra 9, 10, 11, 12; Concert Chorale 11, 12; Chamber Singers 11, 12; Madrigal 11, 12; All-State Contest 12; Small/Large Group Contest 9, 10, 11, 12; Concert Choir 10; Chamber Orchestra 9, 10; "Visions" 9, 10, 11; "Paisley" 12.



Fred Hoiberg: Airbands 10; Basketball 9, 10, 11, 12; Track 9, 10, 12; Baseball 9, 10; Homecoming Court 12; Football 9, 10, 11, 12; Volunteers 12.



Elizabeth Holder: Orchestra 9, 12; Powderpuff 10, 11; Key Club 11; SADD 11; Amnesty International 11; Track 10, 11, 12; I Ball 9, 10; I V-ball 10; Ambassadors 10, 11, 12; Senior Girls' Club.



Tammy Horness: Special Olympics Volleyball, Swimming 12.



ream on



Jennie Jones

One minute you're snoring contentedly, tucked between your green flannel sheets and the next, Mr. Tramp is chasing you down Lincoln Way wearing a plaid suit, furiously waving a referral in his hand. Screaming, you sit up, take in your surroundings, and realize it was only a nightmare. 'Must've been that extra-hot picante sauce I ate at supper,' you think to yourself. Whether indigestion or not, dreams with bizarre plots were a nightly occurrence for many sleepers.

"The night I saw 'Silence of the Lambs' I dreamt the killer-guy was my dad. He killed and ate my brother and then tortured and ate my cat in front of me. I couldn't sleep at all after that," sophomore Kristi Heiberger said.

Events from the day often turned up in dreams, as did different people who, for some reason, stuck in the dreamer's subconscious.

"I have dreams about people I see in the halls at school but have never talked to before. I see them the next day and want to go up and say 'hi', but I don't because they have no idea that they were in my dream," senior Vicki Tsai said.

Most dreamers had different visions every night. But some stu-

taking a break from her homework, junior Janel Crow sleeps on her couch. Naps were often necessary to make it through the homework that managed to pile up. (Photo by Aaron Jones)

dents found the same dream recurring to them night after night.

"Three or four times throughout high school I've dreamt that I was somewhere cold with ice all around me and people are watching me from a distance. Then I look at my reflection in the ice and start falling and falling while all the people sit and watch. Then I wake up yelling," junior Jason Burris said.

Dreams in which they were falling or being chased left many students feeling that they couldn't control their dreams even though it was their own subconscious producing the images. Others, however, felt they had some power over their dreams.

"Sometimes I can control my dreams. It's like my subconscious kicks in and says 'let's have some fun'," freshman Tom Pepper said.

Whether you commanded your dreams, or they you, dreams at least provided interesting topics of discussion the morning after, especially while you were sitting in the attendance office after receiving a summons from Mr. Tramp.

Brian Hostetter: Tennis 11, 12; I Ball 10, 11, 12; IV-ball 12. **Peg Hrabak.** **Connie Hsu:** "Scratch Pad" 9, (Co-Editor) 11, 12; Mock Trial 9, 10, (Co-Editor) 11, 12; "Spirit" Staff 9, 10; Model U.N. 10, 11, 12; Amnesty International 11, 12; Student Advisory Committee 10, 11, 12; Environmental Committee 11, 12; Volunteers 11, 12; Key Club 11, 12; "Visions" 10, 11; "Paisley" 12; Concert Band 10; Marching Band 10; Senate 9, 10, 11; Ambassador Leadership Program 11, 12; Student Review Board 10. **Suzi Hunger:** Track 9, 10, 11, 12; Cadet Teaching 12; "Visions" 10, 11; "Paisley" 12; Terpsichore 10, 11, (Choreographer) 12; Airbands 12; Powderpuff 10, 11; Volunteers 10, 11, 12; Key Club 11, 12; SADD 11, 12; Marching Band 9, 10, 11; Concert Band 9, 10, 11.

Christie Hunt: Volleyball 9, 10, 11, 12; Basketball 9, 10, 11; Track 9, 10, 11; Senate 9, 10, 11; Ambassadors 11, 12; Volunteers 11, 12; Homecoming Committee 12; Senior Girls' Club; Homecoming Court 12. **Dawn Hunter.** **Wyn Huntington:** Freshman Choir; Concert Choir 10; Small Group Vocal 9, 10; Amnesty International 11, 12; Terpsichore 12; Track 9; Ambassadors 11, 12; Environmental Committee 11, 12; "Visions" 11; "Paisley" 12; Powderpuff 9, 10. **Bennett Jackson:** Thespians 10, 11, 12; Academic Decathlon 12; Swimming 9, 10; I Ball 12; Odyssey of the Mind 9; Play Cast 9, 10, 11, 12; Play Crew 9, 10, 11, 12; One Acts Cast 10, 11; Varsity Band 10; Concert Band 11, 12; Marching Band 9, 10, 11, 12; Jazz Band 9, 11, 12; Pep Band 9, 12.

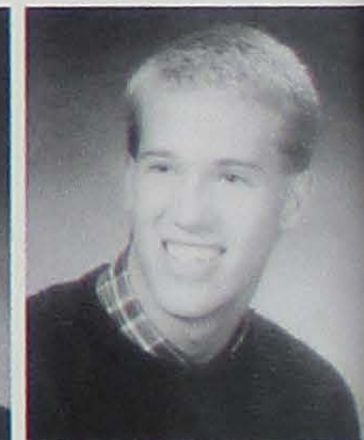
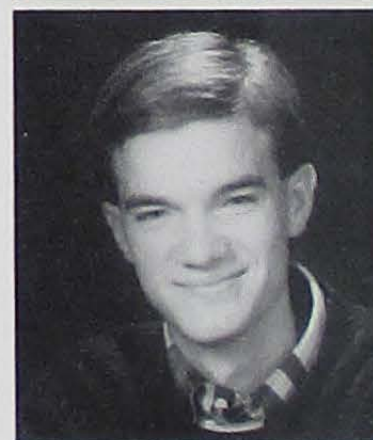
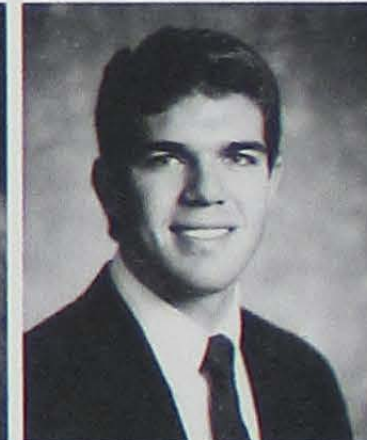
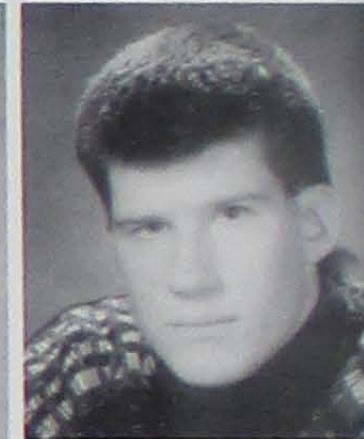
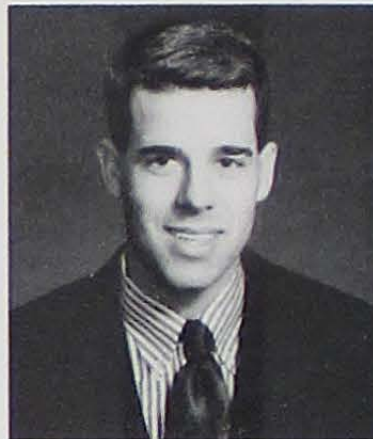
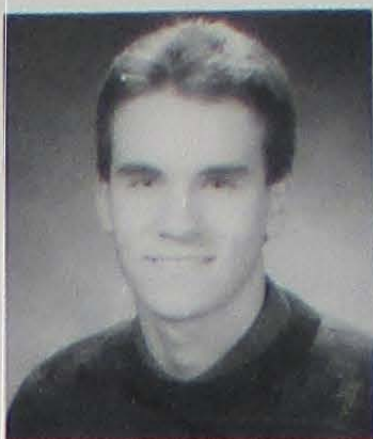
Kara James: Concert Band 11, 12; Varsity Band 10; Marching Band 9, 10, 11, 12; Pep Band 9, 10, 11, 12; Jazz Band 9; Orchestra 11, 12; Terpsichore 9, 11, 12; Track 9, 10, 11; Madrigal 11; I V-ball 10. **Jay Johnson:** Football 9, 10, 11, 12; Baseball 9, 10, 11, 12; Basketball 9, 10, 11; Key Club 10, 11, 12; I Ball 12. **Mike Johnson:** Track 11, 12; Cross Country 11, 12; I Ball 9, 10, 11, 12; DECA 12; Marching Band 9, 10; Varsity Band 9, 10; Stage Band 9, 10. **Solveig Johnson:** Orchestra 10, 11, 12; Concert Choir 10; Concert Chorale 11, 12; Chamber Singers 11, 12; Madrigal 11, 12; Airbands 12; Treble Choir 12; Play Cast 10; Play Crew 10; One Acts 10.

Samuel L. Johnston: Tennis 9, 10, 11, 12; I Ball 10, 11; I V-ball 11, 12; Marching Band 9, 10, 11; Concert Band 9, 10, 11; Jazz Band 9, 11; Key Club 10, 11. **Jennifer D. Jones:** "Spirit" Staff 10, 11, (Editor-in-Chief) 12; Student Council 10, 11, 12; "Web" 11, 12; Homecoming Court 12; Spanish Competition 11, 12; Softball 9, 10; Basketball 9, 10; Powderpuff 9, 10; HIP 10, 11; District Strategic Planning Committee 11, 12; Big Sis/Lil' Sis 9, 12; Mini Grant Review Committee 11, 12; Student Senate 9, 10, 11, (President) 12. **David Marshall Jurgens:** Student Senate 9; Swimming 9, 10, 11, 12; Pep Band 9, 10; Airbands 12; Thespians 12; Play Cast 11, 12; Play Crews 11, 12. **Rob Kain:** Basketball 9, 10, 11, 12; Marching Band 9.

Bill Kannel: Soccer 9, 10, 11; Swimming 10; I Ball 9, 10, 11, 12. **Jennifer Kellen:** Softball 9, 10; Volleyball 9, 10, 11, 12; Basketball 9, 10, 11; Student Senate 10; Ambassadors 9, 10, 11, 12; Big Sis/Lil' Sis 9, 11, 12; Volunteers 11, 12; Student Council Tri-President 12; Homecoming Court 12; "Web" 12. **Sean Kenealy:** Football 9, 10, 11, 12; Wrestling 9, 10, 12. **Staci Michelle Kepley:** Powderpuff 9, 10, 11; Student Senate (Secretary) 9, 10, 11, 12; Cheersquad 9, 10, 11, 12; Terpsichore 9, 10, (Choreographer) 11, 12; Track 9, 10; Boys' Basketball Manager 10, 11; Homecoming Committee 12; Senior Girls' Club.

Mike Ketelsen: I Ball 9, 10, 12; Golf 11, 12. **Angie Kim:** Accompanist 9, 10, 11, 12; Freshman Choir; Concert Choir 10; Concert Chorale 11, 12; Speech Club 10; SADD (President) 11, 12; Key Club 11, 12; Tennis 10; Student Senate 10, 11, 12; Ambassador 9, 10, 11, 12; Homecoming Committee 12; Senior Girls' Club; Human Relations Committee 11, 12. **Frank Klaus:** Hockey 9, 10, 11, 12; I Ball 9, 10. **Nathan Koch:** "Web" 12; Volunteers 12; I V-ball 12; Basketball 9, 10, 11, 12; Track 11, 12; Baseball 9, 10, 12; Football 9, 10.

Christina Langert. **Brad Lanxon:** Marching Band 9, 10, 11, 12; Concert Band 9, 10, 11, 12; Pep Band 9, 10, 11, 12; Jazz Band 9, 10, 11; Soccer 10, 11, 12; I V-ball 9, 10, 11, 12; All-State Contest 11, 12. **Arne Kollmer.** **Amy Larson:** Spanish Tutor.



Wittin' the road



Jenni LaVille

No movies to go screen. No games for cheering. No parties to mingle with friends. When Ames began hitting students with a boring stick, they took action by getting out.

Roadtrips provided students with many new, more appealing options. Whether cruising to Boone or Kansas City, driving to another place "just because" proved that getting there, and the drive home, was half the fun.

"While driving home from the state championship, we got lost. So we were looking for signs and we saw a banner saying 'Happy Birthday Travis!' so we stopped and went in to help them celebrate," sophomore Jud Horras said.

Roadtrips also gave students a chance to be on their own. But some students got very frustrated with their companions after being in the car with them for a day.

"On our way back from shopping in Des Moines, me and one of my friends got into a humongous argument. Then there was a total tension breaker because the hubcap went flying off the car into the other lane, hitting another car," senior JaTam Godwin said.

After checking out the Luther campus, senior Sarah Uhlenhopp rolls up her sleeping bag before heading back home. Lots of seniors road-tripped to check out college campuses. (Photo by Julia Ford)

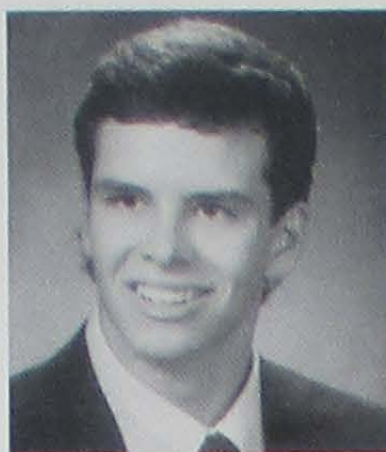
Another setback for road trippers could arise if students were less than talented with a map.

"During the summer, me and my friends were trying to get to Missouri. We had no idea where we were until we saw a sign that we were in Des Moines. Finally we found the border, crossed it, and bought some fireworks. Then on the way back it was the exact same thing over again. I think we were on every highway or interstate in Iowa," freshman Katie Purdy said.

The highway aspect of road trips could be very boring. But when there was a purpose, most students were motivated to go.

"It sucked that one of my friends moved away, because I found myself cruising the interstate just to see him for the day," junior Joel Reynoldson said.

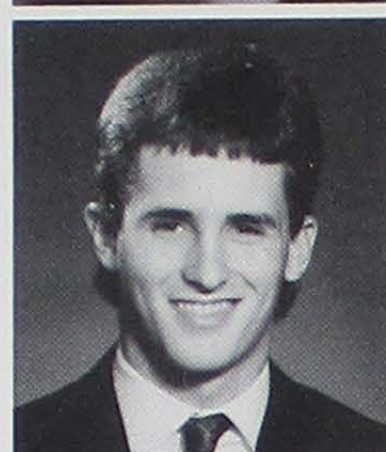
After these missions were accomplished, most students were glad to be back home. But they could never be too sure when they'd feel the need to go on the road again.



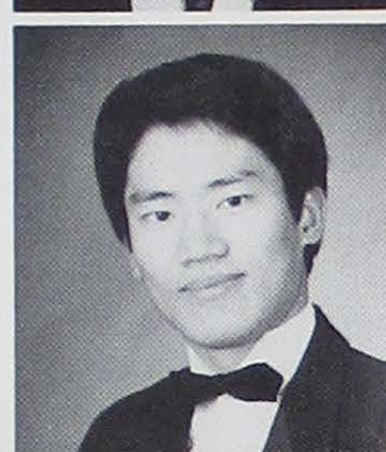
Scott Latterell: Baseball 9, 10, 11, 12; Basketball 9, 10; I Ball 11, 12; I V-ball 12.



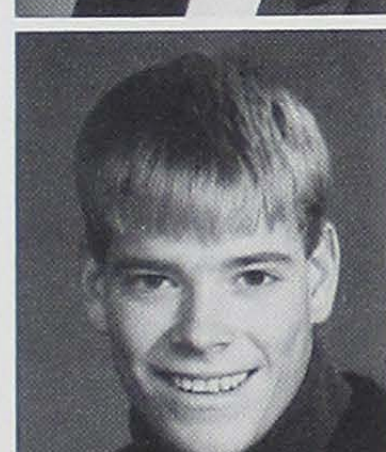
Jennifer LaVille: "Spirit" Staff 11, 12; Powderpuff 9, 10, 11; Ambassadors 11; Volunteers 11, 12; I Ball 9, 10, 11, 12; I V-ball 9, 10, 11, 12; Small Group Vocal 9, 10; Big Sis/Lil' Sis 9, 11, 12.



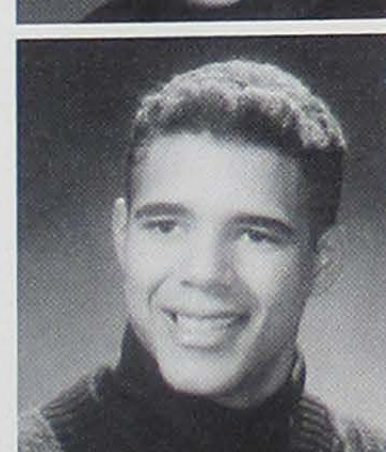
Tim Legg: Basketball 9, 10, 11, 12; Football 9, 10, 11, 12; Baseball 9, 10, 11, 12.



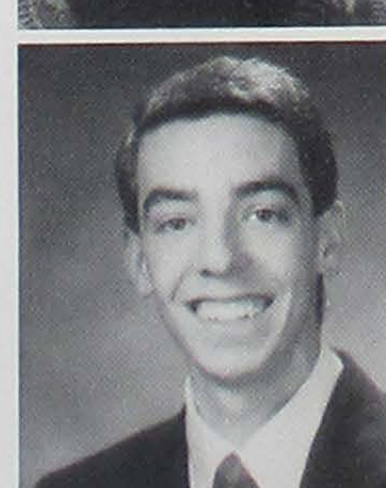
Andrew Liao: Academic Decathlon 11, 12; Mock Trial 11; Computer Club 10, 11; Soccer 11; Orchestra 12; Madrigal 12; All-State 12; I Ball 10, 11, 12; Track 12.



Brody Linder: VICA 12; Hockey 9, 10, 11, 12; Airbands 12; Baseball 9, 12; I Ball 9, 10, 11, 12; I V-ball 11; Football 9, 10, 11, 12; Student Senate 9.



Matthew T. Lippman: Hockey 9, 10, 11, 12; Track 9, 10, 11, 12; Baseball 9, 10, 11; Football 9, 10, 11, 12; I Ball 9, 10, 11, 12.



Stephen C. Litchfield: Concert Band 11, 12; Varsity Band 10, 11, 12; Pep Band 10, 11, 12; Jazz Band 11, 12; Cross Country 11, 12; Track 10; I Ball 9, 10, 11, 12; Spanish Competition 10, 11, 12; Airbands 12; Marching Band 9, 10, 11, 12; Orchestra 11, 12; All-State Contest 10, 11, 12.

Margaret Lloyd: Concert Chorale 10, 11, 12; Freshman Choir; Chamber Singers 10, 11, 12; Madrigal 10, 11, 12; All-State Choir 10, 11, 12; Speech Club 9, 10, 11 (Co-President) 12; Play Cast 10; "Paisley" 12; Student Senate 9; Student Council 9; Small Group Vocals 9, 10, 11, 12; Airbands 12.



Rosie Luft.



Karl Lundy.



Jason Madison: Soccer 9, 10, 11, 12; I Ball 9, 10, 11, 12.



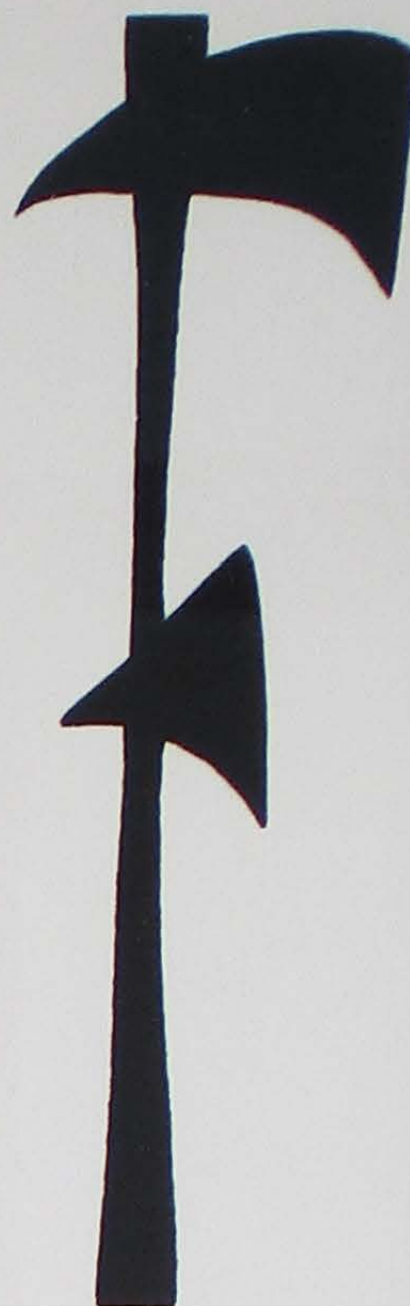
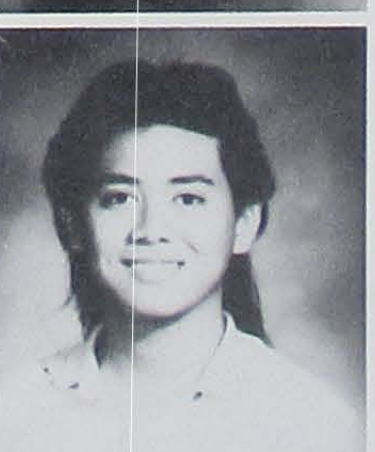
Lisa Madson: DECA 12; Powderpuff 9, 10, 11; I Ball 9, 10; I V. ball 9, 10.



Giselle Magat: "Scratch Pad" (Art Editor) 11; "Spirit" Staff (Advertising Editor) 12; Amnesty International 11, 12.



Dewantoro Mardi.



or sale



-Dawn Dean

Sales! Sales! Every time you turned around band members, cheerleaders, Senior Girls' Club, and others were selling things from pop and donuts to boxes of fruit. Some groups sold the same things year after year, and the students that had to sell it got tired of it.

Twice band students sold candy bars to raise money for a band tour. They had a second candy sale because students who had to pay their own way had to sell seven boxes of candy. Most of these students got burned out selling candy the first time and really disliked it the second time.

"I hate selling candy to people that I don't know. I can talk to people that I don't know better than selling candy to them," junior Kathy Yang said.

In the fall, chorus students sold boxes of fruit of and nuts to help pay for a tour and to buy music.

"Delivering the fruit is not pleasant, people are rude when you deliver it. They don't want to pay if it's not fresh," senior Monty Faidley said.

The Junior Senate sold AHS sweatshirts and Moose Brothers pizza coupons to raise money for prom. Then at the beginning the

Sophomore Kelly Hawley tries to decide if she wants to buy boxer shorts from sophomore Jenny Shierholz. Shierholz was on the Sophomore Senate which sold the shorts for \$14. (Photo by Jason Swift)

second quarter, all juniors were asked to go door to door to sell magazines.

"I thought it was pretty lame. They want to make money but don't want to go sell things door to door," junior Jim Meadows said.

During the week of the State Hockey Tournament in Ames, the hockey cheersquad sold State hockey apparel but got little pleasure from it.

"It's not a big thrill to sit watch people walk by and say that they had no money," sophomore Eva Andrew said.

But as much as people disliked selling things to raise money for their activities, other students disliked being approached to buy something.

"I am tired of people selling clothes at high prices, because some students can't afford to buy them," freshman Darren LaGrange said.

But regardless of personal feelings, fundraisers were a part of almost any activity.



Heather Leanne Martin: Swimming 9, 10, 11, 12; Boys' Swimming Manager 10, 11, 12; Amnesty International 11, 12; Key Club 11, 12; SADD 11, 12; Mock Trial 9; Volunteers 11, 12; Track 9. **Sherri Massey:** Special Olympics Swimming 10, 11, 12; Special Olympics Volleyball 11, 12; Choir 12. **Katie Mayfield:** Play Cast 9; One Acts Cast 9, 11; Softball 9; Chamber Singers 11, 12; Terpsichore 9, (Choreographer) 11, 12; Madrigal 11, 12; All-State Chorus 11, 12; Airbands 11, 12; "Visions" 11; "Paisley" 12. **Gerald McConnell.**

Josh McGrigg. **Jessica H. McKee:** Concert Band 9, 10, 11, 12; Marching Band 9, 10, 11, 12; Orchestra 12; Powderpuff 11; Cross Country 12; Tennis 9, 10, 11, 12; IV-ball 10; Environmental Committee 11, 12. **Chrissy Meier.** **Amy Miller:** Freshman Band; Varsity Band 10; Concert/Symphonic Band 11, 12; Track 9, 10; Volleyball 9; "Visions" 11; "Paisley" 12.

Dyan Millsaps: Freshman Choir; Concert Choir 10; Cadet Teaching 12. **Chad Moats:** Football 10, 11; I Ball 9, 10, 11, 12; Key Club 11; Football Manager 9. **Andee Moore.** **Lisa Moore:** Cheersquad 9, 10, 11, 12; Powderpuff 9, 10, 11; DECA (State Officer) 12.

George A. Morden: Student Advisory Committee 10, 11, 12; Concert Chorale 11, 12; Madrigal 12; All-State Contest 12; Small Group Vocal 9, 10, 11, 12; Concert Choir 10; Freshman Choir. **Nicki Moreland:** Cadet Teaching 12. **Fungai B. Muyengwa:** Football 9, 11, 12; Track 9, 10, 11, 12; Basketball 9, 10; I Ball 10, 12. **Aaron Nelson:** Key Club 11, 12; SADD 11, 12; Cross Country 12; Concert Band 11, 12; Orchestra 12; Marching Band 9, 10, 11, 12; Varsity Band 10; Jazz Band 9; Pep Band 9; I Ball 10, 11, 12.

Joseph Nelson: Swimming 9, 10, 11, 12; Football 9, 10; Student Council 9, 10; Student Senate 9, 10, 12; Airbands 12; I V-ball 12. **Tia Nemitz:** Powderpuff 9, 10, 11; DECA 12; Student Senate 11; Student Council 11, 12; Rules Committee 10, 11; Airbands 12; Basketball 9; Volleyball Manager 9; IV-ball 10, 11, 12; I Ball 10, 11, 12; "Spirit" Staff 11, 12; Student Review Board 11, 12; Human Relations Committee (Co Chair) 11, 12; Big Sis/Lil' Sis 9, 11, 12; Student Advisory Committee 11, 12; Senior Girls' Club; Volunteers 11, 12. **Dawn Newhouse:** Cheersquad 9, 10, 11, 12; Terpsichore 10, 11 (Choreographer) 12; DECA 12; Powderpuff 11; Marching Band 9; Jazz Band 9; Concert Band 9; Track Manager 10, 11, 12; Cross Country Manager 11. **Joseph Clark Newman:** Marching Band 9, 10, 11, 12; Concert Band 10, 11, 12; Jazz Band 9, 10, 12; Pep Band 9, 10, 11, 12; Freshman Band.

To Nguyen. **Niki Nilsen:** Volleyball 9, 10, 11, 12; Track 9, 10, 11, 12; Softball 9, 10; Marching Band 9, 10; Freshman Band; Varsity Band 10; Student Senate 11; Key Club 10; Airbands 12; Terpsichore 12; Big Sis/Lil' Sis 9, 11, 12; Volunteers 9, 10, 11, 12. **Jaime Ogbourne:** Hockey 9, 10, 11; Baseball 9. **Kimberly Dawn Oldehoeft:** Track 9, 10, 11, 12; Cheersquad 10, 11, 12; Terpsichore 9, 10, 11, 12; Homecoming Court 12; Airbands 12; Senior Girls' Club; Amnesty International 12; Student Senate 10, 11; Environmental Committee 10; Homecoming Committee 12; Sophomore Mixed Choir.

Laura Orning. **Tim Oshel.** **Scott Ottoson:** Football 9, 10, 11, 12; Basketball 9; Baseball 9, 10, 11, 12; I Ball 10, 11, 12; Volunteers 12. **Jesse Pease:** Football 9, 10, 11, 12; Track 9, 10, 11, 12; Homecoming Court 12.

Eric Peters: Wrestling 9, 10, 11, 12; Baseball 9.



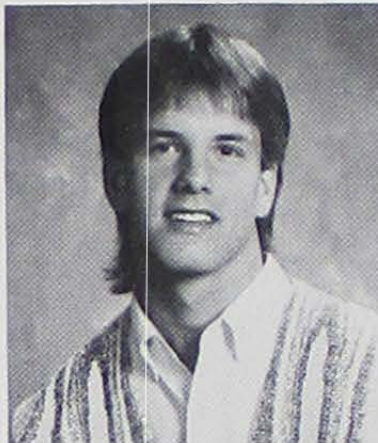
Lisa Petersohn: Ambassadors 10, 11, 12; Key Club 11, 12; Volunteers 11, 12; SADD 12; I V-ball 9.



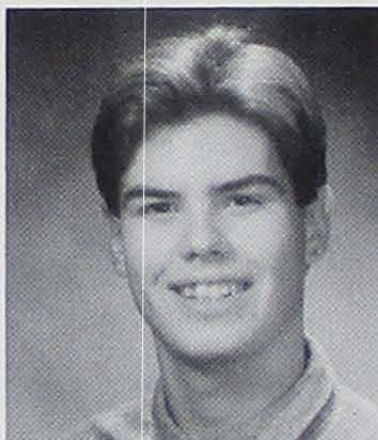
Cara Peterson.



Brian Petrus.



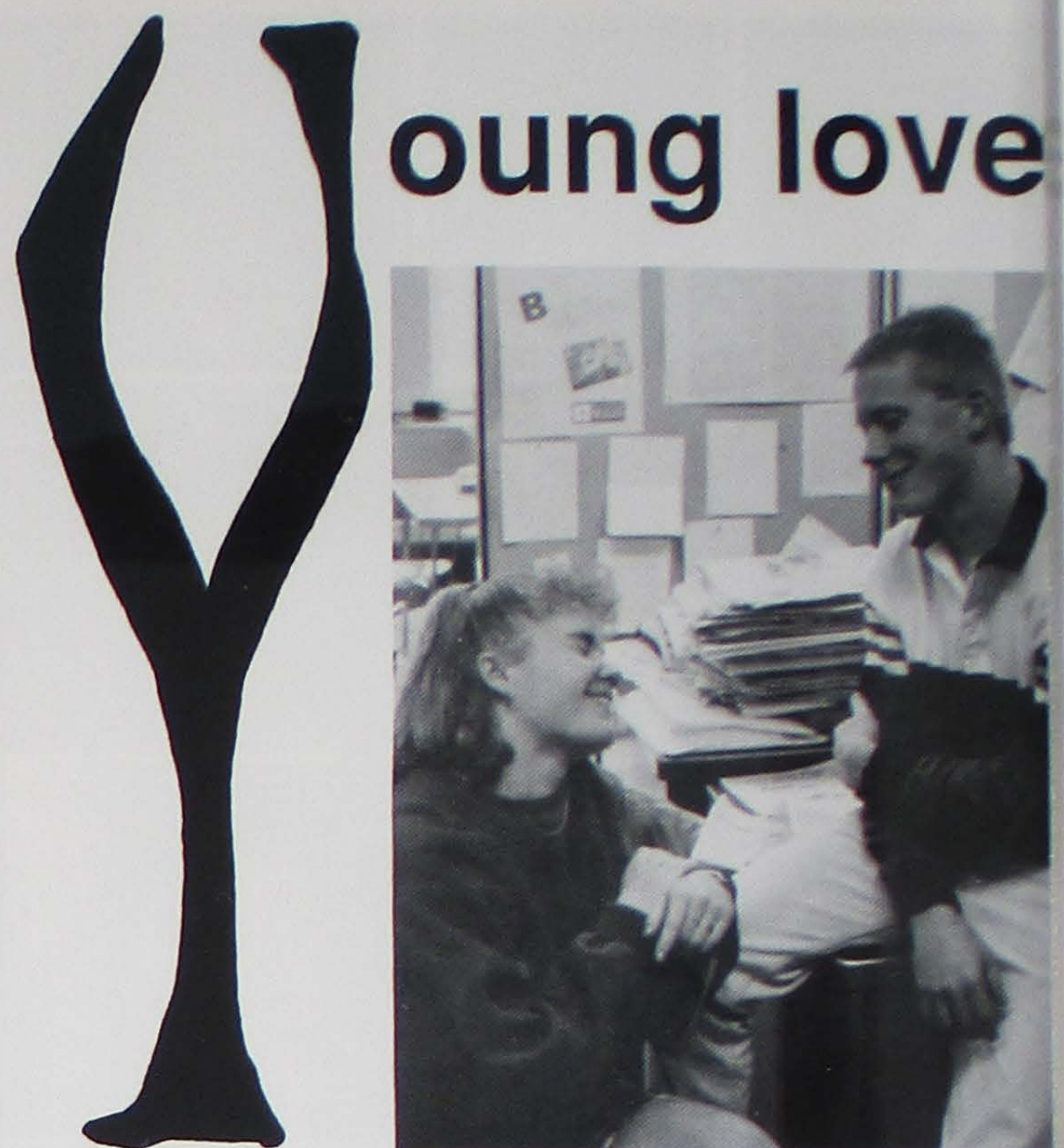
James Erik Potter: Swimming 9, 10, 11, 12; Girls' Swimming Manager 11; Airbands 12.



Andrea Powell: Cheersquad 10, 11, 12.



Nicki Praty: Cheersquad 9, 10, 11; Student Senate 9, 10, 11.



Young love

-Julia Ford

Getting into a long term relationship during high school to some was unthinkable and to others was a choice to balance friendships and a serious relationship.

"Long lasting relationships are fun as long as you're willing to rearrange priorities to accommodate him or her," senior Rachel Faltonson said.

Accommodating boyfriends or girlfriends often meant making sacrifices.

"Sometimes there's things going on with your friends and my boyfriend and I want to do both, it's really hard to balance out your time and make a choice between the two," sophomore Asheley Holscher said.

Having to make a choice was one of the complications students found in serious relationships.

"I really advise to stay away from long term relationships, they get way too complicated," junior Ashley Myers said. "You have a lot of expectations that aren't always met and it gets way too serious."

Getting too serious was something some students worried about.

Spending time together during the school day, sophomores Leigh Ann Powell and Scott Gabrielson talk about the day's events. They had dated for almost two years. (Photo by Ted Deli)

"High school isn't a time to get really serious with anyone, unless you find someone you really love," freshman Duke Knapp said. "It's more fun dating a lot of people, and it also keeps you out of trouble."

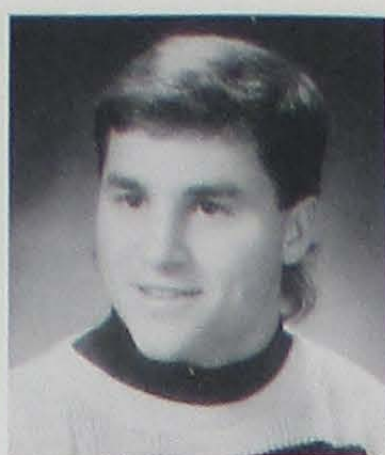
To keep people out of trouble was one reason people stayed away from long relationships.

"Long term relationships suck for young people because you need variety in life instead of one commitment," senior Sam Shearer said.

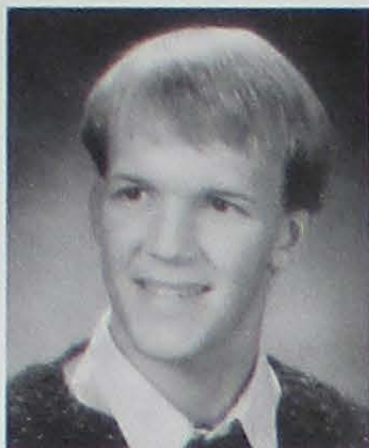
Getting variety seemed to be a common outlook for many students.

"I don't mean to slam on long relationships, but I think a little bit of variety is a necessity in my dating life," sophomore Alison Doyle said.

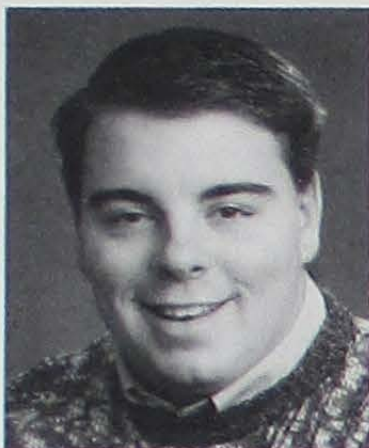
Whether it was to keep out of trouble or just for fun, students found comfort in either large numbers or a one-to-one commitment.



Dwaine Purdy. Flora Ramsey: Cross Country Manager 12; Boys' Track Manager 11; Volunteers 11, 12; Track 9, 10; Homecoming Committee 12; Powderpuff 9, 10; Concert Choir 9; Varsity Band 10, 11; Flag Corp 10, 11. **John Ramsey:** Track 9, 10, 11, 12; Cross Country 9, 10, 11, 12; Soccer 9, 10, 11; I Ball 10, 11, 12; Varsity Band 9, 10, 11; Marching Band 9, 10, 11; Jazz Band 10; SADD 11; Key Club 11. **Tim Randles:** Football 9, 10, 11, 12; Wrestling 9, 10, 11, 12; Baseball 9, 10, 11, 12.



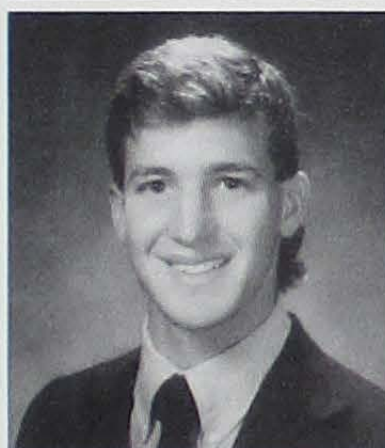
Rhonda Ratashak: Symphonic Band 12; Concert Band 10, 11; Marching Band 9, 10, 11, 12; Freshman Band; Cross Country Manager 10; Basketball 9; Track 9. **Tata Rattavongsa:** Powderpuff 9, 10, 11; I V-ball 9, 10; Cheersquad 10, 11; Terpsichore 10, (Choreographer) 12; Airbands 10, 12. **Cade Remsburg:** Concert Choir 9, 10; Play Cast 9, 10; Play Crew 9, 10; I Ball 12; Cross Country 12; Track 12. **Michelle Rice:** Special Olympics Swimming, Volleyball 9, 10, 11.



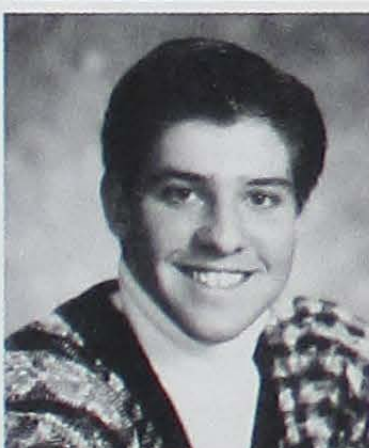
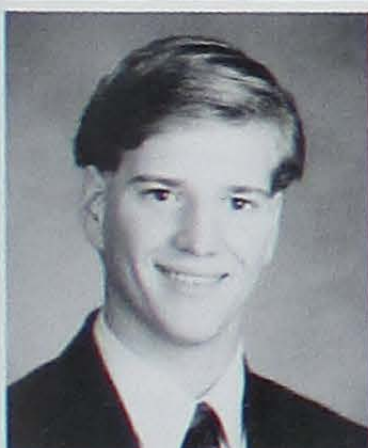
Angela Rickert. Becky Rieck: Concert Band 10, 11, 12; Marching Band 9, 10, 11, 12; Pep Band 11, 12; Orchestra 12; Track 9, 10, 11, 12; Play Crew 9, 10, 11; Play Cast 9, 10; "Paisley" 12; Senior Girls' Club; Madrigal 11. **Scott M. Rope:** Football 12; I Ball 12; Track 12; Soccer 12. **Karina Elizabeth Rosenbusch:** Marching Band 9, 10, 11, 12; Concert Band 11, 12; Symphonic Band 10, 11, 12; Jazz Band 12; Pep Band 10, 11, 12; Powderpuff 9; Swimming 10, 11, 12; Boys' Track Manager 9; "Spirit" Staff 12; Spanish Competition 11.



Stacy Salvo: Cross Country 11, 12; Track 11; Cheersquad 12; Wrestling Manager 11; Terpsichore 11; Senior Girls' Club; Key Club 12; Powderpuff 11. **Nichole A. Sartori:** Tennis 9, 10; Powderpuff 10; Play Cast 9; Play Crew 9, 10; One Acts 10, 12; Mock Trial 9; Student Senate 11; Senior Girls' Club; Volunteers 11; Boys' Cross Country Manager 11, 12; Spanish Competition 11, 12; I V-ball 10; I Ball 9; Freshman Mixed Choir 9. **Heather Schafroth:** Academic Decathlon 12; "Scratch Pad" 11, (Co-Editor) 12; Quiz Bowl 11, 12; Black History Quiz Bowl 11. **Jason Schaufenbuel:** VICA 12; Mock Trial 9, 10.



Brett Schilling: Marching Band 9, 10, 11, 12; Drum Major 11, 12; Symphonic Band 11, 12; Concert Band 11, 12; Key Club 11, 12; SADD 11, 12; Speech Club 12; I Ball 10, 11, 12; Orchestra 11, 12; Varsity Band 10; Pep Band 11. **Christy Scott:** "Web" (Editor) 12; Key Club 10, 11, 12; SADD 11, 12; "Scratch Pad" 11; Volunteers 10, 11, 12; Concert Chorale 11, 12; Big Sis/Lil' Sis 11, 12; Concert Choir 10; Freshman Choir; Small Group Vocal 10; Track 10; Volleyball Manager 10; Softball Manager 9; Marching Band 9; Freshman Band. **Stacey Seiling.** **John Seim:** Speech Club 11; Basketball 9, 10; I Ball 11, 12; Track 11; Baseball 9, 10; Football 9, 10, 11, 12; Volunteers 11, 12.



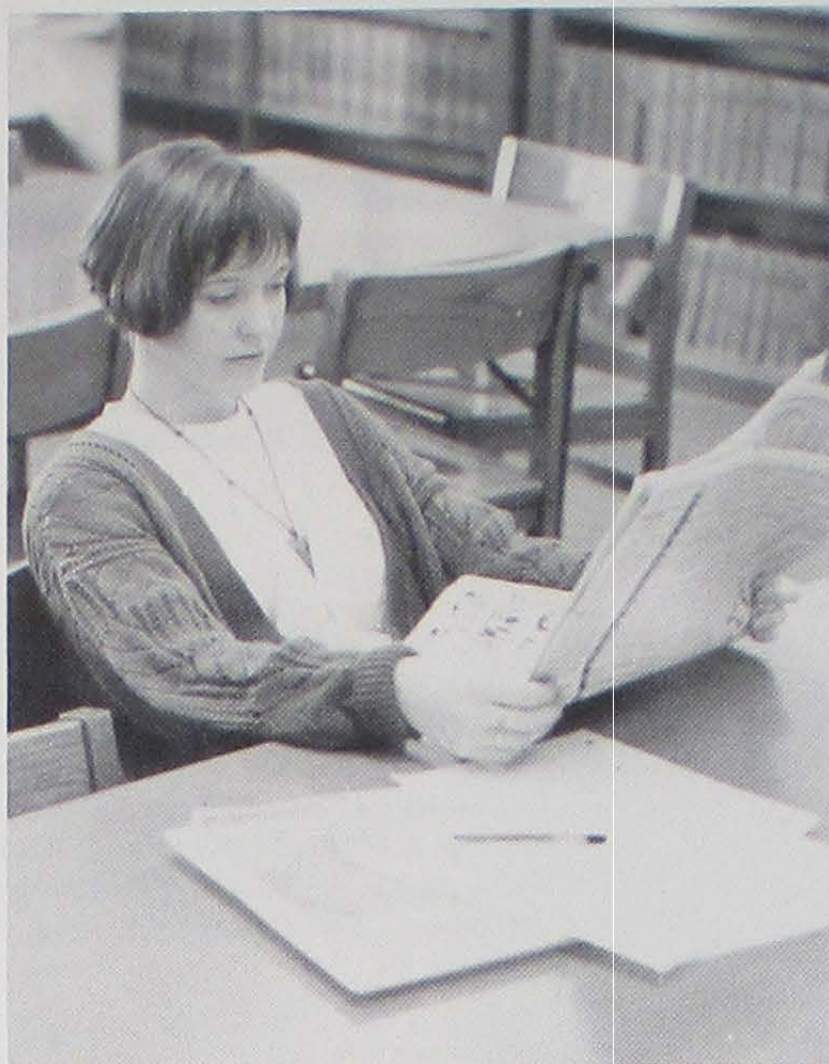
Travis Senne: Play Cast 11, 12; Thespians; One Act Director 12; Swimming; Airbands; Concert Band; Marching Band; Pep Band. **Sam Shearer:** "Spirit" Staff Design Editor 11, 12; Speech Club 11, 12; One Acts Cast 12. **Ron Shinar:** "Scratch Pad" 11, (Co-Editor) 12; Mock Trial 10, 11, 12; Model U.N. 10, 11, 12; I Ball 12; Key Club 11, 12; Chess Club 9, 10; Debate 9, 10; Computer Club 9, 10, 11; I V-ball 12; SADD 11. **Jodi Skaff:** Marching Band 9, 10, 11, 12; Concert Band 9, 10, 11, 12; Symphonic Band 11, 12; Orchestra 12; Pep Band 12; Play Cast 10; One Acts Cast 12; Play Crew 10, 12; Concert Chorale 10; All-State Contest 10, 11; Madrigal 10; Small Group Vocal 9, 10.



Amy Slater: Terpsichore 9, 10, 11, (Choreographer) 12; Madrigal 11; Freshman Band; Varsity Band 10, 11; Marching Band 9, 10, 11; Key Club 12; SADD 12. **Dax Slaughter:** Wrestling 11, 12; Cheersquad 12; I V-ball 12; Concert Band 11, 12; Key Club 12; Orchestra 11, 12; Marching Band 11, 12. **Erik Smedal.** **Kristina Lorraine Smith:** Cheersquad 9, 10, 11, 12; Terpsichore 10, 11 (Choreographer) 12; Homecoming Committee 12; Senior Girls' Club; Volunteers 11, 12; DECA 12; I V-ball 9, 10; Big Sis/Lil' Sis 9, 11, 12.



child play



-Christy Scott

With adolescence came adult responsibilities. While we strived for freedom, sometimes it was nice to kick back to childhood for an alternate form of entertainment. From Nerflocker basketball hoops to Cabbage Patch Kids doll collections, many of us were still grasping at ties from our younger years.

"(Junior) Meghan Sweet and I play Girl Talk whenever we have nothing to do on a Friday night for a change of pace. It's for ages 5-12 so it doesn't challenge us intellectually," junior Laura Vermeer said.

While some preferred Milton Bradley games, others opted for a round of cards.

"I play UNO. It's kind of a game for all ages, and it's fun," senior Joe Nelson said.

Other card games proved entertaining.

"Slap jack has always been a good game. It doesn't have those detailed rules like bridge and rummy," sophomore Jeff Bappe said.

While card games offered an evening full of activity, early morning cartoons and newspaper comics were also popular.

"I watch Tiny Toons every

Relaxing in the media center during a free period, junior Katie Barnhart reads her favorite comic, "Calvin and Hobbes." Funnies and comic books provided alternatives for spending free time. (Photo by Bob Parr)

morning from 7 - 7:30 a.m. while I am getting dressed. It keeps humor alive in me all day," senior Suzi Hunger said.

"Far Side is funny if I understand them. Normally I have to have people explain them to me. The funniest one I've ever seen is one where this crisis clinic is on fire and it's falling down a waterfall. I just laugh when I think of that," senior Kristin Girard said.

Another popular reminder of childhood were doll collections.

"I have five Cabbage Patch kids. I used to play with them all the time, but now they just sit on the shelf. They're still a reminder of being a kid," freshman Jenn Scott said.

"I have dolls from all over the world that my grandma gives me," senior Jami Stiles.

Board games, cartoons, comics and dolls all provided a little fun and a lot of memories, and sometimes a needed break from growing up.



April Soden.



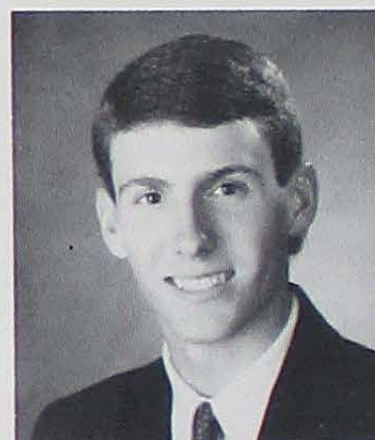
Sarah Spear: Senior Girls' Club, Homecoming Committee, I Ball 9, 10, 11; DECA 12; I V-ball 9; Powderpuff 10.



Rachel Stansbery: Band 9, 10, 11, 12; Mock Trial 9, 10, 11, 12; Model U.N. 10, 11, 12; Amnesty International 11, 12; Pep Band 12; 'Visions' 11; Student Advisory Committee 10, 11, 12; Student Senate 10, 11.



Jolene Steininger.



Matt Stevermer: Cross Country 9, 10, 11, 12; Basketball 9; I Ball 10, 11, 12; I V-ball 12; Track 9, 10, 11, 12.



Jami Stiles: Powderpuff 9, 10; Student Senate 9, 10, 11, 12; Student Council 9, 10, 11, 12; Homecoming Committee 12; Senior Girls' Club (President); I Ball 12; Basketball 9, 10, 11; Cross Country 9, 10, 11, 12; Track 9, 10, 11, 12; Airbands 9.



Nicole Stocks: DECA 12; Terpsichore 11; Big Sis/Lil' Sis 11, 12; Cross Country Manager 10; Airbands 11; "Spirit" Staff 11, 12.



Jeremy Stone. Jason Stutzman: Soccer 9, 10, 11; I Ball 10, 11, 12; Student Advisory Committee 10, 11. **Scott Andrew Sundstrom:** Speech Club (Co-President) 11, 12; Swimming 10, 11, 12; Student Senate 10; Spanish Competition 11, 12; Tennis 11; Cheersquad 12; I Ball 9, 10, 11; Airbands 11, 12; Quiz Bowl 12. **Susan Taylor:** Concert Band 10; Marching Band 10, 11, 12; Concert Choir 10, 11; Concert Chorale 12; Freshman Choir; Small Group Vocal 10, 11; Madrigal 11, 12; Play Crew 10; Flag Corps 10, 11, 12; Track 11, 12; Play Cast 10; Ambassadors 10, 11, 12; Volunteers 9, 10, 11, 12.

Melyssa Thomas. Colista Thompson. Holly Jean Thorson: DECA 12; Powderpuff 11; Track 9, 10; Cross Country 10; Basketball 9, 10. **Jonathan Ticku:** Soccer 11; I Ball 10, 11, 12; I V-ball 12.

Corbett Toomsen: Wrestling 9, 10, 11, 12; Cross Country 9, 10, 11; Track 9, 10; I V-ball 12. **Mary Trahanovsky:** Gymnastics 9; Terpsichore 10, (Choreographer) 12; Thespians 10, 11, (President) 12; "Visions" 9, 10, 11; "Paisley" 12; One-Acts Cast 10, 11, 12; One-Acts Director 12; Play Cast 9, 10, 11, 12; Play Crew 9, 10, 11, 12. **Anjali A. Trivedi:** Play Cast 9, 10, 11, 12; Play Crew 9, 10, 11, 12; One-Acts Director 12; One-Acts Cast 10, 11; Thespians 10, 11, 12; Small Group Vocal 10; I V-ball 9, 10; Powderpuff 9, 10; Airbands 11; Concert Choir 9, 10. **Mira Trivedi:** Thespians 10, 11, 12; I V-ball 10, 11; Concert Choir 9, 10; Volunteers 11; Play Cast 9, 10; Play Crew 9, 10, 11, 12.

Vicki Tsai: Band 9, 10, 11, 12; All-State Band 11, 12; Model U.N. 10, 11; Amnesty International 11, 12; "Scratch Pad" 10; Play Crew 10, 12; Student Senate 10, 11; Orchestra 11, 12; Key Club 10; "Paisley" 12; I V-ball 10; Jazz Band 9; Freshman Choir; Volunteers 11. **Donna K. Tweet:** DECA 12. **Amy Tyler:** DECA 12. **Sarah Uhlenhopp:** Volleyball 9, 10, 11, 12; Tri-President 12; Volunteers 11, 12; Homecoming Committee 12; Student Senate 9, 10, 11, 12; Student Council 12; Speech Club 11, 12; Terpsichore 12; I Ball 11, 12; Ambassadors 10, 11, 12; Senior Girls' Club; Homecoming Queen; Freshman Choir; All-State Contest 9; Softball 9, 10; Rules Committee 12.

Sarah Van Deusen: Terpsichore 12. **John Vander Gaast:** I Ball 12; Swimming 9, 10, 11; Football 11, 12. **Katherine Vaughan:** Concert Choir 10, 11; Treble Choir 12; Madrigal 12; Play Crew 12. **Melissa Vennard:** Softball 11, 12; Powderpuff 10.

Brandy Walker: SADD 11, 12; Key Club 9, 10, 11, 12; Senior Girls' Club; Terpsichore 12; Basketball 10; Volunteers 11, 12; Track 10, 12; Manager/Trainer 9; Marching Band 9; Concert Band 9; Powderpuff 9. **Julie Wengert:** Swimming 9, 10, 11, 12; Powderpuff 9; SADD 11, 12. **Mark Wessman:** Football Trainer 9, 10, 11, 12; Basketball Trainer 10, 11, 12; Track Trainer 10, 11, 12; I Ball 10, 11, 12; Key Club 11. **Addie West.**

Chad West: Baseball 9, 10, 11, 12; Swimming 9, 10, 11, 12; Track 9; Golf 9, 10; Airbands 11, 12; I Ball 10, 11, 12. **Mary Whaley. Anya Whigham:** Volleyball 9, 10, 11, 12; Track 9, 10, 11, 12; Senior Girls' Club (Co-President); Terpsichore 11, (Choreographer) 12; Basketball 9, 10; Concert Chorale 11, 12; Concert Choir 10; Accompanist 10. **Lisa Willadsen.**

Team effort



Matt Willard: Play Crew 9, 10, 11, 12; Play Casts 9, 10, 11, 12; One Acts 12; Academic Decathlon 12; "Scratch Pad" (Art Editor) 12; Track 9, 10, 11, 12; Cross Country 10, 11, 12. **Chris Wilson. Danny Wilson:** Tennis 9, 10, 11, 12; I Ball 10, 11, 12; Football 9, 10, 11, 12; Student Council 9, 10, 11, 12; Student Senate 9, 10, 11, 12; Volunteers 10, 11; Senior Class Tri-President. **Tate Womack:** Football 9, 10, 11, 12; Track 9, 10, 11; I Ball 9, 10, 11, 12.

Catherine Woodman: One Acts Cast 10, 11; One Acts Director 12; Track 9, 10; Mock Trial 9; Freshman Band, Varsity Band, Marching Band; Orchestra 9, 10, 11, 12; "Paisley" 12; Play Cast 9, 10, 11, 12; Play Crew 9, 10, 11, 12; Airbands 11, 12; Thespians 9, 10, 11, 12; Powderpuff 10. **Lin Xia:** Amnesty International 11, 12; Model UN 12; "Scratch Pad" 11; Key Club 12; SADD 12. **Connie Yi:** Track 9.

-Scott Whiteford

"Ask not what your team can do for you, but what you can do for your team." Students that were in activities knew how important it was to support their team even if they did not play much when game time rolled around. They also knew how time consuming sports could be.

Every day after school for two or three hours, they practiced along with their teammates, and during games, they cheered them on even when they didn't see much action. Although their playing time was limited, the bench warmers always returned the next day for another tough practice.

"I just like to be part of the team, even though sometimes I got frustrated by sitting on the bench all the time. I didn't understand why the coaches didn't schedule more JV games," junior Neena Paul said.

Knowing they would not see much action during the game did not matter to some athletes, a few people went out for sports just to stay in shape.

"I went out for cross country to

Cheering on their teammates, juniors Bryce Freeman and Ryan Carver watch closely as they await their turn to play. (Photo by Aaron Jones)

keep in shape for baseball. I didn't mind running long distances and I had fun, so it didn't matter to me if I ran varsity or not," sophomore Mark Gyllstrom said.

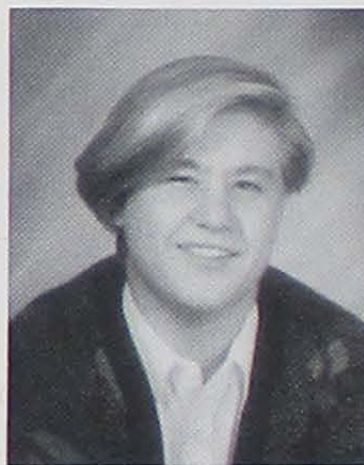
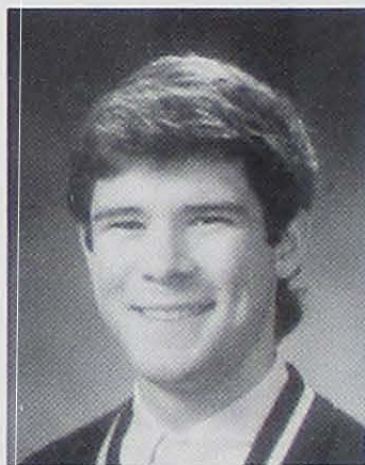
Even though many players knew that varsity playing time would be limited, they chose to go out because of the team aspect of the sport.

"I knew that I wouldn't get to play much, partly because I didn't go out my junior year. This year I wanted to be part of the team spirit and the atmosphere of football," senior Lenny Keltner said.

Some students needed to gain experience, so they didn't mind their lack of playing time and in some cases preferred it.

"I think it was good for me to be on the bench; I didn't get to play much, but just from watching the games and knowing how the coach reacted I was able to learn a lot more than I would have from not being on the varsity team at all," freshman Susie McGee said. McGee suited up and played in a few varsity games toward the end of the season.

With such attitudes, the team members' confidence and skills were improved. And throughout the seasons, benchwarmers had fun and gained experience while cheering their teammates on.



PICTURED

David Abelson
Vaseem Baig
Jay Carpenter
Heather Cline
Sarah Cotton
Radha Dahiya
Om Devrajani
Brad Eldridge
Sean El-Hout
Linda Erickson
Tamara Ford
Beverly Gardner
Juvilyn Hager
Krista Handeland
Cary Heggen
Matthew Hill
Donald Huber
Leonard Keltner
Gary Knapp

Kurt Lakin
Tuan Larson
Dragus Lawson
Matt Lewis
Tammy Lindsey
Cynthia Long
Yinan Ni
James Nicholson
Chris Ollila
Charles Puffer
Daniel Roe
William Seliger
Jess Smith
Angela Sorensen
Punto Sugiri
Natasha Terrones
Chris Van Auken
Terry Vickery, Jr.
Cam Vu

Awards

ACADEMICS

Presidential Academic Fitness Award

George Applequist, Sumit Basu, Sonya Bibilos, Bob Black, David Bovee, Janel Brakke, Jolyn Brakke, John Brunscheon, Breann Bruton, Janea Carter, Christine Chen, Noreen Chowdhery, Angie Cline, Michelle Dietz, Elizabeth Dinsmore, Monty Faidley, Rachel Faltonson, Beth Fatland, Carleton Forsling, Kevin Frette, Peter Fretz, Nupur Ghoshal, Alicia Gilley, Christine Hall, Jason Hansen, Karen Heggen, Krista Heinzig, Robert Hentzel, Tim Hoekstra, Elizabeth Holder, Connie Hsu, Ben Jackson, Kara James, Jay Johnson, Samuel Johnston, Jennifer Jones, Bill Kannel, Sean Kenealy, Staci Kepley, Angie Kim, Bradley Lanxon, Andrew Liao, Steve Litchfield, Margaret Lloyd, Heather Martin, Jessica McKee, Dyan Millsaps, George Morden, Aaron Nelson, Joe Nelson, Yinan Ni, Kim Oldehoeft, Jesse Pease, Lisa Petersohn, John Ramsey, Rhonda Ratashak, Rebecca Rieck, Nichole Sartori, Heather Schafroth, Brett Schilling, John Seim, Ron Shinar, Amy Slater, Dax Slaughter, Erik Smedal, Kristina Smith, Sarah Spear, Rachel Stansbery, Scott Sundstrom, Melyssa Thomas, Vicki Tsai, Donna Tweet, Sarah Uhlenhopp, Brandy Walker, Anya Whigham, Matt Willard, Catherine

Woodman, Lin Xia

National Merit Commended Students

George Applequist, Christine Chen, Michael Corones, Michelle Dietz, Elizabeth Dinsmore, Jennifer Jones, Bradley Lanxon, Karl Lundy, Jessica McKee, Mary Trahanovsky, Catherine Woodman

National Merit Scholarship Semifinalist

Brian Allen

National Merit Scholarship Finalists

Sumit Basu, Heather Schafroth

1991 Presidential Scholar

Sumit Basu

State of Iowa Scholars

George Applequist, Sumit Basu, Sonya Bibilos, Jolyn Brakke, Noreen Chowdhery, Michelle Dietz, Beth Dinsmore, Peter Fretz, Nupur Ghoshal, Robert Hentzel, Connie Hsu, Jennifer Jones, Brett Schilling, John Seim, Ron Shinar, Rachel Stansbery, Scott Sundstrom, Vicki Tsai, Lin Xia

Tandy Technology Academic Top Two Percent Award

Sumit Basu, Robert Hentzel, Heather Schafroth, Ron Shinar, Vicki Tsai, Lin Xia

Des Moines Register Iowa Academic All-State Team member

Heather Schafroth

-Continued on Page 208



In recognition of her kind and thoughtful treatment of her classmates, senior Breann Bruton receives a certificate proclaiming her as one of the winners of the Ames Bar Association's Good Citizenship Award. Seniors Sumit Basu, Jay Johnson and Rachel Stansbery were also recipients of this annual award. (Photo by Jason Swift)

Continued from Page 207
Tandy Technology Outstanding Student Award
 Robert Hentzel

ART

"Scratch Pad" Art Award
 Mark Okiishi, Jesse Pease, Nathan Skank
First National Bank Art Award
 Sonya Bibilos, Tammy Gibb, Tuan Larson, Chad West
Frank Miller Scholarship in Art
 Bill Kannel, Cara Peterson
National Art Scholastics Gold Medal Plaque
 Bill Kannel
Jeffery Brown Memorial Photography Award
 Lisa Moore, Mary Trahanovsky, Catherine Woodman
David Burton Stone Memorial Art Award
 Hubert DuChene, Jesse Pease, Nicki Praty
National Congressional Arts Search
 Susan Taylor

CITIZENSHIP/LEADERSHIP

Ames Bar Association Good Citizenship Award
 Sumit Basu, Breann Bruton, Jay Johnson, Rachel Stansbery
Chi Chi Rodriguez Scholarship
 Sean Bakken
Clarke Classic Gold Scholarship
 Sean Bakken

Triple T, Chapter O Scholarship
 Elizabeth Holder
Tylenol Scholarship
 Sumit Basu
Tylenol Leadership Award
 Nupur Ghoshal
1991 Iowa's Young Woman of the Year (winner of talent and interview portion)
 Angie Kim
VFW Voice of Democracy Oration Contest District Winner
 Connie Hsu
Century III Scholarship
 Nupur Ghoshal
Beta Tau Delta Scholarship
 Karen Heggen, Mike Johnson, Staci Kepley
Alpha Delta Kappa Scholarship
 Jami Stiles
Lt. Robert Duane Peterson Scholarship
 Steve Litchfield, John Ramsey
United Methodist Foundation Scholarship
 Matthew Converse
Herb Tschopp Memorial Scholarship
 Noreen Chowdhery
Brent Anderson Memorial Scholarship
 Beth Dinsmore
Rensselaer Medal
 Andy Glatz
Governor's Leadership Award
 Nupur Ghoshal
Pat Dale Award
 Shay Grundmann

Brayton Family Scholarship
 Dyan Millsaps
Bernie Saggau Award
 Jesse Pease
Hugh O'Brien Youth Leadership Award
 Jana Hertz
Scott Berryhill Memorial Scholarship
 Christy Scott
National Institute of Health Fellowship Award
 Nupur Ghoshal
Wessman Scholarship
 Alicia Gilley
National Young Leaders Conference Youth Leadership Award
 Connie Hsu
Ames High Alumni Scholarship
 Jennifer Jones
Ames Education Association Scholarship
 Lisa Petersohn
AAL All-College Scholarship
 Heather Martin
Michael McNertney Memorial Scholarship
 Nupur Ghoshal
All American Award (Amateur Athletic Union/Mars Milky Way)
 Amy Slater
Universities Research Association
 Jonathan Ticku
John McMullen Dean's Scholar
 Vicki Tsai

Macalester DeWitt Wallace Distinguished Scholarship
 Heather Martin
Hanger Foundation Scholarship
 George Morden
Iowa Corps Award
 Tia Nemitz, Joy Siebert
Iowa Methodist Grant
 Kari Rosenbusch
United Methodist Foundation Scholarship
 Karl Lundy
Principal's Leadership Award
 Nupur Ghoshal
Lutheran Brotherhood Scholarship
 Krista Heinzig

DANCE

Ballet Iowa Apprenticeship
 Eric Martin
Houston Ballet School Full Tuition Scholarship
 Eric Martin
San Francisco Ballet School Full Tuition Scholarship
 Eric Martin

FOREIGN LANGUAGE

French Letter (Host Family) 1st place
 Ron Shinar
2nd Place in Iowa-National Spanish Exam
 Jennifer Moehlmann

Sweet Success



-Kristy Lakin

For most of us, when we think of awards, we think of that sixth grade baseball trophy that has been sitting on the dresser collecting dust since the day it was won. But once we reached high school, awards and scholarships brought on a new meaning; they could affect our futures.

Which scholarship some received meant where they would attend college. Senior Brett Schilling wanted to attend the University of Iowa but later decided to attend Iowa State.

"After making the decision to attend the U of I, I sent in my application for a scholarship. Although I didn't receive that scholarship, I received two from Iowa State, where I now plan to go," Schilling said.

Other students had made no decision on a college before they received their scholarship.

"At first I couldn't make a decision on which college to attend, but since one offered me financial

help it was a lot easier to make up my mind," senior Jessica DeJon said.

But awards meant more than which college some would attend; they also meant a feeling of accomplishment.

"Getting my (mathematics award showed me that what I work for, I can achieve," freshman Mar Sibbel said.

Senior Catherine Woodman felt she got the best of both worlds. Not only would her award help her in the future, but it also made her feel better about herself.

"Being chosen (as a National Merit Commended Student) gave me more confidence in myself. It can also help me get a job in the future because it will be on my resume," Woodman said.

Most worked for their award for a feeling of achievement, but there were a few who didn't seem to care much about it.

"I didn't work for the ('Scratch Pad') award, I just did it for experience," senior Katie Mayfield said.

So when you pack up your tarnished baseball trophy or the certificates you received in May of '91, don't just look at the dust; remember those feelings of accomplishment.

Many awards and scholarships were given by local businesses and clubs at the annual awards presentation. Barbara Paul presents the Ames Women's Club Scholarship to senior Michelle Dietz. (Photo by Jason Swift)

INDUSTRIAL TECHNOLOGY

Industrial Technology Award

Sumit Basu, David Bovee, Timothy Buchwald, Noreen Chowdhery, Matt Elbert, Todd Hawbaker, James Nicholson, Jaime Ogbourne, Jason Schaufenbuel, Jess Smith, Jason Stutzman
Shaffer's Auto Body Company Scholarship
 Jaime Ogbourne

MATH & SCIENCE

Mathematics Award

George Applequist, Sumit Basu, Wytan Benbow, Sarah Coats, Brad Erickson, Andy Glatz, Dan Johnston, Terrill Johnston, Scott Larson, Evan Serfass, Ron Shinar, Mark Sibbel, Chris Smith, Matt Thomas
Drake Physics Prize
 Robert Hentzel
Iowa Academy of Science
 Nupur Ghoshal
Westinghouse Science Talent Search Top 40 finalist

Nupur Ghoshal

U.S. Physics Olympics

Robert Hentzel

Iowa Academy of Science

Nupur Ghoshal

Hoechst-Celanese Chemical Engineering Scholarship

Heather Schafroth

MILITARY

University of Pennsylvania NROTC Scholarship

Carleton Forsling

U.S. Military Academy Appointment

Carleton Forsling

United States Marine Corps Distinguished Athlete Award

Jay Johnson, Anya Whigham

MUSIC

Greater Des Moines Youth Symphony Recognition

Erika Helmuth

Winner of Young Artist Competition (performed with Waterloo-Cedar Falls Symphony)

Angie Kim

Winner of Dolla Snider Pianist (for top pianist)

Angie Kim

Winner of Fort Dodge Symphony Competition
 Angie Kim

Named Outstanding Pianist 1991 (received 1 rating at State Piano Contest)

Angie Kim

Winner of Mozart Festival Competition

Angie Kim

PERFORMING ARTS

Donna Reed Performing Arts Scholarship

Margaret Lloyd

Ames Children's Theater

Margaret Lloyd

SERVICE ORGANIZATIONS

Ames Woman's Club Scholarship

Michelle Dietz

Ames Noon Kiwanis Scholarship

Brandy Walker

Ames Jaycees Scholarship

John Seim

Ames Soroptimist Club

Michelle Dietz

WRITING

"Scratch Pad" Poetry Award

Devon Alexander, Katie Mayfield, Amy Murphy

"Scratch Pad" Prose Award

Brian Allen, Tamara Andre, Sumit Basu

Iowa High School Press Association Writing Awards

Jennifer Kellen, Giselle Magat, Christy Scott

Scholastic Writing Award

Robert Hentzel

Scholastic Writing and Art Contest National Finalist

Connie Hsu

DAR Essay Contest Chapter, State and Regional Winner

Heather Martin

National Council of Teachers of English Achievement Award in Writing

Connie Hsu, Heather Schafroth

English Dept. Scholarship/Service Award

Jennifer Jones

INSTITUTIONS

Iowa State University-National Merit Scholarship

Heather Schafroth

Eastman School of Music Scholarship

Angie Kim

Iowa State University Physics Dept. Award
 Ron Shinar

Northwestern University Presidential Scholarship

Margaret Lloyd

Luther College Presidential Scholarship

Sarah Uhlenhopp

Iowa State Scholarship of Distinction

Nupur Ghoshal

College of St. Benedict's Presidential Scholarship

Krista Heinzig

NW Missouri State University Regents Scholarship

Jay Johnson, Dyan Millsaps

Macalester College Merit Scholarship

Heather Martin

Luther College Presidential Scholarship

Kara James

Iowa State University Engineering Scholarship

Alicia Gilley

Central College Distinguished Scholar

Tim Hoekstra

University of North Dakota Baseball Scholarship

Jay Johnson

Morningside Grant

Kari Rosenbusch

University of Northern Iowa Presidential Scholar

Heather Martin

Iowa State University Norman R. and Mary G. Whiting Scholarship

Krista Heinzig

Iowa State University Liberal Arts & Science Alumni Scholarship

Jolyn Brakke

Northwestern University Clayton E. Bond Grant

Sumit Basu

Northwestern University National Merit Scholarship

Sumit Basu

Iowa State University Scholarship for Excellence

Sumit Basu, Robert Hentzel, Heather Schafroth, Brett Schilling, Ron Shinar, Vicki Tsai

Iowa State Scholarship for Recognition

George Applequist, Jolyn Brakke, Michelle Dietz, John Seim, Erik Smedal

Iowa State Admission with Academic Recognition

George Applequist, Sumit Basu, Jolyn Brakke, Michelle Dietz, Nupur Ghoshal,

Robert Hentzel, Heather Schafroth, Brett Schilling, John Seim, Ron Shinar, Erik Smedal, Vicki Tsai

Iowa State Marston Club Scholarship

George Applequist

Iowa State University Biotech Scholarship

Peter Fretz, Nupur Ghoshal

Des Moines Area Community College Strive Program

Matt Brogmus, Brian Carver, Jennifer Dally, Matt Elbert, Matt Hill, Jess Smith, Jeremy Stone, Julie Wengert

University of Iowa Presidential Scholarship

Lin Xia

University of Iowa Tuition Scholarship

Steve Litchfield

Iowa State University Golf Scholarship

Janea Carter

University of Northern Iowa Baseball Scholarship

Jay Johnson

Briar Cliff College Academic Scholarship

Jessica DeJong

University of Northern Iowa Physics Scholarship

George Applequist

Morningside College Music Grant

Kari Rosenbusch

NE Missouri State Univ. President's Combined Ability Scholarship

Michelle Dietz

NE Missouri State Univ. President's Honorary Scholarship

Michelle Dietz

Simpson College Honors Scholarship

Karl Lundy

Iowa State Music Scholarship

Gerald McConnell

Grinnell College Trustee Honor Scholarship

Nupur Ghoshal, Jessica McKee

Brigham Young University Scholarship

Elizabeth Holder

Central College Foreign Language Scholarship

Jennifer Jones

Central College Presidential Scholar

Jennifer Jones

Wartburg College Regents Scholarship

Karl Lundy

Oberlin Merit Scholarship

Angie Kim

Central College Music Recognition Award

Tim Hoekstra

Iowa State University International Academic Achiever Scholarship

Yinan Ni

Iowa State University Biotech Scholarship

Peter Fretz, Nupur Ghoshal

Iowa State University Barton Morgan Scholarship

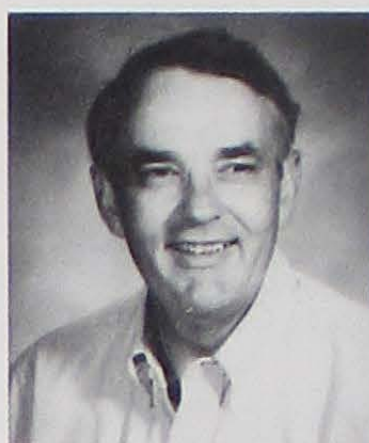
Lisa Petersohn



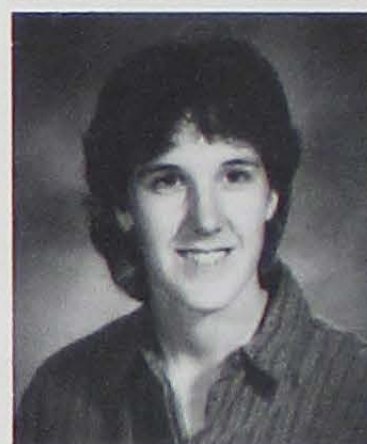
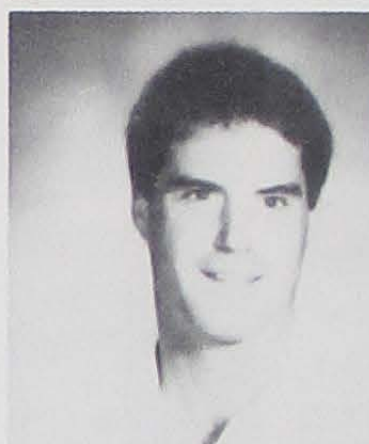
Top 10 percent. Front Row: Jessica McKee, Nupur Ghoshal, Amy Slater, Jolyn Brakke, Lin Xia, Angie Cline, Connie Hsu. **Second Row:** Christine Chen, Beth Dinsmore, Michelle Dietz, Jennie Jones, Noreen Chowdhery, Dyan Millsaps, Sonya Bibilos. **Third Row:** George Applequist, Vicki Tsai, Rachel Stansbery, Heather Martin, Heather Schafroth, Pete Fretz, Brett Schilling, Sumit Basu, Andrew Liao. **Back Row:** Rob Hentzel, Sam Johnston, John Seim, Erik Smedal, Jesse Pease, Scott Sundstrom, Ron Shinar, Carl Forsling.

Faculty

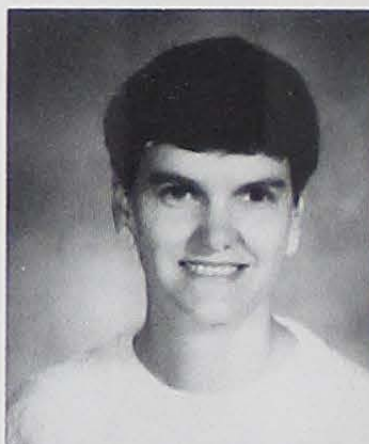
Darrill Abel: Typing, Marketing and Distributive Education, Applied Economics, DECA Sponsor. **Roger Andersen:** Instrumental Music, 9th Grade Concert Band, Marching Band Assistant. **Linda Andorf:** Special Needs. **Keith Bailey:** Physical Education, Swimming/CPR 10.



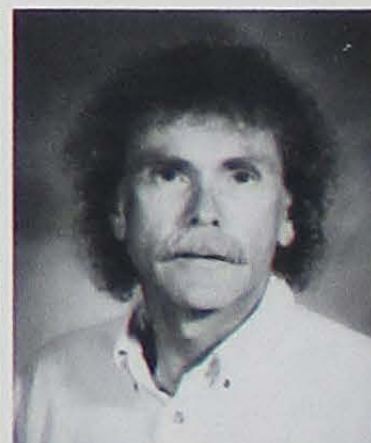
Rick Ballantine: Assistant Football Coach. **Joyce Bannantine:** William Barrett: Special Needs Teacher. **Ron Bredeson:** Formal Geometry, Algebra I, Chess Club Advisor.



Judy Brunner: Algebra 9, Applied Math. **Karen Bruton:** Project Success, Instructional Support and Orientation. **Mary Buck:** Educational Assistant-Science Department, Girls' Chaperone. **LoAnn Campbell:** Composition for the College-Bound, Survey of American Literature, Honors American Literature, American Literary Masterpieces, Writing Workshop 10, NCTE Achievement Awards in Writing Sponsor.



Keith Carlson: Survey of American Literature, AP Senior English, English 9, British Literature. **Pat Crow:** Special Education Assistant. **Kirk Daddow:** AP Western Civilization, Composition for the College-Bound, Freshman ELP, "Scratch Pad" Advisor, Head Football Coach, Academic Coordinator, Amnesty International Sponsor. **Traci DenAdel:** Special Education Assistant.



Harold Dorr: Survey of Biology, Biology. **Jim Duea:** Social Studies Vertical Chair (K-12), U.S. History, Honors U.S. History, U.S. Government, Head Girls' Track Coach, Sophomore Football Coach. **Gerald Dunn:** Biology, Physical Science I & II. **Kari Ellett:** Educational Assistant.





Doug Elliott: Food Service Assistant. **Bonnie Epstein:** Fundamentals of English, Enrichment English, Enrichment Math, Resource Room. **Don Faas:** Project Success Work Coordinator, Trade and Industrial Class and COOP Program, Auto Technology, Industrial Technology Department Coordinator, VICA Coordinator. **Elaine Faas:** Attendance Secretary.

John Forssman: English 10, Honors English 10, Writing Workshop, Honors Writing Workshop. **Betty Furr:** German I, II, III, IV, German-American Partnership Program. **Nancy Gaertner:** Trigonometry, Geometry, Analytic Geometry. **Merle Garman:** Business Law, Typing I, Business Math, Business Organization and Management.

Karlene Garn: Media Specialist. **Homer Gartz:** Instrumental Music. **Bob Gibbons:** Science Department Coordinator, Biology, Honors Biology, Boys' Tennis Coach. **Reggie Greenlaw:** Special Needs Vocational Preparation 9-10, EBCE 11-12, Language Arts 9-10, Job Sites Visitation.

oonlighting



-Julia Ford

"Ahh summer!" A time to relax and enjoy the sunshine. It has been said that the three advantages to the teaching profession are June, July and August. And while some teachers used the time to vacation and relax, others chose to work overtime.

"The three month break is a matter of survival. I don't think I could ever teach 12 months a year; you need a change of pace so you don't get stressed," teacher John Sletten said. "It also gives me a chance to coach and strengthen future Ames High runners through Parks and Recreation."

Coaching was one way teachers kept busy, but some chose a less committed activity.

"When I retired as softball coach after 23 years, I still was very interested in the sport. Being an umpire lets me be around the sport without committing so much time to it," counselor Bud Legg said. "It really gives me the best of both worlds; I get to spend time with my family as well as softball."

Some teachers made a

commitment to an outside job year round.

"I manage a warehouse all year; it gives me something to do, provides income and builds equity," teacher Keith Bailey said. "It sometimes becomes a hassle, but you make time and discipline yourself like you do everything in life."

To some teachers, working might have been a hassle, but others just enjoyed it.

"I take care of a farm and a little county; I do repairs, keep track of the wildlife and do all the maintenance," teacher Keith Carlson said. "It's a full-time occupation and it doesn't pay much, but I do it for myself. It's beautiful land and I really enjoy it."

One alternative to working during summer months was seeking more education.

"I go to Spain every summer and take classes there," Spanish teacher Terri Mickelson said. "I love being part of the atmosphere in Spain, and the more I learn through my classes and the culture, the more I can take back to my students."

Whether it was for "survival" or enjoyment, many teachers found jobs or classes outside of school to fill that extra time and keep them busy.

Art teacher Susie Petra works on one of her freelance drawings. Petra's graphics and drawings were done as a hobby and also to earn some extra money. (Photo by Bob Parr)

Joni Griffith-McNab: Adult Education Coordinator. **Dorothy Gugel:** Printmaking I, Advanced Printmaking, Art Survey, Photography I, Advanced Photography, Color Photography, Painting I, Advanced Painting, Foundations 2-Dimensional Art, Fibers I, Advanced Fibers, Department Coordinator. **Jean Hagert-Dow:** Beginning Photography, Beginning Drawing, Advanced Drawing, 2-Dimensional Art. **Marilyn Hanson:** AP Calculus (AB), Analytic Geometry, Trigonometry, General Math, Department Coordinator, Co-chair for NCA Steering Committee.



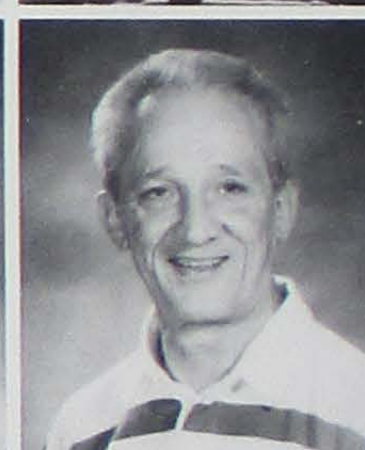
Nanci Harker: Educational Assistant. **Valerie Hensley:** Special Education Assistant. **Bev Horn:** Behavioral Disorders Teacher. **Marcia Huston:** Mental Disabilities - Vocational Preparation, English, Math, Reading, Life Skills.



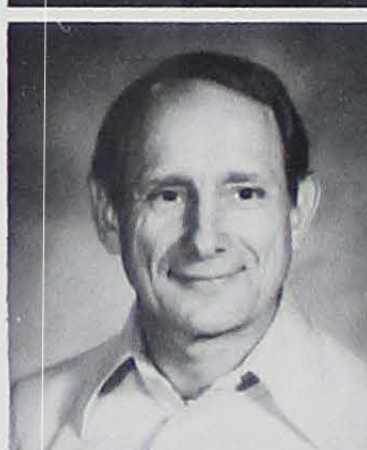
Ray Huston: Custodian. **Dr. Clemmye Jackson:** Project Success Coordinator, Junior Senate Advisor, Vanguard Leadership Program Advisor. **Roger Jacobson:** Consumer Economics, Keyboarding, Introduction to Business, Accounting, Advanced Accounting, Mock Trial Advisor. **Daniel Jensen:** World Studies, U.S. History.



Phil Johnson: Formal Geometry, Geometry, Key Club and SADD Advisor. **Jane Jorgensen:** Special Education Assistant. **Tom Jorgensen:** Sociology, U.S. History, World Studies. **Mary Kautzky:** Modern Dance, Physical Education, CPR 10, Terpsichore Coordinator.



Dick Lang: Beginning Programming, Metals and Plastics, Computer Applications, Drafting and Graphics, Sophomore Ski Trip Sponsor. **Diane Larson:** Special Needs M.D. Classroom. **Sue Lawler:** Spanish I, II, III. **Bud Legg:** Guidance Counselor, Human Relations Committee, Senior Class Co-sponsor, Assistant Boys' Basketball Coach.



Starla Longnecker: Educational Assistant. **Ylene Longwell:** Media Specialist. **Leslie Maze:** Guidance Counselor, Sophomore Senate Advisor. **Mary Mekemson:** Mental Disabilities Health, Math, English, Life Skills, Experience Based Career Education, Cooperative Work Experience.



Jack Mendenhall: Physical Education, Department Coordinator, Head Wrestling Coach. **Terri Mickelson:** Spanish I, IV; Spanish Trip Leader. **Jean Miller:** Project Success - Instructional Support and Orientation Program. **Sharon Morford:** Fundamentals of English, Enrichment English II, Foundations of Algebra, Enrichment World Studies.



Double duty



Scott Whiteford

"Football, Chess Club, Mock Trial, Student Council, basketball, band, track, chorus, golf. There are so many activities; how do you decide what to get involved in?"

"You know," said Sally, "I've always wondered why teachers that work all day in the classroom spend another three hours of their time after school so that students can take part in extra-curricular activities."

Reasons for coaching or sponsoring activities varied. Some faculty members loved the idea of working with students outside of school, other just liked the sport or activity.

"The longer I'm in it, the more I enjoy the kids. I like setting goals with the kids and trying to win. Most of all I like the Friday night games," said head football coach Kirk Daddow who had coached football for 24 years.

"I sincerely enjoy the relationship with the kids. This is why successful coaches have to be good teachers," said Mike Wittmer, who coached swimming and diving in addition to teaching PE and swimming.

From the locker room to the classroom, teachers learned that

I like the students to see another side of me other than just the classroom," Kirk Schmaltz said. In addition to being an assistant girls' track coach, he also coached girls' cross country and wrestling. (Photo by Ted Deli)

they enjoyed sponsoring the activities almost as much as the students enjoyed participating in them.

"I like the variety of the students and the challenges they have to meet. Every year there is a different type of leadership," said Dr. Clemmye Jackson, Junior Senate adviser.

Mock Trial adviser Elizabeth Verhoeven enjoyed her role because Mock Trial not only gave students the opportunity to both defend and prosecute cases, but allowed her to develop her own interest.

"I'm interested in legal things; my father and son are both lawyers. I have fun working with students outside of the classroom," said Verhoeven.

"Teachers really do spend a lot of extra hours for our extra curricular activities. And they seem to like it, too," said Sally.

"I know, that just makes my decision that much harder. I guess I'll have to try all of them!"



Kendi Neff-Parvin: "Web" and "Spirit" adviser, English 10 Literature, Introduction to Journalism.



Tom Nehls: Concert Band, Marching Band, Band 10-12.



Julie Nordin: Special Education Assistant.



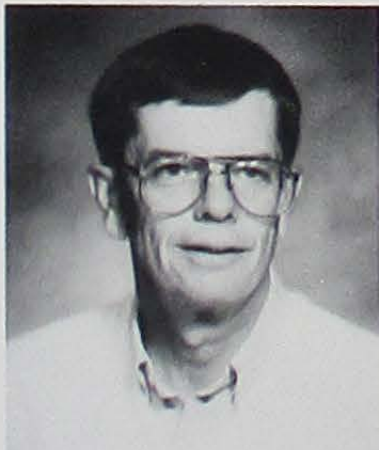
Jane Olson: Counselor 9-12, Student Council Advisor.



Janet Olson: Student Services Secretary.



Ruth Ornberg: English 9, Developmental Reading.



Carl Pelzer: English 9, 10; Assistant Boys' Track Coach, Assistant Varsity Football Coach.

Dee Penning: Ames Education Association, Special Education Assistant.

Suzanne Peters: Project Success.

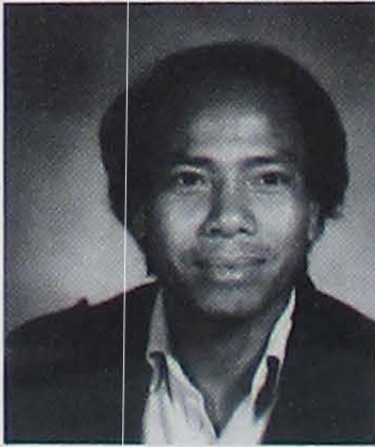
Michael Petersen: Survey of Physics.

Barbara Peterson: Spanish II, III; Student Assistance Team, National Spanish Exam.

Susie Petra: 2-Dimensional Art, 3-Dimensional Art, Sculpture I, II; Ceramics I, Advanced Ceramics, Graphic Design, Advanced Graphic Design, Jewelry I, II.

Mary Kay Polashek: Orchestra.

Bounty Rattanaovongsa: Custodian.



ust for fun



-Tia Nemitz

Filling time outside class never seemed a problem for students, but what about teachers? We went to games and over to each other's houses, but what did our teachers do? They too had activities to fill the day outside of school - many involved hobbies.

Hobbies were often seasonal. Depending on the weather, many took part in physical activities.

"I enjoy golfing. It's fun to get out and exercise; it's a change of pace," teacher Darrill Abel said.

"I really love to walk. It is comforting and relaxing. Even when I travel I do a lot of walking. I like to observe and watch people," teacher Annette Rowley said.

Traveling was also popular. Teachers took advantage of Spring Break and a three month vacation to see more of the world.

"I have relatives all over the states, and when I went to visit them I got into the habit of making side trips," teacher Wayne Hansen said.

Some teachers enjoyed the subject they taught so much that they traveled to learn even more.

"I love learning about Spanish and visiting my Spanish-speaking friends in Central America. The

Taking time outside of class, teacher Marvin Scott sets up a match of wiffle ball. Scott competed with people from around the world through the mail. He also used these matches to teach his classes. (Photo by Tia Nemitz)

Southwestern influence in my house is a good indicator of the extent of my travels," teacher Barbara Peterson said.

While others ventured out, many remained at home and enjoyed life's simple pleasures.

"I like to read anything I can get my hands on about liberal causes. I enjoy reading about being open minded, freedoms and civil liberties," teacher Roger Jacobson said.

Many teachers enjoyed reading, but preferred fictional literature instead.

"One of my favorite books is Lorraine Hansberry's *A Raisin in the Sun*. Every time I read it I find something new I hadn't thought about before; I see different aspects of the characters and different aspects of myself," teacher Carolyn Bolinger said.

When it came to making good use of their free time, relaxing and enjoying themselves, teachers knew exactly what to do. Their time was consumed by hobbies.



Alice Richard: Reading I, II, III; Project Success. **William Ripp:** Associate Principal, Senior Senate Sponsor. **Kathy Scebold:** Special Needs M. D. Classroom, Integration Program Sponsor. **Donna Schepers:** Textiles/Clothing Design, Foods and Nutrition, Adult Living, Housing/Interior Design, Child Care, Department Coordinator, Child Development.

Kirk Schmaltz: Health Concepts of Biology, Health 10, Girls' Cross Country Head Coach, Wrestling Assistant Coach, Girls' Track Assistant Coach. **Mary Ann Schmidt:** Guidance Counselor, Dean of Students, Rules Review Board, Student Review Board, Student Council Advisor. **Sally Schonhorst:** French II, III, IV; Foreign Language Department Coordinator. **Gary Schwartzhoff:** Concert Chorale, Concert Choir, Freshman Choir, Chamber Singers, Small Ensembles.

Marvin Scott: Western Civilization, World Studies, Economics, Model United Nations and Debate Sponsor. **Laura Shanks:** Special Education Assistant. **Susan Shields:** Secretary. **Bernadette Siebert:** Student Services Secretary.

Vincent Simon: Head Custodian. **Norma Sisson:** Media Specialist. **John Sletten:** Survey of American Literature, Composition for the College Bound, Introduction to Mass Media, Discussion and Argumentation, English 10 Speech, Boys' Cross Country and Track Head Coach. **Lise Sletten:** Special Education Assistant, Special Education P.E.

Karleene Smith: Nurse. **Mona Smith:** English Department Coordinator, Perspectives in Literature, Spanish I, Composition for the College Bound, Creative Writing. **Sorn Somsanith:** Custodian. **Dr. M. Suzanne Spoden:** Assistant Principal, Freshman Senate Sponsor.

Mary Starvish: Educational Assistant-Math Department. **Ann Stokka:** Bookkeeper. **Jerrold Swenson:** Drafting-Graphics, Architectural Drafting and Design, Woodworking I, II; Wood Materials, Graphic Technology. **EleNore Tallman:** Enrichment English 11, 12; Career Preparation, Resource Room, Math 9-12, Project English.

Nancy Torkildson: Earth Science, Physical Science, Girls' Swimming Assistant Coach. **Dale Tramp:** Guidance Counselor, Dean of Students, Volunteer and Tutoring Service Coordinator. **Jack Troeger:** Earth Science. **Gene Ulvestad:** Algebra I, 9th Algebra I.

Tony Vander Zyl: General Mathematics, Advanced Algebra, Statistics, Pre-Algebra. **Mary Van Marel:** ESL, Career Exploration, Chapter One-GED. **Elizabeth Verhoeven:** Advanced Algebra II, Algebra II, World Studies. **Georgia Vondra:** Secretary.

Jerry Vos: Special Needs. **Julie Ward:** School Social Worker. **Mary Wauson:** Special Needs Math, Home Ec, Language Arts, Social Studies, P.E. **Larry Wearth:** Custodian, Bus Driver.

Barb White: English 9, English 10, Basic Composition. **Richard White:** U.S. History, Anthropology, U. S. Government, Department Coordinator. **Rose Wilcox:** Business Applications, Business Department Coordinator, Typing I, II, III; Business Communications, Cadet Teaching Coordinator. **Charles Windsor:** Physics, Girls' and 9, 10 Boys' Intramural Basketball Director.



Teaching Generations



Jennie Jones

Miss Dugelhoffer quickly goes down her class list, but suddenly she pauses.

"Tim Smith, is your dad John? I had him in my class 24 years ago!" While most students couldn't imagine wanting to stay at Ames High for more than the normal four years, many of the teachers were content to stay here for at least 20, sometimes even 30 years.

"It's a good place to teach; the students are good and the faculty is professional. The community is also very supportive of the schools and what goes on in them. And the parents want their kids to learn," said Dr. Walt Wood, who had taught at Ames High for 33 years.

The administration fostered part of that positive mentality. Some teachers thought its classroom policies helped the faculty become more 'professional.'

"I really like the academic freedom the teachers are given. I

have a prescribed curriculum but I am able to teach within it in the way I want," said Marilyn Hansen, who had taught at Ames High for 32 years.

When teachers particularly enjoyed the courses they taught, they often found the teaching process that much more rewarding.

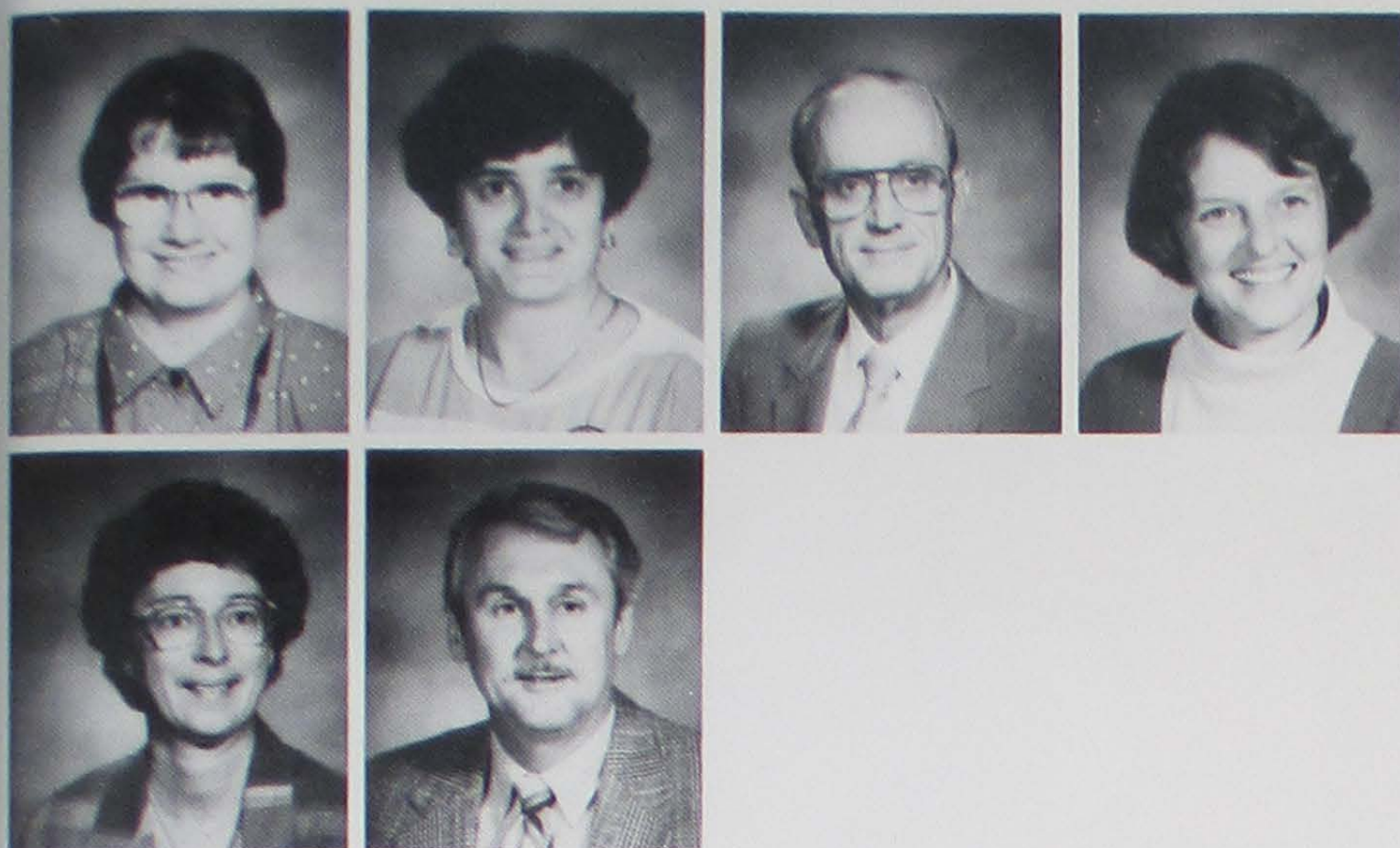
"I like what I do. I like to help young people be involved citizens in the world because the world is inter-dependent," said John Hilgersen, who had taught Ames ninth graders for 31 years.

Working with kids was the basis of education. At Ames High, teachers found many students in their classrooms who made going to work each day a pleasure instead of a pain.

"The kids and the people are what makes it exciting. The satisfaction of working with young people—seeing them turn on to new ideas makes teaching worthwhile," said Tom Jorgensen, who had taught in the Ames schools since 1966.

While many teachers liked teaching at Ames High, maybe the real reason they kept on was so that they could see how their former students turned out.

While junior Jessica Purdy and senior Cara Bianchi report the score of their badminton game, P.E. teacher Jack Mendenhall records it. Mendenhall had taught P.E. classes and coached wrestling for 26 years. (Photo by Jason Swift)



Phyllis Wirth: Secretary. **Nikki Wittmer:** Secretary. **Walter Wood:** AP Calculus, Advanced Algebra. **Toni Woodman:** Spanish I, French I, English, Faculty Steering Committee President.

Hilary Ziebold: Special Needs M.D. Classroom, Special Olympics Coach. **Larry Zwagerman:** Guidance Counselor, Guidance Department Coordinator.



Ames School Board: Howard Shapiro, Bill Summers, Carolyn Jons, Walter Struve, Mike McGinness, Brian Anderson, Tim John.



Cooks. **Front Row:** Mary Mahoney, Irene Kever, Alice Sorenson, Sheryl Womack, Darlene Hade, Patty Montag, Sharon Mott. **Back Row:** Carol Loken, Karla Mulvaney, Charlene Wee, Joyce Bowers, Marilyn Larson, Judy Hopson, Oleta Dass, Marcia Law, Cathy Craven.



Stephen Adams: Earth Science. **Joni Bachman:** Athletic Secretary. **Jeremy Bennett:** Custodian. **Carolyn Bolinger:** Advanced Composition, Freshman English, English 10 Writing, English 10 Literature, England Trip Sponsor. **Kim Burnett:** Peer Helping, Peer Intern, Student Assistance Team. **Carol Burrow:** Educational Assistant. **Lucy Carey:** Educational Assistant. **Anita Dyer:** Media Specialist. **Caroline Faisal:** Educational Assistant. **Dr. Ralph Farrar:** Principal. **Harry Fruehling:** Parking Lot Attendant. **Marilyn Goll:** Nurse. **Wayne Hansen:** Basic Composition, English 10 Speech, Theatre Arts, Drama Activities, Discussion and Argumentation, Thespian Sponsor, Director of Theatre. **Ken Hartman:** Survey of Chemistry, Computer Department Coordinator. **Robert Heiberger:** Drivers' Education. **John Hilgerson:** World Studies. **Margaret Jacobson:** Media Specialist. **Keith Larimore:** Custodian. **Steve Linduska:** Media Specialist. **Cynthia Marten:** Vocal Music. **Bridget McCauley:** Educational

Assistant. **Frank McCreery:** Custodian. **Paul D. Olsan:** Automotive Technology, Electronics, Special Needs Industrial Arts, Computer Drafting and Design, Power & Energy, Essential Math, Manufacturing Technology, Engineering Drafting and Design. **Daniel Olson:** Custodian. **Dave Posegate:** District Athletic Director. **Harold Rittgers:** Custodian. **Annette Rowley:** Composition for the College-Bound, British Literature, World Literature, Honors Speech Workshop, Speech I, Speech 10 Workshop, Speech Club Sponsor. **Richard Schneider:** U.S. Government, World Issues, Social Psychology, American History. **Kelly Smith:** Custodian. **Dr. Floyd Sturtevant:** Chemistry, Honors Chemistry. **Bruce Vertanen:** Resource Teacher, Head Girls' Basketball Coach. **Michael Wittmer:** Physical Education, Swimming 10, Boys' Swimming Head Coach.

It All Adds Up



t's the end of fourth period and images of Great Plains Pizza (for seniors) and pizza boats (for everyone else) rumble through the stomachs of Ames High's student body.

"Wanna go out to lunch with me?" your friend Scott shouts at you from across the jam-packed lobby.

"I would, but I have a ton of errands to run. In fact, I have an orthodontist appointment in three minutes. Later!" you shout, dashing out the door.

Despite the fact that you were only two minutes late you still have to wait at the orthodontist's office. Sitting there you notice an old "Spirit" among the magazines, so you thumb through it to see if you recognize anybody. Glancing through articles, a figure catches your eye—\$20,000. 'It costs that much to make this book? No wonder the Spirit staff is always running around selling ads to both businesses and senior parents, selling State Champ t-shirts, and having dances. They deserve some definite respect for raising all that while putting the yearbook together.'

Your thoughts are interrupted as the receptionist calls your name. After your braces are tightened you're off to the bank to cash your paycheck

from Hy-Vee. Then you pull into McDonald's drive-through and grab some lunch. Next you dash to Drug Town and buy some notebook paper and a gift for your friend's birthday. On your way to working out you pass by Donutland—almost. A Donutland man is beckoning to you and you can't resist. Ames Total Fitness Center is your final stop. One aerobic step-master workout later, you realize you have eight minutes to get to your chemistry class. No problem.

As you're adjusting your wooden stool, your friend Jenny approaches.

"Want to grab a bite to eat after school?" she asks.

"Sure! Oh, wait a minute and let me check my financial situation," you reply as you open your wallet to find two \$10 bills staring up at you. Only \$20 left from the \$52 paycheck you cashed this morning? You do a quick mental budget: \$4 for a movie tonight and \$2 for food; \$10 for gas—for which you'll only get eight gallons of fuel because prices are so high; \$4 for Saturday night. You'd better do some brainstorming for a fun, cheap date. There goes all your money in just three short days. 'How could it go so fast?' you wonder. Reviewing your lunch hour you realize it all adds up-fast.

Gently lifting the lid, freshman Maggie Noland examines a quilted box at The Gift Vine as she searches for a present for her mother. Between paying for necessities and buying extras like gifts, students often found their pockets empty. (Photo by Jason Swift)





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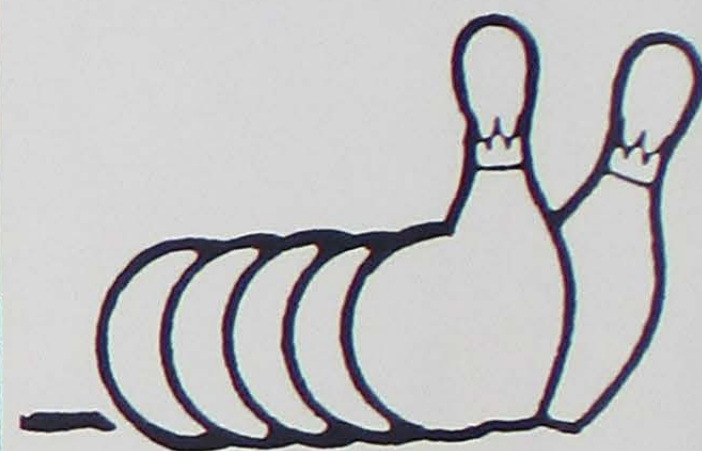
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Love Dad, Mom and Chad*



Heather Martin

*You are lovely, loving, loved!
Mom and Jeff*



Danny Wilson

*Your dreams are never out of touch.
So keep dreaming.
Love Mom, Dad and Debi*



Angela Rickert

*Congratulations Angela! We are
very proud of you and wish you the
best for your future.
Mom, Dad and Alex*



Bill Kannel

*Thanks for being a source of joy in
our lives. We love you and are
proud of you.
Love, Dad, Mom and Brothers*



Jami Stiles

*Congratulations! May you continue
to bring joy, love and enthusiasm to
all who touch your life. You are
special!
Love, Mom, Dad and Jeff*



Brian Hostetter

*Hang in there Brian, we're with
you all the way.
Sven, Mom & Becky*



April Soden

*To my beautiful daughter. We all
love you and may all your dreams
come true. We're so proud of you.
Love, Mom, Dad and Jennie*



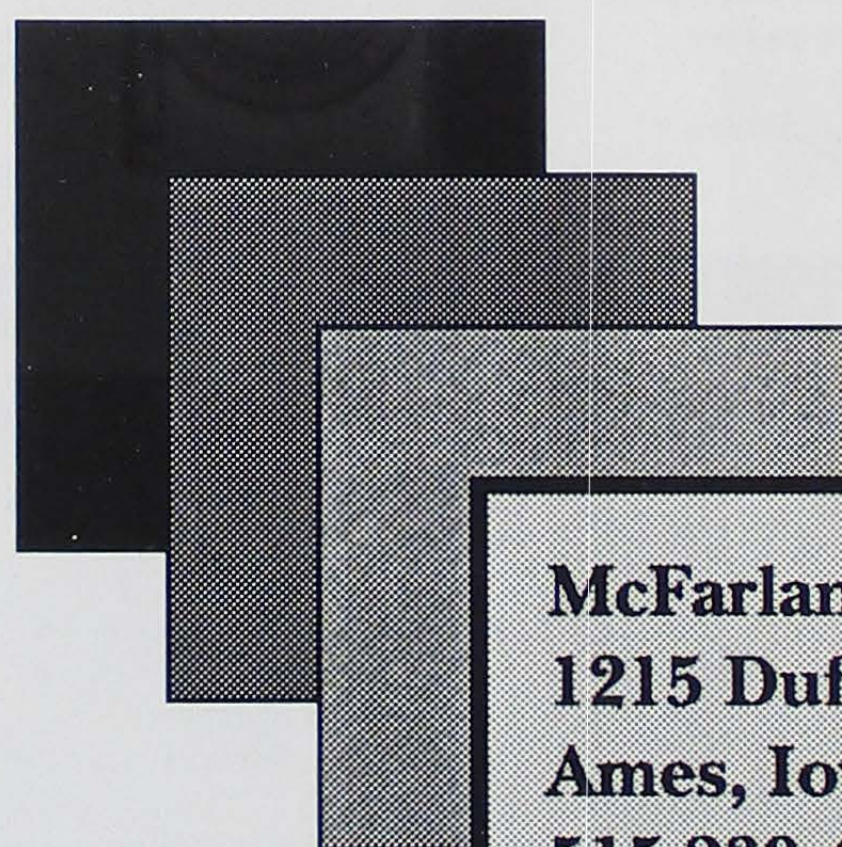
Jesse Pease

*May your life be filled with happy
surprises!
Love you, Pops, Joe, Mama, Leah
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John Brunscheon

*Congratulations John! Your hard work and dedication paid off.
Love Mom, Dad and Sara*



Brandee Griffin

*Raising you has been an experience.....A Great One! We're so proud of all you are. Looking forward to all you'll become.
Mom, Dad and Sonee*



Brandon Hinderaker

*Congratulations Brandon! We wish you the best.
Love, Mom and Dad*



Amy Miller

*You've made parenting such a pleasure that kindergarten seems like yesterday! Our best wishes for a wonderful future.
Love, Mom & Dad*



Joseph Nelson

*Congratulations Joe. Good luck in the future, we're going to miss you.
Mom, Dad and the cats*



Rachel Faltonson

*Follow your dreams, and have fun along the way. We love you!
Mom and Dad*



Mike Coronos

*With our love,
Dad, Mom, Lou and Matt*



Jennifer Dally

*Congratulations! We are very proud of you. Good luck with whatever paths you follow in the future.
Love, Mom, Dad, Michael and Alexandria*

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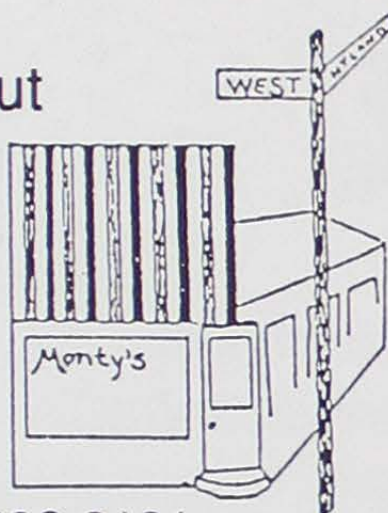
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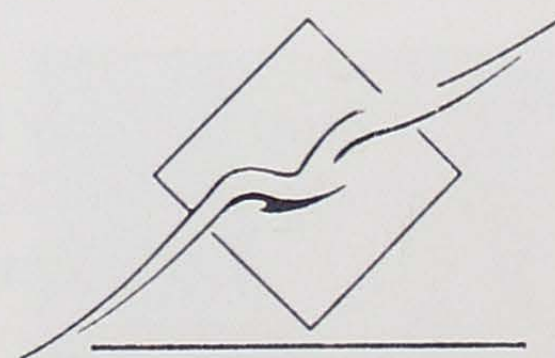
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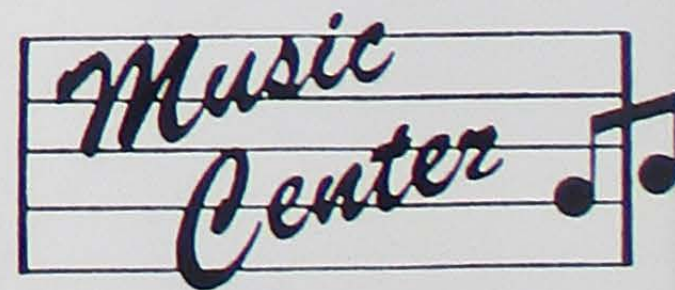
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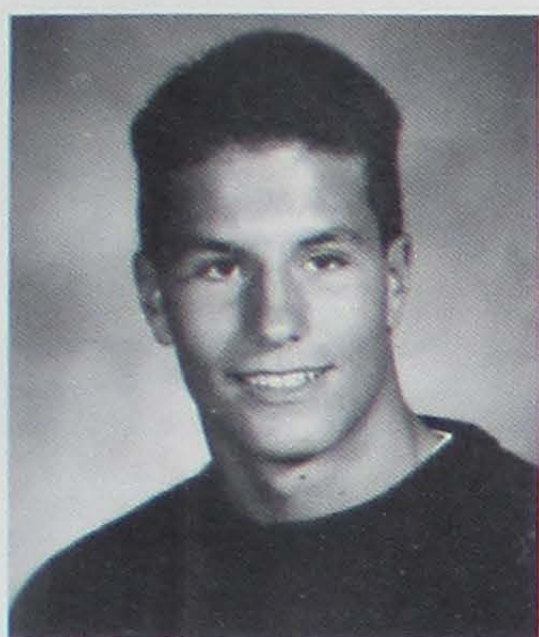


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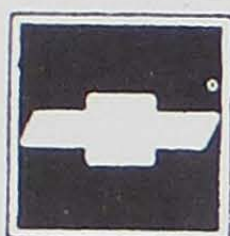
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Jenni LaVille

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Mom, Josh, John, Joe, Pat and Ryan*



Fred Hoiberg

*Baskets have been a good choice for you! Thanks for the Memories. We wish you the best.
Mom, Dad, Steve, Andrew and Gus*



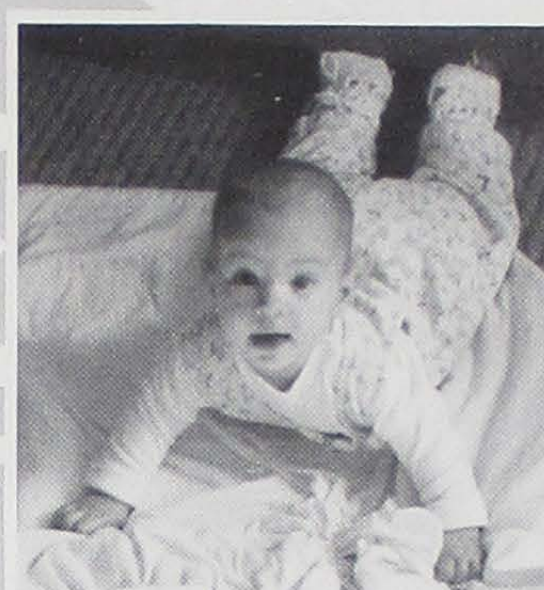
Dawn Newhouse

*A mighty mite we call fidget who accomplishes all she sets out to do. We are very proud of you!
Love, Mom, Dad and Chad*



Erik Smedal

*Congratulations Erik! Best wishes for a great future. We are proud of you!
Love, Dad, Mom and Kristin*



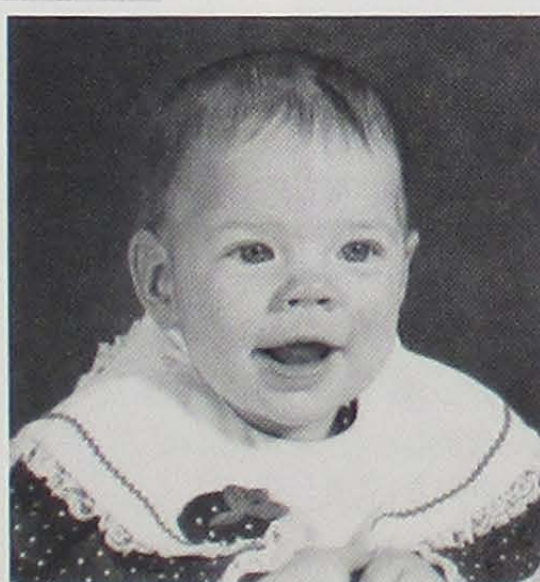
Cindy Hawley

*Still smiling and living sunny-side-up! Our love is with you always.
Mom, Dad and Kelly*



Chris Hampson

*Congratulations Rock. It's up to you now. Make the most of it and reach for the sky!
Love you much, Mom, Dad, Brett, Brad and Holly*



Colleen Berg

*Colleen- We've been there for your good times and hard times. Go after your dreams. We love you, "TA-DAT", very much.
Mom, Dad, Jamie Jason*

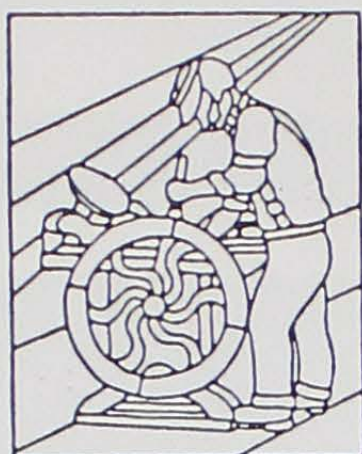


Kevin Frette

*Congratulations! You've been a joy to our lives. May the best be yours. We love you.
Dad, Mom and Sarah*

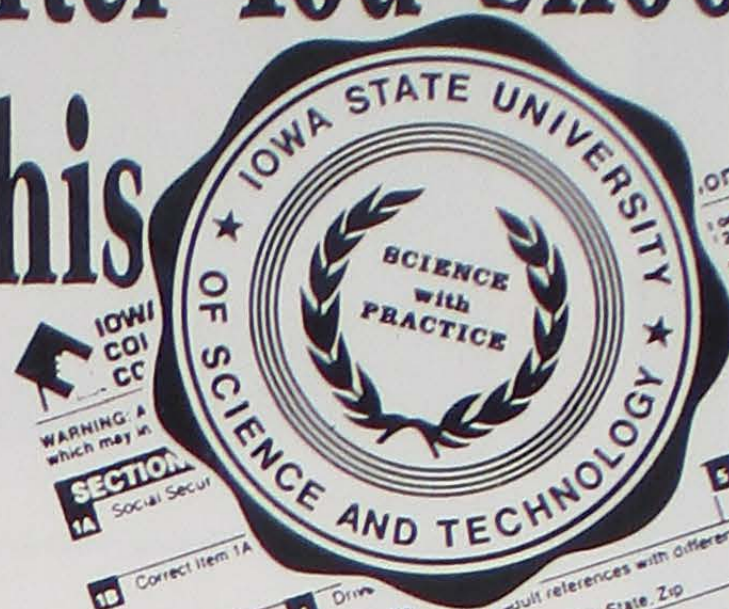
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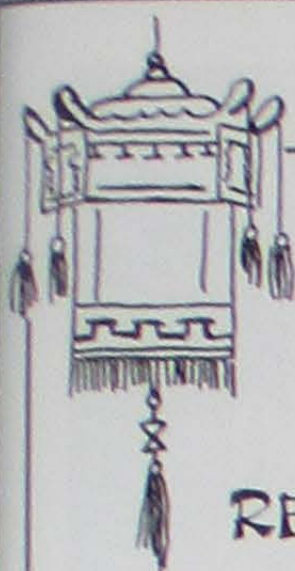
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Tod Berkey

*Congratulations Tod! We're proud
of you and thanks for being such a
terrific son and brother!*

Love, Dad, Mom and Wendy



Wyn Huntington

*Congratulations to our Wynn
Bean! We love you.*

Mom, Dad, Josh and Misty

SAVE U MORE DISCOUNT FOOD STORE



Junior Brian Anderson stocks oranges in the produce section. He worked as a clerk and in the produce department at Save U More. (Photo by Ted Deli)



Cleaning up was just one of sophomore Kris Walker's jobs in the deli at Save U More. (Photo by Ted Deli)

Congratulations Seniors!

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Jennifer Kellen

Congratulations to a very special daughter, sister and friend. We love you and are very proud of you.

Mom, Jeremy, Ben, Zach and Dad



John Seim

Congratulations, John. We're very proud of all that you've accomplished, and we wish you happiness and success in all you do.

Love, Mom, Dad, Liz and Dave



Jodi Skaff

Jodi, you're the best! The world is lucky to have you, just as we are! Congratulations!

Love, Mom, Dad and Jason



Matt Stevermer

Congratulations, Matt! It's been fun. We are proud of you. Our best wishes for a happy life.

Dad, Mom, Scott and Katie



Julia Ford

Congratulations Julia! We are so proud of you and wish you much happiness and success in the future.

Love, Mom, Dad and Sarah



Michael L. Brown

Congratulations! Good luck at Iowa State.

Mom, Dad, Stephen, Kristina and Christopher



Karen Heggen

Congratulations to a very special person! Karen, we are so proud of you and wish you all of life's best.

Love, Mom, Dad and Kevin



Pete Egeland

Congratulations and best wishes in all that you do. We love you.

Mom and Dad



Kim Oldehoeft

You have always made us proud of you. We love you very much!

Mom, Dad and Gretchen

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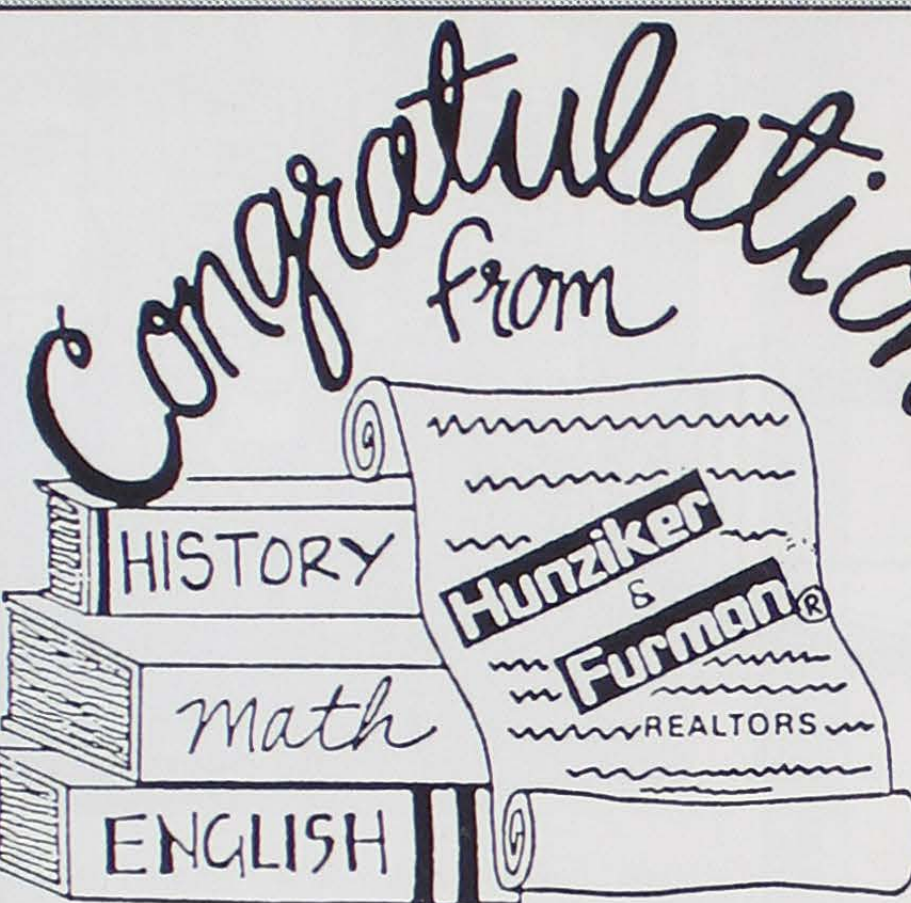
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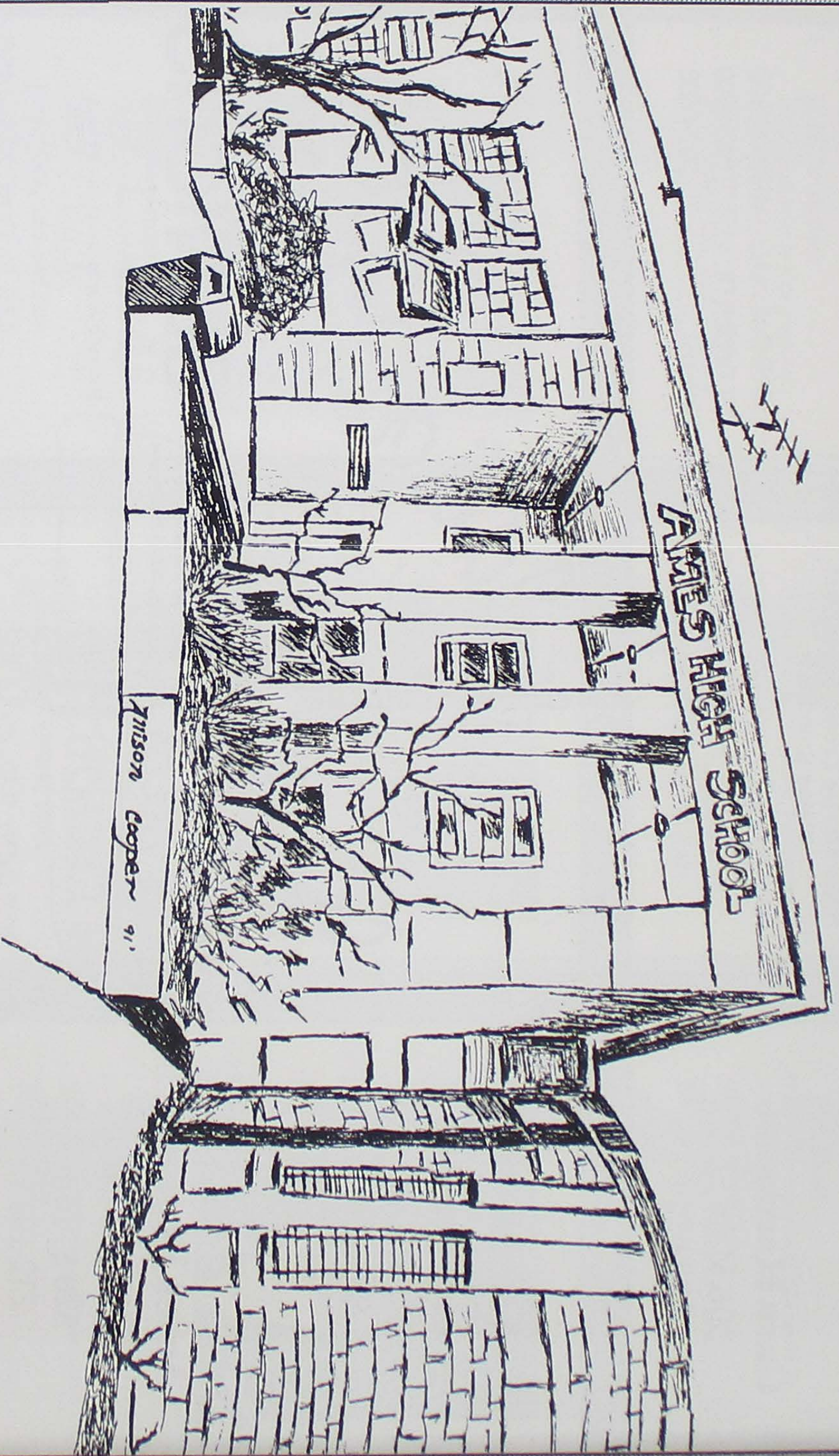


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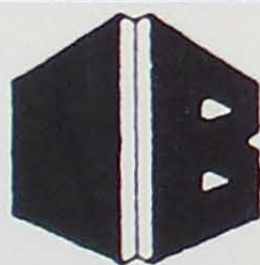
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Kristina Smith

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Love, Mom, Dad, Ron and David



Pete Fretz

Congratulations! Keep your great outlook on life and you'll go far.

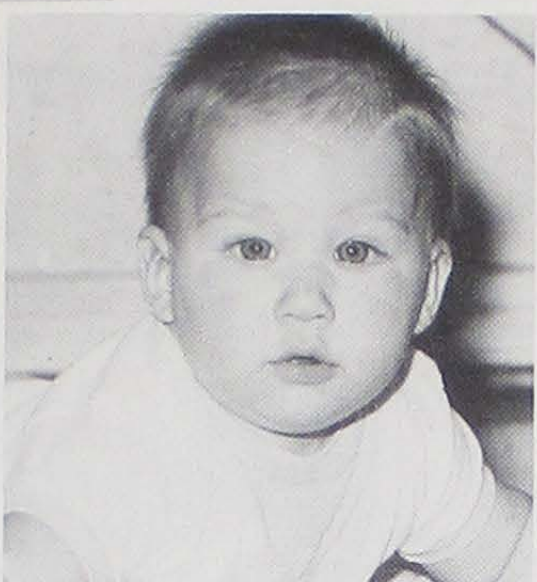
Love, Mom, Dad and Kris



Lisa Petersohn

Congratulations, Lisa! Best wishes for a bright future. You have worked hard and make us very proud.

Love Always, Mom, Dad and Jason



Rob Kain

Way to go Rob! It's been fun watching you "grow up!" Best Wishes for a happy future.

Love, Mom, Dad, Laura and Jim



Niki Nilsen

Life progresses like a book, chapter following chapter. We are proud of your progress and look forward to unfolding chapters.

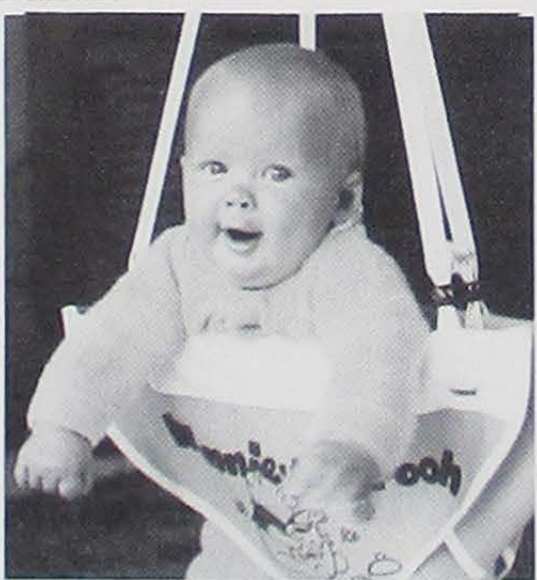
Love always Mom, Dad, Kari and Lance



Steve Litchfield

Congratulations to a special son and a fabulous drummer! We love you.

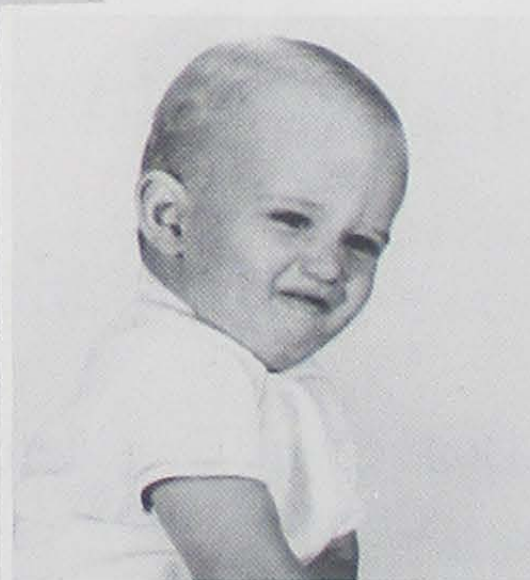
Mom, Dad and Scott



Sarah Uhlenhopp

You've come a long way, Baby! Keep going after it. We're behind you with love and support. Congratulations!

Love, Mom, Dad and Leah



Tim Legg

Not another tardy! We are very proud of you, Tim.

Love, Dad, Mom and Abby



Sheri Ann Goshorn

Words can't express the pride we've felt and the joy you've given us. We feel very blessed to have a daughter and sister like you!

Our love always, Mom, Dad and Dan



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Congratulations Seniors!

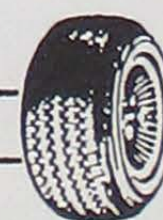
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As a manager of the Brookside Wading Pool, one of junior Colin Brennan's duties includes sweeping up at the end of the day. Senior Joe Nelson spends his afternoon lifeguarding at Gateway Hills Pool. Brennan and Nelson were both employed by Ames Parks and Recreation. (Photos by Ted Deli)



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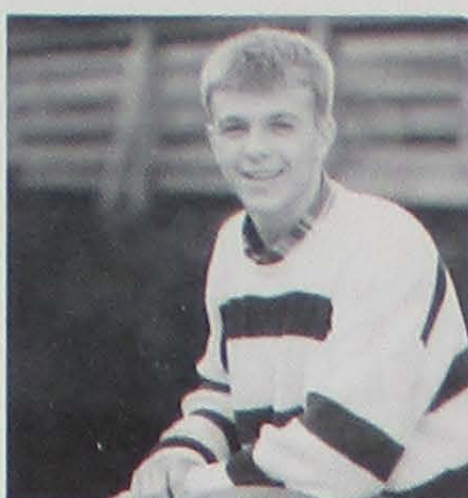
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Jay Johnson



Jami Stiles

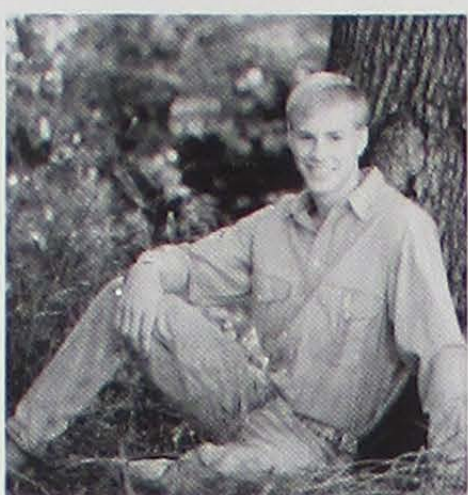


Mike Bergan



Tia Nemitz

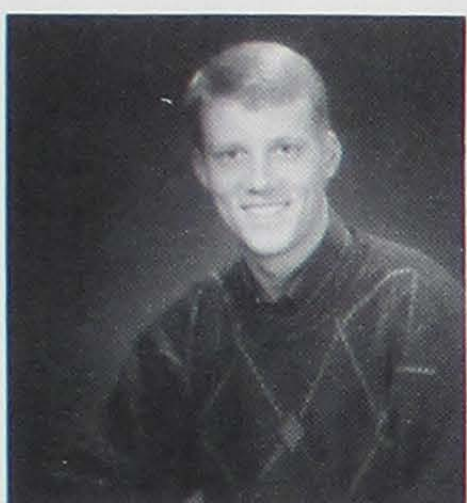
*Craig
Carroll
Photography*



Fred Hoiberg



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Kristina Smith

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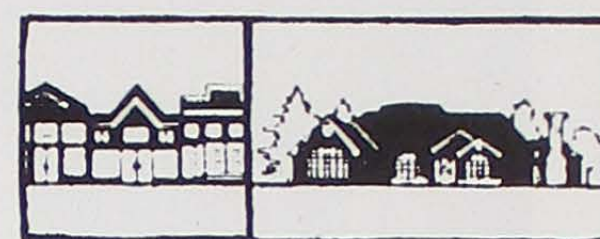
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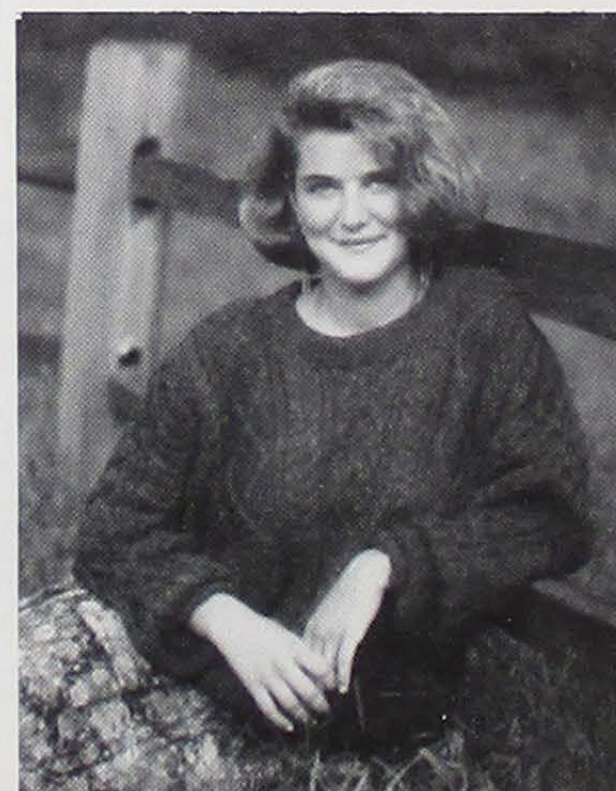
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Staci Kepley

We've always been very proud of you, and we wish you success in all you do.

Love, Mom and Dad



Susan Cook

As a rose unfolding brings beauty into view, may your plans for the future bring success to you.

Love, Mom, Dad, David and Nathan

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Suzi Hunger

Congratulations, Suzi! We're always proud of the person you are. Our love and prayers go with you.

Mom, Dad, Kari, Lori & Merry

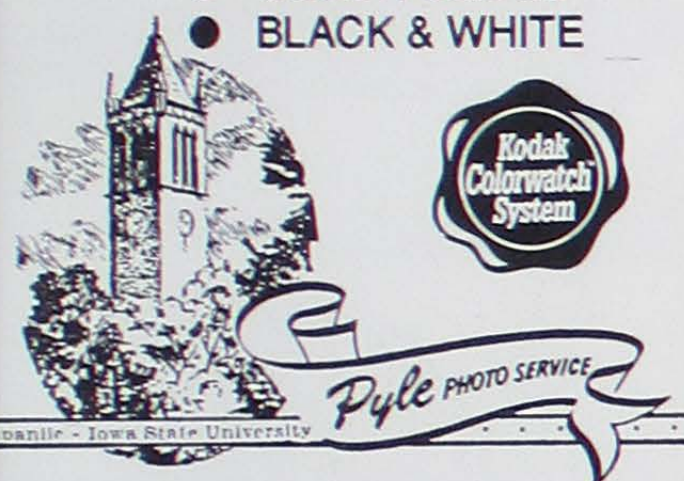
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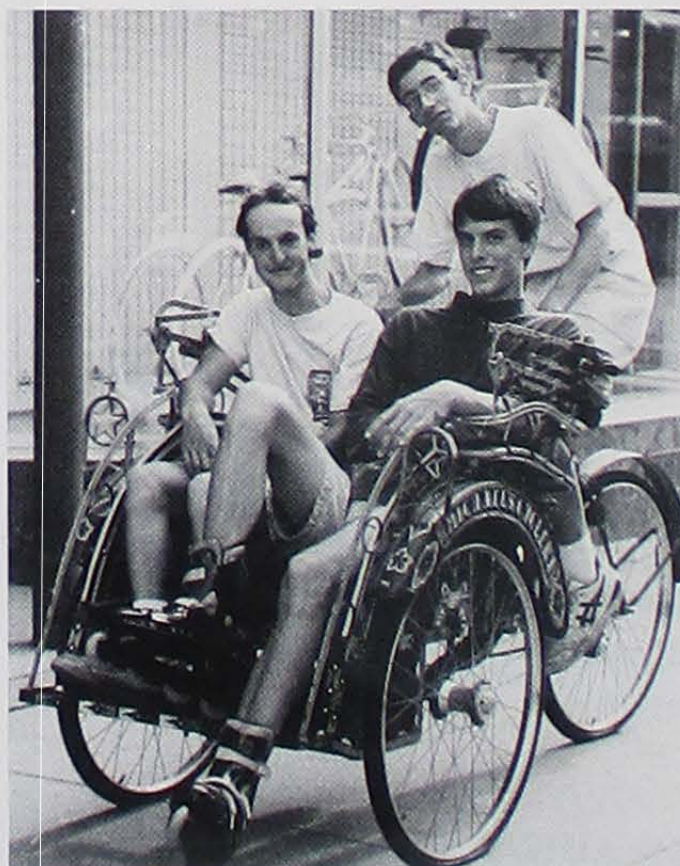
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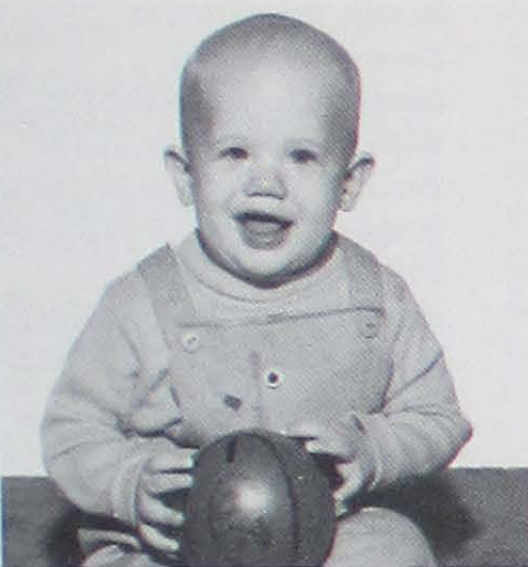
**MICHAEL'S
CYCLERY**
DOWNTOWN AMES
**20
YEARS**

Freshman Jeff Halliburton, Senior Todd
Hawbaker, Sophomore Chris Wineinger

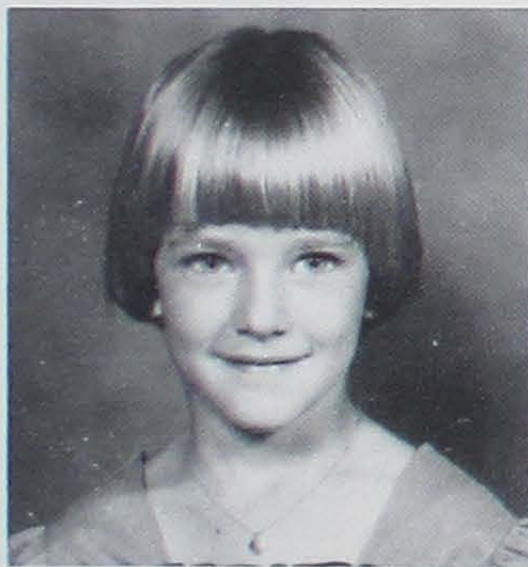




Tamara Joy Cruse
*Congratulations "punker butt."
 Love Mom, Dad and Karena*



Nathan Koch
*Thanks for some great memories!
 Best of luck in the future. We know
 you will succeed in whatever you do.
 Love,
 Mom, Dad, Dan, Kris and Kim*



Tia Nemitz
*"Hold fast to dreams, for if dreams
 die, life is a broken winged bird that
 cannot fly." We love you.
 Mom, Noel, Josh, Justin*

Colophon

"Spirit" Volume 79 was born after 15 writers, a varying number of photographers, one wacky design editor and one woman who enjoyed spending all of her waking hours (and many of her sleeping ones) in Room 202 labored all year and far, far into the summer. It took this staff so long to complete the book because, thanks to computer updating in January, this is the school's first-ever completely desktop yearbook. The book was printed by Walsworth Publishing Company of Marceline, Missouri. The account was served by a very patient and understanding woman, Verna Sturtevant.

The theme "Things Are Looking Up" was chosen because there were a lot of "ups" during this school year. State championships in both sports and academic activities brought us up out of our seats in excitement; various changes around the school prompted us to keep our heads up for new things; we stayed up at night watching the war coverage; we had to cough up money at the gas pumps as prices rose higher and higher. I could go on, but I fear you might get fed up with my explanation.

The cover is a conglomeration of far-out shapes and lines created by design editor Samantha Shearer. Process Red, Process Yellow, Spring Green and Royal Blue are employed in the cover design and throughout the book and as spot color to liven up the pages. The endsheets utilize the same colors minus blue. All 256 pages are printed on gloss double-coated 80

pound paper. All body copy is 10 point New Baskerville. The rest of the copy is varying sizes of New Baskerville, except Student Life headlines and pulled quotes and Classes and Clubs headlines which are Helvetica, and the Sports headlines which are Avant Garde. The dropped initial in Student Life, the first letter of People headlines and first letter of captions are all from an alphabet composed entirely by Samantha Shearer.

The editor-in-chief attended a week-long summer workshop at the University of Missouri at Columbia. It was there that the theme for the yearbook was created. All staff members attended the Iowa High School Press Association State Conference at Iowa State where the 1990 "Spirit" grabbed second place in its division of the fall yearbook contest. The '90 "Spirit" also earned a first place rating from the Columbia Scholastic Press Association.

We would like to especially thank all of the Ames businesses who bought ads in this yearbook and all the colleges who donated paraphernalia to our fundraiser. We would also like to thank Sorn Somsanith, Dr. Farrar and the library ladies for their patience and understanding. Lastly, our deepest gratitude goes out to all of our parents who put up with our deadlines all year and to Kendi for not killing us even when it would have given her extreme pleasure.

-Jennie Jones, editor-in-chief

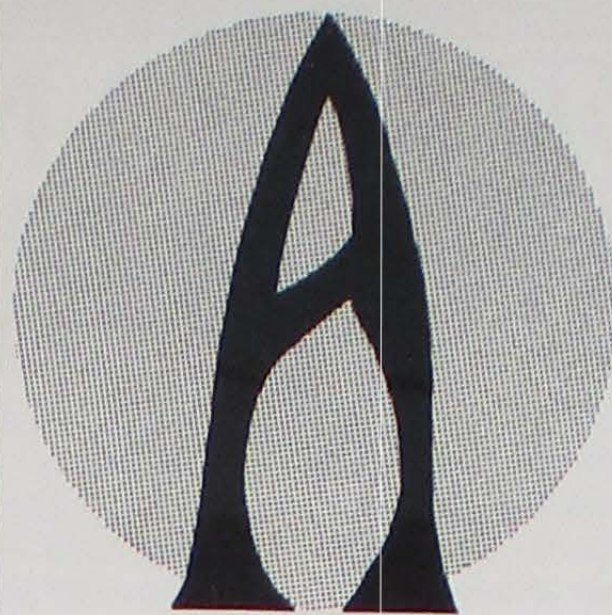


Jennie Jones
*Way to go Jen! We're all proud of
 you.
 Love,
 Mom, Dad and Becca*

*Thanks to the dedi-
 cated people, especially
 Randy, who actually
 stuck it out until this
 book was completed.
 You took on extra
 responsibilities and it
 was a long journey,
 but we finally got it
 done! Your efforts are
 greatly appreciated.*

-Kendi

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Entertaining the guys, freshman Tyler Uetz's character in the fall play "Dark of the Moon" pokes fun at freshman Clint Zeimet's character. The drama department had four major productions each year.

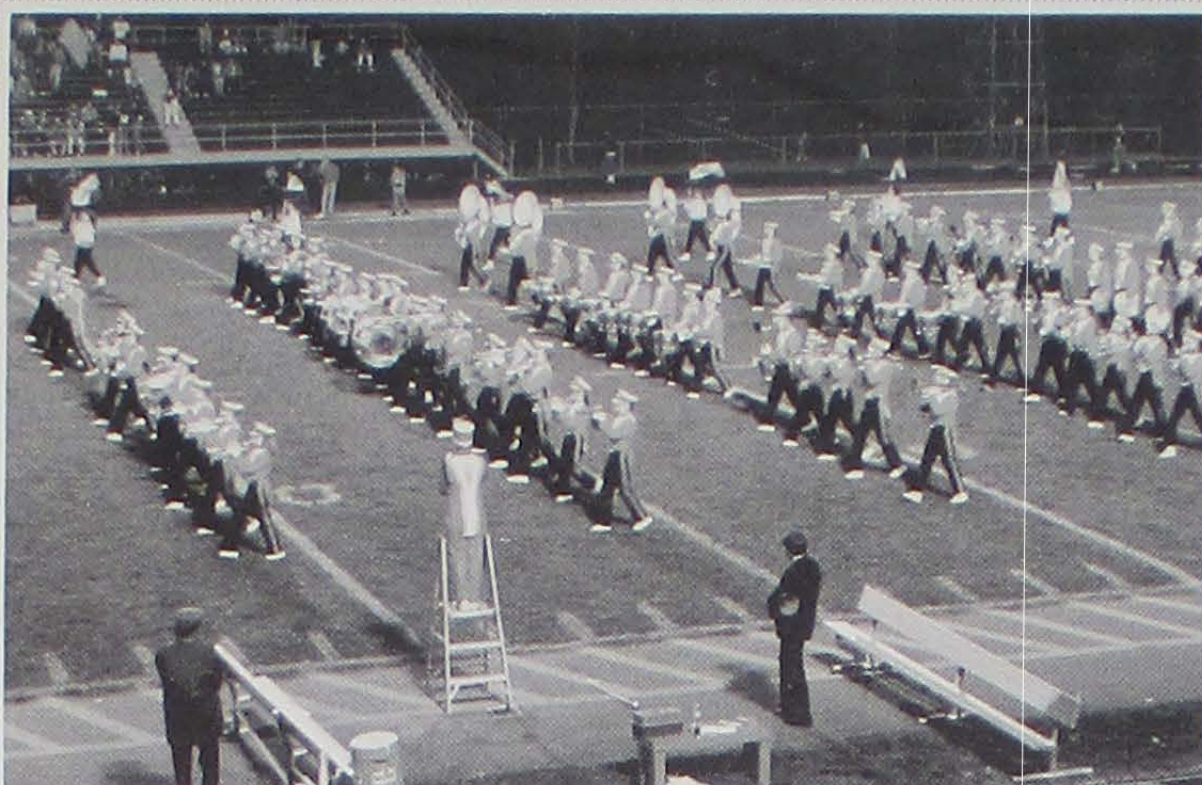


Homecoming week was a bigger event than ever since a committee had been planning it for five months. The most popular new event was the "Tiger Lock-Up." Students could pay for their friends to be detained in the "jail" during a free period.

Since the ever-popular Powderpuff football games were axed by the administration due to excessive violence, an airbands show was the favored alternative. Junior Alan Murdock is decked out from head to toe for his performance.



Stepping across the field in sync, the marching band rouses the Homecoming crowd with their rendition of "Steel Wheels." The game was held Oct. 12.



Showing her true colors, sophomore Alison Doyle paints "AHS" on the windows that all football fans saw as they flocked to the Homecoming football game. Window painting was one of the older Homecoming traditions.

Clasping hands, assistant coach Mike Flummerfelt gives some words of encouragement to junior Chad Steenhoek before the Homecoming football game against the WDM Valley Tigers.

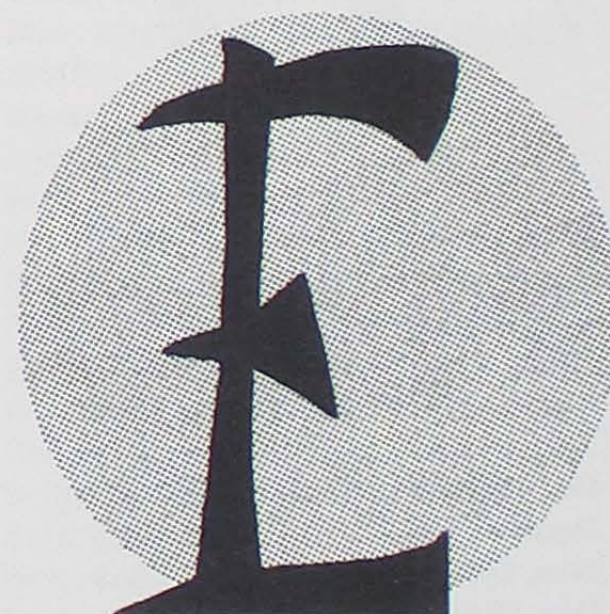


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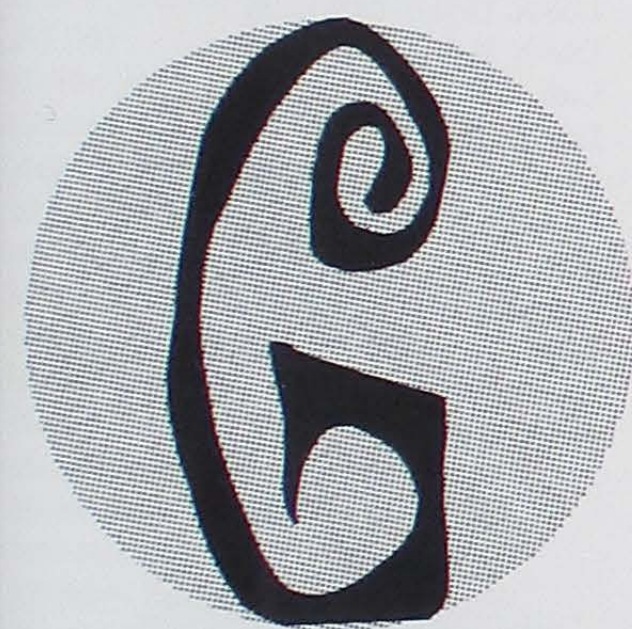
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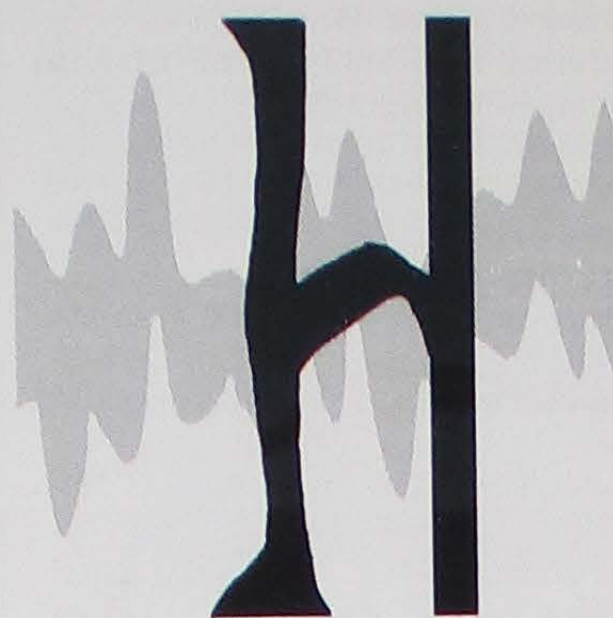
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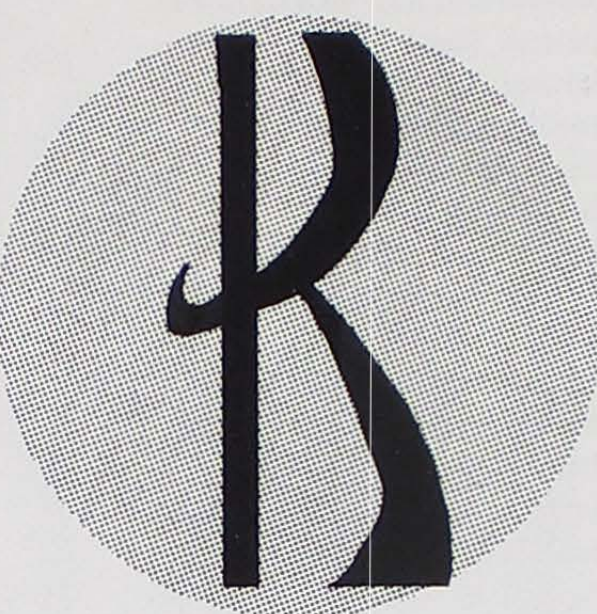
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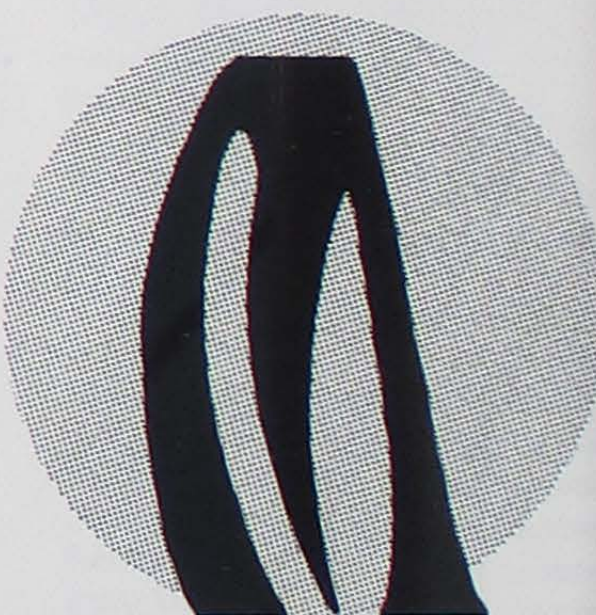
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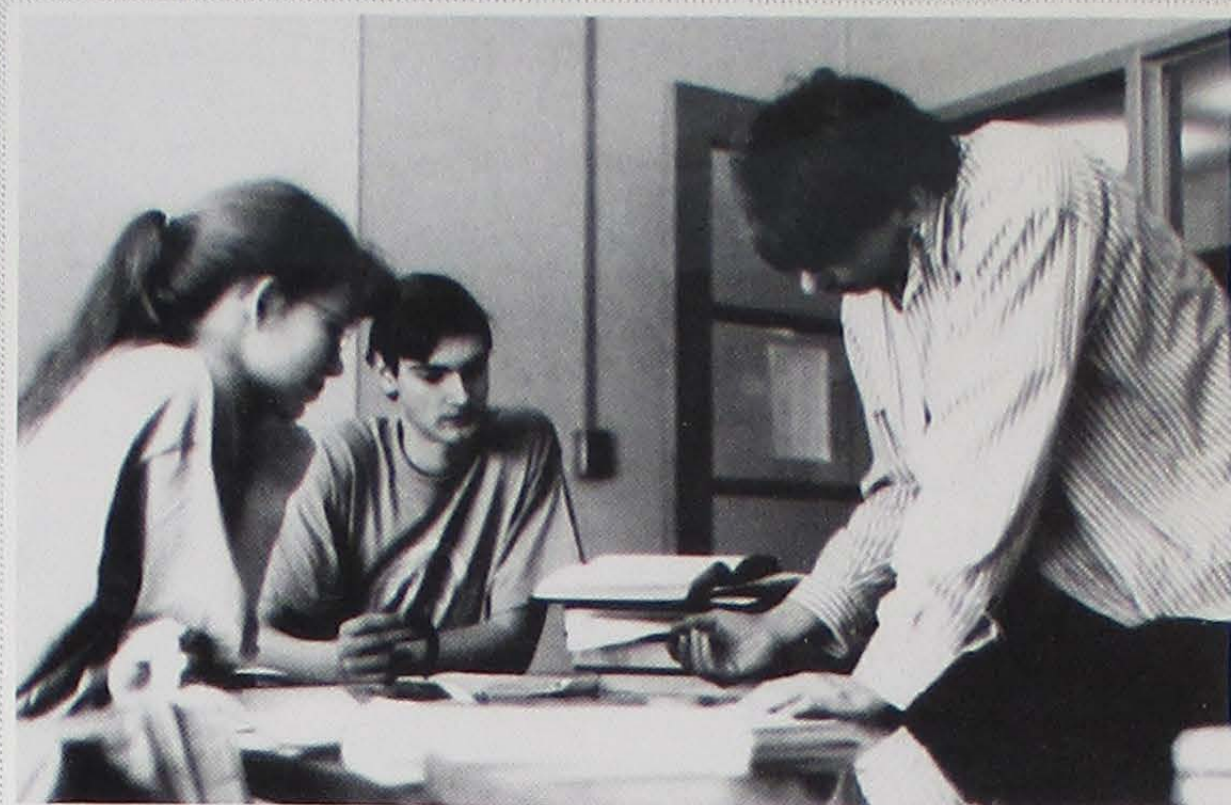
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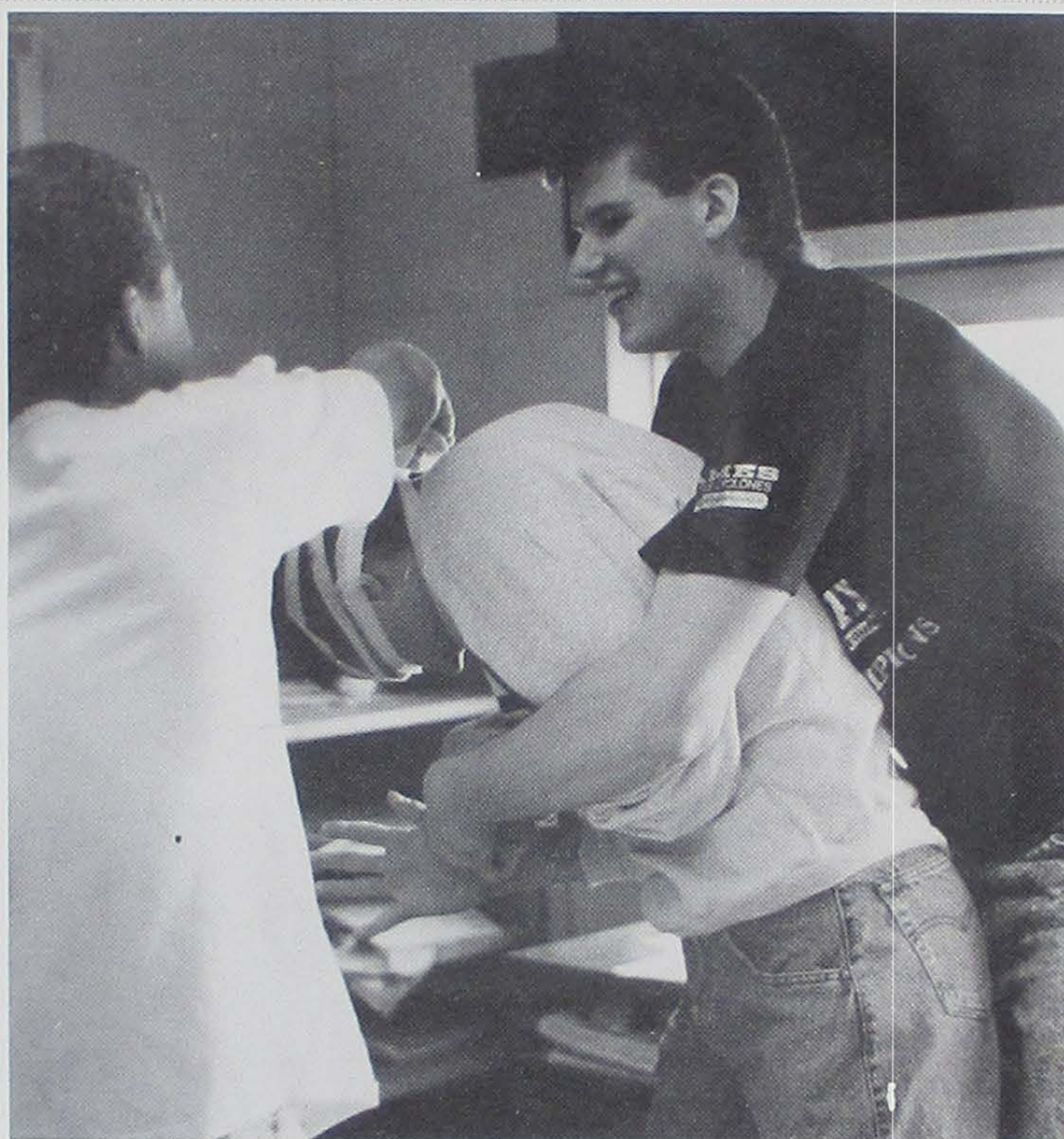
Lots of work and little play may not be fun, but when seniors Heather Schafroth, Rob Hentzel and Brian Allen and other Academic Decathlon team members competed at Nationals in L.A., they found it wasn't so bad.



If anyone knew how to make the most of spending time at school after hours, it was the "Spirit" staff, because they did it so often. Photographer junior Aaron Jones gets into the spirit of the staff's Halloween party dressed as a nerd.

As a way to make an ordinary school day a little more exciting (and to celebrate Halloween), senior Kim Allen dressed up in a nightie, robe, slippers and sported pink rollers in her hair. Several other celebrators dressed up for the holiday.

In order to bring a little Valentine's Day cheer to a senior citizen, junior Ashley Myers shares a song sheet with him. The Volunteers visited nursing homes and senior citizens' centers around special holidays.



Messing around was an almost daily occurrence for members of the "Web" staff. As an act of revenge, senior Mike Corones persuaded senior Rob Kain to hold senior Nathan Koch as Corones wrapped masking tape around Koch's head.

Getting in the Halloween spirit, "Spirit" adviser Kendi Neff-Parvin dons a bee costume for the staff's Halloween party. Several staff members dressed up and brought food to make their Wednesday night work night a little more exciting.

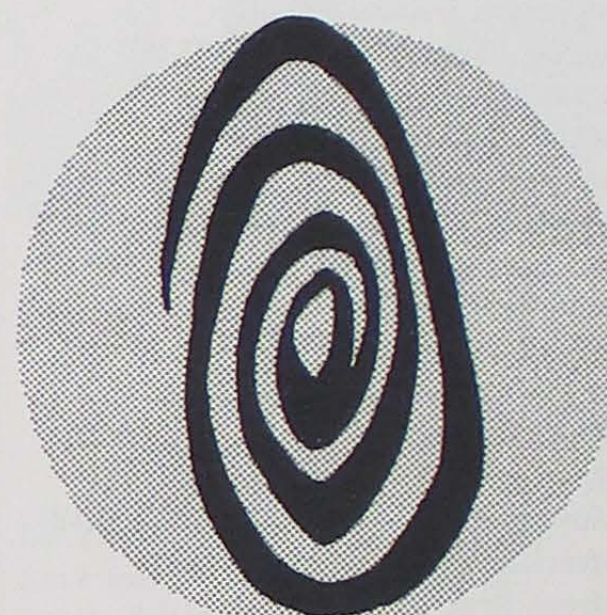


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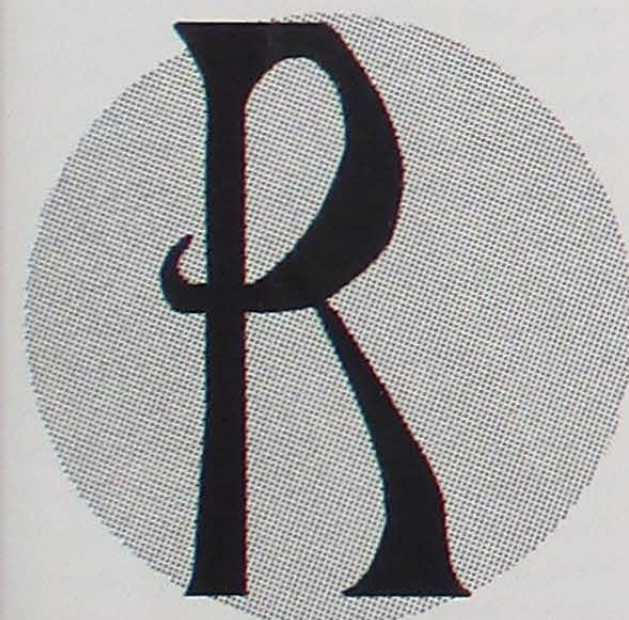
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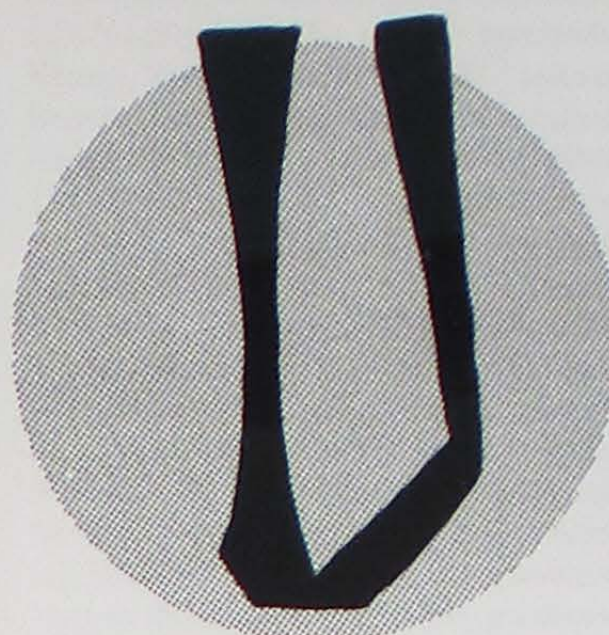
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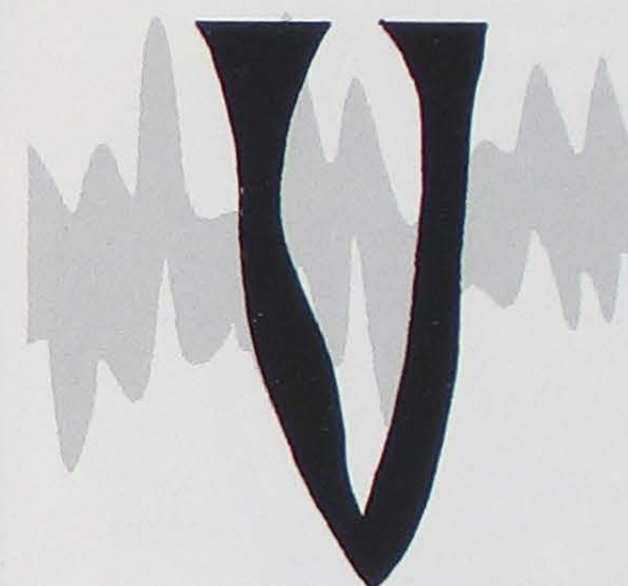


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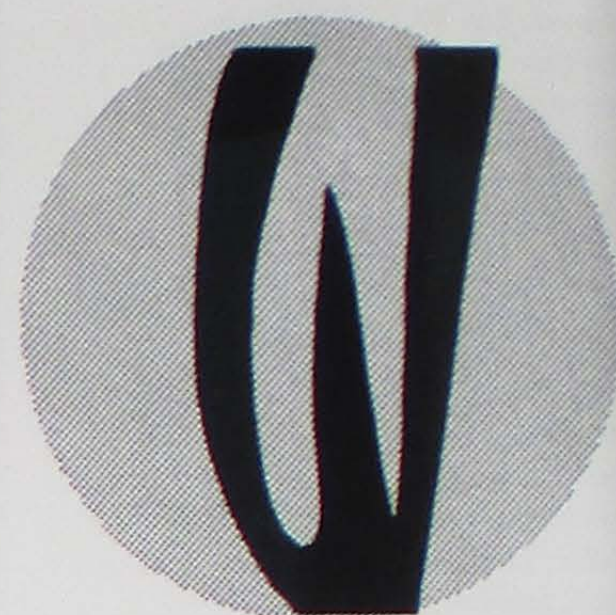


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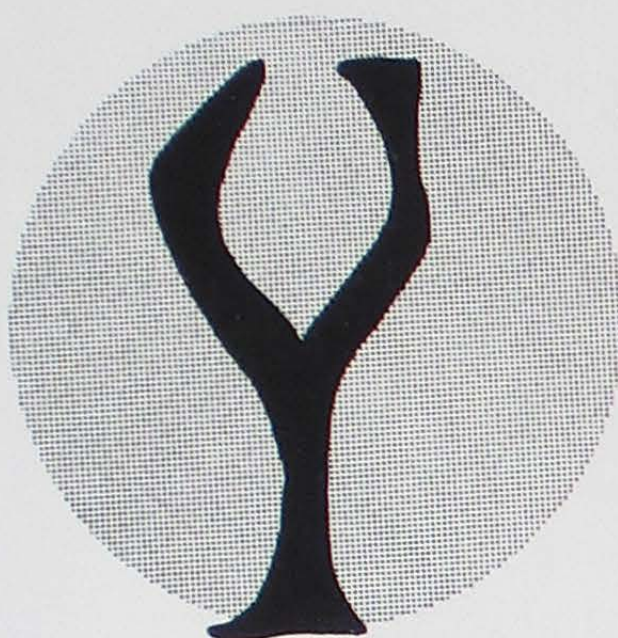


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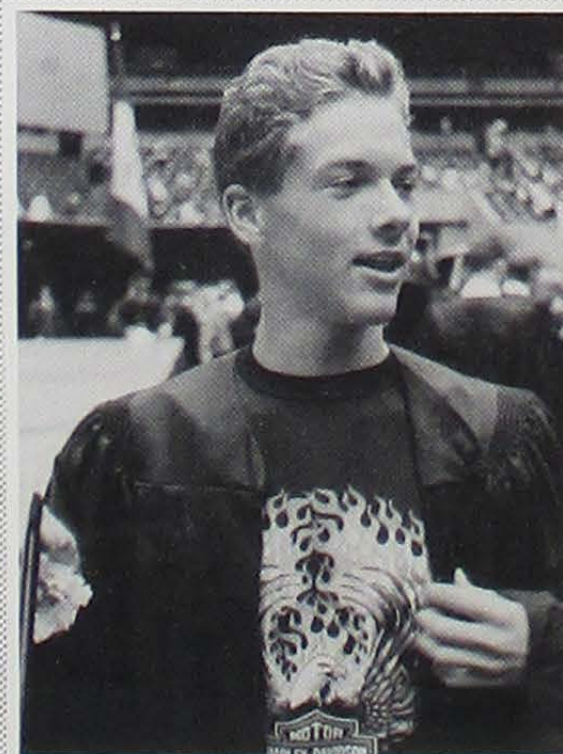


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On the last day before graduation, seniors cut loose together at the Ames Golf and Country Club. The heat of the day drove many to seek the cool waters of the pool for a rousing game of keep-away.



Carrying on the tradition, both the band and choir members performed at Commencement ceremonies. Juniors Erika Helmuth and Jeanne Pugh play "Pomp and Circumstance" as the seniors march in and take their seats.

Born to be wild. A rebel at heart, senior Mike Coronas shows off the Harley Davidson t-shirt under his graduation gown. Coronas' action was mild compared to what some even more daring graduates did at the ceremony.

From August to June, we kept the winning up all year:

Things Are Looking Up

In all the years of your life, there are events which you will never forget. However, a lot of the specific details will become blurred if not totally erased.

Whether you found this year memorable or forgettable there were many events worth remembering that involved Ames High students.

Much like the boys' basketball team, the track teams found trips to Des Moines to their liking as well. The girls landed a third place at State; the boys sprinted and jumped to an unprecedented sixth consecutive State Championship. Senior John Barnett had a hand in four first place finishes that helped the team rack up its 71 points, which tied the State meet record of total points scored for any team in the history of the meet.

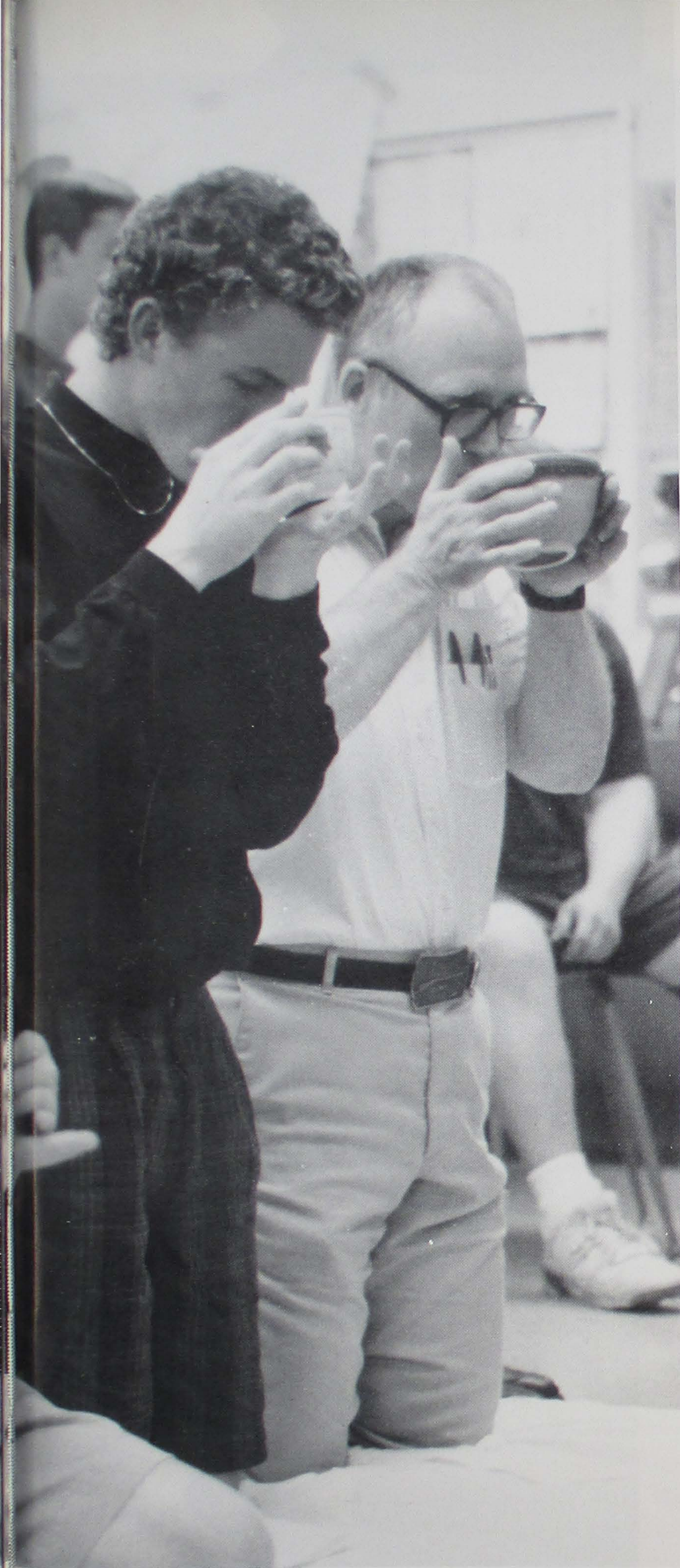
The girls' golf team landed a berth in the state tournament, finishing a very respectable fifth, while senior Janea Carter earned runner-up medalist honors in Class 3A.

Quiz Bowl sent two teams to State and they came home with both the first and third place trophies. Then in another competition, the team scored high enough to send four of its members to Nationals in Lexington, KY. They ended up placing 14th in the nation.

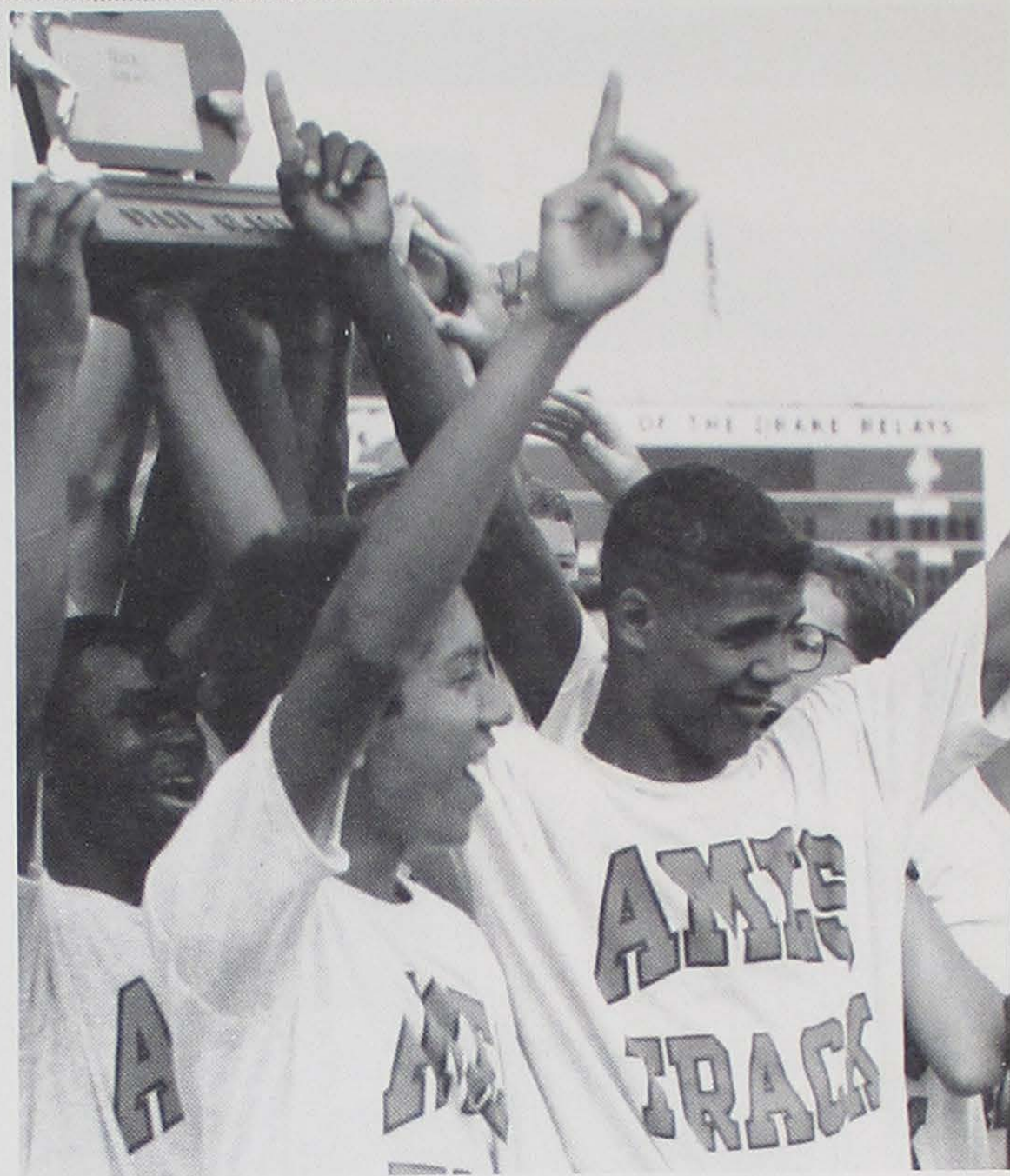
Things were happening outside of the school, too. Regiments of troops continually came home from the Persian Gulf to parades, banquets and other celebrations; gas prices finally came down to a reasonable, although not cheap, level.

Ames High had its share of people to honor as well. Approximately \$220,000 in awards and scholarships were given to students at the annual Awards Night; different seniors won talent contests while others earned academic accolades. On Wednesday, May 29, 282 seniors marched across the stage in Hilton Coliseum marking the official end of free public education. As they move on, and the other grades advance, they can all look back on the events in the high school and in the world and know that things are looking up.





Arms raised high in jubilation, members of the boys' track team celebrate their sixth consecutive Class 4A State championship as they prepare to take a lap around Drake Stadium. (Photo by Jason Swift)

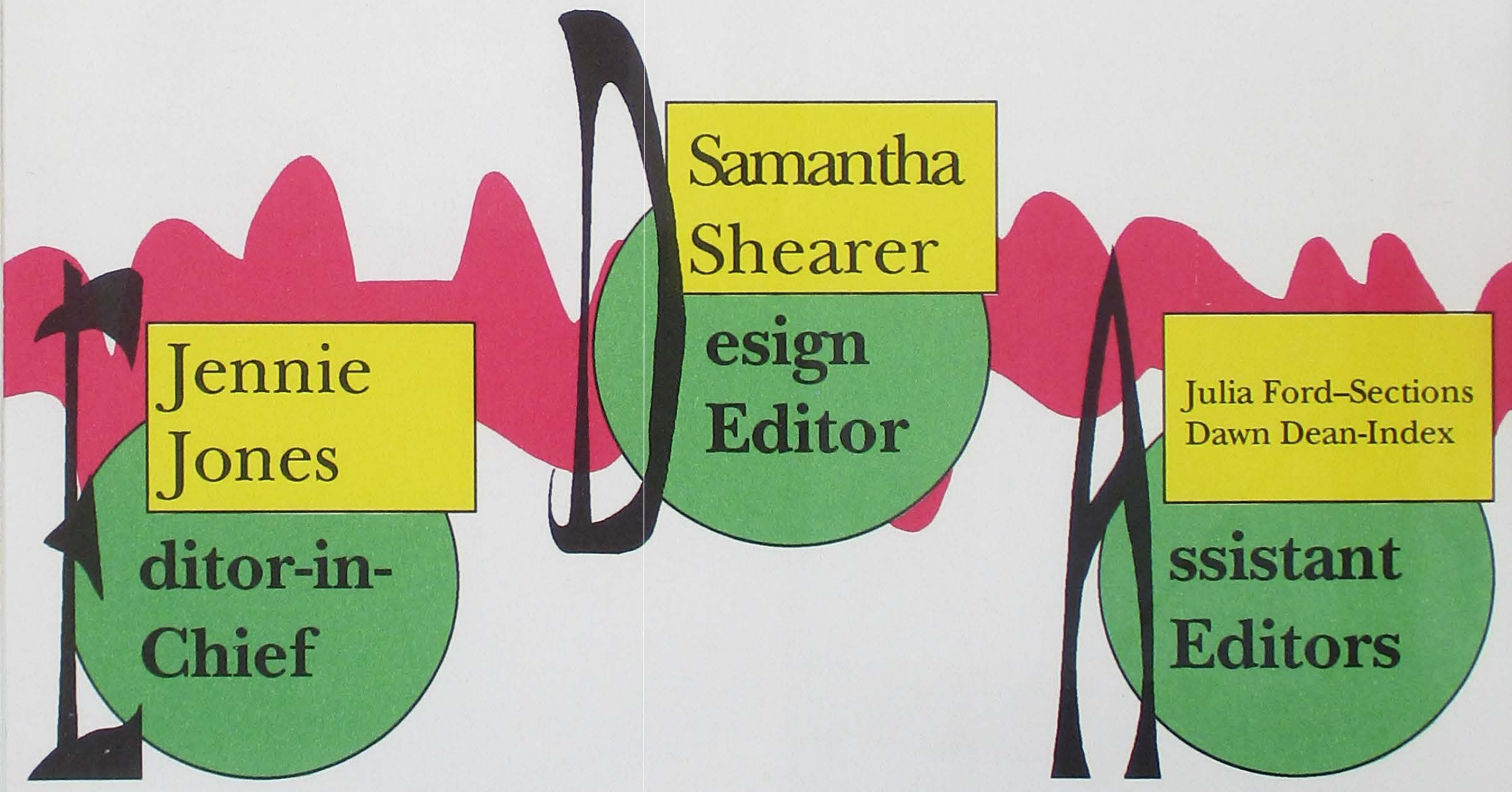


Lounging in the hot afternoon sun, seniors Jesse Pease, Rachel Faltonson, Christie Hunt and Dan Wilson spend their next-to-last day as high schoolers at the senior picnic. (Photo by Samantha Shearer)

Rneeling on the floor, sophomores Shawn Kliebenstein and Joel Biggs and teacher Marv Scott sip tea from bowls. This ceremony was part of Japanese Days. (Photo by Samantha Shearer)

As the sun goes down casting deep shadows over the Ames High prairie, senior Catherine Woodman enjoys the ever-changing scenery. (Photo by Mary Trahanovsky)





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